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26 Sept–2 Oct 2026



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The Great British Bake Off *Tuesday C4*

Radio Times

26 September–2 October 2026

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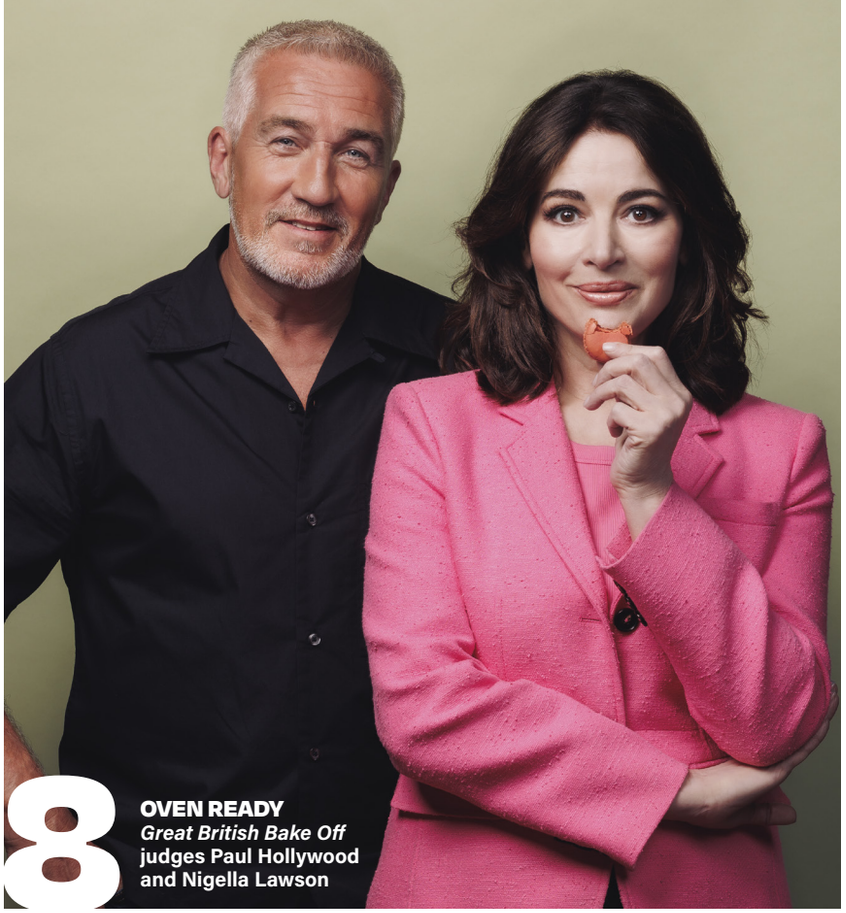
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FROM THE EDITOR

IF THE RETURN of *Strictly Come Dancing* heralds the beginning of autumn, *The Great British Bake Off* has always been one of early September's pleasures. *That* tent, the bunting, the impossible heat, the sight of sensible adults attempting complicated structural engineering with sponge all belonged post-August. This year, though, *Bake Off* has kept us waiting a little longer. And there's a good reason why...

Nigella Lawson is now half of the judging panel, joining the ever-present Paul Hollywood, and in this issue we bring the pair together to talk about the new intake of bakers, the peculiar pressures of joining one of Britain's best-loved programmes and, more importantly, how the two of them get on. The answer would appear to be: rather well.

Paul describes Nigella as "very nurturing" with the bakers; Nigella says Paul has "a real twinkle" and is "really lovely to tease". And as anyone who has ever watched *Bake Off* knows, chemistry in baking matters. Nigella puts it well: "This is a programme that really goes deep into the hearts of viewers." She's right. *Bake Off* has survived myriad changes because, at heart, it is reassuringly simple: people making things with love, encouraging one another and occasionally discovering that cakes can't defy gravity.

It's slightly later in the year than normal, but now *Bake Off* is back to provide a little early-autumn sunshine. And with Nigella in the tent, it feels like rather more than a tweak to the tried and tested recipe.

SHEM LAW **Editor** *Radio Times*



COVER IMAGE
PATCH DOLAN

THIS WEEK IN RT

In print, online and on our app, *Radio Times* has got entertainment covered

ON THE APP
Discover what's worth watching with **recommendations** from our experts for every streamer, genre or mood



KILL JACKIE
Catherine Zeta-Jones (left) and Daniel Ings give us the inside story on their Prime Video thriller at **radiotimes.com**

EAST OF EDEN
Hear from the cast of Netflix's ambitious adaptation of John Steinbeck's famous novel at **radiotimes.com**

10 QUESTIONS WITH

AMOL RAJAN & HANNAH FRY

As Celebrity Traitors, will Amol be universally challenged – and will Hannah's game plan go by the numbers?

Professor Hannah Fry, 42, and Amol Rajan, 43, can often be found on highbrow TV programmes – documentaries about mathematics, intense political interviews or in the trenches of *University Challenge*. But their latest endeavour may test their considerable combined brainpower to its limits, as the pair enter Claudia Winkleman's castle for the eagerly awaited series two of *The Celebrity Traitors*. On the eve of their first day in the cut and thrust of celebrity chicanery, they talk strategy, secrets – and why they'll be playing down their smarts when the knives come out...



CODY BURRIDGE; RICHARD GRASSIE

Why did you join – are you fans?

AMOL RAJAN Oh, my days, I love this show! I'm obsessed with the high gothic camp horror. I'm definitely in love with Claudia. I love the jeopardy, the drama. I have been obsessed for 25 years with games of psychological play, mystery and deduction, so I loved *The Traitors* from the start, then it turned out there was a *Celebrity Traitors* and it got even better. Now I'm in it, I'm fully living the dream.

HANNAH FRY I mean, who would ever be given this opportunity and turn it down? Can you imagine? You'd spend the rest of your life being like, "Oh, I was the person who could have gone on *The Celebrity Traitors* and said no." I think this will genuinely be one of the most important, amazing experiences of my life.

'I'm definitely in love with Claudia'
AMOL RAJAN


QUEEN OF THE CASTLE Host Claudia Winkleman

What do your friends and family make of you taking part?

AR I've told my son, who's ten. He knows what the show is, and he knows what I'm doing. I've not yet told the girls, who are six, four and two. Daddy's away and they don't like that very much. My wife has been absolutely amazing. She's been so kind and supportive. As for friends, my WhatsApps are melting with excitement!

HF The amount of excitement has been amazing. My kids have known for a while because I wanted to prepare them, and they have loved having this secret, then hearing other people talk about *The Traitors* in school and knowing we've got a family connection to it. It's very sweet.

Hannah, as a mathematician, are there any skills you can apply to the game?

HF I'm here to fulfil the nerd quota for the year. Have I gone back through the data of all the previous games and tried to find statistically significant patterns? Yes! Are any of these going to help me? Honestly, who knows! But there is a pattern in the way Traitors behave. For example, Traitors often do a burn vote in the first few episodes – by that I mean they just vote for somebody that nobody else has voted for. That's just one example of a little bit of maths that I've got in my back pocket. I'm using the same bit of math that Alan Turing used to crack the Enigma machine. Whether it's going to work or not, honestly, your guess is as good as mine! I've got spreadsheets coming out of my eyeballs.

As the "token nerd," how do you think that will affect how others perceive and treat you in the game?

HF I'd say people tend to think I'm smarter than I actually am, bluntly, and I don't think that's going to serve me particularly well as I may be seen as a bit of a threat. I might actually try and chuck out a few false theories so I'm seen to be a bit of an idiot and not a threat at all.

Amol, will you also be playing down your journalistic skills so that

people don't get too guarded?
AR I do think you probably need to keep your head down a bit in the beginning. I don't want to go in there and round table number one be Mr Forensic Investigator! However, I do interview politicians for a living, and I really have to pursue answers to questions.

Do you have any other secret skills or hobbies that might be useful?
AR I'm a sport nut, music nut. I love games. I quite like memorising things. I love committing poetry to memory and I like facts. I've got a job that involves knowing facts on *University Challenge*.

How do you feel about the missions?
AR I get tactics around the round table and I get tactics in the castle away from the round table. But missions are there to have a bit of fun. I suppose there is a bit of observing everyone and noticing if they want that shield too much.
HF I'm excited. Someone has spent ages setting up the most amazing game for us. I'm definitely up for all the challenges. I'm enthusiastic if nothing else.

Are you a competitive person, then?
HF I would say I am toxically competitive. Yes, to a fault. I have to try and rein that in. This really is a team game. Especially for the Faithfuls. The only real way the Faithfuls are going to win it is if they act as a team. And I probably would rather be a Faithful.

Do you see yourselves as leaders, team players or lone wolves?
HF Always a team player. Sometimes a lone wolf, I think, with my secret things. However, the thing I'm most concerned about is that I tend to get excited about stuff then want to share it immediately. Keeping secrets is not my forte!
AR It's about being different things at different times. You've got to start as a team player and emerge as a lone wolf.

Finally, how would you describe your *Celebrity Traitors* strategy in three words?
HF Careful, analytical and, well, the other thing that I really want to be is just a little bit mischievous. I really want to enjoy the ride and have fun being playful.
AR Alliances. Evolution. Victory. I'm here to play hard. I'm also here to have fun. But I'm going to play hard!

HUW FULLERTON

The Celebrity Traitors begins Thursday at 8pm, followed by The Celebrity Traitors: Uncloaked at 9.15pm, on BBC One. *See feature: page 14*

WHAT IT'S LIKE TO...
SIT IN FOR A RADIO PRESENTER

Paddy O'Connell started out in hospital radio in Aberdeen, where he went to university, then joined the BBC local radio trainee scheme. Now he hosts *Broadcasting House* on Radio 4, but he has also done more "sitting in" than most (when the regular presenter is away and someone has to mind the shop in their absence) – and he's also been sat in on plenty of times. So, what are the dos and don'ts?

AN ESSENTIAL CAREER STEP I had to do lots of sitting in on *Broadcasting House* before I got the job. I sat in for Eddie Mair and I had to do more try-outs after Fi Glover left. I got there in the end; that gives you confidence. What Radio 4 listeners want from their magazine show presenters is authenticity, and I think Radio 4 allowed me to be myself.

YOU CAN SMELL DESPERATION You've got to be aware of what the listeners expect. The listeners *are* the show. But you've also got to acknowledge you can't replicate the regular presenter. If you try too hard to do that, it's awful. You can smell the desperation. You focus on delivering the bits you can deliver.

EVERYONE NEEDS A NO 2 Who have I sat in for? Who *haven't* I sat in for! Off the top of my head, Zoe Ball, Steve Wright, Rylan, Liza Tarbuck, Paul O'Grady, Jeremy Vine, Graham Norton, Ken Bruce and Dermot O'Leary on Radio 2; Evan Davis, Eddie Mair and Michael Buerk on Radio 4.

THE LIZA LESSON Sitting in for Liza Tarbuck was a tall order because hers was a unique brand of comedy. I was gratified when a woman messaged from Wales saying, "When I heard it was you, I was going to switch off, but actually I'm quite enjoying it." Liza always loved a double entendre, and so do I, so I was on safer ground there. I learnt how to sit in for her, and I take a lot of professional pride in that.

DON'T BE BETTER I myself have been sat in for many times on *Broadcasting House*. Jane Garvey, Chris Mason, Simon Jack and Jane Hill are all presenters who've sat in for me when I've been away. You want the Goldilocks stand-in. Not too hot and not too cold. The worst thing is someone who is demonstrably better than you.

AND IF THEY ARE BETTER? There was one time the political correspondent Norman Smith sat in for me. He *did* do something better – he allowed his guest reviewers of the newspapers much more time than I did to talk about the things that interested them. I liked the reviewers to talk about lots of different stories, but when I got back from my holiday, I was told: we think Norman's is a good idea. If the three guests are very interested in one subject, let them spend time on it. Fair enough! **SIMON O'HAGAN**

Paddy O'Connell presents Broadcasting House on Sundays at 9am on Radio 4



ADDING SPARKLE
Hospital radio DJ turned sit-in host turned frontman Paddy O'Connell

FROSTBITE CAROLINE FROST

The schedules are awash with celebrity travelogues, but Michael Palin remains in a league of his own



STANDING IN THE centre of Manila for the first moments of his latest TV travelogue, Michael Palin finds himself a spectator of history. It is 40 years to the day since dictator Ferdinand Marcos was booted out of power, and the veteran presenter looks on as thousands of citizens of the Filipino capital march past chanting, "Never forget, never again..." It's a typical scene-setter for one of Palin's adventures, bringing us atmosphere and context before he settles down with a collection of striking characters to fill in the colour and culture of a country so different from our own.

But then, in a twist of almost Pythonesque surrealism, Palin goes from observer to VIP guest, summoned to the palace of the country's heavily guarded President Marcos – Ferdinand's son, known widely as "Bongbong". How has this unassuming Englishman garnered such an invitation? Because the premier, it transpires, is a lifelong fan of *Monty Python's Flying Circus* and wants to talk about the show in general, the fish-slapping sketch in particular. In short, it's because he's Michael Palin.

CELEBRITIES TURNED TRAVEL-LOGGERS are ten a penny these days – everyone from Joanna Lumley and Sue Perkins to Bradley Walsh and Stanley Tucci; Michael Portillo in a cerise blazer or Martin Clunes atop an elephant. A decade before Palin came Judith Chalmers, continuity announcer and presenter turned one-woman Foreign Office with 30 years of perma-tanned reports from afar. An honourable mention, too, to the Boughs, with Nesta gamely joining Frank in foreign forays, at least until his spectacular 1988 downfall. But Palin was an outlier: known already as "one of the Pythons" but with no apparent desire to be individually famous, or with any particular interest or background in travel reporting.





BLAZER GLORY
Main picture: Michael Palin with President Marcos of the Philippines. Right: Palin as the dictatorial Pontius Pilate in *Monty Python's Life of Brian*

One of the many charming aspects of Palin's multi-faceted success is his humility, such as when he once told me he credited much of the popularity of *Monty Python* to, simply, "good timing": "The Beatles split up on almost the day we started, and we had the same feeling as them." Similarly, his following in the footsteps of Phileas Fogg in 1989 with *Around the World in 80 Days* came about only after a handful of luminaries – Alan Whicker, Miles Kington and Noel Edmonds – had turned it down (these days just imagine the bite marks left in an agent's sleeve for such an offer).

'Despite being a comedy superstar, Palin became our everyman'

But from the off, despite being a comedy superstar, Palin became our everyman, the quintessential Englishman abroad, being waved off by his family at London's Victoria Station, remarking: "At the very last moment, I remembered to bring a tie. You never know when it might come in useful."

Such an accoutrement was to prove no help a few weeks later when the poor man became violently ill with diarrhoea while crossing the Arabian Sea in an open-topped dhow. But this setback and resulting white-faced footage only cemented his incarnation as the definitive traveller of the modern TV age.

THIRTY-EIGHT YEARS and 100 countries later, in Manila, there's no tie but a blazer when Palin is greeted by Bongbong in the vast rooms of Malacañang Palace and finds himself the object of a president's scrutiny. "How do you come up with a skit about slapping each other with fish?" The Python star does his best to explain.

They say that, however far you travel, you can never run away from yourself. Fortunately, Michael Palin doesn't need to. While he remains ever-curious, explaining, "Most of it's just listening to people, letting them speak," it turns out that, even in the unlikeliest of places, people are just as interested in him.

Michael Palin in the Philippines is on Monday at 9pm on 5. See Books: page 122

Caroline Frost presents the Radio Times podcast every week. To listen visit ***radiotimes.com/audio/podcasts***

NEWS BITES

SISTER SLEDGE

Call the Midwife showrunner **Heidi Thomas** (right) offers *RT* a tantalising titbit about the upcoming three-part prequel, *Sisters in Arms*. "It's Christmassy," she reveals. "It also has quite high stakes. The war really makes its presence felt as we go forward. So tune in!"



ALLSTAR

THE MAMMY RETURNS

Brendan O'Carroll's health issues may have prevented new episodes of **Mrs Brown's Boys** airing in 2026, but it seems the show will be back next year. Star Fiona Gibney (Sharon McGoogan) tells us, "2027 is the one to watch... Keep an eye on the schedules for the new year."

COMEDY TRADITION

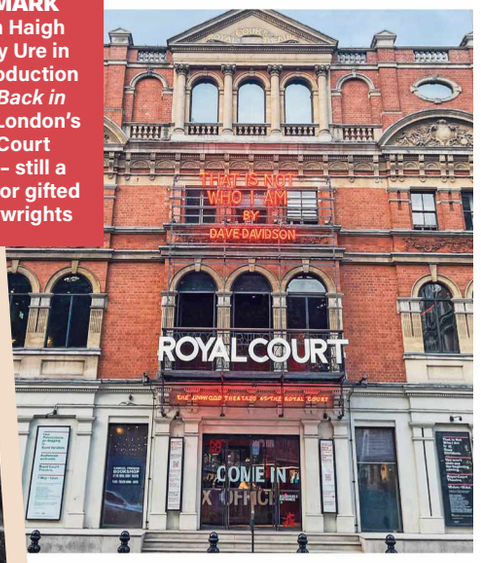
As *Not Going Out* reaches its 20th birthday, **Lee Mack** reveals his hopes that the live-audience studio sitcom will survive. Believing such shows "suit comedians", Mack says he would "hate the idea of them dying out" and calls for others to "take up the baton".

THE LAST LAUGH

Kate Garraway has a tip for the new *Celebrity Traitors* cast – beware the funny ones! Referring to her series one co-star and winner Alan Carr, she says: "It's a great deflection, isn't it? When you're laughing, you feel warm to them." Take note, new Faithfuls. **LEWIS KNIGHT**







LANDMARK Kenneth Haigh and Mary Ure in 1956's production of *Look Back in Anger* at London's Royal Court Theatre – still a platform for gifted new playwrights

SEVENTY YEARS AGO, a new play had its first performance at London's Royal Court Theatre. *Look Back in Anger* had a mixed reaction from the press. *The Observer's* theatre critic Kenneth Tynan was enthusiastic. Others were not so impressed by John Osborne's portrait of youthful discontent in a shabby flat-share. No wonder audiences were slow to book for the play.

The Royal Court needed a success. This was the first season for its new owners the English Stage Company. Its founders had an innovative – and risky – mission: to produce new plays that spoke directly and realistically about contemporary life. Something different from the glamour and smart chat dominating West End plays. But with only modest takings, the project looked like it would be bankrupt only a few months after it had begun.

Then something extraordinary happened. BBC Television – only 20 years old – broadcast a live extract from the play in October 1956. Viewers were excited – some, no doubt, enraged – by youthful characters railing against the stuffy conventions of the time. The box office went into immediate overdrive, carrying *Look Back in Anger* to the West End, Broadway and cinema screens. Seventy years on, the Royal Court is still thriving and committed as ever to producing new playwrights who take an unflinching look at the world around us.

MY FIRST PLAY was produced by the Royal Court 30 years ago. So I was delighted when I was asked by Radio 4 Extra to curate a week of historic BBC radio productions of the best of the theatre's work. The week begins – where else? – with *Look Back in Anger*, starring Ben Whishaw. It continues with a series of plays from seven decades of lively and, at times, challenging drama. There's an honesty and integrity about all the plays. There's also a development: the very male swagger of Osborne's play gives way, as the week progresses, to more diverse voices, each with a unique story to tell.

VIEWPOINT

A PLAY FOR TOMORROW

Theatre on the BBC has history, says playwright MARK RAVENHILL – and it's a vital service for the future

'Spaces for plays have become scarce on radio and television'

Over the years, there's been no formal agreement between the Royal Court and the BBC. Individual plays have caught the attention of programme-makers and have found their way onto radio and, occasionally, television. The plays have been broadcast far beyond the confines of a modestly sized theatre in Chelsea and into the nation's homes.

Would, I wonder, someone in the future have the same rich choices from the archive that I've enjoyed in choosing my week of plays? I sincerely hope they do. But I worry that spaces for full-length plays have become increasingly scarce on radio and television.

A good play needs time to take the audience into a world, to develop characters and an argument. A play such as Mark Rosenblatt's recent Royal Court hit *Giant* wouldn't work if it were squeezed into a 45-minute or hour-long slot. Listeners of today – and the future – must be given the opportunity to catch up with exciting new work from theatres from across the four nations of the UK. In an often polarised society, new plays open up a space for empathy and understanding.

IT'S GREAT, THEN, that Radio 4's *Spotlight* still offers 90-minute slots for original drama and productions of classic plays. As part of the celebrations for the theatre's anniversary, *Spotlight* is offering a new audio production of Lucy Kirkwood's excellent 2016 Royal Court play *The Children*. Without sensation and with a steady eye, Kirkwood shows the effects of a major disaster at a nuclear power station in rural England.

Let's hope these collaborations between new theatre-makers and BBC drama continue. Playwrights bring news from the front line, lives and stories beneath the headlines. We should all have the opportunity to experience that. In a crowded media landscape, it's something a public service broadcaster must provide. Not only in this archive season but now and in the future.

Radio 4's collaboration with the Royal Court Theatre starts with The Children on Saturday at 3pm. There's a selection of Mark's curated plays throughout the week on Radio 4 Extra, starting with Look Back in Anger on Saturday at 8.30pm

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THE PERFECT

NIGELLA LAWSON brings style, taste and glamour, while PAUL HOLLYWOOD adds the technical expertise. Just apply heat and together they rise to the occasion...

THE *RT* INTERVIEW BY
JIMI FAMUREWA

PHOTOGRAPHED EXCLUSIVELY FOR *RADIO TIMES* BY
PATCH DOLAN

TAP FOR RT CHOICE

'Nigella is warmer to the bakers than Mary Berry was – she's very nurturing'
PAUL HOLLYWOOD



IT'S PERHAPS FITTING that my meeting with Paul Hollywood and Nigella Lawson coincides with the kind of sweltering, high-summer temperatures that have long been *The Great British Bake Off's* meteorological signature. Heat that melts chocolate, fritzes mixing stands to malfunction and liquefies baked Alaska to the point it has to be chucked in the bin. Heat that prompts overwhelmed amateur bakers to put dampened tea towels around their necks, sweat through aprons and flap haplessly at cakes that refuse to cool.

Such temperature is in abundant supply as I make my damp-browed way through the airless, oven-door humidity of a west London studio complex on a 35°C heatwave day. Fans and cooling equipment are, apparently, in short supply in the building. And so, as I'm led into a little hair- and make-up room, it's perhaps not too surprising to find Hollywood huddled beside a portable air-con-

SWEET TREATS
The new *Great British Bake Off* judging duo, Paul Hollywood and Nigella Lawson

PAIRING



'Paul's got a real twinkle and he's lovely to tease'

NIGELLA LAWSON

ditioning unit, while Lawson is sprawled out on a sofa, just a toga-wearing grape-bearer away from the full Cleopatra.

There's plenty to talk about – Lawson's internet-breaking announcement as *Bake Off's* newest judge; the much-discussed matter of her chemistry with Hollywood; the other fascinating, wholly unprecedented twists that the show is introducing as part of its 17th series. But, given the circumstances, it makes sense to start with the heat. Lawson has previously discussed her natural aversion to boiling summer weather and, on meeting her new colleague Noel Fielding, she jokingly said that there would now be "two goths on the show". So how did she cope making her debut during a summer of record-breaking temperatures that presumably gave new meaning to the phrase "baptism by fire"?

"We were just getting hotter and hotter, as you'd expect, and because it's *The Great British Bake Off*, it's delightfully British with not an air-conditioner in sight," she says in her trademark velvety burr. "It was all great. I walked ▷

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HENRY GRAY HAS WORKED FOR MSF IN NUMEROUS CRISES AROUND THE WORLD.

"I've worked for MSF on and off for twenty years, but I still remember the first project I worked on. We were setting up a hospital in the middle of a forest in the Democratic Republic of Congo. There had been a lot of fighting in this area, and although the conflict had died down, the legacy of war was still very visible. About 125,000 people lived in the immediate area, but there were no services, and not even basic medical care was available. Women couldn't get caesareans if they needed them; there were no medicines, no vaccinations, and no treatment for diseases. It was a desperate situation, and that's when MSF sent us to get an emergency hospital up and running.

From the start, our goal was to provide medical care and save lives. But we knew that for this work to continue and to have lasting impact, we couldn't just provide medical care. We needed to bring the community on board; we needed to hire local staff and train local people to do the jobs that we were doing. So that's what we did.

It was fantastic to see the immediate impact of that lifesaving work. But what really surprised me was seeing how the hospital transformed the entire area. I still remember the day we switched on the generators that would power the lights in and around the hospital. Suddenly, schoolchildren started turning up to sit under the lights and do their homework. Over the weeks, businesses sprang up, and the local economy grew.

Over the years I've worked in war zones, in Ebola outbreaks and in natural disasters, and I've seen over and over again how the simple actions we take as MSF can have massive and positive knock-on effects for people, for their families and their communities.

But none of those simple acts happens without your support. MSF doesn't take money from governments. We're privately funded by people just like you. By leaving a gift in your will to MSF, you can know that your gift will not only save lives, but will change lives now and into the future. Thank you."

Above 4-year-old Franyeli receives medical care at MSF's mobile clinic in Puerto Alegre, Colombia. Photo: ©Natalia Romero Peñuela/MSF

"We will always be committed to providing care to those who need it. But that legacy is not ours alone."

Dr Rachael Craven,
Anaesthetist and President



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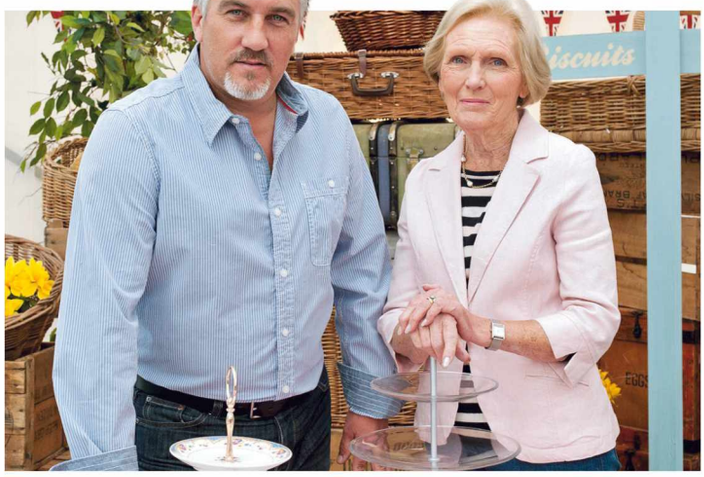
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◁ everywhere with a parasol." And did your fellow judge ever hold it for you? "I did a couple of times," says Hollywood after a pause. He adds that there was a point towards the end of the shoot when his son, it seemed, helped fan Nigella down. "He was employed as the fanner," says Hollywood, with a little smile and a mischievous glint in his icy blue eyes.

Hotter still, though, was the news of Nigella's appointment itself earlier this year, in what must be one of the biggest TV coups in recent memory. Following Prue Leith's announcement in January that she'd be leaving the show after nine years as a judge, much of the early speculation about her possible replacement swirled around figures like Nadiya Hussain, Lorraine Pascale and Leith's friend and occasional on-screen deputy Caroline Waldegrave.



HOWEVER, FROM THE moment that Lawson – mononymous domestic goddess, bestselling author, global TV icon and legitimately one of the most influential British cooks of the last 30 years – emerged as a frontrunner, the general tenor was that this was a televisual match made in heaven. Official confirmation that she was joining the show, and implicitly giving it an invigorative boost after 16 years on the air, unleashed a kind of disbelieving glee (*The Guardian:* "a piece of blessed news equal to three or four regular pieces of good news"). As Hollywood himself puts it, a little later in our conversation: "We've got Nigella Lawson on the *Bake Off*. End of story. Exclamation mark."

So how did it feel for Lawson herself, to be joining the show aboard a tide of such goodwill, surprise and expectation? Beyond a role alongside the late Anthony Bourdain on short-lived series *The Taste*, joining a cooking show as a full-time judge is uncharted territory. Was there apprehension?

"I felt it was a huge leap, but it's been lovely," she says. "I was a bit worried because, well, you wouldn't mark me up for my polished finishes as a baker. Generally speaking, I don't think of myself as a judge. But I spoke to Paul, and we got on.

"I came to baking later in life and because of that it's something that intrigues and fascinates me. I've learnt by doing and I'm a home baker, not a professional. It's quite interesting because the contestants are home bakers, too, so I have sympathy for that. But, also, I just love seeing them sparkle."

TENT TALK
Above: Alison Hammond, Nigella Lawson and Paul Hollywood chat to baker Mo; Hollywood and Mary Berry during *Bake Off* series two; and, below, Hollywood with Prue Leith in 2017



This is abundantly clear right from the first episode of the new series – an irresistible, 90-minute confection that deftly rejuvenates the show and slots Lawson's vivacious, verbose glamour and camp into proceedings with such seamlessness that you struggle to imagine what *Bake Off* was like without her. And it's all anchored by the apparent personality contrast between her and Hollywood – he the Ches hire-born second-generation baker who is all controlled, steely-blue gaze and forensic analysis; her, the Oxford graduate, journalist and daughter of a former Chancellor, who memorably goes back to a slice of coffee and walnut cake for one last, indecently huge bite – and the unavoidably flirtatious, fondly needling chemistry that comes from it.

So what was it like for him, the lone ever-present across the various judging and hosting line-up reshuffles of the show's history, to work with Nigella, having previously established relationships with Leith and Mary Berry? And should she cover her ears to protect from embarrassment or otherwise? "Oh, I'm used to not listening to him," she pipes up, with a laugh.

"The thing is," Hollywood begins, "Mary was different to Prue, Prue was different to Nigella and Nigella is different to Mary. They each bring their own character to it, and Nigella is a very warm person, especially to the bakers. More so than Mary was and I think more akin to Prue. There's a very nurturing nature to Nigella, which was quite strong this year. Whereas me, I suppose I'm the constant. So I remain in my position of being constructively critical."

LAWSON NODS IN agreement. "I think you are the backbone of *Bake Off*, and that allows people with different personalities to come in, whether it's another judge or [new] hosts, and I think you need that continuity because you need to be consistent as a baker and as a judge," she says.

"The bakers learn from Paul and I do as well. He only pretends to be very unsmiling but, in reality, he's got a real twinkle and he's really lovely to tease. He takes it and he can hand it out."

The pair's camaraderie seems to have manifested through jokey backstage conversations with hosts Noel Fielding and Alison Hammond, plus Lawson's apparent habit of supplying the quartet with snacks, zip-lock bags of sweets ▷

RICHARD GRASSIE

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ESTHER'S STORY

Esther, 54, runs a public speaking business in London and has two children. In 2017, aged 45, she became unwell during a business trip to America. Back home, she could barely manage the eight-minute walk from the tube station.

At A&E, doctors confirmed she'd had a heart attack and inserted a stent to reopen a blocked coronary artery. "I never thought my symptoms were heart-related, partly because I'm a woman," Esther says. "I'm relatively healthy and have a healthy diet. When they told me I'd had a heart attack, I couldn't believe it. My dad died of one, so I thought you died straight away.

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◁ and, on one occasion, a big cheeseboard. "We all sat in the hotel with this plethora of cheese and crackers and loved it," says Hollywood, with a grin. "Nigella is 100 per cent a feeder." "And an eater!" she adds, sitting up from her prone position to make this important distinction.

Intriguingly, Lawson is not the only new ingredient added to *Bake Off's* patented formula this year. As well as "wearable" bakes and a free-from week inspired by children's parties, for the first time ever – as prompted by a request for ideas from viewers – bakers have to complete a signature bake alongside a relative they've invited to join them in the tent.

"I don't like change," says Hollywood, somewhat sternly. "I'm a traditionalist and I don't like changing the format at all. But the audience choice of "bake with a relative" was a fantastic idea. The interaction, how they allocated work to their partner. It gave us a chance to be nosey."

THE SAME WENT for the free-from week, in Lawson's opinion, because it afforded the opportunity to "look at things you're familiar with in a different way", and drove to the heart of the inclusive, eccentric wholesomeness that is so central to the show's appeal. "This is a programme that really goes deep into the hearts of viewers," she says. "They feel it's their programme, too, and it really is."

The flip side to this sense of ownership is that *Bake Off* is a gig that comes with heightened scrutiny, criticism and press visibility. Given Lawson's fierce privacy and long service as an unwilling object of tabloid obsession (here we turn to the swiftly dismissed, pre-launch rumours about off-camera discord between the show's new judging partnership), how does she feel about the intensified spotlight her new role might bring? "I don't want to think about that," she says. "I'm very happy having a totally private life and lounging about like this when I'm not working. So I just concentrate on doing it. I don't want to consider what other people are going to think when it's being broadcast. That wasn't the allure of doing this work."

Hollywood – who has done his own time navigating rabid press interest in his private life and relationships – describes these strains of



MODEL CHEF
Above: Ludo Lefebvre, Nigella Lawson and Anthony Bourdain on *The Taste*.
Left: Lawson's previous *RT* covers in 2001 and 2012



'In an often hostile world, we need Bake Off more than ever'



Bake Off-mania as something of an occupational hazard. Particularly in the context of the show's global syndication and spin-offs (including US version *The Great American Baking Show* and the celebrity-infused version in aid of Stand Up 2 Cancer). "It's something you get used to and whether you like it or not is immaterial," he says. "There are two places in the world that I have been to where I haven't been initially recognised and they are Japan and Russia. Everywhere else, I've been recognised. And that's because of *Bake Off*."

You have to imagine that Lawson's involvement (she has sold millions of books worldwide and has made regular guest judging appearances on Australian television as part of *MasterChef* and *My Kitchen Rules*) will only boost the show's international renown. Yet, despite their outwardly opposed dispositions, it turns out that Lawson and Hollywood are kindred spirits when it comes to their relationship to fame. "I'm a bit like Nigella in that we tend to go away into our little holes and disappear [when we're not working]," says Hollywood. "And then we just get pulled out of the box to do *Bake Off* before disappearing again."

Given that, for Lawson, this is the latest shift in a career that has seen her work as a literary editor and restaurant critic, it's worth asking how long she thinks she'll keep getting out of that figurative box. Does she think she'll be on *Bake Off* for the long haul and for many more series to come? "It's not for us to decide," she says, averring. "It's for the viewers." Hollywood smiles again and chips in. "I've said before that [the show] is like Hotel California in that you never leave. Nigella's staying where she is."

This may be true in a professional sense. But in a much more literal sense, she and Hollywood are about to move on to a final press engagement. One of the publicists raises their voice over the whirr of the air-conditioning to tell me it's time to wrap things up. So: *Bake Off* has survived its transition from the BBC to C4, multiple tweaks to its hosting and judging line-up, plus a fractured, digital-age entertainment landscape that feels at odds with its hopeful, old-fangled vision of earnest bakers competing in a bunting-strewn tent. What do they put this down to?

"I think we need a show like *Bake Off* more than ever," suggests Lawson. "Particularly in a hi-tech, fizzing, popping, shouty and often hostile world where we're all on screens. In baking, you're using your hands, using your senses and people are encouraging one another."

THEY'RE ROUSING FINAL words, and so we end there with both of them rising to file out of the room, as Lawson notes that she needs to "pee" beforehand. "We'll go and get the Shewee," says Hollywood with a laugh, as Lawson rolls her eyes and gives him a playful nudge.

And there it is: the tonal mix of mischief and emotion, sincerity and silliness, that has made this show such a persistent, peculiar joy for more than 15 years. Nigella Lawson's arrival may have slightly altered *The Great British Bake Off's* recipe. But this lavishly iced institution feels as deliciously moreish as ever. RT

RADIO TIMES ARCHIVE/ANDY EARL; RADIO TIMES ARCHIVE/MATT HOLYOAK

DAGGERS DRAWN!

TAP FOR RT CHOICE

Killer instinct or too nice? **ED GAMBLE** gives his verdict on this year's *Celebrity Traitors* line-up

WHEN COMEDIAN Ed Gamble signed on to host *The Traitors'* spin-off TV show and podcast *Uncloaked* in early 2024, he couldn't have known a celebrity edition was in the works. But if he has any regrets about now being the only famous person in Britain who can never, ever play the game – alongside main series host Claudia Winkleman, of course – he's hiding it well.

"You know what? I might once have thought, 'Yes, I regret taking the hosting role,

'In the shadow of series one, this cast will come to play'

because I love the game so much, and I'd love to be in there,'" he muses. "But the more I get to be part of this from afar, and the more I get to see behind-the-scenes every year, I think I've got the sweetest job."

Though perhaps it stings a little more this year, with the new all-star cast including many of his comedy mates, particularly longtime partner-in-crime James Acaster.

"I was most excited this year to see James, because he's a dear friend and a constant colleague," Gamble says. "But also, to see Miranda Hart back on TV, and in that castle...

"I just think this combination of people has obviously never been seen before on television. Where else are you going to see Amol Rajan and Richard E Grant in something together?"

The first series of *Celebrity Traitors* was a ratings smash and a pop culture juggernaut, with Alan Carr's win the talk of the nation for weeks. So, can this second attempt live up to the heights of the first?

"Well, with *The Traitors*, if you put a different cast in the game, things are going to be very different," Gamble says. "I think you can expect a wildly different game. I'm sure the producers will have twists and surprises. And with the shadow of series one being so good, I think this cast will come to play."

But which stars will triumph in the turret, or be routed at the round tables? Here are Ed's predictions for how this year's cast will fare in the castle...



UNDER THE HOOD
On *Uncloaked*, Ed Gamble unpicks all the castle action

AMOL RAJAN
Journalist, broadcaster



"Amol is obviously a hugely intelligent man, and incredibly incisive. He knows how to ask questions. He knows how to get to the heart of the matter. All signs point to him being potentially a very good Faithful, or a very good Traitor. Can we do three-and-a-half daggers for Amol?"

BELLA RAMSEY *Actor*



"Bella is brilliant in *The Last of Us*, but I don't think we've seen much of them as themselves. I've met Bella and they were very funny, but also quiet and subtle. So, an unknown quantity in the game. I'm going two-and-a-half – and that's not a bad score. That's saying 'we don't know yet'."

JAMES ACASTER
Comedian, podcaster



"James absolutely loves the show, and will think tactically. We've had long conversations about how people have done things in series past, and what he would do differently. This is a tricky one for me because as his friend, I really want to give him nought daggers... but I'll give him three-and-a-half."

JAMES BLUNT
Singer/songwriter



"Obviously he's a great musician and very, very funny online. And he has a military background, which might come in handy for some of the more physical elements. But I'm going to give Blunty two daggers, only because he just seems too nice to handle the show."

JERRY HALL *Model, actor*



"I mean, it's so funny that Jerry Hall is going to be in the *Traitors* castle. Obviously she's an icon. Will she be good at the game? I mean, I couldn't banish Jerry Hall whether I thought she was a traitor or not. Four daggers because she's Jerry Hall, and she's a legend."

JOANNE McNALLY *Comedian*



"Joanne is a friend. We worked together on TLC show *Unacceptable*, coming back for series two soon – and put that in, in full, that part. Joanne is absolute chaos, which worked well for Alan Carr. On that basis, three-and-a-half daggers."

JOE LYCETT *Comedian*



"Joe is phenomenally smart, phenomenally funny. But he has a mischievous streak he might need to quell. Sometimes this game is about going under the radar, and I've never known Joe Lycett to go under the radar. So I'm going to say one-and-a-half daggers. I'm so sorry, Joe."

JULIE HESMONDHALGH *Actor*



"Julie is an absolutely amazing actor and a national treasure. Hayley Cropper is part of my childhood. But I don't know her that well as a person, and so I don't know how tactical she is in terms of social deduction games. She's an unknown – so I'm going to go two-and-a-half daggers."

KING KENNY *Content creator*



"As an old man, I can't claim to know much of Kenny's work, but I know he's a massive YouTuber and boxer. He seems smart. But last series, Niko Omilana was the first to go, and I wonder if there was a subtle fear of new media from the legacy celebrities. I'm going to go with three daggers – a cop-out."

LEIGH-ANNE PINNOCK

Singer/songwriter



"I also can't pretend to be well-versed in the world of pop, but I understand that Leigh-Anne is extremely famous and well-loved. Being able to get on with everyone is a good tool, so I'll give her four daggers."

MAYA JAMA

Broadcaster, entrepreneur



"Again, I've not really worked with Maya, but she is an amazing presenter. I think she could probably steer a conversation well as she's a good communicator. So Maya is another one who could possibly play either a Faithful or a Traitor. I'm going to give her three-and-a-half daggers."

MICHAEL SHEEN

Actor, presenter



"Michael will command a lot of respect in the castle as he's obviously a great orator. On the other hand, his gregariousness and dramatic tendencies might actually get him in trouble early on. For now, I'm going to put four daggers on Michael Sheen."

MIRANDA HART *Actor, author*



"Obviously Miranda's so funny, and she's so lovely as well. People think they know her from her show, where she's an extremely funny, heart-warming character, but who's also not a threat. I'm going to give Miranda four-and-a-half daggers, because I think people will love her in there."

MYHA'LA *Actor*



"I'm a huge fan of Myha'la's work – I love *Industry* – but some people might not be as familiar with it. That could be a disadvantage at round tables, if people feel easier getting rid of someone they don't know. Let's say two-and-a-half daggers."

PROFESSOR HANNAH FRY

Broadcaster, mathematician



"Mega-smart, but known to be mega-smart – there's Professor in her name. Being intelligent is an asset, but it's also a bit of a target on your back. The Traitors do tend to get rid of smart people as quickly as possible. I'm going to give her four daggers."

RICHARD E GRANT

Actor, author



"Such a charming, magnetic man, and one of the biggest national treasures in there. I feel like he's a bit like Stephen Fry last year, in that people will be bowled over to meet him and get sucked into his orbit, which could be very, very helpful. Four-and-a-half daggers."

ROB BECKETT

Comedian, presenter



"Rob Beckett, even in terms of comedians, is one of the most naturally funny people I've ever met. What you see on stage and on TV is very much what you get in real life. But I just don't think he can keep his mouth shut, so I'll give him one dagger."

ROMESH RANGANATHAN

Comedian, presenter



"Will Romesh enjoy the game? This is the worry. If you did get a smile from him, you'd think, 'He's got to be a Traitor.' I'll give him two daggers – I think he'll just grump his way out of the game somehow."

ROSS KEMP *Actor, presenter*



"Everything Ross Kemp says is either interesting or makes me laugh. A total *EastEnders* legend, who goes and investigates gangs abroad. I can't wait to see him on missions. I can't wait to see him at the round table. I'm giving Ross four-and-a-half daggers."

SEBASTIAN CROFT

Musician, actor



"He seems like a charming young lad. Actors in this game are sometimes at an advantage, because they're good at reading human behaviour, but also at a disadvantage because people seem to think that acting makes you good at lying. So, people might be suspicious of him. I'll give him three daggers."

SHARON ROONEY *Actor*



"Again, the actor dilemma. Will people be suspicious because of the acting background? We don't know. But I feel like she's got a trustworthy feeling to her. Sharon is also very straight-talking, from what I've seen, and very funny. I'm going to give Sharon three-and-a-half daggers."

ED'S FINAL VERDICT

"No one gets the full five this year – if I give full marks, I'm saying 'I expect them to get to the endgame', and to be honest I don't know who will get to the final round table.

"Except Claudia, who always gets to the end and is the true winner of every series. Five daggers for Claudia."

INTERVIEW BY **HUW FULLERTON**

◀ 10 Questions with Prof Hannah Fry and Amol Rajan: page 4

Blue Lights
Tuesday 9.00pm ***BBC One***



TAP FOR RT CHOICE

'WE WANT IT TO BE GRITTY'

SIÂN BROOKE has never been afraid of challenging roles – but this series of *Blue Lights* could be her toughest test yet

INTERVIEW BY **AMY RAPHAEL**

IN THE SPRING of 2011, Siân Brooke played a single woman fed up with her nine-to-five job as a petrol pump attendant in a revival of the Mike Leigh play *Ecstasy*. She is routinely abused by the men who visit her in her bedsit – until she meets up with an old friend, played by Craig Parkinson, and they spend the night talking and crying. An optimist would hope that the two get together and live happily ever after. Which, in hindsight, would be the strangest coupling: Brooke is famous for playing Grace, the social worker turned socially conscious cop in *Blue Lights*, while Parkinson is infamous for his portrayal of the crooked Matthew "Dot" Cottan in *Line of Duty*.

"Oh my God!" says Brooke, laughing at the idea of Grace and Dot co-habiting. "I can't believe you saw *Ecstasy*! I had the most incredible experience working with Mike. I'd wanted to work with him for years. When I left Rada in 2002, lots of my mates – like Danny Mays – were working with him."

Before her breakout role in the BBC series *Sherlock*, in which she played Eurus Holmes, Sherlock and Mycroft's psychopathic sister, Brooke had established herself as a theatre actor. She played Juliet to Matthew Rhys's Romeo for the Royal Shakespeare Company in 2004, and in 2015 – ahead of the final series of *Sherlock* in 2017 – she was Ophelia to Benedict Cumberbatch's Hamlet.

Along the way, Brooke learned how to deal with filming intense scenes. When Eurus is locked up in a glass cube in a maximum-security prison, Sherlock visits her and they both play the violin. "Benedict and I knew each other really well because we'd done *Hamlet*. You've got to have a laugh between those kinds of scenes or you'd go a bit crazy. Plus, Benedict and I weren't exactly virtuoso violinists, so it was hard not to laugh at times."

BY THE TIME she was cast in the first series of the Belfast police drama *Blue Lights* in 2023, Brooke had more than enough experience to bring both gravitas and humour to a challenging role. The cop show quickly established itself as an action-packed thriller that refused to look away from Belfast's social and political divisions. The three rookie cops – Grace, Katherine Devlin's Annie and Nathan Braniff's Tommy – have to navigate a city in which the legacy of sectarian violence casts a long shadow.

Its realism induces the same kind of anxiety as *The Pitt* or *The Bear*, which is,

YAN SARADJOLA; ARENA PAL; GETTY; SHUTTERSTOCK



BEDSIT LAND
In the 2011 revival of Mike Leigh's play *Ecstacy*



SISTER ACT
Playing Holmes's sibling, Eurus in *Sherlock*



ON DUTY
Blue Lights team-mates Stevie (Martin McCann) and Grace (Siân Brooke)

Brooke says, what show-runners Declan Lawn and Adam Patterson were aiming for. "We wanted it to be gritty, to encourage viewers to walk in other people's shoes. I fell in love with Belfast in the first season; we spend over four months there shooting each season and I miss it when I'm not there. I can't deny the fact that, as an English woman, I am and will always remain an outsider, but equally I now call Belfast a home from home."

In the fourth series, Grace, Annie and Tommy have to deal with a situation that is almost ungovernable, as anti-immigration groups try to shut down a migrant resource centre and Loyalists and Republicans clash. Katie (Tabitha Smyth), a young woman who is part of the anti-immigration protesters, live-streams all the action on her phone and posts about Grace on social media, thus compromising her safety and authority.

Can Brooke relate? She laughs. "I can certainly empathise with the social media storyline. Over the years, I've become more aware of people taking photos of me and I wouldn't say it was a part of the job that I craved! This" – she waves her phone around – "is the catalyst for so much unrest in society. Everyone has the ability, at every given moment, to film and edit something as they choose. It's something I fear for all of us, more as a human being than as an actor. It's so tough for Grace to be violated in that way because she's taken great care in presenting herself to the world as a wholesome, moralistic woman. I've always had a healthy dose of self-criticism about my work, but not to the extent that I've considered quitting. I use it to push myself, whereas Grace, who is usually resilient, is wondering for the first time if being a cop is for her."

Brooke, 46, grew up in Lichfield, Staffordshire with a father who was a police officer and a mother who worked as a teacher. When first cast in *Blue Lights*, she talked to her dad as part of her research. "My dad and I talked extensively about police procedural issues. I've been privy to the inner workings of the force my whole adult life, which has given me a greater understanding of Grace's job." Is it odd that he was an actual cop while she's being paid to play one? She nods, laughing. "The cops are the real heroes, I'm just pretending! I never wanted to be one, but I do watch a lot of police documentaries. I love *24 Hours in Police Custody* – I'm fascinated by how people behave under pressure."

'I've done Shakespeare. Now I'm ready for a bonnet and carriage!'

One of the key storylines in series four is the murder trial of Gerry Cliff (Richard Dormer), who was unexpectedly killed in the first series. Surprisingly, Dormer himself is returning. Is he somehow still alive or does he just reappear in flashback? "I can't tell you! When we had the read-through prior to shooting, it was a real treat to have Richard back. I can tell you that with the arrival of Gerry, a lot of deep dark truths are uncovered."

What we do know is that Brooke's two children with husband Bill Buckhurst, a theatre, film and TV director, are too young to watch *Blue Lights*. At 13 and 11, the boys can't watch much of her recent work, whether it be *Trying*, *House of the Dragon* or *The Undeclared War*. "It would be nice to do a role that made me cool in their eyes. At least my eldest is looking forward to the new season of *Supacell*, which I was filming around the same time as *Blue Lights*."

STRAIGHT AFTER SHE finished work on those two shows, Brooke went to Bristol to join the new Chris Lang drama *Mavis Eccleston*, a true story about a couple who make a joint suicide pact when the husband is diagnosed with terminal cancer. The husband, played by Jonathan Pryce, dies, but the wife, played by Penelope Wilton, survives and is arrested for murder.

It was a dream job for Brooke. "Chris is everything I hoped he would be: exceptionally intelligent as well as a great writer. The story happened 20 minutes from where I grew up and I'll always champion stories that are from the Midlands. Assisted dying is very current and is something we should talk about, whatever your beliefs. Goodness me, it's always better to talk." Brooke plays the couple's daughter, who is very much against her parents' plans at the beginning. "She has a long journey, which of course Chris tells beautifully."

After such a productive year, are there any particular roles Brooke would like to tackle in the next 12 months? "Oh, yes!" she says, enthusiastically. "I would love to be in a period series. I had *Pride and Prejudice* on a VHS tape as a teenager, and I watched it repeatedly. I was obsessed. I've done Shakespeare and Restoration comedy and now I'm ready for a bonnet and a carriage!" RT

ON THE RED CARPET
Siân Brooke with her husband, the director Bill Buckhurst

‘OBSTACLES CAN BE POSITIVE’

TIM McMULLAN was told he’d never make it as an actor due to a genetic eye condition – now he’s a star of stage and screen

INTERVIEW BY **CAROLINE FROST**

IT’S ANOTHER WARM day during our extraordinary summer as I sit down with Tim McMullan at his home in south-west London. We are enjoying his beautiful garden, crowned by a fig tree he tells me has produced more than 60 fruit this year. He promises to pick me one later.

We’re here to talk about *Marble Hall Murders*, his third outing as Atticus Pünd, the post-war detective at the centre of Anthony Horowitz’s mystery-within-a-mystery series that began in 2022 with *Magpie Murders*, followed by *Moonflower Murders* two years later. The unassuming, all-seeing Pünd is McMullan’s first lead TV role, but it only came about after a bigger name had to depart the show.

“Tim Spall was originally Atticus, but then he had some scheduling issues,” McMullan recalls. “I’d worked on *Foyle’s War* with Anthony and Jill [Green, the producer and Horowitz’s wife] and they thought of me. I’d just had a shower, came back to seven missed calls from my agent, and it was a case of, ‘How soon can you get to Ireland?’ It was very exciting.”

In the series, Pünd is the fictional creation of bestselling writer Alan Conway. As well as solving crimes in the past, Pünd appears as an ethereal sounding board for Conway’s present-day editor, Susan Ryeland (Lesley Manville). “What I love about him is how he comes to life in Susan’s imagination, but he has a wonderful self-knowledge; he knows he’s only going to last as long as there’s someone to write him. It’s a lovely thing to play, and to be aware of.”

This third series is even more complicated than the previous two. But Horowitz’s original books form a trilogy, so does this also mean Pünd signing off? “I don’t know, but I hope not,” says McMullan. “It’s not my call. That’s an actor’s life.”

This actor’s life began in north London where his father was a publisher and his mother a housewife. Following his parents’ divorce, a teenage McMullan moved to the Midlands, where he discovered a huge love of theatre, heralding nearly four decades of work on the stage, including more than a dozen appearances at the National Theatre.

The office at the back of the garden is where McMullan’s late wife Gale ran her travel business. The couple met at university and were together for 35 years until her death in 2019, following an ovarian cancer diagnosis in 2010. He looks over the garden. “Of course, it’s incredibly difficult. Everybody’s experience is different, but I’ve found it becomes something you learn to live with; it becomes part of who you are.”

With two grown sons living nearby and a new partner currently out walking the dog, he is clearly grateful for everything he has, but it could have all been very different if he’d heeded the brutal directive of an acting coach

‘When I was about 11, I used to pray I’d wake up in the morning looking like everyone else’

TAP FOR RT CHOICE



HAT TRICK
Main picture: Tim McMullan and Lesley Manville in *Marble Hall Murders*. Left: McMullan in *Foyle’s War*, with Michael Kitchen

JONATHAN HESSION; ALLSTAR



following an early audition for Rada: "One of the supervisors happened to be next to me on the Tube. She said, 'A piece of advice – you've got a nice voice, so maybe think about radio? I don't think acting is for you. You'll never be cast as anything, because of your eyes'."

She was referring to the fact that McMullan's eyes appear semi-closed, due to his being born with the rare genetic condition blepharophimosis syndrome (BPES). Although his vision is not affected, his distinctive appearance hasn't always made life easy for him, particularly in childhood. Now, his bigger screen profile has led to a readiness to speak about the condition, and he has recently become an ambassador for the charity Through Our Eyes. This is the first time he has spoken publicly about the challenges he has faced.

WHEN I WAS about 11, I used to pray I'd wake up in the morning looking like everyone else," he recalls. "Facing scrutiny – or just curiosity – as a child makes you incredibly self-conscious. When I first went on stage, I felt I'd finally escaped for a couple of hours. It took me out of myself. But some family members were doubtful I'd make it as an actor, because of my eyes." And the lady from Rada? "Stubbornly I thought, 'Well, I don't think she's right, and I'm going to find out.' The obstacles you face can have defining positive value. Jill says I look otherworldly, which is why they cast me as Pünd."

He's had three corrective operations, two as a baby and one later – he remembers asking, "Please make me look normal" – and now seems perfectly content with his appearance. "You sort of grow into your face," he smiles. What would he say now to the parents of a child with BPES, or a young person growing up with the condition?

"Don't let anyone prevent you doing whatever you want to do. My looks didn't turn out to be the disadvantage everyone told me they'd be. Also, there's your imagined life and your real life, and the latter is so much more interesting and unexpected. So, take the knocks and see what else life brings you."

And with that he reaches out, as promised, to collect me a fig from the tree. RT

'SHE'S CLOSER TO THE REAL ME'

LESLEY MANVILLE on why she enjoys playing book editor Susan Ryeland in Anthony Horowitz's trilogy

How much input have you had into Susan's character since the series began in 2022?
Very little. But I know when he's writing, Anthony [Horowitz] loves almost being able to hear how I will say something, or imagine how I will play something, because there are 12 hours of Susan that have gone before [in the two previous series]. That's as great an input as I can have. I wouldn't even begin to tell him how the story unravels, but to have created a Susan that he enjoys is a great compliment.

How has Susan's relationship with Atticus evolved?
They'd be a great romantic couple, if only he wasn't a figment of her imagination! They're two great minds with all the ingredients of a good couple: they make each other laugh, they challenge each other, he's enigmatic with her and frustrates her when she wants a direct answer, but they have a really good friendship. Because of the lovely, delicate way Anthony has written it, you take it seriously and go with it.



CLASS ACT
Above: Manville with Jim Broadbent and Ruth Sheen in Mike Leigh's *Another Year* from 2010

As this is the final series of the trilogy, what will you miss about playing Susan?
I like Susan a lot. For all my career-long commitment to being a chameleon and playing characters that are not like me – which has happened a lot in my film and stage work, certainly with Mike Leigh – what I like about Susan is that she doesn't put up with any s**t from anybody, so she's closer to me than a lot of the characters I've played. I've just embraced that. When I played [jungle-dwelling scientist] Dr Cotter in Luca Guadagnino's film *Queer*, people got to the end of the movie and said, "Where was Lesley Manville?" So, I'm happy to say that Susan is closer to the real Manville!

GABRIEL TATE

WHAT'S WORTH WATCHING

THE 10 BEST SHOWS TO WATCH, STREAM & LISTEN TO



1 TELEVISION

The Celebrity Traitors

Thursday, Friday 8.00pm ***BBC One***

The time for talk is over. The round table is polished, the Traitors' cloaks steam-cleaned and Claudia Winkleman's eyeliner freshly applied, as a new crop of famous faces get ready to betray each other in the Highlands. But which national treasures will commit deadly treachery against their friends and colleagues?

SEE REVIEW P80

3 STREAMING

Kill Jackie

Available from Friday

Prime Video

Some words of advice. Don't mess with Catherine Zeta-Jones. She plays an art dealer who gives her enemies more than they bargained for in a new thriller boasting many glam European locations. It zips along, but a harsh critic might note there's more than a hint of *Killing Eve* about it.

SEE REVIEW P22

4 TELEVISION

Marble Hall Murders

Saturday 9.35pm

BBC One

Another crafty mystery-within-a-mystery as Susan Ryeland (Lesley Manville, right) starts work on a new project featuring sleuth Atticus Pünd – only for real life to start mirroring fiction.

REVIEW P30



5 TELEVISION

Sam and Ade Go Birding

Thursday 7.00pm ***5***

Friends Samuel West and Ade Edmondson tread a similar path to *Gone Fishing* in this gentle series about the joys of bird-watching. They chat, they chuckle, they sit in companionable silence, simply appreciating nature.

REVIEW P81

6 TELEVISION

War

Friday 9.00pm

Sky Atlantic

Dominic West and Sienna Miller lead a cracking ensemble – including Celia Imrie, Pip Torrens and Miles Jupp – in a glossy legal drama about the divorce of a tech billionaire and his movie star wife. From George Kay, writer of Netflix's *Lupin* and ITV's *The Long Shadow*.

SEE REVIEW P90

GETTY



2 TELEVISION
Blue Lights
Tuesday 9.00pm
BBC One

A combustible start to series four as anti-immigration protests turn violent at the site of a Migrant Resource Centre – with the likes of Grace Ellis (Siân Brooke, centre) struggling to keep the peace.
SEE REVIEW P60





7 TELEVISION
Winter
Wednesday 9.00pm ***ITV1***

Richard Armitage is the latest TV pathologist to start meddling in police cases as the maverick Dr Ethan Winter, whose autopsy beat is the city of Bristol. The script may not be scalpel sharp, and *Silent Witness* certainly doesn't have anything to worry about, but the star's charisma carries you along.
SEE REVIEW P70



...AND WORTH LISTENING TO



8 RADIO
Where the Light Sings
Saturday from 8.00am ***Radio 3***

Radio 3 hits the road – or perhaps more appropriately, the waves – again for another enjoyable day of outside broadcasts, this time with various presenters hosting from some of the most famous lighthouses around the country, and Petroc Trelawny acting as captain of the airwaves, steering the ship across the day. **SEE REVIEW P101**

9 RADIO
The Children
Saturday 3pm ***Radio 4***

A dazzling adaptation of Lucy Kirkwood's award-winning play leads a celebration of the Royal Court Theatre's 70th anniversary, with playwright Mark Ravenhill's selection of choice cuts from the archive playing out daily on Radio 4 Extra, starting with the big bang of *Look Back in Anger*.
SEE REVIEW P101

10 RADIO
Crossing Continents
Tuesday 9.00pm ***Radio 4***

The final-ever episode of the global affairs series is worth catching as Antonia Bolingbroke-Kent's timely report comes from a remote Nepalese mountain community, home to one of the oldest Buddhist monasteries in the country, that faces an existential threat from a melting glacier. **SEE FEATURE P100**

STREAMING

Edited by **FRANCES TAYLOR**



SECRET HISTORY
There is more to Jackie (Catherine Zeta-Jones) than first appears

ROB PARFITT; ALAMY

THRILLER

Kill Jackie *Episode 1 available Friday* Prime Video

NEW SERIES

The lasting legacy of *Killing Eve* goes on: here's another clone of the global BBC hit, with a similar title and a director, Damon Thomas, who helmed several episodes of *Eve* at its peak. This time the fabulous, unstoppable assassin is Catherine Zeta-Jones as Jackie, who when we first meet her seems to be merely an art dealer with expensive tastes and a luxurious lifestyle. Jackie has, however, wronged some powerful people, who employ legendary killing squad the Seven Demons to bump her off. What the murderers don't know is that Jackie's dark past means she's unusually well equipped to deal with what ought to be a rather stressful situation: flanked by her reluctant lawyer Sam (Daniel Ings), off she goes around some of Europe's most glamorous locations, looking to get to the Demons before they get to her. Based on the book by Nick Harkaway – son of John Le Carré – and with Bill Paterson, Ron Perlman, Sidse Babett Knudsen and Julian Rhind-Tutt in the supporting cast, it's a thriller full of knowing winks and sweeping glamour. **JACK SEALE**

SPORTS DRAMA

Beast ★★★ 15

Available now **Prime Video**

Ripped, sweaty men bash the bejesus out of each other in this Australian drama with former *Neighbours* star Daniel MacPherson as Patton, an ex-MMA fighter who, post prison, has rebuilt his life as a family man. But hard-up Patton is tempted back for one last scrap with the fearsome Xavier Grau (Bren Foster), which means reuniting with his former trainer Sammy (Russell Crowe, who also co-wrote the script). Foster and MacPherson give tremendous physical performances, and the inevitable grudge match is visceral and vicious. **ROSIE FLETCHER**

ROMCOM

Kissing Is the Easy Part ★★ 12

Available now **Prime Video**

He's the nerd with a secretly hot bod, she's the prom queen with a secretly sharp mind. They bond, they break up, there's a climactic "race for love"... This formulaic romance skirts a fine line between excruciating and adorable as Asher Angel's Sean is bribed by the parents of Flora (Paris Berelc) to date their daughter so she'll focus on her studies. In the mould of 1990s teen romcoms like *She's All That*, it's a lesser film in comparison but sincere performances, an unconventional ending and a good heart prevent it from being total Gen-Z nonsense. **RF**



DADDY'S GIRL Dusty (Josh O'Connor) hopes to reconnect with his daughter Callie Rose (Lily LaTorre)

DRAMA

Rebuilding ★★★★ PG *Available now* **Prime Video**

Josh O'Connor delivers another brilliantly understated performance in this lovely, low-key drama from writer/director Max Walker-Silverman. He plays Dusty, a cowboy whose livelihood is threatened after wildfires ravage his ranch. At the same time, he attempts to bond with his adoring young daughter Callie Rose (Lily LaTorre), whose mother (Meghann Fahy) he is now separated from. Walker-Silverman favours a restrained approach that allows the characters and their relationships to feel authentic and heartfelt – the dynamic between Dusty and Callie Rose is especially well-judged. PATRICK CREMONA



WHAT I'M STREAMING

MICHAEL PALIN

"I love Norma Percy's documentaries," says the actor and presenter. "*Brexit: A Very British Civil War* (available on iPlayer) was her most recent series. She always manages to get the main players to contribute." ***Michael Palin in the Philippines, Monday 9pm 5; see Frostbite: p6***

ROMCOM

The Love Hypothesis ★★★ 15

Available 23 Sept **Prime Video**

The chemistry between the leads isn't the only reaction fizzing away in this science-flavoured romcom. Needing to convince a friend she's dating someone, grad student Olive (Lili Reinhart) gets tangled up with Mr Darcy-esque professor Adam Carlsen (Tom Bateman), and the "let's pretend we're together" trope takes off. A brilliant but moody scientist, Adam takes a while to warm up but it's not long before Olive's charms have him hooked. It's not all romcom fluff – there are potent points on power dynamics and women in science, even if they're never fully fleshed out. The story is predictable, but a solid twist and strong turns from the pair keep it from going stale. **ALEX BERRY**



ALSO STREAMING THIS WEEK

Knife Edge

Series 2 episodes 1 and 2 available 25 Sept; episode 3 available Friday **Apple TV**

Host Jesse Burgess (above) returns with another batch of elite restaurants, starting with the legendary Ynyshir in Machynlleth, making their best efforts to win Michelin stars.

American Horror Story

Season 13 episodes 4–6 available Friday **Disney+**

The new season of Ryan Murphy's anthology continues, with plenty of throwbacks to old fan-favourite episodes.

Ted Lasso

Season 4 episode 9 available Wednesday **Apple TV**

Big matches beckon, but will Gemma (Abbie Hern) ever play football again?



HIDDEN GEM

Robin Hood

Series 1-3 available now **iPlayer**

Hollywood can't stop making new versions of the Nottingham legend, but are any of them better than Richard Armitage (above) in the BBC's version in 2006? *View from Richard Armitage's sofa: page 138*



POISONED LOVE Mike Faist, Christopher Abbott and Florence Pugh are enmeshed in a doomed love triangle

PERIOD DRAMA

East of Eden *All 7 episodes available Thursday* Netflix

NEW SERIES

In 1955, Elia Kazan directed the first screen adaptation of the John Steinbeck novel. So it seems serendipitous that just over 70 years later, his granddaughter Zoe Kazan now follows in his footsteps as the screenwriter and executive producer of this new Netflix series.

Florence Pugh is the star signing, playing the fierce and machiavellian Cathy Ames. She is complex but still malevolent – and not without her own backstory and sense of tragedy – and drives a wedge between brothers Charles and Adam Trask, played by a brooding Mike Faist (*Challengers*) and Christopher Abbott (*Poor Things*).

With stunning cinematography and an elegant score, the unsettling family saga gets room to breathe in a glossy adaptation that digs into the detail and texture of the source material, and brings this story of generational trauma, sibling rivalry and the intoxicating power of temptation to a whole new generation. LEWIS KNIGHT

COMEDY DRAMA

Brothers

Episode 3 available Wednesday
Apple TV

Hollywood star Woody Harrelson has two things on his mind: he and his best friend Matthew McConaughey might secretly be brothers; and the Harrelson clan, in their brightly coloured bus, have manifestly outstayed their welcome at the McConaughey house in Texas.

To fix the latter problem and buy time to work on the former, Woody does what he often does in a crisis: offers his hosts a dog as a present.

Meanwhile, as the laid-back meta-comedy continues, McConaughey is struggling to adapt to a new life in politics: when he meets voters out in the wild, they want more than just a cowboy hat and a sparkling smile. **JACK SEALE**

CRIME DRAMA

Last Seen

Episode 5 available Wednesday
Apple TV

Back in time we go, to before Ian (Patrick Brammall) lost everything when his young daughter was kidnapped. We've heard mention of the religious fraternity where Henry and Jenna (Brendan Cowell and Maxine Peake) used to live – now we're there, sketching out a marriage borne of strife and rancour that goes very dark indeed a few years after the couple move to the farm where they still live.

Be warned that this episode contains a deeply shocking death scene. Almost as heartbreaking, though, is the glimpse of Ian's everyday existence back when he was a cool, confident dad and husband – a way of life to which, whatever he does now, he can never return. **JS**

SCI-FI THRILLER

Dark Matter

Season 2 episode 6 available Friday
Apple TV

This week's episode is all about entanglement: the idea that two particles can be deeply interconnected, no matter how far apart they are from each other. Who knew quantum physics could be quite so romantic?

Can the same principle be true for people? It certainly seems so, as Jason (Joel Edgerton) runs into more than one familiar face while attempting to decode the secrets of the box. Meanwhile, with his parents distracted (not least, by their crumbling marriage), Charlie (Oakes Fegley) is left to his own devices, and he's determined to track down a figure from his past. But once again it's Jennifer Connelly's Daniela who delivers the most powerful scenes of the episode. **LOUISE GRIFFIN**

DOCUMENTARY

The First Last: Winter K2

Available Friday Apple TV

It was the only frontier left for mountaineers to cross: in 2021, the second-highest mountain in the world, K2 in Pakistan, had still never been climbed during the winter. This feature documentary follows the efforts of two rival climbing groups to get to the top first – and the worrying arrival of a third party, a commercial outfit that sold spots both to experienced climbers and to inexperienced influencers who were there to make content.

As cameras capture the beauty and the terrifying harshness of the terrain – death is very visibly close at hand at all times – a fable plays out about why humans push themselves to conquer extreme challenges, and the dangers of doing it for all the wrong reasons. **JS**

GETTY

SCI-FI DRAMA

Lanterns

Episode 7 available Sun **HBO Max**

The investigation into Hal Jordan's death continues, and is now aided by his very own "Hal-ogram": a holographic back-up of the deceased's consciousness that's stored in his Green Lantern ring.

At best, this is an overly convenient plot device. At worst, it's an outrageous cop-out that undercuts the decision to kill him off in the first place. Whichever way you want to look at it, though, at least Kyle Chandler is still on top form as the obstinate antihero whose reincarnation as a *Black Mirror*-esque tech ghost facilitates some scenes that are admittedly rather compelling. **DAVID CRAIG**

COMEDY

Youth

Episode 3 available Mon **HBO Max**

Sharon Horgan's raucous but bittersweet dramedy takes a trip to Frankfurt, where literary agent Alex (Horgan) is attending a book fair that offers plenty of professional opportunities but also, in her hands, has the potential for catastrophic humiliation. It's mostly a riot of catty industry jostling, embarrassment in nude saunas and sex with weird people, but Horgan is too sensitive a writer to settle for broad laughs on their own; when *Youth* wants to do piercing, tender drama, it can. By the end of the foreign adventure, we're seeing one character in a whole new light. **JS**



RELIABLE WITNESS? Reece (Lenny Rush) has info the Slow Horses need

THRILLER

Slow Horses

Series 6 episode 3 available Wednesday **Apple TV**

Adding a tangible sense of threat to this latest series are Jane (MyAnna Buring) and Jim (Kyle Soller), assassins who operate like jaded but efficient door-to-door salespeople. Think Willy Loman crossed with the Terminator. Their alarming strike rate has forced the Slow Horses to silo themselves into small groups, this show's equivalent of the "let's split up and look for clues" approach to storytelling.

As a car-full of chalk-and-cheese women – including Shirley, Catherine and reluctant returnee Louisa – try to find common ground, Roddy and Lamb track down key eyewitness Reece (Lenny Rush). Naturally, Lamb manages to cram every inappropriate joke imaginable into two minutes, but Reece has some cutting rejoinders of his own. **DAVID BROWN**



WHAT I'M STREAMING

SIENNA MILLER

"I thought *DTF St Louis* was brilliant," says the *War* star. "It felt like a totally new way of telling a story, brilliantly made and the acting was fantastic. And I loved Netflix's *Untold: Chess Mates*, about Magnus Carlsen and Hans Niemann." ***DTF St Louis is available on HBO Max. War begins Friday 9pm Sky Atlantic***

COMEDY

Go Team! ★★★ 15

Available now **Netflix**

This silly Spanish farce has a ball lampooning workplace relationships and norms at Tío Mochales, a floundering cheese business. The day after Olga (Alexandra Jiménez) returns to the office after maternity leave, she finds herself at the company's team-building retreat in the countryside. Gentle bickering and workplace gossip suddenly become life-or-death issues as the employees are told layoffs are imminent. Worse, they must compete against each other, with those coming last in the ensuing games getting the sack.

At first, the film's stereotypical characters are a bit of a slog, yet once you wade through this company's, well, cheesiness, there are enough chuckles to keep you tittering. **JAYNE NELSON**



LEAVING SOON

Stan & Ollie ★★★★★ PG

Available until Sunday **iPlayer**

Some delightful slapstick and affectionate performances from Steve Coogan and John C Reilly (above) make this portrait of Laurel and Hardy's later years a real treat.

The Social Network ★★★★★ 12

Available until Thursday **Prime Video**

Ahead of the sequel's cinema release next week, watch David Fincher's insightful Facebook drama starring Jesse Eisenberg as Mark Zuckerberg, the outsider student who became a billionaire.

Airplane! ★★★★★ PG

Available until Friday **Netflix**

Wonderfully funny disaster-movie spoof with Leslie Nielsen, in which a shell-shocked pilot has to take the controls of a passenger jet after the crew falls ill.



COMING SOON

Nobody Wants This

Season 3 available 22 October **Netflix**

A smart romcom, built on the fantastic chemistry between stars Kristen Bell (above) and Adam Brody, returns. Despite all the obstacles, can the rabbi and the non-believer find lasting happiness?

FANTASY DRAMA

Outlander: Blood of my Blood

Season 2 episode 2 available Saturday ***MGM+***

The 1715 Jacobite Rising really isn't helping our heroes Brian and Ellen (Jamie Roy and Harriet Slater) fulfil their destiny of marrying and conceiving a child by the name of Jamie Fraser. As tensions mount across the now-divided Highlands, the two lovers must help their clans prepare for the coming rebellion. Meanwhile in the future, Claire's future parents Julia and Henry (Hermione Corfield and Jeremy Irvine) learn more about those rather unreliable time-machine stones at Craigh na Dun from an unexpected source. **JACK SEALE**

THRILLER

American Hostage

Episode 3 available Sunday ***MGM+***

It's more of a curio than a gripping must-see, but there's much to enjoy in this true-story drama, set in the world of rotary-dial telephones and tape recorders that is a local radio station in 1970s Indianapolis. Star newsman Fred Heckman (Jon Hamm) is in regular contact with disgruntled borrower Tony Kiritsis (Giovanni Ribisi), who is holding the man from the – Tony says – corrupt mortgage company at gunpoint. But can Fred maintain control of the story, with national news media on the case, the FBI interfering and all his junior reporters eager to get in on the exclusive? **JS**



MOTHERLY LOVE
Clémence (Vicky Krieps) and her son Paul (Viggo Ferreira-Redier)

DRAMA

Love Me Tender ★★★★ 15 *Available Monday* ***To buy/rent***

Vicky Krieps (*Phantom Thread*) stuns in this powerful French-language drama. After an amicable separation, Clémence (Krieps) and Laurent (Antoine Reinartz) share custody of their eight-year-old son Paul. When Clémence informs Laurent that she is now dating women, things turn sour as Laurent sues for full custody.

Krieps is simply astonishing: anguished but reined-in, Clémence never once succumbs to false or forced emotion in her determination to find a rich, fully sexual life with no restrictions on who she truly is. Director Anna Cazenave Cambet, adapting Constance Debré's loosely autobiographical book, keeps a tight hold of both the script and her camera. **JAYNE NELSON**

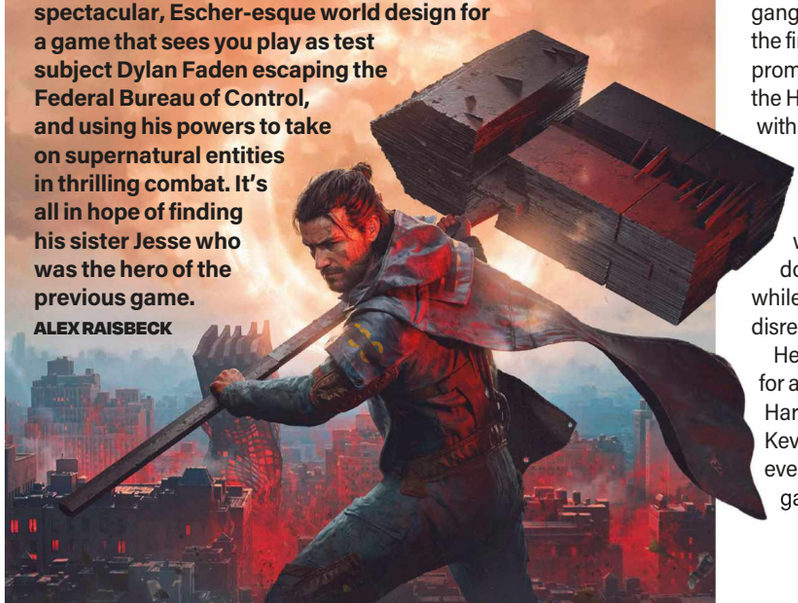
GAME OF THE WEEK

Control Resonant 16 *Available 24 September*

PC, PS5 and Xbox Series X/S

An action-packed sequel to 2019's *Control* sees Manhattan turned upside down. Typically surreal storytelling melds with spectacular, Escher-esque world design for a game that sees you play as test subject Dylan Faden escaping the Federal Bureau of Control, and using his powers to take on supernatural entities in thrilling combat. It's all in hope of finding his sister Jesse who was the hero of the previous game.

ALEX RAISBECK



ALAMY; REMEDY ENTERTAINMENT

CRIME DRAMA

MobLand

Series 2 episode 3 available Friday ***Paramount+***

One, perhaps two pieces of inspired casting look set to elevate this second series of the London gangster drama above the level of the first: while Ophelia Lovibond is promising but not in it much yet as the Harrigan clan's new nemesis within the police, Johnny Flynn is already sinfully entertaining as Frankie Cooper, this year's criminal rival who not only wants to bring the Harrigans down – he wants to do it while being as annoying and disrespectful as possible.

He jovially arrives on an e-scooter for a tense pow-pow with cool Harry (Tom Hardy) and tetchy Kevin (Paddy Considine) that has everything: jokes, threats and a gasp-worthy twist. **JS**

COMEDY DRAMA

The Moment ★★★ 15

Available Saturday ***Now Cinema***

Pop sensation Charli XCX rips into the music industry in this amusing mockumentary. In the run-up to a gig in support of her *Brat* album, Charli is pushed by Rosanna Arquette's exec into making a tour movie overseen by Alexander Skarsgård's pretentious film-maker. Meanwhile, Charli's manager (Jamie Demetriou) orchestrates a queasy deal for a "Brat" bank card. The satire could have been more scathing, but director Aidan Zamiri does well to capture the energy and egos surrounding creative innovators.

With cameos including Kylie Jenner, the result is a sly inside peek at how record companies can bleed artists dry, with a capable performance from Charli at its heart. **JAMES MOTTRAM**

DOCUMENTARY

Heart of a Dog ★★★★ PG

Available now ***BFI Player***

On her return to film direction since her 1986 concert film, *Home of the Brave*, Laurie Anderson dazzles in this tribute to her mother, late husband Lou Reed and her beloved rat terrier. Flitting between topics with a canine inquisitiveness, Anderson combines home movies and distressed found footage to connect a swooping hawk with 9/11, drone surveillance and data collection in an age of social media exhibitionism. **DAVID PARKINSON**

COMING-OF-AGE DRAMA

Ish ★★★★ 15

Available now ***BFI Player***

An impressive debut from visual artist Imran Perretta, this tale unfolds in Luton during the school summer holidays. We meet 12-year-old Ish playing with his Palestinian-British friend Maram, but these are dangerous times for young male Muslims, with police carrying out stop-and-searches. The monochrome cinematography adds a timelessness that helps avoid the nihilism common to dramas of marginalised urban youth. **TOM DAWSON**

DRAMA

Oslo Stories Trilogy ★★★★ 12

Available now ***BFI Player***

Norwegian writer/director Dag Johan Haugerud examines the quirks of modern romance with his witty triptych of dramas. *Sex* explores two chimney sweeps as they exchange confidences. *Love* follows two colleagues who begin to move out of their comfort zones. Finally, *Dreams* sees a teenage girl's lesbian writings being discovered by her mother and grandma, making for a fascinating rite of passage. **DP**

DRAMA

Tótem ★★★★ 12

Available now ***BFI Player***

A young girl is forced to reckon with her father's illness in this drama from writer/director Lila Avilés. Seven-year-old Sol is taken to her grandfather's house where her family are preparing a birthday bash for her papa. He is suffering from cancer, which means this party will likely be his last. Avilés keeps the emotions simmering throughout and the film boasts a delicate blend of melancholy and celebration. **CALUM BAKER**

HOW & WHERE TO STREAM TV & FILM

FREE TO VIEW

BBC iPLAYER *bbc.co.uk/iplayer*
ITVX *itv.com*
CHANNEL 4 *channel4.com*
5 *channel5.com*
U *u.co.uk*
PLUTO *pluto.tv*
TUBI *tubitv.com*

SUBSCRIPTION SERVICES

ACORN TV *acorn.tv*
£4.99/month
APPLE TV *tv.apple.com*
£9.99/month
BFI PLAYER *bfi.org.uk/player*
£6.99/month
DISCOVERY+ *discoveryplus.co.uk*
£3.99/month for entertainment
DISNEY+ *disneyplus.com*
£5.99/month (with ads), £9.99/month (no ads) or £14.99/month (Ultra HD)
HBO MAX *hbomax.com*
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SPORT

PICK OF THE WEEK



THERE'S NO 'I' IN TEAM

Team tennis makes the court less lonely, says SIMON BARNES – but it needs to have real jeopardy for it to be an elite sport

Tennis: Laver Cup
Saturday 1.00pm
Sky Sports Tennis/Main Event



THE MORE TENNIS players talk about "my team", the lonelier they seem. Every time they turn to their coaches in the stands it becomes obvious that only one person can hit the ball. Every time the camera turns to loving partners, parents and the ubiquitous professional support group, we feel the isolation of the person standing on court.

Of course, most tennis players have chosen the solitary life, but that doesn't mean they don't yearn for the warmth of the team environment. Other people doing some of the heavy lifting, other people sharing the camaraderie of the struggle, other people shouldering the burden of defeat, other people rejoicing in victory and other people who are not mere supporters – but fellow players. Savour the word: team-mates.

While tennis has long had the Davis Cup – an annual tournament with 150-plus competing nations – Roger Federer, perhaps the finest tennis player who ever swung a racket, decided that the sport needed to further embrace the concept of team competition and so the Laver Cup was born, named after the Australian player Rod Laver, one of Federer's few rivals for the title of greatest of all time.

Two teams, each of six men, represent Europe and the Rest of the World. The competition was first held in 2017 in Prague, and this year it will be in London at the O2. Team Europe will – injuries permitting – include Carlos Alcaraz and recent US Open champion Alexander Zverev; Team World, as they call it, will have Alex de Minaur and Taylor Fritz in their ranks.

BOTH TEAMS HAVE non-playing captains: Yannick Noah for Europe and Andre Agassi for the World. Three players are selected on rankings and the other three are selected by the captains. There are 12 matches: nine singles and three doubles. Even the singles matches are team affairs, with captains and team-mates cheering and coaching from the side of the court.

The format is ingenious, but rather contrived, designed to make sure that the competition can't be decided until the final session. It takes place over three days and five sessions. There's a point for each victory on day one, two points on day two and three on day three: all of which brings it a little closer to good fun than high-octane sport. There's room for fun in all sports – that's why we play them – but elite sport has to matter. It needs that frisson of Bill Shankly's life-and-death importance.

'You can borrow from the Ryder Cup, but you can't emulate its intensity'

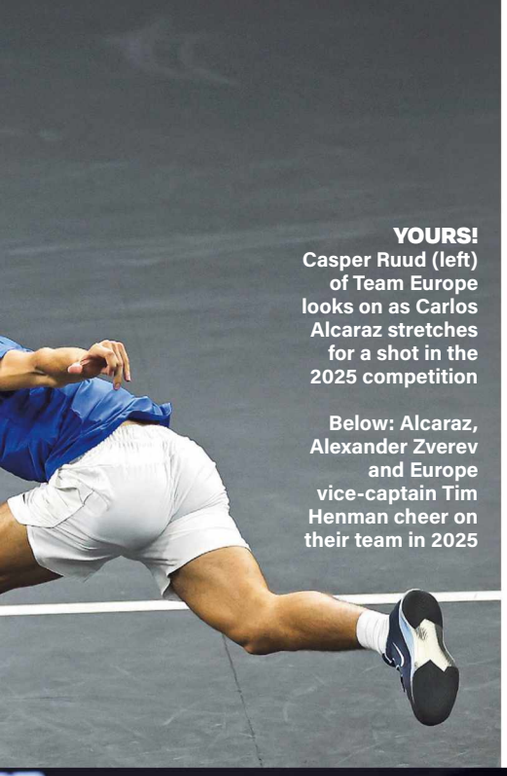
And you can borrow all you want from the likes of similar contests like the Ryder Cup (also a bunch of loners who become a team), but you can't – or perhaps it would be more polite to say can't *yet* – emulate the intensity with which it is contested (you'd be forgiven for thinking the future of the world depended on the last putt on the 18th).

The phrase "glorified exhibition" has been used for the Laver Cup and there's nothing wrong with exhibitions, no matter how glorious, so long as no one confuses them with elite sport. I wouldn't for an instant fault the effort



FRIENDLY RIVALS Yannick Noah (left) leads Team Europe while Andre Agassi champions the World

GETTY; ALAMY



YOURS! Casper Ruud (left) of Team Europe looks on as Carlos Alcaraz stretches for a shot in the 2025 competition

Below: Alcaraz, Alexander Zverev and Europe vice-captain Tim Henman cheer on their team in 2025



of any player taking part. Egged on by their own briefly beloved team-mates, they will dig deep in search of a victory that is, for once, shared.

But I wouldn't expect them to play through a potentially damaging injury to gain a victory in the Laver Cup, for all that such things are routine at grand slam tournaments like the US Open and not unheard of on Davis Cup duty. All the same, there's serious prize money on offer and each member of the winning team will take home $250,000.

THE INTENSITY OF the Ryder Cup (in which there's no prize money at all) is what makes it compelling even for people who don't normally watch golf, whereas the Laver Cup is... not quite there yet. We could, perhaps construct a method of measuring sporting intensity on the lines of the Beaufort Wind Scale. If so, the Laver Cup would be "moderate breeze" while the Ryder Cup is "hurricane". Fair enough, let's savour a bracing blow and hang on to our hats while we do so.

The Laver Cup will take place between 25–27 September; to buy tickets, visit: theo2.co.uk

GAME ON

SPORT LEAD NED HOLMES ON THE BEST OF THIS WEEK'S ACTION



EYES ON TARGET England captain Harry kane will be hoping to get past Spain's Lamine Yamal on Saturday

RUGBY UNION

WXV Global Series: England v New Zealand

Sat, k/o 3pm ***iPlayer, R5 Live***

Twickenham is a fitting stage for two of the best sides in women's rugby to do battle. The Red Roses have toured their dominance around the country in the opening fortnight of the WXV Global Series – the new 12-team international tournament – but are back in the capital to host New Zealand. Will Mia Venner (below) repeat her winning ways from the Six Nations?

RUGBY LEAGUE

Super League play-offs semi-final: Wigan Warriors v TBC

Sat, k/o 5.30pm ***BBC Two, Sky ME, R5 Sports Extra***

The Super League Grand Final is so close the remaining teams can almost taste it. As we go to press we don't know who Wigan's opponents will be in Saturday's semi-final, but the treble-hunting Warriors, who have claimed the League Leaders' Shield and Challenge Cup already, will start as very strong favourites to make the final at Old Trafford on 3 October.

RUGBY UNION

PREM Rugby: Leicester Tigers v Saracens

Sun, k/o 3pm ***ITV1, TNT 1, R5 Live, Talksport***

The opening weekend of the new campaign concludes with a heavyweight bout at Welford Road. The first of several PREM Rugby fixtures on free-to-air TV in 2026/27 sees Leicester Tigers and Saracens, two teams with title aspirations, bid to land an early blow and kick the season off with a victory.



FOOTBALL

Nations League

World Cup demons must be banished by the home nations in the first week of an extended international break. Thomas Tuchel and England begin with a tough fixture against the World Cup holders, while Scotland will be looking for a fresh start under new coach Sébastien Pocognoli. Absence has only made the heart grow fonder for Wales and Northern Ireland, who will push on toward a brighter future after watching summer's festival of football from home.

FIXTURES

Slovenia v Scotland *Sat, k/o 2pm* ***BBC One, Talksport***; England v Spain *Sat, k/o 7:45pm* ***ITV1, R5 Live, Talksport***; Denmark v Wales *Sun, k/o 5pm* ***BBC One***; N Ireland v Hungary *Mon, k/o 7:45pm* ***BBC Three***; Czechia v England *Tue, k/o 7:45pm* ***ITV1, R5 Live, Talksport***; Scotland v Switzerland *Tue, k/o 7:45pm* ***BBC Two***; Wales v Norway *Thu, k/o 7:45pm* ***S4C, BBC Two, R5 Live***; Ukraine v N Ireland *Fri, 7:45pm* ***BBC Two***

DARTS

World Grand Prix

Mon–Tues 6pm, Wed–Fri 7pm

Sky Sports Main Event/+

Double in, double out. That's the order of the day at the World Grand Prix, which stands alone as the only darts major where you must start and end each leg with a double. Luke Littler returns to defend his 2025 title but will face stern competition from a field comprising the top 32 players in the game.

FOOTBALL

Women's Champions League

Paris FC v Arsenal *Wednesday, k/o 5:45pm;* **Lyon v Chelsea** *Wed, k/o 8pm;* **Man City v Real Madrid** *Thu k/o 8pm* ***All Disney+***

The WLS's big three continue their quest in the second round of League Phase fixtures. Arsenal are the only English club to win the Women's Champions League and went the furthest last term, knocking Chelsea out in the quarters before losing to Lyon. Man City, back in Europe, are hoping to replicate their domestic success.

SPORT

SATURDAY



PAGE TURNER Atticus and Susan (Tim McMullan and Lesley Manville) are back with another literary mystery

GETTY

DRAMA

Marble Hall Murders *9.35pm* ***BBC One*** *Full series available on iPlayer*

Anthony Horowitz knows a thing or two about continuation novels, having been entrusted with extending the adventures of both James Bond and Sherlock Holmes. So, he's well placed to imagine what happens when someone gets their hands on a fictional sleuth.

Atticus Pünd (Tim McMullan), after all, was the creation of fictional crime writer Alan Conway. But in *Marble Hall Murders*, struggling author Eliot Crace (Jamie Blackley) is trying to reopen his casebook. Literary editor Susan Ryeland (Lesley Manville), back in London after her stint in Crete, is on hand to make sure Eliot doesn't make a hash of it – though she may well find herself turning detective once again.

As in Susan's previous outings, this typically assured and tricksy opening episode establishes a mystery within a mystery, with clues in Eliot's book pointing to events in the real world. And at its heart is a murder plot that Crace and his siblings apparently concocted as children, with their fearsome grandmother (Patricia Hodge) as the intended victim of a poisoning. Talk about a toxic family history. DAVID BROWN *See p18*

FILM

All Creatures Great and Small ★★★ PG

9.05am ***5*** *Catch up via 5 streaming*

Well, of course, we all know the animals are incidental in this 1974 big-screen prequel to TV's popular memoirs of vet James Herriot: what really matters is the Yorkshire folk whose emotions are brought out from behind those gruff exteriors by what happens to their creatures' comfort.

Inevitably episodic, and fairly sentimental, Claude Whatham's movie has warm-hearted performances by Simon Ward as the young Herriot, Lisa Harrow as his future wife Helen and Anthony Hopkins as local vet Siegfried Farnon, before he went on to win an Oscar for silencing lambs. (The TV series continues on 5 on Thursday.) **TOM HUTCHINSON**

SPORT

Live Football: Game4Hope

4.00pm (kick-off 4.45pm) ***5*** *Catch up via 5 streaming*

A Scouse version of Soccer Aid, anyone? This pro-celebrity charity match sees Merseyside unite to tackle homelessness through the power of the beautiful game. For one afternoon only, Everton join forces with fierce rivals Liverpool to take on a star-studded World XI. Played at Hill Dickinson Stadium, the event will raise vital funds for Shelter and Everton in the Community.

The city's team features local heroes Peter Reid, David James and John Barnes alongside celebrities including James Nelson-Joyce and John Bishop. They'll be up against the likes of Rivaldo, Cafu and Clarence Seedorf. At half-time, rapper Tinie Tempah gets the crowd rocking. **MICHAEL HOGAN**

ENTERTAINMENT

Strictly Come Dancing

6.15pm ***BBC One*** *Catch up: iPlayer*

The celebrities have been partnered with their professionals, and now things get serious. Well, serious-ish. This week no one leaves the competition – instead, the scores from judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke will be carried over to next weekend. That'll be the first time viewers get to vote, too.

For now, there's a gargantuan two and a half hours ahead tonight, where the 15 celebs will perform live for the first time. As for the ones to watch? Jaime Winstone said Taylor Swift once complimented her dancing, while – potentially at the other end of the spectrum – Shaun Wright-Phillips noted this will be the first time his family have seen him dance while sober. **FRANCES TAYLOR**
HEAD OF REVIEWS/PREVIEWS

GAME SHOW

Wisdom of the Crowd

8.45pm ***BBC One*** *Catch up: iPlayer*

There's a whiff of *The 1% Club* around this game show, where individuals take on the audience to solve a series of brainteasers hoping to win a £30,000 jackpot. It's no surprise, as *Wisdom of the Crowd* is sprung from the same creative team. Even having a cheeky chappy northern comedian as the host strengthens the comparisons, and may even be a deliberate way to entice fans of ITV's similarly cerebral format.

Frontman John Bishop admits he consulted his contemporary Lee Mack – who's made *The 1% Club* his own with his winning audience interaction – for presenting tips. Whatever advice Mack gave, Bishop is embracing his first solo stint as quiz show compere, and wisely making the contestants the stars. **JOHNATHON HUGHES**

DRAMA

Paris Police 1910

9.00pm, 9.55pm ***BBC Four***
Full series available on iPlayer

The first two episodes of this brooding French period drama introduced us to the notorious case of Marguerite Steinheil, a socialite found alive, bound and gagged in her home, with her husband and mother murdered nearby. Steinheil became an immediate suspect. This week's double bill, however, sees Detective Jouin continue to wrestle with the lack of proof connecting Steinheil to the killings.

More intriguing, though, is the intrusion of the press. In one scene, a paper engages in the 1900s version of phone hacking – intercepting Steinheil's letters. **STEPHEN KELLY**

DOCUMENTARY

Chilean Mine Rescue: Race against Time

9pm, 10pm, 11pm ***National Geographic*** *Catch up via Disney+*

NEW SERIES

The 2010 Chilean mining disaster is the kind of stirring tale that may just boost your faith in human ingenuity and grit. Here, it is spread over a three-part series that includes never-before-seen footage filmed on a camera phone by the trapped miners, as 33 of them waited in a chamber half a mile underground.

At the surface, meanwhile, successive rescue bids were tried and aborted as an encampment of families waited for news. Then at last, one plan came good. **DAVID BUTCHER**



SEVEN TO THE HEAVENS
All of America's Project Mercury astronauts

DOCUMENTARY

The Space Race in Colour

8.00pm, 9.00pm ***C4*** *Catch up via C4 streaming*

In September 1944, a new-fangled V-2 rocket left Nazi Germany, travelling four times faster than the speed of sound. It left the Earth's atmosphere too, before descending onto Staveley Road, Chiswick, killing several people. Nobody knew it, but the Space Race had begun. As the Cold War gathered momentum, the United States harvested both Nazi technology and personnel, notably V-2 designer Wernher von Braun. Meanwhile, the Soviet Union had their own genius rocketman: Sergei Korolev.

The first of this two-parter takes us from Chiswick to Laika, the ill-fated first dog in space, and first cosmonaut Yuri Gagarin. The Americans scrambled to emulate them, but East had seemingly beaten West. They hadn't: the second episode focuses on the seemingly bonkers US ambition to put a man on the Moon. More crucially, all things considered, bring him back. JOHN AIZLEWOOD

MUSIC

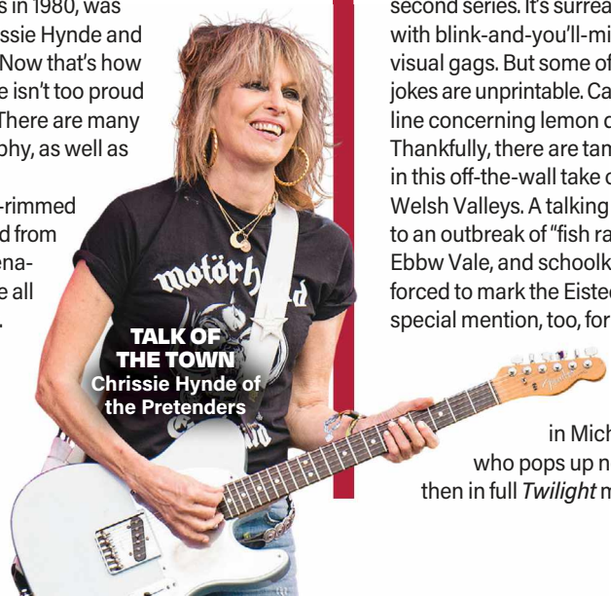
Chrissie Hynde and the Pretenders at the BBC

8.45pm ***BBC Two*** *Catch up via iPlayer*

Some band names are a puzzle. The Pretenders are neither charlatans nor imitators, but they *are* great – even when they don't quite nail it. *Private Life*, a first UK hit for Grace Jones in 1980, was written by the Pretenders' founder Chrissie Hynde and on hearing that version she admitted, "Now that's how it's supposed to sound!" But then Hynde isn't too proud to praise others. Or champion friends. There are many fruitful collaborations in their discography, as well as sparkling covers of others' songs.

Twenty-plus tracks take us from kohl-rimmed queen to elder stateswoman of rock, and from precision hits like *Brass in Pocket* to arena-fillers like *I'll Stand by You*. It's a thrill ride all the way from post-punk to pared-back.

Hynde, now 75, is also celebrated via a 2023 Glastonbury set (10pm) and a reflective 2017 profile (11.30pm) that also recalls the tragedy and trauma in her story. It all serves as a perfectly fitting hymn to her. **MARK BRAXTON**



TALK OF THE TOWN
Chrissie Hynde of the Pretenders

SITCOM

The Golden Cobra

from 10.00pm ***BBC Three***
Catch up via iPlayer

The crude fever-dream animation – set around a nightmarish curry takeaway in Wales – returns for a second series. It's surreal and stuffed with blink-and-you'll-miss-them visual gags. But some of the best jokes are unprintable. Case in point, a line concerning lemon drizzle icing. Thankfully, there are tamer delights in this off-the-wall take on the Welsh Valleys. A talking shark leads to an outbreak of "fish racism" in Ebbw Vale, and schoolkids are forced to mark the Eisteddfod. A special mention, too, for its running gag of shoe-horning in Michael Sheen, who pops up now and then in full *Twilight* make-up. **SK**



ALSO ON TODAY

The Celebrity Inner Circle

5.30pm ***BBC One***

Amanda Holden (above) hosts the quiz show; La Voix, Fred Sirieix and Angellica Bell are among the competitors.

Buckingham Palace: a Year in the Life

9.35pm ***5***

A winter instalment of the documentary focuses on the annual diplomatic reception and the selection of a suitable Christmas tree.

Saturday Night Live UK

10.00pm ***Sky One***

Comedian Amelia Dimoldenberg hosts the sketch show. Rachel Chinouriri provides the music.

LIVE SPORT

Football: Nations League

England v Spain
6.45pm (k/o 7.45pm) ***ITV1***

Action from Wembley as England begin their campaign against the world champions.

Tennis: Laver Cup

1pm ***Sky Sports Tennis/***
3.30pm ***Main Event***

Day two of the men's tournament. *Sport: page 28*

Formula One: Azerbaijan Grand Prix

10.30am (start 12 noon)
Sky Sports Main Event/F1

The 15th round of the season, from the Baku City Circuit.

SPORT HIGHLIGHTS

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FILM REVIEWS

PAGE 37

SATURDAY MAIN CHANNELS

DAYTIME

BBC One

6.00am Breakfast With Tina Daheley and Roger Johnson. (S) (HD)

10.00 Saturday Kitchen Live Matt Tebbutt is joined by chefs John Chantarasak and Anna Haugh, with special guests Vicky McClure and Jonny Owen. (S) (HD)

11.30 Mary at 90: a Lifetime of Cooking Dame Mary Berry meets up with Jamie Oliver to make dishes including mushroom-stuffed chicken. (R) (S) (AD) (HD)

12 noon Bargain Hunt Christina Trevanion hosts from Naseby Antiques Fair, Northamptonshire. (R) (S) (AD) (HD)

12.45pm Peter and Kasper Schmeichel: the Football Interview A conversation with the father-and-son former goalkeepers. (S) (HD)

1.00 BBC News Weather (S) (HD)

1.15 Homes under the Hammer Properties in Brighton, Canterbury and Ashton-under-Lyne. (R) (S) (HD)

1.45 LIVE International Football Slovenia v Scotland All the action from both teams' opening Nations League Group B1 match, held at Stozice Stadium in Ljubljana (kick-off **2.00**). (S) (HD) England v Spain is at 6.45pm on ITV1

4.10—5.10 Garden Rescue Transforming two gardens in Surrey and Staffordshire. (R) (S) (HD)

BBC Two

6.25am Piripenguins (R) (S) (AD) (HD) **6.35 Big Lizard** (R) (S) (AD) (HD)

6.45 The Weasy Family (R) (S) (HD) **6.50 Super Happy Magic Forest** (R) (S) (AD) (HD) **7.05 Grizzy and the Lemmings** (R) (S) (HD) **7.10 Duck and Frog** (R) (S) (AD) (HD) **7.20 Pokémon Horizons: Rising Hope** (R) (S) (AD) (HD) **7.40 Winx Club: the Magic Is Back** (R) (S) (AD) (HD) **8.05 The Next Step** (R) (S) (AD) (HD) **8.30 Newsround** (S) (HD) **8.35 Blue Peter** (R) (S) (HD)

9.05 Gardeners' World At Longmeadow, Monty Don protects tender plants and checks cuttings. Shown yesterday Signed repeat Thursday 8am (S) (HD)

10.05 This Wild Life A daring plan to track down elephants doesn't come to fruition. From 2015. (R) (S) (HD)

10.35 The Life and Death of Colonel Blimp ★★★★★ Classic period drama starring Roger Livesey and Deborah Kerr. On iPlayer for 60 days. **Review p37.** Directors Michael Powell and Emeric Pressburger (1943, U) (S) (HD)

1.15pm Marcus Wareing's Tales from a Kitchen Garden The chef heads to North Yorkshire to meet some rare-breed pigs. First shown in 2022. (R) (S) (HD)

1.45 Nadiya's Everyday Baking Afternoon tea ideas. From 2022. The whole series is on iPlayer. (R) (S) (AD) (HD)

2.15 Race against the Tide *6/6.* Iain Stirling presents the grand final. Shown last Tuesday (S) (AD) (HD)

2.45—4.30 Lover Come Back ★★★ Romantic comedy starring Rock Hudson and Doris Day. Two rival New York advertising executives battle for a lucrative new account. On iPlayer for 30 days. **Review page 37.** Director Delbert Mann (1961, PG) (S) (HD)

ITV1

6.00am FILM: The Living Daylights ★★★ Spy adventure starring Timothy Dalton and Maryam d'Abo. Director John Glen (1987, PG) (S) (AD) (HD)

8.25 Prue Leith's Cotswold Kitchen With Harry Aikines-Aryeetey. Signed repeat tomorrow 5.05am (S) (HD)

9.25 ITV News (S) (HD)

9.30 James Martin's Saturday Morning With former Spandau Ballet singer Tony Hadley. (S) (HD)

12 noon Gary Barlow's Food and Wine Tour: New Zealand *5/6.* Gary and Jason Manford visit a mussel farm in the Marlborough Sounds. Signed rpt 3.25am (S) (HD)

12.30pm James Martin's Islands to Highlands James is joined by Monica Galetti in Oxford. (R) (S) (AD) (HD)

1.00 ITV News Weather; Regional Weather (S) (HD)

1.15—4.15 LIVE Racing Coverage from Newmarket and Haydock Park. For details see right. (S) (HD)

Channel 4

6.15am Cheers Four episodes of the US sitcom. (R) (S) (HD)

8.05 Everybody Loves Raymond (R) (S) (AD) (HD)

9.35 Frasier Double bill of the comedy. (R) (S) (AD) (HD)

10.35 The Simpsons Three episodes. (R) (S) (AD)

12.05pm Four in a Bed Stays in Perth and Kinross, Ross-shire, Berwickshire, and Dumfries and Galloway, lead to a feisty payment day. (R) (S) (HD)

2.45—4.15 The Great British Bake Off *1/10.* New judge Nigella Lawson joins Paul Hollywood, Alison Hammond and Noel Fielding. Shown last Tuesday (S) (AD) (HD)

BBC One 1



Marble Hall Murders *9.35pm* Susan Ryeland (Lesley Manville) takes on a new kind of case

5.10pm BBC News Regional News; Weather (S) (HD)

5.30 The Celebrity Inner Circle

3/8 Series 2. La Voix, Fred Sirieix, Dr Ranj Singh, Rav Wilding and Angellica Bell take part in the quiz in which contestants and their celebrity partners must outsmart each other to win up to £6,000. Amanda Holden hosts. Director John Smith; Executive producers David Marshall and Nick Gunaydin Repeated Wednesday 12.05am (S) (HD)

6.15 Strictly Come Dancing

RT ***New series. Ep 1.*** Emma Willis, Johannes Radebe and Josh Widdicombe present the first live show of the year, beginning with a group number by the professional dancers. Judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke assess the routines of the 15 couples, with the scores they award carried over to next week, when viewers can vote for their favourites. Available with signing via the red button. *It Takes Two* is on weekdays 6.30pm BBC Two. **See p30.** Director Nikki Parsons; Executive producer Sarah James (S) (AD) (HD)

8.45 Wisdom of the Crowd

RT ***2/8.*** John Bishop hosts the quiz show in which players take on the audience to win a cash prize of up to £30,000. The theory behind the game suggests that the audience should win. But will anyone manage to beat the wisdom of the crowd? **See page 30.** Director Richard van't Riet; Executive producers Dean Nabarro, Andy Auerbach and Clare Barton Repeated Monday 12.10am (S) (HD)

9.35 Marble Hall Murders

RT ***New series. 1/6.*** Anthony Horowitz's adaptation of his sequel to mystery novels *Magpie Murders* and *Moonflower Murders*, starring Lesley Manville. Literary editor Susan Ryeland is back in England, where she is headhunted for a position at a leading publishing house. The grandson of author Miriam Crace has been commissioned to write a new Atticus Pünd detective story, and Susan is asked to mentor the troubled young man. The whole series joins the previous two series as a box set on iPlayer from today. **See page 30.**

Susan Ryeland	**Lesley Manville**	Edward Crace/Elmer Waysmith	**Mark Bonnar**
Atticus Pünd	**Tim McMullan**	Miriam Crace/Lady Margaret Chalfont	**Patricia Hodge**
Jonathan Crace/Jeffrey Chalfont	**Rupert Penry-Jones**	Katie Williams	**Claire Rushbrook**
Elaine Clover	**Amelia Bullmore**	Charles Clover	**Michael Maloney**
Roland Crace/Robert Waysmith	**Harry Lloyd**	Eliot Crace	**Jamie Blackley**

Dramatised by Anthony Horowitz; Producer Suzanne McAuley Director Rebecca Gatward (S) (AD) (HD)

See feature: page 18

10.25 BBC News Weather (S) (HD)

10.45 Legally Blonde ★★★★

Comedy. Valley girl Elle's life will be perfect with a marriage proposal from her boyfriend Warner before he goes to university. But Warner is worried that Elle's frivolity will damage his political ambitions. Determined to prove otherwise, Elle follows Warner to Harvard. On iPlayer for 30 days. **Film of the Day: p37.**

Elle Woods	**Reese Witherspoon**	Warner Huntington	**Matthew Davis**
Emmett Richmond	**Luke Wilson**	Professor Callahan	**Victor Garber**
Vivian Kensington	**Selma Blair**	Paulette	**Jennifer Coolidge**

Director Robert Luketic (2001, 12) (S) (AD) (HD)
Also showing Friday 10pm BBC Three
Legally Blonde 2: Red, White & Blonde tomorrow 10.30pm

12.15am Weather for the Week Ahead (S) (HD)
12.20—6.00am BBC News (S) (HD)

BBC Two 2



Chrissie Hynde Night *from 8.45pm* Talk of the town: celebrating the musician's stellar career

4.30pm Flog It!

Antiques brought in by members of the public at Sheffield's Cutlers' Hall include a rare set of lead toys and an unusual selection of ceramic dogs. (R) (S) (AD) (HD)

5.15 Rugby League

Second Play-Off Semi-Final

Tanya Arnold introduces live coverage of the Super League match between Wigan Warriors and the lowest-ranked winner from the Elimination Round, held at the Brick Community Stadium (kick-off **5.30**).

With analysis from Kevin Brown, and commentary by Matt Newsum and Robbie Hunter-Paul.
Director Michael Burke; Editor John Harrison (S) (HD)

7.45 Wilderness with Simon Reeve

1/4 Series 2. The adventurer heads to Papua New Guinea, where he ventures deep into its remote tropical rainforests, acknowledged as one of the most biologically diverse regions on Earth. More tomorrow at 9pm. A box set is available on iPlayer. Shown last Sunday Signed repeat Monday 8am (S) (AD) (HD)

8.45 Chrissie Hynde and the Pretenders at the BBC

RT The first in a night of programmes celebrating USA-born singer/songwriter Chrissie Hynde's career, following her 75th birthday earlier this month, showcases some of her finest performances from the BBC archives. These range from Pretenders hits including *Brass in Pocket*, *Don't Get Me Wrong* and *I'll Stand by You* to collaborations with Rufus Wainwright, Neneh Cherry and Cher, and UB40. **See page 31.** Producer Karn Christensen; Series producer Simon Goretzki (S) (HD)

10.00 The Pretenders: Glastonbury 2023

Another chance to see the band's set on the Other Stage, featuring performances of *Don't Get Me Wrong*, *Cuban Slide* and *Back on the Chain Gang*. (R) (S) (HD)

11.30 Alone with Chrissie Hynde

A 2017 *Arena* portrait of self-confessed rock chick Chrissie Hynde, which follows the "lone, hungry, irritable wolf" shopping for clothes in Paris, appearing on comedian Sandra Bernhard's radio show in New York, spending time at home in London and making a special trip back to her home town of Akron, Ohio. Hynde also performs live at a London venue.
Director Nicola Roberts; Editor Alex Jones (R) (S) (HD)

12.35am Nostalgia ★★★★ Drama starring Pierfrancesco Favino. After 40 years away, entrepreneur Felice returns to his home town of Naples, where his past begins to eat away at him. Italian +subtitles. On iPlayer for 30 days. **Review p37.**

Felice	**Pierfrancesco Favino**	Teresa	**Aurora Quattrocchi**
Don Luigi	**Francesco Di Leva**	Arlette	**Sofia Essaïdi**
Oreste	**Tommaso Ragno**		

Director Mario Martone (2022, 12) (HD)

2.25—3.30am Colin from Accounts *5/8.* When Ashley meets Gordon to drop Colin off, they're unsure where they stand with each other. Shown last Monday (S) (SL) (AD) (HD)
3.00 *6/8.* Ashley feels hopeful when Gordon invites her on a weekend road trip. Shown last Tuesday (S) (SL) (AD) (HD)

BBC Online **BBC RED BUTTON 1.20—4.00pm Women's Super League Football** Coverage of Charlton Athletic v Manchester City (kick-off **1.30**)
BBC iPLAYER 2.00—7.30 Cycling Live coverage of the World Road Championships women's road race in Quebec, Canada
BBC iPLAYER 2.45—5.15 Women's Rugby Union England v New Zealand in the WXV Global Series (kick-off **3.00**)

ITV1 3



Nations League Football *6.45pm*
Bukayo Saka faces world champions Spain

1.15pm Racing
Coverage from Newmarket, including the **2.25** Cheveley Park Stakes, the **3.00** Middle Park Stakes and the **3.40** Cambridgeshire Handicap, plus action from Haydock Park.
Director Adam Maynard; Editor Paul Cooper (S) (HD)

4.15 Tipping Point: Lucky Stars
Ben Shephard hosts as Tony Blackburn, Tim Vine and Megan McKenna answer questions and aim to win big for charity. From 2023.
Director Richard van't Riet; Executive producers Sara Doyle, Kate Lownds and Hugh Rycroft (R) (S) (HD)

5.15 The Chase Celebrity Special
Jayde Adams, Tony Cottee, Naughty Boy and the Vivienne attempt to defeat one of the six Chasers and bank the jackpot for their chosen charities. Bradley Walsh presents. From 2023.
Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (R) (S) (HD)

6.15 ITV News
Weather; Regional News and Weather (S) (HD)

6.45 Nations League Football
England v Spain
Mark Pougatch introduces live coverage of both teams' opening Group A3 match from Wembley Stadium (kick-off **7.45**).

Featuring expert analysis by Ian Wright, Roy Keane and Juan Mata, with commentary from Sam Matterface and Lee Dixon, and interviews with Gabriel Clarke.
Director Paul McNamara; Editor Stuart Smith (S) (HD)
Denmark v Wales tomorrow 4.45pm BBC One

10.05 Romesh Ranganathan's Parents' Evening
Adrian Dunbar, Jo Brand and Layton Williams go head to head alongside their relatives.
Director Barbara Wiltshire
Series producer Tom Corrigan (R) (S) (HD)

11.00 ITV News
Weather; Regional Weather (S) (HD)

11.20 Red 2 ★★★
Action comedy sequel. The team of elderly secret agents is forced back into action to track down a nuclear device left over from the Cold War that still poses a threat to world peace. Unfortunately, the one person who can help them has spent the last 32 years in an asylum. **Review page 87.**

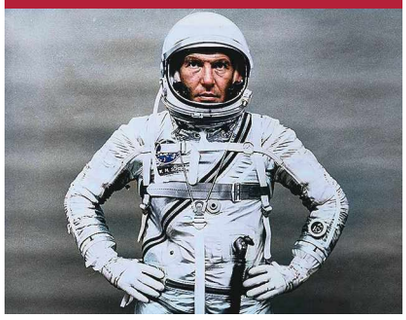
Frank Moses	**Bruce Willis**	Katja	**Catherine Zeta-Jones**
Marvin Boggs	**John Malkovich**	Han Cho Bai	**Lee Byung-hun**
Edward Bailey	**Anthony Hopkins**	Ivan	**Brian Cox**
Victoria	**Helen Mirren**	Jack Horton	**Neal McDonough**
Sarah Ross	**Mary-Louise Parker**	Davis	**Garrick Hagon**

Director Dean Parisot (2013, 12) (S) (HD)
Also showing Thursday 10.45pm

1.25am Home Shopping (HD)
3.00 Dermot's Taste of Ireland Dermot O'Leary visits the Walled City brewery. (R) (S) (SL) (HD)
3.25 Gary Barlow's Food and Wine Tour: New Zealand *5/6.* Gary and Jason Manford board a ferry for the Cook Strait crossing. Shown 12 noon (S) (SL) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am The Joy of Pets *4/5.* Gaby Roslin and Bolu Eso head to Birmingham. (R) (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



The Space Race in Colour *8.00pm*
Pioneering Nasa astronaut Wally Schirra Jr

4.15pm The Great British Bake Off: Second Helpings
1/10. Jon Richardson and Judi Love chew over the main show with a celebrity guest.
Shown last Tuesday (S) (AD) (HD)

5.00 Channel 4 News Sport; Weather (S) (HD)

5.30 Formula One: Azerbaijan Grand Prix Highlights
Steve Jones presents action from the 15th round of the season from Baku City Circuit. This was the ninth edition of this event since its inaugural race in 2017. With analysis from Alice Powell and Billy Monger. (S) (HD)

8.00 The Space Race in Colour
RT *1/2.* A colourised look at space exploration during the 1950s and 60s, led by the rival superpowers of the US and the USSR. The first episode explores the origins of the space race with the fearsome V2 German rocket from the Second World War. Its creator Wernher von Braun gave his secrets to the Americans and became a key part of Nasa's space programmes. (S) (AD) (HD)
9.00 *2/2.* Examining how the space dreamers defied the odds. On 25 May 1961, President John F Kennedy committed the US to putting a man on the Moon by the end of the decade, giving Nasa a major challenge to rise to. Colour footage reveals the triumphs and tragedies of those years. **See page 31.**
Series producer Jonathan Mayo
Executive producers Tom Adams and Kate Beal (S) (AD) (HD)

10.00 Kingsman: the Secret Service
★★★★ Spy adventure starring Colin Firth. A tearaway street kid is recruited to join a shadowy secret organisation. But even before he's earned his stripes, he's pitched into a battle to save the planet from domination by a criminal mastermind. **Review page 37.**

Harry Hart/Galahad	**Colin Firth**	James Arnold	**Mark Hamill**
Valentine	**Samuel L Jackson**	Merlin	**Mark Strong**
Gary "Eggsy" Unwin	**Taron Egerton**	Gazelle	**Sofia Boutella**
Arthur	**Michael Caine**	Michelle	**Samantha Womack**
Lancelot	**Jack Davenport**	Roxy	**Sophie Cookson**

Director Matthew Vaughn (2015, 15) (S) (AD) (HD)
Also showing tomorrow 10pm 4seven

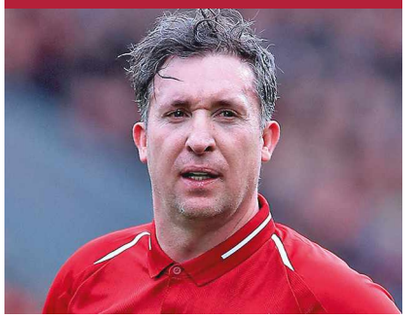
12.20am Withnail & I ★★★★ Cult black comedy. It is 1969 and two out-of-work actors share a cold and cluttered, run-down north London flat. With no money and in poor physical and mental shape, they visit Withnail's wealthy, eccentric uncle who gives them the keys to his country cottage for what turns out to be an eventful weekend. Available to stream for 60 days. **Review page 37.**

Withnail	**Richard E Grant**	Jake	**Michael Elphick**
...and I	**Paul McGann**	Irishman	**Daragh O'Malley**
Monty	**Richard Griffiths**	Isaac Parkin	**Michael Wardle**
Danny	**Ralph Brown**	Mrs Parkin	**Una Brandon-Jones**

Director Bruce Robinson (1986, 15) (S) (AD) (HD)
2.10 Ramsay's Kitchen Nightmares USA A restaurant owned by an award-winning chef. (R) (S) (SL) (HD)
3.00 Couples Come Dine with Me Three couples compete to be the best hosts in Oxfordshire. (R) (S) (HD)
3.55 Location, Location, Location Kirstie and Phil search for property in south London. (R) (S) (SL) (HD)
4.50—6.05am The Simpsons Triple bill. (R) (S) (AD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



Live Football: Game4Hope *4.00pm*
Robbie Fowler aims to score for charity

5.25am Milkshake! See page 36
9.00 Entertainment News (S) (HD)

9.05 All Creatures Great and Small ★★★
Drama based on James Herriot's vet stories, starring Simon Ward and Anthony Hopkins. In the 1930s, James Herriot arrives in the Yorkshire Dales from London, to start work as an assistant to the local vet, Siegfried Farnon.
Director Claude Whatham (1974, PG) (S) (HD)
11.00 Inside Windsor Castle: a Royal Residence How Queen Elizabeth II made the castle the perfect family retreat. Rptd 3.40am (R) (S) (HD)
12 noon Recollections of Windsor during the pandemic. Repeated 4.30am (R) (S) (HD)
1.00pm The Royals Uncensored Debate, insider analysis and insights on the royal family. (S) (HD)
2.00 Ben Fogle: New Lives in the Wild Ben returns to Slab City, California. (R) (S) (HD)
3.00 In Uruguay, Ben visits a British-born actor who quit her career to live in a remote valley. (R) (S) (HD)

4.00pm Live Football: Game4Hope
Everton/Liverpool XI v World XI
RT Action from the football match featuring an array of veterans and celebrities, in aid of the charities Everton in the Community and Shelter, held at Hill Dickinson Stadium (kick-off **4.45**). **See page 30.** (S) (HD)
7.00 5 News (S) (HD)

7.05 Royal Servants: in Their Own Words
Stories from the royal household's staff, with a cook revealing the Queen's favourite treat.
Director/Producer Andre Holzinger (R) (S) (HD)

8.35 Fergie and the Fake Sheikh Scandal
The story of a 2010 *News of the World* sting operation, when Sarah Ferguson asked for £500,000 for access to her ex-husband.
Series producer Simon Harries
Executive producer Nicola Lloyd (R) (S) (HD)

9.35 Buckingham Palace: a Year in the Life
2/4. As a cold winter descends on London, staff face dilemmas ranging from creating seasonal menus and designing the Royal Christmas card. There's also a dive into the Palace's remarkable wine cellar.
Series producers Rachel Ozers and Katie McDougall
Executive producer Dan Kendall (S) (AD) (HD)

11.05 When Classic Comedy Goes Horribly Wrong
A compilation of on-air disasters, featuring stars such as Peter Kay and Russell Howard.
Executive producers Elaine Hackett, Simon Withington and Jason Wells (R) (S) (HD)

1.00am Home Shopping (R) (S) (HD)
2.00 Angela Rippon's River Cruises Angela concludes her journey along the Danube. (R) (S) (HD)
2.50 Amazing Railway Adventures with Nick Knowles Exploring Slovenia and Croatia. (R) (S) (HD)
3.40 Inside Windsor Castle: a Royal Residence Shown 11am/12 noon (S) (HD)
5.15—5.30am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC SCOTLAND
7.00pm Reporting Scotland
7.15 The Repair Shop on the Road: an aeroplane-shaped bench in Swindon
8.00 Highland Cops: detectives examine a crime scene on South Uist
9.00 The All Star Euros Sketch Show: comedy with Jonathan Watson
9.30 Away with the Tartan Army: Scotland's Best Moments: the highs and lows of following the Scotland football team
10.30 Icons of Football: following goalkeeper Craig Gordon in his attempts to reach the World Cup
11.45—12 midnight Growing Up Scottish: comedians and entertainers reflect on books and reading

BBC ONE WALES
1.45pm Nigel Slater's Simple Cooking: the food writer makes a savoury pie with a puff pastry crust
2.00 The Travelling Auctioneers: a widow sells her jewellery and other items to fund a family holiday **2.30—5.20** Scrum V Live: Wales v USA (kick-off 3.00)

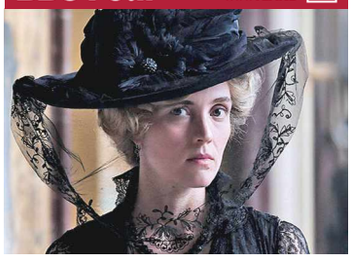
BBC TWO WALES
1.45pm Live International Football: Slovenia v Scotland (kick-off 2.00)
4.15—4.30 Planet Earth: a Lion's Tale: a lion cub and its mother struggle to find food in Kenya's Masai Mara

BBC FOUR and Freeview channels listings overleaf ▶

SATURDAY FREEVIEW CHANNELS

BBC Four

24 IN SCOTLAND 9



Paris Police 1910 *9.00pm/9.55pm*
Meg is warned of a thief in her house

7.00pm Simon King's Shetland Adventure
2/3. Simon and his family continue their sojourn in Shetland, where the arrival of spring brings an influx of wildlife from all over the world. Simon takes advantage of the milder conditions to go for a dive in the sea, during which he discovers starfish, a type of coral called dead man's fingers, and moon jellyfish. From 2010.
Director Alison Pinkney; Producer Amanda Reilly
Repeated 1.25am (S) (AD)

8.00 Attenborough's Big Birds
Ostriches in Africa, rheas in South America, emus and cassowaries in Australia and kiwis in New Zealand — in this *Natural World* film from 2015, Sir David Attenborough examines a fascinating range of large flightless birds. He also reveals how these feathered curiosities once nearly ruled the land.
Producer Mike Birkhead
Series editor Roger Webb (S) (AD) (HD)

9.00 *New.* Paris Police 1910
RT ***3/6.*** As Jouin quietly continues his investigation into Julien Fiersi, Labruyere teaches Hutin some golden rules about journalism, and Meg Steinheil is warned about a thief in her household. (HD)
9.55 *New. 4/6.* Jouin and Cochefert suspect Joseph Fiersi after the death of Irma Barbet and are concerned that he will kill again. French +subtitles. The whole series is on iPlayer. **See page 31.**

Prof Alphonse Bertillon	Christian Hecq
Marcel Hutin	Joaquim Fossi
Louise Lepine	Mathilde Weil
Marguerite Steinheil	Evelyne Brochu
Antoine Jouin	Jérémie Laheurte
Monsieur Labruyere	Micha Lescot
Commissaire Cochefert	Alexandre Trocki
Louis Lepine	Marc Barbé
Joseph Fiersi	Thibaut Evrard
Jeanne Chauvin	Eugénie Derouand

Writers Fabien Nury and Xavier Dorison
Director Julien Despaux (HD)

10.50 Scrublands: Silver
3/4 *Series 2.* Mandy is arrested after a witness claims to have seen her dispose of the murder weapon. (S) (AD) (HD)
11.35 *4/4.* The news is dominated by the mass poisoning at Hummingbird Beach, and with Mandy still unconscious, Martin follows a lead in a bid to prove Mandy's innocence. A box set is on iPlayer.

Martin Scarsden	Luke Arnold
Mandy Bond	Bella Heathcote
Scotty Waaliti	Luke Carroll
Denise Speight	Debra Lawrance
Vern Jones	David Roberts
Jasper Speight	Hamish Michael
Jennifer "Jay Jay" Hayes	Caroline Brazier
Josie Jones	Tasma Walton

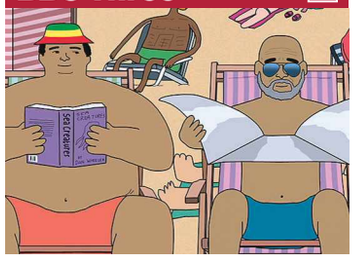
Writers Felicity Packard, Chris Hammer and Jock Serong; Director Ben Young (S) (AD) (HD)

12.25am To the Manor Born ***2/6*** *Series 2.* Audrey receives a visitor. From 1980 Shown last Tue (S)
12.55 Keeping Up Appearances ***7/7*** *Series 4* Richard demonstrates his electrical skills. First shown in 1993 Shown last Tuesday (S)
1.25 Simon King's Shetland Adventure Shown 7pm (S) (AD)
2.25—3.25am The Riviera: a History in Pictures ***1/2.*** Artists who lived and painted on France's Côte d'Azur. From 2013 Shown last Sun (S) (SL) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three

23



The Golden Cobra *10.00pm*
Jub and Basil reopen for business

7.00pm Doctor Who
Twice upon a Time. The 2017 Christmas special. A box set is on iPlayer. (S) (AD) (HD)

8.00 Miranda
1/6 *Series 1.* Miranda bumps into her old friend Gary, who works as a chef. (S) (AD) (HD)
8.30 *2/6.* The singleton learns French. From 2009. A box set is on iPlayer. (S) (AD) (HD)

9.00 Extras
1/6 *Series 1.* Film extra Andy tries to get himself noticed in a drama. Ricky Gervais stars, with guest Ben Stiller. (S) (AD) (HD)
9.30 *2/6.* Maggie tires of Andy's whingeing. Guest-starring Ross Kemp. First shown in 2005. A box set is on iPlayer. (S) (AD) (HD)

10.00 *New series.* The Golden Cobra
RT ***1/12*** *Series 2.* Animated comedy set in a curry house in Ebbw Vale. (S) (AD) (HD)
10.20 *New. 2/12.* Nick has a visitor. (S) (AD) (HD)
10.35 *New. 3/12.* The restaurant receives a bad online review. (S) (AD) (HD)
10.50 *New. 4/12.* Rick slips over. (S) (AD) (HD)
11.05 *New. 5/12.* Connor is stung by a wasp's nest planted in his locker. (S) (AD) (HD)
11.20 *New. 6/12.* Jub meets the woman of his dreams. The whole series joins series 1 on iPlayer from today. **See p31.** (S) (AD) (HD)

11.35 *New.* Ghosts US
20/22 *Series 5.* A Hollywood producer scouts Woodstone for filming. (S) (HD)
11.55 *New. 21/22.* Woodstone's future is in jeopardy. A box set is on iPlayer. (S) (HD)
12.15am *New.* Ghosts US (S) (HD) **12.40** Schitt's Creek (S) (HD) **3.10** Paranormal: the Girl, the Ghost and the Gravestone (S) (AD) (HD) **3.40—3.55am** Rocket Fuel (S) (HD)

BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2

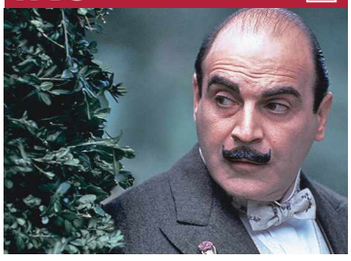
6

6.00am Dinner Date (S) (SL) (AD) (HD) **7.00** Peter Andre's 60-Minute Makeover (S) (HD)
10.05 In for a Penny (S) (AD) (HD) **10.35** Deal or No Deal (S) (AD) (HD) **1.30pm** The Box (S) (AD) (HD) **2.30** Celebrity Catchphrase (S) (AD) (HD)
3.35 FILM Madagascar ★★★ Animated comedy featuring the voice of Ben Stiller. A zebra called Marty tries to escape his comfortable existence at the Central Park Zoo and return to the wild (S) (AD) (HD)
5.20pm FILM Harry Potter and the Prisoner of Azkaban ★★★★ Fantasy adventure starring Daniel Radcliffe. With dangerous criminal Sirius Black on the run from Azkaban, Harry Potter begins his third year at Hogwarts surrounded by heightened security. **Review page 37.** (S) (AD) (HD)
8.00 FILM Harry Potter and the Goblet of Fire ★★★★ The fourth instalment of JK Rowling's fantasy adventure franchise, starring Daniel Radcliffe. It's Harry Potter's fourth year at Hogwarts and he's forced to risk his life after being mysteriously entered into the Triwizard Tournament. (S) (AD) (HD)
11.05 Family Guy *Series 14.* Brian falls for a tech support girl in India and sets out to find her, with Stewie in tow. (S) (AD) (HD)
11.35 Peter infuriates Lois by turning the attic into a man cave, while Brian builds a device to help Stewie conquer his nightmares. (S) (AD) (HD)
12.05am American Dad! (S) (AD) (HD) **1.05** Plebs (S) (SL) (AD) (HD) **1.35** Next Level Chef USA (S) (SL) (HD) **2.30—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3

10



Agatha Christie's Poirot *12.05pm*
The sleuth re-investigates a murder

6.00am George & Mildred (S) **6.30** Inspector Morse: *Series 1. The Silent World of Nicholas Quinn.* A deaf academic is murdered (S) (SL) (AD) (HD); **8.45** *Service of All the Dead.* A church becomes the scene of a murder (S) (AD) (HD)
11.00 Wycliffe: *Old Habits.* Wycliffe and his team reopen 11-year-old case files (S) (HD)

12.05pm Agatha Christie's Poirot
Five Little Pigs. A woman asks Poirot to investigate her father's murder — a 14-year-old crime for which her mother was found guilty and executed. (S) (AD) (HD)

2.05 Midsomer Murders
Series 5. **Murder on St Malley's Day**
Is the murder of a pupil at a local school linked to an elite club that's dedicated to dining on suet puddings? (S) (AD)
4.05 *Series 6.* **A Talent for Life.** In Malham Bridge, Barnaby and Troy interview a feisty pensioner accused of assault by a fellow fly-fisher. Then two bodies are discovered in the river. (S) (AD)
6.05 Painted in Blood. After a member of an art class that Joyce Barnaby belongs to is found dead, investigations illustrate a hotbed of skulduggery. (S) (AD)
8.05 A Tale of Two Hamlets. The sudden demise of a young film star exposes bitter rural rivalries between two villages and the sinister legacy of a local author. (S) (AD)

10.05 Vera
4/4 *Series 9.* **The Seagull.** DCI Stanhope must find the connection between a present-day murder and a skeleton discovered beneath the burnt-out site of a nightclub in Whitley Bay. (S) (AD) (HD)

11.55 Inspector Morse
Series 6. **Dead on Time.** The detective is haunted by the past when he investigates the apparent suicide of a terminally ill Oxford don and discovers an unexpected personal connection with the family. (S) (AD) (HD)
2.05—2.30am Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117
+1 Freeview 58 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Derby through the Years (S) (HD) **6.20** The Protectors (S) **6.50** The Big Match Revisited (S) (HD) **9.30 *New.*** Racing: the Opening Show (S) (HD) **10.30** The Protectors (S) **11.00** Ice Road Truckers (S) (HD)
12 noon The Motorbike Show (S) (HD) **2.05pm** Hornblower (S) (AD) (HD) **4.20** Sharpe (S) (HD)
6.30pm FILM The Professionals ★★★★ Western starring Burt Lancaster, Lee Marvin and Robert Ryan. Four soldiers of fortune are hired to rescue the wife of a cattle baron, who is being held by a ruthless Mexican revolutionary. But, after a gruelling ride across frontier country, the mercenaries discover their mission is not all that it seems.
9.00 *New.* EFL Highlights Featuring Cambridge Utd v AFC Wimbledon, Mansfield Town v Leyton Orient and Stockport County v Peterborough United in League One. (S) (HD)
10.00 FILM Rocky II ★★★ Boxing drama starring Sylvester Stallone. With no job and no future, Rocky Balboa's only chance is to bow to Apollo Creed's taunts and re-enter the ring. (S) (AD) (HD) *Rocky III* Tuesday 9pm
12.25am *New.* All Elite Wrestling: Dynamite: hard-hitting action (S) (HD) **2.25** Two and a Half Men (S) (HD) **2.50—3.00am** Unwind (S) (HD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118
+1 Freeview 59 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama

20



Wallander *9.00pm* Kurt's detective skills are exercised on a trip to Latvia

7.15am Birds of a Feather: ***6/13*** *Series 3.* Dorien ends up in hospital (S); **7.50 *7/13.*** Tracey uncovers a secret (S); **8.25 *8/13.*** Dorien bumps into Chris (S); **9.05 *9/13.*** Tracey tries to help an ex-con (S) **9.45** All Creatures Great and Small: ***1/13*** *Series 1. Horse Sense.* James Herriot looks for work as a vet in the Yorkshire Dales (S); **10.45 *2/13.*** *Dog Days.* James finds that while a vet's life may not be enviable, a dog's might be (S); **11.45 *3/13.*** *It Takes All Kinds.* Siegfried decides to bring to some discipline to the practice (S)
1.00pm Father Brown: ***3/10*** *Series 7. The Whistle in the Dark.* Poor weather plagues Bunty and Mrs McCarthy's picnic (S) (AD) (HD) **2.00** Pie in the Sky: ***5/10*** *Series 1.* Crabbe probes a snail-importing company Rptd 2.20am (S); **3.00 *6/10*** Crabbe investigates a killing in Wychwold (S); **4.00 *7/10.*** Crabbe finds himself in demand (S)
5.00 The Chelsea Detective: ***3/8*** *Series 4. The 13th Earl: 1/2.* Gangster Trent Wilsher is killed and suspect Rory, the Earl of Davenstock, disappears (S) (AD) (HD); **6.00pm *4/8.*** *The 13th Earl: 2/2.* Max tries to find the missing man before Trent's brother takes revenge (S) (AD) (HD)

7.00pm The Brokenwood Mysteries
4/4 *Series 2.* **Blood Pink.** Mike's favourite musician is found electrocuted in what appears to be a drunken accident. (S) (AD) (HD)

9.00 Wallander
2/3 *Series 3.* **The Dogs of Riga.** When a raft carrying the corpses of two East Europeans washes ashore in Ystad, Wallander heads to Latvia on the hunt for the killers. (S) (AD) (HD)

11.00 Blackshore
6/6 *Series 1.* Fia struggles to find the evidence she needs to bring the case to a close, but a final twist brings her investigation closer to home. (S) (HD)
12.10am Inspector Alleyn Mysteries: ***5/6*** *Series 1.* Barrister Luke Watchman dies of cyanide poisoning during his annual holiday at an inn (S) **2.20** Pie in the Sky Shown 2pm (S)
3.10—4.00am Copper: ***6/10*** *Series 1.* Corcoran and O'Brien weigh the evidence as they to solve a peculiar double murder (S) (SL) (HD)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 **+1** Freeview 60 Freely 260 Sky 243 Virgin 316

U&Dave

19

7.10am Pointless **8.00 *New.*** East Harbour Heroes: double bill **10.00** Would I Lie to You?
3.20pm Wagging Rights (AD) **4.20** Would I Lie to You?: four back-to-back editions
7.00pm Ghosts ***4/6*** *Series 1.* Cash-strapped Mike and Alison are thrilled when a TV company asks to film a period drama in their house. (AD)
7.40 *5/6.* Mike and Alison try to charm their neighbours by inviting them for dinner. (AD)
8.20 *6/6.* The prospect of Alison leaving causes trouble between the ghosts. (AD)
9.00 Not Going Out ***9/10*** *Series 10.* Lucy's wallet and mobile phone are stolen.
9.55 *10/10.* A round of New Year's resolutions at Lee and Lucy's party degenerates from friendly suggestions to insulting observations.
10.55 Would I Lie to You? Josh Widdicombe, Gemma Cairney, Raj Bisram and Sophie Hermann take part. Rob Brydon hosts.
11.35 With Bob Mortimer, Samantha Morton, Miles Jupp and Sarah Hadland.
12.15am With Claudia Winkleman, the Rev Kate Bottley, Sara Barron and Ed Gamble.
12.55 Have I Got a Bit More News for You: hosted by Charlie Brooker **1.55** Live at the Apollo **2.55** I'll Get This **3.30—4.00am** Judge Romesh

U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

WHAT DO YOU THINK about Radio Times?  Take our survey on the magazine's contents

More4 18



24 Hours in A&E *10.00pm* Harriet is examined after a cycling accident

8.55am Four in a Bed **11.35** A Place in the Sun **3.40pm** Come Dine with Me
6.20pm Four in a Bed The contest begins at Abbey House in Penrith, Cumbria, where the guests are impressed with the rooms. However, there is grumbling over breakfast.
6.55 The owners stay at Compton House in Newark, Nottinghamshire, which is run by Lisa Holloway — who prides herself on providing a home away from home.
7.25 As the contest moves to Ripon in Yorkshire, two guests get locked in their room.
7.55 Sam and Ian find something beneath their bed at the Old Farmhouse in Cheshire.
8.25 Tears are shed on payment day as the guests gather to find out who has won.
9.00 24 Hours in A&E A carpenter is rushed to St George's after partially severing his hand with a power saw, while a farmer is kept under observation after puncturing his lung in a quad-bike accident. (AD)
10.00 Harriet, 13, is rushed in after being knocked off her bicycle at a pedestrian crossing, while Adam, 12, has sustained a deep wound in his groin after falling from a tree and impaling his leg. (AD)
11.05 999: on the Front Line When a car collides with two children walking home from school, two ambulances, a doctor and a critical care paramedic are sent to the scene.
12.05am 999: on the Front Line **1.10** 24 Hours in A&E (AD) **3.20—3.45am** Food Unwrapped's Caribbean Adventure (AD)

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Lego Masters Australia (SL) (AD) **7.10** Rude(ish) Tube Shorts **7.25** Made in Chelsea **8.25** Don't Tell the Bride **9.25 FILM** Bee Movie ★★★★ Animated comedy featuring the voices of Jerry Seinfeld and Renée Zellweger (AD) **11.15** Ramsay's Hotel Hell (AD)
2.15pm The Simpsons: eight episodes (AD)
6.15pm The Simpsons *Series 23.* Bart discovers a passion for American history. (AD)
6.45 Homer gets a new assistant. (AD)
7.15 FILM Daddy's Home ★★ Comedy starring Mark Wahlberg and Will Ferrell. A hapless stepfather struggles to retain the respect of his kids when their much cooler biological dad turns up. (AD)
9.00 Celebrity Gogglebox Shows including *Big Brother: Best Shows Ever*, *Us* and *First Dates* are appraised. From June 2020. (AD)
10.00 Gogglebox Views on *Gladiators* and *Wheel of Fortune*. From May 2024. (AD)
11.05 *Celebrity Race across the World*, *90 Day Fiancé* and *Police Interceptors* are appraised. From September 2024. (SL) (AD)
12.05am First Dates (AD) **1.10** Vanderpump Rules: three editions **3.50** Ramsay's Hotel Hell (AD) **4.35—6.00am** Don't Tell the Bride

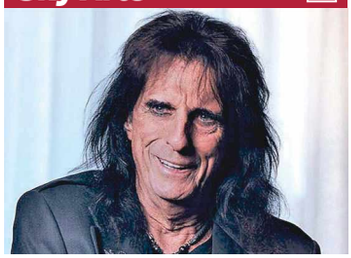
E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Celebrity Fantasy Homes **7.00** Home Shopping **8.00** Salvage Hunters: double bill **10.00** Celebrity Yorkshire Auction House: two editions (AD) **12 noon** The Repair Shop **9.00pm** Destination Fear: the team visits a vacant school **10.00** Ghost Brothers: apparitions and hostile activity at Poasttown Elementary School **11.00** Help! My House Is Haunted **2.00am** Home Shopping **4.00—6.00am** Salvage Hunters

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



The Yardbirds *9.00pm* Alice Cooper shares his memories of the band

6.00am Peter and the Wolf **7.30** Battle of the Bagpipes (AD) **8.30** Tales of the Unexpected (AD) **11.00** The Alfred Hitchcock Hour (BW)
1.00pm Grand Ole Opry: Opry Live **2.00** Discovering: Robert De Niro (AD) **3.00** Ian Fleming and the Curse of Bond: a look at the enduring appeal of 007 **4.45** Discovering: Jane Fonda: movie experts look back at the life and career of the American actor
5.45pm Discovering: Gary Oldman The life and career of the actor, which includes an Academy Award-winning performance as Winston Churchill in *Darkest Hour*.
6.45 How the Beatles Changed the World Through exclusive interviews and a wealth of rarely seen footage, this film reveals the previously untold version of how four young men from Liverpool transformed the world.
9.00 The Yardbirds A history of the rock band, which was the launching pad for guitarists Eric Clapton, Jeff Beck and Jimmy Page. With contributions by Ronnie Wood, Brian May and Alice Cooper.
10.45 Phil Lynott: Songs for While I'm Away The life and music of the Thin Lizzy frontman, telling the story of how a young, working-class black boy from 1950s Dublin became one of Ireland's greatest rock stars.
1.15am Jimi Hendrix at Woodstock: highlights from the guitarist's set at the 1969 festival **2.30** Led Zeppelin: in the Light: the band's final years **3.50** The Rolling Stones: Live at the Marquee **4.45—6.00am** Classic Albums

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am A Place in the Sun **11.35** Come Dine with Me (AD) **2.00pm** Couples Come Dine with Me **3.00** George Clarke's Amazing Spaces: First Home (AD) **4.00** A Place in the Sun
6.00pm A Place in the Sun Lauren and Jason seek a holiday home in Tuscany, Italy. **7.00** Craig Rowe is house-hunting on the Greek island of Corfu with Alison and Tony, who have £70,000 to spend on a bolthole.
8.00 Location, Location, Location *Ep 1* Kirstie Allsopp and Phil Spencer help house-hunters in east London. Shown last Wednesday C4
9.00 Grand Designs Architect Peter and TV producer Emily set out to create twin "cloud houses" in London, but financial issues and delays threaten the plan. (AD)
10.00 Taskmaster *4/10.* Greg Davies yells about a work of art, and Chloe Petts sticks googly eyes to a body part. Shown last Thu C4 (AD)
11.00 FILM American Pie ★★★★ Comedy starring Jason Biggs. Four teenage boys pledge to lose their virginity before their high-school prom, but their efforts have hilarious and outrageous consequences. (AD)
12.50am Gogglebox (AD) **1.50** Celebrity Gogglebox (AD) **2.50** 999: What Happened Next (AD) **3.55—5.00am** 24 Hours in A&E (AD)

4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Lingo **2.00** Tenable **3.00** The Floor (AD) **4.00** Riddiculous **5.00** Deal or No Deal (AD) **6.00** Lingo **8.00** Deal or No Deal: Celebrity Special (AD) **9.00** The Chase Celebrity Special **10.00** Tipping Point
12.55am Tenable: a team called the NFL Raisers takes part **1.50** Riddiculous **2.35—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Dream Car Fixers *9.00pm* Client Howard with his classic Lancia Beta

6.10am Secrets of the London Underground: double bill (AD) **8.00** Aussie Road Train Truckers **11.00** Train Rescue Down Under (AD)
12 noon Flipping Bangers: double bill **2.00pm** Canal Boat Diaries: three editions (AD) **5.00** Frozen Planet II: double bill (AD)
7.00pm Bangers and Cash: Restoring Classics The team, including Andy Joynson, buy the right kind of Land Rover, but it's got the wrong engine. Can they clean up its emissions with a modern motor? (AD)
8.00 Bangers and Cash Derek heads off to Oswestry to collect some family heirlooms, including a 1927 Sunbeam and a 1957 Isis. (AD)
9.00 Dream Car Fixers Sheldon and Will try to turn a Lancia Beta into a dream car for client Howard. But have they taken on too much? (AD)
10.00 Bangers and Cash Paul and Charlie have the rare chance to pick up a trio of iconic Austin Healeys in varying conditions. (AD)
11.00 Derek collects a huge haul including two Bentleys, a Daimler and a Bowtop caravan. (AD)
12 midnight Bangers and Cash: two further editions (AD) **2.00—3.00am** Secrets of the London Underground: at King's Cross St Pancras (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am Massive Engineering Mistakes **7.00** British Superbikes **8.00** Ant Anstead: Born Mechanic **9.00** Francis Bourgeois and Chris Harris: We Saved a Train **11.00** Wheeler Dealers
3.00pm Shed and Buried: Classic Cars: double bill **5.00** Shed and Buried: two editions (AD)
6.00pm Shed and Buried One of Britain's biggest dealers in second-hand milk floats. (AD)
6.30 Sam and Henry look through an eclectic collection in Hertfordshire. (AD)
7.00 Vinnie Jones in the Country Vinnie gives Rag 'n' Bone Man a tour of his countryside empire and discusses the hardships of fame.
8.00 Ant Anstead: Born Mechanic Ant is in Essex to see a 1970 Rover P5B.
9.00 The Repair Shop Dominic Chinea takes on the restoration of a wooden carousel horse.
10.00 The team tackles a radio that survived the evacuation from Dunkirk.
11.00 Aussie Gold Hunters Sheryl and Simon gamble everything on a move to new ground.
12 midnight Outback Truckers **1.00am** Hunting Atlantis **3.00** Nasa's Unexplained Files **4.00—5.00am** How It's Made: two editions

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

6.00am Border Patrol **7.00** Nothing to Declare (AD) **9.00** Border Security: Canada's Front Line (AD) **10.00** Nothing to Declare **12 noon** Caught on Dashcam **2.00pm** Caught Red Handed **2.40** Caught Red Handed **4.00** ***New.*** Monkey Life First shown on Sky Nature **5.00** Africa's Wild Horizons (AD) **6.00pm** Africa's Hunters **7.00** ***New.*** Survival of the Beast: exploring the survival skills of Earth's animals First shown on Sky Nature **8.00** Caught on Dashcam: road disasters captured on video by drivers' dashboard cameras **9.00 FILM** Bohemian Rhapsody ★★★ Biographical music drama starring Rami Malek. **Review page 97** (AD) **11.30** Queen: Live at Wembley Stadium: a performance by the band recorded on their 1986 Magic tour **1.30am** Killer in My Village **2.30** Motorway Patrol **4.00—6.00am** Border Patrol: four editions

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Entertainment News **9.10** Blue Bloods (AD) **11.00** Bull **1.55pm** Entertainment News **2.05** NCIS: Hawaii: four episodes **6.00pm** NCIS: Hawaii *Series 3.* Four further episodes. A marine is murdered during training **7.00** A marine's wife is kidnapped **8.00** A bioweapons expert is murdered **9.00** The NCIS team attempt to track down a terrorist group **10.00** Law & Order: Special Victims Unit *Series 23.* A popular fighter doesn't show up for the biggest bout of the year **11.00** NCIS: Los Angeles *Series 7* **12 midnight** Law & Order: Special Victims Unit: double bill **1.55am** NCIS: Hawaii (AD) **3.45—4.00am** Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am The Cruise: Fun-Loving Brits at Sea **10.00** Dogs Behaving (Very) Badly **12 noon** Call the Bailiffs: Time to Pay Up (AD)
5.00pm Motorway Cops: Catching Britain's Speeders PC Niaz Waddington tries to catch a vehicle with cloned plates. **6.00** A car has broken down and PC Andy Doran is called in to support Highways. **7.00** PC Ian Cosgrove attends a serious crash. **8.00** An HGV is swerving all over the M6.
9.00 FILM Fifty Shades Darker ★★★ Erotic drama starring Dakota Johnson. Anastasia Steele has cut ties with Christian Grey, but their paths cross again when he buys the company she works for. **Review page 77.** (AD)
11.20 Piers Morgan: Uncensored Highlights from the presenter's YouTube show.
1.20am Under Suspicion: Kate McCann (AD) **2.35** Britain's Hotel Murders **3.25** Home and Away (AD) **3.50—4.00am** Entertainment News

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Car Pound Cops **9.30** Police Interceptors (AD) **1.30pm** Traffic Cops
5.35pm FILM Ride Clear of Diablo ★★ Revenge western starring Audie Murphy and Dan Duryea. When his father and brother are murdered, Clay O'Mara demands a deputy's badge from the sheriff and seeks revenge, unaware that the lawman is the leader of the gang responsible for the killings.
7.15 FILM No Name on the Bullet ★★★★ Western starring Audie Murphy and Joan Evans. When a mysterious gun-for-hire rides into Lordsburg, it seems that everyone in town has a guilty secret to hide. **Review p37.**
9.00 FILM Den of Thieves ★★★ Crime thriller starring Gerard Butler and Pablo Schreiber. An elite crew of former marines plots a bank heist in central Los Angeles. Trying to stop them is rule-bending cop Nick O'Brien. As the two sides circle each other, events threaten to spiral out of control. **Review p97.**
11.50 The X-Files A criminal profiler helps Mulder and Scully stop a secret society trying to bring about the end of the world.
12.50am The X-Files **3.35** Trucking Hell **3.50—4.00am** Entertainment News

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Murder, She Wrote (AD)
7.00pm World War One in Colour Developments in aerial combat, from Zeppelins to seaplanes designed to take off from ships, and the pilots who flew them. (AD)
8.00 How the Nazis Lost the War The collapse of Hitler's empire, looking at Germany's allyship with despots and dictators and how these mutual relationships were doomed from the start. (AD)
9.00 The Blitz: Britain on Fire Michael Buerk, Angellica Bell and Rob Bell tell the story of the Blitz of May 1941.
10.00 Tales of young mothers searching for their babies in a maternity ward.
11.00 Michael Buerk looks at how the country emerged wounded but not defeated.
12 midnight—4.00am Prisoner: Cell Block H

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 **Sky News** Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

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SATURDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.25am Mixmups **6.00** Peppa Pig **6.15** Milo **6.25** Thomas & Friends: All Engines Go! **6.35** Fireman Sam **6.45** The Adventures of Paddington **7.00** Tim Rex in Space **7.10** Pip and Posy **7.25** Peppa Pig **7.35** Paw Patrol **8.00** Move It Milkshakers! **8.10** ***New.*** The Creature Cases: no one's food is safe from a bandit **8.20** The Smurfs **8.35** Ben and Holly's Little Kingdom **8.45—9.00am** SpongeBob SquarePants

Full listings for 5 are on page 33

CBeebies 202

6.00am Small Potatoes **6.05** Puffin Rock **6.10** Bing **6.20** Love Monster **6.25** Froglets **6.30** Piggy Builders **6.45** Roots and Fruits **6.50** Mojo Swoptops **7.00** Chuggington **7.10** Supertato **7.20** Bing **7.35** Hey Duggee **7.50** Bluey Minisodes **7.55** Go Jetters **8.05** Peter Rabbit **8.20** Octonauts **8.30** Vida the Vet **8.45** Mojo Swoptops **8.55** Activate with Joe Wicks **9.00** Something Special: We're All Friends **9.25** Bluey **9.40** Hey Duggee **9.55** Zog **10.05** Piripenguins **10.15** Rafi the Wishing Wizard **10.25** Big Lizard **10.35** Spidey and His Amazing Friends **10.55** Octonauts: above and Beyond **11.10** Knee High Spies **11.20** Vegesaurs **11.25** GiggleQuiz **11.40** Small Potatoes **11.45** Molly and Mack: Mack tries to help Daisy by bringing Twinkle the pony to the vet's surgery **12 noon** My World Kitchen **12.10pm** Ranger Hamza's Eco Quest **12.25** Down on the Farm **12.40** Waffle the Wonder Dog **12.50** Hey Duggee **1.00** Octonauts **1.15** Vida the Vet **1.25** Go Jetters **1.35** Big Lizard **1.45** Yukee **1.50** Froglets **2.00** Something Special: We're All Friends **2.20** I Can Grow It **2.30** Dodge's Pup School: Songs **2.40** Waffle's After School Club: two new additions arrive at the club **2.50** Bluey **3.00** Nikhil & Jay **3.10** Tish Tash **3.15** Piggy Builders **3.30** Love Monster **3.35** Knee High Spies **3.45** Dylan's Playtime Adventures **4.00** Vida the Vet **4.10** Wonderblocks **4.15** Yukee **4.25** Tiny Tunes **4.30** Nick Cope's Popcast **4.35** Piripenguins **4.45** Zog **5.00** Rafi the Wishing Wizard **5.05** Bluey **5.15** JoJo & Gran Gran **5.25** Puffin Rock **5.35** Charlie and Lola: Lola and Lotta set out to save a panda **5.45** Moon and Me: Dibillo wears a bow tie **6.10pm** BeddyByes **6.20** In the Night Garden... **6.50—7.00pm** CBeebies Bedtime Stories: Josh Widdicombe reads *Alan's Big, Scary Teeth*

CBeebies Freeview 202 **Freely** 352 **Freesat** 601 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround: topical news magazine for children **7.50** Shaun the Sheep Championsheeps **7.55** SpongeBob SquarePants **8.10** Grizzy and the Lemmings **8.20** Duck and Frog **8.35** The Amazing World of Gumball **8.45** ***New.*** The Heroic Quest of the Valiant Prince Ivandoe: Ivandoe dismisses Bert and takes on a duck as his new Squire. The duck proves to be worse than useless when they come face to face with an angry tentacled forest creature **9.00** ***New.*** Saturday Mash-Up!: live Saturday morning fun, filled with mayhem and celebrity guests **11.35** Blue Peter: Hacker goes behind the scenes of Shaun the Sheep's new movie **12 noon** The Next Step: Cheer: two episodes **12.50pm** Deadly 60 **1.20** Bro's in Control **1.35** Odd Squad **2.00** Malory Towers **2.25** Danger Mouse **3.05** Boy Girl Dog Cat Mouse Cheese **3.25** Duck and Frog **3.35** Super Happy Magic Forest: three editions **4.10** Dennis & Gnasher Unleashed!: the pair accidentally do good deeds for the people of Beanotown **4.25** Horrible Histories **4.55** Horrible Science **5.20** Girl Troop vs Aliens **5.45** A Kind of Spark **6.10—7.00pm** Crookhaven

CBBC Freeview 201 **Freely** 351 **Freesat** 600 **Sky** 607 **Virgin** 701



Jamie: Fast and Simple
8.00pm ***Food Network***

U&W 25

6.10am The Bill: seven episodes **1.00pm** 999 Rescue Squad

5.00pm 999 Rescue Squad The team races to save an injured woman trapped in a van crushed between two lorries. **6.00** Featuring a stand-off with a man brandishing a samurai sword.

7.00 Inside the Operating Theatre A three-year-old needs an operation on his tongue. (AD) **8.00** A patient has keyhole surgery to repair his hernia. (AD)

9.00 Paul C Brunson: Red Flag The relationship expert speaks to Ellie, who was told she was a worthless sex object. (AD) **10.00** Paul speaks to Gareth, who was controlled, isolated and starved by an abusive girlfriend. (AD)

11.00 Lies, Deceit and Betrayal Two couples find themselves at the centre of an investment scam. (AD) **12 midnight** After Louise meets her partner, a series of financial mishaps see her giving him money. (AD) **1.00—3.00am** My Family (AD)

U&W F'view 25 **Freely** 28 **F'sat** 156 **Sky** 132 (133 Scot) **Virgin** 125 **+1** **Sky** 232 (233 Scot) **Virgin** 325

Rewind TV 81

6.00am Space 1999 **7.00** UFO **10.00** Harry Hill's TV Burp **11.30** Doctor at Sea **12.30pm** Ain't Misbehavin' **2.40** Hank the Cowboy **2.55** Rewind Time Machine **3.00** Bottle Boys **3.30** The Fenn Street Gang **4.00** Only When I Laugh **4.30** Hallelujah **5.00** The Upper Hand **6.30** Doctor at Sea: double bill. Farewells and shipboard feelings complicate life for the crew, then a VIP passenger sends the *Begonia* into a spin **7.30** Harry Hill's TV Burp **9.00** Space 1999: the crew encounters an astonishing entity **10.00 FILM** Galaxina ★ Sci-fi spoof **12 midnight** The Kenny Everett New Naughty Video **1.35am** Stereo Underground **2.35** Bottle Boys: double bill **3.25** Where There's a Will (BW) **4.30** The Fenn Street Gang **5.00—6.00am** Stereo Underground

Rewind TV Freeview 81 **Freely** 141 **Freesat** 164 **Sky** 182

Great TV 34

8.00am Highway to Heaven **9.00** Little House on the Prairie **6.40pm FILM** Kind Hearts and Coronets ★★★★★ Classic Ealing comedy starring Dennis Price, Alec Guinness and Joan Greenwood (BW) **9.00 FILM** The Ladykillers ★★★★★ Classic Ealing black comedy starring Alec Guinness and Cecil Parker. A gang finds its plans for an audacious robbery hindered by an eccentric old landlady **11.00 FILM** Bless This House ★★ Comedy based on the 1970s TV series, starring Sidney James, Diana Coupland and Sally Geeson **12.55am** Robin's Nest **1.55** Air Rescue **3.00—4.50am** Highway to Heaven

Great TV Freeview 34 **Freely** 53 **Sky** 157 **Virgin** 170 **+1** Freeview 61 **Sky** 257

Food Network 43

6.00am Diners, Drive-Ins and Dives: Triple D Nation **8.00** Barefoot Contessa: back to Basics **11.00** Jamie: Fast and Simple **12 noon** Michel Roux's French Country Cooking **1.00pm** James Martin: Sweet (AD) **3.00** Tom Kerridge Secrets of the Pub Kitchen **6.00pm** Tom Kerridge Secrets of the Pub Kitchen: four editions. A special dish of rotisserie beef **6.30** A dish inspired by Tom's childhood **7.00** Delicious pub dishes influenced by America **7.30** The pub's intense cleaning routine is revealed **8.00** Jamie: Fast and Simple **9.00** Diners, Drive-Ins and Dives: two editions. Tasting a pastrami sandwich in Denver, then visiting a restaurant in California **10.00** Diners, Drive-Ins and Dives: Triple D Nation: four editions. Guy Fieri revisits real-deal barbecue in San Antonio **10.30** Killer Cajun in Indiana **11.00** Gangster global food **11.30** Elevated pub grub in Memphis **12 midnight—3.00am** Diners, Drive-Ins and Dives: Triple D Nation

Food Network Freeview 43 **Freely** 39 **Freesat** 148 **Sky** 144 **Virgin** 168 **+1** **Freesat** 154 **Sky** 244 **Virgin** 368

TLC 12

7.00am Young Sheldon: eight episodes **11.00** The Big Bang Theory **7.00pm** The Big Bang Theory: four episodes. Amy and Sheldon start a gossip experiment (AD) **7.30** Priya finds a loophole in the room-mate agreement (AD) **8.00** Amy and Penny use Bernadette to spy on Leonard and Priya (AD) **8.30** Howard tells his mother he is engaged to Bernadette (AD) **9.00** Dr Pimple Popper: triple bill. Corey is a drag queen and has a bump dangling from his backside **10.00** Terry's nose growth has prevented him from meeting his grandchildren **11.00** Roger has huge growths on his nose **12 midnight** Dr Pimple Popper: three further episodes **3.00am** My 600lb Life **5.00—6.00am** Say Yes to the Dress

TLC F'view 12 **Freely** 17 **F'sat** 144 **Sky** 133 (134 Scot) **Virgin** 113 (128 Scot) **+1** **F'view** 99 **Freely** 267 **F'sat** 150 **Sky** 233 (234 Scot) **Virgin** 313 (328 Scot/Wales)

That's TV 56

8.15am On the Buses (BW) **9.20** Are You Being Served? Again! **1.00pm** Goodnight Sweetheart **4.40** Birds of a Feather: seven episodes. Sharon amazes the others with her high IQ **5.05** Dorien has a big secret **5.35** Dorien agrees to a family reunion **6.00** Tracey is worried that Garth will lead his younger brother astray **6.30** Tracey is released from prison **7.00** Sharon plans a weekend away **7.25** Sharon and Tracey take a trip to a spa **7.55** Minder **9.00** Benidorm: Martin wakes up in bed with Bianca **9.55** Shameless **11.15** Man about the House **11.45** Goodnight Sweetheart **12.20am** Benidorm **1.20** Minder **2.15** Some Mothers Do 'Ave 'Em: Frank and Betty babysit **2.45** Man about the House **3.10** The Kenny Everett Video Show **3.30** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.45—6.00am** Gloucestershire Warwickshire Railway

That's TV Freeview 56 **Freely** 42



The Ladykillers *9.00pm*
Great TV Mrs Wilberforce

PBS America 84

8.00am Weathered: Earth's Extremes **8.50** as 1pm **9.55** as 2pm **10.55** as 3pm **11.55** as 4.05pm **1.00pm** My Grandparents' War: Mark Rylance **2.00** My Grandparents' War: Kristin Scott Thomas **3.00** My Grandparents' War: Carey Mulligan **4.05** My Grandparents' War: Helena Bonham Carter **5.10** Lost World of the Hanging Gardens

6.20pm The Bush Years: Family, Duty, Power *1/6.* A look at the US presidential family's dynamics. **7.15** *2/6.* How George HW Bush was betrayed by Richard Nixon. **8.10** *3/6.* Examining how George HW Bush rose to vice president. **9.05** *4/6.* Charting George HW Bush's rise to become US President. **10.05** *5/6.* Siblings George W and Jeb Bush's rivalry for power. **11.00** *6/6.* A look at the impact the Iraq war had on the Bush family. **12 midnight** Lost World of the Hanging Gardens **1.15—2.00am** Weathered: Earth's Extremes

PBS America F'view 84 (1pm-12 midnight only) **Freely** 49 **Freesat** 155 **Sky** 173 **Virgin** 187

U&Eden 57

9.00am A Perfect Planet (AD) **6.20pm** A Perfect Planet: four editions. Sir David Attenborough narrates a look at the effect human activity is having on the Earth (AD) **7.40** Examining the solar force that powers Earth (AD) **9.00** A look at how the uneven distribution of fresh water around the globe has given rise to an incredible diversity of species (AD) **10.20** A look at how the oceans support marine life (AD) **11.40** as 6.20pm **1.00—6.00am** A Perfect Planet (AD)

U&Eden Freeview (HD only) 57 **Freely** 142 **F'sat** 160 **Sky** 166 **Virgin** 176 **+1** **Sky** 266 **Virgin** 376

Blaze 64

6.00am Storage Wars **8.20** The UnXplained: Mysteries of the Universe **10.10** National Park Mysteries **12.05pm** Mysteries from Above **3.05** Queens of Ancient Egypt **5.05** Bradley Walsh: Egypt's Cosmic Code **6.00** Holy Marvels with Dennis Quaid: triple bill **9.00** World War Weird **10.00** Secret Wars Uncovered **11.00** Bermuda Triangle: into Cursed Waters **2.00am** Killer Britain with Dermot Murnaghan **3.00—6.00am** Evidence of the Unexplained

Blaze Freeview 64 **Freely** 41 **Freesat** 161 **Sky** 156 **Virgin** 174

Challenge 48

7.00am The Chase **9.00** Tenable **10.00** Celebrity Antiques Road Trip **11.15** Catchphrase **12 noon** Cash Trapped **1.00pm** Tenable **2.00** Bridge of Lies **3.00** The Chase **4.00** Beat the Chasers **5.00** Celebrity Chase **7.00** The Chase: double bill **9.00** Celebrity Chase **10.00** The Chase **11.00** Bullseye: six editions **2.00am** The Chase **4.00** Celebrity Chase **5.00—6.00am** The Chase

Challenge Freeview 48 **Freely** 43 **Freesat** 142 **Sky** 130 (131 Scotland) **Virgin** 139

BBC Parliament 232

6.15am Scottish Parliament **8.45** Northern Ireland Assembly **10.45** Northern Ireland Assembly: Executive Office Questions **11.30** Northern Ireland Assembly: Health Questions **12.15pm** Northern Ireland Assembly **2.45** Scottish Parliament **3.05** Scottish FMQs **3.35** Scottish Parliament **6.15** Select Committees **10.30** Welsh FMQs **11.30** Senedd Cymru **4.00am** Scottish FMQs (SL) **5.00—6.00am** Welsh FMQs (SL)

BBC Parliament Freeview 232 **Freely** 302 **Freesat** 201 **Sky** 504 **Virgin** 605

Great Mystery 50

8.10am Air Rescue **8.50** Diagnosis Murder: one of Dr Sloan's colleagues meets a suspicious end **9.50** Chronicle Mysteries **11.40** The Chronicle Mysteries: Deep End **1.30pm** Mystery 101: Pilot **3.20** Mystery 101: Playing Dead **5.10** Mystery 101: Words Can Kill **7.05pm Mystery 101: Dead Talk** Professor Amy Winslow heads to Seattle to give a lecture, and winds up investigating a tech genius's demise. **9.00 Mystery 101: Killer Timing** Danger escalates for partners in crime Amy and Travis when a serial killer escapes from prison. **10.55 Ruby Herring Mysteries: Silent Witness** A consumer news reporter stumbles onto a murder and discovers a knack for crime solving. **12.50am I Almost Married a Serial Killer** ★★ Smartly plotted witness-protection thriller in which a mother and daughter find they're not as safe as promised. (2019) **2.35 True Justice** ★★ Mystery starring Katherine McNamara. Law student Casey sets out to prove her brother's innocence in a murder case. (2024) **4.00—4.50am** Diagnosis Murder

Great Mystery Freeview 50 **Freely** 48 **Sky** 320 **Virgin** 425 **+1** **Sky** 321

Great Action 42

9.10am Raiders of the Lost Art: the Lessons of Leonardo **9.40** JFK: the Making of a President **10.40** The Battle of Britain **11.50 Raid on Entebbe** ★★★ Peter Finch heads a distinguished cast in this well-staged drama about the raid on a hijacked plane. (1977, PG) **2.50pm The Sand Pebbles** ★★★ Effective blend of action and melodrama in which a US gunboat is embroiled in a civil war. Steve McQueen (1966, 12) **6.25pm They Came to Cordura** ★★★★ Gary Cooper stars as an army major in this grim but satisfying period drama. Rita Hayworth (1959, PG) **9.00 Priest** ★★ A warrior priest takes on vampires in this dour blend of gothic horror and sci-fi western. Paul Bettany, Karl Urban, Cam Gigandet (2010, 12) **10.55 Beyond the Law** ★ Three men take justice into their own hands in this run-of-the-mill revenge thriller. Steven Seagal, Johnny Messner (2019, 15) **12.50am The Trust** ★★★ Engaging, disarming crime thriller about two back-office cops tempted to the dark side. Nicolas Cage (2016, 15) **2.50** Coast Guard Alaska **3.35—5.50am** Air Rescue

Great Action Freeview 42 *(limited)* **Freely** 33 **Sky** 318 **Virgin** 426 **+1** **Sky** 319

Great Christmas 52

8.00am A Christmas Crush ★★ A wish goes wrong in this fantasy romcom. Cindy Sampson (2019) **10.00 Christmas with a Crown** ★★ A man has a royal secret in this romance. (2020) **12 noon The Christmas Set Up** ★★ Sweet romantic drama. Ben Lewis (2020) **1.55pm Christmas at Plumhill Manor** ★★ Romantic drama. Maria Menounos (2024) **3.50 The Christmas Ball** ★★ Drama. Deirdre Mullins (2020) **5.50pm Christmas in the Highlands** ★★ Cheesy romance. Brooke Burfitt (2019) **7.45 Christmas in London** ★★ A Christmas house-swap leads to romance. Laura Vandervoort (2020) **9.40 Switched at Christmas** ★★ Twin sisters hit upon a ruse to experience each other's lives. (2017) **11.35 A Christmas Duet** ★★ Former musical partners rediscover their spark in this generic romance. Chaley Rose (2019) **1.30am A Majestic Christmas** ★★ Routine but watchable true-meaning-of-Christmas tale. Jerrika Hinton (2018) **3.20—5.00am** As 1.55pm

Great Christmas Freeview 52 **Freely** 47 **Sky** 322 **Virgin** 424 **+1** Freeview 63 *(limited 10pm-5am)* **Sky** 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

RT WINE Order a **12 bottle** mixed case & earn **Avios** points radiotimes.com/wineflyercase

Sky Premiere

Available only to subscribers

6.35am As 1.30pm **8.20** As 3.15pm **9.55** As 11pm **11.45 Nirvanna the Band the Show the Movie** ★★★ Energetic DIY indie comedy. Matt Johnson (2025, 15) **1.30pm The Moment** ★★★ Amusing music-business mockumentary. **Review p26.** Charli XCX (2026, 15) **3.15 Hungry** ★★ Silly creature feature. Madison Davenport (2026, 15) **4.55** As 11pm **6.45pm The Fix** ★★ Two CIA veterans lead a crack team on a high-risk rescue mission in Tehran in this hokey, po-faced thriller. Liam Neeson (2026) **9.00 28 Years Later: The Bone Temple** ★★★★ Beautifully acted but grim horror sequel about survivalists on a collision course. Ralph Fiennes (2026, 18) **11.00 Supergirl** ★★ Breezy comic-book adventure in which the Man of Steel's boozy cousin embarks on a battle for justice. Milly Alcock (2026, 12) **12.50am** As 11.45am **2.35 Tow** ★★★ Rousing fact-based drama about a woman battling to reclaim her car after receiving an impossibly inflated towing bill. Rose Byrne (2025, 15) **4.25—6.00am Do Not Enter** ★★ Gleefully gory but mostly mediocre horror. Jake Manley (2026, 15)

Sky Premiere Sky 301 Virgin 401 EE 501/HD 515

Legend 41

7.00am The Dukes of Hazzard **12 noon Fair Wind to Java** ★★★ Rip-roaring adventure. Fred MacMurray (1953, PG) **1.50pm The Flight of the Phoenix** ★★★★ Riveting adventure in which an aircraft crashes in the Sahara and the survivors are forced to build a new plane. James Stewart (1965, PG) **4.35 Lancaster Skies** ★★ Uneven micro-budget Second World War drama. Jeffrey Mundell, David Dobson (2019, PG) **6.30pm Comanche Station** ★★★★ Bleak and underrated western with craggy Randolph Scott rescuing a rancher's wife. (1960, PG) **8.00 The Twilight Zone** A man becomes obsessed with a doll he sees in a museum exhibit. **9.00 Killing Salazar** ★ Lumbering action thriller. Steven Seagal, Luke Goss (2016, 15) **11.05 D-Tox** ★ Nonsensical action thriller. Sylvester Stallone, Tom Berenger (2001, 18) **1.05am First Kill** ★★ Bloody kidnap drama. Bruce Willis, Hayden Christensen (2017, 15) **3.05—5.00am A Violent Man** ★★★ Grim British prison drama about a dangerous convict who forms a bond with his cellmate. Craig Fairbrass (2022, 18)

Legend Freeview 41 Freely 38 Freesat 137 Sky 148 Virgin 149

Legend Xtra 69

9.00am The Twilight Zone **10.00** The Lost World **3.00pm Dark Storm** ★★ Daft sci-fi thriller. Stephen Baldwin (2006) **5.00pm Wild Horses** ★★★ Fine western drama about a bored former rodeo star who longs to return to the good ol' days. Kenny Rogers (1985, PG) **7.00 The Land That Time Forgot** ★★ Low-budget adventure in which a shipwrecked crew battles dinosaurs on an island. C Thomas Howell (2009) **9.00 Carlito's Way** ★★★★ Visually audacious crime drama about a gangster whose attempts to go straight are compromised by his reputation. Al Pacino, Sean Penn (1993, 18) **12 midnight Warrior** ★★★★ Rousing mixed martial arts drama with Tom Hardy facing his brother Joel Edgerton in the arena. **Review, right.** (2011, 12) **2.50am The Curse of the Werewolf** ★★ Rather tame Hammer horror, notable for a riveting turn from Oliver Reed as the cursed lycanthrope. Clifford Evans (1961, 12) **4.40—6.00am** The Twilight Zone: two episodes

Legend Xtra Freeview 69 (HD only) Freely 51 Freesat 138 Sky 316 Virgin 171 +1 Freesat 139 Sky 317

Film4 14

11.00am Anzio ★★ Overlong war drama with Robert Mitchum as a journalist covering the Allied forces' landing in Italy. Peter Falk (1968, PG) (S) (AD) **1.30pm The Long Ships** ★★ Swashbuckling Viking adventure that is too self-indulgent for its own good. Richard Widmark, Sidney Poitier (1963, PG) (S) (AD) **4.15 The Kid Who Would Be King** ★★★ A bullied London schoolboy embarks on an Arthurian adventure in this upbeat fantasy. Louis Ashbourne Serkis, Rebecca Ferguson, Patrick Stewart (2018, PG) (S) (AD) **6.45pm The Eagle** ★★★ A Roman commander and his slave venture beyond Hadrian's Wall and safety to retrieve a ceremonial eagle in this historical drama. **Review, right.** Channing Tatum, Jamie Bell (2010, 12) (S) (AD) **9.00 A Man Called Otto** ★★★ Sentimental comedy drama with Tom Hanks as a grumpy widower whose life is turned upside down by his quirky new neighbours. Mariana Treviño, Rachel Keller (2023, 15) (S) (AD) **11.25 The Menu** ★★★ Well-to-do foodies attending a gourmet restaurant on a private island are in for a big surprise in this deliciously sinister black comedy. Anya Taylor-Joy, Ralph Fiennes (2022, 15) (S) (AD) **1.30—3.30am The Imposter** ★★★★ Drama documentary from director Bart Layton about the kidnapping and apparent return of a 13-year-old boy that is by turns comic, bizarre and chilling. (2012, 15) (S) (AD)

Film4 Freeview 14 Freely 14 Freesat 300 Sky 313 Virgin 428 +1 Freeview 47 Freely 257 Freesat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Voyage to the Planet of Prehistoric Women ★ Nonsensical recycled sci-fi fantasy. Mamie Van Doren (1966) (S) **7.35 Le Poulet** French comic short film. **7.55 Dial 999** A dead man is discovered with heroin in his shoe. (S) **8.30 Runaround** Game show presented by Mike Reid. **9.00 Saturday Morning Pictures** Classic serials. (S) **12 noon Menace from Outer Space** ★★ Clunky but well-plotted sci-fi yarn cut together from three episodes of 1950s TV series *Rocky Jones, Space Ranger*. Richard Crane (1956) (S) **1.40pm Appointment in London** ★★ Routine Second World War drama. Dirk Bogarde (1952, U) (S) **3.30 Scales of Justice** Crime anthology series. **4.05 Nine Men** ★★★ Wartime drama set in the North African desert. **Review, right.** Jack Lambert (1943, PG) **5.25 Railway Murders** In 1881, Percy Lefroy Mapleton, a young writer, becomes fixated on a beautiful stage actor. **6.25pm Dick Turpin** The highwayman saves a woman. (S) **7.00 Maigret** A man is killed in his office and his safe is ransacked. (S) **8.00 The Duchess of Duke Street** Lottie arrives at the Bentinck. (S) **9.05 The Blue Lamp** ★★★★ This British crime classic perfectly captures the austere atmosphere of postwar Britain. Jack Warner (1949, PG) (S) **10.55 Eurotrash** Melinda Messenger goes to Denmark. **11.30 Confessions from a Holiday Camp** ★ Cheap and smutty comedy. Robin Askwith, Anthony Booth (1977, 18) **1.15am Auntie Lee's Meat Pies** ★★ Insipid horror comedy. Karen Black (1991) **3.15 The Seventh Commandment** ★★★ Downbeat film noir. Jonathan Kidd (1960) (S) **4.55 One Step Beyond** A family tries to conceal that their son is a fish monster. (S) **5.30—6.00am Dial 999** First episode of the 1950s crime drama, starring Robert Beatty as a Canadian Mountie in London. (S)

Talking Pictures TV Freeview 82 Freely 36 Freesat 306 Sky 324 Virgin 445

FILM REVIEWS



FILM OF THE DAY

Legally Blonde ★★★★

10.45pm-12.15am ***BBC One*** 12

COMEDY Reese Witherspoon stars as Elle Woods, a sorority queen who's dumped by her rich boyfriend (Matthew Davis) before he goes to Harvard Law School, as he thinks she's not smart enough to be his wife. So she follows him there to prove him wrong. It's desperately silly (Elle gets into Harvard by sending a video of herself in a bikini by a pool, while her specialist subjects are *Cosmopolitan* and manicures), but Witherspoon is perfectly cast, and the sight of her tottering on stilettos through the university's halls is hilarious. The sequel is on tomorrow, see review p47. **JOANNA BERRY** (US 2001, swearing, HD)

The Life and Death of Colonel Blimp ★★★★★

10.35am-1.15pm ***BBC Two*** U

PERIOD DRAMA Pomposity is well and truly pricked in Powell and Pressburger's sublime movie. Roger Livesey is astonishing as the out-of-touch soldier who is shocked by the tactics of the Nazis during the Second World War, and he's well supported by Deborah Kerr as the various women in his life and Anton Walbrook as the Prussian rival who becomes a friend. **DAVID PARKINSON** (UK 1943, HD)

Lover Come Back ★★★

2.45-4.30pm ***BBC Two*** *(not Wales)* PG

ROMANTIC COMEDY This dig at the advertising world sees Doris Day reunited with her *Pillow Talk* co-star Rock Hudson. It's a film very much of its period, but the idea of Madison Avenue executives marketing a nonexistent product remains a good one, and the anti-advertising jokes still work. The script was nominated for an Oscar. **TONY SLOMAN** (US 1961, HD)

Nine Men ★★★

4.05-5.25pm ***Talking Pictures TV*** PG

WAR DRAMA Director Harry Watt's restrained Ealing flag-waver sees an army unit (led by Jack Lambert) stranded in the North African desert. There's plenty of off-colour humour at the expense of the Italian enemy, but Watt and cinematographer Roy Kellino make Margam Sands seem like a sun-scorched wilderness, while Charles Crichton's editing keeps the action tense. **DP** (UK 1943, BW)

Harry Potter and the Prisoner of Azkaban ★★★★

5.20-8.00pm ***ITV2*** PG

FANTASY ADVENTURE Director Alfonso Cuarón brings an edgier feel to this third episode, in which Harry (Daniel Radcliffe) is targeted by convict Sirius Black (Gary Oldman). There are ghosts and gizmos galore, while Emma Thompson and Timothy Spall join the cast of British acting stalwarts. Followed by *The Goblet of Fire*. **DAVE ALDRIDGE** (US/UK 2004, may be edited for content, HD)

The Eagle ★★★

6.45-9.00pm ***Film4*** 12

HISTORICAL DRAMA A young Roman commander ventures beyond Hadrian's Wall to clear his family name in this gritty tale. Channing Tatum brings plenty of brawn to the role of Marcus Aquila, but his relationship with freed slave Jamie Bell lacks depth. Still, the film succeeds in delivering a rugged portrait of second-century life. **TREVOR JOHNSTON** (UK/US 2010, edited for content, HD)

No Name on the Bullet ★★★★

7.15-9.00pm ***5 Action*** U

WESTERN He usually played the hero, but Audie Murphy is brilliantly cast here as a killer. His arrival in a sleepy town rattles the natives, all of whom seem to have a reason to be his next victim. With director Jack Arnold keeping the action tense, this western has plenty going for it even if you don't care for the baby-faced star. **TS** (US 1959, HD)

Kingsman: the Secret Service ★★★★

10.00pm-12.20am ***C4*** 15

SPY ADVENTURE In Matthew Vaughn's vibrant caper, Colin Firth is a secret agent who recruits a dead colleague's tearaway son (Taron Egerton) and puts him through his paces. Lying in wait for them, however, is villain Samuel L Jackson. There's much fun to be had, and Firth reveals himself to be quite the action hero. **JEREMY ASPINALL** (US/UK 2015, violence, swearing, nudity, HD)

Warrior ★★★★

12 midnight-2.50am ***Legend Xtra*** 12

ACTION DRAMA Tom Hardy cuts a dark, brooding figure in Gavin O'Connor's rousing mixed martial arts outing. He's bubbling with pent-up anger at his estranged father (Nick Nolte), who divided him from his brother (Joel Edgerton). The reckoning comes when both siblings enter a tournament. **ALEXIA SKINITIS** (US 2011, violence, swearing)

Withnail & I ★★★★

12.20-2.10am ***C4*** 15

BLACK COMEDY This great film launched the career of Richard E Grant and became a cult classic. Grant and Paul McGann play out-of-work actors in 1960s London who unravel under the pressures of obscurity and substance abuse. Hilarious and poignant, the film is based on writer/director Bruce Robinson's own experiences. **SUE HEAL** (UK 1986, swearing, drug abuse, HD)

Nostalgia ★★★★

12.35-2.25am ***BBC Two*** 12

DRAMA A prodigal returns in this engaging Italian film. Pierfrancesco Favino plays the middle-aged Felice, who returns to his hometown of Naples after 40 years away and finds himself back in the orbit of a friend (Tommaso Ragno) who is now a feared mobster. A heartfelt look at a collision between past and present. **JAMES MOTTRAM** (It/Fr 2022, violence, swearing, HD)

Premiere ★ Poor ★★ Could be worse ★★★ Worth watching ★★★★ Very good ★★★★★ Outstanding Star Ratings

◄ FILMS TO STREAM from p22

U – suitable for all; PG Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 – for viewers of these ages and over. For more guidance, visit bbfc.co.uk

SATURDAY SATELLITE, CABLE & SPORT

Sky One



Saturday Night Live UK
10.00pm Amelia Dimoldenberg

6.00am FILM Alvin and the Chipmunks: Chipwrecked ★★ Part-animated comedy adventure starring Jason Lee **7.45** Formula One: the Azerbaijan Grand Prix qualifying session **9.45** Ted's Notebook **10.15** Surviving Earth **11.05** Superstore **1.30pm** The Simpsons **2.00** ***New.*** Soccer Saturday **5.00** Formula One: the Azerbaijan Grand Prix

6.00pm The Simpsons Homer reinvents himself as Max Power. **6.30** Homer kidnaps Elton John and locks him in a cage. **7.00** Marge becomes aggressive behind the wheel of a new vehicle. **7.25** Marge becomes addicted to eavesdropping on conversations.

7.50 Star Trek Beyond ★★★★ Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. The crew of the USS *Enterprise* answers a distress call, but they are attacked by an army of unknown aliens that overwhelms the ship.

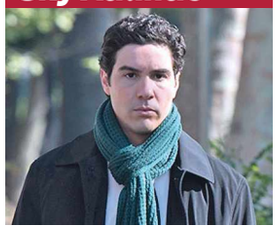
10.00 ***New.*** **Saturday Night Live UK** *3/6 Series 2.* Comedian and writer Amelia Dimoldenberg hosts with music by Rachel Chinouriri.

11.15 Larry Dean: Dafty A stand-up show by the comedian and actor, who is a cast member of *Saturday Night Live UK*.

12.30am FILM Bill & Ted's Excellent Adventure ★★★★ Comedy starring Keanu Reeves and Alex Winter **2.15** The Force: North East **3.10** Road Wars **5.00—6.00am** Highway Patrol

Sky One Sky 106 Virgin 109 EE 346/HD 361

Sky Atlantic



The Looming Tower
10.00pm Soufan is serious

6.00am Fish Town **8.00** Billions (AD) **10.15** Homicide: Life on the Street **3.30pm** The Gilded Age (AD)

5.40pm The Gilded Age *4/8 Series 2.* Bertha deals with rumours circulating about Larry, while Ada asks Marian to cover for her as she continues to see Mr Forte. **6.45** *5/8.* Ada questions moving ahead without Agnes's support, while Peggy experiences the dangers of the South. (AD) **7.55** *6/8.* George heads to Pittsburgh to deal with the potential strike, while Bertha learns that the Duke will return for the Metropolitan Opera's opening night. (AD)

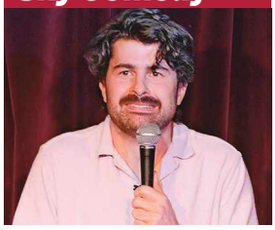
9.00 Fightland *7/8.* With time running out and relationships breaking apart, Duke closes in on his target, but an unexpected countermove leaves him staring down the barrel of defeat. (AD)

10.00 The Looming Tower *5/10* The CIA continues to hide information from the FBI while tracking suspicious individuals entering the US, and O'Neill and Soufan raid an al-Qaeda cell in New York City. **11.00** *6/10.* Vince continues asking for permission to share Al-Mihdhar's visa with the FBI, and O'Neill faces an inquiry into his handling of classified materials after losing his briefcase while at a seminar.

12 midnight Task (AD) **1.10am** Billions (AD) **4.15—6.00am** Urban Secrets

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 Virgin 111 +1 Sky 208 (209 Wales)

Sky Comedy



Paddy Young: Hungry. Horny. Scared
9.00pm

8.00am Sort Of (AD) **8.25** Will & Grace (AD) **11.00** Community **1.30pm** Two Weeks to Live: six episodes (AD) **4.30** Will & Grace (AD)

6.30pm The Office US *8/26 Series 7.* Pam finds herself caught in the middle of Dwight and Angela's peculiar relationship. **7.00** *9/26.* Dwight sets up a hay-themed play area in the car park, while Jim clashes with Gabe. **7.30** *10/26.* Pam loses patience with Dwight's cost-cutting and searches for a new site for the company. **8.00** *11/26.* Michael is thrilled when Holly returns to the Scranton office. **8.30** *12/26.* Dwight and Jim have a snowball war, while Michael's jealousy gets the better of him.

9.00 Paddy Young: Hungry. Horny. Scared A stand-up show by the comedian and *SNL UK* cast member, revealing his experiences of a nightmare flatshare and moving back in with his parents.

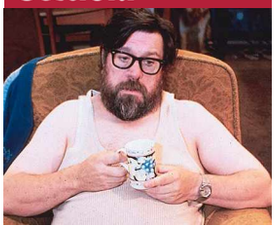
10.00 Paul Chowdhry: Family Friendly Comedian Multi-award-winning stand-up comedian, actor and writer Paul Chowdhry performs at London's Bloomsbury Theatre.

11.30 Saturday Night Live UK *3/6 Series 2.* Comedian and writer Amelia Dimoldenberg hosts the sketch and variety show with music by singer/songwriter Rachel Chinouriri.

12.45—4.30am Saturday Night Live UK

Sky Comedy Sky 113 (114 Wales) Virgin 112 EE 347/HD 362

U&Gold



The Royle Family
9.00pm Wedding woes for Jim

7.30am The Good Life (AD) **8.00** The Green Green Grass **8.35** The Vicar of Dibley (AD) **9.15** Open All Hours **3.10pm** Only Fools and Horses (AD) **4.25** The Vicar of Dibley (AD) **5.40** Open All Hours: Arkwright buys a dog

6.15pm The Vicar of Dibley Geraldine is keen to find a celebrity to open the autumn fair in style — and Alice lets slip that she knows the ideal candidate. (AD) **7.00** A falling tree destroys St Barnabas's stained glass window. (AD) **7.40** Local election fever hits the village and Geraldine finds she is a popular with the voters. (AD) **8.20** Geraldine conducts a radical Sunday service. (AD)

9.00 The Royle Family The subject under discussion is Denise's impending wedding to Dave. (AD) **9.35** Denise tries on her wedding dress, but nothing can stand in the way of *Antiques Roadshow*. (AD)

10.15 Mrs Brown's Boys Agnes goes on a diet after her family's comments about her weight.

10.55 Gavin & Stacey Gavin embarks on two stag nights. (AD) **11.30** The day of the wedding arrives and Bryn is still behaving oddly around Stacey's brother. (AD) **12.10am** The Royle Family (AD) **12.50** Black Ops (AD) **1.25** Gavin & Stacey (AD) **2.45** The Power of Parker **3.15—4.00am** Gavin & Stacey (AD)

U&Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

U&Alibi



The Mentalist
6.00pm Lisbon and Jane investigate

7.10am Murdoch Mysteries **10.00** My Life Is Murder **12 noon** Father Brown (AD) **4.00pm** Murdoch Mysteries

6.00pm The Mentalist *5/24 Series 4.* Lisbon and the CBI team are called to San Felix Island after a woman's body washes ashore.

7.00 Father Brown *1/15 Series 3* The priest finds himself embroiled with MI5, which puts Lady Felicia in a compromising position — will she betray her friend to protect secrets from her own past? (AD)

8.00 Beyond Paradise Humphrey and the team are left baffled by four break-ins over a winter's night, where items are left behind rather than stolen. With little in the way of clues, they must figure out how the victims are connected. (AD)

9.20 Death in Paradise *7/9 Series 10* A stag do goes awry when the host of the men's fishing trip is found harpooned on a beach the next day. But as their boat never moved, how could any of them have done it? (AD)

10.40 Father Brown *7/10 Series 10* Father Brown discovers there's more drama off-stage than on it in the latest production by the Kembleford Players. (AD) **11.40** *8/10.* Brenda finds love at the home of a clock collector, but it may be that she has fallen for a killer. (AD)

12.45—4.00am Murdoch Mysteries: three episodes of the drama series

U&Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 314

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Star Trek: Enterprise **12 noon** Star Trek: Deep Space Nine **4.00pm** Star Trek: Voyager

6.00pm Star Trek: Voyager *25/26 Series 7.* Janeway travels into the past in a bid to help the *Voyager* crew get home faster. **7.00** *26/26.* Janeway journeys through time in an attempt to change the past.

8.00 Star Trek: the Next Generation *1/26 Series 1.* Captain Jean-Luc Picard and his crew go on their first mission, a quest to discover the Farpoint Station's secret.

9.00 Intergalactic *5/8.* With Ash in need of urgent medical attention, the *Hemlock* makes a stop on Candy's home planet Skov. (AD) **9.50** *6/8.* A stowaway Commonwold guard is found slaughtered aboard the ship, and Ash and the team must try to defeat a flesh-eating killer on the loose. (AD)

10.40 Voyagers ★★ Sci-fi thriller starring Tye Sheridan and Lily-Rose Depp. In 2063, a group are sent on a decades-long mission to colonise a planet. Ten years into the flight they stop taking a hormone-suppressing drug, and the surge in their emotions puts all their lives in danger.

12.30am The Walking Dead **4.10—6.00am** Most Haunted

Sky Sci-Fi Sky 145 Virgin 140 EE 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Sun, Sea and A&E **8.00** A1: Britain's Longest Road **9.00** Brit Cops: Rapid Response (AD) **10.00** Caught on Dashcam: double bill **12 noon** Caught Red Handed

2.00pm Nothing to Declare Twelve editions of the fly-on-the-wall series following the work of customs and immigration officers at Australia's biggest airports.

8.00 Caught on Dashcam Fly-on-the-dashboard documentary showcasing road disasters.

9.00 Blue Bloods *16/21 Series 13* Jamie learns Eddie's friend may be using her restaurant as a drug front, and Erin is accused of causing the suicide of an ex-colleague. (AD)

10.00 Fire Country *13/20 Series 4* Bode sets out to prove his leadership skills during a cold snap that plunges Edgewater into crisis mode, and Jake contemplates a life altering decision. (AD)

11.00 FBI: International *12/22 Series 2.* The team delves into a case involving the murder of a German man who appears to have been a covert asset of the Stasi. (AD)

12 midnight FBI: Maggie picks Jessica's brain (AD) **1.00am** The Good Doctor **2.00** The Force: Manchester **3.00** Brit Cops: Law & Disorder (AD) **4.00** A1: Britain's Longest Road **5.00—6.00am** Road Wars

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Crime

6.00am Border Security USA (AD) **7.00** Nothing to Declare **8.00** Road Wars **9.00** Caught on Dashcam **10.00** Caught Red Handed **12 noon** Caught on Dashcam **1.00pm** Murder Uncut (AD) **2.00** World's Most Evil Killers (AD) **3.00** Britain's Most Evil Killers **4.00** The Real Manhunter (AD) **5.00** Killer in My Village **5.55** The Girl on the Milk Carton: two editions **8.00** Forensics: Catching the Killer (AD) **9.00** Killer in My Village **10.00** The Murderer and Me **11.25** Murder Uncut (AD) **12.20am** World's Most Evil Killers **1.10** Crime Scene Raw **3.00** What the Killer Did Next (AD) **4.00** The Force: Manchester **5.00—6.00am** Stop, Search, Seize

Sky Crime Sky 121 (122 Scotland) Virgin 122 EE 349/HD 364 +1 Sky 221 (222 Scotland) Virgin 322

Crime+Investigation

6.00am Hometown Tragedy **8.55** Court Cam **3.40pm** My Strange Arrest **5.00** Text Me When You Get Home

6.00pm Killer Investigations **7.00** Last Seen on Holiday **8.00** Last Night Out **9.00** Predator Files: four editions. A predator who has been jailed resurfaces online **9.30** SOSA targets a former teacher **10.00** A pizza delivery driver becomes dangerously obsessed with a decoy **10.30** Police close in on the Delivery Man **11.00** Interrogation Files: double bill **12 midnight** Fugitives Caught on Tape **1.00am** I Survived a Crime **2.00** Lizzie Borden: 40 Whacks **4.00—6.00am** Hometown Tragedy

Crime+Investigation Sky 139 (140 Scot) Virgin 133 +1 Sky 256 Virgin 333

Comedy Central

8.00am Michael McIntyre's Big Show **9.00** Friends (AD) **1.00pm** Michael McIntyre's Big Show **2.00** Friends (AD)

6.45pm FILM Coming to America ★★★ Romantic comedy starring Eddie Murphy and Arsenio Hall **9.00 FILM** The Golden Child ★★ Action comedy starring Eddie Murphy and Charles Dance **11.00** Iain Stirling's Roast the Internet (AD) **12 midnight** Eight out of 10 Cats Uncut **12.50am** Eight out of 10 Cats: Best Bits **1.20** Whose Line Is It Anyway? USA **1.45** Dara O Briain: Craic Dealer **2.45** Kevin Bridges: a Whole Different Story **3.30** Michael McIntyre: Showtime **4.15—5.00am** Stupid Central (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Discovery Science

8.00am Blowing Up History (AD) **10.00** How It's Made **12 noon** How Do They Do It? **2.00pm** Truth behind the Moon Landing **4.00** Alien Highway

6.00pm How It's Made: four editions. Making lemon tarts **6.30** How traditional ropes are made **7.00** The world's smallest car **7.30** Robotic medication dispensers **8.00** Paranormal Declassified **10.00** Curse of the Bermuda Triangle: double bill. Investigating a sea monster, then looking at the mystery of 306 US Navy crewmen vanishing without a trace **12 midnight** In Search of Monsters **2.00am** The Alaska Triangle **3.00** Alien Highway **4.00—6.00am** How Do They Do It?

Discovery Science Sky 167 Virgin 179 +1 Sky 267 Virgin 379

Discovery

6.00am How Do They Do It?: six editions **9.00** Dr Jeff: Rocky Mountain Vet **12 noon** The Woodland Workshop

6.00pm Deadliest Catch: Johnathan delegates dentistry duties when his brother's dental implants fail at sea **7.00** Maine Cabin Masters: Chase and his team revive the family's dilapidated army bunkhouse **8.00** Building off the Grid: a couple plan to build out their inherited property in Missouri (AD) **9.00** Naked and Afraid: Shipwrecked: four teams of survivalists endure being abandoned in the Philippine Sea **11.00** Expedition Unknown: double bill **1.00am** How the Universe Works **3.00—5.00am** Texas Metal: double bill

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scotland) Virgin 377

Discovery History

7.00am Shed and Buried **9.00** Combat Dealers **12 noon** Shed and Buried (AD) **3.00pm** Salvage Hunters: the Restorers

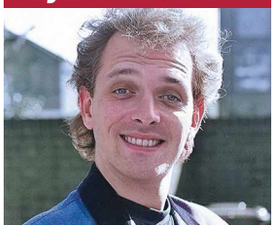
6.00pm How the Universe Works: triple bill. Exploring the secret history of the solar system **7.00** A secret structure in space **8.00** New discoveries surrounding the power of neutron stars **9.00** Massive Engineering Mistakes: triple bill. In California, a dam collapse causes chaos **10.00** A catastrophe cuts a vital Californian highway in two **11.00** In New York, a construction crane crashes into an iconic bridge **12 midnight** Blowing Up History: Seven Wonders **2.00—5.00am** Combat Dealers

Discovery History Sky 161 (172 NI) Virgin 181 +1 Sky 261 (272 NI) Virgin 381

All programmes on the above channels are repeats unless otherwise stated

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Sky Documentaries



Rik Mayall: Magnificent B'stard *8.00pm* Much missed

6.00am Discovering: Joan Crawford (AD) **7.00** Discovering: Buster Keaton (AD) **8.00** The Directors (AD) **10.00 FILM** Busby ★★ Profile about Manchester United's iconic football manager (AD) **12 noon** Terry Venables: a Man Can Dream (AD) **2.00pm** Steve McQueen: the Lost Movie (AD) **3.50** The Great Horsemeat Scandal (AD) **4.30** I Am Richard Pryor

6.15pm Wilder A profile of comedy actor Gene Wilder, using a mix of interview and performance archive to follow his journey from neurotic outsider to unlikely leading man.

8.00 Rik Mayall: Magnificent B'stard A tribute to the comedian — a man driven by punk spirit and an unrelenting commitment to pushing boundaries — who left behind a body of ground-breaking work that redefined television comedy.

10.00 Ibiza Narcos Exploring how the Island was transformed into a vibrant party capital, fuelled by a dangerous and lucrative drugs trade. **11.00** Examining how British police clamping down on the illegal rave scene led to promoters and drug dealers seeing an opportunity to continue the party on Ibiza. **12 midnight** A look at how greed and infighting among drug dealers led to bloodshed, leaving behind a dramatically transformed Ibiza.

1.00am Chimp Crazy: four editions (AD) **5.00—6.00am** The Directors (AD)

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Air Crash Investigation (AD) **10.00** Disaster Autopsy **12 noon** Mega Marine Machines **1.00pm** Planes that Changed History (AD) **2.00** Lost Treasures of Ancient Greece **4.00** How the Tudors Lost Their Heads: Suzannah Lipscomb and Dan Snow reveal a different side to Anne Boleyn (AD) **5.00** Air Crash Investigation: four editions (AD) **9.00** ***New series.*** Chilean Mine Rescue: Race against Time: triple bill following the story of 33 miners trapped more than half a mile underground in Chile for 69 days, as rescuers raced to save them. **Review p31**

12 midnight Hitler's Last Stand **2.00—5.00am** Air Crash Investigation (AD)

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Secrets of Great British Castles: double bill **8.00** Storage Wars **9.00** Hazardous History with Henry Winkler **10.00** History's Greatest Machines with Dolph Lundgren **11.00** Storage Hunters **2.00pm** Storage Wars **5.00** Egypt's Unexplained Files: double bill **7.00** The Sound and the Fury: double bill. The fall of Germany at Stalingrad, then the fall of the Third Reich **9.00** World War II with Tom Hanks: double bill. How America's battle to control the seas turned the tide of the war, then after Pearl Harbor, Japanese forces sweep through Southeast Asia **11.00** UFO POV **1.00am** Storage Hunters **4.00—6.00am** The Sound and the Fury

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



Jaguar Journals *8.00pm* The secret lives of the cats

6.00am Strange Creatures **8.00** Planet Weird **10.00** Land of the Far North (AD) **12 noon** Jellyfish: the Ocean's New Rulers **1.00pm** Violent Earth **2.00** Deep Dive Australia

5.00pm David Attenborough's Global Adventure Documentary using previously unseen footage of some of the greatest filming sequences of Sir David Attenborough's career. (AD) **6.00** Further footage of Sir David's global wildlife adventures, from the depths of the Great Barrier Reef to the ancient rainforests of Borneo. (AD) **7.00** The broadcaster explores the rise of life on Earth, from the emergence of the first creatures on seabeds hundreds of millions of years ago to the wildlife of today. (AD)

8.00 Jaguar Journals Lizzie Daly uses the latest technology to follow a group of jaguars in the Pantanal region of South America.

9.00 Planet Shark The hunting abilities of a whitetip reef shark and a pelagic thresher shark. (AD)

10.00 Africa's Hunters One-year-old wild dog pups learn to hunt as a pack in Zambia's Luangwa Valley. **11.00** A female hyena must assert dominance over the pack.

12 midnight Jaguar Journals **1.00am** Planet Shark (AD) **2.00** ***New.*** High as an Animal **3.00—6.00am** Shadowlands: three editions (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am Europe's New Wild: triple bill **11.00** The Incredible Dr Pol **1.00pm** Alaska's Grizzly Gauntlet **3.00** Ice Road Rescue: three editions **6.00** Birth of Europe **7.00** Arctic Ascent with Alex Honnold: triple bill. The rock climber scales the remotest and toughest walls and peaks of Greenland **8.00** The team is hit by deadly ice falls before crossing a treacherous icecap **9.00** The climbers face what could be their most dangerous ascent yet **10.00** Dead or Alive: double bill. Investigating terrifying tales of shark attacks, then looking at attacks by hippos **12 midnight** Bizarre Animal Friends: double bill **2.00am** Africa's Deadliest: two editions **4.00—5.00am** Yukon Vet

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell **9.00** Crikey! It's the Irwins **10.00** Lone Star Law **11.00** Dr Jeff: Rocky Mountain Vet **1.00pm** Pit Bulls and Parolees **3.00** My Cat from Hell (AD) **5.00** Treehouse Masters **6.00pm** Saved by the Barn **7.00** How Do Animals Do That?: double bill. How swarms of blind bats avoid collision, then how humpback whales are able to leap so far out of the water **8.00** Extinct or Alive **9.00** Alaskan Bush People: Book of Ami **10.00** Tanked: making a boxing glove-shaped tank **11.00** Alaska: the Last Frontier (AD) **12 midnight** Million Dollar Duck **1.30am** Little Giants **2.00** The Haunted **3.00** Extinct or Alive **4.00—5.00am** The Zoo

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

6.00am Sky Sports News **7.00** Sky Sports Breakfast **10.00** Sky Sports News **10.30 LIVE Azerbaijan Grand Prix** The 15th round of the season from Baku City Circuit (start **12.00**). **3.00pm** Ted's Notebook **3.30 LIVE Laver Cup Tennis** Day two in London. **Sport: page 28** **5.00 LIVE Super League** The second play-off semi-final (kick-off **5.30**). **7.45 LIVE Boxing** Johnny Fisher v Michael Pirotton, the heavyweight bout. **11.00 LIVE Presidents Cup Golf** The foursomes on day three in Illinois. **12 midnight—6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup (AD) **8.00** Scottish Premiership Football (AD) **8.30** Scottish Premiership Best Goals (AD) **9.00** Saturday Social **10.00** Scottish Premiership **10.30** German Football **11.00** Scottish Premiership **12 noon** League Cup **2.00pm** Soccer Saturday **5.00 LIVE League Two Football** Oldham Athletic v Salford City. **8.00** Scottish Premiership Highlights **8.30** EFL Greatest Games (AD) **11.15** League Two Highlights **11.30** SPFL: Edinburgh Derby Best Goals (AD) **12 midnight** Classic Play-Off (AD) **2.00am** EFL Greatest Games (AD) **3.00** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** Classic League Cup (AD) **5.00** League Cup Best Goals (AD) **5.30—6.00am** EFL Trophy (AD)

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am LIVE Tennis WTA/ATP Tours. **9.30 LIVE ATP Tennis** The Chengdu Open and the Hangzhou Open. **11.00 LIVE Tennis** WTA/ATP Tours. **1.00pm LIVE Presidents Cup Golf** The fourballs on day three in Illinois. **2.50 LIVE League One Football** Cambridge United v AFC Wimbledon. **5.00** Soccer Saturday: with Simon Thomas **5.30** Match Centre **7.00 LIVE Boxing** Johnny Fisher v Michael Pirotton, the heavyweight bout. **11.00** Sky Sports News **12 midnight** Super League **2.45am** EFL Greatest Games (AD) **4.00—6.00am** Tennis

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am European Tour Golf: the Open de France **11.00** Presidents Cup Golf **12 noon LIVE European Tour Golf** The Open de France, day three. **4.30pm LIVE Presidents Cup Golf** Coverage of the fourballs on day three; **7.00** The foursomes on day three. **12 midnight** Presidents Cup Golf (AD) **2.00am** European Tour **4.00** Presidents Cup Golf **5.00—6.00am** European Tour

Premier Sports 1

Sky 419 Virgin 528

12 noon—7.55pm LIVE United Rugby Championship Coverage of Lions v Leinster (kick-off **12.30**); **2.45** Sharks v Ospreys (kick-off **3.00**); **5.10** Coverage of Munster v Glasgow Warriors (kick-off **5.30**). **7.55—10.00 LIVE Scottish Challenge Cup Football** Queen of the South v Rangers B (kick-off **8.00**).

Premier Sports 2

Sky 420 Virgin 529

1.25—5.25pm LIVE Top 14 Rugby Union Perpignan v Bordeaux Bègles; **3.25** Stade Français v Lyon (k-o **3.35**). **5.25—7.30 LIVE United Rugby Championship** Zebre Parma v Bulls.



Azerbaijan Grand Prix *10.30am* ***Sky F1*** Kimi Antonelli takes to the streets of Baku

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Greatest Games **7.00** Years **9.00** Saturday Social **10.00** Best Goals **11.00** Stories **11.30** The Big Interview **12 noon** Review **1.00pm** Stories **1.30** The Big Interview **2.00** Soccer Saturday **4.50 LIVE Women's Super League Football** London City Lionesses v Brighton & Hove Albion (kick-off **5.00**). **7.00** Arsenal Champions Show (AD) **8.00** Brazilians in the Premier League **9.00** Review **10.00** Arsenal Champions Show (AD) **11.00** Stories **11.30** Years **1.30am** Retro **3.30** Greatest Games **4.00** Best Goals **5.00—6.00am** Legends (AD)

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am International One-Day Cricket **11.00** Women's T20 World Cup (AD) **11.30** Nepal: Climbing Cricket's Mountain (AD) **12 noon** International One-Day Cricket **5.00pm** International T20 Cricket (AD) **5.30** Nepal: Climbing Cricket's Mountain (AD) **6.00** Test Cricket **10.00** Film Room: England v India **11.00** Women's T20 World Cup (AD) **11.30** Nepal: Climbing Cricket's Mountain (AD) **12 midnight** International One-Day Cricket **1.00am** International T20 Cricket **5.30—6.00am** Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am Highlights **10.00** 49 Hours **10.15** Gameday **11.00** Highlights **12 noon** Kansas City Chiefs: the Franchise **12.30pm** Bitesize (AD) **1.00** Highlights **3.00** Bitesize **4.00** Highlights **8.00** 49 Hours **8.15** Gameday **9.00** Bitesize **10.00** Highlights **11.00** Bitesize **11.15** Gameday **12 midnight—6.00am** Highlights

Sky F1

Sky 407 Virgin 507 EE 424/HD 444

7.55—9.15am LIVE Formula Two Azerbaijan Grand Prix (start **8.00**). **10.30—3.00pm LIVE Azerbaijan Grand Prix** From Baku City Circuit.

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

6.00am—1.00pm LIVE Tennis Action from the WTA and ATP Tours. **1.00—5.00 LIVE Laver Cup Tennis** Day two in London. **Sport: page 28** **7.00—10.30 LIVE Laver Cup Tennis** Further coverage from day two.

Sky Sports Mix

Sky 416 Virgin 511 EE 429/HD 449

4.50—7.00pm LIVE Women's Super League Football London City Lionesses v Brighton & Hove Albion. **9.00—12 midnight LIVE LPGA Tour Golf** Action from day two of the NW Arkansas Championship.

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am LIVE AFL Continued coverage from the Grand Final. **9.00** Champions League Magazine **9.30** Serie A: Full Impact (AD) **10.00** Premier League: the Big Interview **10.30** Premier League Stories (AD) **11.00** Cycling **12 noon LIVE Cycling** Coverage of stage five of the men's CRO Race. **2.00pm** Prem Rugby Union (AD) **2.30 LIVE Prem Rugby Union** Exeter Chiefs v Gloucester; **5.15** Sale Sharks v Bristol Bears. **7.45** Lewis Moody vs MND (AD) **9.00** World Superbikes **9.30** AFL **11.00 LIVE UFC** From Las Vegas; **1.00am** Raúl Rosas Jr v Raoni Barcelos, the bantamweight bout. **4.30—6.00am LIVE AFLW** Collingwood Magpies v GWS Giants.

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

6.00am Laver Cup Tennis **8.00** SailGP (AD) **9.00** TNT Sports Reload (AD) **9.15** Pool **10.45** Laver Cup Tennis **12.45pm LIVE Laver Cup Tennis** The first match from day two; **3.00** The second match from day two in London. **Sport: page 28** **5.00** Triathlon Highlights **5.30** Reload (AD) **5.45** Inside Serie A (AD) **6.15** Champions League Magazine **6.45 LIVE Laver Cup Tennis** The third match on the second day; **9.00** The fourth match on day two. **11.00** Champions League Magazine **11.30 LIVE NWSL Football** Washington Spirit v Angel City FC. **1.45am** Inside Serie A (AD) **2.15** Reframe the Game (AD) **2.30—6.00am LIVE Motor Racing** Six Hours of Fuji in Oyama, Japan. Coverage continues until 9.30am.

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am Prem Rugby Union **7.00** Cycling **9.00** Discovery Golf (AD) **9.30** Prem Rugby Union **10.30** Fishing (AD) **11.30** Climbing **12.30pm** TNT Sports Reload (AD) **12.45** Cycling **1.45 LIVE Cycling** The women's elite road race from Montreal. **7.45** Playing for Our Future: Cycling (AD) **8.00** MLB Highlights **9.00** Cycling **10.00** Prem Rugby Union **12 midnight** MLB Classic **12.15am LIVE Major League Baseball** New York Yankees v Baltimore Orioles (start **12.15**). **3.00** Cycling: action from Montreal **4.00—6.00am LIVE AFLW** Adelaide Crows v Fremantle Dockers.

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

6.00am Premier League Reload (AD) **6.15** British Superbikes (AD) **6.30** MotoGP (AD) **7.30** World Superbikes **8.30 LIVE World Superbikes** The third free practice session in Italy. **9.00** British Superbikes Highlights (AD) **10.00 LIVE World Superbikes** The Superbike Superpole session. **10.45** MotoGP Highlights (AD) **11.45 LIVE World Superbikes** The first Sportbike race in Italy; **12.45pm** The first Supersport race; **2.00** The first Superbike race. **3.30** MLB **4.30** Speedway Highlights **5.30 LIVE Speedway** From Poland. **9.00** Trail Running **9.30** Showjumping **10.30** MLB Highlights **11.30** World Superbikes **12 midnight** AFL **1.30am LIVE Major League Baseball** Joining coverage of New York Yankees v Baltimore Orioles. **4.30—6.00am** MotoGP Highlights (AD)

SUNDAY



LOST IN FRANCE
Eva Longoria begins her French odyssey in Paris

TRAVEL

Eva Longoria: Searching for France

*7.15pm **BBC Two** Full series available via iPlayer*

NEW SERIES

Having enthusiastically eaten and drunk her way around Mexico and Spain (OK, she explored a little of their cultures and history too), the Texican actor now turns her attention to France. She is, she explains, a "serious Francophile" and "simply can't get enough of Paris", which is where she starts her gastronomic pilgrimage.

And what a start it is because she first dines with multiple-Michelin-starred chef Alain Ducasse in his Versailles-inspired restaurant. However, she's not all about fine dining, being just as happy to tuck into a traditional *croque monsieur*, sample an Asian version of *croque madame* that "isn't dishonouring its roots", or attempt to resist licking the plate after devouring a creamy potato purée that's "heaven in your mouth".

Like Stanley Tucci in his Italian series, she's an engaging companion and possibly has an even bigger appetite for life and food than he. She laughs easily and charms everyone she meets, even though she's not fluent in French. "Although I do understand everything" she warns with a smile.

JANE RACKHAM

FACTUAL

Countryfile

*7.00pm **BBC One** Catch up: iPlayer*

You may not have been aware of the existence of World Rivers Day, but the *Countryfile* team don't miss this sort of landmark. Given the ongoing disgrace of pollution and sewage dumping by water companies, this edition should contain a touch of righteous anger to go alongside the natural positivity and ebullience of our hosts, Margherita Taylor and Matt Baker. They will be spending time exploring the River Trent and its surrounding area and finding, from the reintroduction of beavers and white storks to adjustments in land management on a local farm, that meaningful change can be achieved.

Elsewhere, Joe Crowley investigates the implications for the countryside of the march of AI data centres across the UK. **GABRIEL TATE**

CRAFT

The Great Celebrity Pottery Throw Down

*7.45pm **C4***
Catch up via C4 streaming

The concentration on the faces of the six celebrities as they watch Keith Brymer Jones demonstrating this week's technical throw-down challenge says it all. Their pursed lips, furrowed brows and worried grimaces tell us it's not as simple as he makes it look.

Their main task of creating animal sculptures isn't easy either because it's a real baptism by fire. They're attempting *raku*, the unpredictable, violent, rigorous process of firing clay at high temperatures. The amateur potters squeal like excited schoolchildren as they transfer their white-hot work to the reduction chamber. Unfortunately, one piece is beheaded in the move... and then gets dropped. **JR**

DOCUMENTARY

Wilderness with Simon Reeve

*9pm **BBC Two** Full series on iPlayer*

Rainbow runners. Guineafowl puffers. Mexican goatfish. Rather than some of the more arcane insults from the repertoire of Tintin's friend Captain Haddock, these are a few of the amazing species encountered by Simon Reeve as he heads beneath the waves of Mexico's Sea of Cortez.

It is another eye-popping voyage, and one with some much-needed good news about our battered environment where scientists and local communities – many built on fishing but diversifying into conservation – are succeeding in bringing back endangered marine life. There are heart-stopping moments, notably encounters with bull sharks, but far more heartening ones too. **GT**

DRAMA

The Blame

*9.00pm **ITV1** Full series on ITVX*

The warning signs have been accumulating: the inappropriate workplace culture, the complicity of silence, the group chats from which Emma is excluded. But it's the missing SD card that leaves her in little doubt that Sophie's killer is at large inside the police station. On it, she was seen trying to report a sexual assault, only to be targeted by those very people tasked with protecting her.

Traditionally, crime dramas offer us variations on "good coppers" – maverick, dysfunctional, but ultimately on our side. The bite of *The Blame* comes from Emma's growing belief that a fellow officer has weaponised his authority against women, making the badge feel infinitely more sinister. Continues tomorrow. **DAVID BROWN**

REALITY

Apocalypse

*9.00pm **C4** Catch up: C4 streaming*

At the start of this survival show set in a ruined US town, the voiceover asks, "Can they rebuild society from scratch?" Right now, that seems a stretch. The way things are going, not clubbing each other to death by episode four will be a win. Starving and exhausted, the survivors are set to go feral. "What do you want us to do, eat each other?" groans Louise. She's joking, I think, but you can imagine the producers' eyes lighting up. So far, no cannibalism, but things are hotting up. Scary politician Celia and blunt chef Dean are great value and tonight Louise finds a gun... **DAVID BUTCHER**

DRAMA

An Inspector Calls

*10.00pm **BBC Four***
Available now via iPlayer

JB Priestley's morality play, first performed in 1945, had a profound impact on British theatre. This TV adaptation from 2015 stars David Thewlis as the mysterious Inspector Goole, who interrupts a party held by the wealthy Birling family. Goole is investigating the suicide of a local woman and interrogates each member of the clan who are puzzled by his presence. One by one, the Birlings are revealed as culpable for the crime, but all is not quite as it seems. At 11.15pm, Priestley reflects on his work in a 1973 documentary as he approached his 80th birthday. **JOHNATHON HUGHES**



LEGALLY ENTITLED Neal (Danny Ashok) and Aria (Ritu Arya)

DRAMA

The Split Up

*9.00pm **BBC One** Full series via iPlayer*

Dhruv (Sanjeev Bhaskar) is still slapping down any attempts by daughter Aria (Ritu Arya) to take control of the Manchester law firm. So far, she's taken it on the chin but snaps when he blatantly overrides her negotiations about an overbearing mother's demands for her unborn grandchild's trust.

"You could leave the firm," is the suggestion from Luke (Dimitri Leonidas), who then adds, helpfully, "I love my family but there's no way I could work with them every day."

However, it's not that simple when you have a British Asian family with traditional values. Writer Ursula Rani Sarma cleverly juxtaposes this with the modern, calculating, cut-and-thrust of a lucrative legal business. JR

FACTUAL

Antiques Roadshow

*8.00pm **BBC One***
Catch up via iPlayer

On an overcast, windy July day the Roadshow team arrives on a south Tyneside clifftop, home to the UK's first purpose-built, electric-powered lighthouse: Souter. They don't see any treasures scavenged from shipwrecks, though – just a seascape found in a skip.

However, Charlotte Riordan is thrilled to examine what she believes is an early David Hockney portrait done during his school days. The experts also value a letter signed by Napoleon, a quirky gold brooch of a mouse and some 1960s fabric designed by Zandra Rhodes, which is in much better condition than you might expect for something that's been stuffed at the bottom of a wardrobe for years.

Fiona Bruce, meanwhile, tests her knowledge of local glassware. **JR**



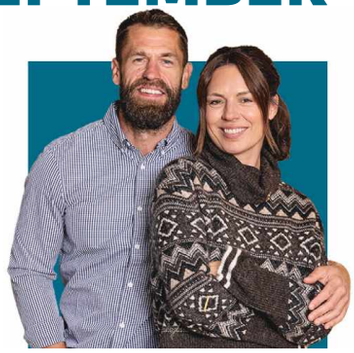
ALL LIT UP Fiona Bruce and the team are in Tyneside

DOCUMENTARY

Ice Road Truckers

*10.00pm, 10.45pm **BBC Three***
Catch up via iPlayer

Being an ice road trucker is all about solving your own problems, often far from so-called civilisation. Consider the peril of Todd Dewey, who in tonight's two-part return has to transport 45,000 pounds of steel across bumpy, frozen roads to a remote Canadian town. So bumpy, in fact, that it has dislodged some of the freight, which now hangs perilously over the side of the truck. If it falls off, he cannot put it back on again. So, alone, in the middle of nowhere, he comes up with the ingenious idea to tie a chain around the steel, fix it to a nearby tree, and use the truck to shift it back into position. A better idea than mine, which would be to immediately cry. **STEPHEN KELLY**



ALSO ON TODAY

Fletchers' Family Farm *11.30am **ITV1***

Kelvin Fletcher (above with wife Liz) and his family return for a new series following their life on the land. It's lambing time!

Talking Royals

*12.30pm **ITV1***

ITV News royal editor Chris Ship and royalty expert Lizzie Robinson host invited guests and discuss this week's headlines.

Songs of Praise

*1.15pm **BBC One***

Pam Rhodes and Aled Jones celebrate the show's 65th anniversary with archive clips, featuring the likes of Dolly Parton and Andrea Bocelli.

LIVE SPORT

Cricket: Men's ODI

England v Sri Lanka
*10.00am **Sky ME/Cricket***
*highlights 11.55pm **BBC Two***

The third and final match of the series from the Oval.

Cycling: World Championships

*1.30pm **TNT Sports 3***
*7.00pm **BBC Three***

Climax of the championships with the men's road race – a 273.4km route starting and finishing in Montréal.

Prem Rugby Union

Leicester Tigers v Saracens
*2.30pm (k/o 3pm) **ITV1, TNT 1***

Action from Welford Road.

SPORT HIGHLIGHTS
PAGE 29

FILM REVIEWS
PAGE 47

SUNDAY MAIN CHANNELS

DAYTIME

BBC One **6.00am BBC News** Updates and weather reports. (S) (HD)
9.00 Sunday with Laura Kuenssberg Interviews with key politicians and public figures. (S) (HD)
10.00 Politics England Regional political news. (S) (HD)
10.30 Sunday Morning Live Topical debate. (S) (HD)
11.30 Money for Nothing Festive baubles. (R) (S) (HD)
12 noon Bargain Hunt From Wetherby. (R) (S) (HD)
12.45pm Points of View Viewers' comments. (S) (HD) CONTACT email: pov@bbc.co.uk; telephone 0370 908 3199; or write to *Points of View*, 40 Pacific Quay, Glasgow G51 1DA
1.00 BBC News Weather for the Week Ahead (S) (HD)
1.15 Songs of Praise Pam Rhodes and Aled Jones celebrate the show's 65th anniversary. (S) (HD)
1.50 Homes under the Hammer Properties in Hull, Suffolk and Liverpool are appraised. (R) (S) (AD) (HD)
2.50—4.20 Shrek ★★★★ Animated fantasy comedy featuring the voice of Mike Myers. On iPlayer for 30 days. **Review p97.** Directors Andrew Adamson and Vicky Jenson (2001, U) (S) (AD) (HD) Also showing Fri 7.35pm BBC Three

BBC Two **6.10am A to Z of TV Gardening** Subjects beginning with V. (R) (S) (HD)
6.55 Glorious Gardens from Above Christine Walkden explores the Scottish Borders. (R) (S) (HD)
7.40 Countryfile Joe Crowley and Tom Heap explore East Sussex. Shown last Sunday Signed rpt tomorrow 1.15am (S) (HD)
8.40 Landward The team explores the delights of the Buchan coast. Shown last Thursday BBC Scotland (S) (HD)
9.10 Beechgrove Garden Tips and tasks for autumn and winter. Shown last Thursday BBC Scotland (S) (HD)
9.40 Saturday Kitchen Best Bites With recipes by Sophie Wyburd, Imad Alarnab and Freddy Bird. (S) (HD)
11.10 Lorraine Pascale: How to Be a Better Cook The chef creates chocolate and rum truffles. From 2014. The whole series is on iPlayer. (R) (S) (AD) (HD)
11.40 Nigel and Adam's Farm Kitchen Nigel Slater cooks spring lamb. First shown in 2013. (R) (S) (HD)
12.40pm The 39 Steps ★★★★★ Classic thriller with Robert Donat and Madeleine Carroll, the first of two films directed by Alfred Hitchcock. Available on iPlayer for 60 days. **Review p47.** (1935, U) (BW) (S) (HD) *Alfred Hitchcock: Talking Pictures* Thursday 9.30pm BBC Four
2.05 The Lady Vanishes ★★★★★ Classic thriller with Margaret Lockwood and Michael Redgrave. On iPlayer for 60 days. **Film of the Day: page 47.** (1938, U) (BW) (S) (AD) (HD) Also showing Thursday 8pm BBC Four
3.40—4.25 Flog It! From North Yorkshire. (R) (S) (HD)

ITV1 **6.00am James Martin's American Adventure** From Louisiana. (R) (AD) (HD)
7.00 The Lost World: Jurassic Park ★★★ Sci-fi adventure starring Jeff Goldblum and Julianne Moore. Director Steven Spielberg (1997, PG) (S) (AD) (HD)
9.25 ITV News (S) (HD)
9.30 Love Your Weekend with Alan Titchmarsh Selina Scott, Pixie Lott and Tom Parker Bowles join Alan for a chat in an edition from 2024. (R) (S) (HD)
11.30 *New series.* Fletchers' Family Farm *1/10 Series 5.* Return of the series following the farming family as they reflect on their progress so far. (S) (HD)
12.30pm *New series.* Talking Royals The return of the weekly round-up of royal news. (S) (HD)
1.00 Love Your Garden In Thornton Heath. (R) (S) (AD) (HD)
1.30 ITV News Weather; Regional Weather (S) (HD)
1.45 In for a Penny From Florida. (R) (S) (AD) (HD)
2.30—5.30 LIVE Prem Rugby Union Leicester Tigers v Saracens Coverage of the opening-round fixture from Welford Road (kick-off **3.00**). (S) (HD) *Prem Rugby Unleashed* Wednesday 6.55pm ITV4

Channel 4 **6.05am Cheers** (R) (S) (HD)
7.30 Everybody Loves Raymond Three episodes of the sitcom. (R) (S) (AD) (HD)
9.00 The Simpsons Double bill. (R) (S) (AD)
10.00 Sunday Brunch Tim Lovejoy and Simon Rimmer are joined by Tony Hadley, Charlie Higson and Amy Nuttall. With music from Teenage Fanclub. (S) (HD)
1.00—3.40pm A Knight's Tale ★★★★ Romantic period adventure starring Heath Ledger. **Review page 47.** Director Brian Helgeland (2001, PG) (S) (AD) (HD)

BBC One 1



Antiques Roadshow *8.00pm* Lisa Lloyd is impressed by some well-preserved textiles

4.20pm BBC News Regional News; Weather (S) (HD)

4.45 Match of the Day Live
Denmark v Wales
All the action from both teams' second Nations League Group A4 match, held at Parken Stadium in Copenhagen (kick-off **5.00**).
Their previous meeting was in the last-16 of the delayed Euro 2020 in Amsterdam, which saw the Danes claim a 4—0 win, with Kasper Dolberg scoring twice before Joakim Maehle and Martin Braithwaite put gloss on the scoreline with late strikes. (S) (HD)
Northern Ireland v Hungary tomorrow 7.30pm BBC Three

7.00 Countryfile
RT To mark World Rivers Day, Matt Baker and Margherita Taylor explore the River Trent and the land that surrounds it. Once heavily engineered and polluted, the waterway is now a test-bed for new approaches to improving its condition. Margherita also follows a project to reintroduce white storks to the Trent Valley, and Joe Crowley investigates what the growth of AI data centres could mean for the countryside. Includes **Weather for the Week Ahead**. **See page 40.**
Series producer Becky Pratt; Series editor Mark Beech (S) (HD)

8.00 Antiques Roadshow
RT Fiona Bruce and the team visit Souter Lighthouse in South Tyneside, where items include a letter signed by Napoleon, a collection of tin-plate vintage toys and an early portrait by David Hockney. Lisa Lloyd discovers some fabric from the 1960s designed by Zandra Rhodes, while Rupert Maas admires a dramatic seascape painting by a local artist. **See page 41.**
Series producer Rae Gilder Cooke; Series editor Robert Murphy (S) (HD)

9.00 The Split Up
RT ***3/6.*** Aria makes a risky move, and a tumultuous awards ceremony leaves her shocked to learn that there is more to Dhruv and Zoya's relationship than meets the eye. Continues tomorrow at 9pm. The whole series is available on iPlayer. **See page 41.**

Aria Kishan	**Ritu Arya**	Neal Sharma	**Danny Ashok**
Dhruv Kishan	**Sanjeev Bhaskar**	Linda Taylor	**Debbie Rush**
Zoya Bassu	**Shalini Peiris**	Charvi Lanigan	**Isobel Khan**
Maya Kishan	**Aysha Kala**	Danny Lanigan	**Jacob Krishna**
Kav Kishan	**Arian Nik**	Becca Holt	**Bex Smith**
Ashok Singh	**Mawaan Rizwan**	Harshika Sharma	**Sindhu Vee**

Writers Sumerah Srivastav and Ursula Rani Sarma; Producer Natasha Romaniuk; Directors Shamim Sharif and Khurrum M Sultan
More cast Monday Signed repeat Tuesday 12.10am BBC Two (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.30 Legally Blonde 2: Red, White & Blonde
★★ Comedy. Ditzy socialite Elle Woods has graduated from Harvard and is a rising lawyer. Deciding to marry boyfriend Emmett, she's determined to have her dog's mother at the wedding. But the canine is locked up in a cosmetics testing lab, prompting Elle to challenge the legal system to end animal experimentation. On iPlayer for 30 days. **Review p47.**

Elle Woods	**Reese Witherspoon**	Paulette Parcelle	**Jennifer Coolidge**
Congresswoman Rudd	**Sally Field**	Stanford Marks	**Bruce McGill**
Emmett Richmond	**Luke Wilson**	Libby Hauser	**Dana Ivey**
Grace Rossiter	**Regina King**	Reena Gulani	**Mary Lynn Rajskub**

Director Charles Herman-Wurmfeld (2003, PG) (S) (HD)
Also showing Friday 11.30pm BBC Three

12 midnight Weather for the Week Ahead (S) (HD)
12.05—6.00am BBC News (S) (HD)

BBC One Freeview 1/HD 101 Freely 1 Freesat 101 Sky 101 Virgin 101

BBC Two 2



Eva Longoria: Searching for France *7.15pm* Bon appétit: exploring the country's cuisine

4.25pm Kingdom
2/6. **Storm's Retreat.** The wild dog pups must learn to navigate the changing world of the wet season. First shown last year. The whole series is in UHD on iPlayer.
Producer Jo Harvey; Series producer Felicity Lanchester (R) (S) (AD) (HD)

5.15 This Farming Life
In South Ayrshire, the Barclays ready their sheep for the Lanark Winter Show. First shown in 2023.
Series producer Gareth Fielding; Executive producer Jo Roe (R) (S) (HD)

6.15 Wild Tales from the Village
Following the wildlife of a remote village in the French countryside over the course of a year. From 2016.
Producer Verity White; Executive producer Michael Gunton (R) (S) (AD) (HD)

7.15 Eva Longoria: Searching for France
RT ***New series. 1/8.*** The actor explores the country's culinary traditions and culture, beginning in Paris, where she looks at Louis XVI's refinement of dining conventions through the "art of the table" and meets young chefs on the cutting edge of a food scene that blends French technique with global influences. The series is on iPlayer from today. **See p40.** (S) (AD) (HD)

8.00 Pilgrimage: the Road through North Wales
2/3. The celebrities continue along the Pilgrim's Way and head into Eryri National Park before visiting Aber Falls. From 2024. The whole series is on iPlayer.
Directors/Producers Tom Allright, Ash Burnham, Jemma Cox and Robert McCourt (R) (S) (AD) (HD)

9.00 Wilderness with Simon Reeve
RT ***2/4 Series 2.*** The adventurer explores one of the richest and most dramatic marine ecosystems on Earth — Mexico's Sea of Cortez. Once called the "aquarium of the world" by oceanographer Jacques Cousteau, this vast inland sea teems with life, from giant shoals of fish to large populations of sea lions and dolphins. A box set is on iPlayer. **See page 40.**
Producer Rocio Lira Salas; Series producer Chris Mitchell (S) (AD) (HD)

10.00 Platoon ★★★★★
Oscar-winning war drama. Within days of his arrival in Vietnam, college dropout Chris Taylor is plunged into the hellish life of a GI, a world of fear, exhaustion and casual brutality in a fight against an unseen enemy. On iPlayer for 30 days. **Review p47.**

Sergeant Barnes	**Tom Berenger**	Big Harold	**Forest Whitaker**
Sergeant Elias	**Willem Dafoe**	Rhah	**Francesco Quinn**
Chris	**Charlie Sheen**	Sergeant O'Neill	**John C McGinley**

Director Oliver Stone (1986, 15) (S) (AD) (HD)
Also showing Thursday 10.10pm BBC Four

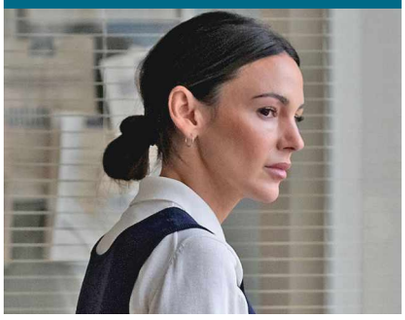
11.55 International One-Day Cricket Highlights
Action from the third and final match of the series between England and Sri Lanka, held at the Oval.
Executive producer Adam Mountford (S) (HD)

12.40—2.40am Sign Zone **12.40 Question Time** Fiona Bruce hosts from Cambridge. Shown last Thursday BBC One (S) (HD)
1.40 Saving Lives at Sea *4/10.* A mayday comes in from a French yacht 16 miles west of St Helier. (R) (S) (AD) (HD)

BBC Online **BBC iPLAYER 10.00am—5.00pm Tennis** The Billie Jean King Cup final
BBC iPLAYER 2.00—9.00 Cycling Live coverage of the World Road Championships men's time trial held in Quebec, Canada
BBC iPLAYER 8.00—11.00 Major League Baseball Coverage of Boston Red Sox v Chicago Cubs at Fenway Park

BBC Two Freeview 2/HD 102 Freely 2 Freesat 102 Sky 102 Virgin 102

ITV1 3



The Blame *9.00pm* DI Crane (Michelle Keegan) keeps a close eye on her colleagues

5.30pm The Chase
Heather, Andy, Felicity and Ben work as a team to take down one of the ruthless Chasers and secure a cash prize. (R) (S) (HD)

6.30 ITV News
Weather; Regional News and Weather (S) (HD)

7.00 The Box
Ep 6. Gary Lineker watches on as the latest challenge causes conflict for the celebrities. As accusations start to fly, tempers flare and a friendship is pushed to breaking point.
Directors Paul Mackay and Eddie Lewis
Producers Iain Thompson, Mark Challender, Jaycee Stevens, Leah McKenna, Emily Patten, Anna Gilchrist, Rachel Forbes, Georgia Belcher and CJ Henry (S) (AD) (HD)

8.00 Who Wants to Be a Millionaire?
Jeremy Clarkson asks the questions as another six contestants attempt to climb the legendary money ladder in pursuit of the magic million. Will their final answer earn them the huge seven-figure jackpot?
Director Richard Valentine; Executive producers Kerri Reid, Matthew Worthy and Kieran Doherty (R) (S) (HD)
Millionaire Hot Seat tomorrow 7.30pm

9.00 The Blame
RT ***3/6.*** A key suspect is exonerated, but DI Crane still believes that a serial predator is operating within the Wakestead police force. Continues tomorrow 9pm. The whole series is on ITVX. **See page 40.**

DI Emma Crane	**Michelle Keegan**
DI Tom Radley	**Douglas Booth**
DC Douglas James	**Josh Bolt**
Sophie Madsen	**Matilda Freeman**
DC Lewis Brimah	**Nathan Mensah**
PC Callum Drummond	**Ceallach Spellman**
DC Joel Stevens	**Gavin Spokes**
DCI Kenneth Walker	**Ian Hart**
Coach Kyle Frasier	**Joe Armstrong**
Neil Shergill	**Nigel Boyle**
Chloe Radic	**Anya McKenna-Bruce**
Gerry Madsen	**Jamie Kenna**
Jasmine Dunn	**Jacqueline Boatswain**
Kacy Denson	**Steph Parry**
Marissa Andrei	**Daisy Wood-Davis**
PC Kat Shaw	**Karen Ascoe**
DC Mike Baxter	**Aaron Anthony**
Kara Evans	**Kirsty Hoiles**
Peter Hayes	**Justin Avoth**
Jia Brimah	**Grace Saif**
Mila Brimah	**Tiahna Krenek**
Theo Asaro	**Cache Vanderpuye**
Kapil Manek	**Vikash Bhai**

Dramatised by Ashley Sanders (S) (AD) (HD)

10.00 ITV News
Weather; Regional Weather (S) (HD)

10.25 70 Up
2/2. The final part of the documentary series brings the participants together for one last reckoning with their extraordinary lives — and with the series that has followed them since childhood. Sue, Bruce, Jackie, Suzy, Peter, John and Andrew each revisit the hopes and expectations captured on film throughout their lives, with their stories having become a portrait of Britain across seven decades.
Director Asif Kapadia; Series producer Claire Lewis Shown last Tuesday (S) (AD) (HD) *7 Up: the Story* tomorrow 11.30pm

12 midnight Home Shopping (HD)
3.00am Motorsport UK Action from Knockhill, with racing from the Mini Challenge and Porsche Sprint Challenge Great Britain. Shown last Monday ITV4 (S) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am Prue Leith's Cotswold Kitchen Dame Prue is joined by Harry Aikines-Aryeetey, aka Nitro from *Gladiators*. Shown yesterday 8.25am (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



Apocalypse *9.00pm* Eastsiders Kyra and Kiera enjoy the temporary peace deal

3.40pm Kirstie and Phil's Love It or List It: Brilliant Builds
The property experts catch up with two families who had grand renovation plans.
Executive producer Jonny Wharton
Editor Deborah Dunnett (Revised rpt) (S) (AD) (HD)

4.10 George Clarke's Amazing Spaces
George views a straw bale house that radiates rustic charm. (R) (S) (AD) (HD)

5.15 Worst House on the Street
6/6 *Series 2.* Maria sets out to give her Sheffield home a complete renovation.
Executive producers Andrew Mackenzie-Betty and Melanie Leach; Series editor Claire Edwards (R) (S) (AD) (HD)

6.15 Channel 4 News Sport; Weather (S) (HD)

6.45 The World's Biggest Cruise Ship
A look at life on board the *Icon of the Seas* as it sets sail on its maiden Caribbean voyage.
Series director/producer Megan Roberts
Repeated Thursday 10pm 4seven (R) (S) (AD) (HD)
RT TRAVEL 16-page travel supplement: centre pages

7.45 The Great Celebrity Pottery Throw Down
RT ***3/5.*** It's Raku Week and Lucy Beaumont, Fatiha El-Ghorri, Richard Herring, Paul Merson, Denise Van Outen and Layton Williams are challenged to make animal sculptures and face the infamous bucket of doom in their second challenge. **See p40.**
Series director Emma Reynolds; Series producer Jennifer Morrison
Repeated Tuesday 9.30pm, Wednesday 7pm and Thursday 7.45pm 4seven Signed repeat Tuesday 2.05am C4 (S) (AD) (HD)

9.00 Apocalypse
RT ***3/8.*** A fragile peace deal between the Eastsiders and Westsiders is agreed — including the chickens. Matty invents a work hack for wood and water collection, featuring a repurposed lawnmower. **See page 41.**
Repeated tomorrow 10pm 4seven and signed Tuesday 3.10am Channel 4 (S) (AD) (HD)

10.00 Gogglebox
4/16. The armchair critics give more frank responses to the latest small-screen offerings.
Shown last Friday Signed repeat Tuesday 11.20pm (S) (AD) (HD)

11.00 Celebrity Gogglebox
A look back at some of the standout moments from series six. From December 2024.
Executive producers Leon Campbell, Victoria Ray and Mike Cotton (R) (S) (SL) (AD) (HD)

12 midnight Geordie Coppers *Ep 2.* PC Adam helps trading standards officers. Shown last Monday (S) (AD) (HD)
1.00am Ramsay's Kitchen Nightmares USA The chef visits a Cuban café in New York. (R) (S) (SL) (HD)
1.50 Inside the World's Most Luxurious Motorhomes Rising Formula One star Ollie Bearman invites us inside his £1.2 million palace on wheels. (R) (S) (AD) (HD)
2.45 Kokomo City ★★★★ Documentary. Four black American transgender women discuss their lives. Available to stream for 30 days.
Director D Smith (2023, 18) (BW) (S) (HD)
4.00 The Simpsons Double bill. (R) (S) (AD)
4.50 Sunday Brunch Highlights. (R) (S) (HD)
4.55—5.50am Couples Come Dine with Me Three more couples compete in west London. (R) (S) (HD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



22 Kids and Counting *8.00pm* Daughter Millie is keen to prove a point

5.30am Milkshake! See page 46
8.55 Entertainment News (S) (HD)
9.00 The Wonderful World of Chocolate Highlights from the series. (R) (S)
9.30 The Cruise: Fun-Loving Brits at Sea The travellers visit Santorini. (R) (S) (AD) (HD)
10.30 The guests arrive in Sicily. (R) (S) (AD) (HD)
11.30 Holidaying with Jane McDonald and Friends The singer chills out on Corfu. (R) (S) (HD)
12.30pm Trips to Bucharest and Ibiza. (R) (S) (HD)
1.25 Warship: Life in the Royal Navy Kate Humble steps on board a British nuclear powered attack submarine. (R) (S) (AD) (HD)
2.25 Kate joins British Warship HMS *Dragon* and its crew of over 200. (R) (S) (AD) (HD)
3.25 The Betrayal of Anne Boleyn: Inside the Tower of London Special An investigation into who really betrayed Anne Boleyn. (R) (S) (HD)

4.25pm Queen Victoria: How She Shaped an Era
Miriam Margolyes narrates an exploration of the queen's life through her diaries, journals and letters, and other items in the royal archives.
Series director Stuart Strickson (R) (S) (HD)

6.25 5 News (S) (HD)

6.30 Elizabeth II: the Unseen Photos
This documentary draws on newly discovered photographs and expert insights to chart Elizabeth II's life and how she shaped the monarchy on the world stage. (R) (S) (HD)

8.00 22 Kids and Counting
Ep 3 *Series 9.* Millie Radford is determined to prove she can cope alone after kicking out her husband. Meanwhile, Chloe has been appointed family archivist and has the task of collating what is possibly the world's biggest family photo album. As she becomes snowed under by thousands of images, one thing quickly becomes clear — there isn't a single photograph of the entire family together.
Director/Producer Alex Ash (S) (HD)

9.00 Live NFL
Baltimore Ravens v Dallas Cowboys
Dermot O'Leary, Sam Quek, and Osi Umenyiora introduce coverage of the week three match at the Maracana in Rio de Janeiro, Brazil (kick-off **9.25**).
This is the first NFL game played at this venue, though there were contests held in Brazil in 2024 and 2025 in São Paulo. (S) (HD)

12.30am Cops The owner of a truck discovers what happens when he doesn't lock his door. (R) (S) (HD)
12.55 Entertainment News (S) (HD)
1.00 Home Shopping (R) (S) (HD)
2.00 The Wonderful World of Chocolate A double bill of highlights from the series. (R) (S)
2.50 The Big Steam Adventure Travelling from London to Scotland using steam power. (R) (S) (HD)
3.35 Ben Fogle: New Lives in the Wild In this revisit, Ben returns to Slab City, California. (R) (S) (HD)
4.25 In Uruguay, Ben pays a visit to Rhona, a British-born actress who quit her career. (R) (S) (HD)
5.15—5.25am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC ONE SCOTLAND
10.00—10.30am The Sunday Show: political issues with Gary Robertson

BBC SCOTLAND
7.00pm Reporting Scotland
7.15 The Repair Shop on the Road: help for a Glasgow landmark that has lost its lustre
8.00 Pilgrimage: the Road to the Scottish Isles: the celebrities are challenged physically and spiritually
9.00 Highland Cops: officers in the Kyle of Lochalsh search the flat of an elderly woman
10.00 Still Game: Jack and Victor go back to school
10.30 Scot Squad: Miekelson reassesses the force's training policy
11.00 The Sunday Show
11.30—12 midnight Our Lives: Speed without Limits: following Scotland's first wheelchair-using racing driver

BBC ONE WALES
10.00—10.30am Politics Wales **4.20pm** The Best of Weatherman Walking: Derek Brockway recalls cycling around Lake Vyrnwy with guest Siân Lloyd **4.30—7.00** Match of the Day Live: Denmark v Wales, a Nations League Group A4 match from Copenhagen (kick-off 5.00)

BBC TWO WALES
3.40pm Flog It!: the team values antiques at Guildford Cathedral **4.20** BBC News; BBC Wales Today; Weather **4.45—5.15** Race against the Tide: the finalists have six hours to build the ultimate sandcastle

BBC ONE NORTHERN IRELAND
10.00—10.30am Sunday Politics Northern Ireland: Mark Carruthers looks at the week's political developments

BBC TWO NORTHERN IRELAND
10.00pm Inis na nIontas: Ardal O'Hanlon explores the islands off Ireland's coast
10.50 Plough On!: a Down man's dream of becoming world ploughing champion
11.20 Sunday Politics Northern Ireland
11.50—11.55 The Chronicles of Armagh: Summer in the less urban parts of the city

SUNDAY TELEVISION

BBC FOUR and Freeview channels listings overleaf ▶

SUNDAY FREEVIEW CHANNELS

BBC Four 24 IN SCOTLAND 9



Lesley Garrett at the BBC *7.30pm* Memories of her finest performances

7.00pm A Stitch in Time
1/6. **Charles II.** Fashion historian Amber Butchart presents a combination of biography, art and fashion to explore the lives of historical figures through their clothes, starting with Charles II. From 2018.
Series producer Lucy Kenwright
Executive producer Caroline Wright (S) (AD) (HD)

7.30 Lesley Garrett at the BBC
A tribute to the voice and career of soprano Lesley Garrett, who shares her memories of some of the finest performances from a career full of BBC moments. This collection includes popular songs such as *Somewhere* and *Tonight*, and showcases the versatility, artistry and warmth that have made her one of Britain's most cherished performers. First shown last year.
Producer Andrew Wiltshire; Series producer Simon Goretzki Repeated 1.15am (S) (HD)

9.00 The Riviera: a History in Pictures
2/2. **The Golden Era.** Richard E Grant concludes his exploration of the French Riviera's artistic legacy by focusing on how art, celebrity and the south of France became intertwined in the early part of the 20th century. Artists such as Picasso and Matisse found the sun-drenched landscape ideal for experimenting with their work. The artistic community also liked to party on the Côte d'Azur's beaches — a pastime that proved equally irresistible to American multimillionaires arriving on transatlantic liners. From 2013.
Director/Producer Spike Geilinger
Signed repeat 2.45am (S) (HD)

10.00 An Inspector Calls
RT Drama set in 1912, based on the play by JB Priestley. The mysterious "Inspector Goole" interrupts a wealthy family's party to tell them a young woman has taken her own life that night. But what does the death have to do with them? One by one, they find out — as their dark secrets are revealed. First shown in 2015. Watch now on iPlayer. **See p41.**

The Inspector	David Thewlis
Sybil Birling	Miranda Richardson
Arthur Birling	Ken Stott
Eva	Sophie Rundle
Edna	Lucy Chappell
Eric Birling	Finn Cole
Sheila Birling	Chloe Pirrie
Gerald Croft	Kyle Soller
Miss Francis	Flora Nicholson
Alderman Meggarty	Gary Davis

Adapted by Helen Edmundson; Producer Howard Ella
Director Aisling Walsh (S) (AD) (HD)

11.25 An Evening with JB Priestley
A 1973 programme in which the Bradford-born author chooses extracts from his own writing to celebrate the many things that he looked back on with pleasure. With readings by Jill Balcon.
Director Donald Sayer; Exec producer John Drummond (S)

12.15am Organ Stops: Saving the King of Instruments: the efforts of enthusiasts to save, restore and rehome pipe organs. First shown in 2022. Watch now on iPlayer (S) (HD)
1.15 Lesley Garrett at the BBC Shown 7.30pm (S) (HD)
2.45—3.45am The Riviera: a History in Pictures Shown 9pm (S) (SL) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three 23



Ice Road Truckers *10.00pm* Lisa Kelly deals with engine trouble

7.00pm LIVE Cycling
The men's road race in the World Road Cycling Championships, a 273.4km course starting and finishing in Montréal. Tadej Pogacar of Slovenia won this race for the second year 12 months ago in Rwanda. Live on iPlayer from 2pm. (S) (HD)

9.00 Top Gear: Polar Special
The team embark on an icy, epic land race from northern Canada to the North Pole, pitting Richard Hammond's dog sled against a specially adapted vehicle driven by Jeremy Clarkson and James May. First shown in 2007. (S) (AD) (HD)

10.00 *New series.* Ice Road Truckers
RT *Ep 1 Series 12.* Lisa is forced to stop when the unrelenting road knocks her engine apart. Todd attempts a bush fix to muscle his load back onto the trailer. (S) (HD)
10.45 *Ep 2.* Lisa's truck loses all heat as temperatures plummet toward -40, forcing her to seek help from Scooter. The whole series is on iPlayer from today. **See p41.**
First shown on Sky History (S) (HD)

11.30 Fury ★★★★
Second World War drama starring Brad Pitt, Logan Lerman and Shia LaBeouf. In the final days of the conflict, a young tank driver gets a baptism of fire when he joins a battle-hardened crew led by the uncompromising "Wardaddy". On iPlayer for 25 days.
Director David Ayer (2014, 15) (S) (HD)
Shown last Tuesday BBC One

1.35am Disclosure: Welcome to Glasgow: with Myles Bonnar (S) (HD) **2.35** The Close (S) (HD)
2.50—3.50am Doctor Who (S) (SL) (AD) (HD)

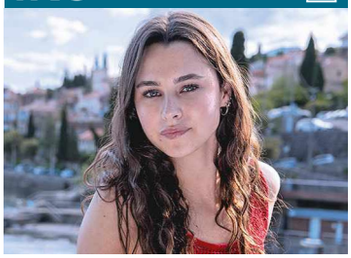
BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2 6

6.00am Dinner Date (S) (SL) (AD) (HD) **7.00** Peter Andre's 60-Minute Makeover (S) (HD) **9.00** Deal or No Deal: Banker's Best Battles (S) (HD) **9.30** Deal or No Deal (S) (AD) (HD)
12.30pm Celebrity Catchphrase (S) (AD) (HD) **1.30 FILM** Madagascar 3: Europe's Most Wanted ★★★ Animated comedy adventure featuring the voice of Ben Stiller. **Review p47** (S) (AD) (HD) **3.15 FILM** Harry Potter and the Order of the Phoenix ★★★★ Fantasy adventure starring Daniel Radcliffe, Rupert Grint and Emma Watson. **Review page 47** (S) (AD) (HD)
5.55pm FILM Harry Potter and the Half-Blood Prince ★★★★ The sixth in the fantasy adventure series. Dumbledore brings former tutor Horace Slughorn back to Hogwarts so that Harry Potter can learn from him the secrets of Voldemort's power. (S) (AD) (HD)
9.00 *New.* Big Brother A group of contestants live under 24-hour surveillance. (S) (HD)
10.00 *New.* Big Brother: the Group Chat Kate Lawler and GK Barry host exclusive interviews with evicted housemates, celebrity fans and special guests. (S) (HD)
11.05 Family Guy *Series 9.* The residents of Quahog are invited to spend an evening at James Woods's mansion. (S) (AD) (HD)
11.35 As guests start turning up dead, everyone struggles to identify the killer. (S) (AD) (HD)
12.05am American Dad! (S) (AD) (HD) **1.05** Plebs (S) (SL) (AD) (HD) **1.35** G'wed: Mia-Louise meets her online friend (S) (SL) (AD) (HD) **2.05** Piglets (S) (SL) (AD) (HD) **2.35—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115 +1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3 10



A Taste for Murder *6.00pm* Angelica could be in grave danger

6.00am Inspector Morse: *Series 2. The Wolvercote Tongue.* An American tourist's body is discovered (S) (SL) (HD) **8.15** Agatha Christie's Poirot: *The Chocolate Box.* The sleuth returns to Belgium (S) (AD) (HD) **9.25** The Darling Buds of May: ***3/6*** *Series 2. Stranger at the Gates 1/2.* Charley is jealous of a Danish visitor (S) (AD) (HD); **10.30 *4/6.*** *Stranger at the Gates 2/2.* Pop faces hostility (S) (AD) (HD)
11.35 Downton Abbey: ***4/9*** *Series 2.* Tensions flare between Isobel and Cora (S) (AD) (HD); **12.50pm *5/9.*** The household is shaken by bad news from the front (S) (AD) (HD)

2.00pm Downton Abbey
6/9 *Series 2.* A Canadian officer is brought to Downton for recuperation. (S) (AD) (HD)
3.15 *7/9.* The war clouds clear but will life ever be the same again? (S) (AD) (HD)
4.30 *8/9.* The wedding approaches and excitement is in the air. (S) (AD) (HD)

6.00 A Taste for Murder
5/6 *Series 1.* Two social-media influencers discover a body at a villa owned by a reclusive film star. (S) (AD) (HD)
7.00 *6/6.* A hand found in a dead shark is linked to the Mafia. Joe and Angelica argue about her future. (S) (AD) (HD)

8.05 Midsomer Murders
Series 6. **Birds of Prey.** When a man dies after trying to steal peregrine falcon eggs, Barnaby starts asking questions. (S) (AD)
10.00 *Series 4.* **The Electric Vendetta** A series of mutilated corpses turn up in the middle of crop circles, leading Barnaby to question his down-to-earth approach. (S) (AD)

11.50 Wycliffe
Old Habits. When a woman is found strangled, a pathologist detects chilling similarities with a number of unsolved murders dating back 11 years. (S) (HD)
12.55am The Blame: ***1/6.*** Crime drama based on the novel by Charlotte Langley, starring Douglas Booth (S) (SL) (AD) (HD) **1.55** George & Mildred (S) **2.20—2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117 +1 Freeview 58 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4 26

6.00am World of Sport (S) (HD) **6.20** The Protectors (S) (SL) (HD) **6.50** Motorsport Mundial (S) (HD) **7.20 *New.*** Auto Mundial (S) (HD) **7.50** The Champions (S) **9.00** EFL Highlights (S) (HD) **10.00** River Monsters (S) (HD) **10.30 LIVE** British Touring Car Championship: Nicki Shields presents coverage of the meeting from Silverstone. In the penultimate event of the year, Ashley Sutton could secure the championship, with his nearest challenger more than 100 points behind him (S) (HD)
6.05pm Junk and Disorderly The team heads for Mark's shed in Shrewsbury. (S) (HD)
7.10 Sharpe The return of an old enemy leads to a series of problems for Sharpe. (S) (HD)
9.20 FILM RoboCop ★★★★★ Satirical sci-fi thriller starring Peter Weller and Nancy Allen. In futuristic Old Detroit, a large conglomerate is now responsible for policing the city. When a young cop is murdered by a ruthless gang, his body is transformed into a computerised cyborg programmed to fight crime. (S) (HD)
11.25 *New.* Lioness *3/8.* Cruz is invited to spend the weekend with Aaliyah. (S) (HD)
12.20am Auf Wiedersehen, Pet (S) **1.25** Two and a Half Men: double bill (S) (HD) **2.20** Motorsport Mundial (S) (HD) **2.45—3.00am** Unwind (S) (HD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118 +1 Freeview 59 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama 20



Silent Witness *9.00pm* Fighting talk: Jack and Nikki enter the boxing world

7.10am The Bill: five episodes. Singh's secret identity is threatened (S); **8.00** A drug dealer drives his customers to desperation (S); **9.00** Reg Hollis seeks a new home (S); **10.00** Reg falls under deeper suspicion in relation to a woman's death (S); **11.05** A gunman strikes (S)
12.05pm The Nora Roberts Collection: *Blue Smoke.* Thriller starring Alicia Witt and Scott Bakula Repeated 12.35am (S) (HD)
2.15 Catherine Cookson's The Fifteen Streets: drama based on the novel about a docker and a schoolteacher finding love across the social divide. Starring Sean Bean (S)
4.30 South Riding: ***1/3*** Dramatisation by Andrew Davies of the novel by Winifred Holtby, starring David Morrissey and Anna Maxwell Martin (HD); **5.40 *2/3*** Sarah's ideals are turned inside out (HD)

6.50pm South Riding
3/3. Sarah throws herself into work to take her mind off the pain of unrequited love. Carne comes to terms with the idea that Muriel can never be restored to him. (HD)

8.00 Sister Boniface Mysteries
8/8 *Series 3.* **Toast to the Newly Dead** Felix's wedding is fast approaching, but Sister Boniface must unveil a killer in the wedding party before the big day. (S) (AD) (HD)

9.00 Silent Witness
Ep 4 *Series 24.* **Brother's Keeper.** A tricky murder case leads Jack and Nikki into the world of underground boxing, while a talented forensic ecologist proves to be just what the team needs. (S) (AD) (HD)

11.15 New Tricks
10/10 *Series 11.* **The Queen's Speech.** An old mixtape could hold the key to finding out who murdered a teenager. (S) (AD) (HD)
12.35am The Nora Roberts Collection Shown 12.05pm (S) (HD) **2.40** 2 Point 4 Children: ***3/7*** *Series 5.* Bill and Ben do a spot of house-sitting (S) **3.15—4.00am** Copper: ***7/10*** *Series 1.* Corcoran finds himself evaluating the decisions he has made (S) (SL) (HD)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Freely 260 Sky 243 Virgin 316

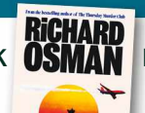
U&Dave 19

7.10am Pointless **8.00** Yukon Gold **11.00** Soapbox Race: in Tokyo and the Netherlands
1.00pm Wagging Rights (AD) **2.00** Mortimer and Whitehouse: Gone Fishing (AD) **3.20** Would I Lie to You? **5.20** Would I Lie to You? The Unseen Bits: extra material from the series
6.00pm Explore The hidden side of tourist locations, beginning with Argentina.
7.00 Guy Martin: Proper Jobs The mechanic joins a family business rescuing HGVs. (AD)
8.00 *New.* Wagging Rights *3/6.* Rhod Gilbert, Sara Pascoe, Harriet Kemsley, Kae Kurd and Vicky Pattison tackle scentwork. (AD)
9.00 Have I Got a Bit More News for You Adil Ray hosts the satirical quiz, with guest panellists Julian Clary and Sophy Ridge.
10.00 QI Stephen Fry poses questions to Katy Brand, Sue Perkins and David Mitchell.
10.40 Mock the Week With Tom Allen, Angela Barnes, Ed Gamble, Olga Koch and Glenn Moore. Presented by Dara O Briain.
11.20 With Angela Barnes, Ed Byrne, Rhys James, Nish Kumar and Ellie Taylor.
12 midnight Live at the Apollo **1.00am** QI XL **2.00** Will and Ralf Should Know Better (AD) **3.00** I'll Get This **3.35—4.00am** Judge Romesh

U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

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More4 18



999: on the Front Line *9.00pm*
Margaret may have broken her hip

8.55am A Place in the Sun: seven editions
3.50pm Come Dine with Me: in the Midlands
6.20pm Four in a Bed The guests at Knockaloe Beg Farm on the Isle of Man are invited to partake in some animal antics.
6.55 The B&Bers head to the Arches on the Isle of Man for their second stay.
7.25 A visit to the Trafford in Blackpool, owned by Robbie and John, who are proud of their traditional "bucket and spade" B&B.
7.55 The guests are shocked by their surroundings at Sheepy Lodge, Warwickshire.
8.30 The winning B&B is announced.
9.00 ***New.*** **999: on the Front Line** *2/10 Series 15.* A woman explaining her chest pains to the paramedics goes into cardiac arrest. A young man suffers an allergic reaction after drinking an alcoholic chilli shot.
10.00 Police Rescue Recruits must overcome their fears as they abseil down the side of the Sydney Harbour Bridge. (AD)
11.00 24 Hours in A&E Builder Frank, 63, is brought in after falling from a height while working on a construction site, and Benj, 16, is rushed in after being hit by a car. (AD)
12 midnight John is brought in with a life-threatening abdominal aortic aneurysm, while carpenter Noel arrives in A&E after partially amputating his thumb. (AD)
1.05am 999: on the Front Line **2.05** 24 Hours in A&E (AD) **3.10—3.40am** Food Unwrapped's South Korean Adventure: Kate Quilton and John Whaite sample soju and kimchi (AD)

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Hollyoaks: omnibus (AD) **7.10** Modern Family (AD) **9.05** Ramsay's Hotel Hell (AD) **11.05** Ramsay's Kitchen Nightmares USA
12.05pm The Great British Bake Off (SL) (AD) **1.40** The Simpsons: eight episodes (AD)
5.35pm ***New.*** **Lego Masters Australia** The teams plot to pull off the perfect crime as they create a crime scene in a mansion. (AD)
7.10 FILM Dog ★★★ Comedy drama with Channing Tatum. Former US Army Ranger Jackson Briggs is tasked with driving his late friend's military dog, Lulu, across America. Along the way, they form a bond, and the two help each other readjust to civilian life. (AD)
9.00 FILM Mission: Impossible — Rogue Nation ★★★★ Spy adventure starring Tom Cruise. After the CIA chief persuades a Senate committee to disband the Impossible Missions Force, Ethan Hunt and his team are forced to act covertly. Their mission is to thwart a shadowy organisation plotting a series of global terror attacks. (AD)
11.40 Naked Attraction Single mum Tracy and sales adviser Matthew take part. (AD)
12.40am Gogglebox (SL) (AD) **2.45** Vanderpump Rules **4.15—6.00am** Hollyoaks: omnibus (SL) (AD)

E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Celebrity Fantasy Homes **7.00** Home Shopping **8.00** Fantasy Homes by the Sea (AD) **10.00** Derelict Rescue **11.00** My Lottery Dream Home **3.00pm** Escape to the Country (AD) **5.00** A Place in the Sun (AD) **9.00** Long Lost Family: helping a woman search for her missing daughter **10.00** Who Do You Think You Are? **11.00** Help! My House Is Haunted **2.00am** Home Shopping **4.00—6.00am** My Lottery Dream Home

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



Bee Gees: One Night Only
8.30pm The Brothers Gibb in concert

6.00am FILM Kiss Me Kate ★★★★ Musical comedy starring Kathryn Grayson, Howard Keel and Ann Miller **9.00** Tales of the Unexpected: four episodes (AD) **11.00** The Alfred Hitchcock Hour: double bill
1.00pm Jesus Christ Superstar: Live in Concert **2.45** Legends: Live at Montreux **5.00** Tina Turner: Live in Barcelona
7.10pm Bee Gees: in Our Own Time The story of how the Gibb brothers — Barry and twins Robin and Maurice — became one of the most successful bands of all time. The Bee Gees found fame with *Massachusetts* and *I've Got to Get a Message to You*, but it was the phenomenon of *Saturday Night Fever* in 1977 that brought them worldwide success.
8.30 Bee Gees: One Night Only The Gibb brothers perform their greatest hits, such as *Jive Talkin'*, *How Deep Is Your Love* and *Stayin' Alive*, in a concert at the MGM Grand, Las Vegas, in 1997, and are joined by Celine Dion on the song *Immortality*.
10.40 Billy Elliot: the Musical A recording of the stage musical, starring Ruthie Henshall and Elliot Hanna. A working class boy is determined to pursue his dream of becoming a ballet dancer, in the face of societal pressure and parental disapproval.
1.30am ***New.*** Grand Ole Opry: Opry Live: with Brad Paisley, Trace Adkins and Lauren Alaina **2.30** Johnny Cash: Cash for Kenya **3.45** Women Who Rock (AD) **5.00—6.00am** Classic Albums: the making of Deep Purple's *Machine Head*

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am Four in a Bed **2.00pm** Location, Location, Location **4.00** A Place in the Sun
6.00pm A Place in the Sun In the Charente-Maritime region of France, Craig Rowe looks for everything on Karl and Sonia's wish list.
7.00 Laura Hamilton helps married couple Kentse and Brian buy a holiday home within easy reach of Rome, showing them five properties within their £80,000 budget.
8.00 The Dog House Tiny yorkshire terrier pair Lola and Bailey show that size doesn't matter when you have the backing of Woodgreen's dog behaviour expert Sue. (AD)
9.00 Gogglebox ***4/16.*** Frank responses to the latest small-screen offerings from the regular cast of armchair critics around the UK. (AD)
10.00 FILM Kingsman: the Secret Service ★★★★ Spy adventure starring Colin Firth, Samuel L Jackson and Taron Egerton. A street kid is recruited to join a shadowy secret organisation. But even before he's earned his stripes, he's pitched into a battle to save the planet from a criminal mastermind.
Review page 37. (AD) Shown yesterday 10pm C4
12.40am Taskmaster (AD) **1.45** Tempting Fortune (AD) **2.45** Celebrity Gogglebox (AD) **3.45—4.45am** The Great Celebrity Pottery Throw Down: making animal sculptures (AD)

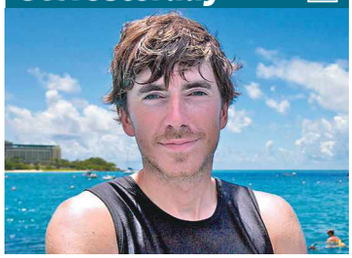
4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Deal or No Deal: Celebrity Special (AD) **2.00** Tenable **3.00** The Chase Celebrity Special **4.00** Riddiculous **5.00** Deal or No Deal (AD) **6.00** Lingo **8.00** Deal or No Deal: Celebrity Special: comedian Katherine Ryan takes on the Banker (AD) **9.00** The Chase Celebrity Special **10.00** Tipping Point **12.55am** Tenable **1.50** Riddiculous **2.35—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Caribbean with Simon Reeve
3.00pm In the Dominican Republic

6.10am Secrets of the London Underground (AD) **7.10** Fred Dibnah's Age of Steam **10.00** Great Canal Journeys: two editions
12 noon Canal Boat Diaries (AD) **3.00pm** Caribbean with Simon Reeve: double bill
5.00pm Canal Boat Diaries Robbie Cumming journeys through Royal Leamington Spa and Warwick. (AD)
6.00 Robbie explores the meandering waterways of inner-city Birmingham. (AD)
7.00 The *Naughty Lass* collides with a low bridge on the Bumble Hole Canal Branch. (AD)
8.00 Bangers and Cash Derek heads off to Blackpool to pick up a red 1970 Opel GT and a 1956 Ford Hot Rod pickup. (AD)
9.00 Derek travels to Oswestry, to collect a 1927 Sunbeam and a 1957 Isis. (AD)
10.00 Canal Boat Diaries Robbie Cumming encounters a leaky lock pound on the Perry Barr Flight and gets stuck in the mud. (AD)
11.00 Robbie discovers a mysterious message in a bottle on the Ashby Canal. (AD)
12 midnight Flipping Bangers **2.00—3.00am** Secrets of the London Underground (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am American Pickers **9.00** Celebrity Yorkshire Auction House **11.00** The Yorkshire Auction House **1.00pm** The Repair Shop
5.00pm The Yorkshire Auction House A couple ask Angus Ashworth to sell their toy collection. Will they make enough to fulfil their dream of seeing the Northern Lights?
6.00 Angus Ashworth helps clear a family home that is packed with museum pieces.
7.00 Secret Life of the Auction House The team researches a flag said to have flown during England's 1966 World Cup win.
8.00 The Repair Shop Items include a dislocated doll and a seed-sowing contraption.
9.00 Experts restore a knife-sharpening barrow, a stuffed husky and a guitar.
10.00 Items include a historic painting, a Beatles souvenir and a stained-glass window.
11.00 Items include a log book that belonged to a sailor who survived the *Titanic*.
12 midnight The experts restore a barber's chair, a roulette machine and a carousel horse.
1.00am Richard Hammond's Workshop **3.00** Wheeler Dealers: Dream Car: a VW camper van **4.00—5.00am** How It's Made: two editions

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

6.00am Border Patrol **7.00** Nothing to Declare (AD) **9.00** Border Security: Canada's Front Line (AD) **10.00** Nothing to Declare **11.30** Caught on Dashcam **1.30pm LIVE** Women's Super League Football: Liverpool v Everton, from Anfield (kick-off **2.00**). The hosts won two out of three of the meetings between these two sides last year **4.15** Wildlife ER: a koala's spaying surgery takes a scary turn **5.15** The Secret Life of the Hermit Crab: following hermit crabs in Guadeloupe during their migration **6.15pm** Extraordinary Animals **7.15** Caught on Dashcam **8.05** Caught on Dashcam **9.00** Forensics: Catching the Killer: two editions. A grandmother who was strangled to death, them a deaf woman murdered in her own home (AD) **11.00** Caught on Dashcam
1.00am Killer in My Village **2.00** Motorway Patrol: four editions **4.00—6.00am** Border Patrol

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Cops **9.25** Blue Bloods: four episodes (AD) **1.15pm** Columbo: three episodes
6.00pm Columbo: double bill. *Series 10* An unlikely romance develops between the sleuth and a wealthy socialite he suspects of murdering her unfaithful lover **8.00** *Series 4* A health club owner murders his business partner and makes it look like an accident
10.00 NCIS: Los Angeles *Series 7.* Double bill. A DEA agent asks the team for help, then the team is assigned to protect a fashion model
12 midnight Law & Order: Special Victims Unit **2.00am** NCIS: Hawaii *Series 3.* Double bill. A marine's wife is kidnapped, then a bioweapons expert is killed **3.50—4.00am** Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am The Cruise: Fun-Loving Brits at Sea **10.00** Rogue Claimers **1.00pm** Traffic Cops (AD) **5.00pm Police Interceptors** A high-speed pursuit comes to an explosive end.
6.00 A driver is clocked smashing through the speed limit by exceeding 100mph.
7.00 Clarkie is forced to use pepper spray after a motorist disappears into some bushes.
8.00 Steve chases a suspected burglar.
9.00 Trauma Room One Sixty-four-year-old Bruce is rushed in with a broken back.
10.00 999: Emergency Call Out Footage of a dispute over an escaped dog.
11.00 A&E after Dark Dr Chris comes across a motorcycle crash on the way home from work, and returns to the hospital with the rider.
12 midnight Killer on the Run **1.00am** Sleeping with My Murderer (AD) **2.00** Skin A&E **2.45** GPs: behind Closed Doors **3.35—4.00am** Home and Away: Cash and Levi hatch a plan (AD)

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Entertainment News **9.15** Winter Road Rescue **9.45** Ice Road Truckers
12.45pm FILM The Left Handed Gun ★★★★ Western starring Paul Newman (BW)
2.55 FILM The Last Sunset ★★★ Western starring Rock Hudson and Kirk Douglas.
Review p97 5.10 Trucking Hell: a stricken lorry is winched from a snowdrift in the Midlands
5.30pm LIVE NFL Jacksonville Jaguars v New England Patriots at Everbank Stadium (kick-off **6.00**). Sam Quek and Osi Umenyiora present all the action from the week three match between the AFC teams.
9.00 Cops Deputies are concerned when a fleeing man leaves a trail of illicit items.
9.30 A man weaves a stolen motorbike through traffic at high speeds to evade police.
10.00 Major Crimes Unit The officers investigate a shooting in West Bromwich.
11.30 Rescue 999: Seconds to Save a Life Hornsea Inshore Rescue crew are on a call-out to a jet ski that's dangerously adrift.
12.35am East Anglian Air Ambulance rush to a traffic collision after a car ploughs into a tree.
1.35 Winter Road Rescue **3.35—4.00am** Car Pound Cops: blue badge fraud in Sheffield

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Walking Wartime Britain **9.30** Inside the Tower of London **12.30pm** Reuben Owen: Life in the Dales **1.35 FILM** Jesse Stone: Stone Cold ★★ Crime drama starring Tom Selleck and Mimi Rogers **3.25** Jesse Stone: Death in Paradise **5.10 FILM** Memories of Murder ★★ Thriller starring Andrea Bogart
7.00pm Britain's Worst Weather Disasters The most extreme weather events to hit the UK, including 2018's Beast from the East.
8.30 The floods of 1953 that claimed hundreds of lives and reshaped Britain's coastline.
10.00 1988: Most Shocking Moments Controversies and surprises in TV, film, music and politics, including Ian Paisley daring to heckle the Pope. Narrated by Jan Leeming.
12 midnight Taggart: members of a radio therapist's entourage are murdered one by one
2.10—4.00am Prisoner: Cell Block H

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 **Sky News** Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

SUNDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.30am Mixmups **6.00** Peppa Pig **6.15** Milo **6.25** Thomas & Friends: All Engines Go! **6.35** Fireman Sam **6.45** The Adventures of Paddington **7.00** Tim Rex in Space **7.05** Pip and Posy **7.20** Peppa Pig **7.35** Paw Patrol **7.55** Move It Milkshakers! **8.05** ***New.*** The Creature Cases: Gordy the giraffe goes missing **8.20** The Smurfs **8.35** Ben and Holly's Little Kingdom **8.45—8.55am** The Patrick Star Show

Full listings for 5 are on page 43

CBeebies 202

6.00am Small Potatoes **6.05** Puffin Rock **6.10** Bing **6.20** Love Monster **6.25** Froglets **6.30** Piggy Builders **6.45** Roots and Fruits **6.50** Mojo Swoptops **7.00** Chuggington **7.10** Supertato **7.20** Bing **7.35** Hey Duggee **7.50** Bluey Minisodes **7.55** Go Jetters **8.05** Peter Rabbit **8.20** Octonauts **8.30** Vida the Vet **8.45** Mojo Swoptops **8.55** Activate with Joe Wicks **9.00** Something Special: We're All Friends **9.25** Bluey **9.40** Hey Duggee **9.55** Zog **10.05** Piripenguins **10.15** Rafi the Wishing Wizard **10.25** Big Lizard **10.35** Spidey and His Amazing Friends **10.55** Octonauts: above and Beyond **11.10** Knee High Spies **11.20** Vegesaurs **11.25** GiggleQuiz **11.40** Small Potatoes **11.45** Molly and Mack

12 noon My World Kitchen **12.10pm** Ranger Hamza's Eco Quest **12.25** Down on the Farm **12.40** Waffle the Wonder Dog **12.50** Hey Duggee **1.00** Octonauts **1.15** Vida the Vet **1.25** Go Jetters **1.35** Big Lizard **1.45** Yukee **1.50** Froglets **2.00** Something Special: We're All Friends **2.20** I Can Grow It **2.30** Dodge's Pup School: Songs **2.40** Waffle's After School Club **2.50** Bluey **3.00** Nikhil & Jay **3.10** Tish Tash **3.15** Piggy Builders **3.30** Love Monster **3.35** Knee High Spies **3.45** Dylan's Playtime Adventures **4.00** Vida the Vet **4.10** Wonderblocks **4.15** Yukee **4.25** Tiny Tunes **4.30** Nick Cope's Popcast **4.35** Piripenguins **4.45** Zog: the doctors are baffled by Twiggy's tummy troubles **5.00** Rafi the Wishing Wizard **5.05** Bluey **5.15** JoJo & Gran Gran **5.25** Puffin Rock **5.35** Charlie and Lola **5.45** Moon and Me

6.10pm BeddyByes **6.20** In the Night Garden...: Makka Pakka is lost **6.50—7.00pm** CBeebies Bedtime Stories: Shirley Ballas reads *Big Dance*

CBeebies **Freeview** 202 **Freely** 352 **Freesat** 601 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround: topical news magazine for children **7.50** Shaun the Sheep Championsheeps **7.55** SpongeBob SquarePants **8.10** Grizzy and the Lemmings **8.20** Duck and Frog **8.35** The Amazing World of Gumball **8.45** ***New.*** The Heroic Quest of the Valiant Prince Ivandoe: Ivandoe and Bert come across a Talking Tree who promises to tell their fortune in exchange for gold. An enthusiastic Ivandoe hands over his golden locket, just before Bert discovers the sassy gnomes hidden away inside the hollow tree **9.00** Blue Peter **9.25** Deadly 60: from Oman **9.55** Jamie Johnson **10.25** So Awkward **10.55** 4 o'Clock Club **11.25** Go Get Arty **11.40** BMX All Stars

12.05pm Operation Ouch! **12.30** Horrible Histories: Formidable Florence Nightingale **1.00** Horrible Science **1.30** Bro's in Control **1.45** Gladiators: Epic Pranks **2.00** Football Fantastics **2.15** SpongeBob SquarePants **2.40** Submarine Jim **3.15** Duck and Frog **3.30** Strictly Pro Dance Off **3.40** Malory Towers **4.05** Pickle Storm **4.30** The Next Step: Cheer **4.55** Andy and the Band: Rock Star School **5.15** The Football Academy **5.35** Bro's in Control **5.50** Total Dramarama

6.15 Pokémon Horizons **6.35—7.00pm** What's New Scooby Doo?

CBBC **Freeview** 201 **Freely** 351 **Freesat** 600 **Sky** 607 **Virgin** 701



Mock the Week *9.00pm*
TLC Host Dara O Briain

U&W 25

6.10am Inside the Ambulance **1.00pm** The Supervet: Noel Fitzpatrick

6.00pm Pete Wicks: for Dogs' Sake Pete meets staffy-boxer cross Crumble, who has been at the centre for over three years. (AD)
7.00 Pete immerses himself in the world of dog care at Basildon's Dogs Trust rehoming centre. (AD)

8.00 ***New.*** **Wagging Rights** *3/6* Rhod Gilbert, Sara Pascoe, Harriet Kemsley, Kae Kurd and Vicky Pattison tackle scentwork. (AD)

9.00 Inside the Operating Theatre Four-year-old Arabella has an operation to straighten squints in both eyes. (AD)
10.00 A four-year-old's ear blockage is so bad he needs a general anaesthetic to have it cleared. (AD)

11.00 Inside the Ambulance Helping a patient who has fallen over after an operation to remove his toes.
12 midnight Paramedics help a woman who has taken an overdose.
1.00am My Family (AD) **2.10—3.00am** Anton Danyluk on Body Shame (AD)

U&W **F'view** 25 **Freely** 28 **F'sat** 156 **Sky** 132 (133 Scot) **Virgin** 125 **+1** **Sky** 232 (233 Scot) **Virgin** 325

Rewind TV 81

6.00am Space 1999 **7.00** UFO **9.00** Harry Hill's TV Burp **10.00** Doctor at Sea **11.30** Ain't Misbehavin' **12.35pm** The Fenn Street Gang: triple bill **2.05** Hank the Cowboy **2.20** Rewind and Remember Bitesize **2.30** Bottle Boys **3.30** Hallelujah **5.00** The Upper Hand **5.30** Rewind and Remember **6.00pm** Doctor at Sea: triple bill. A stop in Spain promises romance **6.30** Illness and ego collide **7.00** Flirtation prowls the *Begonia* **7.30** Harry Hill's TV Burp: two editions **8.30** Space 1999 **9.30** Grumpy Old Men **10.05 FILM** The Gate ★★★ Horror starring Stephen Dorff **11.55 FILM** Secrets of Sex ★★
1.45am Stereo Underground **2.45** Hank the Cowboy **3.00** Grumpy Old Men **3.30** The Fenn Street Gang **5.00—6.00am** Stereo Underground

Rewind TV **Freeview** 81 **Freely** 141 **Freesat** 164 **Sky** 182

Great TV 34

8.10am The Waltons **4.10pm FILM** Hobson's Choice ★★★★ Comedy starring Charles Laughton (BW)
6.30pm FILM The Best Exotic Marigold Hotel ★★★★ Comedy drama starring Bill Nighy and Judi Dench. A group of impoverished British pensioners decide to try and make the pennies go further by spending their retirement at what they believe to be a luxury hotel in Jaipur **9.00 FILM** As Good as It Gets ★★★★ Oscar-winning romantic comedy drama starring Jack Nicholson and Helen Hunt **11.55** M*A*S*H: three back-to-back episodes
1.25am Rising Damp **2.00** Air Rescue **3.00—4.50am** Highway to Heaven

Great TV **Freeview** 34 **Freely** 53 **Sky** 157 **Virgin** 170 **+1** **Freeview** 61 **Sky** 257

Food Network 43

6.00am Diners, Drive-Ins and Dives: Triple D Nation **8.00** Man v Food **1.00pm** James Martin: Sweet **3.00** The Great British Bake Off **6.00pm** The Great British Bake Off: triple bill. The 11 remaining home bakers tackle Biscuit Week **7.00** The competitors reach Bread Week **8.00** The nine remaining competitors face Dessert Week **9.00** Man v Food: four editions. Adam Richman visits New Jersey to take on the Ludicrous Wings challenge **9.30** In Syracuse, New York, Adam Richman takes on the Frittata Challenge — a breakfast dish weighing more than 6lb **10.00** Adam visits Portland, Maine, where he attempts the Manimal Challenge **10.30** An Italian food challenge that includes 10 plates of food **11.00** Jamie Oliver: Cooking for Less: Jamie is on a mission to make delicious dishes that won't break the budget
12 midnight Ravneet Gill's Chop House: two editions **1.00—3.00am** Diners, Drive-Ins and Dives: Triple D Nation

Food Network **Freeview** 43 **Freely** 39 **Freesat** 148 **Sky** 144 **Virgin** 168 **+1** **Freesat** 154 **Sky** 244 **Virgin** 368

TLC 12

7.00am Young Sheldon **10.00** Georgie and Mandy's First Marriage **11.00** The Big Bang Theory (AD) **6.00pm** The Big Bang Theory: six episodes. Leonard breaks his and Sheldon's roommate agreement (AD) **6.30** Sheldon helps Amy in her biology lab (AD) **7.00** Sheldon and Kripke battle it out (AD) **7.30** Sheldon becomes terrified of getting his hair cut (AD) **8.00** Amy is disappointed by Sheldon (AD) **8.30** Penny buys Leonard and Sheldon some *Star Trek* memorabilia **9.00** ***New.*** Mock the Week: with Dara O Briain **10.00** Unacceptable **11.00** Mock the Week
12 midnight Young Sheldon **12.30am** Dr Pimple Popper **2.30** Say Yes to the Dress: UK **3.00** My 600lb Life **5.00—6.00am** Say Yes to the Dress

TLC **F'view** 12 **Freely** 17 **F'sat** 144 **Sky** 133 (134 Scot) **Virgin** 113 (128 Scot) **+1** **F'view** 99 **Freely** 267 **F'sat** 150 **Sky** 233 (234 Scot) **Virgin** 313 (328 Scot/Wales)

That's TV 56

8.10am On the Buses (BW) **9.15** Going Straight **12.55pm** Man about the House **5.35** Birds of a Feather: five episodes. Tracey plans her ex-husband's funeral **6.05** Burglars strike while the family are out at Darryl's funeral **6.35** The sisters fall out over Tracey's choice of boyfriend **7.00** Tracey throws Sharon and Dorien out **7.25** The girls' Auntie Vera moves in **7.55** Minder: Arthur causes a diplomatic incident **9.00** Benidorm: Joyce leaves Les in charge of the Solana **10.00** Shameless **11.15** Man about the House: Mr Roper takes a dislike to a German guest **11.45** Goodnight Sweetheart
12.20am Benidorm **1.20** Minder **2.15** Some Mothers Do 'Ave 'Em **2.45** Man about the House **3.10** The Kenny Everett Video Show **3.30** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.50—6.00am** Byways of Steam

That's TV **Freeview** 56 **Freely** 42



As Good as It Gets *9.00pm*
Great TV Unlikely friends

PBS America 84

8.00am Hunt for the Oldest DNA **9.25** Ancient Megacities: Carthage **10.35** as 8.25pm **11.50** as 9.40pm **1.00pm** Weathered: Earth's Extremes **1.35** Lost World of the Hanging Gardens **2.50** Hunt for the Oldest DNA **3.55** Lost World of Angkor Wat

6.10pm Lost World of the Hanging Gardens A look at the rediscovery of ancient Nineveh.

7.20 Ancient Megacities: Carthage *1/3.* The Tunisian site that dominates the Mediterranean.

8.25 Ancient Megacities: Troy — Birth of a Myth *2/3.* Examining the truth behind the Trojan War.

9.40 Ancient Megacities: Persepolis — Delusion of Greatness *Ep 3.* The ceremonial capital of the Achaemenid Empire.

10.50 Lost World of the Hanging Gardens As 6.10pm.
12 midnight Hunt for the Oldest DNA **1.15—2.00am** as 1pm

PBS America **F'view** 84 (1pm-12 midnight only) **Freely** 49 **Freesat** 155 **Sky** 173 **Virgin** 187

U&Eden 57

9.00am 999 Rescue Squad (AD) **3.00pm** Special Ops: Crime Squad UK: five editions. A hit-and-run in Lancashire (AD) **4.00** An arsonist (AD) **5.00** Police tackle a stabbing (AD) **6.00** Tracking a violent Surrey gang (AD) **7.00** The NCA tackles people smuggling (AD) **8.00** as 3pm **9.00** as 4pm **10.00** as 5pm **11.00** as 6pm
12 midnight Special Ops: Crime Squad UK (AD) **1.00am** 999 Rescue Squad **5.30—6.00am** David Attenborough's Natural Curiosities (AD)

U&Eden **Freeview** (HD only) 57 **Freely** 142 **F'sat** 160 **Sky** 166 **Virgin** 176 **+1** **Sky** 266 **Virgin** 376

Blaze 64

6.00am Hardcore Pawn **8.20** Pawn Stars **10.10** Junk and Disorderly **12.05pm** Storage Wars **3.30 LIVE** Champ Rugby Union: Doncaster Knights v Hartpury FC (kick-off **4.00**) **6.05pm** The Curse of Oak Island **7.00** What on Earth? **8.00** History's Greatest Mysteries **9.00** Secrets Declassified **10.00** Pharaohs at War **11.00** The UnXplained: triple bill **2.00am** The Killer Interview with Piers Morgan **3.00—6.00am** Lost Relic Hunters

Blaze **Freeview** 64 **Freely** 41 **Freesat** 161 **Sky** 156 **Virgin** 174

Challenge 48

7.00am The Chase **9.00** Tenable **10.00** Celebrity Antiques Road Trip **11.15** Catchphrase **12 noon** Cash Trapped **1.00pm** Tenable **2.00** Bridge of Lies **3.00** The Chase **5.00** Celebrity Chase (AD) **7.00pm** The Chase: double bill **9.00** Celebrity Chase **10.00** The Chase **11.00** Bullseye: six editions (AD) **2.00am** The Chase **4.00** Celebrity Chase **5.00—6.00am** The Chase

Challenge **Freeview** 48 **Freely** 43 **Freesat** 142 **Sky** 130 (131 Scotland) **Virgin** 139

BBC Parliament 232

6.00am Northern Ireland Assembly **8.30** Scottish Parliament **12 noon** Senedd Cymru: Welsh Parliament **5.30pm** Select Committees **11.00pm** Scottish Parliament: General Questions **11.30** Scottish FMQs **12 midnight** Scottish Parliament **2.30am** Northern Ireland Assembly: Executive Office Questions **3.15** Northern Ireland Assembly: Health Questions **4.00** Welsh FMQs (SL) **5.00—6.00am** Scottish FMQs (SL)

BBC Parliament **Freeview** 232 **Freely** 302 **Freesat** 201 **Sky** 504 **Virgin** 605

Great Mystery 50

8.10am Diagnosis Murder **9.10** Ruby Herring Mysteries: Her Last Breath **11.00** Murder, She Wrote: seven episodes **6.00pm Murder, She Wrote** Jessica enters the exciting world of modern music, risking life and limb to investigate the murder of a crook. **7.00** Foul play disrupts preparations for a charity concert organised to save Maine Woods from developers. **8.00** Jessica examines a murder which the police are reluctant to investigate, and discovers a link between the killing and an abduction. **9.00 Martha's Vineyard Mysteries: Ships in the Night** When an art gallery heist turns fatal, former detective Jeff Jackson teams up with Dr Zee Madeiras to investigate. **10.55 Martha's Vineyard Mysteries: Poisoned in Paradise** A waitress is found dead and a mysterious deposit appears in Zee's bank account.
12.50am Perfect Plan ★★ Standard mystery yarn. (2010) **2.30 A Killer in My Home** ★★★ A dying man reveals that he has a secret family — and that's just the beginning. Bree Williamson (2020)
4.00—4.50am Diagnosis Murder

Great Mystery **Freeview** 50 **Freely** 48 **Sky** 320 **Virgin** 425 **+1** **Sky** 321

Great Action 42

9.00am The Vietnam War **12 noon** **A Reason to Live, a Reason to Die** ★★★ James Coburn and a bunch of condemned prisoners attempt to retake a fort in this explosive spaghetti western. Telly Savalas, Bud Spencer (1972)
2.00pm Zulu Dawn ★★ Assembled British stalwarts blunder towards the massacre of Isandhlwana in this visually spectacular prequel to the 1963 smash. Burt Lancaster, Peter O'Toole (1979, PG)
4.35 Khartoum ★★★ Charlton Heston stars in this big-budget epic about General Gordon's last stand. Laurence Olivier, Richard Johnson (1966, PG)
7.15pm Ride in the Whirlwind ★★ Unusual, downbeat western about a cowboy trio caught between outlaws and vigilantes. Cameron Mitchell (1966, PG)
9.00 Assault on Precinct 13 ★★★★★ Lean, tense thriller about a Los Angeles police station under siege. **Review, right.** Austin Stoker (1976, 15)
11.00 The Road ★★★★ Sober post-apocalypse drama. Viggo Mortensen, Kodi Smit-McPhee, Charlize Theron (2009, 15)
1.25am Coast Guard Alaska
3.20—5.50am Air Rescue

Great Action **Freeview** 42 *(limited)* **Freely** 33 **Sky** 318 **Virgin** 426 **+1** **Sky** 319

Great Christmas 52

8.10am Christmas Love Letter ★★ Romantic drama. Ashley Newbrough (2019)
10.05 A Bride for Christmas ★★ Romantic comedy. Arielle Kebbel (2012)
12 noon Our Christmas Wedding ★★ Romance. Holly Deveaux (2023)
2.00pm The Holiday Proposal Plan ★★ Comedy. (2023) **4.00 Merry Kiss Cam** ★★ Comedy. Katie Lowes (2022)
5.55pm Christmas Ever After ★★ Seasonal romance. Ali Stroker (2022)
7.50 A Christmas Break ★★ Warming festive fluff about a teacher who works to put on a play to save her school. Cindy Sampson, Steve Byers (2020)
9.50 A Holiday Wish Come True ★★ A separated couple agree to their daughters' wish of a family Christmas. Schuyler Fisk, David Clayton Rogers (2018)
11.50 Christmas Romance Al Dente ★★ A woman helps to get her cousin's new restaurant open for Christmas. Anni Krueger, Gilles Marini (2020)
1.50am Write before Christmas ★★ Romantic drama. Torrey DeVitto, Chad Michael Murray (2019) **3.20—5.00am** As 2pm

Great Christmas **Freeview** 52 **Freely** 47 **Sky** 322 **Virgin** 424 **+1** **Freeview** 63 *(limited 10pm-5am)* **Sky** 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

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Sky Premiere

Available only to subscribers

6.00am As 1.35pm **8.00** As 7pm **10.05** As 11pm **11.50 Nirvanna the Band the Show the Movie** ★★★ Comedy. Matt Johnson (2025, 15) **1.35pm Hamlet** ★★★ Terse reworking of the classic tragedy. Riz Ahmed (2025, 15) **3.35 Supergirl** ★★ Breezy comic-book adventure. Milly Alcock (2026, 12) **5.25 Hungry** ★★ Ridiculous creature feature. Madison Davenport (2026, 15)

7.00pm Barrons Cove ★★★ A grieving father abducts the child he believes killed his son in this intense revenge thriller. Garrett Hedlund (2024)

9.00 28 Years Later: The Bone Temple ★★★★ Contemplative, beautifully acted but no less grim horror sequel. Ralph Fiennes (2026, 18)

10.50 The Moment ★★★ Pop sensation Charli XCX rips into the music industry in this mockumentary. **Review p26.** Alexander Skarsgård (2026, 15)

12.35am As 11.50am **2.20 The History of Sound** ★★★★ Moving period romantic drama. Paul Mescal, Josh O'Connor (2025, 15) **4.30—6.00am Rabbit Trap** ★★★ Atmospheric 70s-set folk horror. Dev Patel, Rosy McEwen (2026, 15)

Sky Premiere Sky 301 Virgin 401 EE 501/HD 515

Legend 41

7.00am Babylon 5: five episodes **12 noon The Virginian** ★★ Western. Trace Adkins (2014, 12) **1.50pm Angel and the Badman** ★★ Sombre remake of the 1947 John Wayne western. Lou Diamond Phillips, Deborah Kara Unger (2009) **3.40 Eagle's Wing** ★★★ Intelligent western. Martin Sheen, Sam Waterston (1978, PG) **5.40pm The Arrival** ★★★ Polished sci-fi thriller in which an astronomer goes on the run when he discovers an alien conspiracy. Charlie Sheen (1996, 12) **8.00 The Twilight Zone** The Devil is hired as a newspaper reporter. **9.00 Death Race** ★★★ Prison inmates race to the death in this take on extreme sports and reality TV. **Review, right.** Jason Statham (2008, 15) **11.10 Drive Hard** ★★ John Cusack sleepwalks through this caper as a bank robber who dupes an ex-racing driver into piloting his escape. (2014, 15) **1.10am Black Eagle** ★★★ All-action martial arts thriller. Sho Kosugi, Jean-Claude Van Damme (1988, 15) **3.10—5.00am Commandos** ★★★ Rollicking Second World War adventure. Lee Van Cleef, Jack Kelly, Giampiero Albertini (1968, 15)

Legend Freeview 41 Freely 38 Freesat 137 Sky 148 Virgin 149

Legend Xtra 69

9.00am The Twilight Zone **10.00** The A-Team: five episodes **3.00pm The Day the Earth Stopped** ★ Sci-fi mockbuster of *The Day the Earth Stood Still*. C Thomas Howell, Judd Nelson (2009, 15) **5.00 Asteroid vs Earth** ★ Enjoyably daft sci-fi disaster thriller. Tia Carrere, Robert Davi, Jason Brooks (2014)

7.00pm Earthstorm ★ Derivative sci-fi thriller in which an asteroid's impact on the Moon threatens our own planet. Stephen Baldwin (2006)

9.00 Vertical Limit ★★ Mountaineer Chris O'Donnell must face his demons when his sister goes missing on a climb. (2000, 12)

11.35 Assault on Station 33 ★ Knuckle-headed action flick in which an army vet with PTSD is forced to save the day. Sean Patrick Flanery (2020, 15)

1.30am Hannie Caulder ★★ Off-the-wall British western. Raquel Welch, Robert Culp, Ernest Borgnine (1971, 15) **3.15 Mega Shark vs Kolossus** ★★ Entertainingly wacky sci-fi sequel. Illeana Douglas (2015) **5.00—6.00am** The Twilight Zone

Legend Xtra Freeview 69 (HD only) Freely 51 Freesat 138 Sky 316 Virgin 171 +1 Freesat 139 Sky 317

Film4 14

11.00am Garden of Evil ★★ Good-looking western in which Susan Hayward recruits Gary Cooper and Richard Widmark to help her find her husband in rural Mexico. (1954, PG) (S)

1.05pm The Incredible Shrinking Man ★★★★★ This superlative sci-fi thriller about a man exposed to radiation has lost none of its irony, shock and power. Grant Williams (1957, PG) (S)

2.45 Brian and Charles ★★ Nicely played but overly quirky Bafta-nominated comedy. David Earl (2022, PG) (S)

4.30 Zathura: a Space Adventure ★★★★ Two squabbling boys find a magical board game in this witty fantasy. Josh Hutcherson (2005, PG) (S) (AD)

6.30pm Hidden Figures ★★★★ The inspirational true story of three African-American women working at Nasa in the 1960s. Taraji P Henson, Octavia Spencer (2016, PG) (S) (AD)

9.00 No Hard Feelings ★★★ Likeable and offbeat romcom in which Jennifer Lawrence's broke 30-something is hired to make a man of a teenager. (2023, 15) (S) (AD)

11.05 The Kid Detective ★★★★ Well-plotted neo-noir about an amateur sleuth who attempts to reclaim the glory he enjoyed as a case-cracking whizzkid. Adam Brody, Sophie Nélisse, Tzi Ma (2020, 15) (S)

1.05—3.15am Moffie ★★★ Brutal South African military drama starring Kai Luke Brümmer as a gay teen coming of age at boot camp. (2019, 18) (S)

Film4 Freeview 14 Freely 14 Freesat 300 Sky 313 Virgin 428 +1 Freeview 47 Freely 257 Freesat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Tarzan and the Trappers ★ Adventure. Gordon Scott (1958, U) (S) **7.30 The Lucy Show** Lucy visits the set of John Wayne's new movie. (S) **8.00 Sherlock Holmes** Dr Watson comes home with the wrong coat. (S) **8.30 The Hellbenders** ★★★ Very watchable spaghetti western. Joseph Cotten, Norma Bengell (1967, 15) (S) **10.20 The Commandos Strike at Dawn** ★★ Flag-waver about a fisherman whose daughter is held hostage. Paul Muni (1942) (S)

12.25pm Batman Batman and Robin strive to conceal their true identities. (S)

12.55 Our Man in Havana ★★★ Amusing spy satire with Alec Guinness. **Review, right.** (1959, PG) (S) **3.05 A Day of One's Own 1956** Housewives take a day off. **3.30 For the Love of Ada** Walter visits his son. (S) **4.00 The Man from UNCLE** Kuryakin becomes the target of a fanatic. (S) **5.00 The Footage Detectives** Featuring footage of Liverpool in the late 1950s.

6.00pm Enemy at the Door A woman makes a rape allegation. (S)

7.00 A Kid for Two Farthings ★★★ Celia Johnson stars in this delightful urban fairy tale set in London's East End. Diana Dors (1955, U) (S)

9.00 Fox Kenny prepares for the most important fight of his career. (S)

10.00 Adventures of a Taxi Driver ★★ Crass sex comedy with Barry Evans as the cabbie taking his women customers for a ride. (1975, 18) (S)

11.45 The Heritage Chart Show Songs from popular artists.

12.50am The Challenge ★★ Delightfully ludicrous drama. Jayne Mansfield, Anthony Quayle (1960, 12) (S) **2.40 The Southerner** ★★★★★ French director Jean Renoir's affecting rural drama. Zachary Scott, Betty Field (1945, U) (S) **4.30 The Adventures of Robin Hood** A man turns outlaw. (S) **5.00 The Buccaneers** Tempest makes a stand. (S) **5.30—6.00am Supercar** Dr Beaker is trapped under a rock fall. (S)

Talking Pictures TV Freeview 82 Freely 36 Freesat 306 Sky 324 Virgin 445

FILM REVIEWS



FILM OF THE DAY

The Lady Vanishes ★★★★★

2.05-3.40pm ***BBC Two*** U

CLASSIC THRILLER A close second behind *The 39 Steps* (see review below) as the best film of Alfred Hitchcock's British period, this sublime comedy thriller was co-scripted by Alma Reville (Mrs Hitchcock) with Frank Launder and Sidney Gilliat. There isn't a wasted frame, as Michael Redgrave and Margaret Lockwood search a Balkan express for dotty Dame May Whitty. Basil Radford and Naunton Wayne drew all the plaudits as the cricket-mad Charters and Caldicott, but the support playing of Paul Lukas, Mary Clare and Cecil Parker is also first class. **DAVID PARKINSON** (UK 1938, BW, HD)

The 39 Steps ★★★★★

12.40-2.05pm ***BBC Two*** U

CLASSIC SPY THRILLER Alfred Hitchcock brings John Buchan's novel to the screen in a movie that has all the classic Hitch ingredients — not least the innocent-man-on-the-run plot. Robert Donat plays visiting Canadian Richard Hannay, who gets dragged into a conspiracy after visiting a London music hall and ends up in Scotland handcuffed to Madeleine Carroll. The chemistry between the leads is a treat. **ANDREW COLLINS** (UK 1935, BW, HD)

Our Man in Havana ★★★

12.55-3.05pm ***Talking Pictures TV*** PG

COMEDY DRAMA Carol Reed makes good use of a superb cast — led by Alec Guinness as the salesman who turns spy — but he seems uncertain of the tone once the joke takes its sinister turn. He isn't aided by Graham Greene's occasionally pedestrian script; it's plain that what the film needed was a mischievous hand at the helm. **DP** (UK 1959, BW)

A Knight's Tale ★★★★

1.00-3.40pm ***C4*** PG

PERIOD ADVENTURE Brian Helgeland's medieval caper sets out its stall at the start, when Queen's *We Will Rock You* plays at a joust, and the film is full of such cheeky flourishes. Heath Ledger plays the commoner who dreams of becoming a knight, and so impersonates one with the help of sidekicks Mark Addy and Alan Tudyk. But it's Paul Bettany who casually steals the film as writer Geoffrey Chaucer. **AC** (US 2001, some swearing, HD)

Madagascar 3: Europe's Most Wanted ★★★

1.30-3.15pm ***ITV2*** PG

ANIMATED ADVENTURE In this good-looking if hyperactive third outing in the series, Alex the Lion and co are still animals abroad, and desperate to return to their New York zoo. However, encounters with a travelling circus and a dogged French animal-control officer teach them to be careful what they wish for. As ever, the penguins steal the show. **DAVE ALDRIDGE** (US 2012, HD)

Shrek ★★★★

2.50-4.20pm ***BBC One*** U

See review p97. (US 2001, HD)

Harry Potter and the Order of the Phoenix ★★★★

3.15-5.55pm ***ITV2*** 12

FANTASY The magic is still there but the mood remains resolutely dark in this fifth film in the series. The task facing Harry (Daniel Radcliffe) this time is to convince the wizarding community of the return of Voldemort (Ralph Fiennes). Standing in his way is the prim but poisonous new head of Hogwarts, Dolores Umbridge (a stand-out Imelda Staunton). Followed by *The Half-Blood Prince*. **JAMIE HEALY** (US/UK 2007, may be edited for content, HD)

Assault on Precinct 13 ★★★★★

9.00-11.00pm ***Great Action*** 15

THRILLER John Carpenter's siege movie is a cult classic and a model of low-budget film-making. The action centres on a police station in LA, which is surrounded by a vicious street gang. Paranoia abounds as the quipping cops and cons are attacked from all sides with no escape route. Meanwhile, Carpenter's taut synthesiser score ups the atmosphere. **ALAN JONES** (US 1976, violence, some swearing)

Death Race ★★★

9.00-11.10pm ***Legend*** 15

FUTURISTIC THRILLER Privatised prisons make a killing forcing inmates into pay-per-view car races to the death in this bluntly violent take on the future for extreme sports and reality TV. Jason Statham does his charismatic moody loner turn as an ex-racer who's framed for murder to become a pawn in the machinations of Joan Allen's sadistic warden. **AJ** (US/UK 2008, violence, swearing)

Platoon ★★★★★

10.00-11.55pm ***BBC Two*** *(not in N Ireland)* 15

WAR DRAMA Unlike other directors of major Vietnam War movies, Oliver Stone had actually served as a soldier in the conflict, and his first-hand insight contributed to making this film a modern classic. Willem Dafoe and Tom Berenger play the American infantrymen who are at war with each other and fight for the soul of rookie Charlie Sheen. **ADRIAN TURNER** (US 1986, violence, swearing, drug abuse, HD)

Legally Blonde 2: Red, White & Blonde ★★

10.30pm-12 midnight ***BBC One*** PG

COMEDY Reese Witherspoon returns as ditzy socialite Elle Woods in this overly frothy sequel. Elle is now a rising lawyer intent on ending animal experimentation, so heads off to lobby politicians in Washington. Ultimately, it's a credit to Witherspoon that she pulls off the role with so much charm. **SLOAN FREER** (US 2003, some swearing, HD)

◄ FILMS TO STREAM from p22

Premiere Star Ratings ★★★★★ Outstanding ★★★★ Very good ★★★ Worth watching ★★ Could be worse ★ Poor

U – suitable for all; PG Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 – for viewers of these ages and over. For more guidance, visit bbfc.co.uk

SUNDAY SATELLITE, CABLE & SPORT

Sky One



Saturday Night Live *11.00pm* Katseye perform

6.00am ***New.*** Surviving Earth **8.00 FILM** Alvin and the Chipmunks: the Road Chip ★★ Comedy adventure sequel starring Jason Lee (AD) **9.45** The Simpsons **12.15pm** The Bachelor King (AD) **1.45** Superstore

4.15pm LIVE Women's Super League Football Chelsea v Arsenal from Stamford Bridge (kick-off **4.30**). These two sides met four times last season with two of those games coming in the quarter-finals of the Champions League.

7.00 The Simpsons Homer and Bart deliver a dead trucker's cargo. **7.30** Homer, Marge and the kids have biblical dreams.

8.00 Rob and Romesh vs Shakespeare ***4/6*** *Series 8.* The duo prepare to perform in *Romeo and Juliet* at Shakespeare's Globe. (AD)

9.00 The Bank Job ★★★ Heist thriller based on a true story, starring Jason Statham and Saffron Burrows. In 1970s London, Terry Leather and his former girlfriend Martine, plan to steal safe deposit boxes from a bank.

11.00 ***New series.*** **Saturday Night Live** Professional basketball player Jalen Brunson hosts as the long-running US sketch show returns, with music by girl group Katseye.

12.30am Never Mind the Buzzcocks: guests include Ashnikko (AD) **1.15** The Force: North East **3.10** Road Wars **5.00—6.00am** Highway Patrol

Sky One Sky 106 Virgin 109 EE 346/HD 361

Sky Atlantic



The Terror *9.00pm* Crozier's judgement begins to falter

6.00am Fish Town **8.00** Billions (AD) **10.15** Homicide: Life on the Street **3.30pm** The Gilded Age (AD)

5.45pm The Gilded Age ***2/8*** *Series 3.* George faces opposition to his plan to build a train route connecting New York, Chicago and Los Angeles, while Bertha prepares for the duke's imminent arrival. (AD) **6.50** ***2/8.*** Concerned about Peggy's worsening condition, Agnes and Ada welcome her parents and their physician Dr Kirkland to 61st Street, while Gladys suffers a heartbreaking disappointment. (AD) **7.50** ***3/8.*** As negotiations with the duke start to disintegrate, George confronts Bertha about her vision for Gladys and its inadvertent impact on his business. (AD)

9.00 The Terror ***5/10*** *Series 1* Crozier becomes temperamental as his liquor runs out, and Goodsir speaks with Lady Silence in an effort to learn her language and discover more about the creature. **10.00** ***6/10.*** With the end of their provisions in sight, the officers contemplate a tough, risky strategy. To boost morale, Fitzjames organises a carnival on the ice.

11.00 The Iris Affair ***7/8*** Devastated by a setback, Iris makes a stand, while Cameron's benefactor steps up control of his project. (AD)

12 midnight Billions (AD) **5.05—6.00am** Urban Secrets

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 Virgin 111 +1 Sky 208 (209 Wales)

Sky Comedy



The Office US *6.30pm* Holly causes confusion

6.00am Saturday Night Live UK **7.30** Home Shopping **9.00** Will & Grace (AD) **11.30** Community **12.30pm** Saturday Night Live UK **1.45** Animal Control **3.45** Will & Grace (AD)

6.00pm Will & Grace ***6/24*** *Series 6* Will meets an attractive bachelor when he takes his mother out. (AD)

6.30 The Office US ***13/26*** *Series 7* Michael nervously waits to see whether Holly has got engaged. **7.00** ***14/26.*** Andy hopes to find prospective paper buyers. **7.30** ***15/26.*** Jim is forced to pull out of a sales call to retrieve CeCe. **8.00** ***16/26.*** Michael and Holly's public displays of affection begin to irritate their co-workers. **8.30** ***17/26.*** The Dunder Mifflin staff are excited to see Michael's film *Threat Level Midnight*.

9.00 Micky Flanagan Live: the Out Out Tour A performance from the comedian's 2011 tour, featuring recollections of his upbringing in London's East End and observations about the British class system.

10.45 Stewart Lee, Basic Lee: Live at the Lowry The comedian performs his high-concept show at the Lowry theatre in Salford, an introspective look into people, culture and the essence of stand-up itself.

12.30am Saturday Night Live UK **1.45** Saturday Night Live **3.15—5.00am** Two Weeks to Live (AD)

Sky Comedy Sky 113 (114 Wales) Virgin 112 EE 347/HD 362

U&Gold



The Vicar of Dibley *5.20pm* A special guest at the fair

7.10am Only Fools and Horses (AD) **8.10** Open All Hours **2.40pm** Only Fools and Horses: two episodes (AD)

5.20pm The Vicar of Dibley Geraldine is keen to find a celebrity to open the autumn fair in style. (AD) **6.00** A falling tree destroys St Barnabas's stained-glass window, and Geraldine is put in charge of raising funds to replace it. (AD) **6.40** Local election fever hits the village and Geraldine finds she is popular with the voters. (AD) **7.20** A funeral for a pet bird inspires Geraldine to hold a service for the animals of the village. (AD)

8.00 Only Fools and Horses Always one to jump on the bandwagon, Del goes eco-friendly and launches a bottled water business. (AD)

9.25 The Royle Family Denise has a hangover, but claims it is a migraine, brought on by stress from the forthcoming wedding. (AD)

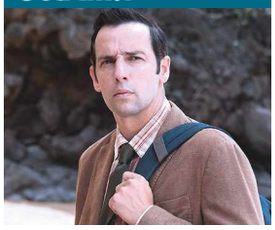
10.00 Gavin & Stacey Gavin embarks on two stag nights, the second of which reveals shocking secrets about his fiancée. (AD) **10.40** The day of the wedding arrives and Bryn is still behaving oddly around Stacey's brother. (AD)

11.15 Only Fools and Horses As 8pm.

12.45am The Royle Family (AD) **1.25** The Power of Parker **2.45—4.00am** The Office: two episodes (AD)

U&Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

U&Alibi



Death in Paradise *7.20pm* A stag do ends in tragedy

7.10am Murdoch Mysteries **10.00** Father Brown (AD) **2.00pm** Murdoch Mysteries: Home for the Holidays **4.00** The Mentalist **5.00** Father Brown (AD)

6.00pm Beyond Paradise Festive instalment of the detective drama. Humphrey investigates a bizarre set of break-ins where items are left behind rather than taken, and Santa is the number one suspect. (AD)

7.20 Death in Paradise ***7/9*** *Series 10.* A stag do ends in tragedy when the host of a celebratory fishing trip is found harpooned on a beach. DI Neville Parker and his team struggle to determine how anyone in attendance could have been responsible. (AD) **8.40** ***8/9.*** A man confesses to murder — despite being unable to remember what happened. Neville refuses to believe him and determines to find the real killer. (AD)

10.00 Shakespeare and Hathaway: Private Investigators ***1/10*** *Series 6.* When their broken-hearted client is accused of murder, Frank and Lu discover the dating game can be deadly. (AD)

11.00 The Hunting Party ***9/13*** *Series 2.* Haunted by the voice of her dead mortician father, Colette Akins terrorises the community where she once lived. (AD)

12 midnight CSI: Vegas (AD) **1.50—4.00am** Dark Winds (AD)

U&Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 314

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Stargate SG-1 **4.00pm** Stargate Atlantis

6.00pm Stargate Atlantis ***20/20*** *Series 5.* A new Wraith superhive does significant damage to the *Daedalus*, and heads to Earth.

7.00 Stargate Universe ***1/20*** *Series 1.* Sci-fi drama starring Robert Carlyle as Dr Nicholas Rush, one of a group of scientists and civilians stranded on an alien spaceship. (AD) **8.00** ***2/20.*** The members of the group realise they must work together to unlock the secrets of the stargate to supply themselves with air, food and water. (AD)

9.00 Intergalactic ***7/8.*** Ash wants to rescue Emma from a Commonworld base, but Tula thinks it is a suicide mission and opts for something with better odds — poker. (AD) **10.00** ***8/8.*** The crew embarks on the final leg of their journey to Arcadia, but a collision with an asteroid draws their attention to a tracker attached to the Hemlock. (AD)

11.00 Evil ***1/13*** *Series 2.* The team is given the task of evaluating the likelihood of Leland being possessed. **11.50** ***2/13.*** The team is charged with investigating a man who claims he can hear the voice of an angel.

12.40am Evil **3.00** The Walking Dead **5.00—6.00am** Most Haunted

Sky Sci-Fi Sky 145 Virgin 140 EE 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Caught Red Handed **8.00** A1: Britain's Longest Road **9.00** Border Security USA (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Patrol **12 noon** Nothing to Declare UK: double bill **1.00pm** UK Border Force **2.00** Nothing to Declare

6.00pm Nothing to Declare Four editions of the fly-on-the-wall documentary accessing the world of national security at Australia's biggest airports as customs and immigration officers tackle criminals.

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras. **9.00** More real-life crashes recorded on vehicle dashcams.

10.00 The Rookie ***7/22*** *Series 5* Nolan and Celina realise a shooting victim was already dead. Bailey has been feeling off since the proposal and Nolan tries to lift her mood. (AD)

11.00 Law & Order: Criminal Intent ***5/23*** *Series 2.* Goren and Eames investigate the murder of a mother-of-two and discover a link with a counterfeiting operation.

12 midnight FBI: Most Wanted (AD) **1.00am** The Good Doctor **2.00** ***New*** Law & Order: Special Victims Unit ***19/21*** *Series 27.* **See review, page 51** Rptd tomorrow 9pm **3.00** The Force: North East **4.00** A1: Britain's Longest Road **5.00—6.00am** Road Wars

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Crime

6.00am Highway Cops **7.00** A1: Britain's Longest Road **8.00** Road Wars **9.00** Caught on Dashcam **11.00** The Force: Manchester **12 noon** Caught Red Handed **2.00pm** Caught on Dashcam (AD) **3.00** What the Killer Did Next (AD) **4.00** The Real Manhunter (AD) **5.00** Killer in My Village

6.00pm World's Most Evil Killers (AD) **7.00** Forensics: Catching the Killer (AD) **8.00** Crime Scene Raw **9.00** Murder in the Alps: three editions **12 midnight** Killer in My Village **1.00am** Murdered at First Sight (AD) **2.00** Britain's Most Evil Killers **3.00** Murdered at First Sight (AD) **4.00** The Force: Manchester **5.00—6.00am** Stop, Search, Seize

Sky Crime Sky 121 (122 Scotland) Virgin 122 EE 349/HD 364 +1 Sky 221 (222 Scotland) Virgin 322

Crime+Investigation

6.00am #Dead2Me **8.00** Jo Frost on Britain's Killer Kids **10.00** Murdertown **12 noon** Nightmare in Suburbia **2.00pm** Crimes That Shook Britain **4.00** Look What You Made Me Do

7.00pm Squatters **8.00** Lie Detector: Truth or Deception: a man acquitted of murdering his wife takes a polygraph test **9.00** Lizzie Borden: 40 Whacks: a look at one of America's most notorious murder cases, using rediscovered police files **10.50** Cold Case Files

1.00am Last Night Out: a woman who vanished in 2021 **2.00** Killer Investigations **3.00** Accident, Suicide or Murder? **5.30—6.00am** Killer in Plain Sight

Crime+Investigation Sky 139 (140 Scot) Virgin 133 +1 Sky 256 Virgin 333

Comedy Central

8.00am Mr Bean **9.00** Friends (AD)

6.00pm Mr Bean **7.00 FILM** The Golden Child ★★ Action comedy starring Eddie Murphy and Charles Dance **9.00 FILM** Armageddon ★★★ Sci-fi action adventure starring Bruce Willis, Billy Bob Thornton and Ben Affleck **11.55** Iain Stirling's Roast the Internet: with guests Jonathan Ross, AJ Odudu and Lou Sanders (AD)

12.55am Eight out of 10 Cats Uncut **1.45** Eight out of 10 Cats: Best Bits **2.15** Sofie Hagen: Comedy Central Live **2.45** Michael McIntyre: Showtime **3.30** Dara O Briain: Craic Dealer **4.15—5.00am** Stupid Central: two editions (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Discovery Science

8.00am Blowing Up History **10.00** How It's Made **12 noon** How Do They Do It? **2.00pm** Savage Builds: double bill **4.00** How the Universe Works: two editions

6.00pm How It's Made **8.00** Legendary Locations: four editions. Josh Gates explores Pablo Escobar's secret Colombian hideaway **8.30** Sites in Bolivia, French Guiana and Turkey **9.00** The mystery of the crystal skulls **9.30** Iconic monuments in New York, Istanbul and Honolulu **10.00** American Titans **11.00** The Dino Hunters (AD)

12 midnight Truth behind the Moon Landing **2.00am** Alien Highway **4.00—6.00am** How Do They Do It?

Discovery Science Sky 167 Virgin 179 +1 Sky 267 Virgin 379

Discovery

6.00am Wheeler Dealers (AD) **12 noon** Building off the Grid **3.00pm** Alaska: Homestead Rescue: four editions

7.00pm ***New.*** Homestead Rescue: Intervention: after unthinkable tragedy, a family pleads for the Raneys to save a homesteader living alone in the mountains using skills he learned online **9.00** Barnwood Builders: the crew takes on their toughest barn yet, a stubborn old timber frame with wooden pegs **10.00** In the Eye of the Storm: eyewitnesses capture shocking scenes of destruction as a mile-wide tornado tears through the city of St Louis in May 2025 **11.00** Kindig Customs (AD) **3.00—5.00am** Texas Metal

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scotland) Virgin 377

Discovery History

7.00am Shed and Buried **9.00** Massive Engineering Mistakes **12 noon** Combat Dealers **2.00pm** Combat Dealers: Reloaded **3.00** World's Greatest Motorcycle Rides: three editions

6.00pm Blowing Up History: triple bill. Experts uncover ancient rituals once performed on the English shore **7.00** How the Tower of London became an infamous prison **8.00** Using underwater archaeology to explore the world's oldest sunken city **9.00** Salvage Hunters: the Restorers: triple bill

12 midnight Shed and Buried **2.00am** Combat Dealers **4.00—5.00am** Combat Dealers: Reloaded

Discovery History Sky 161 (172 NI) Virgin 181 +1 Sky 261 (272 NI) Virgin 381

All programmes on the above channels are repeats unless otherwise stated

RT WINE Order a **12 bottle** mixed case & earn **Avios** points  **radiotimes.com/wineflyercase**

Sky Documentaries



The Salisbury Poisonings: a Spy Next Door *7.20pm*

6.00am Discovering: Olivia de Havilland (AD) **7.00** Discovering: William Holden (AD) **8.00** Dart Kings (AD) **11.00** Villeneuve Pironi: Racing's Untold Tragedy: the relationship between F1 drivers Gilles Villeneuve and Didier Pironi **1.00pm** I Am Paul Walker: a profile of the *Fast and Furious* star **2.50** The Alien Autopsy Scandal (AD) **5.50** Salt Path: a Very British Scandal: allegations of factual inaccuracies in Raynor Winn's book

7.20pm The Salisbury Poisonings: a Spy Next Door The nerve agent attack on former Russian spy Sergei Skripal and his daughter Yulia, with contributions from intelligence and counterterrorism officials, journalists and ex-Prime Minister Theresa May.

9.00 Ghislaine Maxwell: Epstein's Shadow Investigating the mysterious life of the former socialite and her relationship with sex offender Jeffrey Epstein. (AD) **10.00** How Ghislaine went to New York and fell in love with Jeffrey Epstein, becoming his partner and alleged madame. (AD) **11.00** A look at how, after almost 20 years with Jeffrey Epstein, former socialite Ghislaine Maxwell left him to distance herself from his crimes. (AD) **12 midnight** Look Away: women groomed in their early teenage years by rock stars (AD) **1.50am FILM** Tina ★★★★ Tina Turner's life and career (AD) **4.05—6.00am** The Loneliest Whale: the Search for 52

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Ice Road Rescue **11.00** Inside Melbourne Airport **1.00pm** Air Crash Investigation: six back-to-back editions **7.00pm** Europe from Above (AD) **8.00** ***New.*** How the Tudors Lost Their Heads: from royal favourite to condemned rebel, the Earl of Essex's spectacular fall from grace is re-examined (AD) **9.00** ***New.*** Planes that Changed History: how the B-17 Flying Fortress became a symbol of Allied air power and Second World War victory (AD) **10.00** Hitler's Last Stand **11.00** Churchill's German Army: Germans who fought for the Allies **12 midnight** Plane Crash Re-created (AD) **2.00am** Mysteries of Ancient Medicine **3.00—5.00am** Paranatural

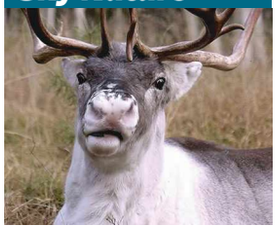
Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Storage Hunters **8.00** Storage Wars **10.00** Pawn Stars: four editions **2.00pm** Britain's Murder Map with Vicky McClure and Jonny Owen **7.00pm** Viking Dead: double bill. A well-preserved Viking ship discovered in 1904 presents archaeologists with new mysteries, then the discovery of sites where Vikings had buried treasure **9.00** Knut: the Viking Emperor: two editions. Knut the Great, who claimed the crowns of England, Norway and Denmark, then Knut's rise from young warrior to ruler **11.20** What on Earth? **1.15am** Pawn Stars: four editions **5.05—6.00am** What on Earth?

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



High as an Animal *6.00pm* Mind-altered mammals

6.00am Baby Animals **7.00** Osprey (AD) **8.00** The Ocean's Greatest Feast **9.00** Land of Gremlins: triple bill **12 noon** How the Wild Things Sleep **1.00pm** The Secret Life of the Hermit Crab **2.00** Moon: Nature's Secret Force **5.00** Attenborough's Journey: following the making of Sir David Attenborough's series *First Life* (AD)

6.00pm High as an Animal Some of the substances that animals have discovered, such as plants, fruits and mushrooms, that can put them in altered states of consciousness.

7.00 Flying Monsters with David Attenborough The broadcaster explores the world of the pterosaur, a flying creature that occupied the skies 200 million years ago. (AD)

8.30 David Attenborough's Natural History Museum Alive An after-hours stroll around the Natural History Museum, in which some of the many exhibits spring to life as the naturalist takes a tour. (AD)

10.00 The Ocean's Greatest Feast The sardine run along the east coast of South Africa, a challenging voyage for the fish as they navigate the ocean, barely escaping the hungry predators who depend on them for food.

11.00 High as an Animal As 6pm. **12 midnight** Supersenses (AD) **3.00am** The Secret Life of the Hermit Crab **4.00—6.00am** Wild Rockies

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am Heartland Docs: a horse trailer is hit by a car **10.00** The Incredible Dr Pol **11.00** Casey and Brutus: Grizzly Encounters **2.00pm** Secrets of the Zoo: Tampa **5.00** Heartland Docs **7.00pm** Asia's Weirdest: creatures that will go to any extreme for love **8.00** America's Wild Winter: animals surviving the harshest winters in the US **9.00** Wild Mississippi: double bill. The animals that depend on the Mississippi river system for survival, then how wildlife along the river adapts to floods **11.00** America's Mighty Northwest **12 midnight** Alaska Animal Rescue **1.00am** Alaska Animal Rescue: Critical Conditions **2.00** Africa's Deadliest **4.00—5.00am** Yukon Vet

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell (AD) **9.00** Crikey! It's the Irwins **10.00** Lone Star Law **11.00** Dr Jeff: Rocky Mountain Vet **1.00pm** Pit Bulls and Parolees **3.00** My Cat from Hell (AD) **5.00** Treehouse Masters **6.00pm** Bad Dog! **7.00** How Do Animals Do That? **8.00** Treetop Cat Rescue: double bill. Shaun battles high winds to get a repeat offender down to its family, then Cake the cat proves not to be quite so sweet **9.00** Alaskan Bush People: Book of Bam **10.00** Tanked **11.00** Alaska: the Last Frontier (AD) **12 midnight** River of No Return **1.00am** Saved by the Barn **2.00** The Haunted **3.00** Little Giants **4.00—5.00am** The Zoo

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

6.00am Sky Sports News **7.00** Sky Sports Breakfast **9.00** The Sunday Supplement **10.00 LIVE International One-Day Cricket** Coverage of the third and final ODI between England and Sri Lanka at the Oval in London. **2.00pm LIVE Women's Super League Football** Liverpool v Everton from Anfield (kick-off **2.00**); **4.15** Chelsea v Arsenal, coverage from Stamford Bridge (kick-off **4.30**). **6.30 LIVE NFL** Coverage of a week three match, joining in progress; **9.00** Another week three match; **12.30am** Denver Broncos v Los Angeles Rams, action from Empower Field at Mile High (kick-off **1.20**). **4.45—6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup Final (AD) **8.00** Scottish Premiership Best Goals **9.00** SPFL Greatest Games **9.30** Championship Season Review (AD) **10.30** Scottish Premiership Highlights **11.45** EFL Greatest Games (AD) **11.50 LIVE Scottish Women's Premier League Football** Rangers v Celtic, the Old Firm derby from Broadwood Stadium (kick-off **12.00**). **2.00pm** League Cup Highlights **5.30 LIVE NFL** Coverage from a week three match (kick-off **6.00**); **9.00** Another week three match. **12 midnight** Women's Super League Football **12.30am** League One Goals **1.00** League Two Goals **1.30** Women's Super League Football **2.00** Scottish Women's Premier League Football **2.30** EFL Greatest Games **3.00** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** Classic League Cup Final: action from 2021 (AD) **5.00** League Cup Best Goals (AD) **5.30—6.00am** EFL Trophy (AD)

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am LIVE Tennis Coverage from the WTA and/or ATP Tours. **7.30 LIVE WTA Tennis** Coverage of the Korea Open final from Seoul Olympic Park Tennis Centre. **9.30** EFL Greatest Games (AD) **10.15** My Icon: Maggie Alphonsi (AD) **10.30** Rugby Union Greatest Games **10.35 LIVE International Rugby Union** Australia v South Africa, coverage of the one-off Test from Perth Stadium (kick-off **10.45**). **12.45pm** My Icon: Maggie Alphonsi (AD) **1.00** Sports Sunday **5.00 LIVE Women's Super League** Coverage of this year's Grand Final at the Brick Community Stadium in Wigan (kick-off **5.30**). **8.00 LIVE NFL** Coverage of a week three match, joining in progress; **9.00** Another week three match. **12 midnight** Sky Sports News **2.00am LIVE WNBA** Coverage of a play-off match from North America. **4.30** EFL Greatest Games (AD) **5.00—6.00am** ATP Tennis (AD)

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am European Tour Golf **10.30** Presidents Cup Golf: the third day **11.30 LIVE European Tour Golf** The fourth and final day of the Open de France from Le Golf National. **4.30pm LIVE Presidents Cup Golf** The fourth and final day of the biennial team competition, held at Medinah Country Club in Illinois. **11.00** How the 2019 Presidents Cup Was Won **1.00am** Legends Tour Golf **2.00** European Tour Golf **4.00** Presidents Cup Golf **5.00—6.00am** School of Golf (AD)



Women's Super League *4.15pm* ***Sky Main Event*** Chelsea's Lauren James

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Greatest Games **7.00** Best Goals (AD) **8.00** Legends (AD) **9.00** The Sunday Supplement **11.00** Premier League Review **1.00pm** Netbusters **1.30 LIVE Women's Super League Football** Liverpool v Everton (k-o **2.00**); **4.15** Chelsea v Arsenal (kick-off **4.30**). **7.00** Netbusters **7.30** Premier League Review **11.30** Years (AD) **1.30am** Retro **3.30** Greatest Games (AD) **4.00** Best Goals (AD) **5.00—6.00am** Legends (AD)

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am International One-Day Cricket **10.00 LIVE International One-Day Cricket** England v Sri Lanka. **6.30pm** The Hundred Bitesize (AD) **7.00** International One-Day Cricket Highlights: England v Sri Lanka **1.00am** International T20 Cricket Highlights **5.30—6.00am** The Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am Highlights **7.00** Gameday **7.45** Bitesize **8.00** Highlights **12 noon** Gameday **12.45pm** Bitesize **1.00** Highlights **2.00** Gameday **5.30 LIVE NFL** Coverage from a week three match (kick-off **6.00**); **9.00** Another week three match; **12.30am** Denver Broncos v Los Angeles Rams (kick-off **1.20**). **4.45** Bitesize **5.15—6.00am** Gameday

Sky F1

Sky 407 Virgin 507 EE 424/HD 444

1.10—3.40pm LIVE Motor Racing The British GT Championship.

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

6.00am LIVE Tennis WTA/ATP Tours. **7.30 LIVE WTA Tennis** Korea Open. **9.30 LIVE Tennis** WTA/ATP Tours. **10.00 LIVE WTA Tennis** Coverage from the Singapore Open final. **12 noon—7.30pm LIVE Laver Cup Tennis** Day three. **Sport: page 28**

Sky Sports Mix

Sky 416 Virgin 511 EE 429/HD 449

8.30am—5.00pm LIVE International One-Day Cricket South Africa v Australia, second ODI. **5.30—12.30am LIVE NFL Redzone** Coverage of the NFL Network show.

Premier Sports 1

Sky 419 Virgin 528

8.00—10.00pm LIVE Top 14 Rugby Union Toulouse v Montpellier.

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am LIVE AFLW Sydney Swans v Brisbane Lions (bounce-up **6.05**); **8.00** Coverage of Gold Coast Suns v St Kilda Saints (bounce-up **8.05**). **10.00** Prem Rugby Union **11.00** Cycling **12 noon LIVE Cycling** The final stage of the men's CRO Race. **2.00pm** TNT Sports Reload (AD) **2.30 LIVE Prem Rugby Union** Leicester Tigers v Saracens (k-o **3.00**). **5.30 LIVE Rugby: the 745 Game** A match played to raise awareness and funds for motor neurone disease. **8.00** Lewis Moody vs MND (AD) **9.30** World Rally (AD) **10.00** Prem Rugby Union **11.00** Rugby: the 745 Game (AD) **12 midnight LIVE NWSL Football** Coverage of Bay FC v Orlando Pride. **2.15am** AFL **3.45** Champions League: Stories of the Finals (AD) **4.00—6.00am** Champions League Classics

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

6.00am LIVE Motor Racing The Six Hours of Fuji race continues. **9.30** TNT Sports Reload (AD) **9.45** Laver Cup Tennis **11.45 LIVE Laver Cup Tennis** The third and final day. **Sport: page 28** **8.00** World Rally (AD) **8.30 LIVE Mountain Biking** The World Series women's downhill elite race from Whistler, Canada; **10.00** The men's downhill elite race. **12.15am** World Superbikes **1.15** Inside Serie A (AD) **1.45** Playing for Our Future: Football (AD) **2.00** Prem Rugby Union **4.00** Cycling (AD) **4.15** What I Wore (AD) **4.30** Climbing **5.30—6.00am** European T20 Premier League Cricket (AD)

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am Prem Rugby Union **9.00** TNT Sports Cricket Reload **9.15 LIVE International One-Day Cricket** India v West Indies, first ODI. **1.30pm LIVE Cycling** The men's elite road race from the UCI Road World Championships in Montreal. **9.15** TNT Sports Reload (AD) **9.30** UFC **12.30am** Champions League Magazine **1.00** Cycling **3.00** International One-Day Cricket Highlights (AD) **4.00—6.00am** MLB Classic (AD)

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

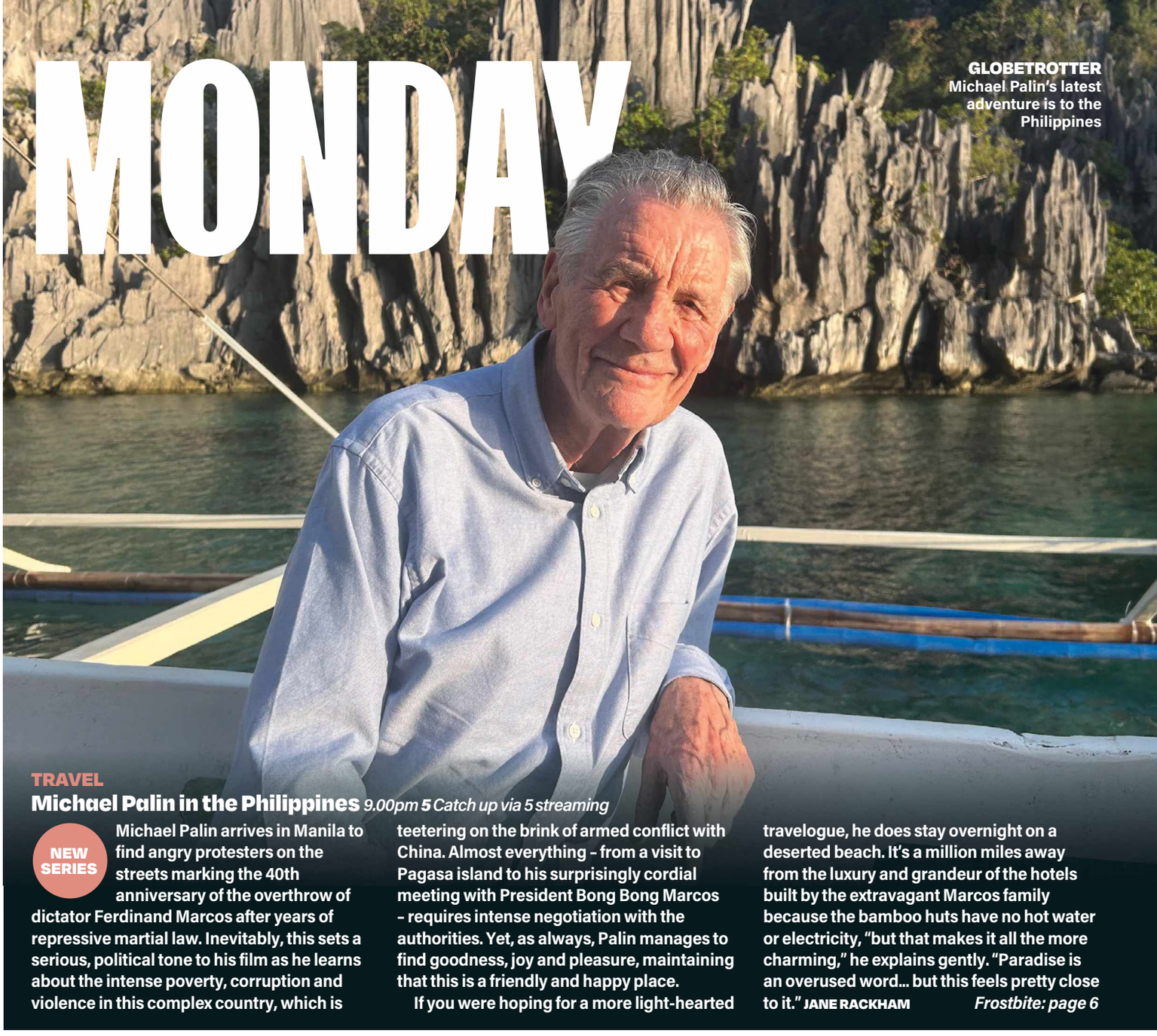
6.00am Laver Cup **8.00** Triathlon **8.30** World Superbikes **9.00** Premier League: the Big Interview **9.30** World Superbikes **10.00 LIVE World Superbikes** The Superbike Superpole race in Italy. **11.00** The Greatest: Jonathan Rea **11.45 LIVE World Superbikes** The second Sportbike race in Italy; **12.45pm** The second Supersport race; **2.00** The second Superbike race. **3.30 LIVE International One-Day Cricket** India v West Indies, the first ODI in the three-match series. **5.45** Cricket Reload **6.00** World Superbikes **7.00** MLB Highlights **8.00 LIVE Major League Baseball** San Francisco Giants v Los Angeles Dodgers (start **8.05**). **11.00** Climbing **12 midnight** International One-Day Cricket (AD) **1.00am** Showjumping **2.00** Laver Cup Tennis **4.00** The Match That Changed Tennis (AD) **5.00** World Rally (AD) **5.30—6.00am** Roll the Tape

Premier Sports 2

Sky 420 Virgin 529

7.30pm—12 midnight LIVE Nascar Cup Coverage of the Hollywood Casino 400 at Kansas Speedway.

MONDAY



GLOBETROTTER
Michael Palin's latest adventure is to the Philippines

TRAVEL

Michael Palin in the Philippines *9.00pm **5** Catch up via 5 streaming*

NEW SERIES

Michael Palin arrives in Manila to find angry protesters on the streets marking the 40th anniversary of the overthrow of dictator Ferdinand Marcos after years of repressive martial law. Inevitably, this sets a serious, political tone to his film as he learns about the intense poverty, corruption and violence in this complex country, which is teetering on the brink of armed conflict with China. Almost everything – from a visit to Pagasa island to his surprisingly cordial meeting with President Bong Bong Marcos – requires intense negotiation with the authorities. Yet, as always, Palin manages to find goodness, joy and pleasure, maintaining that this is a friendly and happy place.

If you were hoping for a more light-hearted travelogue, he does stay overnight on a deserted beach. It's a million miles away from the luxury and grandeur of the hotels built by the extravagant Marcos family because the bamboo huts have no hot water or electricity, "but that makes it all the more charming," he explains gently. "Paradise is an overused word... but this feels pretty close to it." JANE RACKHAM

Frostbite: page 6

DRAMA

My Life Is Murder

*8pm **U&Alibi** Catch up via Now*

LAST IN SERIES

We remain in Fiji for this final episode in the current series, but a holidaying Alexa hasn't had so much as a sniff of a sun lounger nor the chance to book anything even resembling an excursion. Because, as we've seen, she's been far too caught up in a case for rest and relaxation, and this mystery just happens to involve her first homicide partner from the police force, Jesse. He may (or may not) be carrying a torch for Alexa but might (or might not) have just been killed, what with him just having been found crashed out on the floor of his hotel room. Sensing danger, Auckland buddy Madison joins Alexa for this concluding part. But will they confront the culprit? **DAVID BROWN**

DRAMA

The Split Up

9pm (10.40pm Northern Ireland)
***BBC One** Full series on iPlayer*

What is going on with Dhruv Kishan (Sanjeev Bhaskar)? The cruel remarks he made to devoted PA Linda (Debbie Rush), his aggressive attitude in court – which he defends as being necessary if you're going to win a case – and his high-handed running of the family's prestigious legal business, especially where daughter Aria (Ritu Arya) is concerned, are bad enough. But now he's sneaking around having secret meetings in hotel rooms with rival lawyer Zoya Bassu (Shalini Peiris).

However, he's not the only one in the family keeping distressing secrets. "I can't take any more lies," sobs Aria, although she doesn't look that happy when she hears the truth either. **JR**

HISTORY

Finding Britain's Slave Traders with David Olusoga

*9pm **BBC Two** Both eps on iPlayer*

In 2020, the name Edward Colston gained national notoriety when his statue was tipped into Bristol docks; the fact that his fortune was built on the slave trade at long last overshadowed his philanthropy. The conclusion of David Olusoga's superlative but devastating two-parter reveals he was no outlier, with hospitals, theatres, schools and civic halls all funded by the same reprehensible enterprise as the privatisation of the trade enabled its growth and the explosion of both the British economy and many of its most significant cities. Not easy viewing, least of all the casual brutality inflicted upon millions of Africans, but this is a part of our national story. **GABRIEL TATE**

DRAMA

The Blame

*9pm **ITV1** Full series on ITVX*

The Blame is being sold as a story about institutional rot, rather than a few bad apples. But even the murkiest police station needs someone for us to stand beside. So, amid the misogynists, we have decent officers such as Emma and Lewis trying to push back.

There's a danger that this makes the problem feel like a handful of malign men rather than a culture that runs deeper. But this episode complicates things by turning the spotlight back on Emma, who may have made some sizeable missteps in a past investigation. The possibility that she isn't quite as spotless as we thought makes her a far more interesting heroine – and suggests that, in this world, even the good guys may have something to answer for. **DB**

DRAMA

Law & Order: Special Victims Unit

9pm ***Sky Witness*** *Catch up: Now*

Olivia Benson's ethical code is her superpower, to the extent that I've imagined her in other crime dramas where the police are found wanting and sorting them out. She'd kick butt on *The Blame* (left). Yet here on *SVU*, there are those who see Benson's loyalty to victims and the vulnerable as a failing, with Chief Tynan primed to pounce at the first sign of trouble. And that opportunity may well arrive when Benson defies a judge's orders and decides to protect an assault survivor from having their sexual history used against them in court. **DB**

SITCOM

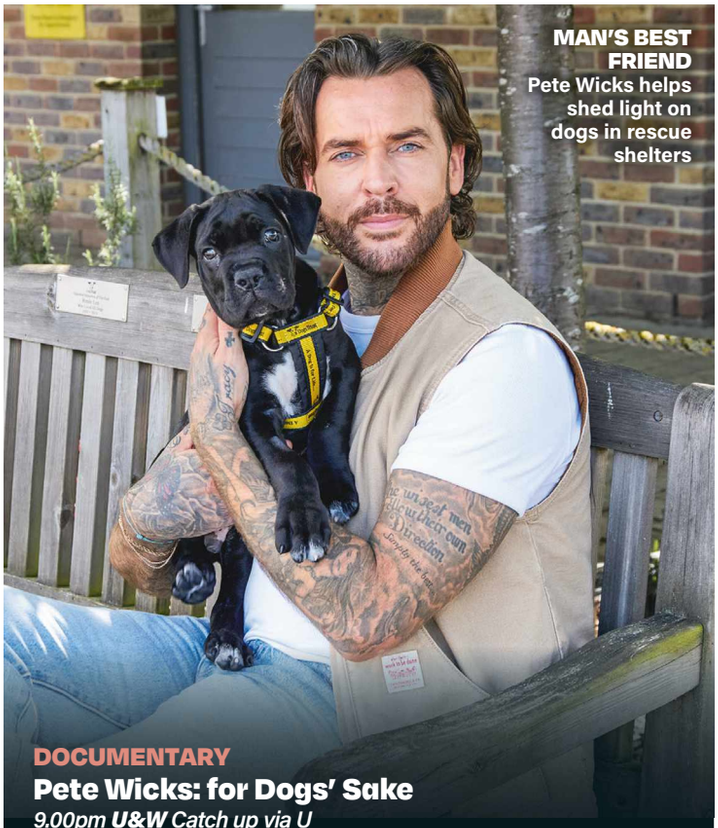
Colin from Accounts

10pm (Tue 11.10pm Northern Ireland) ***BBC Two*** *Full series on iPlayer*

There aren't many comedies that can deliver a belly-laugh and a crushing blow of pathos – sometimes in the same minute. But that's what makes this such a gem.

There are plenty of these moments in this penultimate episode, as Gordon moves his mum to a nursing home and Ashley attends her grandmother's funeral. Moving sequences are punctured by the presence of Gordon's brother Heavy – whose lexicon is enough to make Danny Dyer blush – and an unexpected song and dance number... at the funeral.

FRANCES TAYLOR



MAN'S BEST FRIEND Pete Wicks helps shed light on dogs in rescue shelters

DOCUMENTARY

Pete Wicks: for Dogs' Sake

9.00pm ***U&W*** *Catch up via U*

The natural successor to the late Paul O'Grady because of his lovely connection with canines, Pete Wicks returns to the Dogs Trust in Basildon for more heartwarming and heartbreaking stories. A cane corso's irresistible litter of pups means lots of cuddles for him – which he loves. However, in a story that broke last year, we then hear about a case of dog cruelty that so traumatised Pudding, an elderly Jack Russell cross, he can't be touched. On a cheerier note, a young labrador is assessed as a potential assistance dog.

Pete's not over-sentimental about these cases but he clearly cares deeply so can get emotional over a dog's terrible condition or when it's time to say goodbye. JR

FOOD

Jamie's 20 Minute Meals

8.00pm ***C4*** *Catch up via C4 streaming*

NEW SERIES

A criticism levelled at TV cookery shows is that what takes an on-screen chef a few minutes to do can take us a lot longer. Watching Jamie Oliver slice onions at hyper-speed demonstrates that. But his latest mission is to prove that fast food (no, not by ordering a takeaway) can be delicious and created by anyone in just 20 minutes.

The camera follows him in one continuous shot – no pauses to set up the next stage, correct mistakes, find an ingredient or weigh it – as he makes oozy camembert and onion rice followed by breadcrumbed chicken served with garlic beans. In between cooking he squeezes in off-the-cuff tips, information and cheats about herbs, stock, knife-skills and cooking methods.

You've done it again, Jamie. It's tasty stuff. **JR**



FAST FOOD Jamie Oliver shares some more quick and easy meals

DOCUMENTARY

Henry Moore Night

10pm ***BBC Four*** *Catch up: iPlayer*

One of our greatest visual artists receives perhaps the ultimate accolade: an evening of themed programming on BBC Four. We begin with reminiscences from his daughter Mary, before moving on to a *Culture Show* special (10.10pm) in which the late Alan Yentob explores Moore's use of television to showcase his work. A 1960 *Monitor* follows (11.10pm), with Huw Wheldon visiting the sculptor as an exhibition at the Whitechapel Gallery draws near. Rounding off the evening are *Henry Moore at Home* (11.35pm), in which Moore takes the cameras around his own art collection before he sits down with John Freeman for *Face to Face* (12.25am). **GT**



ALSO ON TODAY

Strictly: It Takes Two

6.30pm ***BBC Two***

Actor, comedian and former contestant Ellie Taylor (above) kicks off her new gig hosting the accompaniment programme.

Richard Osman's House of Games

6.00pm ***BBC Two***

New series of the quiz show, still hosted by Richard Osman but soon to be taken over by Michael Sheen. Miles Jupp and Lucy Porter are among the guests.

Clickbait Clinic with Stacey Dooley

8.30pm ***BBC One*** *(BBC Two in Northern Ireland)*

The presenter explores various online trends, from the carnivore diet to supplements dubbed "nature's Ozempic".

LIVE SPORT

Darts: World Grand Prix

6pm ***Sky Sports Main Event***

Day one from the Mattioli Arena in Leicester. Luke Littler enters the first-round matches as the reigning champion.

Tennis: ATP Events

10am ***Sky Sports Tennis***

Action from day six of the ATP tournaments in from, with the Chengdu Open and the Hangzhou Open.

Snooker: Shenzhen Open

7am, 12.30pm ***TNT Sports 1, 2***

Second-round action from the Chinese city.

SPORT HIGHLIGHTS
PAGE 29

FILM REVIEWS
PAGE 57

MONDAY MAIN CHANNELS

DAYTIME

BBC One

6.00am Breakfast Presented by Jon Kay and Sally Nugent. (S) (HD)
9.30 Morning Live Weekday magazine show featuring topical chat and expert advice. (S) (HD)
10.45 Rip-Off Britain A woman whose data was on a list belonging to an international crime ring, and a driver caught up in a case of mistaken identity. (S) (HD)
11.15 Homes under the Hammer With properties in Cheshire, Kent and North Ayrshire. (R) (S) (AD) (HD)
12.15pm Bargain Hunt The contest comes from Wetherby Racecourse, where Natasha Raskin Sharp bamboozles fairgoers with a mystery object. (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
2.00 Clean It, Fix It Mark Wright and the team help Jess reclaim her 600-year-old cottage, adding new cupboard doors and refreshed worktops. (S) (HD)
2.30 Amanda and Alan's Greek Job Amanda Holden and Alan Carr go all out on a bedroom. (R) (S) (AD) (HD)
3.00 Escape to the Country Alistair Appleton helps a couple find their dream home in Derbyshire, and discovers a wildlife reintroduction project. (S) (HD)
3.45 Garden Rescue In Milton Keynes, Chris Hull and Diarmuid Gavin transform a garden into a Mauritian oasis. Repeated Thursday 6.30am BBC Two (S) (HD)
4.30—5.15 *New series.* Antiques Road Trip Margie Cooper and Ishy Khan tour the shops of South Yorkshire and visit Kelham Island Museum in Sheffield. Repeated tomorrow 7.15am BBC Two (S) (AD) (HD)

BBC Two

6.30am Bargain Hunt Two teams compete in Chichester. (R) (S) (AD) (HD)
7.15 Antiques Road Trip Danny Sebastian and Roo Irvine hunt for silver. Shown last Friday BBC One (S) (AD) (HD)
8.00—9.00 Sign Zone Wilderness with Simon Reeve *1/4.* The adventurer heads to Papua New Guinea, where he ventures into its rainforests. Shown Saturday 7.45pm (S) (AD) (HD)
9.00 BBC News (S) (HD)
11.30 Politics Live Coverage of the Labour Party Conference at Liverpool Experience Campus. (S) (HD)
1.00pm Impossible Rick Edwards presents. (R) (S) (HD)
1.45 Unbeatable General knowledge quiz. (R) (S) (HD)
2.30 The Boss Quiz with Susan Calman. (R) (S) (HD)
3.15 The Great British Sewing Bee *3/10.* Creating outfits for Summer Week. From 2022. (R) (S) (AD) (HD)
4.15—5.15 South Pacific The effects of volcanic eruptions in the ocean. From 2009. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.30 Lorraine Fashion and showbiz. (S) (HD)
10.00 This Morning Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Daily discussion. (S) (HD)
1.30 ITV News Regional News; Weather (S) (HD)
2.00 Dickinson's Real Deal David Dickinson heads to Preston with dealers Alison Chapman, Tim Hogarth, Jan Keyne and Henry Nicholls. (R) (S) (AD) (HD)
3.00 Lingo Folk music-loving couple Tim and Kim, mother and daughter Nicola and Tia-Dene, and Gloucestershire couple Dawn and Simon compete in the quiz. (R) (S) (HD) Followed by **Regional Weather** (S) (HD)
4.00—5.00 Deal or No Deal Stephen Mulhern hosts as contestant Alana attempts to open the 22 red boxes in the right order. Signed repeat 5.05am (R) (S) (AD) (HD)

Channel 4

5.50am Countdown With Neil Delamere. (R) (S) (HD)
6.30 The King of Queens (R) (S) (AD) (HD)
7.45 Everybody Loves Raymond (R) (S) (AD) (HD)
9.10 Frasier Four episodes. (R) (S) (AD) (HD)
11.10 American Pickers Mike Wolfe and Frank Fritz try to negotiate with a collector who demands a high price for every item. (R) (S) (AD) (HD) **12.05pm News** (S) (HD)
12.10 Find It, Fix It, Flog It Henry Cole finds an old cattle feeder to turn into a garden bench. (R) (S) (AD) (HD)
1.10 The Great House Giveaway Eleanor and Steve have six months to transform a four-bedroom terrace in Chesterfield into a modern family home. (R) (S) (HD)
2.10 Countdown Lee McKenzie guests. (S) (HD)
3.00—4.00 A Place in the Sun A couple seek a holiday home in Normandy, France. (R) (S) (HD)

BBC One 1



The Split Up *9.00pm* Secrets and lies: Aria (Ritu Arya) unpicks more of her father's deceptions

5.15pm Pointless
Quiz in which contestants try to score the fewest points. Alexander Armstrong and Michael Ball host. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Presented by Alex Jones and Roman Kemp. (S) (HD)

7.30 EastEnders
Suki starts digging for answers. Denise's treatment takes a toll, and Nicola faces another financial setback.
Writer Nk'iru Njoku Cast Tuesday/Thursday (S) (AD) (HD)

8.00 Ghost Plates: Drivers Cheating the Law — Panorama
It is estimated that millions of vehicles on Britain's roads are using illegal number plates. Rahil Sheikh reports on how cloned and "ghost" number plates are leaving innocent motorists facing fines, debt collection threats and years of stress, while dangerous drivers and organised criminals exploit weaknesses in the system.
Director/Producer India Latham Signed rpt Friday 1.45am BBC Two (S) (HD)
NOTE: as *Panorama* reacts to the news its subject matter may change

8.30 Clickbait Clinic with Stacey Dooley
2/6. The presenter explores the controversial carnivore diet, travelling to a "meat up" in Kent where enthusiasts argue that broccoli damages our DNA. She also investigates online discussions surrounding dietary supplement berberine, described on social media as "nature's Ozempic". Drs Nighat Arif and Alex George offer insight. The whole series is on iPlayer.
Director Joe Myerscough; Producer Eloise Millard
Repeated Wednesday 9pm BBC Three (S) (AD) (HD)

9.00 The Split Up
RI *4/6.* The chemistry between Aria and Luke intensifies on a trip to the countryside, and a new betrayal from Michael devastates Maya. Meanwhile, Aria finally uncovers the truth Dhruv has been hiding. The whole series is on iPlayer. **See page 50.**

Luke Christos	**Dimitri Leonidas**	Amanda Redford	**Niamh Walsh**
Michael Lanigan	**Tom Forbes**	Judge Kennedy	**Stephen Whitfield**
Pandit Jagesh	**Ravi Aujla**	Percy Higgins	**Michael Garside**
Sofia Bradley	**Olivia Chenery**	Rhik Dasani	**Ramon Tikaram**
Natalie Redford	**Caroline Chesworth**	Maggie Lancaster	**Kerry Peers**
Nick Redford	**David Archer**	Ginny	**Victoria Ekanoye**

Writer Kaamil Shah More cast Sunday
Signed repeat Wednesday 12.35am BBC Two (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Have I Got News for You
Stephen Mangan and Salma Shah join Paul Merton and Ian Hislop. Steph McGovern hosts. From October 2025. A new series begins Friday 9.30pm. (R) (S) (HD)

11.10 The Crime I Can't Forget
Body in a Bin. Retired officers who investigated the 2019 disappearance and murder of 55-year-old Pat McCormick in Comber, Down, look back at how the evidence led them to a suspicious love triangle.
Director Paddy Murray; Series producer Ruth Mulcahy
First shown on BBC One Northern Ireland (S) (HD)

12.10am Wisdom of the Crowd *2/8.* John Bishop hosts as players take on the audience to win up to £30,000.
See review, page 30. Shown Saturday 8.45pm (S) (HD)
12.55 Weather for the Week Ahead (S) (HD)
1.00—6.00am BBC News (S) (HD)

BBC One Freeview 1/HD 101 Freely 1 Freesat 101 Sky 101 Virgin 101

BBC Two 2



Finding Britain's Slave Traders with David Olusoga *9.00pm* Exploring the industry's growth

5.15pm Flog It!
At Muncaster Castle and Norwich Cathedral. (R) (S) (HD)

6.00 House of Games
New series. Richard Osman is in the host's chair for one last week, as Miles Jupp, Cariad Lloyd, Lucy Porter and Kiell Smith-Bynoe test their trivia skills. (S) (HD)

6.30 Strictly It Takes Two
New series. New presenter Ellie Taylor has the latest *Strictly* news, gossip and exclusive interviews. (S) (HD)

7.00 Global Eye
Reports from BBC journalists across the world. (S) (HD)

7.30 Mastermind
Clive Myrie quizzes contestants on the music of George Michael, grand slam-winning tennis player Monica Seles, artist Kerry James Marshall, and the Lord Peter Wimsey stories of Dorothy L Sayers.
Series producer Paul Christian; Executive producers Chris Jones, Kate Middleditch and Jimmy Mulville (S) (HD) *Mastermind 1977* 9pm BBC Four
10 Questions: page 4

8.00 Only Connect
The Six Sevens and the Risk Takers return to compete in the knockout round. Victoria Coren Mitchell hosts.
Director Siân G Lloyd; Producer Nick Martin (S) (HD)

8.30 University Challenge
Four students from Emmanuel College, Cambridge face a team from Somerville College, Oxford in a bid to reach the second stage. Presented by Amol Rajan.
Director Bridget Caldwell; Producer Clare Parody (S) (HD)

9.00 Finding Britain's Slave Traders with David Olusoga
RI *2/2.* The historian reveals how the end of the royal monopoly and the expansion of the industry was the "big bang" moment in the story of the slave trade. In the 18th century, the trafficking of enslaved Africans would reach its peak, spreading beyond the royal court to towns and ports and attracting thousands of new investors. Both episodes are on iPlayer. **See p50.**
Director Francis Welch; Producer Kat Feavers Rptd Tue 11.10pm (S) (AD) (HD)

10.00 Colin from Accounts
RI *7/8 Series 3.* **Is That All There Is?** Ash attends her grandmother's funeral. Stuart, Gordon and Heavy help their mum move into a care home. More tomorrow 10pm. A box set is on iPlayer. **See page 51.**
Writer Harriet Dyer; Director Madeleine Dyer; Producer Kevin Greene
Cast tomorrow (S) (AD) (HD)

10.30 Newsnight With Victoria Derbyshire. (S) (HD)
Weather (S) (HD)

11.05 Nickel Boys ★★★★★
P Period drama with Ethan Herisse and Brandon Wilson. In early-60s Florida, a misunderstanding lands young Elwood Curtis in the Nickel Academy, a reform school run by cruel white administrators. On iPlayer for 60 days. **Film of the Day: page 57.**

Elwood	**Ethan Herisse**	Adult Elwood	**Daveed Diggs**
Turner	**Brandon Wilson**	Hattie	**Aunjanue Ellis-Taylor**
Young Elwood	**Ethan Cole Sharp**	Spencer	**Hamish Linklater**

Director RaMell Ross (2023, 12) (S) (HD)

1.15—3.05am Sign Zone 1.15 Countryfile The team looks at the story of the Bayeux Tapestry. Shown last Sun BBC One (S) (HD)
2.10 Ludwig *6/6.* A shocking death strikes close to home and leaves John shaken. Shown last Thursday BBC One (S) (AD) (HD)

BBC Two Freeview 2/HD 102 Freely 2 Freesat 102 Sky 102 Virgin 102

ITV1 3



Emmerdale *8.00pm* Kim (Claire King) is unimpressed with Joe (Ned Porteous)

5.00pm The Chase
Bradley Walsh hosts as Genevieve, Simon, Nik and Suzanne take on a Chaser. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Millionaire Hot Seat
Jeremy Clarkson invites six contestants to race against time and climb the money ladder.
Director Simon Staffurth; Producer Kirsty Proffitt (R) (S) (HD)

8.00 Emmerdale
Sadie and Robert are unable to track down Jimmy's money. Elsewhere, Kim is upset.

Sadie King	**Patsy Kensit**	Frankie Robinson	
Robert Sugden	**Ryan Hawley**		**Eden Ratcliffe-Knights**
Kim Tate	**Claire King**	Gabby Thomas	**Rosie Bentham**
Joe Tate	**Ned Porteous**	Graham Foster	
Aaron Dingle	**Danny Miller**		**Andrew Scarborough**
April Windsor	**Amelia Flanagan**	Harry Sugden	**Adam Pryor**
Archie Breckle	**Kai Assi**	Isaac Dingle	**Bobby Dunsmuir**
Arthur Thomas	**Alfie Clarke**	Ivy Malcolms	**Margot Rose Dalley**
Bear Wolf	**Joshua Richards**	Jacob Sugden	**Joe-Warren Plant**
Belle King	**Eden Taylor-Draper**	Jai Sharma	**Christopher Bisson**
Billy Fletcher	**Jay Kontzle**	Johnny Woodfield	**Jack Jennings**
Bob Hope	**Tony Audenshaw**	Kammy Hadiq	**Shebz Miah**
Cain Dingle	**Jeff Hordley**	Kerry Pollard	**Laura Norton**
Caleb Milligan	**William Ash**	Kev Barton	**Christopher Coghill**
Carl Holliday	**Charlie Joyce**	Kyle Winchester	**Huey Quinn**
Charity Dingle	**Emma Atkins**	Laurel Thomas	**Charlotte Bellamy**
Charles Anderson	**Kevin Mathurin**	Leo Goskirk	**Harvey Rogerson**
Chas Dingle	**Lucy Pargeter**	Liam Cavanagh	**Jonny McPherson**
Claudette Anderson	**Flo Wilson**	Lydia Dingle	**Karen Blick**
Dotty Thomas	**Tilly Rue Foster**	Mackenzie Boyd	**Lawrence Robb**
Dylan Penders	**Fred Kettle**	Mandy Dingle	**Lisa Riley**
Eric Pollard	**Christopher Chittell**	Marlon Dingle	**Mark Charnock**
Eve Dingle	**Bella James**	Mary Goskirk	**Louise Jameson**
Evan Fletcher	**Malachi McKenzie**	Matty Barton	**Ash Palmisciano**

Writer Kirsty Halton More cast Thursday (S) (AD) (HD)

8.30 Coronation Street
Carl falls under suspicion for stealing from the pub. Tim shares his suspicions of Richie.
Writer Joe Turner Cast Wednesday/Friday (S) (AD) (HD)

9.00 The Blame
RT ***4/6.*** A potential lead to Sophie's killer is uncovered, while links to another victim are found. The whole series is on ITVX. **See p50.**
Dramatised by Megan Gallagher and Namsi Khan
Producer Matt Strevens; Directors Claire Tailyour and Rebecca Rycroft Cast Sunday (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Peston
Political magazine show hosted by Robert Peston, featuring interviews with MPs.
Executive producer Andrew Dagnall (S) (HD)

11.30 7 Up: the Story
A special programme looking at the history of the award-winning documentary series.
Producer Iwan Roberts; Executive producer Mike Blair
Shown last Wednesday (S) (AD) (HD)

12 midnight Home Shopping (HD)
3.00am The Rainmaker ***5/10.*** Worried about Melvin's threat, Rudy defies Bruiser, risking his future as Dot's attorney. Shown last Wednesday (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am Deal or No Deal Contestant Alana competes against the Banker. Shown 4pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



Jamie's 20-Minute Meals *8.00pm* The chef returns with some speedy inspiration

4.00pm Help! We Bought a Village
In France, Gary and Jenny from Birmingham take on an abandoned farming hamlet.
Director Julie Beanland; Series editor Sarah Doughty
Repeated tomorrow 11am 4seven (S) (HD)

5.00 Four in a Bed
The first destination is Fairy River in Northern Ireland's Mourne Mountains. (S) (HD)

5.30 Come Dine with Me
Michelle hosts the first party from Bedfordshire and Cambridgeshire. (R) (S) (HD)

6.00 A New Life in the Sun: Where Are They Now?
In France, gîte complex operators Colin and Christina hope to recover from a disaster.
Director Julie Beanland; Series producer Clare Beamond
Repeated tomorrow 9am 4seven (R) (S) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Jamie's 20-Minute Meals
RT ***New series. Ep 1.*** Jamie Oliver returns with dishes for our time-pressed age. The first episode features oozy camembert rice, served with crunchy croutons for dipping, and breadcrumbed chicken. **See p51.**
Series director Samantha Beddoes; Series producer Katie Millard Repeated tomorrow 7pm 4seven (S) (AD) (HD)

9.00 999: What Happened Next
Ep 4 *Series 2.* A woman's body is found in a reservoir in north Wales, revealing a sinister murder within a family. West Mercia Police investigate a crime group who are targeting homes without ever leaving a trace.
Repeated Wednesday 10pm 4seven, Wednesday 11.05pm C4 and Friday 10pm 4seven (S) (AD) (HD)

10.00 Geordie Coppers
Ep 3. A group of youths assault a man in Newcastle city centre. PC Adam investigates an 18-year-old who is known to the police and is spotted on CCTV in yet another brawl.
Exec producer Gilly Greenslade; Series editor Annaliese Edwards
Rptd tonight 1.05am and tomorrow 1.50am 4seven (S) (AD) (HD)

11.05 24 Hours in A&E
Professional superbike rider Max is rushed in after sustaining a head injury in a crash.
Director/Producer Kylie Raynor Repeated Wednesday 9pm and Friday 9pm 4seven (R) (S) (AD) (HD)

12.05am Prison Island ***1/6.*** Channel 4 premieres the first episode of this new French thriller series from Walter Presents. Tensions rise as environmental activists occupy a Brittany island. The whole series is available to stream. French +subtitles. (HD)

Alex	**Pierre Perrier**	Yannick	**Kévin Azaïs**
Nol Alpha	**Lannick Gautry**	Mado	**Anouk Grinberg**
Candice	**Margot Bancilhon**	Chris	**Déborah François**

1.05 Ramsay's Kitchen Nightmares USA Helping a steakhouse in Queens, New York. (R) (S) (SL) (HD)
1.55 The Dog House "Escape artist" Lily the beagle seeks a new home. (R) (S) (AD) (HD)
2.50 Couples Come Dine with Me Cardiff. (R) (S) (HD)
3.45 Britain's Gaza Secrets Exposed A *Dispatches* report on how the government responded to alleged Israeli war crimes. Shown last Thursday (S) (SL) (AD) (HD)
4.40—5.50am Hollyoaks Omnibus edition.
Shown last Monday—Wednesday E4 (S) (SL) (AD) (HD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



Michael Palin in the Philippines *9.00pm* The traveller samples street food

5.25am Milkshake! See page 56
9.15 Jeremy Vine (S) (HD)
11.30 Storm and Alexis Discussion. (S) (HD)
12.45pm 5 News (S) (HD)
12.50 Matt Allwright Debate. (S) (HD)
2.20 Behind Her Smile ★★ Drama.
A woman hires a life coach who aims to change her for the better, but it turns out her guide has a hidden agenda of her own.
Director David DeCoteau (2024) (S) (HD)
4.00 Bargain-Loving Brits in the Sun Shane has his first-ever wedding booking at his poolside bar. Repeated 2.50am (R) (S) (HD)

5.00pm 5 News (S) (HD)

6.00 The Big Steam Adventure
2/4 *Series 2.* John Sergeant, Peter Davison and Paul "Piglet" Middleton board the *Waverley*, the last passenger-carrying steam ship in the world, and explore the Isle of Wight.
Series producer Ben Duncan; Executive producer Donna Clark
Repeated Thursday 2am (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 Traffic Cops
An unlicensed driver flees from police, sparking a frantic pursuit, and officers respond to a crash involving a young biker.
Director/Series producer Simon Meehan (R) (S) (AD) (HD)

7.55 5 News Update (S) (HD)

8.00 Police Interceptors
A speeding driver tries all sorts of tricks, from last-minute swerves and running red lights to accelerating and then suddenly braking.
Directors/Producers David Richardson, Mike Parmenter and James Warner Repeated Friday 12.05am (S) (HD)

9.00 Michael Palin in the Philippines
RT ***New series. 1/3.*** The actor embarks on an epic 2,500-mile journey across the Southeast Asian country. He begins in the capital Manila, at a march marking the 40th anniversary of Ferdinand Marcos and his wife Imelda being ousted from power. **See p50.**
Director/Producer Neil Ferguson (S) (HD)
Frostbite: page 6
RT TRAVEL 16-page travel supplement: centre pages

10.00 A Killer Makes a Call
The police's 20-year investigation into the murder of Debbie Griggs, as they built the case against her husband, Andrew.
Director Charlie Baxendale
Executive producer Eliya Arman (S) (HD)

11.35 Forensics: Murder Scene
West Yorkshire police and forensics teams investigate the stabbing of a woman in Leeds.
Directors/Producers Dan Bridger, Nicholas Boyd, Luke Rufo and Anna Evans (R) (S) (HD)

12.55am Entertainment News (S) (HD)
1.00 Home Shopping (R) (S) (HD)
2.00 The Big Steam Adventure (R) (S) (HD)
2.50 Bargain-Loving Brits in the Sun Shown 4pm (S) (HD)
3.35 The Cruise: Fun-Loving Brits at Sea Double bill of the series. (R) (S) (AD) (HD)
5.15—5.25am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC ONE SCOTLAND
10.40pm Inside Barlinnie
11.40 Sportscene: SWPL Highlights: action from Rangers v Celtic and Hearts v Glasgow City **12.10am** Scotcast **12.40** Have I Got News for You **1.10** The Crime I Can't Forget **2.10** Weather for the Week Ahead
2.15—6.00 BBC News

BBC SCOTLAND
2.00pm Beechgrove Garden: signed
2.30 Race against the Tide: the final. Signed
3.00 Landward: signed
3.30—4.00 Banjo and Ro's Grand Island Hotel: signed
7.00 Reporting Scotland
7.30 Sportscene: SWPL Highlights: Rangers v Celtic and Hearts v Glasgow City
8.00 This Farming Life: the MacDonalds round up their pregnant cattle
9.00 Banjo and Ro's Grand Island Hotel: double bill. Isolation, money woes and house chaos mount
10.00 Two Doors Down: Ian's old friend Darren turns up out of the blue
10.30 The Scotts: Jason moves out of the house
11.00 Scotcast: discussion
11.30—12 midnight Sacked in the Morning: with guest Dean Saunders

STV
10.00pm ITV News at Ten; STV News; Weather
10.40 Scotland Tonight
11.05 Peston **11.50** G'wed
12.20—3.00am Shopping
3.50—6.00 Night Vision

BBC ONE WALES
10.40—11.10pm Scrum V Highlights: action from Benetton v Dragons, Sharks v Ospreys and Scarlets v Cardiff

BBC TWO WALES
7.00—7.30pm Scrum V Highlights: action from the opening round of United Rugby Championship

BBC ONE NI
7.30—10.00pm International Football: Northern Ireland v Hungary, the Nations League Group B2 match at Windsor Park (kick-off 7.45)
10.40 The Split Up: Aria finally uncovers the truth Dhruv has been hiding
11.40 The Crime I Can't Forget: a 2019 missing persons case that turned into a murder investigation
12.40am Have I Got News for You: Steph McGovern hosts **1.10** Wisdom of the Crowd **1.55—6.00** News

BBC TWO NI
7.30pm EastEnders: Suki starts digging for answers
8.00 Ghost Plates: Drivers Cheating the Law — Panorama **8.30—9.00** Clickbait Clinic with Stacey Dooley: a look at the carnivore diet
10.00—10.30pm Ar an Sliabh: Ballycastle in the Glens of Antrim hosts the Maritime Festival

UTV
7.30—8.00pm Life Times: with Alison Fleming

BBC FOUR and Freeview channels listings overleaf ▶

MONDAY FREEVIEW CHANNELS

BBC Four 24 IN SCOTLAND 9



Henry Moore Night *from 10.00pm*
The sculptor's *Reclining Figure*

7.00pm Autumn: Earth's Seasonal Secrets
With winter just round the corner, all living things have to get ready — and that means feeding up, a last chance to breed and rushing to grow up before the cold returns. First shown in 2016.
Producer Lucy Smith; Series producer Mary Summerill
Signed repeat 2.55am (S) (AD) (HD)

8.00 Britain's Lost Masterpieces: Glasgow
Bendor Grosvenor and Emma Dabiri visit the Glasgow Museum Resource Centre, where Bendor believes an unattributed portrait is a work by Sir Joshua Reynolds. From 2022.
Series producer Spike Geilinger; Exec producers Harry Bell and Brendan Hughes Repeated 1.55am (S) (AD) (HD)

9.00 Mastermind: 1977
Tonight's specialist subjects are the Mahrattas and their wars 1657—1848, the Zulu War of 1879, Mary, Queen of Scots and General Robert E Lee.
Director Peter Massey; Producer Bill Wright (S)

9.30 Call My Bluff
Robert Robinson hosts, as Frank Muir, Ciaran Madden and Colin Morris take on Arthur Marshall, Penelope Keith and Donald Sinden. First shown in 1980.
Director Alan Bell; Producer Johnny Downes (S)

10.00 *New.* Mary Moore Remembers…Henry Moore
RT In the first of a night of programmes celebrating the life of the Castleford-born artist who died in 1986, his daughter Mary looks back on his relationship with television and its audiences. **See p51.**
Producer Simon Catt
Series producer Simon Goretzki (S) (HD)

10.10 Henry Moore: a Culture Show Special
Alan Yentob presents a special profile of one of the 20th century's most significant and influential British sculptors, Henry Moore, whose pioneering use of the media helped to popularise his progressive art. The programme aims to penetrate Moore's public persona using archive footage plus interviews with his daughter Mary and high-profile fans. First shown 2010.
Director/Producer John Mullen (S)

11.10 Henry Moore: Monitor
In an interview from 1960, Huw Wheldon visits the sculptor at his home in the run-up to a major exhibition of his work in London. Watch now on iPlayer. (BW) (S)

11.35 Henry Moore at Home
The sculptor talks about the collection of paintings and sculptures he has at his home and studios, including a Cezanne painting and Degas drawings. From 1974.
Producer John Read; Editor Terry Cornelius (S)

12.25am Henry Moore: Face to Face: an interview with the sculptor from 1960 (BW)
12.55 Ancient Worlds *2/6.* Examining the collapse of the Bronze Age. First shown in 2010. The whole series is on iPlayer (S) (AD) (HD)
1.55 Britain's Lost Masterpieces Shown 8pm (S) (AD) (HD)
2.55—3.50am Autumn: Earth's Seasonal Secrets Shown 7pm (S) (SL) (AD) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three 23



Silent Witness *10.00pm* Nikki and the team search for survivors

7.00pm *New.* The Catch-Up (S) (HD)

7.05 Horrible Histories
A look at the life of 17th-century military and political leader Oliver Cromwell, who ordered Charles I's execution. (S) (AD) (HD)

7.30 LIVE Nations League Football Northern Ireland v Hungary
Stephen Watson presents the third Nations League Group B2 match for both teams, held at Windsor Park (kick-off **7.45**).
The last meeting between the sides came here in 2022, with a 2—0 win for Hungary, but Northern Ireland will be determined to earn a positive result in front of their fans.
With expert analysis from Stuart Dallas, David Healy and Caragh Hamilton, and commentary by Thomas Kane and Stephen Craigan. (S) (HD)

10.00 Silent Witness
Series 10. **Cargo 1/2.** A boat carrying illegal passengers crashes in the Thames and the team tries to find out if there were any survivors. William Gaminara, Tom Ward and Emilia Fox star. (S) (AD) (HD)
11.00 Cargo 2/2. The team follows the trail of the people traffickers and has to find any survivors before a contagious disease infects the community. First shown in 2006. A box set is on iPlayer. (S) (AD) (HD)
12 midnight FILM Immaculate ★★★ Horror starring Sydney Sweeney. Despite being a virgin, a young nun becomes pregnant and a miracle is declared. On iPlayer for 57 days (S) (HD) **1.20am** Murdered by My Boyfriend (S) (AD) (HD) **2.20** Things You Should Have Done (S) (HD) **3.50—4.00am** Man Eater (S) (HD)

BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2 6

6.00am Backyard Builds (S) (HD) **6.25** Dinner Date (S) (AD) (HD) **7.30** The Real Housewives of Potomac (S) (HD) **8.20** The Real Housewives of Beverly Hills (S) (HD) **9.10** The Only Way Is Essex (S) (HD) **10.10** Dawson's Creek (S) (HD) **11.10** Charmed (S) (HD) **12.05pm** Deal or No Deal (S) (AD) (HD) **1.05** Supermarket Sweep (S) (HD) **2.10** Wheel of Fortune (S) (AD) (HD) **3.10** The Only Way Is Essex (S) (HD) **4.10** The Real Housewives of Potomac (S) (HD) **5.00** The Real Housewives of Beverly Hills (S) (HD)
6.00pm Celebrity Catchphrase Alex Jones, Tyler West and Ricky Wilson attempt to win a £50,000 jackpot for charity. (S) (AD) (HD)
7.00 Celebrity Wheel of Fortune AJ Odudu, Gok Wan and Charlotte Church take part in the game show for charity. (S) (AD) (HD)
8.00 The 1% Club Lee Mack hosts the game show where 100 contestants set out to answer increasingly difficult logic problems. (S) (AD) (HD)
9.00 *New.* Big Brother A group of contestants live under 24-hour surveillance, hoping to win a big cash prize. (S) (HD)
10.00 *New.* Big Brother: the Group Chat Exclusive interviews with evicted housemates, celebrity fans and special guests. (S) (HD)
11.05 Family Guy *Series 9.* Brian has a political change of heart. (S) (AD) (HD)
11.35 *Series 14.* Joe looks to get revenge on Brian for kissing Bonnie. (S) (AD) (HD)
12.05am American Dad!: double bill (S) (AD) (HD) **1.05** Bob's Burgers (S) (AD) (HD) **1.55** Plebs (S) (SL) (AD) (HD) **2.20—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115 +1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3 10



Midsomer Murders *8.00pm*
Skeletons in the closet for Barnaby

6.00am Wild at Heart: *9/10 Series 2.* Du Plessis's 60th birthday arrives (S) **7.05** Classic Emmerdale (S) (AD) **8.05** Classic Coronation Street (S) (AD) **9.10** Inspector Morse: *Series 2 Last Bus to Woodstock.* A crime of passion intrigues Morse (S) (AD) (HD) **11.35** Heartbeat: *20/26.* A crime wave hits Ashfordly station (S) (AD); **12.35pm *21/26.*** Walker stumbles upon a sinister series of animal thefts (S) (AD)
1.35pm The Royal: *3/14 Series 3.* The new anaesthetist has a tough first day Rptd 12.55am (S) **2.40** Wild at Heart: *10/10 Series 2.* Danny is still plagued by memories of the lion attack (S) **3.40** Classic Emmerdale: double bill. Daz leaves the village when Andy learns the truth, then Victoria reaches an all-time low (S) (AD)

4.40pm Classic Coronation Street
David plans to exact revenge on Gary. (S) (AD) **5.15** Gary grows suspicious of David. (S) (AD)

5.50 Heartbeat
22/26 Series 14. Bellamy investigates an accidental shooting at Ashfordly Hall. (S) (AD) **6.55** *23/26.* A local man confesses to a girl's murder 11 years previously. (S) (AD)

8.00 Midsomer Murders
Series 7. **The Green Man.** Sergeant Troy's promotion to inspector is put to one side as he and Barnaby investigate the discovery of ancient bones. (S) (AD)

10.00 Downton Abbey
9/9 Series 2. It's Christmas 1919 and the house is hosting a lavish party, but tensions are rife and Bates's arrest has cast a shadow. Mary must consider her future with Sir Richard Carlisle following a contretemps at the shooting party and Violet has concerns about Rosamund. (S) (AD) (HD)

11.55 Scott & Bailey
2/3 Series 5. As the killers change the rules of their depraved game, Rachel is placed in grave danger. (S) (AD) (HD)
12.55am The Royal Shown 1.35pm (S)
1.55—2.30am Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117 +1 Freeview 58 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4 26

6.00am American Pickers (S) (HD) **8.05** Minder (S) (SL) (AD) **9.10** The Champions (S) **10.15** The Grand Fishing Adventure (S) (AD) (HD) **11.20** The Professionals (S) (AD)
12.25pm The Champions (S) **1.35** American Pickers: two editions (S) (HD) **3.45** The Professionals (S) (AD) **4.50** Sharpe: the army officer wants a battlefield prize (S) (HD)
7.00pm Ice Road Truckers: Deadliest Roads Patience and tempers are stretched to the limit as the six drivers continue their missions on Bolivia's "Death Road". (S) (HD)
8.00 *New.* Goodwood Revival Highlights An inside look at the event, which paid tribute to Jack Brabham, celebrated Ford's victory at Le Mans 1966, and brought "La Dolce Vita" to West Sussex. (S) (HD)
9.00 FILM The Terminator ★★★★★ Sci-fi action thriller with Arnold Schwarzenegger, Michael Biehn and Linda Hamilton. In a future where Earth is ruled by machines, a terrifying robot assassin is sent to present-day LA to alter the course of history. (S) (AD) (HD)
11.15 Benidorm *3/7 Series 3.* The Oracle is given the runaround by a blind date. (S) (AD)
12.15am Lost (S) (HD) **1.15 *New.*** Motorsport UK (S) (HD) **2.10—3.00am** BattleBots (S) (HD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118 +1 Freeview 59 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama 20



The Brokenwood Mysteries
8.00pm Another case for Mike's team

7.30am The Bill Rptd 12 noon (S) **8.25** Doctors: double bill. An escapologist's final show goes awry, then Rob surprises his boss (S) (HD) **9.40** Classic Holby City: Diane and Kyla consider Abra's departure (S) **11.00** Casualty: Big Mac helps a homeless man (S) (AD) (HD)
12 noon The Bill: McAllister's life is put in danger Shown 7.30am (S) **1.00pm** Classic EastEnders: double bill. Eddie has a breakthrough with Michael, then Tyler's antics bring chaos (S) (HD) **2.20** Classic Neighbours: double bill. Paul Robinson announces his engagement, then McLean's dogs keep Max and Shane awake at night (S) (HD) **3.20** Sister Boniface Mysteries: *9/12 Series 2.* A local amateur dramatics performer dies on stage (S) (AD) (HD) **4.20** Father Brown: *9/10 Series 1. The Mayor and the Magician.* The mayor dies suddenly (S) (AD) (HD) **5.20** As Time Goes By: *3/7 Series 6.* Sandy has relationship problems (S)

6.00pm Last of the Summer Wine
Series 17. **Leaving Home Forever, or 'till Teatime.** Howard decides to leave Pearl. (S) **6.40 Bicycle Bonanza.** Foggy decides to go trekking across the moors. (S) (AD) **7.20 The Glamour of the Uniform.** Howard threatens to join the Foreign Legion. (S) (AD)

8.00 The Brokenwood Mysteries
1/4 Series 6. **The Power of Steam.** Mike and his team investigate a murder. (S) (AD) (HD)

10.00 New Tricks
10/10 Series 11. **The Queen's Speech.** An old mixtape could hold the key to finding out who murdered a teenager. (S) (AD) (HD)

11.00 Copper
11/13 Series 2. **Good Heart and Willing Hand.** Corcoran takes drastic action. (S) (HD)
12 midnight Lovejoy: *6/14 Series 4.* The dealer targets Jewish antiques (S) **1.00am** Sister Boniface Mysteries: *10/12 Series 2.* A resident is poisoned (S) (AD) (HD) **2.00** At Home with the Braithwaites: *6/6 Series 3.* David goes on the run (S) **3.10—4.00am** Copper: *8/10 Series 1* Friendships are tested (S) (SL) (HD)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Freely 260 Sky 243 Virgin 316

U&Dave 19

7.10am Pointless **8.00** Border Force: America's Gatekeepers (AD) **10.00** Rick Stein: from Venice to Istanbul (AD)
12 noon Hairy Bikers' Best of British **1.00pm** Top Gear: two episodes (AD) **3.00** James May's Cars of the People (AD) **4.00** Rick Stein: from Venice to Istanbul: double bill (AD)
6.00pm Hairy Bikers' Best of British A selection of sugar-rich sweets and desserts.
7.00 Mortimer and Whitehouse: Gone Fishing Paul Whitehouse and Bob Mortimer embark on an angling trip in Norfolk. (AD)
7.40 Would I Lie to You? With Roisin Conaty, Roman Kemp and Xand van Tulleken.
8.20 With Johnny Vegas, Alex Jones, Martin Lewis and Anna Maxwell-Martin.
9.00 Have I Got a Bit More News for You Naga Munchetty hosts an extended episode of the satirical quiz. From June 2023.
10.00 QI XL Jo Brand, Jack Dee and Jimmy Carr answer questions about humans.
11.00 Eight out of 10 Cats Jimmy Carr hosts.
11.50 Mock the Week Comedy panel show.
12.30am Would I Lie to You? **1.50** QI XL **2.50** Richard Osman's House of Games **3.25—4.00am** Judge Romesh

U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

More4 18



Valley of the Kings: Secret Tomb Revealed *9.00pm*

8.55am Four in a Bed **11.35** Come Dine with Me: dinner parties in and around Leeds
2.15pm Four in a Bed: visits to B&Bs in Merseyside, Lancashire, Gloucestershire and Oxfordshire **4.50** Car SOS: double bill (AD)
6.50pm The Dog House An 11-year-old is thrilled to meet his dream dog — Gizmo the pug. However, staff are worried he might send breathless Gizmo into a panic. (AD)
7.55 The Fullagar family get more than they bargained for when they are introduced to father and daughter Pepe and Tink. (AD)
9.00 Valley of the Kings: Secret Tomb Revealed The two-part documentary concludes as the team battles to finish the excavation. Never-before-seen evidence suggests that Howard Carter stole treasures from the tomb of Tutankhamun. (AD)
10.00 24 Hours in A&E Paul, 62, is in Resus after becoming weak and confused at the neurological hospital where he's a resident. Wife Heather explains how their whole lives have been blighted since Paul was diagnosed with transverse myelitis. (AD)
11.05 999: on the Front Line Paramedics are called out to a woman who got tangled up in her dogs' leads, leaving her drifting in and out of consciousness on her 45th wedding anniversary.
12.05am Emergency Helicopter Medics: a man with a single penetrating wound in his back (AD)
1.10 24 Hours in A&E (AD) **2.15** 999: on the Front Line **3.20—3.50am** A Place in the Sun

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Hollyoaks Shown last Tue/Wed (AD) **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine with Me **8.00** Ramsay's Hotel Hell (SL) (AD) **9.00** Ramsay's Hotel Hell (AD) **10.00** Below Deck Down Under (AD) **11.00** Modern Family (AD)
12 noon The Simpsons (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family: four episodes (AD) **5.00** The Simpsons (AD)
7.00pm *New.* Hollyoaks Gemma receives threatening messages. Rptd Tuesday 6.30am (AD)
7.30 Brooklyn Nine-Nine *21/22 Series 1* Peralta enlists Jeffords to help him tackle an apparently unsolvable case. (AD)
8.00 *New.* Below Deck Down Under Jenna and Eddy find a way back to each other. (AD)
9.00 *New.* Made in Chelsea Sam makes a romantic gesture and Georgia calls out Philip.
10.00 Gogglebox Opinions on *Sex Unzipped* and *This Morning*. Fron November 2021. (AD)
11.05 First Dates Mancunian friends Megan and Ellena are on a double date. (AD)
12.05am Naked Attraction (AD) **1.10** Made in Chelsea (SL) **2.15** As 8pm **3.00** Ramsay's Hotel Hell (SL) (AD) **3.55** The Simpsons (AD) **4.20** The Goldbergs (AD) **5.10** Brooklyn Nine-Nine (AD) **5.35—6.00am** Modern Family (AD)

E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Fantasy Homes **7.00** Home Shopping **8.00** Escape to the Country **9.00** Salvage Hunters **12 noon** The Derbyshire Auction House **2.00pm** Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family **6.00** The Repair Shop **7.00** Yorkshire Auction House **8.00** Antiques Road Trip **9.00** The Repair Shop **10.00** Yorkshire Auction House **11.00** Help! My House Is Haunted **2.00am** Home Shopping **4.00—6.00am** Salvage Hunters

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



Jean-Michel Jarre Live in Sevilla *11.20pm* The keyboard whizz

6.00am LSO: Rattle Conducts Brahms and Shostakovich **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents: double bill (BW) **11.00** Discovering: Helen Mirren (AD)
12 noon Classic Albums **1.00pm** Tales of the Unexpected (AD) **2.00** Alfred Hitchcock Presents **3.00** Master Crafters: the Next Generation (AD) **4.00** Discovering: Vanessa Redgrave (AD) **5.00** Portrait Artist of the Year 2025 (AD)
6.00pm Tales of the Unexpected Three thrifty women entertain a surprising guest. (AD)
6.30 A doctor's wife disappears. (AD)
7.00 The Alfred Hitchcock Hour Drama starring Richard Anderson. (BW)
8.00 Titanic: Band of Courage Exploring the story of the eight musicians who played on as the RMS *Titanic* sank.
9.20 André Rieu: Welcome to My World André performs his first concert after the pandemic and welcomes a new soprano to the orchestra.
10.20 André Rieu: Maastricht by Moonlight The violinist and his orchestra perform *Conquest of Paradise, La Vergine* and *I Will Survive* with a 150-strong male voice choir.
11.20 Jean-Michel Jarre Live in Sevilla A 2025 concert by the French electronic music pioneer in the Spanish city's Plaza de España.
1.20am FILM Ennio ★★★★ Documentary about the composer Ennio Morricone. English, Italian, French, Portuguese, Chinese +subtitles.
4.10 The Art of the Garden **5.05—6.00am** Master Crafters: the Next Generation (AD)

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am A New Life in the Sun: Where Are They Now? **10.00** Find It, Fix It, Flog It (AD) **11.00** Help! We Bought a Village
12 noon A Place in the Sun **3.00pm** Come Dine with Me **5.30** Four in a Bed
6.00pm A Place in the Sun A couple seek a holiday home in Lower Normandy, France.
7.00 Grand Designs An architect and his wife build an ambitious London property combining conjoined homes. Shown last Wednesday C4 (AD)
8.00 George Clarke's Amazing Spaces: First Home *2/4.* From bus to abode, George meets the couple turning transport into money-saving homes. Shown last Friday C4 (AD)
9.00 Celebrity Gogglebox A look back at series six. From December 2024. (AD)
10.00 Apocalypse *3/8.* A fragile peace deal between the Eastsiders and Westsiders is agreed — including the chickens. **See review, page 41.** Shown yesterday 9pm Channel 4 (AD)
11.00 Gogglebox *4/16.* More frank responses to the latest small-screen offerings. (AD)
12.05am 999: What Happened Next (AD) **1.05** Geordie Coppers (AD) **2.15** The Great British Bake Off (AD) **3.45** The Great British Bake Off: Second Helpings (SL) (AD) **4.35—5.10am** Kirstie and Phil's Love It or List It: Brilliant Builds (AD)

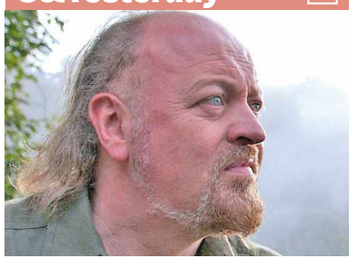
4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Deal or No Deal: Celebrity Special (AD) **2.00** Tenable **3.00** The Chase Celebrity Special **4.00** Riddiculous **5.00** Deal or No Deal (AD) **6.00** Lingo: triple bill **9.00** Who Wants to Be a Millionaire? **10.00** Tipping Point: triple bill
12.55am Tenable: Warwick Davis hosts
1.50 Riddiculous **2.40—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Bill Bailey's Jungle Hero *8.00pm* In the footsteps of Alfred Russel Wallace

6.10am Secrets of the London Underground (AD) **8.00** Bangers and Cash (AD) **10.00** Could Hitler Have Been Stopped? The Politics of Appeasement **11.00** Battle Honours (AD)
12 noon Antiques Roadshow **2.00pm** Bangers and Cash (AD) **4.00** Could Hitler Have Been Stopped? The Politics of Appeasement **5.00** Battle Honours (AD)
6.00pm Antiques Roadshow Fiona Bruce presents from Audley End, Essex.
7.00 Frozen Planet Polar bears await the return of the ice on the Arctic coast. (AD)
8.00 Bill Bailey's Jungle Hero The Indonesian archipelago the Moluccas. (AD)
9.00 Canal Boat Diaries Robbie Cumming encounters a leaky lock pound. (AD)
10.00 Bangers and Cash Dave travels to Leicestershire to pick up a 1980 Ford Granada Ghia and a 1981 Ford Cortina. (AD)
11.00 Derek heads to County Durham. (AD)
12 midnight Derek heads to Scotland to pick up a Jaguar E-type and a MGC convertible. (AD)
1.00am Find It, Fix It, Flog It: Max McMurdo and Henry Cole visit a motorbike fan **2.00—3.00am** Secrets of the London Underground (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am Salvage Hunters: the Restorers (AD) **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters
1.00pm The Repair Shop **2.00** Shed and Buried **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House: two episodes
7.00pm Antiques Road Trip Angus Ashworth and Steven Moore start their antiques hunt in the Scottish Borders. (AD)
8.00 Vinnie Jones in the Country Vinnie gives the Rag 'n' Bone Man a tour of his empire and discusses the hardships of fame.
9.00 *New.* Ant Anstead: Born Mechanic *Ep 10 Series 3.* Ant heads to Hartlepool to view his dream car — a 1976 Morgan 4/4.
10.00 The Repair Shop A Royal Doulton plaque that has been in pieces for 57 years.
11.00 How Do They Do It? The transformation of trees into viscose clothing.
11.30 The manufacture of cable cars.
12 midnight How skydiving suits help people fly.
12.30am The mining of precious opals.
1.00 Salvage Hunters (AD) **3.00** Salvage Hunters: the Restorers **4.00—5.00am** How It's Made

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

7.00am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing to Declare **11.00** Border Security: Canada's Front Line (AD) **12 noon** Caught on Dashcam **1.00pm** Police 24/7 **2.00** Nothing to Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00pm** Star Trek: Voyager **7.00** Star Trek: the Next Generation **8.00** Hawaii Five-0: criminal mastermind Wo Fat tries to put an end to the team **9.00 *New.*** Evil: David recognises a sigil in the Poveglia Codex from his father's artwork First shown on U&Alibi **10.00 *New.*** The Walking Dead: the Ones Who Live: Rick and Michonne's journey is not as easy as they had hoped First shown on Sky Showcase **11.00** Grimm: Juliette is tormented
12 midnight Wynonna Earp **1.00am** Road Wars **2.00** Police 24/7 **3.00** Highway Patrol **4.00** Border Patrol **5.00—6.00am** Highway Cops

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Entertainment News **9.10** NCIS (AD)
12 noon Law & Order: six episodes
6.00pm NCIS: triple bill *Series 6.* The team tries to catch a spy (AD) **7.00** The team tries to stop a criminal stealing government secrets (AD) **8.00** A petty officer involved in a fight club is murdered (AD) **9.00 *New.*** Wild Cards *Series 2.* When Chief Li and Max are trapped in the police station, Ellis has to find a way to get them out safely **10.00** NCIS: Los Angeles *Series 7.* A terrorist forces Callen and Sam to co-operate with him **11.00** Law & Order: Special Victims Unit *Series 23.* Triple bill
1.55am Blue Bloods **2.55** NCIS: Hawaii
3.45—4.00am Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun
10.00 Call the Bailiffs: Time to Pay Up (AD)
11.00 Traffic Cops **2.00pm** Police Interceptors
5.00 Rogue Claimers: catching scammers
6.00pm Home and Away Zane acts out and Cash fears for Eden's health. (AD)
6.30 *New.* The Fowler family comes together, Amelia and David grow closer. Rptd Mon 6pm (AD)
7.00 GPs: behind Closed Doors (AD)
8.00 Casualty 24/7: Every Second Counts An influx of patients causes a long wait. (AD)
9.00 Ambulance: Code Red A man sustains a leg injury after a forklift accident. (AD)
10.00 A&E after Dark Paramedics bring in a man claiming he has been stabbed. (AD)
11.00 Skin A&E Cysts, lipomas and skin tags.
12 midnight Street Cops: Catching the Yobs **1.00am** Motorway Cops: Catching Britain's Speeders **2.00** Casualty 24/7: Every Second Counts **2.45** Skin A&E **3.35—4.00am** Home and Away (AD)

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Entertainment News **9.05** Motorway Patrol **9.35** Trucking Hell **10.35** Police Interceptors: two editions(AD)
12.35pm FILM No Name on the Bullet ★★★★ Western starring Audie Murphy and Joan Evans. **Review page 37 2.15 FILM** Ride Clear of Diablo ★★ Western starring Audie Murphy **4.00** Traffic Cops **5.00** Motorway Cops: Catching Britain's Speeders
6.00pm Police Interceptors Highlights of the series, including the pursuit of a drug dealer.
7.00 A car thief is forced to face the consequences of his actions.
8.00 Motorway Cops: Catching Britain's Speeders Sgt Glen Robsons and PC Marc Crammond pull over the driver of a Ford Ka spotted flying down the motorway. (AD)
9.00 Police Interceptors Several units are on the tail of a speeding white van.
10.00 Highway thru Hell The rescue teams have their work cut out when pipe trucks roll over in both Alberta and British Columbia. (AD)
11.00 The X-Files A magician is decapitated after turning his head 360 degrees on stage.
12 midnight Winter Road Rescue
1.00am Ice Road Truckers **2.00** Trucking Hell (AD) **3.50—4.00am** Entertainment News

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Dogs Behaving (Very) Badly **11.00** Reuben Owen: Life in the Dales **12 noon** Ben Fogle: New Lives in the Wild **1.00pm** Murder, She Wrote (AD) **3.00** Columbo **4.35** Around America by Train with Tony Robinson **5.00** Inside the Tower of London: double bill
7.00pm Ben Fogle: New Lives in the Wild Ben heads to Slab City in California.
8.00 Ben meets actress Rhona Mitra
9.00 Warship: Life in the Royal Navy Kate Humble joins British Warship HMS *Dragon* and the crew of over 200. (AD)
10.00 Battlefront: WWII Road to Victory Allied forces join French Resistance fighters.
10.30 A look at when the Allies attempted to push the Germans back to the Rhine.
11.00 Prisoner: Cell Block H Double bill.
1.05am Dogs Behaving (Very) Badly
3.10—4.00am Inside the Tower of London

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 Sky News Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

MONDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.25am Mixmups **5.45** Ben and Holly's Little Kingdom **6.00** Peppa Pig **6.10** Tweedy & Fluff **6.15** Odo **6.20** Thomas & Friends **6.35** Fireman Sam **6.45** Peppa Pig **6.50** Pip and Posy **6.55** The Adventures of Paddington **7.10** Paw Patrol **7.20** Rubble & Crew **7.35** Peppa Pig **7.45** Tim Rex in Space **8.00** Stan & Gran **8.15** ***New.*** Paw Patrol: a duckling gets mixed up in a delivery to Lizzy's lemonade shop **8.30** Milo **8.40** Peppa Pig **8.55** Ben and Holly's Little Kingdom **9.05—9.15am** Milkshake! Story Den

Full listings for 5 are on page 53

CBeebies 202

6.00am Roots and Fruits **6.05** Bing **6.15** Teletubbies **6.30** Tee and Mo **6.35** Colourblocks **6.40** Bluey Minisodes **6.45** Bing **6.55** Mojo Swoptops **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Wonderblocks **8.25** Love Monster **8.30** Justin's House **9.00** Bing **9.05** Yakka Dee! **9.10** Maddie & Triggs **9.20** Piggy Builders **9.30** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.40** I Spy, You Spy **10.45** What's in Your Plant Pot? **10.55** Let's Go for a Walk **11.10** Kiri & Lou **11.15** Bluey **11.25** Hey Duggee **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Dog Squad **12.30** Time for School **12.40** Waffle the Wonder Dog **1.00** Puffin Rock **1.05** Yukee **1.15** Maddie & Triggs **1.20** Piggy Builders **1.35** Numberblocks **1.40** Alphablocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Andy's Dino Island **2.35** Football Fantastics **2.50** Grace's Amazing Machines **3.05** Musical Storyland **3.15** Vegesaurs **3.20** Octonauts: above and Beyond **3.30** Peter Rabbit **3.45** Hey Duggee **4.00** Time for School **4.10** Supertato **4.20** The Weasy Family **4.30** Mojo Swoptops **4.40** Bluey **4.55** ***New.*** Zog: after bumping his head, Gadabout forgets he ever became a doctor and returns to his knightly ways **5.10** Dodge's Pup School: Songs **5.20** ***New.*** Waffle's After School Club: it's After School Club's very first talent show and everyone has a chance to shine **5.30** Rafi the Wishing Wizard **5.40** JoJo & Gran Gran **5.50** Sarah & Duck **6.00** Clangers **6.10** BeddyByes **6.20** In the Night Garden... **6.50—7.00pm** CBeebies Bedtime Stories: Carlos Gu reads *Got to Dance* by Josette Reeves

CBeebies **Freeview** 202 **Freely** 352 **Freesat** 601 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Super Happy Magic Forest **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** SpongeBob SquarePants **8.25** Duck and Frog **8.40** Odd Squad **8.55** Shark Bites **9.00** Bitesize Daily: 9-10 Year Olds **9.20** Hey You What If? **9.25** Horrible Histories **9.55** Horrible Science **10.20** Operation Ouch! **10.50** Go Get Arty **11.05** Planet Earth II **12.05pm** Our School **12.30** Gym Stars **12.50** Nine Minute Ninja **1.00** Octonauts **1.10** Big Lizard **1.20** Piripenguins **1.30** Duck and Frog **1.45** Super Happy Magic Forest **1.55** Grizzy and the Lemmings **2.05** Winx Club: the Magic Is Back **2.30** Pokémon Horizons **2.50** Sketchy Comedy **2.55** Shaun the Sheep **3.00** Dennis & Gnasher Unleashed! **3.10** Danger Mouse **3.25** Super Happy Magic Forest **3.35** Boy Girl Dog Cat Mouse Cheese **3.50** Grizzy and the Lemmings **3.55** Duck and Frog **4.05** ***New.*** Pablo Next Level **4.15** Submarine Jim **4.30** The Amazing World of Gumball **4.40** Teen Titans Go! **4.55** What's New Scooby Doo? **5.15** ***New.*** Miraculous: Tales of Ladybug & Cat Noir **5.40** ***New series.*** The Football Academy: U12 best friends Masai and Ernest reunite for a big match **6.00** High Hoops **6.30—7.00pm** ***New.*** The Next Step: Cheer

CBBC **Freeview** 201 **Freely** 351 **Freesat** 600 **Sky** 607 **Virgin** 701



Pete Wicks: for Dogs' Sake *9.00pm* ***U&W*** Puppy love

U&W 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: the Big Build

7.00pm ***New.*** **MasterChef Australia** Eight contestants must choose a fridge and use its contents to make a dish.

8.00 Inside the Ambulance: Coast and Country The crews attend a man who has fallen off his bike. (AD)

9.00 ***New series.*** **Pete Wicks: for Dogs' Sake** *1/8 Series 4.* The world of dog care at Basildon's Dogs Trust rehoming centre. Pete Wicks helps care for a vulnerable litter of puppies. **See page 51.** (AD)

10.00 Animals Reunited Stories of pets and their owners being reunited after a long separation.

11.00 Nurses Down Under A diabetic patient refuses lifesaving treatment and then disappears. (AD) **12 midnight** Nurses fight to revive a woman in cardiac arrest. (AD)

1.00—3.00am My Family (AD)

U&W **F'view** 25 **Freely** 28 **F'sat** 156 **Sky** 132 (133 Scot) **Virgin** 125 **+1** **Sky** 232 (233 Scot) **Virgin** 325

Rewind TV 81

6.00am Flash Gordon's Trip to Mars (BW) **6.25** Only When I Laugh **6.55** Boon **8.00** Jack Hargreaves's Old Country **8.30** The Fenn Street Gang **9.00** Bubblegum and Cheese **10.00** Doctor at Sea **10.30** Hallelujah **11.00** Bottle Boys **11.30** The Upper Hand **12 noon** Department S **1.00pm** Harry Hill's TV Burp **1.30** The Fenn Street Gang **2.00** Only When I Laugh **2.30** Bottle Boys **3.00** Hallelujah **3.30** Man in a Suitcase **4.30** Jack Hargreaves's Old Country **5.00** Stereo Underground **6.00** Bubblegum and Cheese **7.00** Harry Hill's TV Burp **7.30** The Upper Hand **8.00** Doctor at Sea **8.30** Frankie's On **9.00** Frankie's On **9.30** Time Gentlemen Please **10.00 FILM** Night Eyes ★★ **11.55 FILM** Can You Keep It Up for a Week? ★★ **1.50am** Stereo Underground **2.50** Man in a Suitcase **3.50** Rewind and Remember Bitesize **4.00** Time Gentlemen Please **4.30** Stereo Underground **5.30—6.00am** as 4.30pm

Rewind TV **Freeview** 81 **Freely** 141 **Freesat** 164 **Sky** 182

Great TV 34

8.00am The Waltons **9.00** Bramwell **10.00** Highway to Heaven **11.00** Little House on the Prairie **1.00pm** The Waltons **4.00** Little House on the Prairie **6.00** The Irish RM: Yeates is offered a new job **7.00** M*A*S*H: seven episodes. The 4077th feel the heat **7.30** Charles is grounded **8.00** Charles becomes a celebrity **8.30** A cold snap brings out the worst in Charles **9.00** A view of the war from a patient's eyes **9.35** Charles's servant reveals healing skills **10.10** Father Mulcahy plays the black market **10.45** M*A*S*H: four episodes **1.00am** Rising Damp **1.30** Man about the House **2.00** Air Rescue **3.00—4.50am** Highway to Heaven

Great TV **Freeview** 34 **Freely** 53 **Sky** 157 **Virgin** 170 **+1** **Freeview** 61 **Sky** 257

Food Network 43

6.00am Rick Stein's Food Heroes (AD) **7.00** The Hairy Bikers' Comfort Food **8.00** Girl Meets Farm **9.00** Jamie's 15-Minute Meals **10.00** Barefoot Contessa: back to Basics (AD) **11.00** The Great British Bake Off **12.30pm** Mary Berry's Quick Cooking **1.00** James Martin's Mediterranean **1.30** James Martin's United Cakes of America **3.00** The Hairy Bikers' Comfort Food **4.00** Girl Meets Farm **5.00** The Pioneer Woman **6.00** James Martin's Mediterranean **6.30** James Martin's United Cakes of America **7.00** The Great British Bake Off: the amateurs take on Dessert Week **8.30** Mary Berry's Quick Cooking: Mary heads behind the scenes at Heathrow **9.00** Rick Stein's Fruits of the Sea: fish dishes **9.30** Rick Stein's Seafood Odyssey: a visit to Naples **10.00** Rick Stein's Food Heroes: double bill **11.00** Diners, Drive-Ins and Dives: Triple D Nation: four episodes **1.00am** Man v Food Nation **2.00—3.00am** Cake Boss

Food Network **Freeview** 43 **Freely** 39 **Freesat** 148 **Sky** 144 **Virgin** 168 **+1** **Freesat** 154 **Sky** 244 **Virgin** 368

TLC 12

7.00am The Middle **8.30** Young Sheldon **10.00** The Big Bang Theory (AD) **2.00pm** The Middle **3.30** Young Sheldon **5.00** The Big Bang Theory: eight episodes (AD) **9.00** Mock the Week: satirical panel show with a standup twist hosted by Dara O Briain **10.00 FILM** The Peacemaker ★★★ Action thriller starring George Clooney and Nicole Kidman. When a train crash in Russia results in several nuclear warheads falling into the wrong hands, White House scientist Julia Kelly teams up with military agent Thomas Devoe to trace the weapons. **Review, right** **12.30am** The Middle **2.00** Say Yes to the Dress: UK **2.30** My 600lb Life **4.30** Say Yes to the Dress: UK **5.00—6.00am** Say Yes to the Dress

TLC **F'view** 12 **Freely** 17 **F'sat** 144 **Sky** 133 (134 Scot) **Virgin** 113 (128 Scot) **+1** **F'view** 99 **Freely** 267 **F'sat** 150 **Sky** 233 (234 Scot) **Virgin** 313 (328 Scot/Wales)

That's TV 56

8.00am Upstairs, Downstairs **9.05** You Rang, M'Lord? **10.10** Bread **10.45** Steptoe and Son **11.25** Oh, Doctor Beeching! **12 noon** Rising Damp **12.30pm** Man about the House **1.05** Goodnight Sweetheart **1.40** When the Boat Comes In **2.45** Minder **3.45** Whatever Happened to the Likely Lads? **4.25** Man about the House **4.55** Bread **5.30** Birds of a Feather **6.10** Rising Damp **6.45** Steptoe and Son **7.20** Whatever Happened to the Likely Lads? **7.55** Minder **9.00** Benidorm: Kenneth goes on a health kick **10.00** Shameless **10.55** Man about the House **11.30** Goodnight Sweetheart **12.05am** Benidorm **1.05** Minder: Arthur is held hostage **2.05** Some Mothers Do 'Ave 'Em **2.40** Man about the House **3.00** The Kenny Everett Video Show **3.25** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.50—6.00am** Byways of Steam

That's TV **Freeview** 56 **Freely** 42



Shameless *10.00pm* ***That's TV*** Marty is concerned

PBS America 84

8.00am Terror on the Space Station **9.20** Titans of the Cold War **10.30** The American Buffalo: a Film by Ken Burns **1.00pm** Grand Tours of the Scottish Islands **1.40** Terror on the Space Station **2.45** Titans of the Cold War **3.50** The American Buffalo: a Film by Ken Burns

6.20pm Terror on the Space Station *1/2.* Terrifying moments on the International Space Station.

7.25 Titans of the Cold War *1/4 Series 2.* A look at the Vietnam War's most critical years.

8.30 The Real Truth *2/6.* Branded the silent killer, stress fuels burnout, yet some sharpens focus and resilience as this episode reveals.

9.35 The American Buffalo: a Film by Ken Burns *1/2.* Ken Burns recounts the collision between two opposing views of the natural world. **12 midnight** Titans of the Cold War **1.10—2.00am** Grand Tours of the Scottish Islands

PBS America **F'view** 84 (1pm-12 midnight only) **Freely** 49 **Freesat** 155 **Sky** 173 **Virgin** 187

U&Eden 57

9.00am James May's Man Lab **5.00pm** Citizen Smith: triple bill **6.55** The Two Ronnies: double bill **8.35** Citizen Smith: three episodes. Wolfie and his family are shocked by a visitor **9.15** The Front members hire a private detective to prove Speed's innocence **9.55** Wolfie tries to save Tooting **10.30** Citizen Smith **12.30am** The Two Ronnies **2.10** Citizen Smith **3.50** James May's Man Lab **5.30—6.00am** David Attenborough's Natural Curiosities (AD)

U&Eden **Freeview** (HD only) 57 **Freely** 142 **F'sat** 160 **Sky** 166 **Virgin** 176 **+1** **Sky** 266 **Virgin** 376

Blaze 64

6.00am Real Deal **6.45** Pawn Stars **7.30** Storage Wars **8.25** Storage Hunters **9.20** Junk and Disorderly **1.05pm** Pawn Stars **2.05** Storage Wars **3.05** Ancient Aliens **5.00** In Search of Aliens **6.00** Junk and Disorderly **7.00** Real Deal **9.00** ***New.*** Curse of Oak Island **10.00** Greatest Mysteries **11.00** Secrets Declassified **12 midnight** The Curse of Civil War Gold **1.00am** In Search of Aliens **2.00** Killer Interview **3.00** Junk and Disorderly **3.45** Hardcore Pawn **5.00—6.00am** Real Deal

Blaze **Freeview** 64 **Freely** 41 **Freesat** 161 **Sky** 156 **Virgin** 174

Challenge 48

7.00am The Chase **9.00** Celebrity Chase (AD) **10.00** The Bidding Room **11.00** Antiques Road Trip **12.15pm** Blankety Blank **1.00** Cash Trapped **2.00** Celebrity Bridge of Lies **3.00** The Chase **4.00** Bidding Room **5.00** Tenable **6.00** Cash Trapped **7.00** Celebrity Chase **8.00** The Chase **10.00** Celebrity Chase (AD) **11.00** Bullseye **12 midnight** Celebrity Bridge of Lies **1.00am** The Chase **2.00** Celebrity Chase **3.00** The Chase **4.00—6.00am** Bullseye

Challenge **Freeview** 48 **Freely** 43 **Freesat** 142 **Sky** 130 (131 Scotland) **Virgin** 139

BBC Parliament 232

6.00am Senedd Cymru **11.30** Scottish FMQs **12 noon** Live NI Assembly **2.00pm** Live NI Assembly: Justice **2.45** Live NI Assembly: Agriculture and Environment **3.30** Live NI Assembly **6.00** NI Assembly **8.00** NI Assembly: Justice **8.45** NI Assembly: Agriculture and Environment **9.30** NI Assembly **12 midnight** NI Assembly **2.00am** NI Assembly: Justice **2.45** NI Assembly: Agriculture and Environment **3.30—6.00am** NI Assembly

BBC Parliament **Freeview** 232 **Freely** 302 **Freesat** 201 **Sky** 504 **Virgin** 605

Great Mystery 50

8.10am An Emma Fielding Mystery: Site Unseen **10.10** An Emma Fielding Mystery: Past Malice **12.05pm** Unforgettable **1.00** In Plain Sight **2.00** Castle **3.00** Diagnosis Murder **5.00** Murder, She Wrote: two episodes **7.00pm Castle** A serial killer apparently targeting police officers makes Castle worry that an old nemesis may have returned. **8.00 Unforgettable** An investigation takes Carrie on an adventure through the tunnels under New York City. **9.00 In Plain Sight** Marshall deals with one of the first people to enter the witness protection programme. **10.00 Mystery 101: Words Can Kill** When a guest at the college book festival is found dead, Amy and Travis clash after he chooses an unlikely suspect to arrest for murder. **11.55 Mystery 101: Dead Talk** Amy heads to Seattle to give a lecture, and winds up investigating the death of a tech genius. Jill Wagner stars. **1.50am Good Morning Murder** ★★ Generic but lively thriller. (2019, 12) **3.25—4.50am Hidden Crimes** ★★ Passable thriller. Tricia Helfer (2009, PG)

Great Mystery **Freeview** 50 **Freely** 48 **Sky** 320 **Virgin** 425 **+1** **Sky** 321

Great Action 42

9.00am Raiders of the Lost Art **9.30** Total War **11.00 40 Guns to Apache Pass** ★★ Audie Murphy made his penultimate screen appearance in this low-budget western. (1966, PG) **1.00pm** The High Chaparral **2.00** Burn Notice **4.00 Hidden Crimes** ★★ Passable thriller. Tricia Helfer (2009, PG) **6.00pm The Unit** Bob is held hostage by a drug cartel in the aftermath of a botched undercover mission. **7.00 Burn Notice** Michael returns to Miami, but is forbidden from contacting his mother or friends. **8.00** Sam and Jesse head to the Dominican Republic, where they assist with Michael's mission. **9.00 Rambo** ★★ Sylvester Stallone's gung-ho hero dons the bandanna for a fourth time in this chaotic action-fest. Julie Benz (2007, 18) **10.55 The Unit** As 6pm. **11.55 The Avengers** A modern-day Jack the Ripper targets diplomats. **12.55am** The Baron **1.55** The Persuaders! **2.55 Asteroid: Final Impact** ★★ Action drama. Mark Lutz (2015) **4.35—5.50am** Air Rescue

Great Action **Freeview** 42 *(limited)* **Freely** 33 **Sky** 318 **Virgin** 426 **+1** **Sky** 319

Great Christmas 52

8.15am A Joyous Christmas ★★ Romantic drama. (2017, PG) **10.10 Christmas at Graceland** ★★ Sugary romantic tale. (2018, PG) **12.10pm A Song for Christmas** ★★ Good-hearted drama. (2017, PG) **2.00 Baking All the Way** ★★ Flavourful romance. (2022, PG) **4.00 Fixing Up Christmas** ★★ Winter heart-warmer. (2021, PG) **5.55 Christmas at the Plaza** ★★ Predictable romance. (2019, PG) **8.00pm Welcome to Christmas** ★★ Residents resist a big bad developer in this predictable Christmas yarn. Jennifer Finnigan (2018) **9.55 A Shoe Addict's Christmas** ★★ Enjoyable modern-day mash-up of *A Christmas Carol* and *It's a Wonderful Life.* Candace Cameron Bure (2018) **11.50 Christmas in the Air** ★★ An executive and a toy maker find love and learn from each other in this enjoyable tale. Catherine Bell, Eric Close (2017) **1.45am Hope at Christmas** ★★ Romantic festive drama. Scottie Thompson (2018, PG) **3.30—5.00am** As 2pm

Great Christmas **Freeview** 52 **Freely** 47 **Sky** 322 **Virgin** 424 **+1** **Freeview** 63 *(limited 10pm-5am)* **Sky** 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

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Sky Premiere

Available only to subscribers

6.00am Nirvanna the Band the Show the Movie ★★★ Energetic DIY indie comedy. Matt Johnson (2025, 15) **7.45** As 10.50pm **9.50 Hamlet** ★★★ Terse reworking of the classic tragedy. Riz Ahmed (2025, 15) **11.50** As 7.15pm **1.35pm Hungry** ★★ Utterly ridiculous creature feature. Madison Davenport (2026, 15) **3.10 The Fix** ★★ Hokey, po-faced thriller. Liam Neeson, Zachary Levi (2026) **5.25 Supergirl** ★★ Breezy but underpowered comic-book adventure. Milly Alcock (2026, 12)

7.15pm The Moment ★★★ Charli XCX stars in this amusing mockumentary. **Review p26.** (2026, 15)

9.00 28 Years Later: The Bone Temple ★★★★ Contemplative, beautifully acted but no less grim horror. Ralph Fiennes, Jack O'Connell (2026, 18)

10.50 Barrons Cove ★★★ A grieving father abducts the child he believes killed his son in this intense revenge thriller. Garrett Hedlun (2024)

12.50am As 9.50am **2.50 Do Not Enter** ★★ Gleefully gory but mostly mediocre horror. Jake Manley (2026, 15)

4.30—6.20am Tow ★★★ Rousing fact-based drama. Rose Byrne (2025, 15)

Sky Premiere Sky 301 Virgin 401 EE 501/HD 515

Legend 41

8.00am Walker, Texas Ranger **9.00** The Dukes of Hazzard **10.00** Babylon 5 **11.00** The Twilight Zone **11.35 Gold** ★★★ Action-packed but overlong South African adventure. **Review, right.** Roger Moore, Susannah York (1974, 12) **2.00pm Zulu** ★★★★★ Superb re-creation of the Battle of Rorke's Drift. **Review, right.** Stanley Baker, Michael Caine, Jack Hawkins (1963, PG) **5.00** Star Trek

6.00pm The Dukes of Hazzard The General Lee crashes.

7.00 Babylon 5 Sheridan is angered by Earth government's ruthlessness.

8.00 Walker, Texas Ranger Walker tries to take down slave traders.

9.00 Contract to Kill ★ Action nonsense with Steven Seagal taking on Mexican drug cartels. (2016, 15)

11.00 Asian Connection ★★ Standard action film about a robber who takes a crime lord's cash. (2016, 15)

12.55am Things to Do in Denver When You're Dead ★★★★ Stylish gangster drama. Andy Garcia (1995, 18)

3.05—5.00am Wheels of Terror ★★ Mediocre *Dirty Dozen*-style wartime action drama. Bruce Davison (1986, 15)

Legend Freeview 41 Freely 38 Freesat 137 Sky 148 Virgin 149

Legend Xtra 69

9.00am Mega Shark vs Kolossus ★★ Entertainingly wacky sci-fi sequel. (2015, 15) **11.00** The Lost World **12 noon Super Cyclone** ★★ Low-budget disaster movie. (2012, 12) **2.00pm Meteor Apocalypse** ★★ Low-budget thriller. (2010, 15) **4.00** Walker, Texas Ranger **5.00 Dragonquest** ★★ Derivative fantasy about a young hero who must awaken a dragon and defeat evil. Marc Singer (2009, 12)

7.00pm The Lost World Roxton is infected with a vampiric disease heightening his hunting instincts.

8.00 The A-Team Unscrupulous land swindlers hound senior citizens.

9.00 Law Abiding Citizen ★★★ A man's rage continues even after incarceration in an intriguing spin on the revenge thriller. Gerard Butler (2009, 18)

11.15 Vendetta ★★ Danny Dyer seeks revenge in this efficient action thriller. **Review, right.** (2013, 18)

1.25am Brake ★★ Derivative but truly claustrophobic thriller. Stephen Dorff, Chyler Leigh (2012, 15) **3.15** As 5pm **5.00—6.00am** The Lost World

Legend Xtra Freeview 69 (HD only) Freely 51 Freesat 138 Sky 316 Virgin 171 +1 Freesat 139 Sky 317

Film4 14

11.00am The Admirable Crichton ★★★ Amiable adaptation of JM Barrie's play in which the butler finds his position elevated by a shipwreck. **Review, right.** Kenneth More (1957, U) (S) (AD)

12.50pm The Heiress ★★★★★ Immaculate version of the novel *Washington Square* in which a plain heiress is wooed by a handsome fortune-hunter. Olivia de Havilland (1949, U) (S)

3.10 The Bravados ★★ Heavy-handed revenge western in which Gregory Peck tracks down the men he believes killed his wife. (1958, PG) (S) (AD)

5.10 Apache Drums ★★★ No-good gambler Stephen McNally redeems himself when a town is besieged by Apaches in this low-budget but tense western. Coleen Gray (1951, PG) (S) (AD)

6.45pm Dream Horse ★★★★ Rousing horse-racing drama starring Toni Collette as a bartender who sets out to breed a winner. **Review, right.** Damian Lewis (2020, PG) (S) (AD)

9.00 Nobody ★★★★ Family man Bob Odenkirk goes on the rampage in this slick thriller. (2021, 15) (S) (AD)

10.50 Dead Man's Shoes ★★★ British writer/director Shane Meadows turns his hand to horror with this revenge chiller. **Review, right.** Paddy Considine, Gary Stretch (2004, 18) (S)

12.35—3.55am The Sacrifice ★★★★ Director Andrei Tarkovsky's final film, a darkly lyrical work that envisions the end of the world as nuclear war looms. Erland Josephson (1986, PG)

Film4 Freeview 14 Freely 14 Freesat 300 Sky 313 Virgin 428 +1 Freeview 47 Freely 257 Freesat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am The Vise TV drama. (S) **6.30 Vengeance Is Mine** ★ Overwrought low-budget revenge thriller. (1948) (S)

7.45 Star Performance: a Place Full of Strangers A businessman goes on a strange bus journey. (S)

8.15 Impact ★★★ Clever crime melodrama. **Review, right.** (1949, PG) (S)

10.30 Z Cars TV drama. (S) **11.30 Port of Escape** ★★★ Well-handled, offbeat drama. **Review, right.** (1956, PG) (S)

1.00pm Richard the Lionheart Leopold demands a high price for Richard's release. (S) **1.40 A Hill in Korea** ★★ Worthy but talky Korean War drama. (1956, PG) (S) **3.20 Octavius and Me** Pilot episode for an unmade 1962 sitcom. (S) **4.00 That's My Boy** The house on the hill changes hands. (S) **4.35 Appointment in London** ★★ Dirk Bogarde is slightly off form in this routine Second World War drama. Ian Hunter (1952, U)

6.25pm Scales of Justice Anthology crime series, beginning with the story of a family whose luxurious lifestyle is funded by debt. (S)

7.00 The Footage Detectives Mike Read and Noel Cronin take a ride on a vintage fire engine. (S)

8.00 Maigret The inspector investigates a series of murders in the small town of Fontenay-le-Comte.

10.05 X, Y and Zee ★★ Preposterous love-triangle drama that wastes a high-calibre star cast. Elizabeth Taylor, Michael Caine, Susannah York (1971, 15) (S)

12.20am The Shakedown ★★ Would-be sleazy crime tale starring Terence Morgan as a photographer keen on extortion. (1959, 12) (S) **2.10 The Lawless Years** TV drama. **2.40 Strange Voyage** ★★★ Treasure hunters battle the elements and each other in this stirring adventure. (1946, U) (S) **3.55 Four Star Theatre** Drama. (S) **4.25 The Veil** TV drama. (S) **5.00—6.00am The Man from UNCLE** Espionage drama. (S)

Talking Pictures TV Freeview 82 Freely 36 Freesat 306 Sky 324 Virgin 445

FILM REVIEWS



FILM OF THE DAY

P Nickel Boys ★★★★★

11.05pm-1.15am ***BBC Two*** 12

PERIOD DRAMA This audacious, affecting, Oscar-nominated adaptation of Colson Whitehead's novel is an original work of innovation and power. Director RaMell Ross adopts a point-of-view visual style to tell the story of Elwood Curtis (Ethan Herisse), a black teenager wrongly arrested and sent to a racially segregated reform school in 1960s Florida, where he strikes up a bond with rebellious Turner (Brandon Wilson). Ross adds some beautiful flourishes and well-placed flash-forwards, all performed perfectly by a fantastic cast. **PATRICK CREMONA** (US 2023, violence, swearing, racist language, col/BW, HD)

Impact ★★★

8.15-10.30am

Talking Pictures TV

CRIME In Arthur Lubin's hard-as-nails melodrama, Brian Donlevy's wife and lover plan on getting rid of him — but it's not quite as easy as it seems. There's a terrific supporting cast, including Charles Coburn, Anna May Wong and Mae Marsh, but it's Donlevy who you'll be rooting for. **TONY SLOMAN** (US 1949, BW)

The Admirable Crichton ★★★

11.00am-12.50pm ***Film4*** U

COMEDY ADVENTURE This is a likeable version of JM Barrie's comic play about a butler who shows his leadership skills when his aristocratic family becomes shipwrecked. Kenneth More's genial urbanity shines through as Crichton, while Diane Cilento and Sally Ann Howes play the women vying for his affections. **TOM HUTCHINSON** (UK 1957, HD)

Port of Escape ★★★

11.30am-1.00pm

Talking Pictures TV PG

CRIME Anthony Young's modest but atmospheric melodrama makes good use of its London Docks setting. John McCallum is the Aussie adventurer who accidentally kills a man and commandeers Googie Withers's boat to avoid capture. Young sometimes loses control of the pacing, but overall this offbeat work deserves to be much better known. **ALLEN EYLES** (UK 1956, BW)

Gold ★★★ *11.35am-2.00pm* ***Legend*** 12

ADVENTURE Britain's entry into the 1970s disaster-movie boom was shot in apartheid South Africa. Based on a Wilbur Smith tale, it's shallow and overlong, but director Peter Hunt delivers some good action. Roger Moore is as wooden as a pit prop, as he seeks to stop the sabotage that will send the price of gold soaring. **DAVID PARKINSON** (UK 1974, may be edited for content)

Zulu ★★★★★

2.00-4.50pm ***Legend*** PG

DRAMA Cy Endfield's epic movie offers a superb re-creation of the 1879 Battle of Rorke's Drift. Stanley Baker heads a cast that includes Michael Caine in a star-making role, playing against type as a toffee-nosed officer. The film has stunning photography, brilliant editing and evocative sound design. **TS** (UK 1963, may be edited for content)

Dream Horse ★★★★

6.45-9.00pm ***Film4*** PG

DRAMA A racehorse runs against much fancier competition in this rousing Welsh underdog drama. Based on a true story, it casts Toni Collette as bartender/clerk Jan, who, along with her husband (Owen Teale) and a tax expert (Damian Lewis), sets out to breed a thoroughbred via a racing syndicate funded by local people. **KAREN KRIZANOVICH** (UK 2020, edited for content, HD)

The Peacemaker ★★★

10.00pm-12.30am ***TLC*** 15

ACTION THRILLER George Clooney and Nicole Kidman attempt to save Manhattan from nuclear destruction in this pacey film from *Deep Impact* director Mimi Leder. When a Russian train is blown up to disguise the theft of a nuclear warhead, the stage is set for a nail-biting countdown. Clooney gives a confident lead performance as a Special Forces officer. **ADRIAN TURNER** (US 1997, violence, swearing, HD)

Dead Man's Shoes ★★★

10.50pm-12.35am ***Film4*** 18

CRIME THRILLER Shane Meadows's movie stars Paddy Considine as an ex-army man who returns to his Midlands village for revenge on a gang who abused his intellectually disabled brother (Toby Kebbell). There's a strong sense of realism that makes the violence feel even more horrific. **SLOAN FREER** (UK 2004, violence, swearing, drug abuse)

P Vernon, Florida ★★★ *11.00pm-12.40am*

Sky Documentaries PG

DOCUMENTARY Film-maker Errol Morris interviews various citizens of Vernon (population: less than 800) about nothing in particular. There's a languid looseness to the shaggy structure, but Morris achieves something oddball, folksy and a little imaginative that, at just 55 minutes long, certainly doesn't outstay its welcome. **CALUM BAKER** (US/WGer 1981)

Vendetta ★★ *11.15pm-1.25am* ***Legend Xtra*** 18

ACTION THRILLER Danny Dyer returns to London after going AWOL from the SAS in Afghanistan to track down the gang who immolated his parents. Packed with Brit-crime Mockney clichés and caricatures, the movie also exhibits a grim efficiency, as the lethal Dyer uses his killer instincts to dispatch his foes. **DP** (UK 2013, violence, swearing, sex scenes, drug abuse)

MONDAY TELEVISION

P Premiere Star Ratings ★★★★★ Outstanding ★★★★ Very good ★★★ Worth watching ★★ Could be worse ★ Poor

◄ FILMS TO STREAM from p22

U – suitable for all; PG Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 – for viewers of these ages and over. For more guidance, visit bbfc.co.uk

MONDAY SATELLITE, CABLE & SPORT

Sky One



Last Week Tonight with John Oliver *10.00pm*

6.00am Mornings **8.00** Stargate SG-1 **10.00** NCIS: Los Angeles **11.00** The Simpsons **12 noon** Super Shark Highway **1.00pm** Hawaii Five-0 **3.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm Superstore *4/22 Series 3* An attempted robbery causes headaches for the employees. **6.30** *5/22.* A dead body is found in the drywall at Cloud 9.

7.00 The Simpsons Bart's angers the Olympic selection committee. **7.30** Mr Burns is pushed out of the limelight by a charming billionaire.

8.00 Attenborough's Journey The making of Sir David Attenborough's series *First Life.* (AD)

9.00 Never Mind the Buzzcocks *5/10 Series 4.* With Perrie Edwards, Bradley Simpson, Duncan James and Sam Campbell. (AD)

10.00 ***New.*** **Last Week Tonight with John Oliver** A satirical look at news and pop culture.

10.45 Saturday Night Live UK *3/6 Series 2.* Comedian and writer Amelia Dimoldenberg hosts sketch and variety show based on the long-running US programme, with music by Rachel Chinouriri.

12 midnight Grimm **1.00am** Evil **2.00** ***New.*** Gemma Collins: Everything. All at Once ***5/8.*** Following a year in the life of the reality TV star. Repeated tomorrow 9pm **2.45** Road Wars **3.10** Hawaii Five-0 **4.05—6.00am** S.W.A.T. (AD)

Sky One Sky 106 Virgin 109 EE 346/HD 361

Sky Atlantic



The White Lotus *5.40pm* A worrying call for Timothy

6.00am Fish Town **8.00** Billions (AD) **10.15** Deadwood **12.25pm** Gomorrah **1.30** Homicide: Life on the Street **3.30** Billions: double bill (AD)

5.40pm The White Lotus *2/8 Series 3.* Chelsea bonds with Chloe, and Timothy gets bad news. (AD) **6.45** *3/8.* Chelsea faces danger after going to town with Rick. (AD)

7.55 The Gilded Age *4/8 Series 3* With the wedding between Gladys and the duke imminent, Bertha must deal with unwanted rumours in the press, the sudden arrival of her sister Monica, and an unwilling bride. (AD)

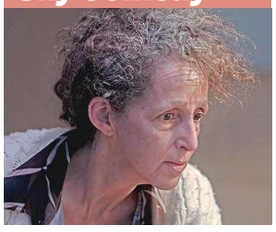
9.00 Euphoria *3/8 Series 3.* Jules learns she can fund her dreams by going on dates with rich men, while Rue is sent on a special mission with Bishop, and Cassie's storybook wedding does not go as planned. (AD) **10.10** *4/8.* Rue is offered a risky deal, while Nate battles the city council, and Maddy gives Cassie a mission that could launch her new career. Lexi enlists Jules to create an original painting for LA Nights. (AD)

11.20 It: Welcome to Derry *2/8* After joining Leroy at their new house in Derry, Charlotte is left with a strange feeling while running errands in town, and Will is teased on his first day of school. (AD)

12.35am The White Lotus: double bill (AD) **3.05** Gomorrah **4.10—6.00am** The Guest Wing (AD)

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 Virgin 111 +1 Sky 208 (209 Wales)

Sky Comedy



The Baby *10.10pm* Mrs Eaves tries to break the curse

8.00am Will & Grace (AD) **9.00** Sort Of (AD) **10.00** The Comeback (AD) **11.20** Will & Grace (AD) **12.20pm** Hacks (AD) **1.40** The Comeback (AD) **3.00** Will & Grace (AD) **4.00** Breeders (AD) **5.00** Community

6.00pm Will & Grace *3/18 Series 11* Will discovers a way to get back at Jack for mocking his hairline. (AD) **6.30** *4/18.* Jack helps Karen prove that she'll be a competent owner of her new baseball team. (AD)

7.00 The Office US *18/26 Series 7* Salesman Todd Packer moves into the Dunder Mifflin office. **7.30** *19/26.* Michael searches for the perfect way to propose to Holly.

8.00 Resident Alien *1/10 Series 1* An extraterrestrial poses as a small-town Colorado doctor and wrestles with a dilemma. (AD)

9.00 ***New.*** **Real Time with Bill Maher** The week's events.

10.10 The Baby *7/8.* Mrs Eaves sets off in pursuit of Jack. (AD) **10.40** *8/8.* Natasha decides to give the baby what he is after. (AD)

11.15 Hacks *1/9 Series 3.* Deborah prepares to attend an award ceremony in Montreal. (AD) **11.55** *2/9.* Deborah finally agrees to appear on *Late Night.* (AD)

12.35am Resident Alien (AD) **1.35** Breeders: double bill (AD) **2.35** Hitmen (AD) **3.05** Community **4.05—5.00am** Sort Of (AD)

Sky Comedy Sky 113 (114 Wales) Virgin 112 EE 347/HD 362

U&Gold



dinnerladies *8.40pm* Nuptials don't fill Jean with joy

7.40am dinnerladies (AD) **8.15** The Good Life (AD) **8.55** Open All Hours **9.35** The Green Green Grass **10.10** Are You Being Served? **10.50** Last of the Summer Wine **12.10pm** The Good Life (AD) **12.50** Open All Hours **1.30** The Good Life **2.45** The Green Green Grass **3.20** Are You Being Served? **4.00** The Good Life (AD) **5.20** Last of the Summer Wine

6.40pm The Good Life Margo has a burglar alarm installed.

7.20 Dad's Army Jones buys black-market pigeons from Walker.

8.00 The Vicar of Dibley Geraldine finds that fame has its downsides as well as its ups. (AD)

8.40 dinnerladies Norman the breadman fails to deliver and Jean has knickers on her mind. (AD)

9.20 The Royle Family Denise kicks up a stink and accuses Dave of flirting with Beverley Macca. (AD)

9.55 Not Going Out Lucy tells Lee that she is sick of him treating her flat as if he owns it.

10.35 The Vicar of Dibley As 8pm.

11.15 The Office The new members of staff arrive from Swindon. (AD) **11.55** David Brent gives the staff their annual appraisals. (AD)

12.35am The Royle Family (AD) **1.15** The Power of Parker **1.55** Not Going Out **2.40** The Power of Parker **3.10—4.00am** The Green Green Grass

U&Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

U&Alibi



My Life Is Murder *8.00pm* A Pacific paradise proposal

7.10am Murdoch Mysteries **9.00** Father Brown (AD) **10.00** The Coroner (AD) **11.00** The Doctor Blake Mysteries **12 noon** Miss Fisher's Murder Mysteries **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** The Doctor Blake Mysteries **5.00** The Coroner (AD)

6.00pm Body of Proof *13/13 Series 3.* Last-ever episode. Megan attempts to find the truth about what happened to her father.

7.00 Private Eyes *4/8 Series 5* Shade suspects his old hockey rival may be to blame when his Porsche is stolen at a luxury car show.

8.00 ***New.*** **My Life Is Murder** *8/8* RT *Series 5.* Murder and mayhem continue in the Pacific Island paradise as Alexa closes in on a killer, but finds herself distracted by a romantic proposal. **See page 50.**

9.00 Death in Paradise *1/8 Series 14* The team becomes embroiled in the murder of a man whose body has been recovered from a ravine. It is later discovered the victim has left behind a mysterious message. (AD)

10.20 Father Brown *9/10 Series 11* The priest is determined to unmask a mortal being when a supposed vampire strikes in the village. (AD)

11.20 Private Eyes As 7pm.

12.20am Death in Paradise (AD) **1.20** CSI: Vegas (AD) **2.20—4.00am** Dark Winds: two episodes (AD)

U&Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 314

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek: the Next Generation **1.00pm** Stargate Universe (AD) **2.00** Primeval **3.00** Fantasy Island (AD) **4.00** Stargate SG-1 **5.00** Star Trek: the Next Generation

6.00pm Star Trek: Deep Space Nine *5/20 Series 1.* An epidemic sweeps through the crew and it is up to Kira to find an antidote.

7.00 Stargate Universe *3/20 Series 1.* The *Destiny*'s air supply begins to dwindle. (AD)

8.00 Stargate SG-1 *18/20 Series 9* Mitchell and Carter are shifted to a dimension that makes them invisible to everyone at Stargate Command.

9.00 La Brea *1/10 Series 1* A massive sinkhole opens and hundreds of people find themselves trapped in a mysterious land. (AD)

10.00 Evil *6/13 Series 2.* After the shooting of a woman, the team is tasked with investigating the police officer who pulled the trigger.

11.00 The Walking Dead *1/22 Series 10.* Tensions are high as the survivors struggle to hold onto their concept of civilisation.

12 midnight Reginald the Vampire (AD) **1.00am** Primeval **2.00** Fantasy Island (AD) **3.00** The Walking Dead **4.00—6.00am** Most Haunted

Sky Sci-Fi Sky 145 Virgin 140 EE 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Sun, Sea and A&E: South Africa **7.00** Border Patrol **8.00** Border Security: Canada's Front Line (AD) **9.00** Brit Cops: Rapid Response (AD) **10.00** Caught on Dashcam **11.00** Police 24/7 **12 noon** FBI (AD) **2.00pm** The Rookie (AD) **3.00** Blue Bloods (AD) **4.00** Nothing to Declare

6.00pm Nothing to Declare A man from Amsterdam says he is in Australia for a holiday. **6.30** The suspicious behaviour of three visitors raises alarm bells. **7.00** A Chinese bulk carrier alerts staff to a security breach. **7.30** A travel itinerary raises concern.

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9.00 Law & Order: Special Victims Unit *19/21 Series 27* RT An unconscious and injured teenager is abandoned outside a hospital. **See page 51.**

10.00 Law & Order: Criminal Intent *6/23 Series 2.* The team investigates the murders of two pharmaceutical delivery drivers.

11.00 The Rookie *13/18 Series 7* Anti-LAPD billboards are erected throughout the city. (AD)

12 midnight FBI (AD) **2.00am** FBI: International (AD) **3.00** Road Wars **4.00** Motorway Patrol **5.00—6.00am** Brit Cops: Law & Disorder

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Crime

6.00am Stop, Search, Seize **7.00** The Force **8.00** Send in the Dogs **9.00** Road Wars **10.00** Brit Cops (AD) **11.00** Caught on Dashcam **12 noon** Killer in My Village **1.00pm** Britain's Most Evil Killers **2.00** Forensics: Catching the Killer (AD) **3.00** Murder Uncut (AD) **4.00** Murdered at First Sight (AD) **5.00** World's Most Evil Killers **6.00** Killing Mum and Dad (AD) **7.00** Britain's Most Evil Killers **8.00** Forensics: Catching the Killer (AD) **9.00** Killer in My Village **10.00** Forensics: Catching the Killer (AD) **12 midnight** Killer in My Village **1.00am** How I Caught the Killer (AD) **2.00** The Real Manhunter (AD) **3.00** The Force **4.00** Brit Cops **5.00—6.00am** Motorway Patrol

Sky Crime Sky 121 (122 Scotland) Virgin 122 EE 349/HD 364 +1 Sky 221 (222 Scotland) Virgin 322

Crime+Investigation

6.00am The First 48 **7.00** Homicide Hunter **9.00** Homicide Squad: New Orleans **10.00** My Strange Arrest **10.30** Court Cam **11.00** Cops Who Kill with Will Mellor **2.00pm** Accident, Suicide or Murder? **3.00** Houses of Horror: Secrets of College Life **6.00** Homicide Hunter **7.00** The First 48 **8.00** Accident, Suicide or Murder?: two deaf friends embark on a dream trip **9.00** Rob Rinder: the Crime I Can't Forget **11.00** Sunshine Slayings **12 midnight** Britain's Darkest Taboos **1.00am** The Real Murders of Los Angeles **2.00** ***New.*** Last Night Out **3.00** Houses of Horror: Secrets of College Life **5.00—6.00am** Accident, Suicide or Murder?

Crime+Investigation Sky 139 (140 Scot) Virgin 133 +1 Sky 256 Virgin 333

Comedy Central

8.00am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina the Teenage Witch **1.00pm** Friends (AD) **6.00pm** Friends: six episodes (AD) **9.00** ***New.*** Iain Stirling's Roast the Internet: another helping of the very worst things on the internet, with Jameela Jamil, Sean McLoughlin and Sophie Willan joining the host to examine social clips (AD) **10.00** Video Music Awards

12 midnight Whose Line Is It Anyway? USA **1.30am** South Park **2.30** Fat Chat with Desiree Burch **2.40** The Pep Talk **2.45** Dara O Briain — Craic Dealer **3.30** Kevin Bridges: a Whole Different Story **4.15—5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Discovery Science

8.00am How the Universe Works **11.00** Savage Builds **12 noon** Richard Hammond's Big **1.00pm** Cooper's Treasure (AD) **3.00** How the Universe Works

6.00pm How It's Made: six episodes. Detachable IndyCar steering wheels **6.30** How blast doors are made **7.00** The creation of carbon fibre, railcar movers and hood ornaments **7.30** How toolboxes are made **8.00** Stucco and high-speed roll-up doors **8.30** How pressed glass and utility knives are made **9.00** How the Universe Works **11.00** Nasa's Unexplained Files

1.00am How the Universe Works **4.00—6.00am** Secrets Underground

Discovery Science Sky 167 Virgin 179 +1 Sky 267 Virgin 379

Discovery

6.00am How It's Made **7.00** Treehouse Masters **9.00** The Last Woodsmen **11.00** Building off the Grid **1.00pm** Animal Cops Houston **3.00** Buying Alaska (AD) **5.00** Alaska: Homestead Rescue

7.00pm Wheeler Dealers (AD) **8.00** ***New.*** Filthy Fortunes: a DC hoard with Michael Jordan memorabilia may be swallowed up by mould **9.00** Building off the Grid: a couple with a passion for snowboarding build a cabin in Vermont (AD) **10.00** Expedition X (AD) **11.00** In the Eye of the Storm

12 midnight Deadliest Catch (AD) **1.00am** Building off the Grid (AD) **2.00** Expedition X (AD) **3.00** Gold Divers **4.00—5.00am** Street Outlaws: Locals Only (AD)

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scotland) Virgin 377

Discovery History

7.00am Expedition Unknown **8.00** Combat Dealers **9.00** Blowing Up History **11.00** Salvage Hunters **1.00pm** How the Universe Works **2.00** Alien Highway **3.00** Expedition Unknown **4.00** Expedition X (AD) **5.00** Mysteries at the Museum: two episodes

7.00pm How the Universe Works **8.00** Expedition Unknown **9.00** Ancient Unexplained Files: secrets about the origins of Machu Picchu **10.00** How Do They Do It? **11.00** Combat Dealers

12 midnight How the Universe Works **1.00am** Mysteries at the Museum **3.00** Expedition X (AD) **4.00—5.00am** Expedition Unknown

Discovery History Sky 161 (172 NI) Virgin 181 +1 Sky 261 (272 NI) Virgin 381

All programmes on the above channels are repeats unless otherwise stated

WHAT DO YOU THINK about Radio Times? Take our survey on the magazine's contents



Sky Documentaries



Black Widow *7.00pm* Abuse and control: Dena Thompson

6.00am Breath of Fire (AD) **7.00** Discovering: Barbara Stanwyck (AD) **8.00** The Directors (AD) **9.00** The Seventies (AD) **9.55** The Comedy Store (AD) **11.00** Spector (AD) **12 noon FILM** Man on Wire ★★★★★ The preparation for and execution of one of the most daring stunts of all time. English, French +subtitles **2.00pm** Schmeichel (AD) **4.00** The Directors (AD) **5.00** Discovering: Barbara Stanwyck: profile of the actor (AD) **5.55** The Comedy Store (AD)

7.00pm Black Widow Examining the police investigation into the crimes of Dena Thompson. (AD)

8.00 Fred West: the Glasgow Girls In 1994, Fred West is exposed as a serial killer. Police start to trace his early crimes in Glasgow. (AD) **9.00** Police discover that Fred West was known for abusing girls and was run out of town. (AD) **10.00** As two more bodies are found, the search moves to the first home of Fred West. (AD)

11.00 Vernon, Florida ★★★ P Director Errol Morris travels to the titular town — population: less than 800 — and talks to some of its more eccentric residents about their lives. **Review page 57.**

12.40am Barbie Uncovered: a Dreamhouse Divided (AD) **2.30** Premier League 360: Big Sam's Bolton (AD) **4.30** Premier League Legends (AD) **5.00—6.00am** as 5pm

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Air Crash Investigation **10.00** Disaster Autopsy **11.00** Car SOS **12 noon** Inside Melbourne Airport (AD) **1.00pm** Air Crash Investigation **2.00** Hitler's Last Stand **3.00** Ancient Structures: Secrets Revealed (AD) **4.00** Lost Treasures of Egypt (AD) **5.00** Ice Road Rescue **6.00** Nazi Megastructures: America's War **7.00** Air Crash Investigation **8.00** ***New.*** Hitler's Last Stand **9.00** World War II: Secrets from Above **10.00** Nazi Sunken Sub **11.00** Air Crash Investigation **12 midnight** Contraband Capture **1.00am** Alaska: the Next Generation **2.00** Mysteries of Ancient Medicine **2.55** To Catch a Smuggler **3.20** Food Factory **4.10—5.00am** Prairie Dog Dynasty

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Dog Patrol **6.30** American Pickers **7.25** Container Wars **10.10** Pawn Stars **11.05** Storage Wars **12 noon** Lost Grail with Alice Roberts **1.00pm** ***New series.*** Raiders of the Lost Pharaohs **2.00** ***New.*** Hazardous History with Henry Winkler **3.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** Lost Grail with Alice Roberts **9.00** Raiders of the Lost Pharaohs **10.00** Hazardous History with Henry Winkler **11.00** The UnBelievable with Dan Aykroyd **12 midnight** Storage Wars **12.55am** Pawn Stars **1.50** Raiders of the Lost Pharaohs **2.50** Hazardous History with Henry Winkler **3.40—6.00am** Pawn Stars

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



Wild Sky *8.00pm* The rainforest: lungs of the world

6.00am Africa's Wild Horizons **7.00** Monkey Life **8.00** Great Blue Wild **9.00** Hope for Wildlife (AD) **10.00** Wild Science **11.00** Mysteries of the Mekong **12 noon** Wildlife ER **1.00pm** Monkey Life **2.00** Great Blue Wild **3.00** Hope for Wildlife (AD) **4.00** Wild Science **5.00** Mysteries of the Mekong

6.00pm Wildlife ER Cameras shadow vet Karina as she examines a half-drowned platypus, before referring him to a specialist.

7.00 Monkey Life Alison learns Covid-19 can also affect apes. **7.30** Alison and the team welcome a new female loris to the park.

8.00 Wild Sky Examining the rainforest's oxygen-breathing trees and following flamingos that thrive in the sun's scorching UV rays.

9.00 The Secret Life of the Hermit Crab The adventures of a small community of Hermit crabs in Guadeloupe during their migration from the cliffs island's northern cliffs to the beaches in the south.

10.00 Wildlife ER As 6pm.

11.00 Mysteries of the Mekong A journey through the Mekong basin, one of the richest areas of biodiversity in the world.

12 midnight Nomads of the Serengeti (AD) **1.00am** Africa's Wild Horizons **2.00** Wild Sky **3.00** How the Wild Things Sleep **4.00** Great Blue Wild **5.00—6.00am** Hope for Wildlife (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am America's Mighty Northwest **9.00** Secrets of the Zoo **10.00** Close Encounters of the Wild Kind **11.00** Africa's Deadliest **12 noon** The Incredible Dr Pol **1.00pm** Amsterdam Central 24/7 **2.00** Critter Fixers: Country Vets **3.00** Kingdom of the White Wolf **4.00** Secrets of the Zoo **5.00** Yukon Vet **7.00pm** ***New.*** Seen on Safari: how some of Africa's seemingly peaceful plant-eaters turn the tables on predators **8.00** Day of the Dragon **9.00** Paradise Islands **10.00** When Sharks Attack 360 **11.00** Northwoods Survival **12 midnight** World's Deadliest **1.00am** Snakes in the City **2.00** The Incredible Dr Pol **3.00** Yukon Vet **4.00—5.00am** Alaska: the Next Generation

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell (AD) **9.00** We Love Puppies **10.00** Tanked **11.00** Animal Cops Phoenix (AD) **1.00pm** Crikey! It's the Irwins **2.00** Pit Bulls and Parolees **3.00** My Cat from Hell: double bill (AD) **5.00** Lone Star Law **6.00** Dr Jeff: Rocky Mountain Vet **7.00** Treehouse Masters **8.00** Mountain Monsters: a blood-sucking "devil dog" terrorises a region in West Virginia **9.00** Alaska: the Last Frontier: Christmas sees the first-ever couples' Secret Santa **10.00** Alaskan Bush People **11.00** The Haunted **12 midnight** Crikey! It's the Irwins **1.00am** River of No Return **2.00** Treehouse Masters **3.00—5.00am** Animal Cops Phoenix (AD)

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

6.00am Sky Sports News **7.00** Sky Sports Breakfast **10.00** Sky Sports FC **12 noon** Lunchtime Live **2.00pm** The EFL Show **3.00** Sports Desk **5.00** The Premier League Show

6.00 LIVE Darts Coverage from day one of the World Grand Prix from Leicester Arena, featuring first-round matches that are played over the best of three sets.

11.00 Sky Sports News

1.00am LIVE NFL Chicago Bears v Philadelphia Eagles, coverage from Soldier Field (kick-off **1.15**). The hosts triumphed in the last meeting between these two sides last season thanks to a 24—15 victory in Philadelphia. That success brought to an end a run of consecutive losses against the Eagles that stretched back as far as November 2011.

4.30—6.00am Sky Sports News

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup (AD) **8.45** EFL Greatest Games (AD) **9.00** SPFL Greatest Games (AD) **9.30** EFL Greatest Games (AD) **10.00** Women's Super League Football **11.00** Scottish Women's Premier League Football **11.30** EFL Greatest Games (AD) **12 noon** League Cup Highlights **12.30pm** German Football **1.30** Scottish Football Round-Up **2.00** The EFL Show **3.00** Championship Highlights **5.00** League One Goals **5.30** League Two Goals **6.00** League Cup Highlights **6.30** German Football **7.30** Scottish Football Round-Up **8.00** Women's Super League Football **9.00** Scottish Women's Premier League Football **9.30** Championship Highlights **11.00** League One Goals **11.30** League Two Goals **12 midnight** Championship Highlights (AD) **3.00am** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** Classic League Cup (AD) **5.00** League Cup Best Goals (AD) **5.30—6.00am** EFL Trophy Football (AD)

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am Super League **8.45** EFL Greatest Games (AD) **9.00** Sky Sports Breakfast

10.00 LIVE ATP Tennis Coverage of the Chengdu Open and Hangzhou Open, both of which are ATP 250 hard-court tournaments in China.

2.30pm The EFL Show **3.00** Sports Desk **5.00** The Premier League Show

6.00 LIVE Darts Day one of the World Grand Prix from Leicester Arena, featuring first-round matches, played over the best of three sets. This is the 29th staging of the tournament that is unique on the tour for featuring the "double in, double out" format, in which players must start on a double or the bullseye to start scoring, as well as doing so to win a leg. Luke Littler enters as the reigning champion after he triumphed 6—1 over Luke Humphries in last year's final.

11.00 Sky Sports News **12 midnight** EFL Greatest Games: classic action (AD) **1.00am** Tennis (AD) **3.00** EFL Greatest Games (AD) **4.00—6.00am** Tennis

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am European Tour Golf **11.00** Presidents Cup Golf **5.00pm** Chronicles of a Champion Golfer **6.00** Challenge Tour Golf Highlights **6.30** Presidents Cup Golf **7.30** European Tour Golf **8.00** Legends Tour Golf **9.00** Presidents Cup Golf **10.00** European Tour Golf **10.30** PGA Tour Champions **11.30** Ladies European Tour Golf **12.30am** Challenge Tour Golf Highlights **1.00** How The 2019 Presidents Cup Was Won **3.00** Presidents Cup Golf (AD) **5.00—6.00am** School of Golf (AD)



NFL *1.00am* ***Sky Main Event*** Can Bears quarterback Caleb Williams tame the Eagles?

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Premier League Greatest Games (AD) **7.00** Premier League Best Goals **8.00** Premier League Legends (AD) **9.00** Premier League Review **10.00** Sky Sports FC **12 noon** Premier League Football **12.30pm** Premier League Highlights **4.30** Netbusters **5.00** The Premier League Show **7.00** Arsenal Champions Show (AD) **8.00** Premier League Review **9.00** Brazilians in the Premier League **10.00** Netbusters **10.30** Premier League Stories **11.00** Premier League Years (AD) **1.00am** Premier League Retro **3.00** Premier League Greatest Games (AD) **4.00** Premier League Best Goals **5.00—6.00am** Premier League Legends (AD)

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am International One-Day Cricket Highlights **4.00pm** Nepal: Climbing Cricket's Mountain (AD) **4.30** Women's T20 World Cup Cricket Highlights (AD) **5.00** International T20 Cricket **9.30** The Hundred Bitesize (AD) **10.00** International One-Day Cricket Highlights **1.00am** International T20 Cricket: England v Sri Lanka **5.30—6.00am** The Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am NFL Highlights **10.00** NFL Bitesize **11.00** NFL Highlights

12 noon NFL Bitesize **1.00pm** Good Morning Football: up-to-the-minute breaking NFL news **3.00** NFL Bitesize **4.00** NFL Highlights **6.00** Pro-Football Talk: Mike Florio and Chris Simms present the NFL talk show **8.00** NFL Highlights: Denver Broncos v Los Angeles Rams **10.00** NFL Fantasy: featuring the top NFL fantasy experts and analysts **11.00** Chris Simms Unbuttoned: the former quarterback takes an unfiltered look at the NFL

12.30am NFL Bitesize

1.00 LIVE NFL Chicago Bears v Philadelphia Eagles, coverage from Soldier Field (kick-off **1.15**). The hosts triumphed in the last meeting between these two sides last season thanks to a 24—15 victory in Philadelphia. That success brought to an end a run of consecutive losses against the Eagles that stretched back as far as November 2011.

4.30 NFL Bitesize **5.15—6.00am** NFL Gameday: American football news

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

10.00am—2.30pm LIVE ATP Tennis Coverage from the Chengdu Open and the Hangzhou Open, featuring the semi-finals. Lorenzo Musetti and Alejandro Tabilo were the victorious players at this stage of the Chengdu Open last year.

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am International One-Day Cricket Highlights: India v West Indies (AD)

7.00 LIVE Snooker Coverage of the second session from the first round of the Shenzhen Open, which takes place at Bao'an Sports Centre in Shenzhen, China.

10.00 Cycling **12 noon** World Rally (AD)

12.30pm LIVE Snooker Coverage from the first session of the second round of the Shenzhen Open, which takes place at Bao'an Sports Centre in Shenzhen, China. This tournament was staged in Xi'an last year as the Xi'an Grand Prix, and round two saw Aaron Hill score a maximum break as he overcame Huang Jiahao 5—2, while Judd Trump lost 5—4 to Matthew Stevens.

3.30 Champions League Magazine **4.00** International One-Day Cricket (AD) **5.00** MLB Highlights

6.00 LIVE Pool Coverage of Group Four of the Ultimate Pool Mixed Team event, as some of the country's leading eightball players battle it out for a place in the next stage.

9.30 Premier League Stories: a look back at the career of Sunderland's Granit Xhaka (AD) **10.00** NWSL Football **12 midnight** MLB Highlights **1.00am** The Muddy Roots of Football **2.00** World Superbikes Highlights (AD) **3.00** Fishing (AD) **4.00—6.00am** Snooker

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

6.00am Cycling Highlights

7.00 LIVE Snooker Coverage of the second session from the first round of the Shenzhen Open, which takes place at Bao'an Sports Centre in Shenzhen, China.

10.00 Inside Serie A: the latest news from Italy (AD) **10.30** Champions League Magazine **11.00** AFL

12.30pm LIVE Snooker Coverage from the first session of the second round of the Shenzhen Open, which takes place at Bao'an Sports Centre in Shenzhen, China.

3.30 FA Cup: the People's Story — Everton (AD) **3.45** FA Cup: the People's Story — Liverpool (AD) **4.00** Mountain Biking **5.00** Cycling Highlights **7.00** The Breakdown **7.30** Inside Serie A (AD) **8.00** The Gruppetto **8.15** Champions League Football: Stories of the Finals **8.30** World Rally (AD) **9.00** Fishing (AD) **10.00** World Superbikes Highlights (AD) **11.00** Cycling **12 midnight** Champions League Classics **12.30am** Prem Rugby Union **5.30** Prem Rugby Union: the Wrap Up **5.45—6.00am** The Gruppetto

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am Prem Rugby Union **11.00** Mountain Biking: the women's and men's downhill elite races in Canada

12 noon World Superbikes **1.30pm** MLB Highlights **2.30** Prem Rugby Union

7.30 Rugby: the 745 Game **8.30** Prem Rugby Union: the Wrap Up **8.45** Champions League Football: Stories of the Finals (AD) **9.00** Champions League Magazine **9.30** Snooker **11.30** UFC

2.30am The Club That George Built: a closer look at Worthing FC (AD) **4.00** MLB Highlights **5.00—6.00am** International One-Day Cricket (AD)

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

6.00am World Superbikes **7.30** World Rally (AD) **8.00** Laver Cup Tennis **10.00** LIV Golf (AD) **5.00pm** World Superbikes **6.30** Laver Cup Tennis: the third day of the tournament at the O2 Arena in London **8.30** Mountain Biking **9.30** AFL **11.00** International One-Day Cricket (AD) **12 midnight—6.00am** Formula E Highlights (AD)

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TUESDAY



READY FOR ANYTHING? Sandra Cliff (Andi Osho), Annie Conlon (Katherine Devlin), Grace Ellis (Siân Brooke), Tommy Foster (Nathan Braniff), Stevie Neil (Martin McCann)

GETTY

DRAMA

Blue Lights *9.00pm **BBC One** Full series available via iPlayer*

Blue Lights **has something of the *Mission: Impossible* fuse about it. Each series feels as though it begins with a match being struck, and it's our job to follow the sparking trail and anticipate the detonation. Only, in this latest run, there's barely any time to watch that flame take hold before everything blows apart.**

The flashpoint is a migrant resource centre, where loyalist anti-immigration protestors, a sea of union flags behind them, livestream their demonstration. Tapping into a feature of the current news cycle, we then see just how frighteningly quickly a crowd can be mobilised through social media, with participants often concealing their identities under facemasks.

A sudden influx of republicans, galvanised with tricolours, leaves the police fearing they will be overwhelmed. And those worries prove well founded, as officers including Grace (Siân Brooke), Stevie (Martin McCann), along with a tactical support group ostensibly protected by helmets and riot shields, soon find themselves facing a terrifying onslaught of fists and flying rocks.

A slow burn this most definitely isn't.

DAVID BROWN *See feature: page 16*

ENTERTAINMENT

The Real Strictly Come Dancing: Access All Areas

*7.00pm **BBC Two***
Available now via iPlayer

Not an exposé of *Strictly Come Dancing*, but a peek behind the scenes at the British National Dance Championships at Blackpool, first shown last Christmas. We follow several competing couples (one pair are only 11 years old) and meet the judge (more Len Goodman than Craig Revel Horwood, although Shirley Ballas is in the audience). Of course, there are sequins, fake tans, terrific moves and elation, but we also see dance-floor clashes, disappointments and emotion. And we hear that a lot of dancers fall in love with their partners... not so different from the television show, then. **JANE RACKHAM**

SOAP

EastEnders

*7.30pm **BBC One** Catch up: iPlayer*

Jack has chosen to ignore a worrying situation developing with daughter Amy. While he desperately searches for a stem cell donor who could save Denise's life, Amy is pursuing a dangerous relationship with his creepy colleague, Craig Ingram. Following her stepmother's diagnosis and the violent attack she inflicted on Joel, vulnerable Amy has turned to the detective constable for support. When he announces his plans to leave Walford, could Amy decide to join him? **MICHAEL ADAMS**

FOOD

The Great British Bake Off

*8pm **C4** Catch up via C4 streaming*

It's biscuit week in the bunting-draped tent, but while the amateur bakers are crumbling under the pressure, Nigella Lawson is getting more comfortable with her role as judge. She clearly wants her views to be heard and is more decisive than Prue Leith who tended to let Paul Hollywood take the lead when it came to harsh critiques. And even though Nigella *is* critical, Paul is as blunt as ever. Tonight he dismisses one person's biscuits as "tough as old boots",

Most alarming is the showstopper biscuit mosaic that the baker says has "flavours to die for", because they're inspired by, of all things, cyanide. Sensibly, Nigella orders Paul to taste them first. **JR** *See feature: page 8*

DOCUMENTARY

Stacey Dooley Sleeps Over USA

9.00pm, 9.40pm, 10.25pm
BBC Three *Catch up via iPlayer*

Originally airing on UKTV, this series sees the reporter spend 72 hours with various colourful characters. The British version saw her shack up with Mormons, landed gentry and porn stars. This repeated US spin-off begins with an episode devoted to a gun-loving nine-year-old, whose family in Oklahoma have bought their trigger-happy bundle of joy a shooting range. Dooley then travels to Virginia to spend a couple of nights with transgender parents who have both transitioned, and in Georgia, she meets a couple with a 37-year age gap. **STEPHEN KELLY**

REALITY

Tempting Fortune

9.30pm ***C4*** *Catch up: C4 streaming*

A dozen intrepid strangers continue their brutal two-week trek through the Malaysian jungle. The prize is £300,000, but all manner of pricey temptations litter their path. As tensions rise, in sweltering heat, the Fortune Seekers are offered ice cream and stumble upon the Dishonesty Bar, which promises to quench their thirst with eye-wateringly expensive drinks. After a gruelling hike through mangrove swamps, the exhausted group arrive at a spa. Will the prospect of luxury pampering divide them again? You bet it will. Rob Beckett hosts with a wicked grin. **MICHAEL HOGAN**



TOGETHER, ALONE
Gordon (Patrick Brammall) and Ashley (Harriet Dyer) ponder a future apart

SITCOM

Colin from Accounts

10.00pm (Wed 11pm Northern Ireland) ***BBC Two*** *Catch up: iPlayer*

SERIES FINALE

As this is the final ever episode of *Colin from Accounts*, it's the closest we'll get to a Christmas special. What a shame. But at least we have one last chapter to savour.

It's December and everyone is feeling festive. Everyone except Gordon (Patrick Brammall) and Ashley (Harriet Dyer). He tries to pick up the pieces from the night before. She wants him out of her life for good... until she unearths something that makes her wonder if they are, in fact, destined to be together.

This near-perfect show has turned the romcom quite brilliantly on its head. It bows out fittingly with a rollercoaster of an episode where the curveballs keep coming, and there are wonderful moments that circle back not only to the start of this series, but the show's very beginning, too. You'll do well not to be in bits by the end. FRANCES TAYLOR

FACTUAL

DIY SOS *8.00pm* ***BBC One*** *Catch up via iPlayer*

This week's project is a particular tearjerker. Like Nick Knowles, you'll be welling up when you hear the moving story of the Devon family in need of architectural assistance.

Georgie is grieving the recent, sudden loss of husband Chris, who planned to renovate their shabby doer-upper to make their dream family home. With three kids under the age of ten, Georgie is living in a building site with no idea how to finish the work Chris started. Enter Knowles and his resourceful crew to transform the property.

The team must be respectful of preserving Chris's legacy, including the bed he made by hand for his daughter, but it's an ambitious undertaking, and an early mistake by one member of the team could prove costly. **JOHNATHON HUGHES**



TO THE RESCUE
Nick Knowles leads the team of fixers

DOCUMENTARY

The Three Kings

10pm ***BBC Four*** *Available on iPlayer*

Remarkably, Manchester United's Matt Busby, Liverpool's Bill Shankly and Celtic's Jock Stein were born within 30 miles of each other in Scotland's mining belt. They found salvation through football: as players and then as managerial titans. As this elegiac 2020 homage shows, for all their similarities, the kings were different.

Shankly was equally combative and poetic ("If a footballer doesn't dedicate himself to the job, I'd put him in jail"); Busby's life and career were shaped by the 1958 Munich air crash that killed eight of his players, while Stein's team, comprised entirely of locally born players, defied all odds to become Britain's first champions of Europe. **JOHN AIZLEWOOD**



ALSO ON TODAY

In Ten Pictures: Britney *11.10pm* ***BBC Three***

Examining the turbulent life and times of pop star Britney Spears (above), through ten key photos. First shown in June.

The Looming Tower

9.00pm, 10.00pm ***Sky Atlantic***

The series reaches October 2000, as John O'Neill ruffles feathers in Yemen. The second episode finds the world adjusting following President George W Bush's inauguration, in January 2001.

The Other 'Arf

9.00pm ***Rewind TV***

A mismatched couple find their very different worlds colliding in this 80s sitcom starring John Standing and Lorraine Chase.

LIVE SPORT

Football: Nations League

Czech Republic v England
7.00pm (k/o 7.45pm) ***ITV1***

England's second qualifier, taking place at the Fortuna Arena in Prague.

Darts: World Grand Prix

6.00pm ***Sky Sports Main Event***

Coverage of day two from the Mattioli Arena in Leicester.

Snooker: Shenzhen Open

7.00am, 12.30pm
TNT Sports 1, 2

Second- and third-round action from the Chinese city.

SPORT HIGHLIGHTS
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FILM REVIEWS
PAGE 67

TUESDAY MAIN CHANNELS

DAYTIME

BBC One

6.00am Breakfast With Jon Kay and Sally Nugent. (S) (HD)

9.30 Morning Live Magazine show. (S) (HD)

10.45 Rip-Off Britain The women who have found themselves in debt after someone else took out a buy-now-pay-later account in their names. (S) (HD)

11.15 Homes under the Hammer Two ceilings on the brink of collapse in flats in Scotland and London cause issues for the new owners. (S) (HD)

12.15pm Bargain Hunt Roo Irvine presents a special edition about tiny antiques and collectables, including some of the smallest books in the world. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

2.00 Clean It, Fix It Mark Wright and the team help foster carer Lyndee prepare her home for a new chapter, welcoming young mums and mums-to-be. (S) (HD)

2.30 Amanda and Alan's Greek Job Alan Carr and Amanda Holden turn an unloved patch of land near the house into a Mediterranean garden. (R) (S) (AD) (HD)

3.00 Escape to the Country Nicki Chapman helps a London couple find a West Sussex home for £380,000. Repeated tomorrow 6.30am BBC2 (S) (HD)

3.45 Garden Rescue Lee Burkhill and Flo Headlam head to Uttoxeter in Staffordshire to create a garden with themes of India on a featureless plot. (R) (S) (HD)

4.30—5.15 Antiques Road Trip Margie Cooper and Ishy Khan cruise around Lincolnshire, where Margie picks up a feline print and Ishy snaps up elegant tableware. Repeated tomorrow 7.15am BBC Two (S) (AD) (HD)

BBC Two

6.30am Escape to the Country A couple search for their dream home in Derbyshire. Shown Monday 3pm BBC One (S) (AD) (HD)

7.15 Antiques Road Trip Margie Cooper and Ishy Khan visit Yorkshire. Shown Mon 4.30pm BBC One (S) (AD) (HD)

8.00—9.00 Sign Zone Hamza: African Birds of Prey The wildlife cameraman travels to a remote and uncharted highland region to catch a glimpse of the elusive African crowned eagle. Watch now on iPlayer. (R) (S) (AD) (HD)

9.00 BBC News (S) (HD)

12.15pm Politics Live Analysis and debate. (S) (HD)

1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)

1.45 Politics Live Further coverage of this week's Labour Party conference, held in Liverpool. (S) (HD)

3.45—4.15 The Wonder of Animals Chris Packham investigates what enables birds of prey to rule the aerial roost. First shown in 2014. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.30 Lorraine Guests and gossip. (S) (HD)

10.00 This Morning Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Forthright opinions. (S) (HD)

1.30 ITV News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal David Dickinson is joined in Wolverhampton by Karen Dalmeny, Fay Rutter, Mark Stevens and James Layte, who value items brought in by members of the public. (R) (S) (AD) (HD)

3.00—4.00 Lingo Three couples, including one quiz fanatic and two police detectives, use their powers of deduction in a battle of words. Hosted by Adil Ray. (R) (S) (HD) Followed by **Regional Weather** (S) (HD)

Channel 4

5.50am Countdown With guest Lee McKenzie. (R) (S) (HD)

6.30 The King of Queens Triple bill. (R) (S) (AD) (HD)

7.45 Everybody Loves Raymond (R) (S) (AD) (HD)

9.10 Frasier Four back-to-back episodes. (R) (S) (AD) (HD)

11.10 American Pickers The guys do a favour for a friend, and what at first seems like a raw deal becomes a win-win situation. (R) (S) (AD) (HD) **12.05pm News** (S) (HD)

12.10 Find It, Fix It, Flog It Simon O'Brien and Henry Cole visit Witney in Oxfordshire, where Henry finds a tractor that has not run for a few years. (R) (S) (AD) (HD)

1.10 The Great House Giveaway In Lancashire, David and Shelley renovate a canal-side terrace property that hasn't been updated since the 1960s. (R) (S) (HD)

2.10 Countdown With Lee McKenzie. (S) (HD)

3.00—4.00 A Place in the Sun Angela and Simon enlist the help of Lucy Alexander in their search for a holiday home in Poitou-Charentes, France. (R) (S) (HD)

BBC One 1



Blue Lights *9.00pm* Annie Conlon (Katherine Devlin) and the team are back on the beat

5.15pm Pointless
With Alexander Armstrong and Michael Ball. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Presented by Alex Jones and Roman Kemp. (S) (HD)

7.30 EastEnders
RT Amy lashes out at those closest to her and Nugget celebrates his 18th birthday. **See page 60.**

Amy Mitchell	**Ellie Dadd**	Sharon Watts	**Letitia Dean**
Davinder "Nugget" Gulati	**Juhaim Rasul Choudhury**	Kim Fox	**Tameka Empson**
		Zack Hudson	**James Farrar**
Chelsea Fox	**Zaraah Abrahams**	Billy Mitchell	**Perry Fenwick**
Mark Fowler	**Stephen Aaron-Sipple**	Vicki Fowler	**Alice Haig**
Howie Danes	**Delroy Atkinson**	Gina Knight	**Francesca Henry**
Ned Hawkins	**Jamie Bamber**	Harry Mitchell	**Elijah Holloway**
Honey Mitchell	**Emma Barton**	Avani Nandra-Hart	**Aaliyah James**
Harvey Monroe	**Ross Boatman**	Lauren Branning	**Jacqueline Jossa**
Barney Mitchell	**Lewis Bridgeman**	Kojo Asare	**Dayo Koleosho**
Linda Carter	**Kellie Bright**	Peter Beale	**Thomas Law**
Penny Branning	**Kitty Castledine**	Priya Nandra-Hart	**Sophie Khan Levy**
Callum Highway	**Tony Clay**	Jack Branning	**Scott Maslen**
Cindy Beale	**Michelle Collins**	Phil Mitchell	**Steve McFadden**
Jodie Hawkins	**Anna Constable**	Rose Hawkins	**Marian McLoughlin**
Oscar Branning	**Pierre Counihan-Moullier**	Mo Harris	**Laila Morse**

Writer Carey Andrews More cast Thursday (S) (AD) (HD)

8.00 DIY SOS
RT *2/5.* In Feniton, Devon, Nick Knowles, the team and hundreds of volunteers help Georgie and her three young children. They hope to give the family a fresh start following the sudden death of husband and father Chris, a carpenter who was halfway through renovating their home when he died. **See page 61.**
Directors Colin May and Matthew Skilton; Series producer Claire Edwards
Repeated tomorrow 8pm BBC Three (S) (AD) (HD)

9.00 Blue Lights
RT ***New series. 1/6*** *Series 4.* **Eyes.** The return of the police drama. The section is challenged by escalating tensions at a community event, while the investigation into Dana Morgan's drug partnership with Tina McIntyre falters. The whole of series 4 joins a box set on iPlayer from today. **See page 60.**

Grace Ellis	**Siân Brooke**	Tina McIntyre	**Abigail McGibbon**
Stevie Neil	**Martin McCann**	Dana Morgan	**Cathy Tyson**
Annie Conlon	**Katherine Devlin**	Amira Saeed	**Leem Lubany**
Tommy Foster	**Nathan Braniff**	Aaron	**Michael Drake**
Lawrence McCloskey	**Neil Keery**	Katie Close	**Tabitha Smyth**
Paul "Colly" Collins	**Michael Smiley**	Nicola Robinson	**Andrea Irvine**
Helen McNally	**Joanne Crawford**	Aisling Byrne	**Dearbháile McKinney**
Shane Bradley	**Frank Blake**	Carol	**Eve Twomey**
Sandra Cliff	**Andi Osho**	Damien Marshall	**Julian Moore-Cook**
Mo McIntyre	**Michael Shea**	Cameron	**Eamon McQuillan**

Writers Declan Lawn and Adam Patterson; Producer Brendan Mullin
Director Angela Griffin Signed rpt Thursday 12.50am BBC Two (S) (AD) (HD)
See feature: page 16

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Malcolm X ★★★★
Biographical drama starring Denzel Washington. Street hustler Malcolm Little converts to Islam while in prison, changes his name to Malcolm X and rises to fame as spokesman for the Nation of Islam. But his controversial political statements make him powerful enemies. **Film of the Day: page 67.**
Director Spike Lee (1992, 15) (S) (HD)

1.50am Weather for the Week Ahead (S) (HD)
1.55—6.00am BBC News (S) (HD)

BBC Two 2



International Football *7.30pm* Will Sébastien Pocognoli's side find holes in the Swiss defence?

4.15pm South Pacific
Strange Islands. How the wildlife of the isolated region has evolved in extraordinary ways. From 2009.
Producer Jonathan Clay; Series producer Huw Cordey (R) (S) (AD) (HD)

5.15 Flog It!
From Huddersfield, West Yorkshire. (R) (S) (HD)

6.00 House of Games
Miles Jupp, Cariad Lloyd, Kiell Smith-Bynoe and Lucy Porter play their second set of challenges. (S) (HD)

6.30 Strictly It Takes Two
Ellie Taylor presents behind-the-scenes *Strictly* news.
Series producer Ross Proudfoot; Exec producer Rhe-an Archibald (S) (HD)

7.00 Access All Areas: the Real Strictly Come Dancing
RT Following the sparkles, sequins and self-tan at the National Dance Championships as it celebrates its 50th anniversary, tracking three couples from practice to performance. Watch on iPlayer. **See p60.**
Producer Katie Langton; Executive producer Jessica Todd (R) (S) (HD)

7.30 International Football
Scotland v Switzerland
Live coverage of this evening's Nations League Group B2 match from Hampden Park (kick-off **7.45**).
Tonight's game is Scotland head coach Sébastien Pocognoli's first taste of the vociferous home support in Glasgow, and he'll be keen for his tenure to get off to a positive start. The seven uncapped players in his squad underline the desire for a fresh start after a disappointing World Cup campaign in which Scotland failed to reach the knockout stage. Meanwhile, Murat Yakin's Swiss side made it to the quarter-finals in the same competition, losing 3—1 to Argentina. (S) (HD)
Wales v Norway Thursday 7.30pm

10.00 Colin from Accounts
RT ***8/8*** *Series 3.* **Rum 'n' Raisin.** Lynelle and Lee face some trouble with the law. Colin's misadventures with a bag of raisins brings Ash and Gordon back to where their relationship first began. **See page 61.**

Gordon	**Patrick Brammall**	Yvette	**Annie Maynard**
Ashley	**Harriet Dyer**	Heavy/Alistair	**Justin Rosniak**
Chiara	**Genevieve Hegney**	Jared Bingewell	**Broden Kelly**
Brett	**Michael Logo**	Stuart	**Mark Trevorrow**
Lee	**Darren Gilshenan**	Gene	**Glenn Hazeldine**
Lynelle	**Helen Thomson**	Andre	**Matthew Moore**
David	**Thomas Cocquerel**	Alyssa	**Helen Kim**
Katie	**Celeste Barber**	Carmen	**Chaya Ocampo**
Megan	**Emma Harvie**	Detective Turner	**Duncan Fellows**

Writer Patrick Brammall; Director Trent O'Donnell
Producer Kevin Greene (S) (AD) (HD)

10.35 Newsnight With Victoria Derbyshire. (S) (HD)
Weather (S) (HD)

11.10 Finding Britain's Slave Traders with David Olusoga
2/2. The historian reveals how the slave trade hit its peak in the 18th century. **See review, page 50.**
Shown yesterday 9pm (S) (AD) (HD)

12.10—2.35am Sign Zone 12.10 The Split Up *3/6*
A tumultuous awards ceremony leaves Aria shocked.
See review, page 41. Shown Sunday 9pm BBC One (S) (AD) (HD)
1.10 Not Going Out *1/6.* Lucy's goddaughter Ella has her 20th birthday party in the house. Shown last Wed BBC One (S) (AD) (HD)
1.35 Emergency 24/7 *5/6.* The trauma team treats a motocross rider who came off his bike at 50mph. (R) (S) (AD) (HD)

ITV1 3



Nations League Football *7.00pm*
Czech Republic captain Ladislav Krejci

4.00pm Deal or No Deal
Matthew tries to outwit the cunning Banker.
Director Ollie Bartlett; Series producer Sarah Timbury
Signed repeat 5.05am (R) (S) (AD) (HD)

5.00 The Chase
Mark, Cat, Elliot and Doyin take on a Chaser.
Executive producers Martin Scott, Michael Kelpie and Helen Tumbridge (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.00 Nations League Football
Czech Republic v England
Mark Pougatch presents all the action from the second Group A3 match for both teams at Fortuna Arena in Prague (kick-off **7.45**).
These sides last met at Euro 2020, when a goal by Raheem Sterling gave England a 1—0 win at Wembley. However, the Three Lions' last visit to this ground saw them suffer a 2—1 defeat in qualifying for that tournament in 2019. Harry Kane gave England an early lead before the Czechs turned the game around with strikes by Jakub Brabec and Zdenek Ondrasek.
With analysis from Roy Keane and Ian Wright, commentary by Sam Matterface and Lee Dixon, and reports from Gabriel Clarke.
Director Paul McNamara; Editor Phil Heslop (S) (HD)
Scotland v Switzerland 7.30pm BBC Two

10.05 ITV News
Weather; Regional News and Weather (S) (HD)

10.50 Fatal Lies: True Crime Presents
Raneem Oudeh is threatened after learning her husband is already married. She dials 999 for help, but it leads to a tragic end. (R) (S) (AD) (HD)

11.45 The Assembly
Former First Minister for Scotland Nicola Sturgeon faces questions from a group of autistic and learning-disabled interviewers.
Director Céin McGillicuddy; Series producer Steve Earley (R) (S) (HD)

12.10am Home Shopping (HD)
3.00 Wheel of Fortune Game show. (R) (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am Deal or No Deal Matthew competes against the Banker. Shown 4pm (S) (SL) (AD) (HD)

NATIONS LEAGUE
Jude Bellingham was one of the stars of the World Cup as he helped England to a third-place finish. After making a fine start to the season with Real Madrid, can he keep up his good form in Prague this evening?



ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



Tempting Fortune *9.30pm* Rob Beckett teases the players with some tasty treats

4.00pm Help! We Bought a Village
Simon and Anita discover that they aren't the only residents living in their grand estate.
Repeated tomorrow 11am 4seven (S) (HD)

5.00 Four in a Bed
Melissa wants to provide all things luxury at Wilton House in Belfast city centre. (S) (HD)

5.30 Come Dine with Me
Dave serves up a daring menu.
Director/Producer Nick Webb (R) (S) (HD)

6.00 A New Life in the Sun: Where Are They Now?
Wine bar owners Graham and Damon take their love of food and wine to the wedding market.
Repeated tomorrow 9am 4seven (R) (S) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 The Great British Bake Off
RT *2/10.* It's Biscuit Week and there's a trip Stateside for the bakers in the Signature as they make American-style cookies. In the Technical, they take a journey back in time for a nostalgic classic. But nothing is as it seems and they must rely on their taste alone to create this beloved bake. For the Showstopper, a visually striking biscuit mosaic tests the bakers' artistic flair. **See page 60.**
Exec producers Ralph Lee and Jenna Mansfield; Series editor Sophia Reid Simulcast with signing on 4seven Rptd Friday 7.30pm 4seven and with signing tomorrow 12.10am Channel 4 (S) (AD) (HD)
See feature: page 8

9.30 Tempting Fortune
RT *Ep 2 Series 3.* The groups are reunited and tensions rise when trust is put to the test. The group elects its first leader, handing Jennie the job of keeping everyone in check. But with leadership comes sweet temptation, as Rob Beckett offers Jennie the chance to treat the camp to some frozen favourites amid the sweltering heat. **See page 61.**
Executive producers Jon Crisp, Joe Wildman, Sanjay Singhal and Melanie Darlaston; Series director Mark Drake Rptd Friday 2.05am 4seven and signed Thursday 12.05am Channel 4 (S) (AD) (HD)

10.35 The Great British Bake Off: Second Helpings
2/10. Jon Richardson and Judi Love celebrate the standout moments from episode two.
Series producers Isabel Forte and Jessie Swanson; Series director Jeanette Goulbourn Signed repeat Thursday 1.05am (S) (AD) (HD)

11.20 Gogglebox
4/16. More frank responses. (R) (S) (SL) (AD) (HD)

12.20am Ramsay's Kitchen Nightmares USA The chef visits a Danish restaurant in Florida. (R) (S) (SL) (HD)
1.10 Taskmaster *4/10.* Chloe Petts sticks googly eyes to a body part. Shown last Thursday (S) (SL) (AD) (HD)
2.05 The Great Celebrity Pottery Throw Down *3/5* The celebrities face the challenges of Raku week. **See review, p40.** Shown Sunday 7.45pm (S) (SL) (AD) (HD)
3.10 Apocalypse *3/8.* A fragile peace deal is agreed. **See review, p41.** Shown Sunday 9pm (S) (SL) (AD) (HD)
4.00 Location, Location, Location House hunting in Surrey and Kingston upon Thames. (R) (S) (SL) (HD)
4.55—5.50am Couples Come Dine with Me Three couples from south Wales compete. (R) (S) (HD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



The Big Steam Adventure *6.00pm*
Peter, Piglet and John hit Dorset in style

5.25am Milkshake! See page 66
9.15 Jeremy Vine (S) (HD)
11.30 Storm and Alexis Discussion. (S) (HD)
12.45pm 5 News (S) (HD)
12.50 Matt Allwright Debate. (S) (HD)
2.20 If I Can't Have You ★★ Mystery. A stalker launches a campaign of terror against a radio host. Director David DeCoteau (2023) (S) (HD)
4.00 Bargain-Loving Brits in the Sun Sean prepares for his big gig. Repeated 2.45am (R) (S) (HD)

5.00pm 5 News (S) (HD)

6.00 The Big Steam Adventure
3/4 Series 2. John Sergeant, Peter Davison and Paul "Piglet" Middleton take to a T3 train for a journey through the Dorset countryside. (R) (S) (HD)
6.55 5 News Update (S) (HD)

7.00 Traffic Cops: Elite Squad One
Paul Buckley races to intercept a suspected fraudster on the A1, while Paddy Green ends up in a dangerous high-speed pursuit.
Series producer Simon Meehan
Executive producer Tayte Simpson (R) (S) (HD)
7.55 5 News Update (S) (HD)

8.00 Motorway Cops: Catching Britain's Speeders
A 999 call comes in from a motorist on the M6, concerned about a Honda driver who is veering all over the road. Sergeant Phil Smith and PC Elly Martin race to catch up before there's a serious collision.
Series director Sam Knowles; Executive producers Pam Cavannagh and Dympna Jackson (S) (HD)

9.00 Surgeons: a Matter of Life or Death
1/6 Series 3. Julian, an ex-chef, needs surgery to remove a tumour on the back of his tongue.
Directors John Bonny, Simon Bowyer, Edmund Davis, Louise Pirie
Producers Simon Bowyer, Edmund Davis, Louise Pirie
Postponed from last Tuesday (R) (S) (HD)

10.30 The Hospital: Life on the Line
Ep 1. A look inside Clydebank's NHS Golden Jubilee University National Hospital. Andy, 54, waits for a donor heart to become available.
Directors Mark O'Brien and Cailean Watt
Executive producer Jo Roe (R) (S) (HD)

11.35 Casualty 24/7: Every Second Counts
Ep 1 Series 8. The casualty department is busy as ever, as a man arrives with serious burns, which need to be doused with water.
Directors/Producers John Nichols and Anna Evans (R) (S) (HD)

12.35am Cops Deputies must work together to stay on the tail of a fleeing vehicle. (R) (S) (HD)
1.00 Home Shopping (R) (S) (HD)
2.00 The Big Steam Adventure The trio journey down the River Ouse in a 21-foot steam launch. (R) (S) (HD)
2.45 Bargain-Loving Brits in the Sun Shown 4pm (S) (HD)
3.35 Holidaying with Jane McDonald and Friends The singer enjoys a fun trip to Portugal. (R) (S) (HD)
4.25 Warship: Life in the Royal Navy Kate Humble enters the secret world of submarines. (R) (S) (AD) (HD)
5.15—5.25am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC ONE SCOTLAND
1.50am Scotcast: discussion on Scotland's biggest news stories **2.20** Weather for the Week Ahead **2.25—6.00** BBC News

BBC SCOTLAND
7.00pm Reporting Scotland **7.30** International Football: Scotland v Switzerland, the second Nations League Group B2 match for both teams, from Hampden Park (kick-off 7.45) **10.00** Paramedics on Scene: a crew helps a woman who has been thrown from a horse near Dunbar **11.00** Scotcast **11.30—12 midnight** Eat the Town: Natalie and Dazza head to Arbroath

STV
10.35pm STV News **10.45** Scotland Tonight **11.10** Westside: comedy crime drama **12 midnight—3.00am** Home Shopping

BBC TWO WALES
3.45pm Welsh First Minister's Questions **4.45** South Pacific **5.45—6.00** Flog It!

ITV1 WALES
10.50—11.45pm Sharp End: political discussion

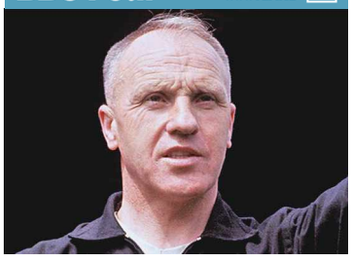
BBC TWO NORTHERN IRELAND
10.00pm The Chronicles of Foyle: it's spring and the Foyle bursts into colour **10.30—10.35** Barra on the Foyle: Barra Best travels along the Foyle network **11.10** Colin from Accounts: Ash reunites with her long-absent father **11.40—12.10am** Mortimer and Whitehouse: Gone Fishing: Paul Whitehouse and Bob Mortimer try to catch tench in Norfolk

UTV
10.50—11.45pm View from Stormont: political developments in Belfast, London and Dublin

BBC FOUR and Freeview channels listings overleaf ▶

TUESDAY FREEVIEW CHANNELS

BBC Four 24 IN SCOTLAND 9



The Three Kings *10.00pm* King of the Kop: Liverpool legend Bill Shankly

7.00pm Canals: the Making of a Nation
Engineering. Liz McIvor tells the story of the canal builders who struggled with the rugged terrain of the Pennines. From 2015. More tomorrow 7pm.
Director/Producer Paul Craven Rptd 12.40am (S) (HD)

7.30 Timothy Spall: Back at Sea
1/4. **The Luck of the Irish Sea.** The actor and his wife Shane embark on a journey from Cardiff to Clydebank, negotiating treacherous waters and gale-force winds in their barge the *Princess Matilda*. First shown in 2011. More tomorrow 7.30pm.
Repeated 2.10am (S) (AD) (HD)

8.00 To the Manor Born
3/6 Series 2. **Never Be Alone.** A valuable piece of DeVere's antique china disappears. Peter Bowles and Penelope Keith star. From 1980. A box set is on iPlayer.
Writer Peter Spence; Producer Gareth Gwenlan (S)

8.30 Keeping Up Appearances
1/11 Series 5. **Senior Citizens' Outing** Hyacinth helps with an OAP day-trip. Patricia Routledge and Clive Swift star. From 1993. A box set is on iPlayer.
Writer Roy Clarke; Director/Producer Harold Snoad (S)

9.00 The Boleyns: a Scandalous Family
3/3. **The Fall.** With the support of his chief minister Thomas Cromwell, King Henry VIII breaks with Rome and becomes the head of the Church of England, allowing him to annul his marriage to Catherine of Aragon and make Anne Boleyn his wife. First shown in 2021. The whole series is on iPlayer.
Director Katie Greening; Producers Kathryn Ellinger and Katie Greening Repeated 1.10am (S) (AD) (HD)

10.00 The Three Kings
RT The story of how Sir Matt Busby, Bill Shankly and Jock Stein grew up within 30 miles of one other and went on to become three of the most influential men in football history. The programme reveals how they led Manchester United, Liverpool and Celtic from the doldrums to achieve unimaginable success, captivating millions of fans and becoming three of the most famous sporting institutions on the planet. Watch now on iPlayer. **See p61.**
First shown on BBC Scotland (S) (AD) (HD)

11.40 The Cult Next Door
In 2013, three women emerged from a flat in south London after decades in captivity. Their escape uncovered the story of a cult founded in the 1970s by student Aravindan Balakrishnan, who created a political sect that followed the teachings of China's Chairman Mao. In this film, two of the women who escaped share their story. From 2017. Watch now on iPlayer.
Director/Producer Vanessa Engle
Signed repeat 2.40am (S) (AD) (HD)

12.40am Canals: the Making of a Nation
Shown 7pm (S) (HD)
1.10 The Boleyns: a Scandalous Family
Shown 9pm (S) (AD) (HD)
2.10 Timothy Spall: Back at Sea
Shown 7.30pm (S) (AD) (HD)
2.40—3.40am The Cult Next Door
Shown 11.40pm (S) (SL) (AD) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three 23



Stacey Dooley Sleeps Over USA *9.00pm* Meeting a gun-loving family

7.00pm *New.* The Catch-Up (S) (HD)

7.05 Horrible Histories
A pirate captain worries about going to bed early and a First World War soldier tries to cook fake food. (S) (AD) (HD)
7.30 A humorous look at cleaning clothes in the Middle Ages and a pharaoh's novel way to combat flies. (S) (AD) (HD)

8.00 Sort Your Life Out with Stacey Solomon
The team helps the Mistry family declutter. Mum Nila arrived in the UK in the 1970s with a handful of possessions, so she struggles to let go of items the family worked hard to acquire. From 2024. (S) (AD) (HD)

9.00 Stacey Dooley Sleeps Over USA
RT *1/3 Series 1.* Stacey meets unusual American families, beginning with nine-year-old Autumn, who owns 36 guns and has a YouTube channel. (S) (AD) (HD)
9.40 *2/3.* In Virginia, Stacey meets a unique family: Mya was born a man and Kennedy was born a woman, but they transitioned after the birth of their sons. (S) (AD) (HD)
10.25 *3/3.* Meeting a couple with a 37-year age gap. The whole series is on iPlayer from today. **See page 61.**
First shown on U&W (S) (AD) (HD)

11.10 Britney: in Ten Pictures
3/3 Series 3. Examining the life of pop idol Britney Spears, through 10 key photos. The whole series is on iPlayer. (S) (AD) (HD)
12.10am P Diddy: the Rise and Fall (S) (AD) (HD)
1.10 Thailand: the Dark Side of Paradise (S) (HD)
2.40 Ellie and Natasia (S) (HD) **2.55—3.55am** Amanda and Alan's Italian Job (S) (SL) (AD) (HD)

BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2 6

6.00am Backyard Builds (S) (HD) **6.25** Dinner Date (S) (AD) (HD) **7.30** The Real Housewives of Potomac (S) (HD) **8.20** The Real Housewives of Beverly Hills (S) (HD) **9.15** The Only Way Is Essex (S) (HD) **10.15** Dawson's Creek (S) (HD) **11.10** Charmed (S) (HD) **12.05pm** Deal or No Deal (S) (AD) (HD) **1.05** Supermarket Sweep (S) (HD) **2.10** Celebrity Wheel of Fortune (S) (AD) (HD) **3.10** The Only Way Is Essex (S) (HD) **4.10** The Real Housewives of Potomac (S) (HD) **5.00** The Real Housewives of Beverly Hills (S) (HD)
6.00pm Celebrity Catchphrase Stephen Mulhern hosts the quiz as Nadine Coyle, Rick Edwards and Jake Wood compete. (S) (AD) (HD)
7.00 Ant & Dec's Limitless Win Childhood sweethearts Bianca and Ky, and sisters Tracy and Tina take on the money ladder. (S) (AD) (HD)
8.00 The 1% Club Lee Mack hosts the game show where 100 contestants set out to answer increasingly difficult logic problems. (S) (AD) (HD)
9.00 *New.* Big Brother A group of contestants live under 24-hour surveillance as they try to avoid eviction and win a cash prize. (S) (HD)
10.00 *New.* Big Brother: the Group Chat Interviews with evicted housemates, celebrity fans and special guests. (S) (HD)
11.05 Family Guy *Series 9.* Peter discovers Lois's father is having an affair. (S) (AD) (HD)
11.35 *Series 14.* Lois gets a job as a postal worker to pay for Stewie's school. (S) (AD) (HD)
12.05am American Dad!: double bill (S) (AD) (HD)
1.05 Bob's Burgers (S) (AD) (HD) **1.55** Plebs (S) (SL) (AD) (HD) **2.20—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115 +1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3 10



Downton Abbey *10.00pm* Cora's mother Martha arrives for a wedding

6.00am Wild at Heart: *10/10 Series 2.* Du Plessis regains consciousness and returns to Leopard's Den (S) **7.05** Classic Emmerdale (S) (AD) **8.05** Classic Coronation Street (S) (AD) **9.10** Inspector Morse: *Series 3. The Ghost in the Machine.* An aristocrat goes missing (S) (AD) (HD) **11.35** Heartbeat: *22/26.* Bellamy investigates a shooting (S) (AD); **12.35pm** *23/26* The police reopen an old murder case (S) (AD)
1.35pm The Royal: *4/14 Series 3.* A mining accident puts Dr Goodwin's reputation on the line (S) (AD) **2.40** Wild at Heart: *1/8 Series 3* Sarah and Caroline invest in luxury lodges to attract richer clients (S) **3.40** Classic Emmerdale: double bill. Debbie fears for her chances of winning custody of Sarah, then Cain is given a hero's welcome by the Dingles (S) (AD)

4.40pm Classic Coronation Street
Dev offers Teresa a place to stay and three of Jack's pigeons go missing. (S) (AD)
5.15 Joe collapses in his van. (S) (AD)

5.50 Heartbeat
24/26 Series 14. Lord Ashfordly's guests arouse suspicion in the village. (S) (AD)
6.55 *25/26.* A hit-and-run incident turns out to be far more sinister. (S) (AD)

8.00 Vera
2/4 Series 10. **Parent Not Expected.** When the body of a 19-year-old man is washed up on the shore of a rural Northumberland estate, DCI Vera Stanhope has to unravel a web of deceit. (S) (AD) (HD)

10.00 Downton Abbey
1/9 Series 3. Cora's mother sweeps in for Matthew and Mary's wedding. (S) (AD) (HD)

11.30 Scott & Bailey
3/3 Series 5. Janet's attempts to help Taisie result in a complaint, all but destroying her faith in justice. (S) (AD) (HD)
12.20am Inspector Morse: *2/3 Series 7. The Day of the Devil.* The sleuth hunts down an escaped convict. Keith Allen guest-stars (S) (AD) (HD) **2.25—2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117 +1 Freeview 58 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4 26

6.00am American Pickers (S) (HD) **8.05** Minder (S) (SL) (AD) **9.10** The Champions (S) **10.15** The Grand Fishing Adventure (S) (AD) (HD) **11.20** The Professionals (S) (AD)
12.25pm The Champions (S) **1.35** American Pickers: two editions (S) (HD) **3.40** The Professionals (S) (AD) **4.45** Sharpe: an old enemy of Sharpe's returns (S) (HD)
7.00pm *New.* King of the Roads Highlights as some of motorcycle racing's biggest stars took a step back in time with the Classic Bike Festival Ireland. (S) (HD)
8.00 *New.* World Superbike Highlights Action from the meeting at Cremona Circuit in Italy. With just two further meetings remaining after this one, Nicolò Bulega looked all but certain to win the title. (S) (HD)
9.00 FILM Rocky III ★★ Boxing drama starring, written and directed by Sylvester Stallone. When new challenger Clubber Lang appears on the boxing scene, Rocky Balboa is advised to retire rather than meet him in the ring. **Review page 67.** (S) (AD) (HD)
11.10 *New.* All Elite Wrestling: Collision Hard-hitting action from the US. (S) (HD)
1.00am Dark Side of the Ring: the story of Nick Gage (S) (HD) **2.00—3.00am** BattleBots (S) (HD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118 +1 Freeview 59 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama 20



Miss Marple *8.00pm* Nursery crime: a murder in the counting house

7.30am The Bill Repeated 12 noon (S) **8.25** Doctors: double bill. An old lady demands an apology from Karen, then Simon tries to help an old friend (S) (HD) **9.40** Classic Holby City: Kyla realises what Max really needs (S) **11.00** Casualty: a father and his sons get into trouble over a hidden bag of cash (S) (AD) (HD)
12 noon The Bill: Carver is suspected of a cover-up Shown 7.30am (S) **1.00pm** Classic EastEnders: double bill. Michael manipulates Jack, then Kat refines her victim statement (S) (HD) **2.20** Classic Neighbours: double bill. Max seeks revenge on his noisy neighbour, then Eileen helps Joan plan the wedding (S) (HD) **3.20** Sister Boniface Mysteries: *10/12 Series 2.* A resident is found poisoned (S) (AD) (HD) **4.20** Father Brown: *10/10 Series 1. The Blue Cross.* The priest's priceless Blue Cross is targeted by an infamous criminal (S) (AD) (HD) **5.20** As Time Goes By: *4/7 Series 6.* Jean and Lionel spend a weekend in the country (S)

6.00pm Last of the Summer Wine
Series 17. **The First Human Being to Ride a Hill.** Pearl confiscates Howard's bike. (S) (AD)
6.40 Captain Clutterbuck's Treasure
The friends get a taste of wealth. (S) (AD)
7.20 Desperate for a Duffield. Compo tries to find an old girlfriend. (S) (AD)

8.00 Miss Marple
4/4 Series 1. **A Pocketful of Rye**
A businessman is found dead. (S) (AD)

10.10 New Tricks
1/10 Series 12. **Last Man Standing 1/2.** The body of a policeman is found. (S) (AD) (HD)

11.10 Copper
12/13 Series 2. **Beautiful Dreamer**
Corcoran works to remain hidden. (S) (HD)
12.10am Lovejoy: *7/14 Series 4.* The antiques expert stumbles on a bargain (S) **1.10** Sister Boniface Mysteries: *1/8 Series 3.* An actor is murdered (S) (AD) (HD) **2.20** At Home with the Braithwaites: *1/6 Series 4.* David and Alison plan a divorce (S) **3.10—4.00am** You're Killing Me: *5/6.* A live interview turns shocking (S) (SL) (HD)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Freely 260 Sky 243 Virgin 316

U&Dave 19

7.10am Pointless **8.00** Border Force: America's Gatekeepers (AD) **10.00** Rick Stein's Cornwall
12 noon Hairy Bikers' Best of British **1.00pm** Top Gear (AD) **3.00** James May's Cars of the People (AD) **4.00** Rick Stein's Cornwall
6.00pm Hairy Bikers' Best of British Celebrating British food festivals.
7.00 Mortimer and Whitehouse: Gone Fishing Paul and Bob fish in Hay-on-Wye. (AD)
7.40 Would I Lie to You? A double bill of previously unseen material from the show.
9.00 Have I Got a Bit More News for You David Tennant hosts an extended edition, with Richard Osman and Lucy Beaumont joining Paul Merton and Ian Hislop.
10.00 QI XL Stephen Fry is joined by Ruby Wax, Ross Noble and Sean Lock
11.00 Eight out of 10 Cats With Richard Osman, Ellie Taylor, Jessica Knappett and David O'Doherty. Jimmy Carr hosts.
11.50 Mock the Week Dara O Briain hosts as Maisie Adam, Ed Byrne, Larry Dean, Ed Gamble and Tiff Stevenson take a look at the news.
12.30am Would I Lie to You? **1.50** QI XL **2.40** Richard Osman's House of Games **3.25—4.00am** Judge Romesh: a prankster boyfriend is in court

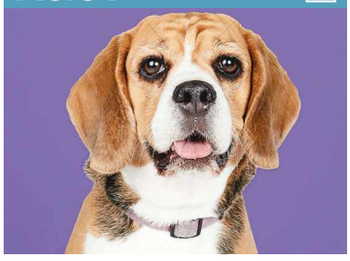
U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

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More4 18



The Dog House *7.55pm* Beagle Zoe hopes to find her forever home

8.55am Four in a Bed **11.35** Come Dine with Me **2.15pm** Four in a Bed **4.50** Car SOS (AD)
6.50pm The Dog House Laura and Paul hope that Luna, a beautiful but nervous saluki, will hit it off with their labrador Dave, while enthusiastic setter-poodle pup, Obi endeavours to impress Mike and Tracey. (AD)
7.55 Jasmine, 18, is searching for a dog to replace her twin sister Shola, who is leaving to start university. Will beagle Zoe make the perfect new sibling? Staff hope that poodle Jim will be the ideal match for 12-year-old Lexi, who is looking for a bedtime companion. (AD)
9.00 24 Hours in A&E Fifteen-year-old Natai is rushed to A&E with a lacerated wrist after putting his hand through a glass pane. Pauline, 76, was found collapsed in bed with severe shortness of breath and a tight chest. (AD)
10.00 Jonathan is rushed to St George's after being hit by a car as he was cycling home from work. Former Baptist minister Clifford, 92, is brought in after falling while out walking near his home, and painter and decorator Wayne has sustained a wrist injury which is proving difficult to diagnose. (AD)
11.05 999: on the Front Line Paramedics help a man, with a history of heart attacks, who is experiencing severe chest pain and treat a 102-year-old woman who may have developed deep-vein thrombosis.
12.05am Emergency Helicopter Medics (AD)
1.05 24 Hours in A&E (AD) **2.10** 999: on the Front Line **3.15—3.45am** A Place in the Sun

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Hollyoaks Shown last Wednesday/yesterday (AD) **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine with Me: in Bedfordshire **8.00** Ramsay's Hotel Hell (SL) (AD) **9.00** Ramsay's Hotel Hell (AD) **10.00** Below Deck Down Under (AD) **11.00** Modern Family (AD)
12 noon The Simpsons (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family (AD) **5.00** The Simpsons: four episodes (AD)
7.00pm *New.* Hollyoaks Warren is furious with Mercedes. Repeated tomorrow 6.30am (AD)
7.30 Brooklyn Nine-Nine *22/22 Series 1* Peralta risks suspension over a case. (AD)
8.00 *New.* Below Deck Down Under Daisy reaches her breaking point. (AD)
9.00 Gogglebox Opinions on *I'm a Celebrity... Get Me Out of Here!* and *Tiger King 2*. (AD)
10.00 *Miriam and Alan: Lost in Scotland* is reviewed. From December 2021. (AD)
11.05 First Dates Divorcee Jo is introduced to pub landlord Sam, while voice-over artist Ingrid is paired with cinema operator Simon. (AD)
12.05am Naked Attraction (AD) **1.10** Gogglebox (SL) (AD) **2.15** Below Deck Down Under (AD) **3.00** Ramsay's Hotel Hell (SL) (AD) **3.50** The Simpsons (AD) **4.15** The Goldbergs (AD) **5.05** Brooklyn Nine-Nine (AD) **5.30—6.00am** Modern Family (AD)

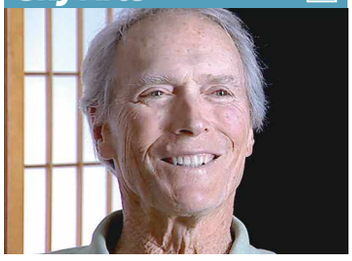
E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Celebrity Fantasy Homes **7.00** Shopping **8.00** Escape to the Country (AD) **9.00** Salvage Hunters **12 noon** Derbyshire Auction House (AD) **2.00pm** Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family: What Happened Next (AD) **6.00** Repair Shop **7.00** Yorkshire Auction House **8.00** Antiques Road Trip (AD) **9.00** Who Do You Think You Are? **11.00** Help! My House Is Haunted **2.00am** Shopping **4.00—6.00am** Salvage Hunters

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



Clint Eastwood: a Life in Film *8.00pm* The actor's reminiscences

6.00am Riverdance 25th Anniversary Show **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents: double bill **11.00** Discovering: Vanessa Redgrave: a profile of the actor (AD)
12 noon Classic Albums **1.00pm** Tales of the Unexpected (AD) **2.00** Alfred Hitchcock Presents **3.00** Master Crafters: the Next Generation: creating a fire poker with a leaf detailing (AD) **4.00** Discovering: Jason Robards (AD) **5.00** Portrait Artist of the Year 2025 (AD)
6.00pm Tales of the Unexpected Three close friends discover an elixir of youth. (AD)
6.30 A man murders his friend. (AD)
7.00 The Alfred Hitchcock Hour A married man finds his beautiful mistress murdered and flees without reporting the crime. (BW)
8.00 Clint Eastwood: a Life in Film The Oscar-winning actor and director discusses his life and work, reflecting on the moments that have defined his career.
9.50 Discovering Westerns on Film Film critics Ian Nathan, Neil Norman and Stephen Armstrong examine the origins and evolution of the movie genre.
11.20 The Movies Films from the 1990s, including *GoodFellas*, *Basic Instinct*, *The Silence of the Lambs* and *Thelma and Louise*.
12.20am Spike Milligan: the Unseen Archive (AD)
2.00 *New.* Yuja: the life of pianist Yuja Wang
3.45 Inside Art: Night Fever at V&A Dundee (AD)
4.10 The Art of the Garden **5.00—6.00am** Master Crafters: the Next Generation (AD)

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am A New Life in the Sun: Where Are They Now? **10.00** Find It, Fix It, Flog It (AD) **11.00** Help! We Bought a Village
12 noon A Place in the Sun **3.00pm** Come Dine with Me: in the Midlands **5.30** Four in a Bed
6.00pm A Place in the Sun A couple look for a home in Poitou-Charentes, France.
7.00 Jamie's 20-Minute Meals *Ep 1.* Real-time cookery demonstrations with Jamie Oliver, including oozy camembert rice. **See review, page 51.** Shown yesterday 8pm Channel 4 (AD)
8.00 *New.* The Great British Bake Off *2/10 Series 17.* In Biscuit Week, the bakers make cookies in the Signature challenge. **Review p60.** Simulcast with Channel 4 (AD)
9.30 The Great Celebrity Pottery Throw Down *3/5.* The celebrities face the challenges of Raku Week. **See review, p40.** Shown Sunday 7.45pm Channel 4 (AD)
10.45 Inside the World's Most Luxurious Motorhomes A look inside rising F1 star Ollie Bearman's £1.2 million palace on wheels. (AD)
11.50 24 Hours in A&E Superbike rider Max is rushed in after a motorcycle crash. (AD)
12.50am 999: What Happened Next (AD)
1.50 Geordie Coppers (AD) **2.50** Gogglebox **3.50—4.50am** Celebrity Gogglebox (AD)

4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Lingo **2.00** Tenable **3.00** Who Wants to Be a Millionaire? **4.00** Riddiculous **5.00** Deal or No Deal (AD) **6.00** Lingo **9.00** Wheel of Fortune: Graham Norton hosts (AD) **10.00** Tipping Point
12.55am Tenable: five police colleagues take part **1.50** Riddiculous **2.40—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Frozen Planet *7.00pm* The battle for survival in the polar regions

6.10am Secrets of the London Underground (AD) **8.00** Bangers and Cash (AD) **10.00** Hitler's Supercars **11.00** Battle Honours (AD)
12 noon Antiques Roadshow **2.00pm** Bangers and Cash (AD) **4.00** Hitler's Supercars **5.00** Battle Honours (AD)
6.00pm Antiques Roadshow Fiona Bruce presents from Hanbury Hall, Droitwich, where objects include a narwhal tusk.
7.00 Frozen Planet Temperatures plummet as winter arrives in the polar regions. (AD)
8.00 Bangers and Cash: Restoring Classics The team gets creative with a Fiat 126. (AD)
9.00 Bangers and Cash Derek is off to Oswestry to collect two family heirlooms, including a 1927 Sunbeam and a 1957 Isis. (AD)
10.00 Derek picks up a 1956 Siva Tourer, made famous in *Doctor Who*. (AD)
11.00 Dave meets the owner of a Reliant Robin who's selling it to raise money for charity. (AD)
12 midnight Dave heads for an isolated tent in the Midlands to collect a Triumph Toledo. (AD)
1.00am Find It, Fix It, Flog It **2.00—3.00am** Secrets of the London Underground (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am Salvage Hunters: the Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters
1.00pm The Repair Shop **2.00** Shed and Buried **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House: double bill
7.00pm Antiques Road Trip Steven Moore and Angus Ashworth look for bargains, before attending an auction at Kinbuck. (AD)
8.00 Ant Anstead: Born Mechanic Ant heads to Hartlepool to view his dream car: a 1976 Morgan 4/4. But poor bodywork, oil leaks and worn bearings could spell disaster.
9.00 *New.* Vinnie Jones in the Country *3/6 Series 3.* Vinnie eyes a luxury motor, and tempers flare over a chicken coop.
10.00 The Repair Shop Experts repair a cast iron statue of Roman god Hercules.
11.00 How Do They Do It? The farming of saffron and how roads are made from ice.
11.30 How toilet paper is made from trees.
12 midnight How Do They Do It? **1.00am** Salvage Hunters **3.00** Salvage Hunters: the Restorers **4.00—5.00am** How It's Made

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

7.00am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing to Declare **11.00** Border Security: Canada's Front Line **12 noon** Caught on Dashcam **1.00pm** Police 24/7 **2.00** Nothing to Declare (AD) **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00pm** Star Trek: Voyager **7.00** Star Trek: the Next Generation: Data believes a new life-form is emerging **8.00** Hawaii Five-0: McGarrett awaits trial for the Governor's murder **9.00** Law & Order: Criminal Intent: double bill. A wealthy girl becomes embroiled in a murder case, then a financier's family is kidnapped **11.00** Grimm: Nick and Hank encounter an insect-like Wesen that feeds on human misery
12 midnight Wynonna Earp **1.00am** Road Wars **2.00** Police 24/7 **3.00** Highway Patrol **4.00** Border Patrol **5.00—6.00am** Highway Cops

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Entertainment News **9.10** NCIS: three episodes (AD) **12 noon** Law & Order **6.00pm** NCIS *Series 6.* Triple bill. A robbery is committed by a man believed dead (AD) **7.00** McGee tries to quell a crisis in a women's prison (AD) **8.00** Ducky is accused of war crimes in Afghanistan (AD) **9.00 *New.*** Law & Order: Special Victims Unit *Series 26.* A high-school principal catches a pupil sexting First shown on Sky Witness **10.00** NCIS: Los Angeles *Series 7.* A prisoner escapes custody during a flight from Singapore **11.00** Law & Order: Special Victims Unit: triple bill
1.55am Beauty and the Beast: two episodes
3.45—4.00am Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun **10.00** Call the Bailiffs: Time to Pay Up (AD) **11.00** Traffic Cops: three editions **2.00pm** Police Interceptors: triple bill **5.00** Rogue Claimers
6.00pm Home and Away The Fowler family comes together. Shown yesterday 6.30pm (AD)
6.30 *New.* Mali gets a big idea and Remi feels on the outer. Repeated tomorrow 6pm (AD)
7.00 GPs: behind Closed Doors A man with a gambling addiction and anger issues. (AD)
8.00 Casualty 24/7: Every Second Counts The department is at risk of gridlock. (AD)
9.00 Street Cops: Catching the Yobs
10.00 999: Critical Condition A man has numerous injuries after being trapped in his car.
11.00 Skin A&E Cysts, lipomas and skin tags.
12 midnight 999: Emergency Call Out **1.00am** Motorway Cops: Catching Britain's Speeders
2.00 Casualty 24/7: Every Second Counts (AD)
2.45 Skin A&E **3.35—4.00am** Home and Away (AD)

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Entertainment News **9.15** Trucking Hell **10.30** Police Interceptors (AD)
12.30pm FILM The Redhead and the Cowboy ★★★ Wartime western starring Glenn Ford. **Review page 67 2.15 FILM** Copper Canyon ★★★ Western starring Ray Milland and Hedy Lamarr **4.00** Traffic Cops **5.00** Motorway Cops: Catching Britain's Speeders: a member of the public makes a citizen's arrest (AD)
6.00pm Police Interceptors The Essex team chases a kidnapper in a truck for four hours across three counties.
7.00 The new high-speed police unit chases a stolen car through Essex suburbs.
8.00 A motorist speeds through the Nottinghamshire countryside.
9.00 Motorway Cops: Catching Britain's Speeders Jamie and Jan chase a speeding motorist on the wrong side of the road. (AD)
10.00 Fare Dodgers: at War with the Law A law student pleads his case after getting caught without a valid ticket.
11.00 The X-Files Mulder and Scully investigate a cult of snake handlers.
12 midnight Winter Road Rescue
1.00am Ice Road Truckers **2.00** Trucking Hell (AD) **3.50—4.00am** Entertainment News

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Dogs Behaving (Very) Badly (AD)
11.00 Ben Fogle: New Lives in the Wild
1.00pm Murder, She Wrote (AD) **3.00** Columbo **4.35** Around the World by Train with Tony Robinson **5.00** Inside the Tower of London
7.00pm Ben Fogle: New Lives in the Wild Ben visits a British couple in Tuscany.
8.00 Ben spends time with Rob, a man he previously met living in California's Slab City.
9.00 Warship: Life in the Royal Navy Kate Humble goes on board HMS *Iron Duke*. (AD)
10.00 Battlefront: WWII Road to Victory A look at how, in 1944, US forces launched a final push to retake the Philippines.
10.30 The turning point of the Pacific War.
11.00 Prisoner: Cell Block H Double bill.
1.00am Dogs Behaving (Very) Badly **3.00** Inside the Tower of London: a Japanese warship berthed near the Tower **3.50—4.00am** Entertainment News

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 **Sky News** Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

TUESDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.25am Ben and Holly's Little Kingdom **6.00** Peppa Pig **6.10** Tweedy & Fluff **6.15** Odo **6.20** Thomas & Friends **6.35** Fireman Sam **6.45** Peppa Pig **6.50** Pip and Posy **6.55** The Adventures of Paddington **7.10** Paw Patrol **7.20** Rubble & Crew **7.30** Peppa Pig **7.45** Tim Rex in Space **8.00** Stan & Gran **8.15** ***New.*** Paw Patrol: Mayor Humdinger tries robotic football boots **8.25** Milo **8.40** Peppa Pig **8.55** Ben and Holly's Little Kingdom **9.05—9.15am** Milkshake! Story Den

Full listings for 5 are on page 53

CBeebies 202

6.00am Roots and Fruits **6.05** Bing **6.15** Teletubbies **6.30** Tee and Mo **6.35** Colourblocks **6.40** Bluey Minisodes **6.45** Bing **6.55** Mojo Swoptops **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Wonderblocks **8.25** Love Monster **8.30** Justin's House **9.00** Bing **9.05** Yakka Dee! **9.10** Maddie & Triggs **9.20** Piggy Builders **9.30** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.40** I Spy, You Spy **10.45** What's in Your Plant Pot? **10.55** Let's Go for a Walk **11.10** Kiri & Lou **11.15** Bluey **11.25** Hey Duggee **11.30** Teeny Tiny Creatures **11.45** Our Family

12 noon Big Cook Little Cook **12.20pm** Dog Squad **12.30** Time for School **12.40** Waffle the Wonder Dog **1.00** Puffin Rock **1.05** Yukee **1.15** Maddie & Triggs **1.20** Piggy Builders **1.35** Numberblocks **1.40** Alphablocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Andy's Dino Island **2.35** Football Fantastics **2.50** Grace's Amazing Machines **3.05** Musical Storyland **3.15** Vegesaurs **3.20** Octonauts: above and Beyond **3.30** Peter Rabbit **3.45** Hey Duggee **4.00** Time for School **4.10** Supertato **4.20** The Weasy Family **4.30** Mojo Swoptops **4.40** Bluey **4.55** ***New*** Zog: Fifi needs to exercise but has a cart full of pies to deliver **5.10** Dodge's Pup School: Songs **5.20** ***New.*** Waffle's After School Club: Mrs Hobbs is holding a very important tea party **5.30** Rafi the Wishing Wizard **5.40** JoJo & Gran Gran **5.50** Sarah & Duck: some drawings lead the duo to an exciting discovery

6.00pm Clangers **6.10** BeddyByes: BaBa has the hiccups **6.20** In the Night Garden... **6.50—7.00pm** CBeebies Bedtime Stories: Alesha Dixon reads *The Littlest Dreamer, a Bedtime Journey*

CBeebies Freeview 202 **Freely** 352 **Freesat** 601 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Super Happy Magic Forest **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** SpongeBob SquarePants **8.25** Duck and Frog **8.40** Odd Squad **8.55** Shark Bites **9.00** Bitesize Daily: 10—11 Year Olds **9.20** Hey You What If? **9.25** Horrible Histories **9.55** Horrible Science **10.20** Operation Ouch! **10.50** Go Get Arty **11.05** Planet Earth II

12.05pm Our School **12.30** Gym Stars **12.50** Shaun the Sheep **12.55** Octonauts **1.10** Big Lizard **1.20** Piripenguins **1.30** Duck and Frog **1.45** Super Happy Magic Forest **1.55** Grizzy and the Lemmings **2.05** Blue Peter **2.30** Pokémon Horizons **2.50** Shaun the Sheep **3.00** Dennis & Gnasher Unleashed! **3.10** Danger Mouse **3.25** Super Happy Magic Forest **3.35** Boy Girl Dog Cat Mouse Cheese **3.50** Grizzy and the Lemmings **3.55** Duck and Frog **4.05** ***New.*** Pablo Next Level **4.15** Submarine Jim **4.30** The Amazing World of Gumball **4.40** Teen Titans Go! **4.55** What's New Scooby Doo? **5.15** ***New.*** Miraculous: Tales of Ladybug & Cat Noir **5.40** ***New.*** The Football Academy: ex-England star Ledley King takes on Masai in Skill Showdown

6.00pm High Hoops **6.30—7.00pm** ***New.*** The Next Step: Cheer: Heath worries Jax is ashamed of their friendship

CBBC Freeview 201 **Freely** 351 **Freesat** 600 **Sky** 607 **Virgin** 701



1000-lb Sisters *9.00pm*
TLC Tammy looks ahead

U&W 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: the Big Build

7.00pm ***New.*** **MasterChef Australia** It's Knockout Week, and the teams must deliver a two-course fine dining menu for 16 farmers.

8.00 Inside the Ambulance: Coast and Country South Central paramedics treat a pregnant woman who has fallen on her bump. (AD)

9.00 ***New.*** **Paul C Brunson: Red Flag** *7/8.* The relationship expert speaks to Hannah, who survived being taken from her family. (AD)
10.00 ***New. 8/8.*** The relationship expert meets Melanie, whose husband was a fraudster. (AD)

11.00 Nurses Down Under Emergency nurses fight to save a man who has gone into anaphylactic shock. (AD)
12 midnight Mental-health nurse Kate is called into a police station to treat a confused woman. (AD)
1.00—3.00am My Family (AD)

U&W F'view 25 **Freely** 28 **F'sat** 156 **Sky** 132 (133 Scot) **Virgin** 125 **+1** **Sky** 232 (233 Scot) **Virgin** 325

Rewind TV 81

6.00am Flash Gordon's Trip to Mars (BW) **6.25** Only When I Laugh **6.55** Rewind Time Machine **7.00** Boon **8.00** Jack Hargreaves's Old Country **8.30** The Fenn Street Gang **9.00** Bubblegum and Cheese **10.00** Doctor at Sea **10.30** Hallelujah **11.00** Frankie's On **11.30** The Upper Hand **12 noon** The XYY Man **1.00pm** Harry Hill's TV Burp **1.30** The Fenn Street Gang **2.00** Only When I Laugh **2.30** The Other 'Arf **3.00** Hallelujah **3.30** Man in a Suitcase **4.30** Jack Hargreaves's Old Country **5.00** Stereo Underground **6.00** Bubblegum and Cheese **7.00** Harry Hill's TV Burp **7.30** The Upper Hand **8.00** Doctor at Sea **8.30** Faith in the Future **9.00** The Other 'Arf **9.30** Time Gentlemen Please **10.00 FILM** Secrets of Sex ★★ **11.50 FILM** Night Eyes II ★★ **1.50am** Stereo Underground **2.50** Rewind and Remember Bitesize **3.00** as 3.30pm **4.00** as 9.30pm **4.30** as 5pm **5.30—6.00am** Jack Hargreaves's Old Country

Rewind TV Freeview 81 **Freely** 141 **Freesat** 164 **Sky** 182

Great TV 34

8.10am The Waltons **9.10** Bramwell **10.10** Highway to Heaven **11.10** Little House on the Prairie **1.00pm** The Waltons **4.10** Little House on the Prairie **6.00** Rumpole of the Bailey: Rumpole is called in to defend a young man framed by an infamous gang **7.00** M*A*S*H: four episodes. Father Mulcahy becomes a hero **7.30** Father Mulcahy writes home **8.00** BJ becomes a surrogate father **8.30** Hawkeye falls for a Swedish doctor **9.00** Brush Strokes: triple bill **11.00** Robin's Nest: double bill. Robin is offered a new job, then Robin tries to open a bistro

12 midnight M*A*S*H **2.00am** Air Rescue **3.00—4.50am** Highway to Heaven

Great TV Freeview 34 **Freely** 53 **Sky** 157 **Virgin** 170 **+1** Freeview 61 **Sky** 257

Food Network 43

6.00am Jamie: Fast and Simple **7.00** The Hairy Bikers' Comfort Food **8.00** Girl Meets Farm **9.00** Jamie's 15-Minute Meals **10.00** Barefoot Contessa: back to Basics (AD) **11.00** The Great British Bake Off **12.30pm** Mary Berry's Foolproof Cooking **1.00** James Martin's United Cakes of America **3.00** The Hairy Bikers' Comfort Food **4.00** Girl Meets Farm **5.00** The Pioneer Woman **6.00pm** James Martin's United Cakes of America: double bill. The chef samples shoofly pie, then makes a fire and ice cake in Philadelphia **7.00** The Great British Bake Off: the bakers take on three challenges inspired by Germany **8.30** Mary Berry's Foolproof Cooking **9.00** Jamie: Fast and Simple: Jamie Oliver prepares a simple sesame and miso salmon in minutes **10.00** ***New.*** Chopped Castaways: the final four chefs battle over three rounds to be crowned the champion **11.30** Diners, Drive-Ins and Dives

1.00am Man v Food Nation
2.00—3.00am Cake Boss

Food Network Freeview 43 **Freely** 39 **Freesat** 148 **Sky** 144 **Virgin** 168 **+1** **Freesat** 154 **Sky** 244 **Virgin** 368

TLC 12

7.00am The Middle **8.30** Young Sheldon **10.00** The Big Bang Theory (AD) **2.00pm** The Middle **3.30** Young Sheldon **5.00** The Big Bang Theory (AD) **8.00** The Big Bang Theory: double bill. Leonard fails to get Sheldon into the Christmas mood, then Sheldon tells his assistant to stop flirting with Leonard **9.00** ***New*** 1000-lb Sisters: Tammy and Andrea take the first step toward wedding planning **10.00** ***New.*** 1000-lb Roomies: Jaz must face reality after learning that she has gained weight **11.00** Mock the Week: panel show with a twist hosted by Dara O Briain

12 midnight The Middle **1.30am** Dr Pimple Popper **2.30** My 600lb Life **4.30** Say Yes to the Dress: UK **5.00—6.00am** Say Yes to the Dress

TLC F'view 12 **Freely** 17 **F'sat** 144 **Sky** 133 (134 Scot) **Virgin** 113 (128 Scot) **+1** F'view 99 **Freely** 267 **F'sat** 150 **Sky** 233 (234 Scot) **Virgin** 313 (328 Scot/Wales)

That's TV 56

8.05am Upstairs, Downstairs **9.15** You Rang, M'Lord? **10.20** Bread **10.55** Steptoe and Son **11.30** Oh, Doctor Beeching! **12.10pm** Rising Damp **12.35** Man about the House **1.05** Goodnight Sweetheart **1.40** When the Boat Comes In **2.45** Minder **3.50** Whatever Happened to the Likely Lads? **4.25** Man about the House **4.55** Bread **5.30** Birds of a Feather **6.05** Rising Damp: Rigsby buys a sports car in the hope of impressing Miss Jones **6.40** Steptoe and Son **7.20** Whatever Happened to the Likely Lads? **7.55** Minder **9.00** Benidorm **10.00** Shameless **11.00** Man about the House **11.30** Goodnight Sweetheart

12.05am Benidorm **1.05** Minder **2.05** Some Mothers Do 'Ave 'Em **2.40** Man about the House **3.05** The Kenny Everett Video Show **3.30** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.45—6.00am** Byways of Steam

That's TV Freeview 56 **Freely** 42



Gangland Chronicles
10.00pm ***Blaze*** Gang culture

PBS America 84

8.00am Terror on the Space Station **9.25** Titans of the Cold War **10.30** The American Buffalo: a Film by Ken Burns **1.00pm** Grand Tours of the Scottish Islands **1.35** Terror on the Space Station **2.45** Titans of the Cold War **3.50** The American Buffalo: a Film by Ken Burns

6.15pm Terror on the Space Station *2/2.* A look at life and death in low Earth orbit.

7.20 Titans of the Cold War *2/4 Series 2.* Richard Nixon and Mao Zedong break decades of silence between the US and China.

8.25 The Real Truth *3/6.* Breaking down the myths behind fat, learning how good fats can support focus, mood and health.

9.30 The American Buffalo: a Film by Ken Burns *2/2.* How the buffalo was saved from extinction.

12 midnight Titans of the Cold War **1.10—2.00am** Grand Tours of the Scottish Islands: the Uists

PBS America F'view 84 (1pm-12 midnight only) **Freely** 49 **Freesat** 155 **Sky** 173 **Virgin** 187

U&Eden 57

9.00am Inside the Ambulance **5.00pm** Portillo's Empire Journey **7.00** Great War Stories (AD) **8.00** Hitler's Supercars **9.00** The Battle of Britain: Colin and Ewan McGregor retell the story of the conflict **10.00** Portillo's Empire Journey

12 midnight Great War Stories (AD) **1.00am** Hitler's Supercars **2.00** The Battle of Britain **3.00** Portillo's Empire Journey **4.40** Great War Stories (AD) **5.30—6.00am** David Attenborough's Natural Curiosities (AD)

U&Eden Freeview (HD only) 57 **Freely** 142 **F'sat** 160 **Sky** 166 **Virgin** 176 **+1** **Sky** 266 **Virgin** 376

Blaze 64

6.00am Real Deal **6.45** Pawn Stars **7.30** Storage Wars Canada **8.25** Storage Hunters **9.20** Storage Wars **1.05pm** Pawn Stars **2.05** Storage Wars Canada **3.05** Ancient Aliens **5.00** In Search of Aliens **6.00** Junk and Disorderly **7.00** Real Deal **9.00** Hells Angels: Kingdom Come **10.00** Gangland Chronicles **11.00** Prison Chronicles **12 midnight** My Strange Arrest **1.00am** In Search of Aliens **2.00** The Killer Interview **3.00** as 6pm **3.45** Hardcore Pawn **5.00—6.00am** Real Deal

Blaze Freeview 64 **Freely** 41 **Freesat** 161 **Sky** 156 **Virgin** 174

Challenge 48

7.00am The Chase **9.00** Celebrity Chase (AD) **10.00** Bidding Room **11.00** Antiques Road Trip **12.15pm** Family Fortunes **1.00** Cash Trapped **2.00** Bridge of Lies **3.00** The Chase **4.00** Bidding Room **5.00** Tenable **6.00** Cash Trapped **7.00** Celebrity Chase **8.00** Beat the Chasers **9.00** The Chase **10.00** Celebrity Chase (AD) **11.00** Bullseye **12 midnight** Bridge of Lies **1.00am** The Chase **2.00** Celebrity Chase **3.00** The Chase **4.00—6.00am** Bullseye

Challenge Freeview 48 **Freely** 43 **Freesat** 142 **Sky** 130 (131 Scotland) **Virgin** 139

BBC Parliament 232

6.00am Northern Ireland Assembly **10.30** Live Northern Ireland Assembly **1.00pm** Women and Equalities Questions **1.30** Live Welsh FMQs **2.30** Live Senedd Cymru: Welsh Parliament **7.00** Scottish Parliament: General Questions **7.20** Scottish FMQs **7.50** Scottish Parliament **10.30** Welsh FMQs **2.45am** Scottish Parliament: General Questions **3.05** Scottish First Minister's Questions **3.35—6.15am** Scottish Parliament

BBC Parliament Freeview 232 **Freely** 302 **Freesat** 201 **Sky** 504 **Virgin** 605

Great Mystery 50

8.10am Garage Sale Mysteries: a Case of Murder **10.10** Garage Sale Mysteries: the Novel Murders **12.05pm** Unforgettable **1.00** In Plain Sight **2.00** Castle **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00pm Castle** A known criminal dies while protecting a baby. **8.00 Unforgettable** Carrie and Al try to lure a killer out of hiding. **9.00 In Plain Sight** When a witness is implicated in a murder, Mary and Marshall begin to suspect a conspiracy. **10.00 The Gourmet Detective: Death Al Dente** Henry Ross is hired to find a chef for a new eatery, but finds himself in another mystery. **11.55 The Gourmet Detective: Roux the Day** Henry and Maggie discover secrets hidden in a book that have dire consequences.

1.50am A Date to Die For ★★ A woman fights to prove her innocence after her date turns up dead in this TV-movie thriller. Victoria Pratt (2015)

3.20—4.50am Lost and Found ★★ A mother is overjoyed when her teenage daughter returns home, but who is the man following her? (2019)

Great Mystery Freeview 50 **Freely** 48 **Sky** 320 **Virgin** 425 **+1** **Sky** 321

Great Action 42

9.10am Total War **10.20 Khartoum** ★★★ Charlton Heston stars in this big-budget epic about General Gordon's last stand. Laurence Olivier (1966, PG) **1.00pm** The High Chaparral **2.00** Burn Notice **4.00 Hidden Truth: Lies Will Surface** ★★ Convoluted but passable murder mystery. Sarah Lind (2016) **6.00pm The Unit** A dying scientist claims to have information about an imminent terrorist attack. **7.00 Burn Notice** Fiona and Maddie must frame a corrupt bureaucrat to help Michael free a prisoner. **8.00** Strong tries to convince Fiona to help Michael get out of Cuba. **9.00 Braven** ★★★ Jason Momoa plays a logger who goes up against drug dealers in the wilderness. **Review, right.** Garret Dillahunt (2018, 15) **11.00 The Unit** As 6pm.

12 midnight The Avengers **1.00am** The Baron **2.00** The Persuaders! **3.00 Absolute Zero** ★ Bargain-basement take on *The Day after Tomorrow* in which a climatologist's warnings of a new ice age go ignored. Jeff Fahey (2005, 12) **4.35—5.50am** Air Rescue

Great Action Freeview 42 *(limited)* **Freely** 33 **Sky** 318 **Virgin** 426 **+1** **Sky** 319

Great Christmas 52

8.15am A Christmas Tail ★★ Canine-friendly frolic. (2014) **10.10 Road to Christmas** ★★ Heart-warming romance. (2018) **12.10pm Looks like Christmas** ★★ Sweet tale. (2016) **2.00 Rocky Mountain Christmas** ★★ Touching romance. (2017) **4.05 Christmas on the River** ★★ A festive homecoming leads to romance. (2019) **6.05pm A Christmas Love Story** ★★ Cheesy holiday romance starring Kristin Chenoweth. Scott Wolf (2019) **8.00 Holly Star** ★★ A puppeteer returns to her home town and becomes embroiled in a treasure hunt. Katlyn Carlson, Brian Muller (2018) **10.00 Belle's Christmas Gift** ★★ Grieving her fiancé, Alesha visits her Caribbean grandmother. (2024) **11.50 A Christmas to Savour** ★★ Two rival chefs are stuck together on a festive retreat and begin to fall in love. Britt Irvin, Zach Roerig (2021) **1.45am Hope at Christmas** ★★ Romancing the Santa proves a good move. (2018) **3.30—5.00am** As 2pm

Great Christmas Freeview 52 **Freely** 47 **Sky** 322 **Virgin** 424 **+1** Freeview 63 *(limited 10pm-5am)* **Sky** 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

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Sky Premiere

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6.20am As 3.25pm **8.05** As 7pm **10.05 Barrons Cove** ★★★ Intense revenge thriller. Garrett Hedlund (2024) **12.05pm Hungry** ★★ Ridiculous creature feature. Madison Davenport (2026, 15) **1.40 Nirvanna the Band the Show the Movie** ★★★ Energetic DIY indie comedy. (2025, 15) **3.25 The Moment** ★★★ Amusing mockumentary. **Review p26.** (2026, 15) **5.10 Supergirl** ★★ Underpowered comic-book adventure. Milly Alcock (2026, 12) **7.00pm Hamlet** ★★★ Terse reworking of the classic tragedy, set in a modern-day British South Asian community. Riz Ahmed, Art Malik (2025, 15) **9.00 28 Years Later: The Bone Temple** ★★★★ Contemplative, beautifully acted but no less grim horror sequel. Ralph Fiennes (2026, 18) **11.00 The Fix** ★★ CIA veterans on a rescue mission in this po-faced thriller. Liam Neeson, Zachary Levi (2026) **1.15am** As 1.40pm **3.00** As 10.05am **5.05** Sky Cinema Preview **5.50—8.00am The History of Sound** ★★★★ Moving period romance. Paul Mescal, Josh O'Connor (2025, 15)

Sky Premiere Sky 301 Virgin 401 EE 501/HD 515

Legend 41

8.00am Walker, Texas Ranger **9.00** The Dukes of Hazzard **10.00** Babylon 5 **11.00 Super Storm** ★★ Disaster movie. David Sutcliffe (2011, 12) **1.00pm September Gun** ★★★ Sweet comedy western. **Review, right.** Robert Preston, Patty Duke Astin (1983) **3.00 The Savage** ★★ Western. Charlton Heston (1953, U) **5.00** Star Trek **6.00pm The Dukes of Hazzard** Luke helps Cale Yarborough outwit two brothers who are trying to prevent him from entering a race. **7.00 Babylon 5** Sheridan takes on Earth destroyers while freeing a planet. **8.00 Walker, Texas Ranger** The lawman faces a deadly threat. **9.00 The Professionals** ★★★★ Exciting western in which four mercenaries must rescue the wife of a wealthy rancher. Lee Marvin (1966, PG) **11.25 Rise of the Footsoldier Part II** ★★ Cliché-ridden crime sequel about a football hooligan-turned-thug for hire. Ricci Harnett (2015, 15) **1.35am Acts of Violence** ★ Action crime drama. Cole Hauser, Bruce Willis (2018, 15) **3.25—5.00am Paydirt** ★★ Derivative thriller. Luke Goss (2020, 15)

Legend Freeview 41 Freely 38 Freesat 137 Sky 148 Virgin 149

Legend Xtra 69

9.00am Meteor Apocalypse ★★ Low-budget disaster thriller. Joe Lando, Claudia Christian (2010) **11.00** The Lost World **12 noon Dragonquest** ★★ Derivative fantasy. Marc Singer (2009) **2.00pm Age of Ice** ★★ Sci-fi adventure disaster tale. Barton Bund (2014, 12) **4.00** Walker, Texas Ranger **5.00 The Gambler** ★★ Charming TV-movie western with Kenny Rogers as the cardsmith who knows when to walk away. (1980, PG) **7.00pm The Lost World** Thrilling series based on Sir Arthur Conan Doyle's classic adventure tale. **8.00 The A-Team** Hannibal and the gang help a boy's father come to terms with his past and face his problems. **9.00 In the Line of Duty** ★★ Rather fun thriller in which a cop and a vlogger team up. Aaron Eckhart (2019, 15) **11.05 Highlander III: the Sorcerer** ★ Terminally dreary second sequel to the inventive action adventure. Christopher Lambert, Mario Van Peebles (1995, 15) **1.10am** As 9pm **3.10** As 5pm **5.00—6.00am** The Lost World

Legend Xtra Freeview 69 (HD only) Freely 51 Freesat 138 Sky 316 Virgin 171 +1 Freesat 139 Sky 317

Film4 14

11.00am The Man from Colorado ★★★ Insightful psychological western with Glenn Ford as a sadistic military tyrant appointed as judge to govern Colorado. (1948, PG) (S) (AD) **1.00pm Hombre** ★★★★ Intelligent western about a white man raised by Apaches who is shunned by fellow passengers on a stagecoach journey. Paul Newman, Diane Cilento (1967, PG) (S) **3.10 The Nevadan** ★★★ Undercover marshal Randolph Scott tries to locate stolen gold in this entertaining western. **Review, right.** (1950, U) (S) **4.50 Anzio** ★★ Overlong war drama. Robert Mitchum, Peter Falk (1968, PG) (S) (AD)

7.10pm Taxi ★★ Gimmicky action comedy in which New York cop Jimmy Fallon teams up with taxi driver Queen Latifah to catch a gang of bank robbers. (2004, 12) (S)

9.00 Plane ★★★ A downed pilot (Gerard Butler) is forced to team up with the convict he was transporting in this gripping action thriller. **Review, right.** (2022, 15) (S) (AD)

11.10 Bob Trevino Likes It ★★★ Lovely low-key drama based on a true story, about a neglected teen who connects with a stranger who shares her father's name. **Review, right.** Barbie Ferreira (2024, 12) (S) (AD)

1.15—3.55am The Mission ★★★ Jesuit priest Jeremy Irons is sent into hostile South America in Roland Joffé's historical drama. (1986, PG) (S)

Film4 Freeview 14 Freely 14 Freesat 300 Sky 313 Virgin 428 +1 Freeview 47 Freely 257 Freesat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Sherlock Holmes TV drama. (S) **6.30 Who Goes Next** ★★★ Cheaply made but tense PoW drama. Barry K Barnes (1938) (S) **8.20 Shadow of Fear** ★★ Risible mystery that's not very mysterious at all. Paul Maxwell (1963, U) (S) **9.30 Keep It Clean** ★★ Dusty British comedy starring Ronald Shiner. James Hayter (1956, U) (S) **11.05 They Call It Murder** ★★ Robust TV-movie mystery. **Review, right.** Jim Hutton (1971, PG) (S) **1.00pm The Adventures of William Tell** Our hero must devise a method of engineering his friend's release. (S) **1.30 Storm over the Nile** ★★ Zoltán Korda's adventure is a lesser remake of his 1939 classic, *The Four Feathers*. Laurence Harvey (1955, U) (S) **3.40 Look at Life** A 1964 survey of the advertising industry. **4.00 That's My Boy** Attempts to scare off Robert's mother meet with failure. (S) **4.35 The Naked Truth** ★★★★ Biting black comedy. **Review, right.** Peter Sellers, Terry-Thomas (1957, U) **6.25pm Whiplash** Cobb is robbed and when three horses are later stolen, his wallet is found at the scene. (S) **6.55 The Man from UNCLE** Kuryakin becomes the target of a fanatic. (S) **7.55 Buccaneer** Burton spies a chance to make millions. (S) **9.00 The Mosquito Coast** ★★★★ The utopian dreams of a control-freak inventor unravel when he moves his family to the rainforest. **Review, right.** Harrison Ford, Helen Mirren (1986, PG) (S) **11.20 Fortean TV** How leeches are making a medical comeback. **11.55 Penny Gold** ★★ A woman becomes entangled in a plot to recover a rare stamp. Francesca Annis (1973, 12) (S) **1.40am The Anderson Tapes** ★★★ Enjoyable crime drama starring Sean Connery as a master thief out to rob an apartment block. (1971, 15) (S) **3.40 Look at Life** The progress of the European Common Market. **4.00 The Directors** The life of Fritz Lang. (S) **5.00—6.00am The Man from UNCLE** TV drama. (S)

Talking Pictures TV Freeview 82 Freely 36 Freesat 306 Sky 324 Virgin 445

FILM REVIEWS



Malcolm X ★★★★ *10.40pm-1.50am* ***BBC One*** 15

BIOGRAPHICAL DRAMA Though conventional by Spike Lee's standards, the writer/director's three-hour biopic of US civil rights leader el-Hajj Malik el-Shabazz — better known as Malcolm X — is suitably monumental. Denzel Washington commands every scene in the title role, as Malcolm Little evolves from teen hoodlum in the 1940s to reformed figurehead of the American Nation of Islam in the late 1950s, before his assassination at the hands of militant activists in February 1965. Stately and respectful rather than particularly radical film-making, this is a triumph all around for Lee's creative team. **CALUM BAKER** (US 1992, violence, swearing, sexual references, drug abuse, HD)

They Call It Murder ★★★ *11.05am-1.00pm* ***Talking Pictures TV*** PG

MURDER MYSTERY A small-town DA unpicks the puzzle of a body found floating in a pool, in this robust TV pilot based on the work of crime writer Erle Stanley Gardner. Jim Hutton stars as Jim Selby, who's baffled when a postmortem reveals bullets from two different guns. Suspects include special guest stars Leslie Nielsen and Jessica Walter. **TERRY STAUNTON** (US TVM 1971)

The Redhead and the Cowboy ★★★ *12.30-2.15pm* ***5 Action***

WARTIME WESTERN A strong leading trio — Glenn Ford, Rhonda Fleming and Edmond O'Brien — make Leslie Fenton's plot-heavy Civil War story watchable, although the title cries out for Technicolor. Fleming is the redheaded messenger for the South, O'Brien the undercover Union officer on her trail, and Ford the cowboy she mistakes for a contact. **ALLEN EYLES** (US 1950, BW, HD)

September Gun ★★★ *1.00-3.00pm* ***Legend***

COMEDY WESTERN Robert Preston brings a welcome grizzled edge to this movie. He plays the gunslinger well past his draw-by date who helps a nun trying to reclaim a church from outlaws. The byplay between Preston and Patty Duke as they trek across the plains is decidedly spicy, while Christopher Lloyd pops up as a baddie. **DAVID PARKINSON** (US TVM 1983)

The Nevadan ★★★ *3.10-4.50pm* ***Film4*** U

WESTERN Randolph Scott leads this underrated film, playing an undercover US marshal who arranges for prisoner Forrest Tucker to escape so he can lead him to a stash of stolen gold — with rancher George Macready ready to pounce. Scott brings toughness, while Jeff Corey and Frank Faylen offer comic relief. **DP** (US 1950, HD)

The Naked Truth ★★★★ *4.35-6.25pm* ***Talking Pictures TV*** U

BLACK COMEDY This early Peter Sellers comedy gave him some of his funniest and finest material. He plays a crowd-pleasing TV host who's being blackmailed by smarmy Dennis Price, editor of a muck-raking magazine. Terry-Thomas and Peggy Mount are among the victims who gang up against their persecutor. **TOM HUTCHINSON** (UK 1957, BW)

Rocky III ★★ *9.00-11.10pm* ***ITV4*** PG

SPORTS DRAMA Sylvester Stallone's boxing saga showed signs of flagging with this episode, but *The A-Team's* Mr T is good value as the challenger who takes the champ's crown, forcing him to dig deep to reclaim it. Sly still has Carl Weathers, Burgess Meredith and Burt Young in his corner, while Talia Shire returns as Adrian. **JOHN FERGUSON** (US 1982, violence, HD)

Plane ★★★ *9.00-11.10pm* ***Film4*** 15

ACTION THRILLER Gerard Butler and Mike Colter make for an engaging double act in this suspenseful if generic film. Butler plays a pilot who has to make an emergency landing on a war-torn Filipino island, where he teams up with one of his passengers (Colter), an accused murderer, when they come under fire from local gang members. **PATRICK CREMONA** (UK/US 2022, violence, swearing, HD)

Braven ★★★ *9.00-11.00pm* ***Great Action*** 15

ACTION DRAMA Jason Momoa and his ageing father are in a wilderness stand-off with drug dealers in this tough movie. The dialogue is shaky and certain plot points are obvious, but the film makes a virtue of its set pieces. Momoa's star quality shines through, while bad guy Garret Dillahunt is diabolical in all the right ways. **VICTORIA LUXFORD** (Can 2018, violence, swearing)

The Mosquito Coast ★★★★ *9.00-11.20pm* ***Talking Pictures TV*** PG

DRAMA Director Peter Weir's absorbing journey into the heart of darkness provides Harrison Ford with one of his best — and also most unsympathetic — roles. He plays an idealistic, obsessive inventor who moves his family (including wife Helen Mirren and son River Phoenix) to Central America in an attempt to bring ice to the jungle. **JF** (US 1986, violence)

Bob Trevino Likes It ★★★ *11.10pm-1.15am* ***Film4*** 12

COMEDY DRAMA This semi-autobiographical tale from Tracie Laymon is a likeable little heartstring-tugger. Barbie Ferreira plays Lily Trevino, whose father, Bob, cuts off all contact after a misunderstanding. Lily searches for him on Facebook and finds another man (played by John Leguizamo) in the next town with the same name. **JAYNE NELSON** (US 2024, swearing, sexual references, HD)

◄ FILMS TO STREAM from p22

Premiere ★★★★★ Outstanding ★★★★ Very good ★★★ Worth watching ★★ Could be worse ★ Poor **Star Ratings**

U – suitable for all; **PG** Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; **12, 15, 18** – for viewers of these ages and over. For more guidance, visit bbfc.co.uk

TUESDAY SATELLITE, CABLE & SPORT

Sky One



The Dyers' Caravan Park *8.00pm* Standing strong

6.00am Mornings **8.00** Stargate SG-1 **10.00** NCIS: Los Angeles **11.00** The Simpsons **12 noon** Super Shark Highway **1.00pm** Hawaii Five-0 **3.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm Superstore *6/22 Series 3* Amy and Jonah decide to offer an alternative to Cloud 9's terrible health insurance plan. **6.30** *7/22.* Jonah and Garrett's roommate issues boil over.

7.00 The Simpsons The family is stranded in Japan and forced to take part in a shocking game show. **7.30** Lisa catches Marge cheating in a baking contest against Homer.

8.00 The Dyers' Caravan Park *4/6.* Danny and Dani face pushback from the locals after they try to freshen up the bar's beer and plan a new playground. (AD)

9.00 Gemma Collins: Everything. All at Once *5/8.* Following the life of the reality TV star as she tackles her most challenging year to date.

9.40 Karl Pilkington: the Moaning of Life Karl explores the relevance of marriage today.

10.40 Rob and Romesh vs Team GB: Winter Special The duo try their hands at winter sports.

11.40 Grimm A high-school student is killed by a monster.

12.40am Evil **1.35** The Force: North East **2.30** Road Wars **3.00** Hawaii Five-0 **4.00—6.00am** S.W.A.T. (AD)

Sky One Sky 106 Virgin 109 EE 346/HD 361

Sky Atlantic



Das Boot *11.00pm* Simone faces a period of adjustment

6.00am Urban Secrets **8.00** Billions (AD) **10.15** Deadwood **12.25pm** Gomorrah **1.30** Homicide: Life on the Street **3.30** Billions (AD)

5.40pm The White Lotus *4/8 Series 3.* Jaclyn's resort getaway with friends falls flat, Piper seeks support for a family announcement aboard a yacht, and Rick reveals his past. (AD) **6.45** *5/8.* As a yacht party extends into the night and friends explore Bangkok's clubs, parallel stories unfold with family disagreements over future plans. (AD)

7.55 The Gilded Age *5/8 Series 3* Gladys has trouble adjusting to her new circumstances, Larry runs into a familiar face and there is drama at Mrs Fish's luncheon. (AD)

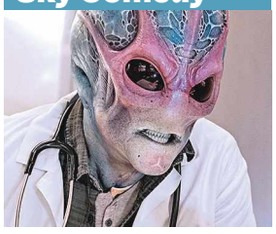
9.00 The Looming Tower *7/10* October 2000: John O'Neill ruffles feathers in Yemen as he investigates the attack on the USS *Cole.* **10.00** *8/10.* Everyone adjusts to a new president and a shift in threat priority, while Soufan learns of the importance of Osama Bin Laden's bodyguard and is refused access.

11.00 Das Boot *6/8 Series 1.* Simone adapts herself to her new position in the triangle with Hagen Foster and Carla. German +subtitles.

12.15am The White Lotus: double bill (AD) **2.40** Gomorrah **3.45** The Guest Wing (AD) **4.35** Sort Of (AD) **5.05—6.00am** The Guest Wing (AD)

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 Virgin 111 +1 Sky 208 (209 Wales)

Sky Comedy



Resident Alien *8.00pm* Harry navigates emotions

8.00am Will & Grace (AD) **9.00** Sort Of (AD) **10.00** The Comeback (AD) **11.20** Will & Grace (AD) **12.20pm** Hacks (AD) **1.40** The Comeback (AD) **3.00** Will & Grace (AD) **4.00** Breeders (AD) **5.00** Community

6.00pm Will & Grace *5/18 Series 11* In the aftermath of Will and McCoy breaking up, Grace and Jack hire the Grief Panda to help Will. (AD) **6.30** *6/18.* Committed to becoming a father on his own, Will meets a potential surrogate. (AD)

7.00 The Office US *20/26 Series 7* Guest-starring Will Ferrell. **7.30** *21/26.* Michael prepares to host his last-ever Dundie awards.

8.00 Resident Alien *2/10 Series 1* In his first week at his new clinic, stranded extraterrestrial Harry struggles with emotion. (AD)

9.00 Saturday Night Live UK Amelia Dimoldenberg hosts with music by Rachel Chinouriri.

10.15 Saturday Night Live Jalen Brunson hosts with music by Katseye.

11.45 Hacks *3/9 Series 3.* Deborah snaps into high gear to make sure everything — and everyone — is perfect for her upcoming roast. (AD) **12.25am** *4/9.* Deborah receives an invite to hang with some of her favourite comedians in Vegas. (AD) **1.05** Resident Alien (AD) **2.05** Breeders (AD) **3.05** Hitmen (AD) **4.05—5.00am** Community

Sky Comedy Sky 113 (114 Wales) Virgin 112 EE 347/HD 362

U&Gold



Not Going Out *9.55pm* Lucy sees another side

7.10am The Green Green Grass **7.50** dinnerladies (AD) **8.25** The Good Life (AD) **9.00** Open All Hours **9.40** The Green Green Grass **10.20** Are You Being Served? **11.00** Last of the Summer Wine **12.20pm** The Good Life (AD) **12.55** Open All Hours **1.35** The Vicar of Dibley (AD) **2.15** Dad's Army **2.50** The Green Green Grass **3.30** Are You Being Served? **4.10** The Good Life: the Goods decide to keep pigs (AD) **4.45** Dad's Army **5.25** Last of the Summer Wine: two episodes

6.40pm The Vicar of Dibley Geraldine shoots to stardom. (AD)

7.20 Dad's Army The platoon camps on a firing range.

8.00 The Vicar of Dibley Alice shocks Geraldine with a pre-wedding revelation. (AD)

8.35 dinnerladies The staff await a royal visit, but first Stan has to pick the right toupee. (AD)

9.15 The Royle Family Denise's wedding day finally arrives. (AD)

9.55 Not Going Out Lee and Tim try to befriend a lesbian couple.

10.30 The Vicar of Dibley As 8pm.

11.10 The Office Brent's ego gets a boost when he is headhunted. (AD) **11.50** Brent makes easy money. (AD)

12.30am The Royle Family (AD) **1.10** Not Going Out **1.45** The Power of Parker **3.00** The Green Green Grass **3.30—4.00am** The Good Life (AD)

U&Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

U&Alibi



Miss Fisher's Murder Mysteries *5.00pm* Phryne

7.10am Murdoch Mysteries **9.00** Father Brown (AD) **10.00** The Coroner (AD) **11.00** The Doctor Blake Mysteries **12 noon** Miss Fisher's Murder Mysteries **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** The Doctor Blake Mysteries

5.00pm Miss Fisher's Murder Mysteries *3/13 Series 1.* A murder takes place at a dance club, drawing Phryne into a complex case.

6.00pm The Coroner *2/10 Series 1.* A body washes ashore.

7.00 Private Eyes *5/8 Series 5* When a writer on the cusp of fame and fortune is threatened just as another famous person drops dead, Angie, Shade and Tex uncover a world of jealousy and greed.

8.00 Death in Paradise *1/8 Series 14.* The team looks into the murder of a man whose body has been recovered from a ravine. (AD) **9.00** *8/8 Series 8.* A horse trekking expedition is cut short when Jack discovers the dead body of a rider in the most unexpected place. (AD)

10.20 Father Brown *10/10 Series 11* Sullivan asks for Father Brown's help when Mrs Devine's son Eddie is framed for murder. (AD)

11.20 Private Eyes As 7pm.

12.20am Death in Paradise (AD) **1.20** CSI: Vegas (AD) **2.10—4.00am** Dark Winds: two episodes (AD)

U&Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 314

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek: the Next Generation **1.00pm** Stargate Universe (AD) **2.00** Primeval **3.00** Fantasy Island (AD) **4.00** Stargate SG-1 **5.00** Star Trek: the Next Generation

6.00pm Star Trek: Deep Space Nine *6/20 Series 1.* O'Brien befriends an alien who arrives on the station seeking refuge — and soon discovers his new acquaintance is on the run from bloodthirsty hunters.

7.00 Stargate Universe *4/20 Series 1.* Dr Rush tries to find out why the *Destiny* has lost power. (AD)

8.00 Stargate SG-1 *19/20 Series 9* Vala contacts Stargate Command with startling news.

9.00 La Brea *2/10 Series 1.* With Josh's life on the line, Eve traverses wilderness to try to save him. (AD)

10.00 Evil *7/13 Series 2.* The team visits a monastery to investigate the corpse of Father Thomas.

11.00 The Walking Dead *2/22 Series 10.* Alpha attempts to toughen up Lydia as they prepare to walk with the dead, and the Whisperers create their herds.

12 midnight Reginald the Vampire (AD) **1.00am** Primeval **2.00** Fantasy Island (AD) **3.00** The Walking Dead **4.00** Reginald the Vampire **5.00—6.00am** Most Haunted

Sky Sci-Fi Sky 145 Virgin 140 EE 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Sun, Sea and A&E **7.00** Border Patrol **8.00** Border Security: Canada's Front Line (AD) **9.00** Brit Cops: Rapid Response (AD) **10.00** Caught on Dashcam **11.00** Police 24/7 **12 noon** FBI (AD) **2.00pm** The Rookie (AD) **3.00** Blue Bloods (AD) **4.00** Nothing to Declare

6.00pm Nothing to Declare Border Force zero in on two men trying to avoid luggage checks. **6.30** Officers are concerned when a man does not know the combination to open his suitcase. **7.00** A couple are caught with an item that shocks biosecurity staff. **7.30** A container from Lebanon hides hundreds of illicit items.

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9.00 The Rookie *8/22 Series 5* Officers John Nolan and Celina Juarez set out on a race to stop the source of an explosive rampage. (AD)

10.00 Blue Bloods *17/21 Series 13* Frank clashes with the team over an investigation. (AD)

11.00 The Rookie *14/18 Series 7* Tim receives a strange message. (AD)

12 midnight FBI (AD) **2.00am** ***New.*** Fire Country *14/20 Series 4* Repeated tomorrow 9pm **3.00** Road Wars (AD) **4.00** Motorway Patrol **5.00—6.00am** Brit Cops: Law & Disorder

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Crime

6.00am Stop, Search, Seize **7.00** The Force: Manchester **8.00** Send in the Dogs **9.00** Road Wars **10.00** Brit Cops: Law & Disorder **11.00** Caught on Dashcam **12 noon** Killer in My Village **1.00pm** Most Evil Killers **2.00** Forensics: Catching the Killer (AD) **3.00** Murder Uncut (AD) **4.00** Murdered at First Sight (AD) **5.00** Most Evil Killers **6.00** Killing Mum and Dad (AD) **7.00** Most Evil Killers **8.00** Forensics: Catching the Killer (AD) **9.00** The Boston Strangler **10.45** Britain's Most Evil Killers **11.50** Killer in My Village **12.55am** How I Caught the Killer (AD) **2.00** The Real Manhunter (AD) **3.00** The Force: North East **4.00** Brit Cops: Law & Disorder **5.00—6.00am** Motorway Patrol

Sky Crime Sky 121 (122 Scotland) Virgin 122 EE 349/HD 364 +1 Sky 221 (222 Scotland) Virgin 322

Crime+Investigation

6.00am The First 48 **7.00** Homicide Hunter **9.00** Homicide Squad: New Orleans **10.00** My Strange Arrest **10.30** Court Cam **11.00** Killer Britain with Dermot Murnaghan **2.00pm** Accident, Suicide or Murder? **3.00** Somebody's Hiding Something **6.00** Homicide Hunter **7.00** The First 48 **8.00** Accident, Suicide or Murder? **9.00** Last Night Out **10.00** Tell Me How I Died **11.00** Last Seen on Holiday: a teenager vanishes

12 midnight Britain's Darkest Taboos **1.00am** Last Night Out **2.00** On the Case with Paula Zahn **3.00** Somebody's Hiding Something **5.00—6.00am** Accident, Suicide or Murder?

Crime+Investigation Sky 139 (140 Scot) Virgin 133 +1 Sky 256 Virgin 333

Comedy Central

8.00am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina the Teenage Witch **1.00pm** Friends (AD) **9.00 FILM** The Golden Child ★★ Action comedy starring Eddie Murphy and Charles Dance. Freelance child-finder Chandler Jarrell is called in after a Tibetan holy youth, the Golden Child, is kidnapped. Jarrell's task is to rescue the boy **11.00** Iain Stirling's Roast the Internet (AD) **12 midnight** Whose Line Is It Anyway? USA **1.00am** South Park **2.30** Rosie Jones Tries to Help **2.40** The Pep Talk **2.45** Michael McIntyre: Showtime **3.30** ***New.*** The Daily Show **4.15—5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Discovery Science

8.00am How the Universe Works **11.00** Incredible Engineering Blunders: Fixed **1.00pm** Cooper's Treasure **3.00** How the Universe Works **6.00** How It's Made: six episodes. The production of life casts **6.30** How frozen French toast is made **7.00** Constructing custom knee braces and motorcycle exhaust systems **7.30** Solid state drives, eye shadow, limousines and dead blow hammers **8.00** Dragster tyres, icing, floating docks and spiral pipes **8.30** Motion sensors and diving helmets **9.00** Savage Builds: double bill **11.00** You Have Been Warned **1.00am** How the Universe Works **4.00—6.00am** Secrets Underground (AD)

Discovery Science Sky 167 Virgin 179 +1 Sky 267 Virgin 379

Discovery

6.00am How It's Made **7.00** Treehouse Masters **9.00** The Last Woodsmen **11.00** Building off the Grid (AD) **1.00pm** Animal Cops Houston **3.00** Buying Alaska (AD) **3.30** Buying the Rockies **5.00** Undercover Billionaire **7.00** Wheeler Dealers: double bill. Mike Brewer and the team work on a 2002 Mercedes Benz E55 AMG, then Mike upgrades a 1982 Porsche 911 SC (AD) **9.00** ***New.*** Deadliest Catch: double bill **11.00** In the Eye of the Storm: hurricane Melissa tears across Jamaica, destroying resorts and flooding towns

12 midnight Deadliest Catch (AD) **3.00am** Gold Divers **4.00—5.00am** Street Outlaws: Locals Only (AD)

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scotland) Virgin 377

Discovery History

7.00am Blowing Up History **8.00** Combat Dealers **9.00** Blowing Up History **11.00** Salvage Hunters **1.00pm** How the Universe Works **2.00** Alien Highway **3.00** Expedition Unknown **4.00** Expedition X (AD) **5.00** Mysteries at the Museum **7.00** How the Universe Works: experts investigate theories surrounding the possibility of time travel **8.00** Blowing Up History **9.00** Ancient Unexplained Files **10.00** How Do They Do It? **11.00** Combat Dealers

12 midnight How the Universe Works **1.00am** Mysteries at the Museum **3.00** Expedition X (AD) **4.00—5.00am** Expedition Unknown

Discovery History Sky 161 (172 NI) Virgin 181 +1 Sky 261 (272 NI) Virgin 381

All programmes on the above channels are repeats unless otherwise stated

Sky Documentaries



Bibaa and Nicole: Murder in the Park *8.00pm*

6.00am Breath of Fire (AD) **7.00** Discovering: Gregory Peck (AD) **8.00** The Directors (AD) **9.00** The Seventies (AD) **9.55** The Comedy Store (AD) **11.00** Spector (AD) **12 noon FILM** Busby ★★ Profile of Manchester United's iconic manager (AD) **2.00pm FILM** Bobby Robson: More than a Manager ★★★★ A look at the life and career of the beloved football manager and former England player (AD) **4.00** The Directors (AD) **5.00** Discovering: Gregory Peck (AD) **5.55** The Comedy Store (AD)

7.00pm Black Widow Police believe Lee Wyatt could be the key to solving Julian Webb's death. (AD)

8.00 Bibaa and Nicole: Murder in the Park Documentary about the murder of two sisters in 2020, examining the shocking case of police misconduct that followed. **9.00** A look at senior investigating officer Simon Harding's handling of the murders, and the sharing of crime scene photos by police officers. **10.00** Police search Danyal Hussein's room after his arrest and find a contract, signed in his own blood.

11.00 Billy Joel: and So It Goes A look at the singer/songwriter's life and career, featuring interviews, performances and photographs. (AD)

1.50am Benetton Formula **3.50** My Icon: Anthony Joshua (AD) **4.00** The Directors (AD) **5.00—6.00am** Discovering: Gregory Peck (AD)

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Air Crash Investigation **10.00** Disaster Autopsy **11.00** Car SOS (AD) **12 noon** Inside Melbourne Airport (AD) **1.00pm** Air Crash Investigation **2.00** Hitler's Last Stand **3.00** Ancient Structures: Secrets Revealed (AD) **4.00** How the Tudors Lost Their Heads (AD) **5.00** Ice Road Rescue **6.00** Nazi Megastructures: America's War **7.00** Air Crash Investigation (AD) **8.00** World War II: the Apocalypse **9.00** Hitler's Last Stand **10.00** Planes that Changed History (AD) **11.00** Air Crash Investigation **12 midnight** Yukon Rescue **1.00am** Alaska: the Next Generation **2.00** Made in a Day (AD) **2.30** Lords of War **3.20** Food Factory **4.10—5.00am** Prairie Dog Dynasty

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Forged with Steele **6.30** American Pickers **7.25** Pawn Stars **11.05** Storage Wars **12 noon** ***New.*** History's Greatest Mysteries **1.00pm** Titanic: a Dead Reckoning **2.00** ***New.*** Pawn Stars

6.00pm American Pickers **7.00** Forged in Fire **8.00** Pawn Stars: Rick Harrison evaluates a rare *Jaws* movie poster **9.00** Hells Angels: Kingdom Come: an inside look at how the Hells Angels claimed their throne **10.00** History's Greatest Mysteries **11.00** The Proof Is Out There

12 midnight Storage Wars **12.55am** Pawn Stars **1.50** Hells Angels: Kingdom Come **2.50** History's Greatest Mysteries **3.40—6.00am** Pawn Stars

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



Mysteries of the Mekong *11.00pm* Laos's wildlife

6.00am Africa's Wild Horizons **7.00** Monkey Life **8.00** Great Blue Wild **9.00** Hope for Wildlife (AD) **10.00** Extreme Africa **11.00** Mysteries of the Mekong **12 noon** Wildlife ER **1.00pm** Monkey Life **2.00** Great Blue Wild **3.00** Hope for Wildlife (AD) **4.00** Extreme Africa **5.00** Mysteries of the Mekong: the wildlife of Laos

6.00pm Wildlife ER Cameras look at what it takes to save a squirrel glider caught in barbed wire.

7.00 Monkey Life The squirrel monkeys try a new puzzle and Xingu's baby ventures outside. **7.30** Capuchin Matty needs a visit from the vet after fighting.

8.00 High as an Animal A look at some of the substances that animals have discovered, such as plants and mushrooms, that can put them in altered states of consciousness.

9.00 Monkeys: an Amazing Animal Family Patrick Aryee takes a look at the rise of the monkey, exploring the diverse species and their place in primate evolution. (AD)

10.00 Wildlife ER As 6pm.

11.00 Mysteries of the Mekong The wildlife of Laos.

12 midnight Nomads of the Serengeti (AD) **1.00am** Africa's Wild Horizons **2.00** High as an Animal **3.00** Monkeys: an Amazing Animal Family (AD) **4.00** Great Blue Wild **5.00—6.00am** Hope for Wildlife (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am America's Mighty Northwest **9.00** Secrets of the Zoo **10.00** Close Encounters of the Wild Kind **11.00** Africa's Deadliest **12 noon** The Incredible Dr Pol **1.00pm** Amsterdam Central 24/7 **2.00** Seen on Safari **3.00** Kingdom of the White Wolf **4.00** Secrets of the Zoo **5.00** Yukon Vet **7.00pm** Secrets of the Zoo: Animal Days: a bonobo gives her vets an anaesthesia scare **8.00** Saved from a Shark **9.00** Shark vs Whale **10.00** When Sharks Attack 360 **11.00** Northwoods Survival: Margot raises her game **12 midnight** World's Deadliest **1.00am** Snakes in the City **2.00** The Incredible Dr Pol **3.00** Yukon Vet **4.00—5.00am** Life below Zero: First Alaskans

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell (AD) **9.00** Edge of Alaska **10.00** Tanked **11.00** Animal Cops Phoenix (AD) **1.00pm** Crikey! It's the Irwins **2.00** Pit Bulls and Parolees **3.00** My Cat from Hell (AD) **5.00** Lone Star Law **6.00** Dr Jeff: Rocky Mountain Vet **7.00** Treehouse Masters: Pete fulfils the wishes of an 81-year-old who has always wanted a treehouse **8.00** Guardians of the Glades **9.00** Alaska: the Last Frontier: Eivin builds a motorised cart for Findlay **10.00** Alaskan Bush People **11.00** The Haunted **12 midnight** Crikey! It's the Irwins **1.00am** Sharks among Us **2.00** Treehouse Masters **3.00—5.00am** Animal Cops Phoenix (AD)

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

6.00am Sky Sports News **7.00** Sky Sports Breakfast **10.00** Sky Sports FC **12 noon** Lunchtime Live **2.00pm** Sports Desk **5.00** The Premier League Show **6.00 LIVE Darts** Day two of the World Grand Prix from Leicester Arena, featuring first-round matches, played over the best of three sets. Dirk van Duijvenbode claimed a shock 2—0 victory over the number three seed Michael van Gerwen in the opening round 12 months ago, while the fifth seed James Wade was also surprisingly eliminated following a 2—0 loss to Joe Cullen. **11.00** Sky Sports News **3.00am LIVE ATP Tennis** Day one of the Japan Open in Tokyo. **4.00—6.00am LIVE Tennis** Action from the WTA and/or ATP Tours. Coverage continues until 12 noon.

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup (AD) **8.00** Scottish Premiership Best Goals **9.00** SPFL Greatest Games (AD) **9.30** EFL Greatest Games (AD) **10.00** Championship Season Review (AD) **11.00** SPFL Greatest Games **11.30** EFL Greatest Games (AD) **12 noon** League Cup Highlights **12.30pm** German Football **1.30** Scottish Football Round-Up **1.45** Championship Highlights **4.45** Scottish Football Round-Up **5.00** League One Goals **5.30** League Two Goals **6.00** League Cup Highlights **6.30** German Football **7.30** Women's Super League Football **8.00** Championship Highlights **9.00** Women's Super League Football **9.30** Championship Highlights **10.45** Scottish Football Round-Up **11.00** League One Goals **11.30** League Two Goals **12 midnight** Classic Play-Offs **3.00am** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** Classic League Cup (AD) **5.00** League Cup Best Goals **5.30—6.00am** EFL Trophy

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Super League **10.45** EFL Greatest Games (AD) **11.00** Sky Sports FC **12 noon LIVE ATP Tennis** Coverage from the Chengdu Open final and the Hangzhou Open final. **2.30pm** Sports Desk **5.00** The Premier League Show **6.00 LIVE Darts** Day two of the World Grand Prix at Leicester Arena, featuring first-round matches. **11.00** Sky Sports News **12 midnight LIVE WNBA** Coverage of a play-off match. **2.30am** EFL Greatest Games (AD) **3.00 LIVE ATP Tennis** Day one from the Japan Open in Tokyo. **4.00—6.00am LIVE Tennis** Action from the WTA and/or ATP Tours. Coverage continues until 12 noon.

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am Golf Academy (AD) **7.00** Playing Lessons (AD) **8.00** Nick Dougherty's Tee Time Tips (AD) **9.00** My Club, My Story **9.30** The Improvers (AD) **10.00** Best of the Open Zone 2017 (AD) **11.00** Best of the Open Zone 2018 (AD) **12 noon** The Golf Fitness Show (AD) **12.30pm** European Tour Golf **1.00** Presidents Cup Golf **2.00** Best of the Open Zone 2018 (AD) **3.00** School of Golf (AD) **3.30** My Club, My Story **4.00** Nick Dougherty's Tee Time Tips (AD) **5.00** Chronicles of a Champion Golfer (AD) **6.00** Ladies European Tour Golf **7.00** Presidents Cup Golf **11.00** European Tour Golf **11.30** Challenge Tour Golf Highlights **12 midnight** PGA Tour Champions **1.00am** European Tour Golf **5.00—6.00am** School of Golf (AD)



Snooker *12.30pm* ***TNT Sports 1*** Mark Selby aims for victory in the Shenzhen Open

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Premier League Greatest Games **7.00** Premier League Best Goals **8.00** Premier League Legends (AD) **9.00** Premier League Review **10.00** Sky Sports FC **12 noon** Premier League Highlights **4.30pm** Netbusters **5.00** The Premier League Show **7.00** Brazilians in the Premier League **8.00** Premier League Review **9.00** Arsenal Champions Show: a look at Arsenal's 2025/26 Premier League-winning campaign (AD) **10.00** Netbusters **10.30** The Big Interview **11.00** Premier League Years: memorable moments from the 1993/94 season **1.00am** Premier League Retro **3.00** Premier League Greatest Games **4.00** Premier League Best Goals **5.00—6.00am** Premier League Legends (AD)

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am Women's T20 World Cup Cricket Highlights (AD) **6.30** International T20 Cricket Highlights (AD) **7.00** International One-Day Cricket Highlights **10.00** Test Cricket Highlights (AD) **3.00pm** International One-Day Cricket Highlights **6.00** Test Cricket Highlights: England v India at Headingley Cricket Stadium (AD) **11.00** International One-Day Cricket Highlights: action from the first and second women's matches between England and Ireland **1.00am** International T20 Cricket: England v Sri Lanka, the third T20 in the three-match series at Old Trafford in Manchester **5.30—6.00am** The Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am NFL Highlights **10.00** NFL Bitesize **11.00** NFL Highlights **12 noon** NFL Bitesize **1.00pm** Good Morning Football **3.00** NFL Bitesize **4.00** NFL Highlights **6.00** Pro-Football Talk: Mike Florio and Chris Simms present the NFL talk show, as they discuss and debate the biggest stories from around the league **8.00** NFL Highlights **10.00** NFL Fantasy **11.00** Chris Simms Unbuttoned: the broadcaster and former quarterback takes an unfiltered look at the NFL **12 midnight** The Insiders **1.00—6.00am** NFL Highlights

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

12 noon—2.30pm LIVE ATP Tennis The Chengdu Open final and the Hangzhou Open final, both of which are hard-court tournaments in China. **3.00am LIVE ATP Tennis** Day one of the Japan Open, a hard-court tournament at Ariake Coliseum, Tokyo. **4.00—6.00 LIVE Tennis** Featuring all the latest action from the WTA and/or ATP Tours, including the ATP Japan Open, the ATP China Open and the WTA China Open. Coverage continues until 12 noon.

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am Champions League Classics **7.00 LIVE Snooker** The third session in the second round of the Shenzhen Open, which takes place at Bao'an Sports Centre in Shenzhen, China. **10.00** Premier League: the Big Interview **10.30** Champions League Magazine **11.00** World Rally (AD) **11.30** World Superbikes Highlights (AD) **12.30pm LIVE Snooker** Coverage of the first session in the third round of the Shenzhen Open in China. **3.30** International One-Day Cricket (AD) **4.30** World Rally **5.00** Groundbreaking **5.30** Champions League Magazine **6.00 LIVE Major League Baseball** Action from MLB Postseason. **9.15** Groundbreaking: memorable games at Newcastle United's St James' Park (AD) **9.30** Under the Lights **9.45** Premier League Stories **10.45** World Superbikes Rewind **11.00 LIVE Major League Baseball** Further action from MLB Postseason; **2.15am** More MLB Postseason action. **5.15** MLB Classic **5.45—6.00am** Prem Rugby Union: the Wrap Up

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

6.00am Premier League Legends (AD) **7.00 LIVE Snooker** Coverage of the third session from the second round of the Shenzhen Open in China. **10.00** International One-Day Cricket Highlights (AD) **11.00** TNT Sports Cricket Reload **11.15** Playing for Our Future: Cricket (AD) **11.30** Fishing (AD) **12.30pm LIVE Snooker** Coverage of the first session in the third round of the Shenzhen Open in China. **3.30** Mountain Biking: action from the World Series women's and men's downhill elite races in Whistler, Canada **4.30** NWSL Football **6.30** Premier League: the Big Interview **7.00** Premier League Stories **8.00 LIVE Major League Baseball** Action from MLB Postseason. **11.15** Champions League Magazine **11.45** World Superbikes Rewind: the most exciting moments from the 10th round of the season at Cremona Circuit in Italy **12 midnight** It's a Numbers Game **12.30am** AFL **2.00 LIVE Major League Baseball** Action from MLB Postseason. **5.15** World Superbikes Rewind **5.30—6.00am** Champions League Classics: Juventus v AC Milan in 2003

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am NWSL Football **8.00** Classic Premier League (AD) **9.00** Mountain Biking **10.00** Prem Rugby Union **3.00pm** Prem Rugby Union: the Wrap Up **3.15** AFL **4.45** The Gruppetto **5.00** Laver Cup Tennis **7.00** Showjumping **8.00** The Gruppetto **8.15** World Superbikes Rewind **8.30** World Rally (AD) **9.00** Inside Serie A **9.30** Snooker **11.30** Fishing (AD) **12.30am** Premier League Stories **1.30** UFC **4.30** International One-Day Cricket (AD) **5.30—6.00am** European T20 Premier League Cricket (AD)

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

6.00am Caribbean Premier League Cricket Highlights **10.00** LIV Golf (AD) **3.00pm** Showjumping: action from the Jumping World Cup and the Jumping World Breeding Championship **5.00** Caribbean Premier League Cricket Highlights: including Saint Lucia Kings v Barbados Tridents, Antigua & Barbuda Falcons v Trinbago Knight Riders and St Kitts & Nevis Patriots v Jamaica Kingsmen **12.30am** World Rally (AD) **1.00—6.00am** Formula E Highlights

WEDNESDAY



BODY MAN
Richard Armitage as Ethan Winter, the latest TV pathologist making waves

DRAMA

Winter *9.00pm* ***ITV1*** *Full series available on ITVX*

NEW SERIES

If Bristol-based pathologist Dr Ethan Winter (Richard Armitage) were to turn up at one of Emilia Fox's postmortems on *Silent Witness*, she'd be putting a gloved finger to her lips in no time. Honestly, the man can't keep quiet while examining a corpse, chatting away as though it were still a living, breathing human being.

"Kidney transplant? You were quite young to have had one of those. Finger marks? That must have hurt," he observes, prodding and probing. Mind you, it's not hard to see why Armitage is so in demand as an audiobook narrator. Few corpses would appreciate being commented upon by Joe Pasquale. But Armitage? He's like Galaxy chocolate with a voice box.

Sadly, the show isn't quite as smooth as its star. Winter ticks every box on the maverick checklist: he does things his way, drives a classic car, irritates the police and carries a hefty dose of personal anguish. "Do you smell that?" he asks at one point. "Compost, rotting meat, faeces." He's sniffing out a crime scene, but it also describes the freshness of the plot. DAVID BROWN

DOCUMENTARY

Saving Lives at Sea

8.00pm ***BBC Two*** *Catch up: iPlayer*

The RNLI's volunteers risk their lives every time they are called out to sea. No more is that evident than in Porthcawl tonight, where they respond to multiple 999 calls about a man who has been swept away. The Welsh crew launch a rescue mission in "the most dangerous conditions [we've] ever been out in", fighting their way against waves so big they lift their boat into a freefall.

In calmer waters, the St Helier crew must come to the aid of a French yacht after it suffers a mechanical failure near Jersey, while on the south Wales coast, the Barry Dock lifeboat is dispatched to support two people on a remote island who have ingested hemlock: a poisonous plant that can be fatal. **STEPHEN KELLY**

PROPERTY

Location, Location, Location/Grand Designs *8.00pm/9.00pm* ***C4***

Catch up via C4 streaming

A double bill of guilty property pleasure starts with two couples about to make the leap from renting to buying. Kirstie Allsopp helps Ruth and Ryan find somewhere that compares with the luxurious Cheshire rental they have no hope of owning. Meanwhile, Phil Spencer explores the idyllic English/Welsh borders for a rural retreat for newlyweds Peter and Kirsty. Can they afford the good life they crave?

Budgets are definitely on the mind of architect Seb, who tells Kevin McCloud of his grand design plan to build a unique house on the site of his grandparents' garden in London. It's a big gamble, with financial, professional and personal implications. **JOHNATHON HUGHES**

DOCUMENTARY

The Shaman's Grave

8.00pm ***BBC Four***

Catch up via iPlayer

Germany 1934: the bones of an ancient priestess are exhumed and used by the Nazis to bolster their Aryan propaganda. It sounds like an Indiana Jones movie plot, but this documentary tells the real story of how modern archaeologists used genetic profiling to reinterpret this rare find, like DNA detectives on a 9,000-year-old cold case.

Gradually, an image of the shaman's face emerges; they even reckon they can tell what eye colour she had.

Interestingly, this computer-generated face is used in the reconstructions featured, which are nicely atmospheric, although they do have an oddly PlayStation look about them. **GARY ROSE**

DRAMA

The Chelsea Detective

8.00pm ***U&Drama***

This week's episodes available on U

Beauty may be in the eye of the beholder, but in Chelsea, it's more in the eye of the bank manager. While investigating the suspicious death of a salon owner, Max (Adrian Scarborough) is flabbergasted by the cost of the treatments on offer, reckoning some are more expensive than his new bike.

More intriguingly, the murdered woman had been overcharging a client to the tune of thousands – and this customer hadn't even realised they were being fleeced. But were they truly oblivious? It's just one question that needs answering as the team gets beneath the glossy surface of the glamour business. Find out tomorrow at 8.00pm why the pursuit of perfection came at such a high price. **DB**

DRAMA

Shakespeare and Hathaway: Private Detectives

*8.00pm **U&Alibi** Catch up via Now*

What it lacks in credibility, this episode more than makes up for in novelty, thanks to the sight of Lu and Frank being hypnotised into believing they've swapped bodies. Yes, it's cosy crime meets *Freaky Friday*, all courtesy of the stage act of the Omniscient Octavius, who is unfortunately murdered before he can reveal the release word to those under his spell. It's not a case that can be taken that seriously, though James Lance does his best to lend it some gravitas as the performer, swishing his cape as if he's about to launch into a paso doble. **DB**

DOCUMENTARY

Cause of Death

*9.00pm **5** Catch up via 5 streaming*

You'll remember the news stories about how, after 19-year-old Jay Slater went missing in Tenerife in June 2024, his body was discovered at the bottom of a ravine. Social media was awash with rumours, but the inquest concluded it was an accident. Understandably, Jay's mother wants more information.

Forensic pathologist Dr Richard Shepherd, who also carried out the postmortem, uses medical evidence to suggest what may have affected Jay's decisions. He compares his investigation to fitting together the scattered pieces of a jigsaw. **JR**



WINGNUTS AND BOLTS Julyan Wallis repairs a guitar with a rocking history

CRAFT

The Repair Shop: beyond the Barn

*8.00pm **BBC One** Catch up via iPlayer*

Ray Walters makes his debut in the *Repair Shop* barn when he restores a fountain pen that was bought in Singapore at the start of the Second World War and has a wonderfully romantic story attached to it.

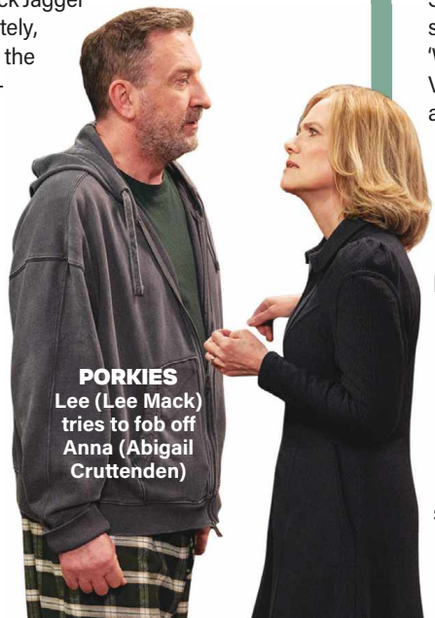
The other precious objects that the craftspeople restore and then see being used or enjoyed back in their owners' homes include a much-cuddled stuffed terrier connected to our late Queen, an unplayable guitar that once shared a Liverpool stage with the Beatles in their formative years (and, incredibly, its owner refused John Lennon's offer to join the band permanently) and a trophy for the elite sport of stone-skimming that has seen better days. Will Kirk and Julyan Wallis report on their return home, while Brenton Walsh goes to Easdale near Oban to check out the trophy and try his hand at this unique sport. JANE RACKHAM

SITCOM

Not Going Out *9.30pm **BBC One** Full series on iPlayer*

Anna and Toby are coming to dinner and, fearing she'll be judged, Lucy has treated herself to a beauty treatment. Only she's returned with lips so oversized that even Mick Jagger would do a double take. Unfortunately, she and Lee haven't time to cancel the meal – or get their stories straight – before their guests arrive.

Anna, who has always been sitcom shorthand for "controlling wife" (as opposed to Toby's "long-suffering husband"), immediately senses that something doesn't add up when Lee appears to be alone in the house. Principally because he's claiming Lucy's mother has been rushed to hospital, while Lucy has left a voicemail saying the cat is sick. With one lie piling on top of another, what will be exposed first – the fibs or the fillers? **DB**



PORKIES Lee (Lee Mack) tries to fob off Anna (Abigail Cruttenden)

TRAVEL

Martin Compston: Living Las Vegas

*10pm **C4** Catch up: C4 streaming*

Martin Compston is a long way from his lanyards as bent copper-catcher Steve Arnott in *Line of Duty*. As he says: "We all know the phrase, 'What happens in Vegas stays in Vegas'. Well, I actually did. I married a girl from here. Now it's my home from home." As the three-part travelogue continues, the actor resumes an insider's tour of his adopted city. He visits the burgeoning Arts District with a local chef and embraces the cowboy lifestyle at Sandy Valley Ranch. Compston reunites with a pal from back home in Scotland, drag artist Lawrence Chaney, and takes an emotional journey to the Grand Canyon to discover the land's historical and spiritual significance. **MICHAEL HOGAN**



ALSO ON TODAY

Tipping Point: Best Ever Finals

*7.30pm (11.15pm Wales, Thursday 11.15pm UTV) **ITV1***

More mechanical fun as Steps's Claire Richards and lecturer Syd attempt to win big. Ben Shephard (above) hosts this compilation.

Scotland's Golden Coast *9.00pm **More4***

Uplifting stories from the east coast, including cricket on the sand in Fife and a geological time trail in Dunbar.

Under Suspicion: Tracie Andrews – Road Rage Killer

*10.00pm **5***

Emma Rigby plays Andrews in this dramatised doc about the 1996 killing of Lee Harvey.

LIVE SPORT

Men's ODI Cricket

India v West Indies

*9.15am **TNT Sports 1***

South Africa v Australia

*12 noon **Sky Sports Main Event/Cricket***

Darts: World Grand Prix

*7pm **Sky Sports Main Event***

Day three from the Mattioli Arena in Leicester.

Snooker: Shenzhen Open

*7am, 12.30pm **TNT Sports 2***

Third-round action from the Chinese city.

SPORT HIGHLIGHTS

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FILM REVIEWS

PAGE 77

WEDNESDAY MAIN CHANNELS

DAYTIME

BBC One

6.00am Breakfast With Jon Kay and Sally Nugent. (S) (HD)
9.30 Morning Live Magazine show featuring a topical discussion and expert advice. (S) (HD)
10.45 Rip-Off Britain How fraudsters use social media to pull on people's heartstrings, and a dog rescue that was cruelly used in a viral con. (S) (HD)
11.15 Homes under the Hammer Properties in Dunfermline, Torquay and London. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Danny Sebastian presents from Naseby in Northamptonshire. (R) (S) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
2.00 Clean It, Fix It The team help Angela and Terry, whose health challenges and busy family life have left their home unfinished and overwhelming. (S) (HD)
2.30 Amanda and Alan's Greek Job Alan creates a mythological reading room, while Amanda wants to build a bath inspired by an AI image. (R) (S) (AD) (HD)
3.00 Escape to the Country A retired couple search for a home in East Sussex. (R) (S) (HD)
3.45 Garden Rescue Charlie Dimmock revisits a space in Cheltenham, a family-friendly garden in North Somerset and a therapeutic garden in Luton. Repeated Friday 6.30am BBC Two (S) (HD)
4.30—5.15 Antiques Road Trip At the halfway point, Margie Cooper and Ishy Khan find some decorative gems in Norfolk. Repeated Thursday 7.15am BBC Two (S) (AD) (HD)

BBC Two

6.30am Escape to the Country A couple from London search for a home in West Sussex. Shown Tue 3pm BBC One (S) (AD) (HD)
7.15 Antiques Road Trip Searching for items in Lincolnshire. Shown Tuesday 4.30pm BBC One (S) (AD) (HD)
8.00—9.00 Sign Zone **8.00 The Best of Weatherman Walking** Derek Brockway remembers three wildlife walks in Gwynedd, Radnorshire and Ceredigion. (R) (S) (HD)
8.30 Visits to Caldey, Anglesey and Barry Island. (R) (S) (HD)
9.00 BBC News (S) (HD)
12.15pm Politics Live Analysis and debate. (S) (HD)
1.00 Impossible Rick Edwards presents. (R) (S) (HD)
1.45 Unbeatable Hosted by Jason Manford. (R) (S) (HD)
2.30 The Boss Quiz with Susan Calman. (R) (S) (HD)
3.15 The Great British Sewing Bee *5/10.* The sewers create children's sailor suits. From 2022. (R) (S) (AD) (HD)
4.15—5.15 South Pacific Efforts to preserve the region's marine life. First shown in 2009. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.30 Lorraine Showbiz and style. (S) (HD)
10.00 This Morning Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Candid conversation. (S) (HD)
1.30 ITV News Regional News; Weather (S) (HD)
2.00 Dickinson's Real Deal David Dickinson hosts from Aintree, where dealer James Layte splashes out for an extraordinary portrait. (R) (S) (AD) (HD)
3.00 Lingo Dale and Vicki, Chitchalena and Alistair, and Chris and Joy take part. Hosted by Adil Ray. (R) (S) (HD) Followed by **Regional Weather** (S) (HD)
4.00—5.00 Deal or No Deal Stephen Mulhern hosts as Eva takes on the Banker and tries to open the 22 boxes in the right order. Signed repeat 5.05am (R) (S) (AD) (HD)

Channel 4

5.50am Countdown With guest Lee McKenzie (R) (S) (HD)
6.30 The King of Queens Triple bill. (R) (S) (AD) (HD)
7.45 Everybody Loves Raymond (R) (S) (AD) (HD)
9.10 Frasier Four episodes of the sitcom. (R) (S) (AD) (HD)
11.10 American Pickers The team find the mother lode of Americana and one man's trash is another man's treasure. (R) (S) (AD) (HD) **12.05pm News** (S) (HD)
12.10 Find It, Fix It, Flog It Henry Cole makes a table out of a part from a jet and Simon O'Brien thinks a pair of exhaust pipes could become lamps. (R) (S) (AD) (HD)
1.10 The Great House Giveaway Alixe and Loy have six months to transform a two-bedroom semi in Abercarn, Caerphilly, into a family home. (R) (S) (HD)
2.10 Countdown With Lee McKenzie. (S) (HD)
3.00—4.00 A Place in the Sun Leah Charles-King helps John and daughter Grace locate the perfect home in the Coimbra region of central Portugal. (R) (S) (HD)

BBC One 1



Not Going Out *9.30pm* Lee tries to throw Anna and Toby off the scent when they turn up for dinner

5.15pm Pointless
With Alexander Armstrong and Michael Ball. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)
Followed by **Party Political Broadcast**
By the Labour Party. (S) (HD)

7.00 The One Show
JB Gill and Alex Jones present the magazine show.
Editor Joanne Vaughan-Jones (S) (HD)

7.30 EastEnders
Amy gets closer to Craig, while Suki is outmanoeuvred.
Writer Bryan Kirkwood Cast Tuesday/Thursday (S) (AD) (HD)

8.00 The Repair Shop: beyond the Barn
RT *5/8.* Pen restoration expert Ray Walters attends to a fountain pen with a romantic story attached. Bought in Singapore at the start of the Second World War, it was used by a prisoner of war to write love letters to the woman he would later marry. A broken guitar, a trophy for the sport of stone-skimming and a stuffed terrier with a connection to Queen Elizabeth II also receive careful attention. **See page 71.**
Series producer Shane Normoyle Repeated tomorrow 12.10am (S) (AD) (HD)

9.00 Would I Lie to You? The Unseen Bits
Previously unseen material, with team captains David Mitchell and Lee Mack joined by guests including Richie Anderson, Kadeena Cox, Harry Hill, Cush Jumbo, Judi Love, Eddie Marsan, Chris McCausland, Shazia Mirza and Stacey Solomon. Rob Brydon hosts.
Director Barbara Wiltshire
Producers Zoe Waterman and Jake Graham (R) (S) (HD)
Would I Lie to You? More Unseen Bits Friday 7.30pm

9.30 Not Going Out
RT *2/6 Series 15.* **Anna and Toby.** When a beauty treatment goes horribly wrong, Lucy refuses to show her face in public. This creates an embarrassing headache for Lee because Anna and Toby are due to arrive at any moment for a long-awaited weekend visit. Lee spins all sorts of lies to stop them discovering the truth. The whole series is on iPlayer. **See page 71.**

Lee	**Lee Mack**	Toby	**Hugh Dennis**
Lucy	**Sally Bretton**	Delivery driver	**Jessica Hulme**
Anna	**Abigail Cruttenden**		

Writers Lee Mack and Daniel Peak
Director Nick Wood; Producer Jamie Rix (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Candyman ★★★★
Horror sequel. Artist Anthony and his girlfriend Brianna become fascinated by the legend of a supernatural killer, the "Candyman", who supposedly menaces their neighbourhood. Anthony is inspired to create a disturbing new art piece, but then the attendees of his latest show are found brutally murdered… On iPlayer for 30 days. **Review page 77.**

Anthony McCoy	**Yahya Abdul-Mateen II**	William Burke	**Colman Domingo**
Brianna Cartwright	**Teyonah Parris**	Troy Cartwright	**Nathan Stewart-Jarrett**
Daniel Robitaille/Candyman	**Tony Todd**	Grady Greenberg	**Kyle Kaminsky**

Director Nia DaCosta (2020, 15) (S) (AD) (HD)

12.05am The Celebrity Inner Circle *3/8 Series 2.* With La Voix, Fred Sirieix, Dr Ranj Singh, Rav Wilding and Angellica Bell. Hosted by Amanda Holden. Shown Saturday 5.30pm (S) (HD)
12.50 Weather for the Week Ahead (S) (HD)
12.55—6.00am BBC News (S) (HD)

BBC One Freeview 1/HD 101 Freely 1 Freesat 101 Sky 101 Virgin 101

BBC Two 2



Saving Lives at Sea *8.00pm* The Moelfre crew's training session is halted by an emergency search

5.15pm Flog It!
In Hull, Caroline Hawley is delighted to find a painting, and Nick Hall is dazzled by some jewellery. (R) (S) (HD)

6.00 House of Games
Miles Jupp, Cariad Lloyd, Kiell Smith-Bynoe and Lucy Porter take on more general knowledge tasks. (S) (HD)

6.30 Strictly It Takes Two
An exclusive first look at how some of the celebrities are handling their routines. Ellie Taylor hosts. (S) (HD)

7.00 Celebrity Antiques Road Trip
Former *EastEnders* stars Danielle Harold and Max Bowden cruise around the Cotswolds in a 1964 P1800S Volvo, while jewellery experts Hettie Jago and Ishy Khan help them scour the shops. First shown 2025.
Director Ian Hendry; Series producer Ami Anderson (R) (S) (HD)

8.00 Saving Lives at Sea
RT *7/10 Series 11.* The St Helier crew is called out when a French yacht makes a mayday call after suffering mechanical failure near Jersey. In Porthcawl, multiple 999 calls come in about a man who has been swept into the sea, and the crew launch into the most dangerous conditions they've ever faced. Elsewhere, a training exercise is interrupted when a dog jumps off a cliff in Moelfre. A box set is on iPlayer. **See page 70.**
Directors/Producers Emmanuel Ayettey, Sunny Kang, Phil Broadhurst and Victoria Tooley (S) (AD) (HD)

9.00 Who Do You Think You Are?
Paddy McGuinness. The presenter, actor and comedian knows nothing about his family, except for the name of one of his grandparents. With his surname he's pretty certain that there must be some Irish relatives somewhere, but from when and where his heritage comes remains a mystery. From 2024.
Executive producer Colette Flight (R) (S) (AD) (HD)

10.00 QI
Tom Allen, Cariad Lloyd, Jamie MacDonald and Alan Davies answer questions on the theme of trundling. Presented by Sandi Toksvig. First shown in 2023.
Director Ben Hardy; Series producer Piers Fletcher (R) (S) (HD)

10.30 Newsnight With Victoria Derbyshire. (S) (HD)
Weather (S) (HD)

11.00 Unspun World with John Simpson
The BBC's world affairs editor discusses the week's biggest global news stories with his guests. (S) (HD)

11.35 The Misadventures of Romesh Ranganathan
Series 3. The comedian travels to Romania, as he tries to find out if his preconceived views of the country, such as communism, the 1990s orphan crisis and Count Dracula, are justified. First shown in 2022.
Director Finn McGough
Executive producers Emily Hudd and Morgan Roberts (R) (S) (AD) (HD)

12.35—2.20am Sign Zone **12.35 The Split Up** *4/6*
A countryside trip sees Aria and Luke's chemistry reach fever pitch. **See review, p50.** Shown Monday 9pm BBC One (S) (AD) (HD)
1.35 Hey Beautiful: Anatomy of a Romance Scam *1/3*
The true story of three women who became entangled in a romance scam. The whole series is on iPlayer. (R) (S) (AD) (HD)

BBC Online **BBC iPLAYER 6.00pm—2.00am Major League Baseball** Live coverage of a game from the National League Wild Card Series

BBC Two Freeview 2/HD 102 Freely 2 Freesat 102 Sky 102 Virgin 102

ITV1 3



Winter *9.00pm* Richard Armitage stars as an unorthodox forensic pathologist

5.00pm The Chase
Edel, Nigel, April and Daniel take part. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)
Followed by **Party Political Broadcast**
By the Labour Party. (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Tipping Point: Best Ever Finals
Steps singer Claire Richards faces off with the arcade machine for a charity jackpot.
Director Richard van't Riet; Exec producer Kate Lownds (S) (HD)

8.00 Emmerdale
Graham tries to reverse a decision.
Writer Chris Gill Cast Monday/Thursday (S) (AD) (HD)

8.30 Coronation Street
Carl is questioned about the attack on Eva.

Carl Webster	**Jonathan Howard**	George Shuttleworth	**Tony Maudsley**		
Eva Price	**Catherine Tyldesley**	Glenda Shuttleworth	**Jodie Prenger**		
Tim Metcalfe	**Joe Duttine**	Hope Dobbs	**Isabella Flanagan**		
Lucy Parkinson	**Anya Dewin**	Idris Nazir	**Junade Khan**		
Ben Driscoll	**Aaron McCusker**	Izzy Armstrong	**Cherylee Houston**		
Betsy Swain	**Sydney Martin**	Kevin Webster	**Michael Le Vell**		
Carla Connor-Swain	**Alison King**	Kirk Sutherland	**Andrew Whyment**		
Christina Boyd	**Amy Robbins**	Kit Green	**Jacob Roberts**		
David Platt	**Jack P Shepherd**	Leanne Battersby	**Jane Danson**		
Debbie Webster	**Sue Devaney**	Lisa Connor-Swain	**Vicky Myers**		

Writer David Judge More cast Friday (S) (AD) (HD)

9.00 Winter
RT ***New series. 1/6.*** Crime drama. In Bristol, brilliant but unconventional forensic pathologist Ethan Winter is called in when the frozen body of a young woman is found. The whole series is on ITVX from today. **See p70.**

Ethan Winter	**Richard Armitage**	Agatha	**Layla Simmons**
DS Ellis Daldry	**Jamie Kenna**	Eddie Garside	**Josh Barrow**
DI Lauren Bell	**Annabel Scholey**	Rohan Chaudhary	**Rishi Rian**
Austin Dawson	**Ben Castle-Gibb**	Benjamin Draper	**Julian De Backer**
Simone Edwards	**Carlotta Banat**	Sonia Erickson	**Laura Bayston**
Antony Marlowe	**Jay Taylor**	Nita Adeyemi	**Joan Iyiola**
Julia Graves	**Georgie Fellows**	Brian Pickles	**William Owen**
Jamila Ross	**Adwoa Akoto**	Robert Parker	**Matt Emery**
Ron Talbot	**Bob Cryer**	Jury forewoman	**Lucy Brownhill**

Writers David Allison and Mark Greig; Producer Matt Baker
Directors Kaat Beels and Dries Vos (S) (AD) (HD)
View from Richard Armitage's sofa: p138

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 The Magnificent Seven ★★★
Remake of the classic western starring Denzel Washington, Chris Pratt and Ethan Hawke. When a ruthless land baron sets about persecuting the residents of a small town, a young widow turns to a bounty hunter for aid. But he's going to need a little help if he is to restore order. **Review page 77.**
Director Antoine Fuqua (2016, 12) (S) (AD) (HD)

12.55am Home Shopping (HD)
3.00 Should I Ask AI? Tonight Artificial intelligence is everywhere, but can it really make life easier? Geraint Vincent puts it to the test. Shown last Thursday (S) (SL) (HD)
3.25 Bradley & Barney Walsh: Breaking Dad The boys head to the outback, where they help a group of local farmers with their cattle. (R) (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am Deal or No Deal Contestant Eva takes on the infamous Banker. Shown 4pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



Location, Location, Location *8.00pm* Kirstie and Phil search for idyllic properties

4.00pm Help! We Bought a Village
Simon and Anita unlock a basement.
Repeated tomorrow 11am 4seven (S) (HD)

5.00 Four in a Bed
At the historic Dufferin Coaching Inn in Down.
Director/Producer Ben Franklin (S) (HD)

5.30 Come Dine with Me
Night three in Bedfordshire and Cambridgeshire sees Martina serve up Thai curries. (R) (S) (HD)

6.00 A New Life in the Sun: Where Are They Now?
Hugh and Denise make some big changes.
Repeated tomorrow 9am 4seven (R) (S) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Location, Location, Location
RT ***Ep 2.*** Kirstie Allsopp is in Cheshire with Ruth and Ryan, who've been spoiled by renting a house they can't afford to buy but hope to find something just as good for them and their young family. On the English-Welsh border, Phil Spencer is trying to find Peter and Kirsty an idyllic house. **See page 70.**
Directors Sarah Binns and Cath Marsden
Producers Craig Reece and Marie Rooney (S) (HD)

9.00 Grand Designs
RT Thirty-two-year-old London architect Seb has the rare opportunity to build his own house in his grandparents' back garden. His ambitious design challenges many of the conventions of traditional construction, from an innovative roof cladding system to a structure made from timber panels. **See p70.**
Director Marc Beers; Executive producers John Lonsdale and John Comerford Repeated tomorrow 9pm 4seven (S) (AD) (HD)

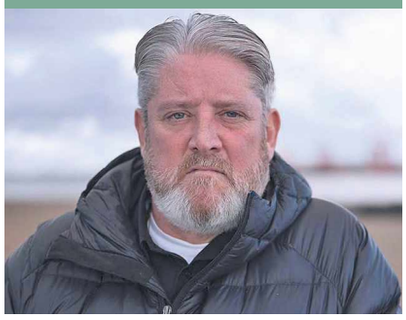
10.00 Martin Compston: Living Las Vegas
RT ***2/3.*** The actor visits Vegas's Arts District with chef James Trees, who reveals how the area has been transformed into a cultural hub. Then Martin and his wife Tianna head out to visit Sandy Valley Ranch. **See page 71.**
Repeated tomorrow 11pm 4seven (S) (AD) (HD)
Travel: page 126

11.05 999: What Happened Next
Ep 4 Series 2. A woman's body is found in a reservoir in a north Wales nature reserve.
Shown Monday 9pm (S) (AD) (HD)

12.10am The Great British Bake Off ***2/10*** *Series 17*
The bakers face the challenges of Biscuit Week.
Shown yesterday 8pm (S) (SL) (AD) (HD) **See feature: p8**
1.30 Ramsay's Kitchen Nightmares USA The chef visits a Japanese restaurant in California. (R) (S) (SL) (HD)
2.20 Rodeo ★★★★ Drama starring Julie Ledru.
Impoverished teen Julia is a motocross fanatic who jumps at the chance to get in with a local bike gang. This new world of petty criminality gives her a sense of freedom — but it also comes with jeopardy. French +subtitles. **Review page 77.**
Director Lola Quivoron (2022, 15) (HD)
4.10 Sunday Brunch Highlights of the show. (R) (S) (HD)
4.25 A Place in the Sun In Axarquía, Spain. (R) (S) (HD)
4.55—5.50am Couples Come Dine with Me
Three couples from Aberdeen take part. (R) (S) (HD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



Murder Scene: the Incident Room *8.00pm* Elle Edwards's father, Tim

5.25am Milkshake! See page 76
9.15 Jeremy Vine (S) (HD)
11.30 Storm and Alexis Discussion. (S) (HD)
12.45pm 5 News (S) (HD)
12.50 Matt Allwright Debate. (S) (HD)
2.20 My Killer Colleague ★★ Thriller.
When Stella starts a new job, not everyone is pleased. Then she is framed for a jealous colleague's murder... Director VT Nayani (2023) (S) (HD)
4.00 Bargain-Loving Brits in the Sun
On the Costa Del Sol, Ant gets to grips with his new community. Repeated 2.45am (R) (S) (HD)

5.00pm 5 News (S) (HD)

6.00 The Big Steam Adventure
4/4 Series 2. The trio explore the Scottish Highlands, visiting the Cairngorms. (R) (S) (HD)
6.55 5 News Update (S) (HD)

7.00 Call the Bailiffs: Time to Pay Up
Agent Lewis is pursuing a debtor named on a High Court writ for unpaid rent. Last in series.
Directors/Producers Anna Lumsden, Craig Ellis and John Russell (S) (AD) (HD)
7.55 5 News Update (S) (HD)

8.00 Murder Scene: the Incident Room
New series. Ep 1 Series 3. The case of the gunman who opened fire on innocent bystanders in Wallasey on Christmas Eve 2022, killing 26-year-old Elle Edwards.
Exec producers Andrew Sheldon and Christian Hills (S) (HD)

9.00 Cause of Death
RT ***New series. 1/12 Series 4.*** Documentary series following real-life investigations by a coroner. Jay Slater's mother, Debbie Duncan, is taken through her son's post-mortem by Dr Richard Shepherd. **See p71.**
Director Lee Chapman; Executive producers Zoe Callan, Annaliese Edwards and Anna Hall (S) (HD)

10.00 Under Suspicion: Tracie Andrews — Road Rage Killer
Fact-based crime drama about the woman who claimed her partner, Lee Harvey, had been killed in a road-rage incident in 1996.

Tracie Andrews	**Emma Rigby**	Reporter	**Claudia Sermbezis**
DS Brian Russell	**Tomi May**	Uniformed officer	**James Kem**
Maureen Harvey	**J Alexandra Marriott**	Press officer	**Rita Estevanovich**
		Press	**Magali Burta, Benjamin**
Lee Harvey	**Guy Amos**		**Chappell, Babita Christie, Frederic**
SIO Ian Johnston	**Laurence Saunders**		**Demenge, Jean-Luc Fontaine,**
Rod Chaytor	**Caspar Thomas**		**Sonia Khan, Sabrina Parmar,**
Solicitor	**Marc Pierre Turnerp**		**Christopher Payne, Martin Permutt**

Writer Grant Armour; Executive producers Nat Lippiett and Dan Grabiner; Director Grant Armour (S) (AD) (HD)

11.35 Ambulance: Code Red
A man suffers repeated cardiac arrests as medics fight to save him. (R) (S) (AD) (HD)

12.35am Cops A fleeing man causes alarm. (R) (S) (HD)
12.55 Entertainment News (S) (HD)
1.00 Home Shopping (R) (S) (HD)
2.00 The Big Steam Adventure Lake District. (R) (S) (HD)
2.45 Bargain-Loving Brits in the Sun Shown 4pm (S) (HD)
3.35 Warship: Life in the Royal Navy (R) (S) (AD) (HD)
4.25 The Wonderful World of Chocolate (R) (S)
5.15—5.25am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC ONE SCOTLAND
6.30—7.00pm Reporting Scotland; Party Political Broadcast: by the Scottish Labour Party **10.40** Debate Night **11.40** Scotcast: news stories **12.10am FILM:** Candyman **1.35** Weather for the Week Ahead **1.40—6.00** BBC News

BBC SCOTLAND
7.00pm Reporting Scotland **7.30** Scotland's Home of the Year 2023 **8.00** Island Crossings **9.00** Debate Night **10.00** Dinosaur: double bill. **11.00** Scotcast **11.30—12 midnight** Race against the Tide

STV
10.30pm STV News **10.40** Scotland Tonight **11.05** Fatal Lies: True Crime Presents **12midnight—3.00am** Home Shopping

BBC ONE WALES
6.30—7.00pm BBC Wales Today; Party Political Broadcast: by the Welsh Labour Party **10.40** Feast of Football **11.10 FILM:** Candyman **12.35am** The Celebrity Inner Circle **1.20—6.00** BBC News

ITV1 WALES
6.00—6.30pm ITV News Wales; Party Political Broadcast: by the Welsh Labour Party **7.30—8.00** Backstage **10.45** It'll Be Alright on the Night **11.15** Tipping Point: Best Ever Finals **11.45** Fatal Lies: True Crime Presents **12.40—12.55am** Coast and Country

BBC ONE NORTHERN IRELAND
6.30—7.00pm BBC Newsline **10.40** Nolan Live **11.40 FILM:** Candyman **1.05am** The Celebrity Inner Circle: with La Voix, Fred Sirieix, Dr Ranj Singh, Rav Wilding and Angellica Bell **1.50—6.00** BBC News

BBC TWO NORTHERN IRELAND
7.00pm Mastermind **7.30—8.00** Only Connect **11.00** Colin from Accounts **11.40** Unspun World with John Simpson **12.10—12.35am** BBC News

UTV
6.00—6.30pm UTV Live **7.30—8.00** Mahon's Way

BBC FOUR and Freeview channels listings overleaf ▶

WEDNESDAY FREEVIEW CHANNELS

BBC Four

24 IN SCOTLAND 9



The Shaman's Grave *8.00pm* A cold case from the Mesolithic period

7.00pm Canals: the Making of a Nation
Capitalism. Liz McIvor recounts the story of "canal mania" — a period of frenzied activity that helped develop Britain's modern financial economy, now centred in London. First shown in 2015.
Repeated 1.55am (S) (HD)

7.30 Timothy Spall: Back at Sea
2/4 Series 2. **Mad about the Buoys.** The *Princess Matilda* sails into Liverpool, but Tim has a difficult time reaching shore as he struggles to navigate around tankers and ferries. First shown in 2011.
Director/Producer Paul Crompton
Repeated 2.25am (S) (AD) (HD)

8.00 *New.* The Shaman's Grave
RT Researchers in Germany reopen a case from the Mesolithic period — the grave of a woman and a child. An exploration into the roots of human psychology and the beginnings of spirituality helps to unlock the mystery of a Stone Age woman. **See page 70.**
Director Christian Steifenhofer (S) (HD)

9.00 The Human Body: Secrets of Your Life Revealed
2/3. **Survive.** Drs Chris and Xand van Tulleken explore the lengths the body goes to in order to keep its organs working. They show how reflexes of fear and disgust keep us safe, and uncover the mechanisms our bodies call on to repair damage. First shown in 2017.
Director Matthew Dyas; Series producer Nigel Paterson
Signed repeat 2.55am (S) (AD) (HD)

10.00 Middlemarch
5/7. Ladislaw vows to leave Middlemarch, while Dr Lydgate's financial and marital problems worsen. (S)
10.55 *6/7.* The future looks bleak for the Lydgates as their marriage collapses. From 1994. The whole series is on iPlayer

Fred Vincy	Jonathan Firth
Rev Camden Farebrother	Simon Chandler
Dr Tertius Lydgate	Douglas Hodge
Mr Spooner	David Sibley
Mary Garth	Rachel Power
Rosamond Vincy	Trevyn McDowell
Dorothea Brooke	Juliet Aubrey
Mrs Dollop	Pam Ferris
Will Ladislaw	Rufus Sewell

Dramatised by Andrew Davies; Producer Louis Marks
Director Anthony Page (S)

11.55 Everything Is Connected: George Eliot's Life
In an *Arena* film from 2019, Gillian Wearing celebrates the legacy of George Eliot. Extracts from Eliot's novels, letters and the first-hand accounts of those who knew her are read by people from Nuneaton, Coventry and London and narrators Jason Isaacs and Sheila Atim.
Director Gillian Wearing; Producer Martina Hall (S) (HD)

12.55am Bullets, Boots and Bandages: How to Really Win at War *2/3.* Moving armies during wartime. First shown in 2012 (S) (HD)
1.55 Canals: the Making of a Nation
Shown 7pm (S) (HD)
2.25 Timothy Spall: Back at Sea
Shown 7.30pm (S) (AD) (HD)
2.55—3.55am The Human Body: Secrets of Your Life Revealed Shown 9pm (S) (AD) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three

23



Ambulance: 10 Years on the Frontline *9.30pm* Helping hands

7.00pm *New.* The Catch-Up (S) (HD)

7.05 Horrible Histories
Gruesome tales from the Viking, Stuart, Roman and ancient Egyptian eras. (S) (AD) (AD)
7.30 Featuring an Anglo-Saxon ghost hunt, a bizarre Victorian menu and the rise and fall of the Roman Empire. (S) (AD)

8.00 DIY SOS
2/5. In Devon, Nick Knowles and the team help Georgie and her three children complete their home as they struggle with the sudden death of their husband and father Chris. **See review, p61.**
Shown yesterday 8pm BBC One (S) (AD) (HD)

9.00 Clickbait Clinic with Stacey Dooley
2/6. Stacey explores the carnivore diet, popularised by Joe Rogan and Elon Musk, and looks into an online trend for "nature's Ozempic". The whole series is on iPlayer.
Shown Monday 8.30pm BBC One (S) (AD) (HD)

9.30 Ambulance: 10 Years on the Frontline
2/6 Series 15. An ambulance crew in Bridlington care for an elderly patient suffering with stroke symptoms. (S) (HD)
10.30 *2/6 Series 16.* In Hull, Gretel and Alisha treat a traffic warden who has been attacked while working. (S) (HD)
11.30 *4/6.* In Halifax, Kanada and Chris assist a farmer who crashed into a wall, then tend to a 64-year-old woman who has fallen from her mobility scooter. (S) (HD)
12.30am OnlyFans: inside the Machine (S) (AD) (HD) **1.30** Planet Sex with Cara Delevingne (S) (HD) **3.45—4.00am** Proper Ladies (S) (HD)

BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2

6

6.00am Backyard Builds (S) (HD) **6.30** Dinner Date (S) (AD) (HD) **7.30** The Real Housewives of Potomac (S) (HD) **8.20** The Real Housewives of Beverly Hills (S) (HD) **9.15** The Only Way Is Essex (S) (HD) **10.15** Dawson's Creek (S) (HD) **11.10** Charmed (S) (HD)
12.05pm Deal or No Deal (S) (AD) (HD) **1.05** Supermarket Sweep: hosted by Rylan Clark (S) (HD) **2.05** Ant & Dec's Limitless Win (S) (AD) (HD) **3.10** The Only Way Is Essex (S) (HD) **4.10** The Real Housewives of Potomac (S) (HD) **5.00** The Real Housewives of Beverly Hills (S) (HD)
6.00pm Celebrity Catchphrase for Soccer Aid Scarlette Douglas, Patrick Kielty and Clive Tyldesley take part. (S) (AD) (HD)
7.00 Ant & Dec's Limitless Win Childhood sweethearts Bianca and Ky continue their climb up the Limitless Ladder. (S) (AD) (HD)
8.00 The 1% Club Lee Mack introduces the game show where contestants answer increasingly difficult logic problems. (S) (AD) (HD)
9.00 *New.* Big Brother A group of contestants live under 24-hour surveillance. (S) (HD)
10.00 *New.* Big Brother: the Group Chat Exclusive interviews with housemates, celebrity fans and special guests. (S) (HD)
11.05 Family Guy *Series 9.* Lois displays unexpected skill as a boxer. (S) (AD) (HD)
11.35 *Series 14.* Lois and her friends take a shine to hunky reporter Dallas. (S) (AD) (HD)
12.05am American Dad! (S) (AD) (HD) **1.05** Bob's Burgers: double bill (S) (AD) (HD) **1.55** G'wed (S) (SL) (AD) (HD) **2.30—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115 +1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3

10



DCI Banks *11.05pm* The detective investigates a multiple disappearance

6.00am Wild at Heart: *1/8 Series 3.* Sarah and Caroline invest in luxury lodges (S) **7.05** Classic Emmerdale (S) (AD) **8.05** Classic Coronation Street (S) (AD) **9.10** Inspector Morse: *Series 3. The Last Enemy.* An academic disappears (S) (AD) (HD) **11.35** Heartbeat: *24/26.* Lord Ashfordly's guests arouse suspicion (S) (AD); **12.35pm** *25/26* Peggy gets into trouble again (S) (AD)
1.35pm The Royal: *5/14 Series 3.* A jazz band falls ill after eating at a local café (S) (AD) **2.40** Wild at Heart: *2/8 Series 3.* Sarah fires her own mother (S) **3.40** Classic Emmerdale: double bill. Natasha confronts Mark, the she tries to get to the bottom of Mark's lies (S) (AD)

4.40pm Classic Coronation Street
Tara confronts Lisa over Dev. (S) (AD)
5.15 Liz is taken by surprise when Steve and Becky return from the Maldives. (S) (AD)

5.50 Heartbeat
26/26 Series 14. Gina makes a gruesome discovery and Peggy acquires a freezer for her latest business venture. (S) (AD)
6.55 *1/26 Series 15.* An infamous London gangster arrives in the area to try to rebuild his life after prison. (S) (AD)

8.00 Midsomer Murders
Series 7. **Bad Tidings.** A local woman is found murdered following a row with her husband at a residents' association Spanish-themed evening. (S) (AD)

10.00 Downton Abbey
2/9 Series 3. Mary hopes to receive a bailout from her grandmother. (S) (AD) (HD)

11.05 DCI Banks
Aftermath 1/2. A routine house call leads to a policeman's murder. (S) (AD) (HD)
12 midnight Aftermath 2/2. The death of serial killer Marcus Payne leaves more questions than answers. (S) (AD) (HD)
1.00am The Royal: A mining accident puts Dr Goodwin's reputation at risk (S) (AD)
2.00—2.30am Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117 +1 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am American Pickers (S) (HD) **8.05** Minder (S) (SL) (AD) **9.10** The Champions (S) **10.15** The Grand Fishing Adventure (S) (AD) (HD) **11.20** The Professionals (S) (AD)
12.25pm The Champions (S) **1.35** American Pickers (S) (HD) **2.40** American Pickers: the Pick, the Pawn, and the Polish (S) (HD) **3.45** Ice Road Truckers (S) (HD) **4.50** The Professionals (S) (AD) **5.50** Minder: Arthur takes over a steam-cleaning business (S) (AD)
6.55pm *New.* Prem Rugby Unleashed Featuring Harlequins v Bath, Northampton Saints v Newcastle and Sale Sharks v Bristol.
7.25 River Monsters Jeremy Wade looks for a feared marine creature in Central America.
7.55 Sharpe Hakeswill returns to create more mischief for Sharpe, kidnapping a beautiful aristocrat and undermining the discipline of Wellesley's men. (S) (HD)
10.00 FILM Raw Deal ★★★ Action thriller starring Arnold Schwarzenegger as Mark Kaminski, a sheriff who was forced out of the FBI for using excessive violence. Now the bureau wants him back to help apprehend a ruthless gangster. **Review p77.** (S) (AD) (HD)
12.10am All Elite Wrestling: Collision (S) (HD)
2.05—3.00am BattleBots (S) (HD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118 +1 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama

20



The Chelsea Detective *8.00pm* Max interrogates several suspects

7.30am The Bill Rptd 12 noon (S) **8.25** Doctors: double bill. Cherry grows suspicious, then a woman takes control of her life (S) (HD) **9.40** Classic Holby City: Sam confronts Chrissie (S) **11.00** Casualty: a family needs help (S) (AD) (HD)
12 noon The Bill: Clarke loses a key witness Shown 7.30am (S) **1.00pm** Classic EastEnders: double bill. Michael reveals his true intentions, then Ronnie resolves to deal with Michael (S) (HD) **2.20** Classic Neighbours: double bill. Daphne Lawrence decides to move out, then Joan reflects on her past relationship with Jeff (S) (HD) **3.20** Sister Boniface Mysteries: *1/8 Series 3.* An actor is murdered (S) (AD) (HD) **4.20** Father Brown: *1/10 Series 2. The Ghost in the Machine.* A parishioner disappears (S) (AD) (HD) **5.20** As Time Goes By: *5/7 Series 6* Judith's boyfriend stays at the house (S)

6.00pm Last of the Summer Wine
Series 17. **The Suit That Turned Left**
A mysterious man dupes the friends. (S) (AD)
6.40 Beware of the Elbow. The trio meet a man with an inflatable doll. (S) (AD)
7.20 The Thing in Wesley's Shed
Wesley unveils his latest creation. (S) (AD)

8.00 *New.* The Chelsea Detective
RT *5/8 Series 4.* **Beauty Costs 1/2**
A woman is found dead in her own beauty salon. **See p70.** Rptd 1am (S) (AD) (HD)

9.00 Father Brown
4/10 Series 7. **The Demise of the Debutante**
A killer strikes at a finishing school. (S) (AD) (HD)

10.00 New Tricks
2/10 Series 12. **Last Man Standing 2/2**
Danny goes on the run. (S) (AD) (HD)

11.00 Copper
13/13 Series 2. **The Place I Called My Home**
Corcoran joins a national effort. (S) (HD)
12 midnight Lovejoy: *8/14 Series 4.* A desk is destroyed (S) **1.00am** The Chelsea Detective: Shown 8pm (S) (SL) (HD) **2.00** Sister Boniface Mysteries: *2/8 Series 3.* A local toymaker is stabbed to death (S) (AD) (HD) **3.00—4.00am** At Home with the Braithwaites (S)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Freely 260 Sky 243 Virgin 316

U&Dave

19

7.10am Pointless **8.00** Border Force: America's Gatekeepers (AD) **10.00** Rick Stein's Cornwall
12 noon Hairy Bikers' Best of British **1.00pm** Top Gear: double bill **3.00** James May's Man Lab **4.00** Rick Stein's Cornwall: four editions
6.00pm Hairy Bikers' Best of British
Dishes using rabbit, grouse and venison.
7.00 Mortimer and Whitehouse: Gone Fishing Rainbow trout in Derbyshire. (AD)
7.40 Would I Lie to You? Chizzy Akudolu, Simon Gregson, Michelle Visage and Henning Wehn tell absurd facts and plausible fibs.
8.20 With panellists Shirley Ballas, Steven Bartlett, Josie Gibson and Chris McCausland.
9.00 QI XL With guest panellists Andy Hamilton, Rich Hall, Phill Jupitus and Alan Davies.
10.00 Have I Got a Bit More News for You
Richard Ayoade hosts the satirical quiz.
11.00 Eight out of 10 Cats Jimmy Carr welcomes guests Krishnan Guru-Murthy, Phil Wang, Gabby Logan and Rosie Jones.
11.50 Mock the Week Panellists include Tom Allen, Angela Barnes and Ed Byrne.
12.30am Would I Lie to You?: double bill
1.50 QI XL **2.50** Richard Osman's House of Games **3.25—4.00am** Judge Romesh

U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

Radio Times Pension Service Get your free pension review from our partner Pense See page 128

More4 18



Scotland's Golden Coast *9.00pm* Rachel and Graham Bucknall in Fife

8.55am Four in a Bed **11.35** Come Dine with Me **2.15pm** Four in a Bed **4.50** Car SOS (AD)
6.50pm The Dog House Keen to find a dog she can co-own with her mum, Olympic champion track cyclist Victoria Pendleton meets Leilo the ridgeback, who suffers from long-term medical issues. (AD)
7.55 Stanley the anxious staffie meets dog-loving couple Linda and Richard, while Dexter and Aaron are looking for a fluffy, chunky canine — will Ellie the chihuahua win them over despite not fitting their criteria? (AD)
9.00 ***New.*** **Scotland's Golden Coast** *2/5* On the golden sands of Elie in Fife, one of the world's most unusual cricket clubs prepares for its first match of the season. Further north, Stonehaven's art deco outdoor pool is preparing to open its doors for summer. (AD)
10.00 24 Hours in A&E Three patients and how they cope when life takes an unexpected turn, including a patient who severed three of his fingers with an electric saw. Plus, a man with motor neurone disease is rushed to St George's with severe sepsis. (AD)
11.05 Iris, who is 91, arrives with two leg fractures, leaving staff concerned that she may not survive. Alison is rushed to A&E with sepsis, a life-threatening immune response to a chest infection, and Elijah has injured his finger in a kebab slicer. (AD)
12.05am Emergency Helicopter Medics: a motorcycle collision on the M25 (AD) **1.10** 24 Hours in A&E (AD) **3.20—3.50am** A Place in the Sun

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Hollyoaks Shown Monday/yesterday (AD) **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine with Me **8.00** Ramsay's Hotel Hell (AD) **10.00** Below Deck Down Under (AD) **11.00** Modern Family: double bill (AD)
12 noon The Simpsons (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family (AD) **5.00** The Simpsons: four episodes (AD)
7.00pm ***New.*** **Hollyoaks** Ant worries that Kathleen-Angel doesn't see a future with him. Sienna makes a disturbing discovery. (AD)
7.30 Brooklyn Nine-Nine *1/23 Series 2* Peralta and Boyle track down a mobster. (AD)
8.00 ***New.*** **Below Deck Down Under** A charter guest sends chef Ben spiralling. (AD)
9.00 ***New.*** **Ramsay's Kitchen Nightmares USA** The chef visits Boodles in Michigan.
10.00 Gogglebox Opinions on *Strictly Come Dancing* and *The Pet Show*. From 2021. (AD)
11.00 First Dates Karen sets out to give a retired teacher's dating game a boost. (AD)
12.05am Naked Attraction (AD) **1.05** Gogglebox (SL) (AD) **2.10** Below Deck Down Under (AD) **3.00** Ramsay's Hotel Hell (SL) (AD) **3.50** The Simpsons (AD) **4.15** The Goldbergs (AD) **5.05** Brooklyn Nine-Nine (AD) **5.30—6.00am** Modern Family (AD)

E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Fantasy Homes **7.00** Shopping **8.00** Escape to the Country (AD) **9.00** Salvage Hunters **12 noon** Derbyshire Auction House (AD) **2.00pm** Repair Shop **3.00** Salvage Hunters **4.00 5.00** Long Lost Family (AD) **6.00** Repair Shop **7.00** Yorkshire Auction House **8.00** Antiques Road Trip (AD) **9.00** Long Lost Family (AD) **10.00** Who Do You Think You Are? **11.00** Help! My House Is Haunted (AD) **2.00am** Shopping **4.00—6.00am** Salvage Hunters

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



Yuja x Hockney at Lightroom London *7.40pm* Art-inspired pieces

6.00am Classic FM Live: a Film Music Spectacular **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Jason Robards: a profile of the Oscar winner (AD)
12 noon Classic Albums (AD) **1.00pm** Tales of the Unexpected (AD) **2.00** Alfred Hitchcock Presents **3.00** Master Crafters: the Next Generation (AD) **4.00** Discovering: Richard Dreyfuss (AD) **5.00** Portrait Artist of the Year 2025: painting Dame Mary Berry (AD)
6.00pm Tales of the Unexpected A Vietnam veteran gets a chance for revenge. (AD)
6.35 The Alfred Hitchcock Hour Drama starring Martin Landau. A lawyer becomes very disturbed by a client's bragging. (BW)
7.40 Yuja x Hockney at Lightroom London A concert in which acclaimed classical pianist Yuja Wang plays pieces inspired by her responses to David Hockney's artworks.
9.00 Yuja The life and career of Chinese-American pianist Yuja Wang, looking at the sacrifice and dedication required to be a superstar performer in the public eye.
10.45 Art's Most Horrific Terrifying artistic displays of blood, gore and death, and why art is so obsessed with horror.
11.45 The Nineties International politics during the decade, including the Gulf War.
12.45am Hammer: Heroes, Legends and Monsters (AD) **2.45** Glenn Close: a Feminist Force **4.00** The Art of the Garden **5.00—6.00am** Master Crafters: the Next Generation (AD)

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am A New Life in the Sun: Where Are They Now? **10.00** Find It, Fix It, Flog It (AD) **11.00** Help! We Bought a Village
12 noon A Place in the Sun **3.00pm** Come Dine with Me: in Leeds **5.30** Four in a Bed
6.00pm A Place in the Sun John and his daughter Grace seek a "forever home" in the Coimbra region of central Portugal.
7.00 The Great Celebrity Pottery Throw Down *3/5.* It's Raku Week, and the potters make animal sculptures and face the bucket of doom. **See review, page 40.** (AD)
8.15 A Place in the Sun The hunt for a home in the seaside town of Alvor on the Algarve.
9.00 24 Hours in A&E Superbike rider Max is rushed in after a motorcycle crash. (AD)
10.00 999: What Happened Next *Ep 4 Series 2.* A body is found in a reservoir in a north Wales nature reserve. (AD)
11.00 Gogglebox More responses to the latest small-screen offerings from the regular cast of armchair critics around the UK. (AD)
12.05am Celebrity Gogglebox (AD) **1.05** Inside the World's Most Luxurious Cruises (AD) **2.05** The Dog House (AD) **3.10** The Great British Bake Off (AD) **4.30—5.00am** Kirstie and Phil's Love It or List It: Brilliant Builds (AD)

4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Lingo **2.00** Tenable **3.00** Wheel of Fortune (AD) **4.00** Riddiculous **5.00** Deal or No Deal: Rachel tries to open the boxes in the right order (AD) **6.00** Lingo **9.00** Beat the Chasers (AD) **10.00** Tipping Point **12.55am** Tenable: five friends from Morecambe take part **1.50** Riddiculous **2.40—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Guy Martin's Spitfire *8.00pm* The mechanic helps to rebuild an aircraft

6.10am Secrets of the London Underground (AD) **8.00** Bangers and Cash (AD) **10.00** Churchill's Bid to Abolish Britain **11.00** Battle Honours: the Screaming Eagles (AD)
12 noon Antiques Roadshow **2.00pm** Bangers and Cash (AD) **4.00** Churchill's Bid to Abolish Britain **5.00** Battle Honours (AD)
6.00pm Antiques Roadshow Fiona Bruce returns to Arley Hall, Cheshire.
7.00 Frozen Planet People who live and work in the polar regions. (AD)
8.00 Guy Martin's Spitfire A project to rebuild a Spitfire shot down in 1940.
9.40 Canal Boat Diaries Robbie Cumming has problems on the Grand Union Canal.
10.10 Bangers and Cash Dave Mathewson has put his best clean T-shirt on to collect a 1965 Land Rover from a stately home. (AD)
11.10 Paul helps a collector on the East Coast say goodbye to his Excelsior Consort. (AD)
12.10am A series of head-turning supercharged cars head to the auction room. (AD)
1.05 Find It, Fix It, Flog It **2.05—3.00am** Secrets of the London Underground (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am Salvage Hunters: the Restorers **7.00** Salvage Hunters: double bill **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters
1.00pm The Repair Shop **2.00** Shed and Buried **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House: two editions
7.00pm Antiques Road Trip Angus Ashworth and Steven Moore look for bargains in a very soggy Scotland. (AD)
8.00 The Yorkshire Auction House Angus helps a couple clear their home before they relocate to Thailand. (AD)
9.00 ***New. 9/18 Series 7.*** Angus clears a home in Liverpool and finds a fortune in the loft. In Yorkshire, a royal bodyguard's keepsakes could help to fund a creative escape.
10.00 The Repair Shop A ceramic soldier, a dilapidated clock and a magnifying glass.
11.00 How Do They Do It? Sardine fishing, ejector seats and Piaggio scooters.
11.30 The production of clogs.
12 midnight How Do They Do It? **1.00am** Salvage Hunters **3.00** Salvage Hunters: the Restorers **4.00—5.00am** How It's Made

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

7.00am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing to Declare **11.00** Border Security: Canada's Front Line (AD) **12 noon** Caught on Dashcam **1.00pm** Police 24/7 **2.00** Nothing to Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00pm** Star Trek: Voyager **7.00** Star Trek: the Next Generation: Picard embarks on an espionage mission **8.00** Hawaii Five-0: a 15-year-old paddleboarder is abducted **9.00** FBI: Most Wanted: a prized racehorse and its groom are taken hostage (AD) **10.00** ***New series.*** S.W.A.T: the team heads to Mexico to escort a fugitive back to the US First shown on Sky One (AD) **11.00** Grimm: Nick and Hank try to track a mysterious Wesen killer
12 midnight Wynonna Earp **1.00am** Road Wars (AD) **2.00** Police 24/7 **3.00** Highway Patrol **4.00** Border Patrol **5.00—6.00am** Highway Cops

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Entertainment News **9.10** Bull **10.00** NCIS (AD) **1.00pm** Law & Order: six episodes **7.00pm** NCIS *Series 6.* Triple bill. The agents investigate the life of a murdered captain (AD) **8.00** Gibbs confronts a secret from his past (AD) **9.00** One of Tony's old murder investigations is reopened (AD) **10.00** Law & Order: Special Victims Unit *Series 23.* Triple bill. A schoolgirl is reported missing **11.00** Carisi discovers the only evidence in a crime is a church confession **11.55** Rollins and Velasco discover a clue while investigating the case of a missing teenage sex worker
12.55am Law & Order: Special Victims Unit **2.55** Bull **3.45—4.00am** Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun **10.00** Call the Bailiffs: Time to Pay Up (AD) **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Rogue Claimers: a bus collision
6.00pm Home and Away Lacey drums up a crowd. Shown yesterday 6.30pm (AD)
6.30 ***New.*** Remi rallies. Rptd tomorrow 6pm (AD)
7.00 GPs: behind Closed Doors Jemima and her family have a contagious itchy rash. (AD)
8.00 Casualty 24/7: Every Second Counts A man suffers from abdominal pain. (AD)
9.00 FILM Fifty Shades Darker ★★★ Erotic drama sequel starring Dakota Johnson and Jamie Dornan. **Review page 77.** (AD)
11.20 Jeremy Bamber: Proof of Innocence — the Missing Phone Call Questions about the conviction for the White House Farm murders.
12.55am Motorway Cops: Catching Britain's Speeders **1.55** Police Interceptors **3.30** Home and Away (AD) **3.55—4.00am** Entertainment News

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Trucking Hell: recovering a crane (AD) **10.00** Police Interceptors (AD)
12 noon FILM Streets of Laredo ★★★ Western starring William Holden and Macdonald Carey. **Review page 77**
1.55pm FILM Warpath ★★ Western
4.00 Traffic Cops **5.00** Motorway Cops: Catching Britain's Speeders (AD)
6.00pm Police Interceptors Essex's police interception unit pursues a stolen BMW X5.
7.00 An 83-year-old man fails to notice officers are trying to pull him over.
8.00 Motorway Cops: Catching Britain's Speeders Members of the public call in about a possible drunk driver. (AD)
9.00 Richard Madeley: inside the World's Mega Prison A look inside El Salvador's Centro de Confinamiento del Terrorismo.
10.30 Police: Night Shift 999 Staff at a store contact the police to report that they've seen three men stealing garden furniture.
11.35 The X-Files Mulder takes on the case of a missing child, believing there is a connection to an earlier abduction.
12.35am Winter Road Rescue **1.35** Ice Road Truckers **2.35** Trucking Hell (AD) **3.30** Car Pound Cops **3.55—4.00am** Entertainment News

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Dogs Behaving (Very) Badly (AD)
10.00 Dogs Behaving (Very) Badly: Australia
11.00 Ben Fogle: New Lives in the Wild
1.00pm Murder, She Wrote (AD) **3.00** Columbo **4.40** Britain's Greatest Bridges
5.00 Inside the Tower of London
7.00pm Ben Fogle: New Lives in the Wild Ben journeys into the heart of Zambia.
8.00 The presenter travels to the Azores.
9.00 Alice Roberts: Our Hospital through Time The history of body snatchers, anaesthetic and hospital laundry.
10.00 Keeping Faith Rose kidnaps Alys and Megan and reveals their mother's secret.
11.05 Prisoner: Cell Block H The women begin their first day at the factory.
12.05am Gail gets a frosty reception.
1.10 Dogs Behaving (Very) Badly (AD)
3.10—4.00am Inside the Tower of London

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 **Sky News** Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

WEDNESDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.25am Ben and Holly's Little Kingdom **6.00** Peppa Pig **6.10** Tweedy & Fluff **6.15** Odo **6.20** Thomas & Friends **6.35** Fireman Sam **6.45** Peppa Pig **6.50** Pip and Posy **6.55** The Adventures of Paddington **7.10** Paw Patrol **7.20** Rubble & Crew **7.30** Peppa Pig **7.45** Tim Rex in Space **8.00** Stan & Gran **8.15** ***New.*** Paw Patrol: Cap'n Turbot throws a birthday party for Wally **8.25** Milo **8.40** Peppa Pig **8.55** Ben and Holly's Little Kingdom **9.05—9.15am** Milkshake! Story Den

Full listings for 5 are on page 73

CBeebies 202

6.00am Roots and Fruits **6.05** Bing **6.15** Teletubbies **6.30** Tee and Mo **6.35** Colourblocks **6.40** Bluey Minisodes **6.45** Bing **6.55** Mojo Swoptops **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Wonderblocks **8.25** Love Monster **8.30** Justin's House **9.00** Bing **9.05** Yakka Dee! **9.10** Maddie & Triggs **9.20** Piggy Builders **9.30** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.40** I Spy, You Spy: Isee visits a fire station **10.45** What's in Your Plant Pot? **10.55** Let's Go for a Walk **11.10** Kiri & Lou **11.15** Bluey **11.25** Hey Duggee **11.30** Teeny Tiny Creatures **11.45** Our Family

12 noon Big Cook Little Cook **12.20pm** Dog Squad **12.30** Time for School **12.40** Waffle the Wonder Dog **1.00** Puffin Rock **1.05** Yukee **1.15** Maddie & Triggs **1.20** Piggy Builders **1.35** Numberblocks **1.40** Alphablocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Andy's Dino Island **2.35** Football Fantastics **2.50** Grace's Amazing Machines **3.05** Musical Storyland **3.15** Vegesaurs **3.20** Octonauts: above and Beyond **3.30** Peter Rabbit **3.45** Hey Duggee **4.00** Time for School **4.10** Supertato **4.20** The Weasy Family **4.30** Mojo Swoptops **4.40** Bluey **4.55** ***New.*** Zog: the doctors become teachers at Dragon School for the day **5.10** Dodge's Pup School: Songs **5.20** ***New.*** Waffle's After School Club: a giant pumpkin rolls in for a baking activity **5.30** Rafi the Wishing Wizard **5.40** JoJo & Gran Gran **5.50** Sarah & Duck

6.00pm Clangers **6.10** BeddyByes **6.20** In the Night Garden... **6.50—7.00pm** CBeebies Bedtime Stories: JJ Chalmers reads a tale about a very determined dragon who becomes a hero

CBeebies Freeview 202 Freely 352 Freesat 601 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Super Happy Magic Forest **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** SpongeBob SquarePants **8.25** Duck and Frog **8.40** Odd Squad **8.55** Shark Bites **9.00** Bitesize Daily: 5 to 7 Year Olds **9.20** Horrible Histories **9.50** Horrible Science **10.15** Operation Ouch!: the digestion process **10.45** Go Get Arty **11.00** 500 Words 2026 **11.30** Horrible Histories

12 noon Hey You What If? **12.10pm** Our School **12.30** Gym Stars **12.53** Sketchy Comedy **12.55** Octonauts **1.10** Big Lizard **1.15** Piripenguins **1.30** Duck and Frog **1.45** Super Happy Magic Forest **1.55** Grizzy and the Lemmings **2.05** Winx Club: the Magic Is Back **2.30** Pokémon Horizons **2.50** Sketchy Comedy **2.55** Shaun the Sheep **3.00** Dennis & Gnasher Unleashed! **3.10** Danger Mouse **3.25** Super Happy Magic Forest **3.35** Boy Girl Dog Cat Mouse Cheese **3.50** Grizzy and the Lemmings **3.55** Duck and Frog **4.05** ***New.*** Pablo Next Level **4.15** Submarine Jim **4.30** The Amazing World of Gumball **4.40** Teen Titans Go! **4.55** What's New Scooby Doo? **5.15** ***New.*** Miraculous: Tales of Ladybug & Cat Noir **5.40** ***New.*** The Football Academy

6.00pm High Hoops **6.30—7.00pm** ***New.*** The Next Step: Cheer: Kenzie worries about her future as coach

CBBC Freeview 201 Freely 351 Freesat 600 Sky 607 Virgin 701



Titans of the Cold War
7.50pm ***PBS America***

U&W 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: the Big Build **1.00pm** Tipping Point: triple bill **4.00** Property Brothers: Forever Homes

5.00pm DIY SOS: the Big Build Transforming a Swansea home for a 15-year-old with muscular dystrophy. **6.00** Transforming a Dartford home for a 13-year-old with cerebral palsy.

7.00 ***New.*** **MasterChef Australia** It's Knockout Week — and the first elimination for the Top 10.

8.00 Pete Wicks: for Dogs' Sake Pete Wicks helps care for a vulnerable litter of puppies. (AD)

9.00 Inside the Ambulance: Coast and Country Attending a high-speed motorcycle crash. (AD)

10.00 Paul C Brunson: Red Flag The relationship expert speaks to Hannah, who survived being taken from her family. (AD)
11.00 The expert meets Melanie, whose husband was a fraudster. (AD)

12 midnight Nurses Down Under (AD) **1.50—3.00am** My Family (AD)

U&W F'view 25 Freely 28 F'sat 156 Sky 132 (133 Scot) Virgin 125 +1 Sky 232 (233 Scot) Virgin 325

Rewind TV 81

6.00am Flash Gordon's Trip to Mars (BW) **6.25** Only When I Laugh **7.00** Boon **8.00** Jack Hargreaves's Old Country **8.30** Fenn Street Gang **9.00** Bubblegum and Cheese **10.00** Doctor on the Go **10.30** Hallelujah **11.00** Frankie's On **11.30** Upper Hand **12 noon** Department S **1.00pm** TV Burp **1.30** Fenn Street Gang **2.00** Only When I Laugh **2.30** Bowler **3.00** Hallelujah **3.30** Man in a Suitcase **4.30** Jack Hargreaves's Old Country **5.00** Stereo Underground **6.00** Bubblegum and Cheese **7.00** TV Burp **7.30** Upper Hand **8.00** Doctor on the Go **8.30** Faith in the Future **9.00** Bowler **9.30** Time Gentlemen Please **10.00 FILM** Come Play with Me ★ **12 midnight FILM** Mardi Gras Massacre ★ **2.00am** as 5pm **3.00** as 3.30pm **4.00** as 9.30pm **4.30** as 5pm **5.30—6.00am** as 4.30pm

Rewind TV Freeview 81 Freely 141 Freesat 164 Sky 182

Great TV 34

8.00am The Waltons **9.00** Bramwell **10.00** Highway to Heaven **11.00** Little House on the Prairie: double bill **1.00pm** The Waltons: triple bill **4.00** Little House on the Prairie: double bill **6.00pm** Rumpole of the Bailey: the crusty barrister visits an old friend **7.00** M*A*S*H: four episodes. Potter's horse goes AWOL **7.30** The surgeons update their skills **8.00** Radar falls in love **8.30** The unit is forced to evacuate the camp **9.00 FILM** The Best Exotic Marigold Hotel ★★★★ Comedy drama starring Bill Nighy and Judi Dench **11.30** M*A*S*H

1.30am Rising Damp: Rigsby places an advert **2.00** Air Rescue: double bill **3.00—4.50am** Highway to Heaven

Great TV Freeview 34 Freely 53 Sky 157 Virgin 170 +1 Freeview 61 Sky 257

Food Network 43

6.00am Paul Hollywood: City Bakes **7.00** The Hairy Bikers' Comfort Food **8.00** Girl Meets Farm (AD) **9.00** Jamie's 15-Minute Meals **10.00** Barefoot Contessa: back to Basics (AD) **11.00** The Great British Bake Off **12.30pm** Mary Berry's Foolproof Cooking **1.00** James Martin's United Cakes of America **3.00** The Hairy Bikers' Comfort Food **4.00** Girl Meets Farm (AD) **5.00** The Pioneer Woman **6.00pm** James Martin's United Cakes of America **7.00** The Great British Bake Off **8.30** Mary Berry's Foolproof Cooking **9.00** Paul Hollywood: City Bakes **10.00** Jamie: Fast and Simple: Jamie Oliver makes sesame and miso salmon, in minutes **11.00** Diners, Drive-Ins and Dives: double bill. Guy Fieri digs into braised beef noodles in Sacramento, then Guy's kicking it with gangster gumbo in Los Gatos, CA

12 midnight Diners, Drive-Ins and Dives **1.00am** Man v Food Nation **2.00—3.00am** Cake Boss

Food Network Freeview 43 Freely 39 Freesat 148 Sky 144 Virgin 168 +1 Freesat 154 Sky 244 Virgin 368

TLC 12

7.00am The Middle **8.30** Young Sheldon **10.00** The Big Bang Theory (AD) **2.00pm** The Middle **3.30** Young Sheldon **5.00** The Big Bang Theory **9.00pm** ***New.*** Most Extreme Humans: two editions. Summer has macromastia, a condition that causes her breasts to keep growing, so she travels from Scotland to LA seeking a solution **10.00** Conjoined twins Jose Luis and Jose Armando receive advanced medical care **11.00** ***New.*** ER: Caught on Camera: First-person accounts mixed with raw footage of medical emergencies from the people who survived them.

12 midnight The Middle **1.30am** Dr Pimple Popper **2.30** My 600lb Life **4.30** Say Yes to the Dress: UK **5.00—6.00am** Say Yes to the Dress

TLC F'view 12 Freely 17 F'sat 144 Sky 133 (134 Scot) Virgin 113 (128 Scot) +1 F'view 99 Freely 267 F'sat 150 Sky 233 (234 Scot) Virgin 313 (328 Scot/Wales)

That's TV 56

8.00am Upstairs, Downstairs **9.05** You Rang, M'Lord? **10.10** Bread **10.50** Steptoe and Son **11.25** Oh, Doctor Beeching! **12 noon** Rising Damp **12.35pm** Man about the House **1.05** Goodnight Sweetheart **1.40** When the Boat Comes In **2.40** Minder **3.50** Whatever Happened to the Likely Lads? **4.25** Man about the House **4.55** Bread **5.30** Birds of a Feather **6.15** Rising Damp **6.45** Steptoe and Son **7.20** Whatever Happened to the Likely Lads? **7.55** Minder **9.00** Benidorm: Joyce is told to make staff cuts **9.55** Shameless: Jamie's family is at risk **10.55** Man about the House **11.30** Goodnight Sweetheart

12.05am Benidorm **1.05** Minder **2.05** Some Mothers Do 'Ave 'Em **2.40** Man about the House **3.05** The Kenny Everett Video Show **3.25** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.45—6.00am** Byways of Steam

That's TV Freeview 56 Freely 42



The Best Exotic Marigold Hotel *9.00pm* ***Great TV***

PBS America 84

8.00am Grand Tours of the Scottish Islands **8.50** as 6.35pm **10.00** Titans of the Cold War **11.10** as 10pm **1.00pm** Grand Tours of the Scottish Islands **1.40** as 6.35pm **2.55** Titans of the Cold War **4.00** Independence Dawn **5.55** Grand Tours of the Scottish Islands

6.35pm Mandate for Murder: Britain's Struggle in Palestine Examining how the kidnapping of a Jewish boy in 1947 accelerated the creation of Israel.

7.50 Titans of the Cold War *3/4 Series 2.* Jimmy Carter and Leonid Brezhnev face crises from Tehran to Kabul as détente collapses.

8.55 The Real Truth *4/6.* Exposing truths about the billion-dollar vitamin supplement industry.

10.00 Independence Dawn Stories of the forgotten heroes of the American Revolutionary War.

12 midnight Titans of the Cold War **1.10—2.00am** Grand Tours of the Scottish Islands: the Shiants

PBS America F'view 84 (1pm-12 midnight only) Freely 49 Freesat 155 Sky 173 Virgin 187

U&Eden 57

9.00am Warbird Workshop **5.00pm** Flipping Bangers: six editions. Car enthusiasts Will Trickett and Gus Gregory acquire a VW Beetle **6.00** Renovating a Reliant Kitten **7.00** Gus and Will settle on a Saab **8.00** The duo set out to buy a Honda-based coupé **9.00** Gus has his eye on a Citroen XM that looks amazing **10.00** Gus and Will find an Audi Quattro roadster than has seen better days **11.00** Flipping Bangers **5.30—6.00am** Villages by the Sea

U&Eden Freeview (HD only) 57 Freely 142 F'sat 160 Sky 166 Virgin 176 +1 Sky 266 Virgin 376

Blaze 64

6.00am Real Deal **6.45** Pawn Stars **7.30** Storage Wars Canada **8.25** Storage Hunters **9.20** Real Deal **1.05pm** Pawn Stars **2.05** Storage Wars Canada **3.05** Ancient Aliens **5.00** In Search of Aliens **6.00** Junk and Disorderly **7.00** Real Deal **9.00** What on Earth? **11.00** Strange Evidence **12 midnight** Mysteries Unearthed **1.00am** In Search of Aliens **2.00** Killer Interview with Piers Morgan **3.00** Junk and Disorderly **3.45** Hardcore Pawn **5.00—6.00am** Real Deal

Blaze Freeview 64 Freely 41 Freesat 161 Sky 156 Virgin 174

Challenge 48

7.00am The Chase **9.00** Celebrity Chase (AD) **10.00** The Bidding Room **11.00** Celebrity Antiques Road Trip **12.15pm** Family Fortunes (AD) **1.00** Cash Trapped **2.00** Celebrity Bridge of Lies **3.00** The Chase **4.00** The Bidding Room **5.00** Tenable **6.00** Cash Trapped **7.00** Celebrity Chase **8.00** The Chase **10.00** Celebrity Chase (AD) **11.00** Bullseye **12 midnight** Bridge of Lies **1.00am** The Chase **2.00** Celebrity Chase **3.00** The Chase **4.00—6.00am** Bullseye (AD)

Challenge Freeview 48 Freely 43 Freesat 142 Sky 130 (131 Scotland) Virgin 139

BBC Parliament 232

6.15am Senedd Cymru: Welsh Parliament **10.45** Select Committees: coverage of the work of groups set up to investigate public policy and society **2.00pm** Live Scottish Parliament **5.30** Senedd Cymru — Welsh Parliament: recorded coverage of proceedings **11.00pm** Scottish Parliament: coverage of the day's proceedings in the Scottish Parliament **2.30—8.00am** Senedd Cymru: Welsh Parliament

BBC Parliament Freeview 232 Freely 302 Freesat 201 Sky 504 Virgin 605

Great Mystery 50

8.10am The Gourmet Detective: Death Al Dente **10.05** The Gourmet Detective: Roux the Day **12 noon** Unforgettable **1.00pm** In Plain Sight **2.00** Castle **3.00** Diagnosis Murder **5.00** Murder, She Wrote: double bill **7.00pm Castle** A murderer turns to arson to try and cover their tracks. **8.00 Unforgettable** A trained killer returns, targeting former members of a dangerous paramilitary group. **9.00 In Plain Sight** A Wall Street fraud whistleblower seeks protection from the squad. James Frain guests. **10.00 Mystery 101: Pilot** A crime fiction professor gets a taste of the real thing when a priceless lab specimen vanishes. Jill Wagner stars. **11.55 Mystery 101: Playing Dead** Crime fiction expert Amy Winslow investigates a threat to the life of an actor appearing in a stage play.

1.50am Mother Betrayed ★★ A widow decides to remarry, unaware that her new husband has evil plans for her. Lynn Collins, Adam Kaufman (2015)

3.25—4.50am Killer Contractor ★★ Nicely twisted TV thriller with a very dodgy builder. Alyshia Ochse (2019)

Great Mystery Freeview 50 Freely 48 Sky 320 Virgin 425 +1 Sky 321

Great Action 42

9.10am The Battle of Britain **10.25 Zulu Dawn** ★★ Visually spectacular prequel to the 1963 smash. Burt Lancaster, Peter O'Toole (1979, PG) **1.00pm** The High Chaparral **2.00** Burn Notice **4.00 Dispatch** ★★ A 911 operator dismisses a call as a prank in this untidy thriller. Fiona Gubelmann (2015)

6.00pm The Unit The special forces team tries to persuade a man to identify his accomplices. **7.00 Burn Notice** Michael asks Fiona to help him steal intelligence data. **8.00** Michael is captured by the organisation he is trying to dismantle. **9.00 End of a Gun** ★★ Security guard Steven Seagal saves a woman (former Sugababe Jade Ewan) from an abusive boyfriend. (2016, 15)

10.55 The Unit As 6pm.

11.55 The Avengers Miss King finds herself in a time warp.

12.55am The Baron **1.55** The Persuaders! **2.55 Collision Course** ★★ Tia Carrere plays a writer who must land a stricken passenger jet in this disaster movie. David Chokachi, Dee Wallace (2012, 12) **4.35—5.50am** Air Rescue

Great Action Freeview 42 *(limited)* Freely 33 Sky 318 Virgin 426 +1 Sky 319

Great Christmas 52

8.15am Christmas Connection ★★ Romantic drama. (2017) **10.10 Northpole 2: Open for Christmas** ★★ Cute fantasy. (2015, U) **12.05pm The Perfect Christmas Village** ★★ Corny comedy. (2018) **2.00 The Christmas Cottage** ★★ Sweet romcom. (2017) **4.00 Twinkle All the Way** ★★ Glossy romance. (2019)

6.00pm Maggie's Christmas Miracle ★★ No surprises in this feel-good romance. Jill Wagner (2017)

8.00 A Christmas Contest ★★ A former couple compete in a Christmas-themed challenge to win money for charity. Candace Cameron Bure (2021)

10.00 Royal Christmas Crush ★★ When Eva started at the Royal Ice Hotel, she didn't plan on a whirlwind romance. Katie Cassidy, Stephen Huszar (2023)

11.50 Royal New Year's Eve ★★ Light-hearted tale of a designer who falls for a prince. Jessy Schram (2017)

1.45am Oh Christmas Tree ★★ Predictable romance. Sarah Lancaster, Eric Johnson (2013) **3.15—5.00am** As 2pm

Great Christmas Freeview 52 Freely 47 Sky 322 Virgin 424 +1 Freeview 63 *(limited 10pm-5am)* Sky 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

Sky Premiere

Available only to subscribers

8.00am As 3.35pm **9.50 Hamlet** ★★★ Reworking of the classic tragedy, set in a modern-day British South Asian community. Riz Ahmed (2025, 15) **11.50 Barron's Cove** ★★★ Intense revenge thriller. Garrett Hedlund **1.50pm Nirvanna the Band the Show the Movie** ★★★ Energetic DIY indie comedy. (2025, 15) **3.35 The Moment** ★★★ Amusing mockumentary. **Review p26.** Charli XCX (2026, 15) **5.25 Hungry** ★★ Ridiculous creature feature. (2026, 15) **7.00pm Supergirl** ★★ Breezy but underpowered comic-book adventure. Milly Alcock (2026, 12) **9.00 28 Years Later: The Bone Temple** ★★★★ Contemplative horror sequel with Ralph Fiennes and Jack O'Connell as survivalists on a collision course. (2026, 18) **11.00 The Fix** ★★ Liam Neeson and Zachary Levi's CIA veterans lead a crack team on a high-risk rescue mission in this hokey thriller. (2026) **1.15am** As 11.50am **3.20** As 1.50pm **5.05—6.45am Do Not Enter** ★★ Gleefully gory but mostly mediocre horror. Jake Manley, Adeline Rudolph (2026, 15)

Sky Premiere Sky 301 Virgin 401 EE 501/HD 515

Legend 41

8.00am Walker, Texas Ranger **9.00** The Dukes of Hazzard **10.00** Babylon 5 **11.00 MacShayne: Winner Takes All** ★★★ Entertaining crime caper. Kenny Rogers (1994, 12) **1.00pm The Pledge** ★★ Efficient western. Luke Perry (2008, PG) **3.00 The Gambler, the Girl and the Gunslinger** ★★ Insubstantial comedy western. Dean Cain (2009) **5.00** Star Trek **6.00pm The Dukes of Hazzard** The boys try to crack a smuggling ring. **7.00 Babylon 5** Garibaldi arrives on Mars for a business rendezvous. **8.00 Walker, Texas Ranger** A reporter attempts to film the rangers in action. **9.00 Get Carter** ★★ Unmemorable remake of the classic 1971 crime thriller about a gangster with a score to settle. Sylvester Stallone (2000, 15) **11.10 Force 10 from Navarone** ★★ A unit undertakes a mission against the Nazis in this follow-up to *The Guns of Navarone*. Robert Shaw, Harrison Ford (1978, 12) **1.30am The Man Called Noon** ★★★ Good-looking but slow-paced spaghetti western. Richard Crenna (1973, 15) **3.20—5.00am Split Second** ★★ Bizarre sci-fi horror. Rutger Hauer (1991, 18)

Legend Freeview 41 Freely 38 Freesat 137 Sky 148 Virgin 149

Legend Xtra 69

9.00am Age of Ice ★★ Chilly sci-fi adventure. Barton Bund (2014, 12) **11.00** The Lost World **12 noon The Gambler** ★★ Charming western. Kenny Rogers (1980, PG) **2.00pm Sinbad and the War of the Furies** ★ Retro fantasy. John Hennigan (2016, 12) **4.00** Walker, Texas Ranger **5.00 Bermuda Tentacles** ★ Sci-fi horror. Linda Hamilton (2014) **7.00pm The Lost World** A dying man holds an amulet belonging to Veronica's mother. **8.00 The A-Team** The gang helps to protect a small community. **9.00 Last Knights** ★★ Clive Owen stars in this talky medieval adventure as a knight who seeks revenge after his master is murdered. (2015, 15) **11.25 Vengeance: a Love Story** ★★ Nicolas Cage is a troubled cop who won't let a gang of rapists get away with their crime in this silly but luridly exciting thriller. Don Johnson (2017, 15) **1.30am Deadly Target** ★ Shoddy action thriller. Michael Jai White (2015, 15) **3.15** As 5pm **5.00—6.00am** The Lost World

Legend Xtra Freeview 69 (HD only) Freely 51 Freesat 138 Sky 316 Virgin 171 +1 Freesat 139 Sky 317

Film4 14

11.00am A Foreign Affair ★★★★ A congresswoman finds more than she bargained for when she investigates army morality in this fine romantic comedy drama. Jean Arthur (1948, U) (S) **1.20pm To Hell and Back** ★★★ Audie Murphy, one of the most decorated American soldiers in the Second World War, plays himself in this exciting biopic. (1955, PG) (S) (AD) **3.30 The Andromeda Strain** ★★★★ Robert Wise's direction keeps the tension mounting in this cult sci-fi thriller about a group of scientists trying to save humanity. **Review, right.** Arthur Hill (1970, PG) (S) **6.15pm Bridge of Spies** ★★★★ Steven Spielberg's engrossing fact-based espionage drama with Tom Hanks playing the lawyer who negotiates a prisoner exchange. **Film of the Day, right.** (2015, 12) (S) (AD) **9.00 Glory** ★★★★ A regiment of black Union soldiers has to battle racism as well as the Confederate army in this moving and powerful American Civil War drama. Matthew Broderick, Denzel Washington (1989, 15) (S) **11.25 Shame** ★★★ Well-directed drama from Steve McQueen featuring a powerful turn from Michael Fassbender as a troubled sex addict. **Review, right.** (2011, 18) (S) (AD) **1.30—3.55am Hilary and Jackie** ★★★★ No-holds-barred drama about cellist Jacqueline du Pré. **Review, right.** Emily Watson (1998, 15) (S) (AD)

Film4 Freeview 14 Freely 14 Freesat 300 Sky 313 Virgin 428 +1 Freeview 47 Freely 257 Freesat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Sherlock Holmes TV drama. (S) **6.30 The Wedding of Lilli Marlene** ★★ So-so musical sequel. Lisa Daniely (1953, U) (S) **8.30 Model for Murder** ★★ Standard crime drama. Keith Andes (1959, 15) (S) **10.00 The Walking Target** ★★★ Competent, low-budget noir. Joan Evans (1960) (S) **11.30 Blind Spot** ★★ Stolid British crime yarn. (1958, U) (S) **1.00pm The Buccaneers** The crew helps a sailor. (S) **1.30 Snowbound** ★★★ An expedition looking for Nazi gold is trapped in an Alpine cabin in this far-fetched adventure. Robert Newton, Dennis Price (1948, U) (S) **3.30 Dial 999** TV crime drama. (S) **4.00 That's My Boy** Ida's birthday celebrations give her the blues. (S) **4.35 Night Train for Inverness** ★★★ A desperate ex-con kidnaps his son, but is unaware the lad requires life-saving injections in this race-against-time thriller. **Review, right.** Norman Wooland (1960, U) (S) **6.00pm Rooms** A single mother adds to a landlady's problems. (S) **6.30** A couple decide to take a break. Sylvia Kay stars. (S) **7.00 Out of Town** Watching sheep being sheared in Dorset. (S) **7.30 Dick Turpin** Dick ends up having to fight in a boxing match. (S) **8.05 Van der Valk** The detective thinks a man killed in a car crash was planning a murder. (S) **9.05 Tiger in the Smoke** ★★★ A gang of ex-soldiers search for wartime booty in this atmospheric crime drama. Donald Sinden (1956, 12) **10.55 The Iron Petticoat** ★★★★ Katharine Hepburn and Bob Hope are a winning combination in this well-scripted romcom. (1956, U) (S) **12.45am Pick-up Alley** ★ Cheap crime thriller. Victor Mature (1957) (S) **2.35 Climb Up the Wall** Music and comedy. (S) **4.00 Stagecoach West** Luke is intercepted by a Mexican revolutionary. (S) **5.00—6.00am The Man from UNCLE** TV drama. (S)

Talking Pictures TV Freeview 82 Freely 36 Freesat 306 Sky 324 Virgin 445

FILM REVIEWS



FILM OF THE DAY

Bridge of Spies ★★★★

6.15-9.00pm ***Film4*** 12

SPY THRILLER Steven Spielberg's true-life Cold War film stars Tom Hanks as insurance lawyer James B Donovan, who agrees to represent a man accused of spying for the Soviets (an Oscar-winning Mark Rylance). When two Americans are captured behind the Iron Curtain, Donovan heads to Berlin to negotiate a prisoner exchange. The shift between the glow of America and the grey of Berlin is a little crude, but the movie is sumptuously shot with plenty of eye-catching detail and Spielberg also finds humour among the subterfuge. **EMMA SIMMONDS** (US 2015, edited for content, col/BW, HD)

Streets of Laredo ★★★

12 noon-1.55pm ***5 Action*** U

WESTERN This remake of King Vidor's 1936 film *The Texas Rangers* sees three outlaw pals go their separate ways, with two becoming lawmen and ending up chasing the third. There is a fine star-making performance from William Holden, whose deceptively casual presence is especially welcome when dull co-star Macdonald Carey is about. **TONY SLOMAN** (US 1949)

The Andromeda Strain ★★★★

3.30-6.15pm ***Film4*** PG

SCI-FI Years before *Jurassic Park*, this was the first Michael Crichton novel to be adapted for the big screen, a deft combination of hi-tech thrills and against-the-clock suspense. Director Robert Wise keeps the tension mounting, as desperate scientists race to isolate a lethal alien virus from a fallen satellite. **ALAN JONES** (US 1970, HD)

Night Train for Inverness ★★★

4.35-5.55pm ***Talking Pictures TV*** U

THRILLER In his movie debut, Dennis Waterman plays a youngster kidnapped by his ex-con father who has been denied access to his son but is unaware of the boy's diabetes diagnosis. It's a neat if train-bound plot, and director Ernest Morris prevents the plot twists from lapsing into melodrama. **DAVID PARKINSON** (UK 1960, BW)

Fifty Shades Darker ★★★

9.00-11.20pm ***5 Star*** 18

EROTIC DRAMA Raunchier than 2015's *Fifty Shades of Grey*, this continuation of the story sees Jamie Dornan and Dakota Johnson reprising their roles as controlling billionaire Christian Grey and besotted ingénue Anastasia. This time, creepy Christian's baggage includes a deranged former lover (Bella Heathcote). **DAVE ALDRIDGE** (US 2017, swearing, sex scenes, nudity, HD)

Raw Deal ★★★

10.00pm-12.10am ***ITV4*** 18

ACTION THRILLER Fresh from the critically panned *Red Sonja*, Arnold Schwarzenegger stars as an ex-FBI agent who goes undercover to nail a mobster (Sam Wanamaker). The film is populated with stereotypes and Arnie offs lots of bad guys with his usual lack of expression — suspend your disbelief and have a ball. **DP** (US 1986, violence, swearing, HD)

Candyman ★★★★

10.40pm-12.05am ***BBC One*** *(starts 11.10pm Wales, 11.40pm N Ireland, 12.10am Scotland)* 15

HORROR This atmospheric sequel draws on the events of the 1992 hit film, as a painter (Yahya Abdul-Mateen II) becomes obsessed by the story of the titular hook-handed urban legend. Police brutality, ghettoisation and gentrification make for meaty themes, but there are some crowd-pleasing moments to be had along the way too. **ES** (US 2020, violence, swearing, sexual references, drug abuse, HD)

The Magnificent Seven ★★★

10.45pm-12.55am ***ITV1*** *(not STV, Border Scotland, ITV Wales)* 12

WESTERN Director Antoine Fuqua gives a 21st-century action injection to John Sturges's 1960 classic. The premise is the same: seven hombres (including Denzel Washington, Chris Pratt and Ethan Hawke) come to the aid of a town beset by bad guys. Fuqua respects the original, even if he can't match its brilliance. **JEREMY ASPINALL** (US 2016, violence, HD)

Shame ★★★

11.25pm-1.30am ***Film4*** 18

DRAMA Following their 2008 award winner *Hunger*, director Steve McQueen and star Michael Fassbender reteamed for this downbeat tale of a man's carnal obsession. Fassbender plays a high-flying New Yorker dedicated to pursuing the next sexual conquest. But when sibling Carey Mulligan turns up, his life becomes complicated. **ADAM SMITH** (UK 2011, violence, drug abuse, sex scenes, nudity, HD)

Hilary and Jackie ★★★★

1.30-3.55am ***Film4*** 15

DRAMA Emily Watson excels at portraying the driven cellist Jaqueline du Pré in this controversial chronicle of her unusual relationship with sister Hilary (Rachel Griffiths). It's a no-holds-barred account of Jackie's musical career and private life, and a riveting realisation of her talent and almost destructive personality. **JOANNA BERRY** (UK 1998, swearing, sex scenes, HD)

Rodeo ★★★★

2.20-4.10am ***C4*** 15

DRAMA The dynamic feature debut of French director Lola Quivoron stars Julie Ledru, who is terrific as a working-class tearaway tempted to join a dirt-bike crew that engages in high-risk criminal activities. *Rodeo* fuses realism, wheelie-pulling thrills and an almost western-style fatalism with brio. **KEVIN HARLEY** (Fr 2022, violence, swearing, sexual references, drug abuse, HD)

◄ FILMS TO STREAM from p22

Premiere ★★★★★ Outstanding ★★★★ Very good ★★★ Worth watching ★★ Could be worse ★ Poor

Star Ratings

U – suitable for all; **PG** Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; **12, 15, 18** – for viewers of these ages and over. For more guidance, visit bbfc.co.uk

WEDNESDAY SATELLITE, CABLE & SPORT

Sky One



Surviving Earth *8.00pm*
An elephant family adapt

6.00am Mornings **8.00** Stargate SG-1 **10.00** NCIS: Los Angeles **11.00** The Simpsons **12 noon** Super Shark Highway **1.00pm** Hawaii Five-0 **3.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm Superstore *8/22 Series 3* Dina and Cheyenne snoop through the staff members' social media. **6.30** *9/22.* Glenn and Jerusha confront some personal issues.

7.00 The Simpsons Marge bumps into an old school friend. **7.30** Homer helps Lisa build a nuclear bomb for a science project.

8.00 Surviving Earth *7/8.* A look the Great American Biotic Interchange and its aftermath, following an elephant matriarch as she leads her herd on a journey to find water, encountering an alien continent where they must adapt to survive.

9.00 Star Trek Beyond ★★★★ Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. Three years into its five-year mission, the USS *Enterprise* stops off at a remote outpost. There the crew answers a distress call, but they are attacked by an army of unknown aliens that overwhelms the ship.

11.15 Grimm *9/22 Series 2.* When a child goes missing, Nick and Hank uncover similar cases all linked by sightings of a ghostly presence.

12.15am Evil **1.10** The Force: North East **2.05** Road Wars **3.00** Hawaii Five-0 **4.00—6.00am** S.W.A.T. (AD)

Sky One Sky 106 Virgin 109 EE 346/HD 361

Sky Atlantic



Task *11.00pm* A showdown and a shocking revelation

6.00am Urban Secrets **8.00** Billions (AD) **10.15** Deadwood **12.25pm** Gomorrah **1.30** Homicide: Life on the Street **3.30** Billions: double bill (AD)

5.40pm The White Lotus *6/8 Series 3.* Laurie feels deceived by Jaclyn and Saxon tries to bury what happened the night before. (AD) **6.45** *7/8.* Rick confronts his suspected nemesis, Saxon questions Timothy's behaviour, and Laurie attends Muay Thai with Valentin. (AD)

7.55 The Gilded Age *6/8 Series 3* Bertha encourages Gladys to stand up for herself and her new husband, while George faces an uphill battle to secure the rail line that runs through Chicago. (AD)

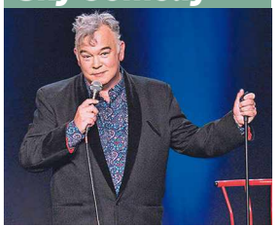
9.00 The Terror *5/10.* The weather continues to worsen, and Goodsir speaks with Lady Silence in an effort to learn her language. **10.00** *6/10.* With the end of their provisions in sight, the officers contemplate a tough, risky strategy, while Fitzjames organises a carnival.

11.00 Task *7/7.* The members of the now-disbanded Task Force continue to seek answers. As the Dark Hearts mobilise to cover their tracks, a shocking revelation leads them to a final confrontation. (AD)

12.15am The White Lotus (AD) **2.00** ***New.*** Fightland *8/8* Repeated tomorrow 9pm (AD) **3.05** Gomorrah **4.10—6.00am** The Guest Wing (AD)

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 Virgin 111 +1 Sky 208 (209 Wales)

Sky Comedy



Stewart Lee, Basic Lee: Live at the Lowry *9.45pm*

8.00am Will & Grace (AD) **9.00** Sort Of (AD) **10.00** The Comeback (AD) **11.20** Will & Grace (AD) **12.20pm** Hacks (AD) **1.40** The Comeback (AD) **3.00** Will & Grace (AD) **4.00** Breeders (AD) **5.00** Community

5.50pm Will & Grace *7/18 Series 11* Will cuts Jack off financially. (AD) **6.15** *8/18.* Larry warns Will and Grace about the entry process for a school they want their kids to go to. (AD)

6.45 The Office US *22/26 Series 7* Michael sets about secretly giving everyone in the office parting gifts. **7.30** *23/26.* Deangelo's unorthodox management style causes chaos.

8.00 Resident Alien *3/10 Series 1* Harry races to keep his secret safe, while Asta faces her own past. (AD)

9.00 Last Week Tonight with John Oliver A satirical look at recent news and pop culture.

9.45 Stewart Lee, Basic Lee: Live at the Lowry The comedian performs his high-concept show at the Lowry theatre in Salford.

11.30 Hacks *5/9 Series 3.* Deborah struggles with writer's block and Ava struggles with a broken heart. (AD) **12.10am** *6/9.* Deborah participates in a golf tournament to get face time with affiliates. (AD)

12.50 Resident Alien (AD) **1.50** Breeders (AD) **3.00** Hitmen (AD) **3.30** Community **4.30—5.00am** Sort Of: Sabi has to look after the kids (AD)

Sky Comedy Sky 113 (114 Wales) Virgin 112 EE 347/HD 362

U&Gold



The Fast Show *10.50pm*
Snooker star Steve Davis

7.05am The Green Green Grass **7.45** dinnerladies (AD) **8.20** The Good Life (AD) **9.00** Still Open All Hours **9.35** The Green Green Grass **10.15** Are You Being Served? **10.55** Last of the Summer Wine **12.15pm** The Good Life (AD) **12.55** Still Open All Hours **1.30** The Vicar of Dibley (AD) **2.10** Dad's Army **2.50** The Green Green Grass **3.30** Are You Being Served? **4.10** The Good Life (AD) **4.50** Dad's Army

5.25pm Last of the Summer Wine Howard grows convinced he was abandoned at birth. **6.00** Truly is intrigued by a bottle with a message inside.

6.40 The Vicar of Dibley Alice shocks Geraldine. (AD)

7.20 Dad's Army Mainwaring grows tired of Frazer's moaning.

8.00 The Vicar of Dibley Geraldine plays Cupid. (AD)

8.55 dinnerladies Bren's mother wreaks havoc in the factory. (AD)

9.30 The Royle Family Denise and Dave share happy news. (AD)

10.10 Not Going Out The gang visit Frank's new boat for the weekend.

10.50 The Fast Show Steve Davis guest stars in the sketch show. (AD)

11.30 The Vicar of Dibley As 8pm. **12.25am** The Royle Family (AD) **1.05** Not Going Out **1.45** The Fast Show (AD) **2.25** The Power of Parker **3.00—4.00am** The Royle Family (AD)

U&Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

U&Alibi



Shakespeare and Hathaway *8.00pm*

7.10am Murdoch Mysteries **9.00** Father Brown (AD) **10.00** The Coroner (AD) **11.00** The Doctor Blake Mysteries **12 noon** Miss Fisher's Murder Mysteries **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** The Doctor Blake Mysteries

5.00pm Miss Fisher's Murder Mysteries *4/13 Series 1.* Phryne is called upon to investigate the death of a man apparently killed by anarchists at a dockyard.

6.00pm The Coroner *3/10 Series 1.* The new mayor is found dead.

7.00 Private Eyes *6/8 Series 5* Nora's boyfriend Rory is accused of stealing Billy the Kid's cowboy boots from a museum.

8.00 ***New.*** **Shakespeare and Hathaway: Private Investigators** RT *2/10 Series 6.* Frank and Lu are hypnotised into believing they've swapped bodies during a killer fraud case. **See page 71.** (AD)

9.00 Death in Paradise *4/8 Series 12.* The team joins Naomi in St Barnabas when her best friend's father is murdered at a wedding. (AD)

10.00 Father Brown *1/10 Series 12* A medieval murder is committed at a battle re-enactment. (AD)

11.00 Private Eyes As 7pm.

12 midnight Death in Paradise (AD) **1.00am** CSI: Vegas (AD) **1.55—4.00am** Murdoch Mysteries

U&Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 314

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek: the Next Generation **1.00pm** Stargate Universe (AD) **2.00** Primeval **3.00** Fantasy Island (AD) **4.00** Stargate SG-1 **5.00** Star Trek: the Next Generation

6.00pm Star Trek: Deep Space Nine *7/20 Series 1.* Dax returns from a mission beyond the wormhole with a stowaway on board.

7.00 Stargate Universe *5/20 Series 1.* The crew decides to abandon ship, hoping one of three nearby planets will be habitable. (AD)

8.00 Stargate SG-1 *20/20 Series 9* The team travels to Camelot to try to halt the Ori invasion.

9.00 La Brea *3/10 Series 1.* As an unlikely rescue mission comes to fruition, Gavin must put his family's fate in the hands of an old friend. (AD)

10.00 Evil *8/13 Series 2.* Bishop Marx sends Kristen, David and Ben to Cornell University to investigate an electrode-based experiment dubbed the "God Helmet".

11.00 The Walking Dead *3/22 Series 10.* The threat of the Whisperers' return leads to paranoia.

12 midnight Reginald the Vampire (AD) **1.00am** Primeval **2.00** Fantasy Island (AD) **3.00** The Walking Dead **4.00** Reginald the Vampire **5.00—6.00am** Most Haunted

Sky Sci-Fi Sky 145 Virgin 140 EE 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Sun, Sea and A&E **7.00** Border Patrol **8.00** Border Security: Canada's Front Line (AD) **9.00** Brit Cops: Rapid Response (AD) **10.00** Caught on Dashcam **11.00** Police 24/7 **12 noon** FBI (AD) **2.00pm** The Rookie **3.00** Blue Bloods (AD)

4.00pm Nothing to Declare Eight editions of the fly-on-the-wall series following customs and immigration officers in Australia.

8.00 Caught on Dashcam Outrageous road disasters, captured in video form by drivers' in-vehicle dashboard cameras.

9.00 Fire Country *14/20 Series 4* A day of celebration at the Edgewater rodeo erupts into chaos after a stampede of runaway horses endangers the crowd.

10.00 FBI: International *13/22 Series 2.* The team investigates the death of an American lawyer working out of Budapest after he is killed by a car bomb. (AD)

11.00 The Rookie *15/18 Series 7* Documentary film-makers interview the LAPD about a complicated missing person's case connected to John. (AD)

12 midnight FBI (AD) **2.00am** ***New*** CIA *11/12.* Colin's mentor disappears Rptd tomorrow 9pm **3.00** Road Wars (AD) **4.00** Motorway Patrol **5.00—6.00am** Brit Cops: Law & Disorder

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Crime

6.00am Stop, Search, Seize **7.00** The Force: Manchester **8.00** Send in the Dogs **9.00** Road Wars **10.00** Brit Cops: Law & Disorder (AD) **11.00** Caught on Dashcam **12 noon** Killer in My Village **1.00pm** Most Evil Killers **2.00** Forensics: Catching the Killer (AD) **3.00** Most Evil Killers (AD) **4.00** Murdered at First Sight (AD) **5.00** Most Evil Killers **6.00** Killing Mum and Dad (AD) **7.00** Most Evil Killers **8.00** Forensics: Catching the Killer (AD) **9.00** Most Evil Killers (AD) **10.00** Killer in My Village **11.00** Most Evil Killers **12 midnight** Killer in My Village **1.00am** How I Caught the Killer (AD) **2.00** The Real Manhunter (AD) **3.00** The Force: North East **4.00** Brit Cops: Law & Disorder **5.00—6.00am** Motorway Patrol

Sky Crime Sky 121 (122 Scotland) Virgin 122 EE 349/HD 364 +1 Sky 221 (222 Scotland) Virgin 322

Crime+Investigation

6.00am The First 48 **7.00** Homicide Hunter **9.00** Homicide Squad: New Orleans **10.00** My Strange Arrest **10.30** Court Cam **11.00** Murdertown **2.00pm** Accident, Suicide or Murder? **3.00** A Perfect Scam: three editions

6.00pm Homicide Hunter **7.00** The First 48 **8.00** Accident, Suicide or Murder? **9.00** ***New.*** Killer Investigations **10.00** The Death Investigator with Barbara Butcher **11.00** Staged: Deadly Deception

12 midnight Britain's Darkest Taboos **1.00am** The Real Murders of Los Angeles **2.00** On the Case with Paula Zahn **3.00** A Perfect Scam **5.00—6.00am** Accident, Suicide or Murder?

Crime+Investigation Sky 139 (140 Scot) Virgin 133 +1 Sky 256 Virgin 333

Comedy Central

8.00am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina the Teenage Witch **1.00pm** Friends (AD)

6.30pm Friends: five episodes. Joey meets Miss Right (AD) **7.00** Ross makes a sacrifice (AD) **7.30** Joey's play gets terrible reviews (AD) **8.00** Ross finds a growth (AD) **8.30** Monica's boyfriend looks for a new challenge (AD) **9.00 FILM** Armageddon ★★★ Sci-fi action adventure with Bruce Willis **11.55** Eight out of 10 Cats Uncut **1.35am** Whose Line Is It Anyway? USA **2.35** South Park **3.05** Kevin Bridges: a Whole Different Story **3.50** ***New.*** The Daily Show **4.15—5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Discovery Science

8.00am How the Universe Works **11.00** Incredible Engineering Blunders: Fixed **1.00pm** Cooper's Treasure **3.00** How the Universe Works: triple bill

6.00pm How It's Made: six editions. Building MRI scanners **6.30** How biplanes are made **7.00** Hospital laundry and horse replicas **7.30** Ceramic fireplaces and parking garage floor slabs **8.00** Oil pressure sensors and neck restraints **8.30** The building of mobile concert stages and mascara **9.00** In Search of Monsters: double bill. The Wendigo, then the elusive Yeti **11.00** Expedition X (AD)

1.00am How the Universe Works **4.00—6.00am** Secrets Underground (AD)

Discovery Science Sky 167 Virgin 179 +1 Sky 267 Virgin 379

Discovery

6.00am How It's Made **7.00** Treehouse Masters **9.00** The Last Woodsmen **11.00** Building off the Grid **1.00pm** Animal Cops Houston **3.00** Buying the Rockies **5.00** Undercover Billionaire

7.00pm Wheeler Dealers: double bill. Mike gambles on a Ford P100, then Mike has a tip from an unusual source **9.00** ***New.*** Wheeler Dealers World Tour: in Nagano, Mike and Elvis transform a cute old Suzuki Cappuccino **10.00** Kindig Customs (AD) **11.00** In the Eye of the Storm

12 midnight Deadliest Catch: Jake allies with Wild Bill (AD) **1.00am** Wheeler Dealers World Tour **2.00** Kindig Customs (AD) **3.00** Gold Divers **4.00—5.00am** Street Outlaws: Locals Only (AD)

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scotland) Virgin 377

Discovery History

7.00am Expedition Unknown **8.00** Combat Dealers **9.00** Blowing Up History **11.00** Salvage Hunters (AD) **1.00pm** How the Universe Works **2.00** Alien Highway **3.00** Expedition Unknown **4.00** Expedition X (AD) **5.00** Mysteries at the Museum: double bill

7.00pm How the Universe Works **8.00** Expedition Unknown: a dig of 4000-year-old tombs in Egypt **9.00** Ancient Unexplained Files **10.00** How Do They Do It?: double bill **11.00** Combat Dealers

12 midnight How the Universe Works **1.00am** Mysteries at the Museum: double bill **3.00** Expedition X (AD) **4.00—5.00am** Expedition Unknown

Discovery History Sky 161 (172 NI) Virgin 181 +1 Sky 261 (272 NI) Virgin 381

All programmes on the above channels are repeats unless otherwise stated

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Sky Documentaries



Amy *8.00pm* Captivating: the singer/songwriter's life

6.00am Breath of Fire (AD) **7.10** Discovering: Claudia Cardinale (AD) **8.00** The Directors (AD) **9.00** The Seventies (AD) **9.55** The Comedy Store (AD) **11.00** Spector (AD) **12 noon** Dave Not Coming Back **2.00pm** Everton: Howard's Way (AD) **4.00** The Directors: Wes Anderson (AD) **5.00** Discovering: Claudia Cardinale (AD)

5.55pm The Comedy Store Mitzi Shore falls sick in the late 1990s, leading to the Store floundering without her leadership, as hot comics retreated to other clubs. (AD)

7.00 Black Widow The police execute a warrant for Dena Thompson's arrest and as detectives connect the dots, the true extent of her cruel game is revealed. (AD)

8.00 Amy ★★★★

Using archive footage, previously unseen material and contemporary interviews, director Asif Kapadia paints an intimate portrait of singer/songwriter Amy Winehouse, who died of alcohol poisoning in 2011 at the age of 27. (AD)

10.30 Billy Joel: and So It Goes The singer/songwriter reflects on his reunion with his father and reveals why he chose to reinvent himself time and time again. (AD)

1.15am I Am Paul Walker **3.05** The Directors (AD) **4.05** My Icon: Leon McKenzie **4.20** The Great Horsemeat Scandal (AD) **5.00—6.00am** Discovering: Claudia Cardinale (AD)

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Air Crash Investigation **10.00** Disaster Autopsy **11.00** Car SOS (AD) **12 noon** Inside Melbourne Airport (AD) **1.00pm** Air Crash Investigation **2.00** Hitler's Last Stand **3.00** Planes that Changed History (AD) **4.00** Lost Treasures of Egypt (AD) **5.00** Ice Road Rescue **6.00** Nazi Megastructures: America's War **7.00** Air Crash Investigation (AD) **8.00** ***New.*** Decoding History's Prophecies **9.00** How the Tudors Lost Their Heads (AD) **10.00** ***New.*** Mysteries of Ancient Medicine **11.00** Air Crash Investigation **12 midnight** Yukon Rescue **1.00am** Alaska: the Next Generation **2.00** Made in a Day (AD) **2.30** Lords of War **3.20** Food Factory **4.10—5.00am** Trials of the Wild

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Forged with Steele **6.30** American Pickers **7.25** Pawn Stars **11.05** Storage Wars **12 noon** Beyond Skinwalker Ranch **1.00pm** ***New.*** Curse of Skinwalker Ranch: the team makes a new discovery at the centre of the Bubble **2.00** Pawn Stars

6.00pm American Pickers **7.00** Forged in Fire **8.00** Witches of Essex: the 1582 St Osyth witch hunt **9.00** Curse of Skinwalker Ranch **10.00** We Are Not Alone **11.00** Alien Disclosure Files

12 midnight Storage Wars **12.55am** Pawn Stars **1.50** Curse of Skinwalker Ranch **2.50** Secrets in the Ice **3.40—6.00am** Pawn Stars

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



Deep Dive North America *8.00pm* Diving with a bull shark

6.00am Africa's Wild Horizons **7.00** Monkey Life **8.00** Great Blue Wild **9.00** Hope for Wildlife (AD) **10.00** Extreme Africa **11.00** Mysteries of the Mekong **12 noon** Wildlife ER **1.00pm** Monkey Life **2.00** Great Blue Wild **3.00** Hope for Wildlife (AD) **4.00** Extreme Africa **5.00** Mysteries of the Mekong

6.00pm Wildlife ER Tim races to save rescued koala Ashley.

7.00 Monkey Life Rescued marmoset Jangles summons up the courage to join her new mate Reggie in the outside enclosure. **7.30** Nic Masters uses high tech diagnostic equipment to examine the smaller primates.

8.00 Deep Dive North America The wildlife biologist Lizzie Daly explores North America's coastlines, encountering flourishing wildlife.

9.00 Wild Latin America Tensions rise as breeding season nears for the squirrel monkeys. With enemies closing in, dominant female Alba must find her alpha male suitor.

10.00 Wildlife ER As 6pm.

11.00 Mysteries of the Mekong The Mekong continues its winding journey south into Thailand.

12 midnight Nomads of the Serengeti: Ngorongoro (AD) **1.00am** Africa's Wild Horizons **2.00** Deep Dive North America **3.00** Wild Latin America **4.00** Great Blue Wild **5.00—6.00am** Hope for Wildlife (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am America's Mighty Northwest **9.00** Secrets of the Zoo **10.00** Close Encounters of the Wild Kind **11.00** Africa's Deadliest **12 noon** The Incredible Dr Pol **1.00pm** World's Greatest Train Journeys from Above **3.00** Asia's Weirdest **4.00** Secrets of the Zoo **5.00** Yukon Vet: double bill

7.00pm Secrets of the Zoo: Leading Ladies **9.00** The Incredible Honey Badger: how each brush with death refines the honey badger's fearlessness **10.00** When Sharks Attack 360 **11.00** Northwoods Survival: thriving in deep winter

12 midnight World's Deadliest **1.00am** Snakes in the City **2.00** The Incredible Dr Pol **3.00** Yukon Vet **4.00—5.00am** Life below Zero: First Alaskans

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell (AD) **9.00** Edge of Alaska **10.00** Tanked **11.00** Animal Cops Phoenix (AD) **1.00pm** Crikey! It's the Irwins **2.00** Pit Bulls and Parolees **3.00** The Zoo: San Diego **5.00** Lone Star Law: an illegal pet deer

6.00pm Dr Jeff: Rocky Mountain Vet **7.00** Treehouse Masters **8.00** Preposterous Pets: a couple who share their home with hippos **9.00** Alaska: the Last Frontier **10.00** Alaskan Bush People **11.00** The Haunted

12 midnight Crikey! It's the Irwins **1.00am** Guardians of the Glades **2.00** Treehouse Masters **3.00—5.00am** Animal Cops Phoenix: double bill (AD)

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

6.00am LIVE Tennis Continued coverage from the WTA and/or ATP Tours, including the ATP Japan Open, ATP China Open and WTA China Open.
12 noon LIVE International One-Day Cricket Coverage of the third ODI in the three-match series between South Africa and Australia at the JB Marks Oval, Potchefstroom.
7.00pm LIVE Darts Day three of the World Grand Prix from Leicester, featuring second-round matches, played over the best of five sets.
11.00 Sky Sports News
3.00am LIVE ATP Tennis Day two of the Japan Open, a hard-court tournament at Ariake Coliseum.
4.00—6.00am LIVE Tennis Coverage from the WTA and/or ATP Tours. Continues until 12 noon.

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup Final: Chelsea v Tottenham Hotspur in 2015 (AD) **8.00** SPFL: Old Firm Derby Best Goals (AD) **8.30** SPFL: Edinburgh Derby Best Goals (AD) **9.00** SPFL Greatest Games **9.30** EFL Greatest Games (AD) **10.00** Championship Season Review (AD) **11.00** SPFL Greatest Games **11.30** EFL Greatest Games (AD)

12 noon League Cup Highlights **12.30pm** German Football **1.30** EFL Greatest Games (AD) **1.45** Championship Highlights **4.45** EFL Greatest Games (AD) **5.00** League One Goals **5.30** League Two Goals **6.00** League Cup Highlights **6.30** German Football **7.30** Scottish Women's Premier League Football **8.00** Championship Highlights **9.00** Women's Super League Football **9.30** Championship Highlights **10.45** EFL Greatest Games **11.00** League One Goals **11.30** League Two Goals

12 midnight Classic Play-Offs **2.30am** The Story of Frank Soo **3.00** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** Classic League Cup Final **5.00** League Cup Best Goals **5.30—6.00am** EFL Trophy Football

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am LIVE Tennis Continued coverage from the WTA and/or ATP Tours, including the ATP Japan Open, ATP China Open and WTA China Open; **12 noon** Day one of the WTA China Open and ATP China Open, both of which are hard-court events staged at National Tennis Centre in Beijing.
4.00pm Sports Desk
5.00 The Premier League Show
7.00 LIVE Darts Day three of the World Grand Prix from Leicester, featuring second-round matches.
11.00 Sky Sports News **12 midnight** Super League: Hull KR vs Leeds Rhinos (AD) **2.30am** My Icon (AD)
3.00 LIVE ATP Tennis Day two from the Japan Open, a hard-court tournament at Ariake Coliseum.
4.00—6.00am LIVE Tennis Coverage from the WTA and/or ATP Tours. Continues until 12 noon.

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am Golf Academy (AD) **6.30** Ladies European Tour Golf **8.30** LPGA Tour Golf **11.00** Ladies European Tour Golf

1.00pm LPGA Tour Golf **2.00** US Women's Open **3.00** Women's PGA Championship **4.00** LPGA Tour Golf **5.00** Women's Open Golf **6.00** PGA Tour Champions **7.00** PGA Tour: the Cut **7.30** Challenge Tour Golf Highlights **8.00** Ladies European Tour Golf **9.00** British Par 3 Championship **11.00** Presidents Cup

12 midnight PGA Tour: the Cut **12.30am** European Tour Golf **4.30** Golf Academy (AD) **5.00—6.00am** School of Golf (AD)



WTA Tennis *from 6.00am* ***Sky Tennis*** 2025 China Open champ Amanda Anisimova

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Premier League Greatest Games **7.00** Premier League Best Goals **8.00** Premier League Legends (AD) **9.00** Premier League Review **10.00** Sky Sports FC **12 noon** Premier League Highlights **4.30pm** Netbusters **5.00** The Premier League Show **7.00** Premier League Stories **7.30** The Big Interview **8.00** Premier League Review **9.00** Football, Cancer and Me **10.00** Netbusters **10.30** Premier League Stories **11.00** Premier League Years (AD) **1.00am** Premier League Retro: revisiting a Manchester derby from 2009/10 **3.00** Premier League Greatest Games **4.00** Best Goals **5.00—6.00am** Premier League Legends (AD)

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am Women's T20 World Cup Highlights (AD) **6.30** International T20 Cricket (AD) **7.00** International One-Day Cricket: South Africa v Australia
12 noon LIVE International One-Day Cricket South Africa v Australia, the third ODI in the three-match series, which takes place at the JB Marks Oval in Potchefstroom.
8.30pm The Hundred Bitesize (AD)
9.00 International One-Day Cricket
1.00am Women's T20 World Cup Highlights (AD) **1.30** Cricket: the Hundred: this year's men's final
5.30—6.00am The Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am NFL Highlights **10.00** NFL Bitesize **11.00** NFL Highlights
12 noon NFL Bitesize **1.00pm** Good Morning Football: breaking NFL news **3.00** NFL Bitesize **4.00** NFL Highlights
6.00 Pro-Football Talk **8.00** Kansas City Chiefs: the Franchise **8.30** NFL Bitesize **9.00** NFL Highlights **10.00** NFL Fantasy **11.00** Chris Simms Unbuttoned
12 midnight The Insiders
1.00—6.00am NFL Highlights

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

6.00am—4.00pm LIVE Tennis Continued coverage from the WTA and/or ATP Tours, including the ATP Japan Open and WTA China Open; **12 noon** Day one of the WTA China Open and ATP China Open WTA 1000 and ATP 500 hard-court tournaments, both staged at the National Tennis Centre in Beijing.
3.00am LIVE ATP Tennis Day two of the Japan Open, the ATP 500 hard-court tournament held at Ariake Coliseum in Tokyo.
4.00—6.00 LIVE Tennis Coverage from the WTA and/or ATP Tours, including the ATP Japan Open, ATP China Open and WTA China Open. Continues until 12 noon.

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am The Gruppetto **6.15** AFL **7.45** World Rally (AD) **8.15** International One-Day Cricket: India v West Indies (AD)
9.15 LIVE International One-Day Cricket India v West Indies, the second ODI in the three-match series from Barsapara Cricket Stadium in Barsapara, Guwahati. The visitors are searching for their first ODI series win against India since a 4—1 victory at home back in 2006. Since then India have taken victory in 13 series on the bounce, winning 34 matches out of 51.
5.45pm TNT Sports Cricket Reload
6.00 LIVE Major League Baseball Action from MLB Postseason.
9.15 The Gruppetto **9.30** UFC Countdown **10.30** World Rally (AD)
11.00 LIVE Major League Baseball Action from MLB Postseason; **2.15am** Further Postseason action.
5.15—6.00am Sign Up: into Football

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

6.00am Premier League Stories
7.00 LIVE Snooker Coverage of the third session in the third round of the Shenzhen Open, which takes place at Bao'an Sports Centre in China.
10.00 Fishing (AD) **11.00** World Superbikes Highlights: the 10th round of the season at Cremona Circuit in Italy (AD) **12 noon** Roll the Tape (AD)
12.30pm LIVE Snooker Coverage of the fourth session in the third round of the Shenzhen Open at Bao'an Sports Centre in China.
3.30 Premier League Stories **4.30** World Rally (AD) **5.00** Speedway Highlights **6.00** TNT Sports Reload (AD) **6.30** MLB Plays of the Week (AD) **7.00** Motor Racing Highlights (AD)
8.00 LIVE Major League Baseball Action from MLB Postseason.
11.15 International One-Day Cricket (AD) **1.15am** Sign Up: into Football
2.00 LIVE Major League Baseball More action from MLB Postseason.
5.15 The Gruppetto: cycling news
5.30—6.00am TNT Sports Reload (AD)

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am Prem Rugby Union **11.00** Prem Rugby Union: the Wrap Up **11.15** The Gruppetto: news from the cycling world **11.30** Champions League Classics
12 noon Champions League Magazine **12.30pm** Fishing (AD) **1.30** MLB Highlights **2.30** Prem Rugby Union
7.30 Prem Rugby Union: the Wrap Up: a look back at the opening week of the season **7.45** The Gruppetto **8.00** Pool: action from Group Four of the Ultimate Pool Mixed Team event **9.30** Snooker **11.30** The Club That George Built (AD)
1.00am UFC Countdown **2.00** Speedway Highlights **3.00** Fishing (AD) **4.00—6.00am** NWSL Football

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

6.00am Caribbean Premier League Cricket Highlights **8.00** Italian Football **6.00pm** Champions League Magazine **6.30** Premier League Stories: a chat with Roberto Mancini **7.30** NWSL Football **9.30** TNT Sports Reload **10.00** Showjumping: from Virginia **11.00** World Superbikes Highlights: the 10th round of the season in Italy (AD) **12 midnight—6.00am** Formula E Highlights

Premier Sports 1

Sky 419 Virgin 528

7.15—10.15pm LIVE Elite League Ice Hockey Glasgow Clan v Manchester Storm (face-off **7.30**).

THURSDAY



GAME OF DECEIT Claudia Winkleman (centre) returns with a new batch of celebrities

REALITY

The Celebrity Traitors *8.00pm* ***BBC One*** *Catch up via iPlayer*

At its heart, *The Traitors* is a game of status – watch closely, and you'll notice that in almost every series the most charismatic players usually find their way to the final weeks, whether or not they've been swanning around in a green cloak.

But what happens if you invite a group with status already baked in? That was the question ahead of *The Celebrity Traitors* when it began last year, and the answer was... no Traitors get caught. Alan Carr's unlikely romp to victory was probably only possible because, realistically, the celebs had to ask themselves – is it worth taking down a Traitor if it means they snub me at the Baftas for ever?

Still, that didn't make it any less gripping to watch. Now, with an all-new cast of celebs (above) we'll see if they've learnt from last year's mistakes. Though for anyone who hasn't and gets murdered/banished immediately, there's always a spot on Ed Gamble's *Uncloaked* sofa straight afterwards at 9.15pm. And if that's not enough, you can find out how Claudia Winkleman picked her Traitors in a new iPlayer spin-off: *Traitor or Faithful? Claudia Decides* (also at 9.15pm). The Traitors Cinematic Universe only expands. HUW FULLERTON

See pages 4 and 14

DRAMA

The Chelsea Detective

8.00pm ***U&Drama*** *Catch up via U*

Cosmetics are all about concealment: enhancing what you want seen, disguising what you don't and sometimes creating an entirely new look. So, there's something fitting about a murdered beautician having been living in Chelsea under a false identity. What Max (Adrian Scarborough) and his team now need to discover is why she felt compelled to reinvent herself so completely.

Clearly, a new name and a new life weren't enough to leave her troubles behind, with a local DJ disgruntled at being banned from her salon and a trainee employee nursing a grudge after apparently being shown the door. But might there also be someone from Sonia's past whose motive has yet to be uncovered? **DAVID BROWN**

FACTUAL

Long Lost Family

9.00pm ***ITV1***
Catch up via ITVX

Anita was aged just eight when she accidentally discovered that she had an older brother who her late mum Judy was forced to give up for adoption when she was a 16-year-old. She had looked after him for three months and Anita believes that "she missed him all her life".

The other search in tonight's edition is equally tragic. Ruth's late sister Mary had such severe post-natal depression that her two sons were put into care. The same thing happened after her next pregnancy. "We don't know to this day what happened to them," says a tearful Ruth. As always, this programme demonstrates how vitally important family connections are. **JANE RACKHAM**

ENTERTAINMENT

Taskmaster

9.00pm ***C4*** *Catch up: C4 streaming*

"We don't have National Service any more," Richard Ayoade says, "but for comedians it's *Taskmaster*." Since 145 contestants have cracked open those wax-sealed envelopes, he may have a point. That's halfway to a battalion. Given that a key task this week is all about following – or not following – orders in a twisted game of Simon says, and another involves a form of camouflage (while wearing an arrow on your head), it's borderline boot camp. Though one suspects if this were true, Ayoade would soon desert.

Plenty of *Taskmaster* contestants have played "grumpy" before – Jack Dee, Jo Brand and Sanjeev Bhaskar – but none has seemed as filled with regret as him. Luckily, that makes it all the funnier to watch him jump through hoops. **HF**

DRAMA

All Creatures Great and Small

9.00pm ***5*** *Catch up via 5 streaming*

The Granville Bennett factor is having quite an effect on life at the practice, with Siegfried ordering everyone to work around the clock to keep pace with their veterinary rival. Any hint of downtime is met with a raised eyebrow, followed by the inevitable question: what could be more important than keeping clients coming through the door?

Neither James nor Tristan is impressed by this new-found zeal, but the person looking most non-plussed is Dorothy, who can feel herself tumbling down Siegfried's list of priorities. He may be reluctant to take advice, but on this occasion he really ought to listen. After all, life has a habit of passing you by when you spend too long in a white lab coat. **DB**

FILM

The Holdovers ★★★★ 15

*9.00pm **Film4***
Catch up via C4 streaming

Set over Christmas 1970, this drama strands grumpy teacher Paul Hunham (director Alexander Payne regular Paul Giamatti) at a boarding school with rebellious pupil Angus and grieving cook Mary. Payne wanted to recapture the feel of the films he fell for as a teen during that decade — ones he remembers as "literate, ambiguous, disturbing". Hence the film's slow-burn characterisation and emotional messiness. The result feels less like nostalgia than a lost classic from another era. **KIERON CORLESS** *Film reviews: p87*

DRAMA

The Hunting Party

*9.00pm **U&Alibi** Catch up via Now*

So desperate are we to fix our mobiles when the screen cracks that we often choose not to dwell on what might happen when we give it to a stranger. But once again, *The Hunting Party* makes a latent fear gruesomely vivid, with a technician using access to a customer's tech to burrow into their life – before stalking and murdering them. The episode also introduces us to "phrogging", the practice of someone secretly living inside your home. Two nightmares, born from things we take for granted: the phone in our pocket and the walls around us. One to put you off leaving either unattended. **DB**



ON THE LOOKOUT Pals Ade Edmondson and Samuel West reunite for a spot of birdwatching

NATURE

Sam and Ade Go Birding

*7.00pm **5** Catch up via 5 streaming*

Two male friends of a certain age enjoying nature in each other's company: in a *Gone Fishing* format, Samuel West and Ade Edmondson are staring through binoculars hoping to spot some of this country's 600+ birds rather than looking at a fishing float bobbing up and down. There's also none of Bob Mortimer's or Paul Whitehouse's surreal comedy but it's still charming listening to Sam tell novice Ade which bird is singing so prettily, where to look to see it or what its name is. That's not to say they don't have a laugh: Ade's musings about his gun-toting teacher-father are revealing but also get them chortling away.

They start this second series in the Yorkshire Dales where they spot some cute goosander chicks, greenfinch and the elusive curlew as well as scoffing dinner cooked by *MasterChef* winner Ade. It's the most relaxing TV you'll watch all week.

(Sam West is also in *All Creatures* at 9.00pm on 5.) JR

SITCOM

Break Clause *10.00pm, 10.30pm **C4** Full series on C4 streaming*

NEW SERIES

Drawn-out, isolating and emotionally draining – trying to move houses in the UK has a lot in common with heartbreak. But unfortunately, it's a lot easier to break hearts than to break a lease, as Ben (Samuel Bottomley) and Lil (Lara Ricote) discover when they end their relationship the day they move to London. Now trapped together, they have to navigate splitting up while still splitting bills.

Of course, there's a slight suspension of belief required here – the show goes to great pains to explain why Ben can't move out – and it takes the full first episode to explain how the "sit" of this sitcom came about. But once settled in, it's a gently funny ride and a nice showcase for up-and-coming talent. Alongside Bottomley and Ricote, the show also includes a couple of *SNL UK* stars and breakout online comedians like US star Catherine Cohen. She in particular (as her countrymen might say) is performing like the rent is due. **HF**



STARTING OVER Lil (Lara Ricote) and Ben (Samuel Bottomley)

DRAMA

The Paper

*11.00pm, 11.30pm **Sky One***
Catch up via Now

The Paper often nails the mundanity of low-stakes local news – *Toledo Truth Teller's* most successful story was about a blocked sewer, no less – but at times, you're reminded that this is set in the US, where even small things are bigger. For example, this week a tornado has been predicted, which is treated with little more ceremony than, say, a local election. And then there's a suspicious death at the Glass Club which may be more conspiracy than accident.

Editor Ned should be jumping for joy but instead he's moping around while secret girlfriend Mare is working at the *Cincinnati Chronicle*. One suspects that if a tidal wave hit Ohio, he'd still be checking if she'd texted back. **HF**



ALSO ON TODAY

The Yorkshire Vet

*8.00pm **5***

Matt Smith (above) has his hands full as he sets out to castrate an amorous wallaby, while Peter Wright deals with a challenging lamb delivery.

Driving: How Old Is Too Old? – Tonight

*7.30pm (10.45pm in STV) **ITV1***

Join Ginny Buckley as she explores what can be done to make sure that those over 70 are fit to be behind the wheel.

Bangers and Cash

*8.00pm **U&Yesterday***

Derek adds a 1930s Jaguar to his ever-growing collection, while Dave turns his attention to a replica artillery piece from the American Civil War.

LIVE SPORT

Football: Nations League

Wales v Norway

*7.30pm (k/o 7.45pm) **BBC Two** (7.15pm in Wales)*

Both teams' third group game in Cardiff City Stadium.

Golf: Alfred Dunhill Links Championship

*12 noon **Sky Sports Main Event/Golf***

Renowned pro-am event taking place across three Scottish courses.

Darts: World Grand Prix

*7pm **Sky Sports Main Event***

Day four from the Mattioli Arena.

SPORT HIGHLIGHTS

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FILM REVIEWS

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THURSDAY MAIN CHANNELS

DAYTIME

BBC One

6.00am Breakfast With Naga Munchetty and Charlie Stayt. (S) (HD)

9.30 Morning Live Weekday magazine show featuring topical discussion and expert advice. (S) (HD)

10.45 Rip-Off Britain The devastating story of how one man's search for romance left him distraught and broke after he fell for a megascam. (S) (HD)

11.15 Homes under the Hammer Martel Maxwell is in Ayrshire, where a father-and-daughter duo are tackling a project. In Nottinghamshire, Dion Dublin is impressed by the space on offer. (S) (HD)

12.15pm Bargain Hunt Natasha Raskin Sharp visits Stirling Castle. Leading the teams are experts Roo Irvine and Danny Sebastian. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

2.00 Clean It, Fix It Mark Wright and the team help foster carers Jenny and Chris make their small bungalow work for family life. (S) (HD)

2.30 Amanda and Alan's Greek Job Amanda Holden and Alan Carr conclude their renovation of a derelict property on the island of Corfu. (R) (S) (AD) (HD)

3.00 Escape to the Country A young couple seek their forever home in Cambridgeshire. (R) (S) (HD)

3.45 Garden Rescue A couple from Trafford, Greater Manchester, want assistance transforming their garden into a space fit for a music festival. (R) (S) (HD)

4.30—5.15 Antiques Road Trip Margie Cooper and Ishy Khan uncover some charming Victoriana in Essex. Repeated tomorrow 7.15am BBC Two (S) (AD) (HD)

BBC Two

6.30am Garden Rescue Chris Hull and Diarmuid Gavin create a Mauritian oasis. Shown Monday 3.45pm BBC One (S) (HD)

7.15 Antiques Road Trip Margie Cooper and Ishy Khan visit Norfolk. Shown Wed 4.30pm BBC One (S) (AD) (HD)

8.00—9.00 Sign Zone Gardeners' World Carol Klein reveals whether flowers and vegetables can flourish together in a single small plot. Shown last Friday (S) (AD) (HD)

9.00 BBC News (S) (HD)

12.15pm Politics Live A look ahead to the Green Party and Plaid Cymru's conferences. (S) (HD)

1.00 Impossible Double bill of the quiz. (R) (S) (HD)

2.30 The Boss Quiz with Susan Calman. (R) (S) (HD)

3.15—4.15 The Great British Sewing Bee *6/10* The remaining contestants face three fresh sartorial challenges in Music Week. From 2022. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.30 Lorraine Fashion and food. (S) (HD)

10.00 This Morning Celebrity interviews, cookery and lifestyle advice. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Heated debates. (S) (HD)

1.30 ITV News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal David Dickinson hosts from Barry, Vale of Glamorgan, where a Ken Dodd tickling stick creates plenty of fun in the den and Jan Keyne puts down big money for gold. (R) (S) (AD) (HD)

3.00 Lingo Two couples and a mother and daughter team compete in the word game hosted by Adil Ray. (R) (S) (HD) Followed by **Regional Weather** (S) (HD)

4.00—5.00 Deal or No Deal Sami attempts to open the 22 red boxes in the right order. Presented by Stephen Mulhern. Signed repeat 5.05am (R) (S) (AD) (HD)

Channel 4

5.50am Countdown With guest Lee McKenzie. (R) (S) (HD)

6.30 The King of Queens (R) (S) (AD) (HD)

7.45 Everybody Loves Raymond (R) (S) (AD) (HD)

9.10 Frasier Four episodes of the sitcom. (R) (S) (AD) (HD)

11.10 American Pickers Frank Fritz celebrates his birthday, and the team helps make a widow's dreams come true. (R) (S) (AD) (HD) **12.05pm News** (S) (HD)

12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien head to Worcestershire, where Simon turns an old armchair into punk-rock furniture. (R) (S) (AD) (HD)

1.10 The Great House Giveaway Painter and decorator Sami and operations manager Lennon are given a bedraggled 1960s semi in St Helens. (R) (S) (HD)

2.10 Countdown Lee McKenzie guests. (S) (HD)

3.00—4.00 A Place in the Sun Lucy Alexander helps house hunters in Lake Garda, Italy. (R) (S) (HD)

BBC One 1



The Celebrity Traitors *8.00pm* The game is on: Claudia Winkleman welcomes more famous faces

5.15pm Pointless
With Alexander Armstrong and Michael Ball. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)
Followed by **Party Political Broadcast**
By the Green Party. (S) (HD)

7.00 The One Show
Clara Amfo and Roman Kemp present. (S) (HD)

7.30 EastEnders
Nicola's options run out. Despite Eve's efforts to keep the peace, tensions flare within the Panesar family.

Nicola Mitchell	**Laura Doddington**	Yolande Trueman	**Angela Wynter**
Eve Unwin	**Heather Peace**	Ernie Moon	**Cody Briffett**
George Knight	**Colin Salmon**	Bert Moon	**Elliot Briffett**
Suki Kaur Panesar	**Balvinder Sopal**	Lexi Pearce	**Isabella Brown**
Ash Panesar	**Sakira Vel**	Raymond Dawkins	
Vinny Panesar	**Shiv Jalota**		**Michael Jose Pomares Calixte**
Johnny Carter	**Charlie Suff**	Ricky Mitchell	**Frankie Day**
Kathy Beale	**Gillian Taylforth**	Ollie Carter	**Harry Farr**
Ravi Gulati	**Aaron Thiara**	Janet Mitchell	**Grace**
Elaine Peacock	**Harriet Thorpe**	Pearl Fox	**Arayah Harris-Buckle**
Ryder Hawkins	**Felix Uff**	Tommy Moon	**Sonny Kendall**
Josh Goodwin	**Joshua Vaughan**	Denzel Danes	**Jaden Ladega**
Patrick Trueman	**Rudolph Walker**	Will Mitchell	**Freddie Phillips**
Ross Marshall	**Alex Walkinshaw**	Lily Slater	**Lillia Turner**
Kat Slater	**Jessie Wallace**	Denise Fox	**Diane Parish**
Max Branning	**Jake Wood**	Gemma Hawkins	**Patricia Potter**
Ian Beale	**Adam WoodyattJ**	Alfie Moon	**Shane Richie**
Jean Slater	**Gillian Wright**	Craig Ingram	**Matthew James-Bailey**

Writer Lee Saczak This week's episodes directed by Karl Neilson
More cast Tuesday (S) (AD) (HD)

8.00 The Celebrity Traitors
RT ***New series. 1/10*** *Series 2.* Claudia Winkleman welcomes a new group of celebrities as they arrive in the Scottish Highlands to play the game of detection, back-stabbing and trust in aid of their chosen charities. Once the Traitors are assigned, the stars soon question everything. More tomorrow 8pm. The first series is on iPlayer. *Traitor or Faithful? Claudia Decides* is on iPlayer from 9.15pm. **See p80.**
Executive producers Sarah Fay, Lewis Thurlow, Katy Fox and Mike Cotton
Series editors Lucy Mans and Rory Dalziel (S) (AD) (HD)
10 Questions: page 4; See feature: page 14

9.15 The Celebrity Traitors: Uncloaked
RT ***New series. 1/10*** *Series 2.* Ed Gamble unpacks all the drama from the first episode of the return of *The Celebrity Traitors*. Players from previous celebrity and regular series are on hand to offer reactions and expert analysis. More tomorrow 9pm. **See page 80.**
Director Andy Wood; Executive producers Aidan Seymour-Judd, Suzy Grant and Jonathan Pascoe (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Question Time
Fiona Bruce presents the topical discussion programme in Tottenham, north London. Also available live at 9pm on BBC News and iPlayer. (S) (HD)
Have Your Say: tweet with #bbcqt

11.40 Newscast
BBC journalists present a round-up from Westminster.
The podcast is available via BBC Sounds (S) (HD)

12.10am The Repair Shop: beyond the Barn *5/8.* A fountain pen, a stuffed terrier, a neglected guitar and a trophy require attention. **See review, page 71.** Shown yesterday 8pm (S) (AD) (HD)
1.10 Weather for the Week Ahead (S) (HD)
1.15—6.00am BBC News (S) (HD)

BBC Two 2



Strictly It Takes Two *6.30pm* New host Ellie Taylor keeps in step with the latest backstage news

4.15pm Galapagos: Islands of Change
A *Natural World* documentary looking at the impact of migration and tourism on the Pacific archipelago's unique and bizarre wildlife. First shown in 2015.
Director/Producer Stuart Armstrong (R) (S) (AD) (HD)

5.15 Flog It!
Items appraised by experts Adam Partridge and Philip Serrell include a pair of light cavalry swords. (R) (S) (HD)

6.00 House of Games
Miles Jupp, Cariad Lloyd, Kiell Smith-Bynoe and Lucy Porter play their penultimate set of trivia challenges.
Director John Smith; Exec producers Breid McLoone, Tamara Gilder (S) (HD)

6.30 Strictly It Takes Two
Ellie Taylor presents the latest backstage gossip from *Strictly*, and costume designer Vicky Gill offers a sneak peek at some of the weekend's outfits. (S) (HD)

7.00 Villages by the Sea
Archaeologist Ben Robinson visits Arnside in Cumbria, which sits on the banks of the River Kent. First shown in 2021. A box set is available on iPlayer.
Director/Producer Dave Minchin (R) (S) (HD)

7.30 Match of the Day Live
Wales v Norway
Live coverage of tonight's Nations League Group A4 clash, held at the Cardiff City Stadium (kick-off **7.45**).
This is the first meeting between the teams since 2011, when Wales claimed a 4–1 win. However, they may face a much more difficult encounter this time around, as Norway impressed at the World Cup, defeating Brazil en route to the quarter-finals. Wales's chances of victory may depend on their ability to contain Manchester City striker Erling Haaland, who scored seven goals in that tournament, a tally bettered only by Kylian Mbappé and Lionel Messi.
Coverage begins on iPlayer from 7.15pm. (S) (HD)
Ukraine v Northern Ireland tomorrow 7.30pm

10.00 Live at the Apollo
In an episode first shown last year, Paul Chowdhry introduces fellow comedians Ania Magliano and Ian Smith to the stage of London's Hammersmith Apollo.
Director Paul Wheeler; Producer Anthony Caveney (R) (S) (HD)

10.30 Newsnight With Paddy O'Connell. (S) (HD)
Weather (S) (HD)

11.05 Florence Foster Jenkins ★★★★
Comedy drama based on a true story. New York heiress and socialite Florence Foster Jenkins has always loved music and dreams of one day becoming a great opera singer and performing at Carnegie Hall. Unfortunately, Florence cannot sing a note. Not that it stops husband St Clair Bayfield from using bribes and all sorts of elaborate ruses to protect his wife from the humiliating truth. On iPlayer for 30 days. **Review p87.**

Florence Foster Jenkins	**Meryl Streep**	Kathleen	**Rebecca Ferguson**
St Clair Bayfield	**Hugh Grant**	Agnes Stark	**Nina Arianda**
Cosmé McMoon	**Simon Helberg**	John Totten	**Allan Corduner**

Director Stephen Frears (2016, PG) (S) (AD) (HD)

12.50—2.35am Sign Zone 12.50 Blue Lights *1/6.* The section is challenged by escalating tensions at a community event. **See review, p60.** Shown Tuesday 9pm BBC One (S) (AD) (HD)
1.50 Hey Beautiful: Anatomy of a Romance Scam *2/3*
An actor and make-up artist, Brian Haugen, discovers he has been the face of a scam he never knew existed. (R) (S) (AD) (HD)

ITV1 3



Long Lost Family *9.00pm* Anita gets help from Davina McCall and the team

5.00pm The Chase
Maeve, Mahesh, Alec and Claire take part. Bradley Walsh asks the questions. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)
Followed by **Party Political Broadcast** By the Green Party. (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Driving: How Old Is Too Old? — Tonight
With one in seven UK licence holders aged over 70, the number of older drivers is rising. Ginny Buckley investigates what is being done to ensure they are fit to be behind the wheel. (S) (HD)
NOTE: as *Tonight* reacts to the news its subject matter may change

8.00 Emmerdale
Thea has a wobble. Manpreet wants help.

Thea Ramsden	**Chelsea Edge**	Ryan Stocks	**James Moore**
Manpreet Sharma	**Rebecca Sarker**	Sam Dingle	**James Hooton**
Moira Dingle	**Natalie J Robb**	Sarah Sugden	**Katie Hill**
Moses Dingle	**Arthur Cockroft**	Serena Sugden	**Casey Al-Shaqsy**
Nicola King	**Nicola Wheeler**	Thomas Tate	**Bertie Brotherton**
Paddy Dingle	**Dominic Brunt**	Tracy Robinson	**Amy Walsh**
Rhona Goskirk	**Zoe Henry**	Vanessa Woodfield	
Rodney Blackstock	**Patrick Mower**		**Michelle Hardwick**
Ross Barton	**Michael Parr**	Victoria Sugden	**Isabel Hodgins**
Ruby Miligan	**Beth Cordingly**	Vinny Dingle	**Bradley Johnson**

Writer Lesley Clare O'Neill This week's episodes produced by Laura Shaw and Sophie Roper; directed by Debbie Howard and Gary Williams More cast Monday (S) (AD) (HD)

8.30 Coronation Street
The truth emerges as Eva's assailant comes clean. Sam's crypto confession stuns Nick.
Writer Simon Crowther Cast Wednesday/Friday (S) (AD) (HD)

9.00 Long Lost Family
RT *4/7 Series 16.* Davina McCall and Nicky Campbell meet Anita, who as a child found a photograph of a baby and was told by her mother that she had placed a baby boy for adoption when she was a teenager. Ruth is searching for her sister's children, who were taken from her by social services due to mental health issues. **See page 80.**
Director/Producer Alex Rigby
Signed repeat tomorrow 3am (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Red 2 ★★★
Action comedy sequel starring Bruce Willis, John Malkovich and Anthony Hopkins. The team of elderly secret agents is forced back into action to track down a nuclear device left over from the Cold War that still poses a threat to world peace. Unfortunately, the one person who can help them has spent the last 32 years in an asylum. **Review p87.**
Director Dean Parisot (2013, 12) (S) (HD)
Shown Saturday 11.20pm

12.35am Home Shopping (HD)
3.00 The Chase around the World *5/6.* The teams land in Zurich. Bradley Walsh hosts. (R) (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am Deal or No Deal Sami tries to open the boxes in the right order. Shown 4pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



Break Clause *10.00pm/10.30pm* Ben (Samuel Bottomley) attempts to move on

4.00pm Help! We Bought a Village
A farmhouse restoration reaches a milestone.
Repeated tomorrow 11am 4seven (S) (HD)

5.00 Four in a Bed
From Willowbank House in Enniskillen. (S) (HD)

5.30 Come Dine with Me
Tech entrepreneur Shane hosts. (R) (S) (HD)

6.00 A New Life in the Sun: Where Are They Now?
In Andalusia, B&B owners Anthony and Ian are desperate for guest bookings.
Repeated tomorrow 9am 4seven (R) (S) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Two Men on a Bike
3/4. Travelling along the Canal du Midi, David Baddiel and Hugh Dennis meet an artisanal dye expert and gatecrash an unusual fiesta.
Series director Tom Olney; Executive producers Gill Brown and Steve Wynne Repeated tonight 1.05am 4seven
First shown on More4 (S) (AD) (HD)

9.00 Taskmaster
RT *5/10.* Nina Conti gets clever in a test, Chloe Petts hides an object somewhere Alex Horne wouldn't dare to look, and Richard Ayoade finds the tasks irritating. **See page 80.**
Series director Andy Devonshire; Series producer Andy Cartwright Repeated tomorrow 1.05am 4seven (S) (AD) (HD)
Taskmaster Bleeped is available to stream

10.00 Break Clause
RT ***New series. 1/6. August.*** Romantic comedy. Ben and Lil try to navigate their break-up while living in the same London flat.
Repeated tomorrow 1.05am (S) (AD) (HD)
10.30 *2/6.* **September.** Things between Ben and Lil are frosty. The whole series is available to stream from today. **See page 81.**

Ben	**Samuel Bottomley**	Jos	**Catherine Cohen**
Lil	**Lara Ricote**	Frances	**Charly Clive**
Kira	**Assa Kanoute**	Paul	**Hammed Animashaun**
Jordan	**Jack James Ryan**	Owen	**Nathan Foad**
Nic	**Tamika Bennett**	Kas	**Michael Workeye**
Liam	**Jack Shep**	Brandon	**Aydin Ahmed**
Deb	**Lucy Black**	Rob	**Barney White**
Alan	**John Thomson**	Clinician	**Nic Sampson**

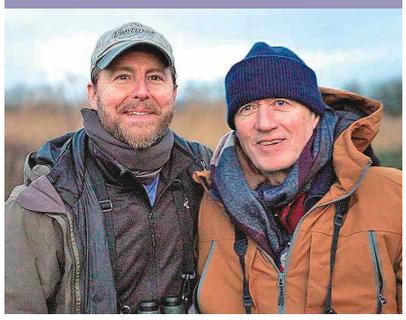
Writer Jess Bray; Director Alice Snedden; Producer Olly Cambridge Repeated tomorrow 1.30am (S) (AD) (HD)

11.05 Gogglebox
The armchair critics share their opinions on shows including *Celebrity Bear Hunt* and *The Apprentice*. From February 2025. (R) (S) (AD) (HD)

12.05am Tempting Fortune *Ep 2 Series 3.* The two groups of Fortune Seekers are reunited. **See review, page 61.** Shown Tuesday 9.30pm (S) (SL) (AD) (HD)
1.05 The Great British Bake Off: Second Helpings Companion show. Shown Tuesday 10.35pm (S) (SL) (AD) (HD)
1.45 C'mon C'mon ★★★★ Comedy drama starring Joaquin Phoenix. A radio producer takes his nephew on a work road trip. **Review page 87.**
Director Mike Mills (2021, 15) (BW) (S) (SL) (HD)
3.35 Travel Man: 48 Hours in Dublin Comedian Mawaan Rizwan joins Joe Lycett. (R) (S) (SL) (AD) (HD)
4.05 Location, Location, Location Two property searches on the south coast. (R) (S) (SL) (HD)
5.00—5.50am Couples Come Dine with Me Three couples compete in Aberdeen. (R) (S) (HD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



Sam and Ade Go Birding *7.00pm* The twosome go twitching in the Dales

5.25am Milkshake! See page 86
9.15 Jeremy Vine (S) (HD)
11.30 Storm and Alexis Discussion. (S) (HD)
12.45pm 5 News (S) (HD)
12.50 Matt Allwright Debate. (S) (HD)
2.20 The Miss Brookes Murder Mysteries Whodunnit starring Ansley Gordon. A true-crime podcaster gets wrapped up in the mystery of her eccentric neighbour's death. (R) (S) (HD)
4.00 Bargain-Loving Brits in the Sun Cameras follow Chloe and Minnie, who perform in an Abba tribute act. Repeated 2.50am (R) (S) (HD)

5.00pm 5 News (S) (HD)

6.00 Secrets of the River Clyde
Examining how the Clyde has been at the heart of British shipbuilding for centuries.
Director/Producer Mark Williams (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 Sam and Ade Go Birding
RT ***New series. 1/3*** *Series 2.* In the Yorkshire Dales, Adrian Edmondson re-teams with actor Samuel West for a birdwatching weekend. After riverside swallows and a 3am dawn chorus, they visit a familiar filming location to watch nesting chicks. **See page 81.**
Series director Rob Gill; Executive producer Jamie Balment (S) (HD)

7.55 5 News Update (S) (HD)

8.00 The Yorkshire Vet
Ep 8 Series 23. Matt Smith sedates a wallaby ahead of castration, while Peter Wright tackles a difficult breech lamb delivery, and Julian Norton operates on an elderly boxer dog.
Series director Adam Caldow
Executive producer Mark McMullen (S) (AD) (HD)

9.00 All Creatures Great and Small
RT *3/7 Series 7.* Skeldale is a whirlwind of activity as Siegfried tries to compete with Granville Bennett, and Charlotte requests Tristan's help with some wild cats. **See p80.**

Siegfried Farnon	**Samuel West**	Jimmy Herriot	**Thomas Riches**
James Herriot	**Nicholas Ralph**	Rosie Herriot	**Isabella Ward**
Mrs Audrey Hall	**Anna Madeley**	Dorothy	**Maimie McCoy**
Helen Herriot	**Rachel Shenton**	Charlotte Beauvoir	**Gaia Wise**
Tristan Farnon	**Callum Woodhouse**	Maggie	**Mollie Winnard**
Granville Bennett	**Caolan McCarthy**	Zoe Bennett	**Jade Greyul**
Mrs Pumphrey	**Patricia Hodge**	Irene Sparrow	**Wendy Patterson**

Writer Maxine Alderton; Producer Yvonne Francas
Director Jennie Paddon (S) (AD) (HD)

10.00 Murder My Sweetheart: the Killing of Dolores McCrea
Investigating the 2004 disappearance of Dolores McCrea, featuring interviews with family members, detectives and forensic scientists.
Directors/Producers Matt Dolan and Matt Lees (R) (S) (HD)

12.05am Fatal First Dates A teenager is found dead after meeting a boy for the first time. (S) (HD)
1.00 Home Shopping (R) (S) (HD)
2.00 The Big Steam Adventure John Sergeant and Peter Davison explore the Isle of Wight. (R) (S) (HD)
2.50 Bargain-Loving Brits in the Sun Shown 4pm (S) (HD)
3.35 The Wonderful World of Chocolate Four back-to-back editions of the series. (R) (S)
5.15—5.25am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC ONE SCOTLAND
2.00—3.00pm Politics Scotland **6.30—7.00** Reporting Scotland **11.40** Scotcast **12.10am** Newscast **12.40** The Repair Shop: beyond the Barn **1.40** Weather for the Week Ahead **1.45—6.00** News

BBC SCOTLAND
7.00pm Reporting Scotland **7.30** Grand Tours of Scotland's Lochs **8.00** Jules and Greg's Wild Swim: swimming locations in Glasgow and Edinburgh **8.30** Landward: Rosie Morton visits the walled garden near Laurencekirk **9.00** Showpeople: Licensed to Thrill **10.00** Stevens and McCarthy: sketch show **10.30** Scot Squad **11.00** Scotcast **11.30—12 midnight** The Scotts: Jason moves out

STV
6.00—6.30pm STV News; Weather **7.30—8.00** What's on Scotland **10.45** Driving: How Old Is Too Old? — Tonight **11.10 FILM:** Red 2 **1.00—3.00am** Home Shopping

ITV1 BORDER SCOTLAND
6.00—6.30pm ITV News Lookaround **10.45** Representing Border **11.40—12.35am** Wheel of Fortune: game show

BBC ONE WALES
6.30—7.00pm BBC Wales Today; Weather; Party Political Broadcast: by the Wales Green Party

BBC TWO WALES
7.00pm Hairy Bakers: Teatime Treats: making the perfect Victoria sandwich **7.15** Match of the Day Live: Wales v Norway in Cardiff (kick-off 7.45) **10.00—10.30** Scrum V: the Warm-Up

ITV1 WALES
6.00—6.30pm ITV News Wales at Six; Weather; Party Political Broadcast: by the Wales Green Party

BBC ONE NORTHERN IRELAND
6.30—7.00pm BBC Newsline **10.40** The View: news, comment and analysis from Stormont and Westminster **11.20** Question Time **12.20am** Newscast **12.50** The Repair Shop: beyond the Barn **1.50—6.00** BBC News

BBC TWO NORTHERN IRELAND
7.00—7.30pm University Challenge: Emmanuel College, Cambridge v Somerville College, Oxford

UTV
6.00—6.30pm UTV Live **10.45** Up Close: issues affecting the people of Northern Ireland **11.15** Tipping Point: Best Ever Finals **11.40—12.35am** Fatal Lies: True Crime Presents

BBC FOUR and Freeview channels listings overleaf ▶

THURSDAY FREEVIEW CHANNELS

BBC Four

24 IN SCOTLAND 9



The Lady Vanishes *8.00pm* Alfred Hitchcock's classic suspense thriller

7.00pm Iceland: Land of Ice and Fire In a *Natural World* film from 2015, Iceland is seen through the eyes of animals and people that have made this island home. An Arctic fox family must eke out a cliff-top living and an eider farmer has his hands full playing "duck dad" to hundreds of new arrivals. But nature's clock is ticking and the constant volcanic threat eventually boils over with one of Iceland's biggest eruptions in more than 200 years.
Director/Producer Andrew Chastney
Signed repeat 2.30am (S) (AD) (HD)

8.00 The Lady Vanishes ★★★★★
Classic thriller. One moment Miss Froy was sitting there, on the London-bound train from the Tyrol. The next she had vanished. Some passengers claimed she was never there, but Iris Henderson is convinced that she saw her. Was it her imagination? On iPlayer for 56 days. **Review page 47.**

Iris Henderson	Margaret Lockwood
Gilbert	Michael Redgrave
Dr Hartz	Paul Lukas
Miss Froy	Dame May Whitty
Mr Todhunter	Cecil Parker
"Mrs" Todhunter	Linden Travers
Caldicott	Naunton Wayne
Charters	Basil Radford
Baroness	Mary Clare
Hotel manager	Emile Boreo
Blanche	Googie Withers
Julie	Sally Stewart

Director Alfred Hitchcock (1938, U) (BW) (S) (AD) (HD)
Shown Sunday 2.05pm BBC Two

9.30 Alfred Hitchcock: Talking Pictures
A montage of television interview clips with the director, capturing the milestones and highlights of his life and career. Narrated by Sylvia Syms. From 2014.
Producer Karn Christensen
Series producer Simon Goretzki (S) (HD)

10.10 Platoon ★★★★★
Oscar-winning war drama. Within days of his arrival in Vietnam, college dropout Chris Taylor is plunged into the hellish life of a GI — a world of fear, exhaustion and casual brutality in a fight against an unseen enemy. Available on iPlayer for 26 days. **Review page 47.**

Sergeant Barnes	Tom Berenger
Sergeant Elias	Willem Dafoe
Chris	Charlie Sheen
Big Harold	Forest Whitaker
Rhah	Francesco Quinn
Sergeant O'Neill	John C McGinley
Sal	Richard Edson
Bunny	Kevin Dillon
Junior	Reggie Johnson
King	Keith David
Lerner	Johnny Depp
Tex	David Neidorf

Director Oliver Stone (1986, 15) (S) (HD)
Shown Sunday 10pm BBC Two (not Northern Ireland)

12.05am Lee Miller: a Life on the Front Line: a portrait of the model turned photographer who became an acclaimed war reporter. From 2020. Watch now on iPlayer (S) (AD) (HD) **1.05** Rachel's Farm: actor Rachel Ward embraces a movement to restore the health of Australia's farmland, food and climate. From 2025. Watch now on iPlayer (S) (AD) (HD) **2.30—3.30am** Iceland: Land of Ice and Fire Shown 7pm (S) (SL) (AD) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three

23



RuPaul's Drag Race UK *10.00pm* Rick Astley joins the judging panel

7.00pm *New.* The Catch-Up (S) (HD)

7.05 Horrible Histories
Strange Egyptian beauty secrets. (S) (AD) **7.30** The exploits of Helen of Troy. (S) (AD)

8.00 The Cruise
9/12. A BBC One documentary from 1998 about the cruise ship *Galaxy*. The performers have a mere three days to stage a new musical extravaganza. (S) **8.30** ***10/12.*** The new show is due to start, if Michelle's ravaged voice can take the strain. The whole series is on iPlayer. (S)

9.00 Amanda and Alan's Italian Job
1/8 *Series 2.* Alan Carr purchases a dilapidated 17th-century house with a medieval watchtower. From 2024. (S) (AD) (HD) **9.30** ***2/8.*** Amanda Holden and Alan Carr face their first hurdle, as the 17th-century windows turn out to be unsalvageable. A box set is on iPlayer. (S) (AD) (HD)

10.00 *New.* RuPaul's Drag Race UK
5/10 *Series 8.* Rick Astley and Michèle Lamy are the guest judges as the queens race against the clock to deliver three looks on the runway. On iPlayer from 7pm.
Rptd tomorrow BBC One Signed rpt 2.45am (S) (HD)

11.15 Louis Theroux: Shooting Joe Exotic Louis returns to Oklahoma to explore what has happened since his 2011 documentary *America's Most Dangerous Pets*. Watch now on iPlayer. First broadcast in 2021. (S) (AD) (HD)

12.45am Top Gear: Polar Challenge: a 450-mile land race from Canada to the North Pole (S) (AD) (HD) **1.45** BBC New Comedy Awards 2024 (S) (HD) **2.45—4.00am** RuPaul's Drag Race UK (S) (SL) (HD)

BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2

6

6.00am Backyard Builds (S) (HD) **6.30** Dinner Date (S) (AD) (HD) **7.30** The Real Housewives of Potomac (S) (HD) **8.20** The Real Housewives of Beverly Hills (S) (HD) **9.15** The Only Way Is Essex (S) (HD) **10.15** Dawson's Creek (S) (HD) **11.10** Charmed (S) (HD)

12.05pm Deal or No Deal: Stephen Mulhern hosts (S) (AD) (HD) **1.05** Supermarket Sweep (S) (HD) **2.05** Ant & Dec's Limitless Win (S) (AD) (HD) **3.10** The Only Way Is Essex (S) (HD) **4.10** The Real Housewives of Potomac (S) (HD) **5.00** The Real Housewives of Beverly Hills (S) (HD)

6.00pm Celebrity Catchphrase Axel Blake, Richard Madeley and Siân Welby attempt to guess the well-known phrases. (S) (AD) (HD)
7.00 Ant & Dec's Limitless Win Cousins Adele and Adele take on the money ladder. (S) (AD) (HD)
8.00 The 1% Club Game show hosted by Lee Mack, in which the questions are all about logic and common sense. (S) (AD) (HD)
9.00 *New.* Big Brother A group of contestants lives under 24-hour surveillance, hoping to win a big cash prize. (S) (HD)
10.00 *New.* Big Brother: the Group Chat Interviews with evicted housemates, celebrity fans and special guests. (S) (HD)
11.05 Family Guy *Series 9.* Brian's luck as a writer changes dramatically. (S) (AD) (HD)
11.35 *Series 14.* Peter is jealous when Cleveland starts hanging out with Jerome. (S) (AD) (HD)
12.05am American Dad! (S) (AD) (HD) **1.05** Bob's Burgers (S) (AD) (HD) **1.55** Deep Fake Neighbour Wars (S) (SL) (HD) **2.20—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115 +1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3

10



Vera *8.00pm* DCI Stanhope pieces together a victim's final hours

6.00am Wild at Heart: ***2/8*** *Series 3.* Sarah fires Caroline (S) **7.05** Classic Emmerdale (S) (AD) **8.05** Classic Coronation Street (S) (AD) **9.15** Inspector Morse: *Series 3. Deceived by Flight.* Murder delays a cricket match (S) (AD) (HD) **11.30** Heartbeat: ***26/26.*** Gina makes a gruesome discovery (S) (AD); **12.35pm** ***1/26*** A London gangster arrives in the area (S) (AD)

1.35pm The Royal: ***7/14*** *Series 3.* Brigid makes a decision (S) (AD) **2.40** Wild at Heart: ***3/8*** *Series 3.* Du Plessis's son brings good news (S) **3.40** Classic Emmerdale: double bill. Natasha and Debbie follow Mark, then David confronts Pollard about the footpath (S) (AD)

4.40pm Classic Coronation Street Maria confides in Tony. (S) (AD) **5.15** Tara resolves to avenge Dev. (S) (AD)

5.50 Heartbeat
2/26 *Series 15.* Alf goes under cover. (S) (AD) **6.55** ***3/26.*** Miller lands in trouble. (S) (AD)

8.00 Vera
3/4 *Series 10.* **Dirty.** The murder of a cleaner whose death occurred several hours after the killer blow puts DCI Vera Stanhope on an intriguing trail. (S) (AD) (HD)

10.00 Downton Abbey
3/9 *Series 3.* Edith's big day finally arrives, Mrs Hughes anxiously awaits her results, and Mary takes matters into her own hands to secure the estate's future. (S) (AD) (HD)

11.00 DCI Banks
1/6 *Series 1.* **Playing with Fire 1/2.** DCI Banks and DS Annie Cabbot investigate the deaths of two people on a canal boat that was destroyed in a fire. (S) (AD) (HD) **11.55** ***2/6*** **Playing with Fire 2/2.** Banks realises he is now on the trail of a serial killer, but a new discovery casts doubt on the alibis of all his suspects. (S) (AD) (HD)

12.55am The Royal: A jazz band falls ill after eating at a local café (S) (AD) **1.45** George & Mildred: George buys an expensive gift (S) **2.10—2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117 +1 Freeview 58 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am Football League Legends (S) (HD) **6.10** The Protectors (S) (SL) (HD) **6.45** American Pickers (S) (HD) **7.40** Minder (S) (SL) (AD) **8.55** The Champions (S) **10.00** The Grand Fishing Adventure (S) (HD) **11.00** The Professionals (S) (AD)

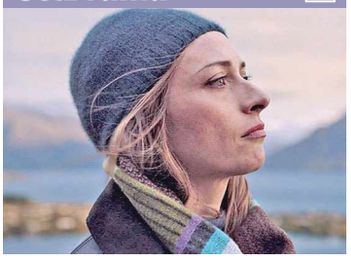
12.10pm The Champions (S) **1.20** American Pickers: The Pick, the Pawn, and the Polish (S) (HD) **2.25** American Pickers (S) (HD) **3.30** Ice Road Truckers (S) (HD) **4.30** The Professionals (S) (AD) **5.40** Minder (S) (AD)

6.45pm Sharpe The soldier becomes a pawn in a French plot, and finds himself facing execution for murder. (S) (HD)
9.00 Benidorm ***5/7*** *Series 3.* Gavin discovers that Troy is cheating on him, while the Oracle falls foul of the police. (S) (AD)
10.00 ***6/7.*** Madge and Mel decide to start up a new business in Benidorm but have trouble getting the Deputy Mayor's approval. (S) (AD)
11.00 *New.* Black Sails Flint receives aid from an unlikely ally, Vane's crew seeks a change, and Silver makes a sacrifice. Starring Toby Stephens. First shown on Sky History (S) (HD)
12 midnight Hell's Kitchen: the top four chefs cook for Foxwoods chefs and executives. (S) (HD) **12.55am** The Professionals (S) (SL) (AD) **1.55—3.00am** Minder (S) (SL) (AD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118 +1 Freeview 59 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama

20



A Remarkable Place to Die *9.00pm* Anais traces missing gold

7.00am Birds of a Feather: ***1/7*** *Series 1.* Sharon and Tracey's lives are changed (S) **7.40** The Bill Rptd 11.55am (S) **8.40** Doctors: double bill. Heston jumps to conclusions, then Zara meets her match (S) (HD) **9.55** Classic Holby City: Donna quits (S) **10.55** Casualty: two rugby players come to blows (S) (AD) (HD) **11.55** The Bill: PC Clarke tries to hold down two jobs Shown 7.40am (S)

12.55pm Classic EastEnders: double bill. Michael takes his revenge, then Jack is desperate (S) **2.15** Classic Neighbours: double bill. Joan panics, then Max gets a letter (S) (HD) **3.20** Sister Boniface Mysteries: ***2/8*** *Series 3* A local toymaker is stabbed (S) (AD) (HD) **4.20** Father Brown Rptd 11.20pm (S) (AD) (HD) **5.20** As Time Goes By: ***6/7*** *Series 6.* The couple hear noises from the empty house next door (S)

6.00pm Last of the Summer Wine
Series 17. **Brushes at Dawn.** Compo finds he has a love rival for Nora Batty. (S) (AD) **6.40** *Series 18.* **The Love Mobile.** Smiler meets the woman of his dreams. (S) **7.20 A Clean Sweep.** Foggy encounters an unlucky chimney sweep. (S)

8.00 *New.* The Chelsea Detective
6/8 *Series 4.* **Beauty Costs 2/2** Max learns the truth. **See page 80.**
Repeated 1.20am (S) (AD) (HD)

9.00 A Remarkable Place to Die
4/8 **Hard to Swallow 2/2.** An autopsy reveals Edward died before Sean. (S) (AD) (HD)

10.00 New Tricks
3/10 *Series 12.* **The Curate's Egg.** The team investigates the murder of a vicar. (S) (AD) (HD)

11.20 Father Brown
2/10 *Series 2.* **The Maddest of All.** An ex-serviceman dies suddenly in the street. Shown 4.20pm (S) (AD) (HD)

12.20am Lovejoy: ***9/14*** *Series 4.* Lovejoy is set up (S) **1.20** The Chelsea Detective Shown 8pm (S) (SL) (HD) **2.25** Sister Boniface Mysteries: ***3/8*** *Series 3.* A TV show's creator vanishes (S) (AD) (HD) **3.10—4.00am** You're Killing Me: ***6/6*** Jack and Noah investigate a corpse (S) (SL) (HD)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Freely 260 Sky 243 Virgin 316

U&Dave

19

7.10am Top Gear (AD) **8.00** Border Force: America's Gatekeepers: double bill (AD) **10.00** Rick Stein's Cornwall: four episodes

12 noon Hairy Bikers' Best of British **1.00pm** Top Gear: two episodes **3.00** James May's Man Lab **4.00** Rick Stein's Cornwall

6.00pm Hairy Bikers' Best of British The cooks explore the origins of popular spices.
7.00 Mortimer and Whitehouse: Gone Fishing The pair fish for roach in Norfolk. (AD)
7.40 Would I Lie to You? With Jo Brand, Lucy Martin, Amol Rajan and Joe Wilkinson.
8.20 With panellists Munya Chawawa, Bob Mortimer, Alice Roberts and Snoochie Shy.
9.00 QI XL Dara O Briain, Chris Addison and Sean Lock join Alan Davies and Sir Stephen Fry.
10.00 Have I Got a Bit More News for You Diane Morgan hosts the satirical quiz, with guests Desiree Burch and Matt Chorley.
11.00 Eight out of 10 Cats Lethal Bizzle, Tiff Stevenson, Jessica Knappett and Nish Kumar join team captains Rob Beckett and Aisling Bea.
11.50 Mock the Week Dara O Briain hosts.

12.30am Would I Lie to You?: hosted by Rob Brydon **1.50** QI XL **2.50** Richard Osman's House of Games **3.20—4.00am** Judge Romesh

U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

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More4 18



Sandi Toksvig's Great Riviera Rail Trip *9.00pm* La Belle Nice

8.55am Four in a Bed **11.35** Come Dine with Me: dinner parties from Bristol and Bath
12.35pm Come Dine with Me **2.15** Four in a Bed **4.50** Car SOS: double bill (AD)
6.50pm The Dog House Roshni and Jay meet two very different dogs — Bella the playful staffordshire, and cuddly terrier Cech. Amy and Alex want to rescue a dog in need. Will blind spaniel Olivia prove suitable? (AD) **7.55** Patch the border collie tries to win over horse-groomer Megan. Will opposites attract when sofa addict Pebbles the lhasa is matched with Paralympian David? (AD)
9.00 Sandi Toksvig's Great Riviera Rail Trip After arriving in Nice, Sandi strolls the famous promenade and examines the influence of the English on the city, including Queen Victoria's role in making it a magnet for 19th-century European aristocracy. (AD)
10.00 24 Hours in A&E James is rushed to A&E after hitting his car windscreen in a head-on collision. Doctors are concerned that he has sustained a life-changing injury. Justice waits with his girlfriend Elissa to have a worrying lump on his finger examined. (AD)
11.05 Lee is rushed to St George's having been thrown six feet in the air when his motorbike collided with a car. Teigan, 13, is brought in after falling from his BMX and fracturing his pelvis. (AD)
12.05am Emergency Helicopter Medics: Charlie has life-threatening injuries after falling off his dirt bike (AD) **1.10** 24 Hours in A&E (AD)
3.20—3.50am A Place in the Sun

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Modern Family (AD) **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine with Me **8.00** Ramsay's 24 Hours to Hell and Back (SL) (AD) **9.00** Ramsay's 24 Hours to Hell and Back (AD) **10.00** Below Deck Down Under (AD) **11.00** Modern Family (AD)
12 noon The Simpsons (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family: four episodes (AD) **5.00** The Simpsons (AD)
6.00pm The Simpsons *Series 32.* A British secret agent arrives in Springfield. (AD)
6.30 Moe breaks a sacred rule. (AD)
7.00 *Series 20.* Homer is suspicious. (AD)
7.30 Brooklyn Nine-Nine *2/23 Series 2* Holt's long-time nemesis turns up. (AD)
8.00 ***New.*** **Below Deck Down Under** Tensions explode across the boat. (AD)
9.00 Gogglebox Double bill. (AD)
11.05 First Dates Charlie, who has relentless optimism, meets Australian osteopath Benj. (AD)
12.05am Naked Attraction: dating show with Anna Richardson (AD) **1.10** Gogglebox (SL) (AD) **2.10** Below Deck Down Under (AD) **3.00** Ramsay's Hotel Hell (SL) (AD) **3.55** The Simpsons (AD) **4.20** The Goldbergs (AD) **5.10** Brooklyn Nine-Nine (AD) **5.35—6.00am** Modern Family (AD)

E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Celebrity Fantasy Homes **7.00** Shopping **8.00** Escape to the Country (AD) **9.00** Salvage Hunters **12 noon** Derbyshire Auction House (AD) **2.00pm** Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family (AD) **6.00pm** Repair Shop **7.00** Yorkshire Auction House **8.00** Antiques Road Trip (AD) **9.00** 6000lb Diaries **10.00** Bad Skin Clinic **11.00** Celebrity Help! My House Is Haunted (AD) **2.00am** Shopping **4.00—6.00am** as 3pm

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



Seven Dials Mystery *8.00pm* The Marquis of Caterhan (John Gielgud)

6.00am Jean-Michel Jarre Live in Sevilla **8.00** The Joy of Painting: double bill **9.00** Tales of the Unexpected: double bill (AD) **10.00** Alfred Hitchcock Presents: double bill **11.00** Discovering: Richard Dreyfuss (AD)
12 noon Classic Albums **1.00pm** Tales of the Unexpected (AD) **2.00** Alfred Hitchcock Presents **3.00** Master Crafters: the Next Generation (AD) **4.00** Discovering: Basil Rathbone (AD) **5.00** Portrait Artist of the Year 2025 (AD)
6.00pm Tales of the Unexpected A chauffeur has the solution to a scandal. (AD) **6.30** A successful author is threatened. (AD) **7.00 The Alfred Hitchcock Hour** After serving a prison sentence, a man romances the woman whose false testimony got him convicted. Bradford Dillman stars. (BW) **8.00 Seven Dials Mystery** Agatha Christie whodunnit starring John Gielgud. When two deaths mar a weekend in the English countryside, Lady Eileen Brent teams up with Jimmy Thesinger to solve the cases. **10.35 The Directors** The life and work of Steven Spielberg, whose films include *Jaws, ET* and *Jurassic Park* and who won Oscars for *Schindler's List* and *Saving Private Ryan*. (AD) **11.35 Yuja** The life and career of Chinese-American pianist Yuja Wang, looking at the dedication required to be a performer.
1.20am David Hockney: a Celebration: a profile of the artist **2.45** Matisse: the Last Masterpiece **4.00** The Art of the Garden **5.00—6.00am** Master Crafters: the Next Generation (AD)

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am A New Life in the Sun: Where Are They Now? **10.00** Find It, Fix It, Flog It (AD) **11.00** Help! We Bought a Village
12 noon A Place in the Sun **3.00pm** Come Dine with Me **5.30** Four in a Bed
6.00pm A Place in the Sun Lucy Alexander helps house hunters in Lake Garda, Italy. **7.00** A couple want to retire to Manilva, Spain. **7.45 The Great Celebrity Pottery Throw Down** *3/5.* The celebrities face the challenges of Raku week. **See review, page 40.** (AD) **9.00 Grand Designs** An architect plans to build an ambitious house in his grandparents' back garden. **See review, page 70.** Shown yesterday 9pm Channel 4 (AD) **10.00 The World's Biggest Cruise Ship** As the *Icon of the Seas* sets sail from Miami on its maiden seven-day voyage. (AD) **11.00 Martin Compston: Living Las Vegas** *2/3.* The actor visits Vegas's burgeoning Arts District, then heads out of the city to try out the cowboy lifestyle. **See review, page 71.** Shown yesterday 10pm Channel 4 (AD)
12 midnight Inside the World's Most Luxurious Motorhomes (AD) **1.05am** Two Men on a Bike (AD) **2.05** Gogglebox (AD) **3.05** Celebrity Gogglebox (AD) **4.05—5.05am** The Dog House (AD)

4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Lingo **2.00** Tenable **3.00** Beat the Chasers (AD) **4.00** Riddiculous **5.00** Deal or No Deal: Kem tries to open the 22 red boxes in the right order (AD) **6.00** Lingo **9.00** The Floor (AD) **10.00** Tipping Point
12.55am Tenable: hosted by Warwick Davis **1.50** Riddiculous **2.40—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Bangers and Cash *8.30pm* An iconic 1930s Jaguar is collected

6.10am Secrets of the London Underground (AD) **8.00** Bangers and Cash (AD) **10.00** Nazi Killing Fields **11.00** Battle Honours (AD)
12 noon Antiques Roadshow **2.00pm** Bangers and Cash (AD) **4.00** Nazi Killing Fields **5.00** Battle Honours: the US Army Rangers (AD)
6.00pm Antiques Roadshow Fiona Bruce presents the show from Baddesley Clinton. **7.00 Burma with Simon Reeve** Exploring the country in the aftermath of thousands of Muslims being driven from their homes. **8.00** ***New.*** **Bangers and Cash** *11/13 Series 14* Derek collects an iconic 1930s Jaguar. (AD) **9.00 Dream Car Fixers** Sheldon and Peter try to re-create an Anglia with a specially upgraded engine from 50 years ago. (AD) **10.00 Bangers and Cash** Dave is off to London, where a couple of very special Fords are hidden away in a garage. (AD) **11.00** Derek helps a collector downsize and discovers a rare Chrysler Alpine. (AD) **12 midnight** A 1967 Aston Martin DB6. (AD)
1.00am Find It, Fix It, Flog It: converting a lantern and a fire extinguisher **2.00—3.00am** Secrets of the London Underground (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am Salvage Hunters: the Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters: two editions **11.00** Outback Opal Hunters
1.00pm The Repair Shop **2.00** Shed and Buried **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House: double bill
7.00pm Antiques Road Trip Steven Moore and Angus Ashworth continue their search in Derbyshire and Yorkshire. (AD) **8.00** ***New.*** **Outback Truckers** *11/13 Series 11* Australia's toughest drivers hit the open road and reveal the adventure of trucking. **9.00** ***New.*** **Aussie Gold Hunters** *Ep 4 Series 11* Jacqui and Kyle chase gold in the remote wilds of the Northern Territory. **10.00 The Repair Shop** The team tackles a classic piece of pottery, a military campaign chest and two much-loved Dutch chairs. **11.00 How Do They Do It?** The process of manufacturing Berettas and cotton. **11.30** The secret of the lion dance.
12 midnight How Do They Do It? **1.00am** Salvage Hunters **3.00** Salvage Hunters: the Restorers **4.00—5.00am** How It's Made

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

7.00am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing to Declare **11.00** Border Security: Canada's Front Line **12 noon** Caught on Dashcam **1.00pm** Police 24/7 **2.00** Nothing to Declare (AD) **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00pm** Star Trek: Voyager: the ship is ensnared in a bizarre energy field **7.00** Star Trek: the Next Generation: the Cardassians torture Picard **8.00** Hawaii Five-0: the team reinvestigates the death of a Navy Seal **9.00** Britain's Most Evil Killers: a look at the crimes of Robert Howard **10.00** Britain's Most Evil Killers: investigating the death of Mary McLaughlin **11.00** Grimm: Rosalee falls under the spell of a mystical lawyer
12 midnight Wynonna Earp **1.00am** Road Wars **2.00** Police 24/7 **3.00** Highway Patrol **4.00** Border Patrol **5.00—6.00am** Highway Cops

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Entertainment News **9.10** NCIS (AD) **12 noon** Law & Order: six episodes **6.00pm** NCIS *Series 6.* Triple bill (AD) **9.00** ***New.*** Blue Bloods *Series 12.* A decision made by Frank causes tension when he assigns Jamie to guard Danny First shown on Sky Witness **10.00** Law & Order: Special Victims Unit: four episodes. *Series 23.* Rollins shocks Carisi with a formidable opponent. **11.00** *Series 24.* Benson and Stabler assist in the case of a young girl's shooting **11.55** *Series 1* A taxi driver is murdered **12.55am** *Series 23* Benson suspects her son is being bullied
1.55 Prodigal Son: double bill of the thriller
3.50—4.00am Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun **10.00** Call the Bailiffs: Time to Pay Up (AD) **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Rogue Claimers: a personal injury claim **6.00pm Home and Away** Remi rallies for Eden. Shown yesterday 6.30pm (AD)
6.30 ***New.*** John faces his fear. Rptd Fri 6pm (AD)
7.00 GPs: behind Closed Doors A young boy has injured his wrist after falling over. (AD)
8.00 Casualty 24/7: Every Second Counts An 82-year-old collapses at home. (AD)
9.00 A&E after Dark A severe glass cut. (AD)
10.00 Ambulance: Code Red A man sustains a serious leg injury after a forklift accident. (AD)
11.00 Skin A&E Dermatology treatments.
12 midnight The Mystery of Room 130: Hotel Murders **1.00am** Motorway Cops: Catching Britain's Speeders **2.00** Casualty 24/7: Every Second Counts (AD) **2.45** Skin A&E
3.35—4.00am Home and Away (AD)

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Entertainment News **9.05** Trucking Hell (AD) **10.05** Police Interceptors (AD)
12.10pm FILM Red Mountain ★★ Western starring Alan Ladd **1.55 FILM** The Westerner ★★★★ Western with Gary Cooper **Review p87** (BW) **4.00** Traffic Cops **5.00** Motorway Cops: Catching Britain's Speeders (AD)
6.00pm Police Interceptors A speeding 4x4 keeps a team on their toes, while, at police HQ, their latest weapon is unveiled. **7.00** Highlights including the thief who tried to run the police off the road in a stolen 4x4. **8.00 Motorway Cops: Catching Britain's Speeders** A car with cloned registration plates has racked up nearly 600 fines. (AD) **9.00 Police Interceptors** Rich and Ash are on the trail of a potentially armed man. **10.00** ***New.*** **Timber Titans** On a sun-scorched block, the Peters crew struggles to move massive logs with aging machines. **11.00 The X-Files** A psychic helps uncover the fate of Mulder's sister, while Scully discovers a link between her disappearance and the Cigarette Smoking Man.
12 midnight Winter Road Rescue **1.00am** Ice Road Truckers **2.00** Trucking Hell (AD) **3.50—4.00am** Entertainment News

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Dogs Behaving (Very) Badly: Australia **11.00** Ben Fogle: New Lives in the Wild **1.00pm** Murder, She Wrote (AD) **3.00** Columbo **5.00** Inside the Tower of London **7.00pm Ben Fogle: New Lives in the Wild** Ben spends a week with former paratrooper Chris who, along with his dog Jet, has spent the last five years walking the UK's coastline. **8.00** Ben heads back to Western Australia to revisit 69-year-old Barbara. **9.00 James May's Great Explorers** Walter Raleigh's rise to London's high-society. **10.00 Into the Amazon with Robson Green** Actor Robson Green travels through the Amazon rainforest. **11.30 Prisoner: Cell Block H** Double bill. **1.35am** Dogs Behaving (Very) Badly **2.35** Dogs Behaving (Very) Badly: Australia **3.30—4.00am** Around the World by Train with Tony Robinson

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 Sky News Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

THURSDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.25am Ben and Holly's Little Kingdom **6.00** Peppa Pig **6.10** Tweedy & Fluff **6.15** Odo **6.20** Thomas & Friends **6.35** Fireman Sam **6.45** Peppa Pig **6.50** Pip and Posy **6.55** The Adventures of Paddington **7.10** Paw Patrol **7.20** Rubble & Crew **7.30** Peppa Pig **7.45** Tim Rex in Space **8.00** Stan & Gran **8.15** Paw Patrol **8.30** Milo **8.40** Peppa Pig **8.55** Ben and Holly's Little Kingdom **9.05—9.15am** Milkshake! Story Den

Full listings for 5 are on page 83

CBeebies 202

6.00am Roots and Fruits **6.05** Bing **6.15** Teletubbies **6.30** Tee and Mo **6.35** Colourblocks **6.40** Bluey Minisodes **6.45** Bing **6.55** Mojo Swoptops **7.05** Hey Duggee: double bill **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Wonderblocks **8.25** Love Monster **8.30** Justin's House **9.00** Bing **9.05** Yakka Dee! **9.10** Maddie & Triggs **9.20** Piggy Builders **9.30** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.40** I Spy, You Spy **10.45** What's in Your Plant Pot? **10.55** Let's Go for a Walk **11.10** Kiri & Lou **11.15** Bluey **11.25** Hey Duggee **11.30** Teeny Tiny Creatures **11.45** Our Family

12 noon Big Cook Little Cook **12.20pm** Dog Squad **12.30** Time for School **12.40** Waffle the Wonder Dog **1.00** Puffin Rock **1.05** Yukee **1.15** Maddie & Triggs **1.20** Piggy Builders **1.35** Numberblocks **1.40** Alphablocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Andy's Dino Island **2.35** Football Fantastics **2.50** Grace's Amazing Machines **3.05** Musical Storyland **3.15** Vegesaurs **3.20** Octonauts: above and Beyond **3.30** Peter Rabbit **3.45** Hey Duggee **4.00** Time for School **4.10** Supertato **4.20** The Weasy Family **4.30** Mojo Swoptops **4.40** Bluey **4.55** ***New.*** Zog: Fergus starts acting strangely **5.10** Dodge's Pup School: Songs **5.20** ***New.*** Waffle's After School Club: Daisy and Cole bring everyone together **5.30** Rafi the Wishing Wizard **5.40** JoJo & Gran Gran **5.50** Sarah & Duck

6.00pm Clangers **6.10** BeddyByes **6.20** In the Night Garden... **6.50—7.00pm** Bedtime Stories: Rhys Stephenson reads *Remarkably You* by Pat Zietlow Miller

CBeebies **Freeview** 202 **Freely** 352 **Freesat** 601 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Super Happy Magic Forest **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround: topical news magazine for children **7.55** Grizzy and the Lemmings **8.10** SpongeBob SquarePants **8.25** Duck and Frog **8.40** Odd Squad **8.55** Shark Bites **9.00** Bitesize Daily: 7 to 9 Year Olds **9.20** Hey You What If? **9.25** Horrible Histories **9.55** Horrible Science **10.20** Operation Ouch! **10.50** Go Get Arty **11.05** Planet Earth II

12.05pm Our School **12.30** Gym Stars **12.50** Sketchy Comedy **12.55** Octonauts **1.05** Big Lizard **1.15** Piripenguins **1.25** Duck and Frog **1.40** Super Happy Magic Forest **1.55** Grizzy and the Lemmings **2.00** Winx Club: the Magic Is Back **2.25** Deadly 60 **2.55** Shaun the Sheep **3.00** Dennis & Gnasher Unleashed! **3.10** Danger Mouse **3.25** Super Happy Magic Forest **3.35** Boy Girl Dog Cat Mouse Cheese **3.50** Grizzy and the Lemmings **3.55** Duck and Frog **4.05** ***New.*** Pablo Next Level: Pablo notices that his socks are fluffy side out **4.15** Submarine Jim **4.30** The Amazing World of Gumball **4.40** Teen Titans Go! **4.55** What's New Scooby Doo? **5.15** ***New.*** Miraculous: Tales of Ladybug & Cat Noir: animated adventures **5.40** ***New.*** The Football Academy: under-12s star Alex goes in search of silverware as he travels to Spain on his first tour

6.00pm High Hoops **6.30—7.00pm** ***New.*** The Next Step: Cheer: Jax and Heath interview a cheerleader that seeds doubt in their routine

CBBC **Freeview** 201 **Freely** 351 **Freesat** 600 **Sky** 607 **Virgin** 701



MasterChef Australia
7.00pm ***U&W*** Sanjeev Kapoor

U&W 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: the Big Build **1.00pm** Tipping Point: three editions **4.00** Property Brothers: Forever Homes

5.00pm DIY SOS: the Big Build Transforming the family home of twins with global development delay. **6.00** The team transforms the home of an ex-fireman in Shropshire.

7.00pm ***New.*** **MasterChef Australia** A Mystery Box challenge.

8.30 Nigella: at My Table Recipes include chicken with red grapes.

9.00 DIY SOS: the Big Build Transforming the Derby home of a family whose son has cerebral palsy.

10.00 Pete Wicks: for Dogs' Sake Pete Wicks helps care for a vulnerable litter of puppies. (AD)

11.00 Nurses Down Under The hospital rolls out the first doses of the Covid-19 vaccine to staff. (AD) **12 midnight** A 52-year-old man with end-stage heart failure might not get his heart transplant. (AD) **1.00—3.00am** My Family (AD)

U&W **F'view** 25 **Freely** 28 **F'sat** 156 **Sky** 132 (133 Scot) **Virgin** 125 **+1** **Sky** 232 (233 Scot) **Virgin** 325

Rewind TV 81

6.00am Flash Gordon Conquers the Universe (BW) **6.25** Only When I Laugh **6.55** Time Machine **7.00** Boon **8.00** Jack Hargreaves's Old Country **8.30** Fenn Street Gang **9.00** Bubblegum and Cheese **10.00** Jukebox **11.00** Doctor on the Go **11.30** Upper Hand **12 noon** The Good Guys **1.00pm** Harry Hill's TV Burp **1.30** Fenn Street Gang **2.00** Only When I Laugh **2.30** Other 'Arf **3.00** Rewind and Remember **3.30** Man in a Suitcase **4.30** Jack Hargreaves's Old Country **5.00** Stereo Underground **6.00** The Good Guys **7.00** Harry Hill's TV Burp **7.30** Upper Hand **8.00** Doctor on the Go **8.30** Faith in the Future **9.00** Other 'Arf **9.30** Time Gentlemen Please **10.00 FILM** Sex and the Other Woman ★★ **11.45 FILM** Secrets of Sex ★★ **1.35am** Stereo Underground **2.35** Rewind and Remember Bitesize **2.45** Man in a Suitcase **3.45** Hank the Cowboy **4.00** as 9.30pm **4.30** as 5pm **5.30—6.00am** as 4.30pm

Rewind TV **Freeview** 81 **Freely** 141 **Freesat** 164 **Sky** 182

Great TV 34

8.00am The Waltons **9.00** Bramwell **10.00** Highway to Heaven **11.00** Little House on the Prairie **1.00pm** The Waltons **4.00** Little House on the Prairie **6.00** Rumpole of the Bailey **7.00** M*A*S*H: four episodes. Colonel Flagg spies on Hawkeye **7.30** Hawkeye takes drastic action **8.00** The medics stay over at Rosie's Bar **8.30** Charles falls for a Korean girl **9.00 FILM** The Belles of St Trinian's ★★★ Comedy with Alastair Sim and George Cole. The schoolgirls of St Trinian's get mixed up in a plot to steal a horse (BW) **Review, right 11.00** Robin's Nest **12 midnight** M*A*S*H **2.00am** Air Rescue: two episodes **3.00—4.50am** Highway to Heaven: double bill

Great TV **Freeview** 34 **Freely** 53 **Sky** 157 **Virgin** 170 **+1** **Freeview** 61 **Sky** 257

Food Network 43

6.00am Michel Roux's French Country Cooking **7.00** The Hairy Bikers' Comfort Food **8.00** Girl Meets Farm **9.00** Jamie Oliver: Together **10.00** Barefoot Contessa: back to Basics (AD) **11.00** The Great British Bake Off **12.30pm** Mary Berry's Foolproof Cooking **1.00** James Martin's United Cakes of America **3.00** The Hairy Bikers' Comfort Food **4.00** Jamie Oliver: Together **5.00** The Pioneer Woman **6.00pm** James Martin's United Cakes of America **7.00** The Great British Bake Off: the bakers show what they can do with caramel **8.30** Mary Berry's Foolproof Cooking: a selection of dishes for outdoor entertaining and lazy summer days **9.00** Michel Roux's French Country Cooking: Michel puts a colourful twist on a sweet and sticky classic **10.00** Jamie Oliver: Cooking for Less **11.00** Diners, Drive-Ins and Dives

1.00am Man v Food Nation: two editions **2.00—3.00am** Cake Boss

Food Network **Freeview** 43 **Freely** 39 **Freesat** 148 **Sky** 144 **Virgin** 168 **+1** **Freesat** 154 **Sky** 244 **Virgin** 368

TLC 12

7.00am The Middle **8.30** Young Sheldon **10.00** The Big Bang Theory **2.00pm** The Middle: three episodes **3.30** Young Sheldon: triple bill **5.00** The Big Bang Theory (AD) **7.00pm** The Big Bang Theory: four episodes. Sheldon and Penny bond **7.30** Leonard returns early from his expedition (AD) **8.00** The friends compete in a scavenger hunt (AD) **8.30** Amy spoils one of Sheldon's favourite films **9.00** Mock the Week **10.00 FILM** Nacho Libre ★★★ Sports comedy starring Jack Black. A kindly cook at a Mexican monastery becomes a wrestler. **Review, right 12 midnight** The Middle **1.30am** Dr Pimple Popper **2.30** My 600lb Life **4.30** Say Yes to the Dress: UK **5.00—6.00am** Say Yes to the Dress

TLC **F'view** 12 **Freely** 17 **F'sat** 144 **Sky** 133 (134 Scot) **Virgin** 113 (128 Scot) **+1** **F'view** 99 **Freely** 267 **F'sat** 150 **Sky** 233 (234 Scot) **Virgin** 313 (328 Scot/Wales)

That's TV 56

8.05am Upstairs, Downstairs **9.05** You Rang, M'Lord? **10.10** Bread **10.45** Steptoe and Son **11.25** Oh, Doctor Beeching! **12.05pm** Rising Damp **12.35** Man about the House **1.05** Goodnight Sweetheart **1.40** When the Boat Comes In **2.45** Minder **3.45** Whatever Happened to the Likely Lads? **4.25** Man about the House **4.55** Bread **5.30** Birds of a Feather **6.05** Rising Damp **6.35** Steptoe and Son **7.15** Whatever Happened to the Likely Lads? **7.55** Minder **9.00** Benidorm: Kenneth holds a seance to try to contact his mother **9.55** Shameless **10.55** Man about the House **11.30** Goodnight Sweetheart **12.05am** Benidorm **1.05** Minder **2.05** Some Mothers Do 'Ave 'Em **2.35** Man about the House **3.00** The Kenny Everett Video Show **3.25** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.50—6.00am** Byways of Steam

That's TV **Freeview** 56 **Freely** 42



Wild China *7.00pm* ***U&Eden***
Farming the rice terraces

PBS America 84

8.00am as 7pm **9.15** Titans of the Cold War **10.20** as 10.30pm **11.50** Weathered: after the LA Firestorm **1.00pm** Grand Tours of the Scottish Islands **1.40** Dying Democracies: Europe in Decline **3.40** Titans of the Cold War **4.50** Agatha Christie: 100 Years of Poirot and Miss Marple

6.20pm Grand Tours of the Scottish Islands *4/6 Series 3* Paul Murton visits the island of Islay.

7.00 Weathered: after the LA Firestorm Documenting the rebuild a year on from the LA fires.

8.15 Titans of the Cold War *4/4 Series 2.* Reagan and Gorbachev confront the most decisive stage.

9.20 The Real Truth *5/6.* The myths around vaping and smoking.

10.30 Agatha Christie: 100 Years of Poirot and Miss Marple The author's most famous stories. **12 midnight** as 8.15pm **1.10—2.00am** Grand Tours of the Scottish Islands

PBS America **F'view** 84 (1pm-12 midnight only) **Freely** 49 **Freesat** 155 **Sky** 173 **Virgin** 187

U&Eden 57

9.00am Wild Brazil (AD) **11.00** Wild China **1.00pm** Wild Brazil (AD) **3.00** Wild China **5.00** Wild Brazil (AD) **7.00pm** Wild China: double bill. The diverse wildlife of southern China, then creatures inhabiting Yunnan Province **9.00** Wild Brazil: double bill. The formidable monsoons arrive, then the animals look for breeding partners (AD) **11.00** Wild China

1.00am Wild Brazil (AD) **3.00** Wild China **4.40** World's Greatest Palaces (AD) **5.30—6.00am** Villages by the Sea

U&Eden **Freeview** (HD only) 57 **Freely** 142 **F'sat** 160 **Sky** 166 **Virgin** 176 **+1** **Sky** 266 **Virgin** 376

Blaze 64

6.00am Real Deal **6.45** Pawn Stars **7.30** Storage Wars Canada **8.25** Storage Hunters **9.20** Hardcore Pawn **1.05pm** Pawn Stars **2.05** Storage Wars Canada **3.05** Ancient Aliens **5.00** In Search of Aliens **6.00** Junk and Disorderly **7.00** Real Deal **9.00** Ancient Aliens **10.00** UFO Chronicles **10.30** UFO Chronicles **11.00** The UnBelievable **12 midnight** The Proof Is Out There **1.00am** In Search of Aliens **2.00** The Killer Interview **3.00** as 6pm **3.45** Hardcore Pawn **5.00—6.00am** Real Deal

Blaze **Freeview** 64 **Freely** 41 **Freesat** 161 **Sky** 156 **Virgin** 174

Challenge 48

7.00am The Chase **9.00** Celebrity Chase (AD) **10.00** Bidding Room **11.00** Celebrity Antiques Road Trip **12.15pm** Family Fortunes (AD) **1.00** Cash Trapped **2.00** Celebrity Bridge of Lies **3.00** The Chase **4.00** Bidding Room **5.00** Tenable **6.00pm** Cash Trapped **7.00** Beat the Chasers **8.00** The Chase **10.00** Celebrity Chase (AD) **11.00** Bullseye **12 midnight** Celebrity Bridge of Lies **1.00am** The Chase **2.00** Celebrity Chase **3.00** The Chase **4.00—6.00am** Bullseye

Challenge **Freeview** 48 **Freely** 43 **Freesat** 142 **Sky** 130 (131 Scotland) **Virgin** 139

BBC Parliament 232

8.00am NI Assembly: Justice Questions **8.45** Welsh FMQs **9.45** Select Committees **1.30pm** Live Scottish Parliament: General Questions **2.00** Live Scottish FMQs **2.30** Live Scottish Parliament **5.00** Select Committees **11.15** Scottish Parliament: General Questions **11.45** Scottish FMQs **12.15am** Scottish Parliament **2.45** NI Assembly **4.45** as 8am **5.30—6.15am** NI Assembly: Agriculture, Environment and Rural Affairs Questions

BBC Parliament **Freeview** 232 **Freely** 302 **Freesat** 201 **Sky** 504 **Virgin** 605

Great Mystery 50

8.10am Mystery 101: Words Can Kill **10.15** Mystery 101: Killer Timing **12.05pm** Unforgettable **1.00** In Plain Sight **2.00** Castle **3.00** Diagnosis Murder **4.00** Diagnosis Murder

5.00pm Murder, She Wrote Jessica comes to the aid of a friend's niece. **6.00** Jessica receives a parcel containing surveillance photos. **7.00 Castle** The author probes the death of a computer hacker.

8.00 Unforgettable The murder of a lawyer coincides with the parole of one of his former clients.

9.00 In Plain Sight A Latin American political activist seeks protection, but the arrangement turns sour.

10.00 Framed for Murder ★★ Wildly plotted thriller about a gymnast accused of killing her mother and stepdad. Mia Dinoto (2022)

11.55 Fixer Upper Mysteries: Concrete Evidence The bones of a teenage girl are uncovered at the site of a derelict lighthouse.

1.50am Lost and Found ★★ Thriller. Samaire Armstrong (2019) **3.20—4.50am Nowhere to Be Found** ★★ Intriguing thriller. Kate Drummond (2019)

Great Mystery **Freeview** 50 **Freely** 48 **Sky** 320 **Virgin** 425 **+1** **Sky** 321

Great Action 42

9.00am The Vietnam War **10.00** Railway Murders **11.00 Operation Cross Eagles** ★★ Richard Conte and his commando team must rescue a US officer from a Nazi fortress in this wartime adventure. (1968) **1.00** The High Chaparral **2.00** Burn Notice **4.00 Hidden Truth: Lies Will Surface** ★★ Thriller. Sarah Lind, Shawn Christian (2016)

6.00pm The Unit When Betsy Blane is taken hostage, Jonas leads a rescue team into Iraq.

7.00 Burn Notice Michael is tasked by the organisation he infiltrated to capture a drug smuggler.

8.00 The team tries to help a diplomat who has been poisoned.

9.00 The Predator ★★★ The alien hunter returns to Earth in search of human DNA in a brash, energetic reboot of the 1980s sci-fi action franchise. Boyd Holbrook (2018, 15)

11.15 The Unit As 6pm.

12.15am The Avengers **1.15** The Baron **2.15** The Persuaders! **3.15 Asteroid: Final Impact** ★★ Action drama. Mark Lutz, Anna Van Hooft (2015) **4.40** Coast Guard Alaska **5.25—5.50am** Air Rescue

Great Action **Freeview** 42 *(limited)* **Freely** 33 **Sky** 318 **Virgin** 426 **+1** **Sky** 319

Great Christmas 52

8.10am A Christmas to Cherish ★★ Hokey sequel to *A Gift for Christmas.* (2019) **10.05 Candy Cane Christmas** ★★ Light seasonal romance. (2020) **12.05pm Finding Santa** ★★ Cute romance. (2017) **2.00 Christmas at Holly Lodge** ★★ Romantic drama. Alison Sweeney (2017) **3.55 Two Turtle Doves** ★★ Appealing drama. (2019)

6.00pm A Very Yorkshire Christmas ★★ Quaint romance about an opera singer who stays in a B&B over Christmas. Rachel Shenton (2019)

8.00 Loving Christmas ★★ "Christmas Queen" Ashley meets her match when festive fan Ben arrives in town. Brittany Bristow, Olivier Renaud (2021)

10.00 Mistletoe over Manhattan ★★ Routine true-spirit-of-Christmas tale in which Santa tries to rekindle his faith in the season. Tricia Helfer (2011, U)

12 midnight Christmas Unwrapped ★★ Glossy romantic drama that riffs on *Miracle on 34th Street.* (2020) **2.00am Holiday Hotline** ★★ Romantic drama. (2023) **3.30—5.00am** As 2pm

Great Christmas **Freeview** 52 **Freely** 47 **Sky** 322 **Virgin** 424 **+1** **Freeview** 63 *(limited 10pm-5am)* **Sky** 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

WHAT DO YOU THINK about Radio Times?



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Sky Premiere

Available only to subscribers

6.45am As 2.30pm **8.30** As 8pm **10.55 The Moment** ★★★ Amusing mockumentary. **Review p26.** Charli XCX (2026, 15) **12.40pm Tow** ★★★ Rousing fact-based drama. Rose Byrne (2025, 15) **2.30 Hungry** ★★ Utterly ridiculous creature feature. Madison Davenport, Tracey Bonner (2026, 15) **4.05 Barrons Cove** ★★★ Intense psychological revenge thriller. Garrett Hedlund, Hamish Linklater (2024) **6.10pm Supergirl** ★★ The Man of Steel's slacker cousin embarks on an interstellar battle for justice and vengeance. Milly Alcock (2026, 12) **8.00 Better Man** ★★★★ Likeable and eccentric musical biopic of Robbie Williams in which the singer is played by a CG chimp. (2024 **10.25 The Crow** ★★★ A doomed romance results in violence in this retelling of James O'Barr's cult comic-book series. Bill Skarsgård (2024, 18) **12.25am 28 Years Later: The Bone Temple** ★★★★ Contemplative horror thriller. Ralph Fiennes, Jack O'Connell (2026, 18) **2.20** As 4.05pm **4.25—6.00am Rabbit Trap** ★★★ Atmospheric 70s-set horror. Dev Patel, Rosy McEwen (2026, 15)

Sky Premiere **Sky** 301 **Virgin** 401 **EE** 501/**HD** 515

Legend 41

8.00am Walker, Texas Ranger **9.00** The Dukes of Hazzard **10.00** Babylon 5 **11.00 Princess of Mars** ★★ Erratic mockbuster take on sci-fi thriller *John Carter*. Antonio Sabato Jr (2009) **1.00pm Flight to Tangier** ★ Incoherent chase movie. Joan Fontaine (1953, U) **2.45 Yangtse Incident** ★★★ Heroic, fact-based war drama. Richard Todd (1956, PG) **5.00** Star Trek **6.00pm The Dukes of Hazzard** Bo and Luke protect Boss Hogg when he is called as a witness. **7.00 Babylon 5** Garibaldi's deadly conspiracy escalates. **8.00 Walker, Texas Ranger** The hero goes under cover to bust a casino's money-laundering scheme. **9.00 The Client** ★★★★ Susan Sarandon plays a little-league lawyer in this Impressive adaptation of John Grisham's novel. **Review, right.** (1994, 15) **11.30 Night Hunter** ★★ Thriller that follows efforts to bring a murderer to justice. Henry Cavill, Ben Kingsley (2018, 15) **1.30am Hard Kill** ★★ Cheap thriller. Jesse Metcalfe (2020, 15) **3.20—5.00am American Siege** ★ Bargain-basement action flick. Bruce Willis (2021, 15)

Legend **Freeview** 41 **Freely** 38 **Freesat** 137 **Sky** 148 **Virgin** 149

Legend Xtra 69

9.00am Sinbad and the War of the Furies ★ Retro fantasy throwback. John Hennigan (2016, 12) **11.00** The Lost World **12 noon Bermuda Tentacles** ★ Sci-fi horror. Linda Hamilton (2014) **2.00pm Arctic Apocalypse** ★★ Confusing, low-budget disaster movie. Lauren Esposito (2019) **4.00** Walker, Texas Ranger **5.00 A Study in Terror** ★★★ Inventive mystery in which Sherlock Holmes is on the trail of Jack the Ripper. John Neville, Donald Houston (1965, 15) **7.00pm The Lost World** A woman's scream leads Malone into a trap. **8.00 The A-Team** The gang tracks down a general's daughter. **9.00 Beyond the Law** ★ Three men take justice into their own hands in this run-of-the mill revenge thriller. Steven Seagal, Johnny Messner (2019, 15) **10.50 Gold** ★★★ A chancer dreams of striking it rich in Indonesia but falls foul of Wall Street in this diverting adventure. Matthew McConaughey (2016, 15) **1.00am** As 9pm **3.00** As 5pm **5.00—6.00am** The Lost World

Legend Xtra **Freeview** 69 (HD only) **Freely** 51 **Freesat** 138 **Sky** 316 **Virgin** 171 **+1** **Freesat** 139 **Sky** 317

Film4 14

11.00am Destroyer ★★★ Edward G Robinson elevates this flag-waving war drama as an old sea dog who whips a young crew of US Navy men into shape. Glenn Ford (1943, U) (S) **1.05pm They Rode West** ★★★ Exciting western with Robert Francis as a cavalry medic who uses his skill to help the Kiowa tribe, to the disgust of the soldiers at his fort. (1954, U) (S) **2.45 Garden of Evil** ★★ Good-looking western. Gary Cooper, Susan Hayward, Richard Widmark (1954, PG) (S) **4.50 Anastasia** ★★★★ Gripping, period drama about a woman claiming to be the last survivor of Russia's royal family. Ingrid Bergman, Yul Brynner (1956, U) (S) (AD) **7.00pm Zathura: a Space Adventure** ★★★★ Two boys find a magical board game in this witty, retro-style fantasy adventure. Josh Hutcherson, Jonah Bobo (2005, PG) (S) (AD) **9.00** P **The Holdovers** ★★★★ Impeccably played festive comedy drama set in 1970. **Film of the Day: right.** Paul Giamatti, Da'Vine Joy Randolph, Dominic Sessa (2023, 15) (S) **11.40 The Integrity of Joseph Chambers** ★★★★ Intelligent drama about an insurance salesman who heads into the woods to prove himself to his family. **Review, right.** (2022, 15) (S) **1.30—3.35am Never Grow Old** ★★★ Undertaker Emile Hirsch gets a lot of work when outlaws take over his town in this western. (2019, 15) (S) (AD)

Film4 **Freeview** 14 **Freely** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **Freeview** 47 **Freely** 257 **Freesat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Sherlock Holmes The detective seeks a rational explanation for a family curse. (S) **6.30 Not So Dusty** ★★ Cheap and cheerful British comedy. Leslie Dwyer, Bill Owen (1955, U) (S) **8.10 Swamp Fire** ★★ Sprightly adventure. Johnny Weissmuller (1946, U) (S) **9.40 The Case of Charles Peace** ★★ Stodgy British crime yarn. Michael Martin-Harvey (1949, PG) (S) **11.20 The Traitor** ★★ Uninspiring tale of the hunt for a Second World War traitor. Donald Wolfit (1957, PG) (S) **1.00pm The Adventures of Sir Lancelot** The knight helps a rebellious Irish bard. (S) **1.30 The Duchess of Duke Street** Sir George arrives with his new wife. (S) **2.35 Our Girl Friday** ★★ One-joke comedy in which a pair of shipwrecked castaways compete over Joan Collins. (1953, U) (S) **4.15 Broken Blossoms** ★★ Menacing remake of DW Griffith's 1919 tale of doomed love. Dolly Haas (1936, PG) (S) **6.20pm Strange but True** Michael Aspel questions if the tomb of Tutankhamun was really cursed. (S) **6.55 The Brothers** Mary believes that Brian is being unfaithful. (S) **8.00 Mark Saber** A busy Saber turns a case over to his assistant. (S) **8.30 The Wheeltappers and Shunters Social Club** Featuring performances from Keeley Ford, the Settlers and Bert Weedon. (S) **9.20 The Blue Lamp** ★★★★ Crime classic that captures the atmosphere of postwar Britain. **Review, right.** Jack Warner (1949, PG) (S) **11.05 Lost Command** ★★ A superior cast elevates this so-so war drama, set during the struggle for Algerian independence. Anthony Quinn (1966, 15) (S) **1.40am The Proud and Profane** ★★ Overblown wartime melodrama. William Holden (1956) (S) **4.00 Burke's Law** A murder victim is revealed to have changed her will. **5.00—6.00am The Man from UNCLE** A Thrush operation uses a discotheque as a front. (S)

Talking Pictures TV **Freeview** 82 **Freely** 36 **Freesat** 306 **Sky** 324 **Virgin** 445

FILM REVIEWS



FILM OF THE DAY

P The Holdovers ★★★★ *9.00-11.40pm* ***Film4*** 15

PERIOD DRAMA Set at a New England boarding school in 1970, this curmudgeonly festive drama follows a crabby Classics professor (Paul Giamatti) as he reluctantly supervises the "holdovers" of the title — students forced to remain on campus over the Christmas holidays. Joining him and the morose Angus (Dominic Sessa) is the school's head cook Mary (Oscar winner Da'Vine Joy Randolph), who is grieving the loss of her son. Alexander Payne (*Sideways*) directs with droll, slow-burn humour, while David Hemingson's script conjures poignancy. **EMMA SIMMONDS** (US 2023, swearing, sexual references, drug abuse, nudity, HD)

The Westerner ★★★★

1.55-4.00pm ***5 Action*** U

WESTERN Director William Wyler brings all his skills to bear in this fine oater loosely based on the life of the notorious Judge Roy Bean. Lanky Gary Cooper stars as a drifter who is almost hanged for a crime he didn't commit by the judge, ferociously played by Walter Brennan, who won a third Oscar for his performance. **TONY SLOMAN** (US 1940, BW, HD)

The Lady Vanishes ★★★★★

8.00-9.30pm ***BBC Four*** U

See review, p47. (UK 1938, BW, HD)

The Belles of St Trinian's ★★★

9.00-11.00pm ***Great TV*** U

COMEDY The first and best film adaptation of Ronald Searle's cartoons about the tearaway schoolgirls sees them getting mixed up in a betting scam. Alastair Sim's Miss Fritton and George Cole's Flash Harry are memorable comic creations, but the real star is Joyce Grenfell as the delightfully dippy Sergeant Gates. **DAVID PARKINSON** (UK 1954, BW)

The Client ★★★★

9.00-11.30pm ***Legend*** 15

THRILLER In director Joel Schumacher's cracking take on the John Grisham novel, Susan Sarandon stars as the little-league lawyer who takes on the case of a boy (Brad Renfro) who has witnessed a Mob-related suicide. Tommy Lee Jones is perfect as the attorney determined to outwit Sarandon. **JOHN FERGUSON** (US 1994, violence, some swearing)

The Blue Lamp ★★★★

9.20-11.05pm ***Talking Pictures TV*** PG

CRIME DRAMA Basil Dearden's movie offered a realistic depiction of the austere times that pushed some people into crime. A pre-stardom Dirk Bogarde is outstanding as the petty crook whose confrontation with genial bobby Jack Warner produced one of the most memorable and shocking scenes in British film history. **DP** (UK 1949, BW)

Nacho Libre ★★★

10.00pm-12 midnight ***TLC*** 12

COMEDY The creators of *Napoleon Dynamite*, Jared and Jerusha Hess, team up with offbeat comedian Jack Black for another endearing slice of comic eccentricity. Ignacio (Black) is an orphan who has been raised by friars at a Mexican monastery, but leads a double life as the masked wrestler Nacho to raise cash for his peers. **ALAN JONES** (US/Ger 2006, violence, HD)

Platoon ★★★★★

10.10pm-12.05am ***BBC Four*** 15

See review, p47. (US 1986, violence, swearing, drug abuse)

Red 2 ★★★

10.45pm-12.35am ***ITV1*** *(starts 11.10pm STV, not in Border Scotland or UTV)* 12

ACTION COMEDY More globetrotting nonsense fuels this slightly better sequel to the 2010 film about OAP spies. This time, Bruce Willis calls on his ageing buddies to track down a nuclear device. The rapport between stars including Helen Mirren and John Malkovich remains a winning asset, while Lee Byung-hun makes a big impression as a contract killer. **AJ** (US 2013, violence, swearing, HD)

Florence Foster Jenkins ★★★★

11.05pm-12.50am ***BBC Two*** PG

COMEDY DRAMA Set in the 1940s, Stephen Frears's film tells the true story of a wealthy New Yorker who put her own singing voice centre stage despite having zero talent. Meryl Streep's Florence is endearingly daffy, and Hugh Grant excels as her adoring but adulterous husband. It's a film that celebrates doing something for the pure joy of it. **ES** (US/UK 2016, some swearing, HD)

The Integrity of Joseph Chambers ★★★★

11.40pm-1.30am ***Film4*** 15

DRAMA Decent but doltish salesman Joseph Chambers (Clayne Crawford) embarks on a solo hunting trip he's ill-prepared for in this doomy drama. Writer/director Robert Machoian gives us plenty of notice that something momentous is coming, but it's what happens next that makes his film so compelling and appalling. **DP** (US 2022, violence, swearing, sexual references, HD)

C'mon C'mon ★★★★

1.45-3.35am ***C4*** 15

COMEDY DRAMA Shot in moody monochrome, this is a tender and amusing tale of cross-generational bonding from writer/director Mike Mills (*20th Century Women*). Joaquin Phoenix plays a lonely radio producer who agrees to look after his precocious young nephew (Woody Norman) for his sister, and takes the boy on a working road trip canvassing young people about their hopes and fears. **KEVIN HARLEY** (US 2021, swearing, BW, HD)

◄ FILMS TO STREAM from p22

P Premiere ★ Poor ★★ Could be worse ★★★ Worth watching ★★★★ Very good ★★★★★ Outstanding **Star Ratings** ★★★★★

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THURSDAY SATELLITE, CABLE & SPORT

Sky One



The Paper *11.00pm* Nicole and Ned celebrate success

6.00am Mornings **8.00** Stargate SG-1 **10.00** NCIS: Los Angeles **11.00** The Simpsons **12 noon** Super Shark Highway **1.00pm** Hawaii Five-0 **3.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm Superstore *10/22 Series 3* Cheyenne accidentally agrees to be a surrogate for Glenn and his wife. **6.30** *11/22.* Amy butts heads with Cheyenne's ex-convict mum over planning a birthday party.

7.00 The Simpsons Homer is chosen to choreograph the Super Bowl half-time show. **7.30** Bart fakes his own kidnapping. With the guest voice of 50 Cent.

8.00 David Attenborough and the Giant Elephant Sir David Attenborough investigates the life of a famous Victorian elephant. (AD)

9.15 Micky Flanagan: Back in the Game The comedian performs to his home crowd at London's Hackney Empire in 2013, charming his audience with tales of middle age and a man's prerogative.

11.00 ***New.*** **The Paper** *7/10 Series 2* RT Ned and the staff cover a tornado watch, while Travis and Adelola take some risks. (AD) **11.30** ***New.*** *8/10.* Ned forms a secret team after being told he cannot cover a story. **See page 81.** (AD) **12 midnight** Gemma Collins: Everything. All at Once **12.40am** Grimm **1.35** Evil **2.30** Road Wars **3.00** Hawaii Five-0 **4.00—6.00am** S.W.A.T. (AD)

Sky One **Sky** 106 **Virgin** 109 **EE** 346/**HD** 361

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek: the Next Generation **1.00pm** Stargate Universe (AD) **2.00** Fantasy Island (AD) **4.00** Stargate SG-1 **5.00** Star Trek: the Next Generation

6.00pm Star Trek: Deep Space Nine *8/20 Series 1.* Dax is accused of committing murder during her previous incarnation as a diplomat.

7.00 Stargate Universe *6/20 Series 1.* The crew of the *Destiny* searches for a new supply of water on a dangerous planet. (AD)

8.00 Stargate SG-1 *1/20 Series 10* Adria is proclaimed the new leader of the Ori as their invasion continues to threaten the alliance fleet and the Jaffa planet Chulak.

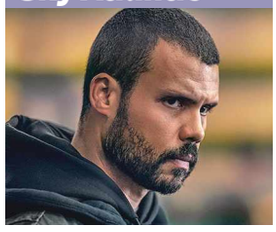
9.00 La Brea *4/10 Series 1.* The sight of a crashing plane spreads a wave of unexpected hope as Eve and the others search for its pilot. (AD)

10.00 Evil *9/13 Series 2.* Bishop Marx asks the team to investigate a UFO that was spotted by a pilot.

11.00 The Walking Dead *4/22 Series 10.* The outcast Lydia is badly treated by three Alexandrians. **12 midnight** Reginald the Vampire (AD) **1.00am** Fantasy Island (AD) **3.00** The Walking Dead **4.00** Reginald the Vampire **5.00—6.00am** Most Haunted: a haunted inn in West Yorkshire

Sky Sci-Fi **Sky** 145 **Virgin** 140 **EE** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic



Fightland *9.00pm* Scores to settle: Duke plots revenge

6.00am Urban Secrets **8.00** Billions (AD) **10.20** Deadwood **12.30pm** Gomorrah **1.35** Homicide: Life on the Street **3.45** Billions: double bill (AD)

6.05pm The White Lotus *8/8 Series 3.* On their last night at the resort, Laurie, Jaclyn, and Kate are forced to reckon with the changes in their decades-long friendship. (AD)

7.45 The Gilded Age *7/8 Series 3* Mrs Astor discusses the future of her Newport ball with Bertha, while after returning from Arizona, Larry shares a promising discovery. (AD)

9.00 Fightland *8/8.* A disgraced former boxing champion returns to London to seek vengeance against the crime family he thinks betrayed him. Starring Howard Charles. (AD)

10.00 Dune: Prophecy *5/6 Series 1* After receiving a tip, Desmond goes on the warpath to root out the insurgents, while Tula tries to keep her secret project from being discovered by the other Sisters. (AD)

11.05 It: Welcome to Derry *2/8* After joining Leroy at their new house in Derry, Charlotte is left with a strange feeling while running errands in town, and Will is teased on his first day of school. (AD)

12.15am Station Eleven **2.00** ***New series.*** War *1/8.* Drama starring Dominic West. **See review, page 90** Repeated tomorrow 9pm (AD) **3.05** Gomorrah **4.10—6.00am** Fish Town

Sky Atlantic **Sky** 108 (109 Wales) **EE** 342/**HD** 357 **Virgin** 111 **+1** **Sky** 208 (209 Wales)

Sky Witness

6.00am Sun, Sea and A&E **7.00** Border Patrol **8.00** Border Security: Canada's Front Line **9.00** Brit Cops: Rapid Response (AD) **10.00** Caught on Dashcam **11.00** Police 24/7 **12 noon** FBI (AD) **2.00pm** The Rookie (AD) **3.00** Blue Bloods **4.00** Nothing to Declare

6.00pm Nothing to Declare Four episodes of the fly-on-the-wall documentary accessing the world of security at Australia's airports.

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9.00 CIA *11/12.* When Colin learns his CIA mentor has disappeared, he enlists Bill and the rest of the team to help with the search.

10.00 The Equalizer *6/18 Series 3* After a teenage girl dies from fentanyl-laced pills, a vigilante goes on a killing spree and McCall becomes a suspect. (AD)

11.00 The Rookie *16/18 Series 7.* A familiar face returns hoping to prove himself, while an influencer gets his fans to come after Wesley. (AD)

12 midnight FBI (AD) **1.00am** ***New*** Chicago Med *15/21 Series 11.* Repeated tomorrow 8pm **2.00** ***New.*** Chicago Fire *15/21 Series 14.* Repeated tomorrow 9pm **3.00** ***New.*** Chicago PD *15/21 Series 13.* Repeated tomorrow 10pm **4.00** Motorway Patrol **5.00—6.00am** Brit Cops: Law & Disorder

Sky Witness **Sky** 107 **Virgin** 110 **EE** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 310

Sky Comedy



Maisie Adam: Appraisal *9.00pm* A home-town show

8.00am Will & Grace (AD) **9.00** Sort Of (AD) **10.00** The Comeback (AD) **10.45** I Love LA (AD) **11.20** Will & Grace (AD) **12.20pm** Hacks (AD) **1.40** The Comeback (AD) **2.25** I Love LA (AD) **3.00** Will & Grace (AD) **4.00** Breeders (AD) **5.00** Community

6.00pm Will & Grace *9/18 Series 11* Will and Grace decide to intervene when they discover Grace's niece is dating a bisexual man. (AD) **6.30** *10/18.* Marilyn goes behind Grace's back to fix her up with a beagle-breeding couple. (AD)

7.00 The Office US *24/26 Series 7* Dwight is promoted to manager. **7.30** *25/26.* Jim leads a committee to recruit the next manager.

8.00 Resident Alien *4/10 Series 1* Harry travels to the Ute reservation to help Asta's grandmother. (AD)

9.00 Maisie Adam: Appraisal The comedian assesses her career so far at Harrogate Theatre.

10.15 Last Week Tonight with John Oliver A satirical look at news and pop culture.

11.00 Hacks *7/9 Series 3.* Deborah braces for Kathy's appearance at her Christmas extravaganza. (AD) **11.40** *8/9.* A calendar mix-up finds Deborah double-booked. (AD)

12.20am Resident Alien (AD) **1.20** Breeders: two episodes (AD) **2.30** Hitmen (AD) **3.00** Community **4.00—5.00am** Sort Of (AD)

Sky Comedy **Sky** 113 (114 Wales) **Virgin** 112 **EE** 347/**HD** 362

Sky Crime

6.00am Stop, Search, Seize **7.00** The Force: Manchester **8.00** Send in the Dogs **9.00** Road Wars **10.00** Brit Cops: Law & Disorder (AD) **11.00** Caught on Dashcam **12 noon** Killer in My Village **1.00pm** Most Evil Killers **2.00** Catching the Killer (AD) **3.00** Most Evil Killers (AD) **4.00** Murdered at First Sight (AD) **5.00** Most Evil Killers **6.00** Killing Mum and Dad (AD) **7.00** Most Evil Killers **8.00** Catching the Killer (AD) **10.00** Killing Mum and Dad (AD) **11.00** Most Evil Killers **12 midnight** Killer in My Village **1.00am** How I Caught the Killer (AD) **2.00** Real Manhunter (AD) **3.00** The Force: North East **4.00** Brit Cops: Law & Disorder **5.00—6.00am** Motorway Patrol

Sky Crime **Sky** 121 (122 Scotland) **Virgin** 122 **EE** 349/**HD** 364 **+1** **Sky** 221 (222 Scotland) **Virgin** 322

Crime+Investigation

6.00am The First 48 **7.00** Homicide Hunter **9.00** Homicide Squad: New Orleans **10.00** My Strange Arrest **10.30** Court Cam **11.00** Crimes That Shook Britain **2.00pm** Accident, Suicide or Murder? **3.00** Staged: Deadly Deception **6.00** Homicide Hunter **7.00** The First 48 **8.00** Accident, Suicide or Murder? **9.00** ***New.*** After the First 48: a woman's body is found in the boot of her car **10.00** Crime in Progress **11.00** Squatters **11.30** Squatters **12 midnight** Britain's Darkest Taboos **1.00am** The Real Murders of Los Angeles **2.00** On the Case with Paula Zahn **3.00** Staged: Deadly Deception **5.00—6.00am** Accident, Suicide or Murder?

Crime+Investigation **Sky** 139 (140 Scot) **Virgin** 133 **+1** **Sky** 256 **Virgin** 333

U&Gold



Dad's Army *7.20pm* Captain Mainwaring has a problem

7.05am dinnerladies (AD) **7.45** The Good Life (AD) **8.20** Still Open All Hours **9.00** The Green Green Grass **9.40** Are You Being Served? **10.20** Last of the Summer Wine **11.35** The Good Life (AD) **12.15pm** Still Open All Hours **12.55** The Vicar of Dibley (AD) **1.50** Dad's Army **2.30** The Green Green Grass **3.10** Are You Being Served? **3.50** The Good Life (AD) **4.30** Dad's Army **5.10** Last of the Summer Wine

6.30pm The Vicar of Dibley Geraldine receives a proposal from an unexpected source. (AD)

7.20 Dad's Army The platoon guards the bank's money.

8.00 The Vicar of Dibley Alice and Hugo's baby is christened. (AD)

8.55 dinnerladies Philippa has a bright idea for raising spirits. (AD)

9.30 The Royle Family The family gathers for Sunday lunch. (AD)

10.10 Not Going Out Lee grows suspicious of Guy's motives.

10.50 The Fast Show Featuring words of wisdom from soccer pundit Ron Manager. (AD)

11.30 The Office The staff celebrate Red Nose Day. (AD) **12.10am** David Brent shares his management philosophy. (AD) **12.50** The Royle Family (AD) **1.30** Not Going Out **2.20** The Fast Show (AD) **2.50** dinnerladies (AD) **3.20—4.00am** The Royle Family (AD)

U&Gold **Sky** 110 (111 Wales) **Virgin** 124 **EE** 344/**HD** 359 **+1** **Sky** 210 (211 Wales) **Virgin** 324

Comedy Central

8.00am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina the Teenage Witch **1.00pm** Friends (AD) **6.00pm** Friends: six episodes. Phoebe finds a stray cat (AD) **6.30** Chandler dates Rachel's boss (AD) **7.00** Joey makes a deal with the caretaker (AD) **7.30** Phoebe tries to catch a cold (AD) **8.00** Chandler gets to know Kathy (AD) **8.30** Chandler is racked with guilt (AD) **9.00** Kevin Bridges: a Whole Different Story **10.00** ***New.*** South Park **10.30** South Park **1.30am** Whose Line Is It Anyway? USA **3.00** The Pep Talk **3.05** Michael McIntyre: Showtime **3.50** ***New.*** The Daily Show **4.15—5.00am** Friends (AD)

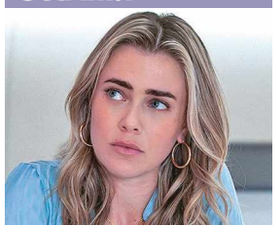
Comedy Central **Sky** 112 (113 Wales) **Virgin** 132 **EE** 345/**HD** 360 **+1** **Sky** 212 (213 Wales) **Virgin** 332

Discovery Science

8.00am How the Universe Works **11.00** Incredible Engineering Blunders: Fixed **12 noon** Alien Highway **1.00pm** Cooper's Treasure **3.00** How the Universe Works **6.00** How It's Made: eleven editions. Thermal coffee pots **6.30** The development of slate tiles **7.00** Racing leathers **7.30** Mountain bikes **8.00** Saunas and wheelchair lifts **8.30** Upright pianos **9.00** The production of Asian bowls **9.30** Plant oil extractors **10.00** Cast-iron cookers **10.30** The making of ochre **11.00** How Do They Do It? **1.00am** How the Universe Works: three editions **4.00—6.00am** Secrets Underground: double bill (AD)

Discovery Science **Sky** 167 **Virgin** 179 **+1** **Sky** 267 **Virgin** 379

U&Alibi



The Hunting Party *9.00pm* A case of impersonation?

7.10am Murdoch Mysteries **9.00** Father Brown (AD) **10.00** The Coroner (AD) **11.00** The Doctor Blake Mysteries **12 noon** Miss Fisher's Murder Mysteries **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** The Doctor Blake Mysteries

5.00pm Miss Fisher's Murder Mysteries *5/13 Series 1.* Phryne faces alchemy and poison when a man's body is found in a bookshop..

6.00pm The Coroner *4/10 Series 1.* A businessman is slain by a sniper.

7.00 Private Eyes *7/8 Series 5* Shade and Angie are attacked by a hi-tech house while investigating whether it has developed a mind of its own for its freaked-out owner.

8.00 Death in Paradise *5/8 Series 12.* A former resident of a children's home meets a grisly end while revisiting the establishment to deliver a speech. (AD)

9.00 ***New.*** **The Hunting Party** RT *10/13 Series 2.* Serial killer Byron May is back on the streets and questions are raised about a wrongful conviction. **See p81.** (AD)

10.00 Father Brown *2/10 Series 12* Rehearsals for a play are derailed by a dramatic death. (AD)

11.00 Private Eyes As 7pm. **12 midnight** Death in Paradise (AD) **1.00am** CSI: Vegas (AD) **1.55—4.00am** Murdoch Mysteries

U&Alibi **Sky** 109 (110 Wales) **Virgin HD** 114 **EE** 343/**HD** 358 **+1** **Sky** 209 (210 Wales) **Virgin** 314

Discovery

6.00am Deadliest Catch **8.00** Treehouse Masters **9.00** America's Backyard Gold **11.00** Building off the Grid **1.00pm** Animal Cops Houston **3.00** Buying the Rockies **4.30** How Do They Do It? **5.00** Undercover Billionaire **6.00pm** Undercover Billionaire **7.00** Wheeler Dealers (AD) **9.00** ***New.*** Naked and Afraid: Shipwrecked: fire engulfs Patrick's shelter and a screaming match erupts **11.00** In the Eye of the Storm: Chasers: a massive tornado hits an occupied farmhouse in South Dakota **12 midnight** Deadliest Catch: Sig seeks a Bairdi hotspot (AD) **1.00am** Naked and Afraid: Shipwrecked **3.00—5.00am** Alaska: Homestead Rescue (AD)

Discovery **Sky** 125 (126 Scotland) **Virgin** 177 **EE** 320/**HD** 325 **+1** **Sky** 225 (226 Scotland) **Virgin** 377

Discovery History

7.00am Expedition Unknown **8.00** Combat Dealers **9.00** Blowing Up History **11.00** Salvage Hunters **1.00pm** How the Universe Works **2.00** Alien Highway **3.00** Expedition Unknown **4.00** Expedition X **5.00** Mysteries at the Museum **7.00** How the Universe Works **8.00** Expedition Unknown: the buried secrets of three elusive women in ancient Egypt **9.00** Ancient Unexplained Files: the secrets behind mysterious red skulls found in a 500-year-old grave **10.00** How Do They Do It? **11.00** Combat Dealers **12 midnight** How the Universe Works **1.00am** Mysteries at the Museum **3.00** Expedition X **4.00—5.00am** Expedition Unknown

Discovery History **Sky** 161 (172 NI) **Virgin** 181 **+1** **Sky** 261 (272 NI) **Virgin** 381

All programmes on the above channels are repeats unless otherwise stated

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Sky Documentaries



The History of Black Television *7.00pm*

6.00am Breath of Fire (AD) **7.00** Discovering: Walter Matthau (AD) **8.00** The Directors (AD) **9.00** The Eighties (AD) **9.55** The Comedy Store (AD) **11.00** Spector (AD) **12 noon** Rainbow Warrior **2.00pm** The United Way (AD) **3.50** My Icon: Chris Hughton (AD) **4.00** The Directors: the work of John Singleton, whose came to prominence with *Boyz n the Hood* (AD) **5.00** Discovering: Walter Matthau: film experts reflect on the life and career of the actor (AD)

5.55pm The Comedy Store The massive podcast stardom of Joe Rogan and pals like Marc Maron and Whitney Cummings puts the Store back on top. (AD)

7.00 Seen and Heard: the History of Black Television Exploring African-American representation in Hollywood and TV, showcasing the creators and artists who shaped it. (AD)

8.30 Black creators discuss taking ownership of the narrative while highlighting the need for opportunities at every level. (AD)

10.20 Bruno v Tyson The story of the boxing rivalry between Frank Bruno and Mike Tyson, spanning two fights marred by politics and volatile race relations, with the old foes coming together for a reunion. (AD)

12.10am Ibiza Narcos **3.00** Schmeichel (AD) **5.00—6.00am** Discovering: Walter Matthau (AD)

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Air Crash Investigation (AD) **10.00** Planes that Changed History (AD) **11.00** Car SOS (AD) **12 noon** Inside Melbourne Airport (AD) **1.00pm** Air Crash Investigation **2.00** Hitler's Last Stand **3.00** Drain the Sunken Pirate City **4.00** Lost Treasures of Egypt **5.00** Ice Road Rescue **6.00** Hitler's Last Stand **7.00** Air Crash Investigation: the 2001 Linate airport disaster in Milan (AD) **9.00** Inside Melbourne Airport (AD) **10.00** ***New.*** Contraband Capture **11.00** Air Crash Investigation (AD) **12 midnight** Yukon Rescue **1.00am** Alaska: the Next Generation **2.00** Made in a Day (AD) **2.30** Lords of War **3.20** Food Factory **4.10—5.00am** Trials of the Wild

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Forged with Steele **6.30** American Pickers **7.25** Pawn Stars **10.10** Storage Wars **12 noon** Greatest Escapes of WWII **1.00pm** Alone **2.00** Pawn Stars

6.00pm American Pickers **7.00** Forged in Fire: the competitors forge a blade utilising metal sourced from household items **8.00** ***New.*** Outback Wreckers: Tim Matteson hits a closing-down parts warehouse in Victoria's Goldfields **9.00** Alone **10.00** Flipping Bangers: Will, Gus and the team renovate a Ford Orion

12 midnight Strange Evidence **12.55am** Outback Wreckers **1.50** Alone **2.50** Flipping Bangers **3.40** American Pickers **4.25—6.00am** Storage Wars

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



The Ocean's Greatest Feast *8.00pm* Dolphins

6.00am Africa's Wild Horizons **7.00** Monkey Life **8.00** Great Blue Wild **9.00** Hope for Wildlife (AD) **10.00** Extreme Africa **11.00** Mysteries of the Mekong **12 noon** World's Most Toxic Animals (AD) **1.00pm** Monkey Life **2.00** Great Blue Wild **3.00** Hope for Wildlife (AD) **4.00** Extreme Africa **5.00** Mysteries of the Mekong

6.00pm World's Most Toxic Animals A look at some of the most deadly animals on the planet. (AD)

7.00 Monkey Life Cameras follow the daily life at Monkey World Ape Rescue Centre in Dorset. **7.30** Staff at Monkey World take care of the chimps and other primates.

8.00 The Ocean's Greatest Feast The sardine run along the east coast of South Africa, as the fish navigate the ocean and avoid predators.

9.00 High as an Animal The substances animals use to put them in altered states of consciousness.

10.00 World's Most Toxic Animals As 6pm.

11.00 Mysteries of the Mekong The rugged landscape marked with caves between the Mekong and the Annamite mountains.

12 midnight Nomads of the Serengeti: Mount Kilimanjaro (AD) **1.00am** Africa's Wild Horizons **2.00** ***New series.*** Wildlife ER **3.00** High as an Animal **4.00** Great Blue Wild **5.00—6.00am** Hope for Wildlife (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am America's Mighty Northwest **9.00** Secrets of the Zoo **10.00** Close Encounters of the Wild Kind **11.00** Africa's Deadliest **12 noon** The Incredible Dr Pol **1.00pm** World's Greatest Train Journeys from Above (AD) **2.00** Jane Goodall: the Hope **4.00** Secrets of the Zoo **5.00** Yukon Vet: two episodes. Michelle Oakley goes in search of a wild boar **7.00 FILM** Jane ★★★★ Biographical documentary about the primatologist Jane Goodall, who also narrates this film **9.00** Chimp School **10.00** When Sharks Attack **11.00** Northwoods Survival

12 midnight Savage Kingdom **1.00am** Snakes in the City **2.00** The Incredible Dr Pol **3.00** Yukon Vet **4.00—5.00am** Life below Zero: First Alaskans

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell (AD) **9.00** Bad Dog! **10.00** Tanked **11.00** Animal Cops Phoenix (AD) **1.00pm** Crikey! It's the Irwins **2.00** Pit Bulls and Parolees **3.00** The Zoo: San Diego **5.00** Lone Star Law

6.00pm Dr Jeff: Rocky Mountain Vet **7.00** Treehouse Masters: Pete Nelson builds a treehouse for the children of injured Marines **8.00** Richard E Grant's Seven Deadly Sins **9.00** Alaska: the Last Frontier **10.00** Alaskan Bush People **11.00** In Search of Monsters

12 midnight Crikey! It's the Irwins **1.00am** Preposterous Pets **2.00** Treehouse Masters **3.00—5.00am** Animal Cops Phoenix (AD)

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

6.00am LIVE Tennis Continued coverage from the WTA and ATP tours. **12 noon LIVE European Tour Golf** Coverage from day one of the Alfred Dunhill Links Championship. **5.00pm LIVE PGA Tour Golf** Day one of the Bank of Utah Championship from Black Desert Resort in Utah. **7.00 LIVE Darts** Day four of the World Grand Prix at Leicester Arena. **11.00** Sky Sports News **12 midnight—5.15am LIVE NFL** Coverage of Cleveland Browns v Pittsburgh Steelers from Huntington Bank Field (kick-off **1.15am**).

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup (AD) **8.45** EFL Greatest Games (AD) **9.00** SPFL Greatest Games **9.30** EFL Greatest Games (AD) **10.00** Championship Season Review (AD) **11.00** SPFL Greatest Games **11.30** EFL Greatest Games (AD)

12 noon League Cup Highlights **12.30pm** German Football **1.30** Scottish Football Round-Up **1.45** Championship Highlights **2.00** The World Football Show **3.00** Championship Highlights **4.45** Scottish Football Round-Up **5.00** League One Goals **5.30** League Two Goals **6.00** League Cup Highlights **6.30** German Football **7.30** Women's Super League Football **8.00** Championship Highlights **10.15** Scottish Football Round-Up **10.30** Best Moments from the Championship Play-Off Final (AD) **11.00** League One Goals **11.30** League Two Goals

12 midnight Classic Play-Offs (AD) **3.00am** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** League Cup Highlights (AD) **5.00** League Cup Best Goals (AD) **5.30—6.00am** EFL Trophy Football (AD)

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am LIVE Tennis Continued coverage from the WTA and/or ATP Tours, including the ATP Japan Open, ATP China Open and WTA China Open. **12 noon** Day two of the WTA China Open and the ATP China Open, both hard-court tournaments staged at National Tennis Centre in Beijing. **4.00pm LIVE PGA Tour Golf** Day one of the Bank of Utah Championship, with coverage of the featured groups from Black Desert Resort in Utah. **7.00 LIVE Darts** Day four of the World Grand Prix from Leicester Arena, featuring second-round matches, played over the best of five sets. **11.00** Sky Sports News **12 midnight** Super League (AD) **2.50am** My Icon: Michael Holding (AD) **3.00 LIVE ATP Tennis** Day three from the Japan Open in Tokyo. **4.00—6.00am LIVE Tennis** Including the ATP Japan Open, ATP China Open and WTA China Open. Coverage continues until 12 noon.

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am PGA Tour Champions **7.00** Presidents Cup Golf **8.00** European Tour Golf **8.30** PGA Tour: the Cut **9.00** Challenge Tour Golf Highlights **9.30** PGA Tour Champions **10.30** Presidents Cup Golf **11.30** European Tour Golf

12 noon LIVE European Tour Golf Day one of the Alfred Dunhill Links Championship, which takes place on three courses in Fife and Angus. **5.00pm LIVE PGA Tour Golf** Day one of the Bank of Utah Championship. **1.00am LIVE LPGA Tour Golf** Day one of the Lotte Championship in Hawaii, where South Korea's Hwang You-min was victorious last year. **4.00** European Tour Golf **5.00—6.00am** Nick Dougherty's Tee Time Tips (AD)



PGA Tour *5.00pm Sky Golf*

America's Michael Brennan triumphed in Utah last year

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Premier League Greatest Games (AD) **7.00** Premier League Best Goals (AD) **8.00** Premier League Legends (AD) **8.30** Premier League 100 Club (AD) **9.00** Premier League Review **10.00** Sky Sports FC **12 noon** Premier League Highlights **4.30pm** Netbusters **5.00** The Premier League Show **7.00** The Big Interview **7.30** Premier League Stories **8.00** Premier League Review **9.00** Gary Neville's Soccerbox **10.00** Netbusters **10.30** The Big Interview **11.00** Premier League Years **1.00am** Premier League Retro **3.00** Premier League Greatest Games (AD) **4.00** Premier League Best Goals (AD) **5.00** Premier League Legends (AD) **5.30—6.00am** Premier League 100 Club (AD)

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am International One-Day Cricket Highlights **7.00** Women's T20 World Cup Cricket Highlights (AD) **7.30** International T20 Cricket Highlights (AD) **10.00** Test Cricket: England v India **3.00pm** International One-Day Cricket Highlights **6.00** Test Cricket **11.00** Women's Big Bash League Highlights **1.00am** International One-Day Cricket Highlights **2.00** Cricket: the Hundred **5.30—6.00am** The Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am NFL Highlights **10.00** Kansas City Chiefs: the Franchise **10.30** NFL Bitesize **11.00** NFL Highlights

12 noon NFL Bitesize **1.00pm** Good Morning Football **3.00** NFL Bitesize **4.00** NFL Highlights **6.00** Pro-Football Talk: with Mike Florio and Chris Simms **8.00** NFL Gameday **8.45** NFL Bitesize **9.00** NFL Highlights **10.00** NFL Fantasy **11.00** Chris Simms Unbuttoned

12 midnight LIVE NFL Cleveland Browns v Pittsburgh Steelers at Huntington Bank Field (k-o **1.15am**). **5.15—6.00am** NFL Bitesize

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

6.00am—4.00pm LIVE Tennis Continued coverage from the WTA and/or ATP Tours, including the ATP Japan Open and WTA China Open. **12 noon** Coverage from day two of the WTA China Open and the ATP China Open, both of which are hard-court tournaments staged at National Tennis Centre in Beijing. **3.00am LIVE ATP Tennis** Day three of the Japan Open, a hard-court event at Ariake Coliseum in Tokyo. **4.00—6.00 LIVE Tennis** Action from the latest events on the WTA and ATP Tours, including the ATP Japan Open, the ATP China Open and the WTA China Open. Coverage continues until 12 noon.

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am International One-Day Cricket Highlights: India v West Indies (AD) **7.00 LIVE Snooker** The fourth round of the Shenzhen Open. **10.00 LIVE AFLW** Carlton Blues v Hawthorn Hawks (bounce-up **10.15**). **12 noon** World Rally (AD) **12.30pm LIVE Snooker** Coverage of the second session in the fourth round of the Shenzhen Open. **3.30** Pool **5.00** SailGP **5.30** TNT Sports Cricket Reload **6.00** Premier League: the Big Interview **6.30** Prem Rugby Union: the Wrap Up **6.45** The Gruppetto **7.00** Speedway Highlights: from Torun, Poland **8.00** World Superbikes Highlights (AD) **9.00** UFC Breakdown **9.30** UFC Fight Flashback (AD) **10.00 LIVE Major League Baseball** MLB Postseason action. **1.30am** TNT Sports Reload (AD) **2.00 LIVE Major League Baseball** Further MLB Postseason action. **5.30—6.00am** MLB Plays of the Week: action from recent matches (AD)

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

6.00am Trail Running **6.30** World Rally: highlights from the Rally Italy (AD) **7.00 LIVE Snooker** The fourth round of the Shenzhen Open. **10.00** Prem Rugby Union: the Wrap Up **10.15** The Gruppetto **10.30** TNT Sports Reload (AD) **11.00** World Rally Highlights (AD) **11.30** International One-Day Cricket Highlights (AD) **12.30pm LIVE Snooker** The fourth round from the Shenzhen Open. **3.30** Premier League Stories **4.30** Laver Cup Tennis **6.30** MLB Plays of the Week (AD) **7.00** MLB Highlights **8.00 LIVE Major League Baseball** MLB Postseason action. **11.30** UFC Breakdown **12 midnight** UFC Countdown **1.00am LIVE MotoGP** The Grand Prix of Japan first free practice session. Coverage from the 16th round of the season in Motegi. **3.45** UFC Countdown **4.45—5.15am** UFC Breakdown

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am Laver Cup Tennis **8.00** Motor Racing Highlights (AD) **9.00** World Superbikes Highlights (AD) **10.00** Speedway Highlights **11.00** Pool **12.30pm** World Superbikes Rewind **12.45** TNT Sports Reload (AD) **1.00** MLB Highlights **2.00** MLB Plays of the Week (AD) **2.30** World Rally (AD) **3.00 LIVE World Rally** Coverage from the Rally Italia Sardegna. **5.00** Motor Racing Highlights (AD) **6.00** World Superbikes Rewind **6.15** TNT Sports Reload (AD) **6.30** Fishing (AD) **7.30** Trail Running **8.00** International One-Day Cricket (AD) **9.00** SailGP **9.30** Snooker **11.30** Pool **1.00am LIVE Major League Baseball** MLB Postseason action. **4.30** Formula E Unplugged **5.00—6.00am** Formula E: Driver

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

6.00am Italian Football (AD) **12 noon** Europa League Football **1.00pm** Champions League Football **9.30** Champions League Magazine **10.00** Premier League: the Big Interview **10.30** Premier League Stories: an interview with former Manchester City manager Roberto Mancini **11.30** UFC Countdown **12.30am** NWSL Football **2.30** Premier League: the Big Interview **3.00** Snooker **5.00—6.00am** International One-Day Cricket (AD)

FRIDAY



DRAMA

War

9.00pm (also 2.00am early Friday) ***Sky Atlantic*** *Catch up via Now*

NEW SERIES

Dominic West and Sienna Miller lead this classy, compelling and unabashedly entertaining legal drama from George Kay, the writer of ITV's *The Long Shadow* and Apple TV's *Hijack*. The humanity of the former is combined the latter's gloss and tension to make this a bona-fide must-see British legal show (the second in a month following the debut of BBC One's *The Split Up*; insert your own "like buses" quip here).

Tech titan Morgan Henderson (West) and his film-star wife Carla Duval (Miller) are getting divorced. They have each enlisted arch-rival law firms: in one corner is Cathcart & Sons (Nina Sosanya and a deliciously vicious Pip Torrens) and in the other, Taylor & Byrne (James McArdle and Phoebe Fox).

In the middle is ambitious young lawyer Johnny Warren (Archie Renaux) whose aspirations, or perhaps desperation, makes his loyalty subject to transaction. Soon, he is pulled into a cutthroat world of smiling assassins where every conversation feels like a chess move and souls are sold by the billable hour.

Full of swagger, jeopardy and wit, *War* is more than a legal drama. It's also a slick and soapy examination of power. GARETH McLEAN

DRAMA

Sister Boniface Mysteries

2pm ***BBC One*** *Full series on iPlayer*

The set-ups in each episode are never subtle and, in this cricket-themed mystery, the person marked for death can be spotted from the boundary. He's arrogant star player Humphrey, a man more oleaginous than a vat of linseed oil, who undermines the coach and ensures his younger teammate Andy is out. Cricket fans will also work out that Humphrey isn't long for this world when he scores "a Nelson" – a tally of 111 runs seen as unlucky. Luckily, when we're talking catches (of killers not balls), Sister B has an enviable track record. **DAVID BROWN**

SOAP

Emmerdale

8.00pm ***ITV1*** *Catch up via ITVX*

Grief for the late Dawn Fletcher casts a dark shadow. Joe Tate is deeply troubled by the presence of his newborn son, a painful reminder of everything the family have lost. After he made the decision to put the youngster up for adoption, Joe's father figure Graham Foster threatened to leave the village for ever. Kim Tate has been haunted by memories of abandoning her own child 27 years ago. She's blissfully unaware that her resentful daughter is working at Hotten Police Station and keeping a watchful eye over Home Farm. With Joe downing the whisky and Kim crumbling, will her long-buried secret come to light? **MICHAEL ADAMS**

PROPERTY

George Clarke's Amazing Spaces: First Home

8pm ***C4*** *Catch up via C4 streaming*

Chortling. Guffawing. Chuckling. Never has a property show been filled with so much laughter, almost to the point of overcompensation given the gravity of the housing crisis to which it offers solutions. But then, the only apt response to some of the properties tonight is amused amazement: a house built in a skip; a Pomeranian-themed micro home; a lorry repurposed into a studio flat.

George Clarke and Will Hardie are looking to the Low Countries for fresh ideas, finding much to admire in the Dutch use of "blue space" – or building on water. An encouraging instance of how, with a modicum of funds and a surfeit of creativity, all is not entirely lost for Britain's young house-hunters. **GABRIEL TATE**

SOAP

Coronation Street

*8.30pm **ITV1** Catch up via ITVX*

The walls are closing in on one resident as Eva Price's attacker is finally revealed. Debbie Webster found the Rovers landlady unconscious at the bottom of the cellar staircase. Despite the finger initially being pointed at Debbie's wayward son Carl, the police have found no evidence to connect him to the case. When the truth is finally revealed, one family are broken by their loved ones' actions, and quickly realise that life may never be the same again. Who is responsible, and why did they cruelly target Eva? **MA**

DRAMA

Play for Today: Village Idiot

*9pm **5** Catch up via 5 streaming*

A madcap David and Goliath story, with the underdog being Barbara (Phyllis Logan), who's chained herself to her home in protest at high-speed train developers intent on bulldozing it. Caught in the middle is Peter (Max Harwood), the company's callow liaison – and Barbara's grandson. Their stand-off brings the familiar battle between progress and preservation, and economic value and emotional attachment, into focus. But Peter's homecoming also stirs long-buried questions about his identity and sexuality, brought into sharp relief by a reunion with an old friend (Angus Imrie). **DB**



HORROR AHEAD Hollywood star Elisabeth Sparkle (Demi Moore)

FILM

P The Substance 18 ★★★★

*10.00pm **BBC Two** Catch up via iPlayer*

You wouldn't expect a gruesome body-horror flick to be up for major Oscars but Coralie Fargeat's unsettling 2024 satire about a revolutionary anti-ageing treatment bucked the trend with nods for best film, director, screenplay and actress Demi Moore (the first in her 40-year career).

Ultimately, the film earned only one Academy Award for make-up/hair, surely a reward for Fargeat's desire to use practical effects instead of opting for purely digital methods, hence Moore sitting for seven hours to be turned into a creature affectionately called "Gollum". Prosthetics and make-up designer Pierre-Olivier Persin recalls the director saying: "Go for it, don't be shy!" and the climactic use of 30,000 gallons of fake blood proved they really did. JEREMY ASPINALL *Film reviews: page 97*

PANEL SHOW

Have I Got News for You

*9.30pm **BBC One** Catch up via iPlayer*

In these turbulent times, it can be reassuring to know that some things stay more or less the same. In that spirit, Ian Hislop and Paul Merton return to poke satirical fun at and be wryly astonished by the latest developments in the UK and further afield for a remarkable 72nd series. Our host too is an old hand, with Richard Ayoade taking the hot seat for the 15th time, while Gyles Brandreth will not only be one of the panellists (his first appearance came way back in 1999), but almost certainly the person in the studio wearing the most notable knitwear.

Expect the financial shenanigans surrounding Reform to be subjected to scrutiny, alongside the early weeks of Andy Burnham's premiership, the ongoing debate over AI and the latest unhinged statements emitting from the White House. **GT**



SATIRICAL DUO Paul Merton and Ian Hislop

MUSIC

Pet Shop Boys Night

*from 9.05pm **BBC Four***
Catch up via iPlayer

This celebration of imperial pop duo Neil Tennant and Chris Lowe kicks off with *Pet Shop Boys at the BBC*, a hit-packed archive trawl including collaborations with idols David Bowie, Liza Minnelli and Dusty Springfield. That's followed by a highly enjoyable 2023 *Reel Stories* in which they sit down with Dermot O'Leary to watch some clips from their illustrious career. The evening concludes with their triumphant and typically flamboyant 2024 headlining show for Radio 2 in the Park, which was part of their hugely successful *Dreamworld: the Greatest Hits Live* tour. Pet Shop Boys don't write mere pop songs, they write elegiac and Hi-NRG national anthems. **PAUL WHITELAW**



ALSO ON TODAY

The Graham Norton Show

*10.40pm **BBC One***

Tonight's guests include *Kill Jackie* star Catherine Zeta-Jones (above), Sylvester Stallone and Andrew Garfield. *See page 22*

The Celebrity Traitors

*8.00pm **BBC One***

In the second edition, emotions at the castle run high during the first Round Table. *Uncloaked* follows at 9pm. *See pages 4 and 14*

Live from the Lycett Arms *10.00pm **C4***

A frothy mix of comedy, celebrity chat and chaos presided over by Joe Lycett.

LIVE SPORT

Football: Nations League

Slovakia v Northern Ireland
*7.30pm (k/o 7.45pm) **BBC Two***
From Trnava.

Prem Rugby Union

Bath Rugby v Exeter Chiefs
*7pm (k/o 7.45pm) **TNT Sports 1***

Formula One: Bahrain Grand Prix

*8.45am **Sky Sports F1**, 9.00am **Sky Sports Main Event***
Second practice session.

Golf: Alfred Dunhill Links Championship

*12 noon **Sky Sports Main Event/Golf***

SPORT HIGHLIGHTS
PAGE 29

FILM REVIEWS
PAGE 97

FRIDAY MAIN CHANNELS

DAYTIME

BBC One

6.00am Breakfast With Naga Munchetty and Charlie Stayt. (S) (HD)
9.30 Morning Live Weekday magazine show with a mixture of topical discussion and advice. (S) (HD)
10.45 Rip-Off Britain The British tourists who were conned out of thousands of pounds when scammers struck during a spot of holiday shopping. (S) (HD)
11.15 Homes under the Hammer In East Sussex, Staffordshire and the West Midlands. (R) (S) (HD)
12.15pm Bargain Hunt A mother-and-daughter duo and a father-and-son team scour an antiques fair in Southwell, Nottinghamshire for bargains. (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
2.00 Sister Boniface Mysteries *6/8 Series 3.* Great Slaughter Cricket Club's arrogant star player is murdered. A box set is on iPlayer. **See page 90.**
First shown on U&Drama (S) (AD) (HD)
2.45 Escape to the Country Helping a couple fulfil their forest school dream in Oxfordshire. (R) (S) (HD)
3.45 Garden Rescue Charlie Dimmock returns to a rural plot in Powys to see how it has fared. (R) (S) (HD)
4.30—5.15 Antiques Road Trip Concluding their trip in Luton, Margie Cooper and Ishy Khan swap antiques for elaborate costumes and dancing. (S) (AD) (HD)

BBC Two

6.30am Garden Rescue Makeovers in Cheltenham, Nailsea in Somerset, and Luton. Shown Wed 3.45pm BBC One (S) (HD)
7.15 Antiques Road Trip Margie Cooper and Ishy Khan arrive in Essex. Shown Thu 4.30pm BBC One (S) (AD) (HD)
8.00—9.00 Sign Zone **8.00 Mastermind** Subjects include Bruce Springsteen and Cyrille Regis. (R) (S) (HD)
8.30 Including questions on George Frideric Handel, the films of Christopher Nolan, and military leader Hannibal. (R) (S) (HD)
9.00 BBC News (S) (HD)
12.30pm Political Thinking with Nick Robinson The broadcaster interviews leading political figures. A podcast version is available on BBC Sounds from today (S) (HD)
1.00 Unbeatable Hosted by Jason Manford. (R) (S) (HD)
1.30 Politics Live Political commentators look at the latest stories from Westminster and beyond. (S) (HD)
2.30 The Boss Quiz with Susan Calman. (R) (S) (HD)
3.15—4.15 The Great British Sewing Bee *7/10* A place in the quarter-final is at stake for the sewers as they tackle lingerie. First shown 2022. (R) (S) (AD) (HD)

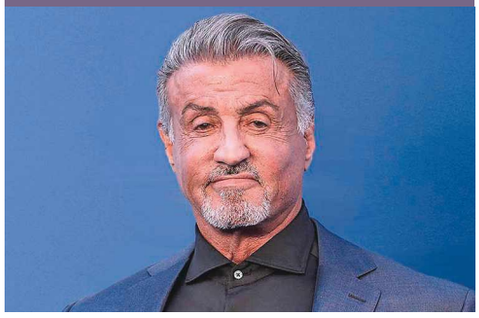
ITV1

6.00am Good Morning Britain (S) (HD)
9.30 Lorraine Showbiz gossip. (S) (HD)
10.00 This Morning Lifestyle features, fashion and celebrity interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Frank exchanges. (S) (HD)
1.30 ITV News Regional News; Weather (S) (HD)
2.00 Dickinson's Real Deal David Dickinson hosts from the home of Walsall FC, where a set of false teeth turn out to be surprisingly valuable. (R) (S) (AD) (HD)
3.00 Lingo Playing today are married London couple Jon and Anushka, scuba diving fanatics Jerry and Amy, and Bournemouth couple Kenneth and Raymond. (R) (S) (HD) Followed by **Regional Weather** (S) (HD)
4.00—5.00 Deal or No Deal Stephen Mulhern hosts, as contestant Hayden tries to open the 22 red boxes in the right order. Signed repeat 5.05am (R) (S) (AD) (HD)

Channel 4

5.50am Countdown With Lee McKenzie. (R) (S) (HD)
6.30 The King of Queens Triple bill. (R) (S) (AD) (HD)
7.45 Everybody Loves Raymond (R) (S) (AD) (HD)
9.10 Frasier Four episodes of the sitcom. (R) (S) (AD) (HD)
11.10 American Pickers Mike Wolfe struggles to free a massive vintage sign from a tight corner, and the team strike a deal. (R) (S) (AD) (HD) **12.05pm News** (S) (HD)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien travel to Surrey to meet an upcycler with a range of sheds near Gatwick Airport. (R) (S) (AD) (HD)
1.10 The Great House Giveaway Kelly and Gemma renovate a hoarder's terrace house in Haworth, West Yorkshire, complete with a mummified rat. (R) (S) (HD)
2.10 Countdown Lee McKenzie guests. (S) (HD)
3.00—4.00 A Place in the Sun Marie and Peter from Sussex search for a holiday home in Mar Menor, Spain, with a budget of £65,000. (R) (S) (HD)

BBC One 1



The Graham Norton Show *10.40pm* Going the distance: Sylvester Stallone shares all with the host

5.15pm Pointless
Quiz in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Alexander Armstrong and Michael Ball host.
Director Richard van't Riet; Series producer Kieran O'Brien (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S) (HD)

7.00 The One Show
Presented by Clara Amfo and JB Gill. (S) (HD)

7.30 Would I Lie to You?: More Unseen Bits
More previously unseen material from the comedy panel show. Team captains David Mitchell and Lee Mack are joined by celebrity guests including Charlie Brooker, Johnny Marr, Kimberley Walsh, Frankie Boyle, Shazia Mirza, Craig Charles, Jessica Knappett, Sam Campbell and Mo Gilligan. Rob Brydon hosts.
Directors Liz Clare and Barbara Wiltshire
Producers Zoe Waterman and Jake Graham (R) (S) (HD)

8.00 The Celebrity Traitors
2/10 Series 2. As the game of detection, treachery and trust continues, the Traitors complete their line-up and the celebrities dig deep in the mission. With the sun setting, the first Round Table commences and emotions run high as the players' suspicions are put to the test — but are they looking at the right people? The first series is on iPlayer. (S) (AD) (HD)
10 Questions: page 4; See feature: page 14

9.00 The Celebrity Traitors: Uncloaked
2/10 Series 2. Ed Gamble is joined by any banished and murdered Players as he reveals the identity of the Traitors to them for the very first time. (S) (AD) (HD)

9.30 Have I Got News for You
New series. The satirical current affairs quiz returns, with guests including broadcaster Gyles Brandreth joining team captains Ian Hislop and Paul Merton to poke fun at the week's headlines. Presented by Richard Ayoade. **See page 91.**
Director Martin Lord; Producer Jordan Reed (S) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 The Graham Norton Show
On the sofa tonight, Sylvester Stallone talks about his new memoir, *The Steps*, and Catherine Zeta-Jones discusses her revenge thriller *Kill Jackie*. Andrew Garfield opens up about his lead role in the historical drama *The Uprising*, while actor and rapper 50 Cent chats to the host about his role in the martial arts action comedy *Street Fighter*. Music comes from indie-pop band Blossoms, performing *Husband*.
Director Toby Baker; Series producer Jon Magnusson (S) (HD)

11.30 RuPaul's Drag Race UK
5/10 Series 8. The queens compete in Drag Race's Piggy Pageant, racing against the clock to present porcine-themed runway looks. Just May offers support, while Rick Astley and fashion designer Michèle Lamy join RuPaul, Michelle Visage and Graham Norton on the judging panel. On iPlayer from 7pm Thursday 1 October.
Executive producers Tom Campbell, Fenton Bailey and Randy Barbato
Shown yesterday 10pm BBC Three (S) (HD)

12.45am Weather for the Week Ahead (S) (HD)
12.50—6.00am BBC News (S) (HD)

BBC One Freeview 1/HD 101 Freely 1 Freesat 101 Sky 101 Virgin 101

BBC Two 2



The Substance *10.00pm* Elisabeth (Demi Moore) takes drastic measures to stop the ageing process

4.15pm Birds of Paradise
Sir David Attenborough narrates this *Natural World* film as a team embarks on an expedition to capture footage of birds of paradise. First shown in 2010.
Director/Producer Harvey Jones (R) (S) (HD)

5.15 Flog It!
Paul Martin and the team value antiques in Longleat, Wiltshire, including an autograph book and a marble statuette that once found use as a backyard goal post.
Director Rebecca Painting; Series producer Louise Hibbins (R) (S) (HD)

6.00 House of Games
Richard Osman presents the show for the final time as Miles Jupp, Cariad Lloyd, Lucy Porter and Kiell Smith-Bynoe find out who is this week's champion. (S) (HD)

6.30 Strictly It Takes Two
With the first elimination looming, Ellie Taylor chats to the stars before their next live performances. Plus a panel of former *Strictly* celebrities and pros get a look at all of the weekend dances for the first time. (S) (HD)

7.00 Newsnight With Matt Chorley. (S) (HD)
Weather (S) (HD)

7.30 Match of the Day Live
Ukraine v Northern Ireland
The Nations League Group B2 match from Anton Malatinský Stadium in Trnava, Slovakia (kick-off **7.45**).
The last competitive meeting between the teams saw Northern Ireland take the honours with a 2—0 win in the group stage of Euro 2016 thanks to goals by Gareth McAuley and Niall McGinn — the nation's first victory at a major tournament finals in 34 years.
Stephen Watson presents, with analysis from Stuart Dallas, Jim Magilton and David Healy, and commentary by Thomas Kane and Stephen Craigan. (S) (HD)

10.00 The Substance ★★★★
P Satirical horror with Demi Moore, Margaret Qualley and Dennis Quaid. After turning 50, former film star Elisabeth Sparkle suffers a sudden career downturn. She is discreetly offered a mysterious experimental drug designed to arrest the effects of ageing by creating a fresh, new Elisabeth. But using "The Substance" comes with strict rules that neither Elisabeth nor her new younger self, Sue, are entirely prepared to follow. On iPlayer for 4 months. **Film of the Day: page 97.**
Director Coralie Fargeat (2024, 18) (S) (AD) (HD)

12.15am The Wicker Man ★★★★ Classic horror. When a policeman receives an anonymous letter suggesting that a girl has disappeared from a small island community, he sets out to investigate. On his arrival, the villagers deny any knowledge of the girl, and he discovers that life on the island is not all that it seems. On iPlayer for 30 days. **Review p97.**

Sergeant Neil Howie	**Edward Woodward**	Willow MacGregor	**Britt Ekland**
Lord Summerisle	**Christopher Lee**	Librarian/Clerk	**Ingrid Pitt**
Miss Rose	**Diane Cilento**	Alder MacGregor	**Lindsay Kemp**

Director Robin Hardy (1973, 15) (S) (AD) (HD)

1.45—3.00am Sign Zone **1.45 Ghost Plates: Drivers Cheating the Law — Panorama** Rahil Sheikh reports on the use of illegal number plates. Shown Monday 8pm BBC One (S) (HD)
2.15 Hey Beautiful: Anatomy of a Romance Scam *3/3* A cyberintelligence analyst takes on the case and makes some shocking discoveries. The series is on iPlayer. (R) (S) (AD) (HD)

BBC Online **BBC iPLAYER 6.00pm—2.00am Major League Baseball** Live coverage of a game from the National League Division Series

BBC Two Freeview 2/HD 102 Freely 2 Freesat 102 Sky 102 Virgin 102

ITV1 3



Coronation Street *8.30pm* Jodie (Olivia Frances-Brown) gets under Doug's skin

5.00pm The Chase
Bradley Walsh presents as Gareth, Antony, Jeanette and Louise compete. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 It'll Be Alright on the Night
Tom Allen hosts as disaster strikes for Ant and Dec, Ralf Little, Jill Scott, Ricky Tomlinson, Dame Prue Leith, Warwick Davis and Bradley Walsh.
Producer Chris Thornton; Executive producers Diego Rincon and Simon Marsh (R) (S) (AD) (HD)

8.00 Emmerdale
RT Charity's trial date is set. Manpreet comes to a realisation. **See page 90.**
Writer Caroline Mitchell Cast Monday/Thursday (S) (AD) (HD)

8.30 Coronation Street
RT Shona wilts under Lily's criticism. Jodie exploits Doug's paranoia. **See page 91.**

Shona Platt	**Julia Goulding**	Roy Cropper	**David Neilson**
Lily Platt	**Grace Ashcroft-Gardner**	Sally Metcalfe	**Sally Dynevor**
Jodie Ramsey	**Olivia Frances-Brown**	Sam Blakeman	**Jude Riordan**
		Sean Tully	**Antony Cotton**
Doug Ramsey	**Steve Evets**	Shanice Michaelis	**Molly Kilduff**
Maggie Driscoll	**Pauline McLynn**	Todd Grimshaw	**Gareth Pierce**
Nick Tilsley	**Ben Price**	Toyah Battersby	**Georgia Taylor**
Ronnie Bailey	**Vinta Morgan**	Peggy Lavelle	**Chris Kerry**

Writer Carmel Morgan This week's episodes produced by Kate Brooks, directed by David Kester and Simon Ferguson
More cast Wednesday (S) (AD) (HD)

9.00 Beat the Chasers: Celebrity Special
Neil Delamere, Michelle Ackerley, Charlie Stayt, Danny Sebastian and Rick Edwards take on the experts. Bradley Walsh hosts. From 2024.
Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (R) (S) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 The Last Samurai ★★★★
Period action drama. In 1876, after witnessing the US military brutality against native Americans, Captain Nathan Algren turns to drink to escape his battle nightmares. Hired by the young Japanese emperor to train the country's army, Algren leads an inadequate campaign against the ancient line of Japanese warriors, the Samurai. But when he is captured by his enemies, he begins to doubt his mission. English, Japanese +subtitles.

Captain Nathan Algren	**Tom Cruise**	Taka	**Koyuki**
Simon Graham	**Timothy Spall**	Emperor Meiji	
Sergeant Zebulon Gant	**Billy Connolly**		**Shichinosuke Nakamura**
Colonel Benjamin Bagley	**Tony Goldwyn**	Nakao	**Shun Sugata**
		Silent Samurai	**Seizo Fukumoto**
Katsumoto	**Ken Watanabe**	Omura	**Masato Harada**
Ujio	**Hiroyuki Sanada**	Nobutada	**Shin Koyamada**

Director Edward Zwick (2003, 15) (S) (AD) (HD)

1.15am Home Shopping (HD)
3.00 Long Lost Family *4/7 Series 16.* Anita seeks her brother, and Ruth searches for her sister's sons. **See review, p80.** Shown yesterday 9pm (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05—6.00am Deal or No Deal Contestant Hayden takes on the Banker. Shown 4pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freely 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freely 251 Freesat 112 Sky 203 Virgin 303

Channel 4 7 IN WALES 4



George Clarke's Amazing Spaces: First Home *8.00pm* George meets Noah

4.00pm Help! We Bought a Village
Red tape delays building work for the Di Ciacca family and Roberto reaches a milestone. (S) (HD)

5.00 Four in a Bed
There are plenty of cleanliness critiques on the agenda as payment day arrives. (S) (HD)

5.30 Come Dine with Me
On the final night, Michaela presents her guests with a holiday-inspired Italian menu. (R) (S) (HD)

6.00 A New Life in the Sun: Where Are They Now?
In Spain, Andrew and Brennan, owners of a premium B&B, look to diversify. (R) (S) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 George Clarke's Amazing Spaces: First Home
RT *3/4.* The architect meets Noah, who is turning a shoebox studio flat into a five-star micro-apartment, and a woman who's moving up the property ladder from her small live-in van to a seven-tonne lorry that she's calling a one-bedroom apartment on wheels. George also discovers how the Dutch are solving the shortage of space for new homes by building houses in the water. **See page 90.**
Series director Gavin Ahern; Series producer Stephen Leigh
Repeated 3.10am 4seven (S) (AD) (HD)

9.00 Gogglebox
5/16. More frank responses to the latest small-screen offerings from the regular cast of armchair critics around the UK.
Executive producers Mike Cotton, Leon Campbell and Victoria Ray
Repeated 11pm 4seven (S) (AD) (HD)

10.00 Live from the Lycett Arms
Ep 5. Joe Lycett presents comedy, celebrity chat and chaos from his own pub, with a guest manager on hand to keep things ticking over and a star-studded gang of punters.
Director Ollie Bartlett; Series producer Charlotte Barker (S) (HD)

11.05 American Pie 2 ★★★
Comedy sequel starring Jason Biggs, Tara Reid and Alyson Hannigan. The students return for another summer of sexual misadventures following their first year at college. Available to stream for 30 days.

Jim Levenstein	**Jason Biggs**	Kevin Myers	**Thomas Ian Nicholas**
Nadia	**Shannon Elizabeth**	Vicky	**Tara Reid**
Michelle Flaherty	**Alyson Hannigan**	Stifler	**Seann William Scott**
Chris "Oz" Ostreicher	**Chris Klein**	Heather	**Mena Suvari**
Jessica	**Natasha Lyonne**	Paul Finch	**Eddie Kaye Thomas**

Director James B Rogers (2001, 15) (S) (AD) (HD)

1.05am Break Clause *Ep 1.* Ben and Lil try to navigate their break-up while living in the same flat. Shown yesterday 10pm (S) (SL) (AD) (HD)
1.30 *Ep 2.* Lil brings a date back to the flat. **See review, p81.** Shown yesterday 10.30pm (S) (SL) (AD) (HD)
1.55 Ramsay's Kitchen Nightmares USA The Lido di Manhattan restaurant in California. (R) (S) (SL) (HD)
2.45 Inside the World's Most Luxurious Yachts John Caudwell, the founder of Phones4u, takes a family holiday on the high seas. (R) (S) (AD) (HD)
3.40—5.50am Come Dine with Me A week of dinner parties from Bristol and Bath. (R) (S) (HD)

C4 Freeview 4/HD 104 Freely 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freely 252 Freesat 121 Sky 204 Virgin 304

5 5



Play for Today: Village Idiot *9.00pm* Barbara (Phyllis Logan) stands her ground

5.25am Milkshake! See page 96
9.15 Jeremy Vine (S) (HD)
11.30 Storm and Alexis Discussion. (S) (HD)
12.45pm 5 News (S) (HD)
12.50 Matt Allwright Debate. (S) (HD)
2.20 True Justice ★★ Mystery. Law student Casey sets out to prove her brother's innocence in a murder case.
Director Jonathan Wright (2024) (S) (HD)
4.00 Bargain-Loving Brits in the Sun Sue was recently given the all-clear after being treated for cancer and has a bucket list she is determined to complete. Repeated 2.45am (R) (S) (HD)

5.00 5 News (S) (HD)

6.00 Secrets of the River Mersey
The history of the river in north-west England, which has been at the heart of the shipbuilding industry for 180 years and played a key role in the Second World War. (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 Angela Rippon's River Cruises
3/4. Angela heads to Cambodia to travel along the Mekong, beginning by heading to see the majestic sunrise over the temple at Angkor Wat, before boarding her ship in Kampong Cham.
Series producer/director Jenny Macleod (R) (S) (HD)

7.55 5 News Update (S) (HD)

8.00 Our Great Yorkshire Life
Ep 4 Series 4. Rob and Dave Nicholson explore Cawthorne's heritage. In Bridlington, skipper Peter Richardson prepares the *Yorkshire Belle* for its first voyage of the season, while chef Matt Healy gathers produce for a sustainable dinner at Goathland's Homestead Kitchen.
Executive producer Mark McMullen
Series editor Andrew Painten (S) (AD) (HD)

9.00 Play for Today: Village Idiot
RT *2/6 Series 2.* Barbara, a ferociously stubborn English grandmother, chains herself to her beloved cottage when it's threatened with demolition by high-speed train developers. Peter, the company's smooth, painfully polite liaison, is dispatched to remove her — but is soon reeling from a domestic bombshell. **See page 91.**

Barbara	**Phyllis Logan**	Dotty	**Elizabeth Bennett**
Peter	**Max Harwood**	Poppy	**Sunny Chung**
Liam	**Angus Imrie**	Trevor	**Tim Barton**
Caroline	**Kathryn Drysdale**	Taxi driver	**Enzo Squillino Jr**
Janet	**Kacey Ainsworth**	Reporter	**Deeviya Meir**

Writer Samson Hawkins; Director Rhys Aaron Lewis (S) (AD) (HD)

10.00 Piers Morgan: Uncensored
Opinion-led news and debate. (S) (HD)

12.05am Police Interceptors A speeding driver tries all sorts of tricks to lose pursuing officers. (R) (S) (HD)
1.00 Home Shopping (R) (S) (HD)
2.00 The Big Steam Adventure Taking in Corfe Castle, Chesil Beach and Portland Bill. (R) (S) (HD)
2.45 Bargain-Loving Brits in the Sun Shown 4pm (S) (HD)
3.35 The Wonderful World of Chocolate Four episodes of the documentary series. (R) (S)
5.15—5.25am Entertainment News (S) (HD)

5 Freeview 5/HD 105 Freely 5 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freely 253 Freesat 128 Sky 205 Virgin 305

BBC ONE SCOTLAND
2.45pm Clean It, Fix It: the team helps foster carers make their bungalow suitable for family life **3.15—3.45** Amanda and Alan's Greek Job: designing an outdoor kitchen **7.30—8.00** Landward: Rosie Morton visits a walled garden near Laurencekirk

BBC SCOTLAND
7.00pm Reporting Scotland **7.30** Sacked in the Morning: with former Arsenal full-back Lee Dixon **8.00** Paramedics on Scene: a crew helps a woman who has been thrown off a horse near Dunbar **9.00** Make It to Munich: a charity cycle ride from Glasgow to Munich **10.00** Still Game: Jack and Victor stage a sting **10.30** Two Doors Down: Ian's school friend Darren turns up out of the blue **11.00—12 midnight** Situationships with Sophie and Christine: double bill. The pros and cons of doing boring life tasks together, then a look at the trend of looksmaxxing

STV
6.30pm ITV Evening News; Weather **7.00—7.30** The STV Radio Football Takeover

ITV1 BORDER SCOTLAND
6.30pm ITV Evening News; Weather **7.00—7.30** Border Life: meeting a clock repairer in Hawick

BBC ONE WALES
6.30—7.00pm BBC Wales Today; Weather; Party Political Broadcast: by Plaid Cymru **7.30—8.00** Back in the Day: new series **11.30** The Golden Cobra **12 midnight** RuPaul's Drag Race UK **1.15—6.00am** BBC News

ITV1 WALES
6.00—6.30pm ITV News Wales at Six; Party Political Broadcast: by Plaid Cymru **7.00** Coast and Country: exploring Penllergare Valley Woods **7.30—8.00** Wales This Week: a look at transport issues in Wales

BBC ONE NORTHERN IRELAND
7.30—8.00pm The Chronicles of Foyle: summer in Londonderry

UTV
6.00pm UTV Live; Party Political Broadcast: by the Social Democratic and Labour Party **6.30** ITV Evening News; Weather **7.00** UTV Life: music and chat with Pamela Ballantine **7.30—8.00** On the Ground: celebrating people, places and traditions shaping rural life

BBC FOUR and Freeview channels listings overleaf ▶

FRIDAY FREEVIEW CHANNELS

BBC Four

24 IN SCOTLAND 9



Pet Shop Boys Night *from 9.05pm*
A celebration of the synth-pop duo

7.00pm Top of the Pops 2000
Jamie Theakston presents the show first shown on 12 May, featuring Bloodhound Gang, Watergate, Oxide and Neutrino, Made in London, Sisqo, Toploader, Tom Jones & Mousse T and Britney Spears. Repeated 12.50am (S)

7.30 Jamie Theakston presents the pop chart programme, first broadcast on 19 May. Featuring Britney Spears, Heather Small, the Bluetones, Armand Van Helden, Iron Maiden, Shaft, Tom Jones and Mousse T, and Madison Avenue. Executive producer Chris Cowey Repeated 1.20am (S)

8.00 Top of the Pops 1979
David Jensen presents an edition first broadcast on 4 October. With music from XTC, Blondie, Matumbi, Buggles, Sad Cafe, Squeeze, Rainbow, the Jags, Lena Martell and the Police.
Producers David G Hillier and Robin Nash Repeated 1.50am (S)

8.35 Top of the Pops 1988
Gary Davies and Mark Goodier present the edition first shown on 29 September, featuring performances by Sinitta, U2, Hazell Dean, Alexander O'Neal, Duran Duran, Erasure, Whitney Houston, Bananarama, the Hollies and T'Pau.
Director Tony Newman; Producer Brian Whitehouse Repeated 2.25am (S)

9.05 Pet Shop Boys at the BBC
RT The first of three programmes featuring the synth-pop duo. A selection of Neil Tennant and Chris Lowe's appearances on the BBC, from the early days of just two men and a synth right up to the flamboyance of their modern shows. Featuring collaborations with Liza Minnelli (*Losing My Mind*), Dusty Springfield (*What Have I Done to Deserve This?*) and David Bowie (*Hallo Spaceboy*). First shown in 2023. **See page 91.**
Series producers Simon Goretzki and Andrew Wiltshire (S) (HD)

10.30 Pet Shop Boys: Reel Stories
The electro duo have become one of the world's bestselling and most enduring groups, leading a rebellion against convention for more than 40 years. Neil Tennant and Chris Lowe sit down with Dermot O'Leary to relive the twists and turns of their career, as seen on screen. First shown in 2023.
Director Rob Davies; Series producer Chris Davies Repeated 2.55am (S) (HD)

11.20 Pet Shop Boys: Radio 2 in the Park
The bestselling electropop act play the headline set on day two of the festival, bringing their acclaimed *Dreamworld: the Greatest Hits Live* show to Moor Park, Preston. The setlist features hits including *It's a Sin, West End Girls* and *Always on My Mind*. From 2024.
Producers Nadia Dunn and Michael Gray (S) (HD)

12.50am Top of the Pops 2000 Shown 7pm/7.30pm (S)
1.50 Top of the Pops 1979 Shown 8pm (S)
2.25 Top of the Pops 1988 Shown 8.35pm (S)
2.55—3.40am Pet Shop Boys: Reel Stories Shown 10.30pm (S) (HD)

BBC Four Freeview 9/HD 106 Freely 11 Freesat 108 Sky 116 Virgin 108 (107 Wales)

BBC Three

23



Legally Blonde *10.00pm* Elle Woods sets out to disprove her doubters

7.00pm *New.* The Catch-Up (S) (HD)

7.05 Horrible Histories
Fascinating facts from the Second World War and the Tudor period. (S) (AD)

7.35 Shrek ★★★★
Animated fantasy comedy featuring the voice of Mike Myers. Shrek, a grumpy green ogre, must rescue a princess. On iPlayer for 25 days. **Review page 97.**
Directors Andrew Adamson and Vicky Jenson (2001, U) (S) (AD) (HD) Shown Sunday 2.50pm BBC One

9.00 Death in Paradise
Series 15. Mervin and the team are left perplexed when a reclusive pensioner is shot dead at home. Starring Don Gilet and Don Warrington. A box set is on iPlayer. (S) (AD) (HD)

10.00 Legally Blonde ★★★★
Comedy starring Reese Witherspoon. Determined to prove there's more to her than hair and make-up, blonde bombshell Elle enrols at Harvard Law School. On iPlayer for 24 days. **Review page 37.**
Director Robert Luketic (2001, 12) (S) (AD) (HD) Shown Saturday 10.45pm BBC One

11.30 Legally Blonde 2: Red, White & Blonde ★★
Comedy sequel starring Reese Witherspoon. Ditzy blonde socialite Elle Woods directly challenges the legal system to end animal experimentation. On iPlayer for 25 days. **Review page 47.**
Director Charles Herman-Wurmfeld (2003, PG) (S) (HD) Shown Sunday 10.30pm BBC One

1.00am Such Brave Girls: five episodes (S) (AD) (HD) **3.10** Ellie and Natasia: double bill (S) (HD) **3.40—3.55am** Thames View (S) (HD)

BBC Three Freeview 23/HD 107 (not Scotland/Wales) Freely 10 Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (113 Scotland/Wales)

ITV2

6

6.00am Backyard Builds (S) (HD) **6.30** Dinner Date (S) (AD) (HD) **7.30** The Real Housewives of Potomac (S) (HD) **8.20** The Real Housewives of Beverly Hills (S) (HD) **9.15** The Only Way Is Essex (S) (HD) **10.15** Dawson's Creek (S) (HD) **11.10** Charmed (S) (HD)
12.05pm Deal or No Deal (S) (AD) (HD) **1.05** Supermarket Sweep: with Rylan Clark (S) (HD) **2.05** Ant & Dec's Limitless Win (S) (AD) (HD) **3.05** The Only Way Is Essex (S) (HD) **4.05** The Real Housewives of Potomac (S) (HD) **4.55** The Real Housewives of Beverly Hills (S) (HD)
6.00pm Celebrity Catchphrase Mark Charnock, Kerry Godliman and Janet Street-Porter compete. (S) (AD) (HD)
7.00 Ant & Dec's Limitless Win Engaged couple Zanesh and Melike continue to climb the ladder for a cash jackpot. (S) (AD) (HD)
8.00 The 1% Club With Lee Mack. (S) (AD) (HD)
9.00 *New.* Big Brother: Live Eviction AJ Odudu and Will Best announce the latest housemate to face eviction. (S) (HD)
10.35 Family Guy *Series 9.* Peter suffers kidney failure after drinking kerosene. (S) (AD) (HD)
11.05 *Series 14.* Brian falls for a tech support girl in India and sets out to find her. (S) (AD) (HD)
11.35 American Dad! *Series 6.* Roger tries to make Steve more popular. (S) (AD) (HD)
12.05am Roger and Stan are competing for the lead role in a local play. (S) (AD) (HD)
12.35 Bob's Burgers: double bill (S) (AD) (HD) **1.30** Next Level Chef USA: creating an Italian dinner (S) (SL) (HD) **2.20—3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freely 6 Freesat 113 Sky 118 Virgin 115 +1 Freeview 29 *(7am—2am)* Freely 254 Freesat 114 Sky 218 Virgin 315

ITV3

10



Doc Martin *8.00pm* The GP (left) receives a surprise proposition

6.00am Wild at Heart: ***3/8*** *Series 3.* The elephants present Danny with a problem (S) **7.05** Classic Emmerdale (S) (AD) **8.05** Classic Coronation Street (S) (AD) **9.15** Inspector Morse: *Series 3. The Secret of Bay 5b.* The detective falls in love (S) (AD) (HD) **11.30** Heartbeat: ***2/26*** Alf goes under cover (S) (AD); **12.35pm *3/26*** Peggy finds herself in a hole (S) (AD)
1.35pm The Royal: ***8/14*** *Series 3.* An armed man strikes (S) (AD) **2.40** Wild at Heart: ***4/8*** *Series 3.* Danny's past catches up with him (S) **3.40** Classic Emmerdale: double bill. Leyla helps David's election campaign, then Pollard decides to exploit Leyla's weak spot (S) (AD)
4.40pm Classic Coronation Street Becky decides to be honest with Amy. (S) (AD) **5.15** Becky nurses her wounds. (S) (AD)
5.50 Heartbeat ***4/26*** *Series 15.* Rob takes part in a charity football match. (S) (AD) **6.55 *5/26.*** Helen is accused of helping a terminally ill patient to die. (S) (AD)
8.00 Doc Martin ***6/9*** *Series 10.* **Return to Sender.** Louisa and Martin head to London so he can present his research paper. (S) (AD) (HD) **9.00 *7/9.* Love Will Set You Free.** The news of Martin's Imperial College job offer goes flying through the village. (S) (AD) (HD)
10.00 Downton Abbey ***4/9*** *Series 3.* Branson's political views land him in trouble, while Sybil finds her loyalty tested to the limit. (S) (AD) (HD)
11.00 DCI Banks ***3/6*** *Series 1.* **Friend of the Devil 1/2.** Cabbot investigates the murder of a woman found dead on the moors. (S) (AD) (HD) **11.55 *4/6.* Friend of the Devil 2/2.** The detective investigates the murder of one of his team. (S) (AD) (HD)
12.55am The Royal: ***7/14*** *Series 3.* Brigid makes a decision (S) (AD) **1.45** George & Mildred (S) **2.15—2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freely 7 Freesat 115 Sky 119 Virgin 117 +1 Freeview 58 Freely 255 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am American Pickers: the Pick, the Pawn, and the Polish (S) (HD) **7.00** American Pickers (S) (HD) **8.05** Minder (S) (SL) (AD) **9.10** The Champions (S) **10.15** The Grand Fishing Adventure (S) (HD) **11.20** The Professionals (S) (AD)
12.25pm The Champions (S) **1.35** American Pickers (S) (HD) **3.45** Ice Road Truckers (S) (HD) **4.45** River Monsters (S) (HD) **5.20** British Touring Car Championship Highlights (S) (HD)
6.50pm Hornblower The newly promoted lieutenant accepts a diplomatic commission as the war reaches a stalemate, and finds himself on French soil in the midst of a daring plot to overthrow the government. (S) (AD) (HD)
9.00 FILM RoboCop ★★★★★ Satirical sci-fi thriller starring Peter Weller and Nancy Allen. In futuristic Old Detroit a large conglomerate is now responsible for policing the city. When a young cop is murdered by a ruthless gang, his body is transformed into a computerised cyborg programmed to fight crime. But the human side of the "perfect" cop is soon seeking revenge on his killers. (S) (HD)
11.10 *New.* All Elite Wrestling: Dynamite Hard-hitting grappling action. (S) (HD)
1.10am Two and a Half Men (S) (HD)
2.05—3.00am The Professionals (S) (AD)

ITV4 Freeview 26 Freely 21 Freesat 117 Sky 120 Virgin 118 +1 Freeview 59 Freely 261 Freesat 118 Sky 220 Virgin 318

U&Drama

20



Last of the Summer Wine *6.00pm* Ivy wonders what Compo knows

7.00am Birds of a Feather: ***2/7*** *Series 1.* The sisters try to adjust (S) **7.45** The Bill Rptd 11.55am (S) **8.35** Doctors: double bill. Cherry tells Julia the truth, then Jimmi is surprised (S) (HD) **9.55** Classic Holby City: Mark mocks Sam (S) **10.55** Casualty: Fletch is feeling under the cosh (S) (AD) (HD) **11.55** The Bill: Clarke feels she's not cut out to be a policewoman Shown 7.45am (S)
12.55pm Classic EastEnders: double bill. Jack hunts Michael down, then Billy and Julie get bad news (S) (HD) **2.15** Classic Neighbours: two episodes. Max decides to see Amy, then Max agrees to divorce Maria (S) (HD) **3.20** Sister Boniface Mysteries: ***3/8*** *Series 3.* A TV show's creator disappears (S) (AD) (HD) **4.20** Father Brown Repeated 11.20pm (S) (AD) (HD) **5.20** As Time Goes By: ***7/7*** *Series 6.* Alistair plans a surprise (S)
6.00pm Last of the Summer Wine *Series 18.* **The Mysterious CW Northrop** Ivy receives an anonymous love letter. (S) **6.40 A Double for Howard.** Howard allays Pearl's natural suspicions. (S) **7.20 How to Create a Monster.** Smiler decides to become a lollipop man. (S)
8.00 Father Brown ***5/10*** *Series 7.* **The Darkest Noon.** Mallory and Father Brown go missing. (S) (AD) (HD) **9.00 *6/10.* The Sacrifice of Tantalus** A man suspected of killing a police officer is seen near Kembleford. (S) (AD) (HD)
10.00 New Tricks ***4/10*** *Series 12.* **The Wolf of Wallbrook.** A suicide uncovers dark secrets. (S) (AD) (HD)
11.20 Father Brown ***3/10*** *Series 2.* **The Pride of the Prydes** The grand opening of Pryde Castle ends in disaster. Shown 4.20pm (S) (AD) (HD)
12.20am Lovejoy: ***10/14*** *Series 4.* The dealer looks for a painting (S) **1.20** Sister Boniface Mysteries: ***4/8*** *Series 3.* A perfumer is slain (S) (AD) (HD) **2.25** At Home with the Braithwaites: ***4/6*** *Series 4.* Megan and Virginia return (S) **3.15—4.00am** Copper: ***9/10*** *Series 1.* Corcoran finds himself in an ungracious state (S) (SL) (HD)

U&Drama Freeview 20 Freely 20 Freesat 158 Sky 143 Virgin 116 +1 Freeview 60 Freely 260 Sky 243 Virgin 316

U&Dave

19

7.10am Top Gear (AD) **8.00** Border Force: America's Gatekeepers: two episodes (AD) **10.00** Rick Stein's Cornwall: double bill
12 noon Hairy Bikers' Best of British **1.00pm** Top Gear **3.00** James May's Man Lab **4.00** Rick Stein's Cornwall: two episodes
6.00pm Hairy Bikers' Best of British The history of high tea in Britain.
7.00 Mortimer and Whitehouse: Gone Fishing The pair take their rods to Christchurch's Bridge Pool in Dorset. (AD)
7.40 I'll Get This Guests include Dotty, Russell Kane, Richard Madeley and Steve Pemberton.
8.20 Would I Lie to You? With Tom Allen, Sarah Greene, Ugo Monye and Morgana Robinson.
9.00 QI XL Sandi Toksvig, John Lloyd and Johnny Vegas answer hypothetical questions.
10.00 Have I Got a Bit More News for You Mel Giedroyc hosts the satirical quiz.
11.00 Eight out of 10 Cats With Pamela Anderson, Ella Eyre and Joe Wilkinson.
11.50 Mock the Week With Ed Byrne, Rhys James, Olga Koch, Nigel Ng and Suzi Ruffell.
12.30am Would I Lie to You? **1.50** Top Gear (AD) **2.40** Richard Osman's House of Games **3.25—4.00am** I'll Get This

U&Dave Freeview 19 Freely 19 Freesat 157 Sky 111 (112 Wales) Virgin 127 **U&Dave Ja Vu** Freeview 74 Freely 259 Sky 211 (212 Wales) Virgin 327

All programmes on the above channels are repeats unless otherwise stated

RT WINE Order a **12 bottle** mixed case & earn **Avios** points  **radiotimes.com/wineflyercase**

More4 18



Coastal Unit *9.00pm* Iris Villeneuve investigates a caravan-park killing

8.55am Four in a Bed **11.35** Come Dine with Me (AD) **2.15** Four in a Bed **4.50** Car SOS (AD)
6.50pm The Dog House Playful staffie pup Rolo can hardly contain his excitement when he meets Nicole and her husband Sam. And can chihuahuas Bear and Dave convince seven-year-old Ollie that two little dogs are better than one large canine? (AD) **7.55** Nine-year-old Kiya gets to choose a new furry companion from a litter of three cockapoo puppies. Chihuahua Wingnut tries to appeal to 16-year-old Jacob. And Bam Bam, an overexcited yorkshire terrier, needs to calm down if he is to win over Hannah. (AD) **9.00** ***New.*** **Coastal Unit** *3/8.* The gentle sniping between Victor and Iris continues when they investigate a murder by drowning at a caravan park. While in the office, Pauline and Ryem have a bored 14-year-old intern to mentor. French +subtitles.
10.15 24 Hours in A&E Two motorcyclists arrive in need of attention. Przemek, 35, is airlifted in after being involved in a high-speed crash on the M4. Leon, 17, is brought in after crashing his motorbike into a central reservation and given a CT scan. (AD) **11.20** Doctors work to establish the extent of the damage when Karan arrives with fractured bones in his leg. Will has a painful swelling on his head due to an infection of his scalp. (AD) **12.20am** 999: on the Front Line **1.25** 24 Hours in A&E (AD) **3.30—4.00am** A Place in the Sun: a couple who want to retire to southern Spain

More4 Freeview 18 Freely 15 Freesat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scotland) Virgin 347

E4 13

6.00am Modern Family (AD) **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine with Me: in Essex **8.00** Ramsay's 24 Hours to Hell and Back (AD) **10.00** Below Deck Down Under (AD) **11.00** Modern Family (AD)
12 noon The Simpsons (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family: four episodes (AD) **5.00** The Simpsons (AD)
6.00pm The Simpsons *Series 15.* With the voices of Tony Blair and JK Rowling. (AD) **6.30** Homer is humiliated by a wild bear. (AD) **7.00** *Series 20.* Lisa makes a new friend. (AD) **7.30 Brooklyn Nine-Nine** *3/23 Series 2.* Holt must set up a new drug task force. (AD) **8.00** ***New.*** **Below Deck Down Under** Jenna's jealousy is pushed into overdrive. (AD) **9.00 FILM Mission: Impossible — Rogue Nation** ★★★★ Spy adventure starring Tom Cruise and Rebecca Ferguson. (AD) **11.35 Naked Attraction** Marlie and Adam — both from Yorkshire — look for love. (AD) **12.35am** Two women look for new partners. (AD)
1.40 Gogglebox (SL) (AD) **2.40** Below Deck Down Under (AD) **3.30** The Simpsons (AD) **4.20** The Goldbergs (AD) **5.10** Brooklyn Nine-Nine (AD) **5.35—6.00am** Modern Family (AD)

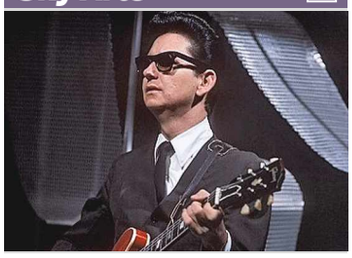
E4 Freeview 13 Freely 13 Freesat 122 Sky 135 (136 Scotland) Virgin 106 +1 Freeview 30 Freely 256 Freesat 123 Sky 235 (236 Scotland) Virgin 306

Really 44

6.00am Fantasy Homes **7.00** Home Shopping **8.00** Escape to the Country **9.00** Salvage Hunters **12 noon** The Derbyshire Auction House **2.00pm** Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family (AD) **6.00** Repair Shop **7.00** Yorkshire Auction House **8.00** Antiques Road Trip **9.00** Bad Foot Clinic **10.00** Take My Tumour **11.00** Help! My House Is Haunted **2.00am** Home Shopping **4.00—6.00am** Salvage Hunters

Really Freeview 44 Freely 40 Freesat 149 Sky 142 Virgin 165 +1 Sky 242 Virgin 365

Sky Arts 36



Roy Orbison: in Dreams *10.20pm* Celebrating the Big O's life and work

6.00am Anne-Sophie Mutter, John Williams and Friends: a Celebration **8.05** The Joy of Painting (AD) **9.05** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Basil Rathbone (AD)
12 noon Classic Albums (AD) **1.00pm** Tales of the Unexpected: two episodes (AD) **2.00** Alfred Hitchcock Presents: double bill **3.00** Master Crafters: the Next Generation (AD) **4.00** Discovering: Jon Voight (AD) **5.00** Portrait Artist of the Year 2025: Winner's Film (AD)
6.00pm Tales of the Unexpected A driver picks up a hitch-hiker before hearing on the radio that a serial killer is on the loose. (AD) **6.30** A competition to find the best murder story attracts high levels of attention. (AD) **7.00 The Alfred Hitchcock Hour** A domineering wife is suspected of killing her husband. (BW) **8.00 Guy Garvey: from the Vaults** A selection of musical performances from 1976. **9.00 Roy Orbison: Mystery Girl Unravelled** The making of the singer's final album, featuring interviews with those involved, including Steve Cropper and Tom Petty. **10.20 Roy Orbison: in Dreams** Charting the career of the singer, featuring performance footage, home movies and photographs, and interviews with Bruce Springsteen, Jerry Lee Lewis, the Bee Gees and Bernie Taupin.
12.20am London Calling (AD) **2.20** Boy George and Culture Club **4.15** The Art of the Garden: the design for Battersea Power Station **5.05—6.00am** Master Crafters: the Next Generation (AD)

Sky Arts Freeview 36 Freely 24 Freesat 143 Sky 122 (123 Scotland) Virgin 123 EE 350/HD 365

4seven 49

9.00am A New Life in the Sun: Where Are They Now? **10.00** Find It, Fix It, Flog It (AD) **11.00** Help! We Bought a Village
12 noon A Place in the Sun **3.00pm** Come Dine with Me: in Cardiff **5.30** Four in a Bed
6.00pm A Place in the Sun Marie and Peter look for a holiday home in Mar Menor, Spain. **7.00** A West Yorkshire couple search for a home in the Axarquía region of southern Spain. **7.30 The Great British Bake Off** *2/10.* The bakers face the challenges of Biscuit Week. **See review, p60.** Shown Tues 8pm Channel 4 (AD) **9.00 24 Hours in A&E** A superbike rider is rushed in after a motorcycle crash. (AD) **10.00 999: What Happened Next** *Ep 4 Series 2.* A woman's body is found in a reservoir in a north Wales nature reserve. Shown Monday 9pm Channel 4 (AD) **11.00 Gogglebox** *5/16.* More frank responses to the latest small-screen offerings from the armchair critics. Shown 9pm Channel 4 (AD) **12.05am** *4/16.* The households' opinions on recent TV. Shown last Friday Channel 4 (AD)
1.05 Taskmaster (AD) **2.05** Tempting Fortune: the two groups reunite (AD) **3.10** George Clarke's Amazing Spaces: First Home (AD) **4.05—5.05am** The Great Celebrity Pottery Throw Down (AD)

4seven Freeview 49 Freely 16 Freesat 127 Sky 137 (138 Scotland) Virgin 143

ITV Quiz 28

9.00am Deal or No Deal (SL) (AD) **10.00** Tipping Point **1.00pm** Lingo **2.00** Tenable **3.00** The Floor (AD) **4.00** Riddiculous **5.00** Deal or No Deal (AD) **6.00** Lingo: triple bill **9.00** The Floor: Rob Brydon hosts (AD) **10.00** Tipping Point: triple bill of the quiz show
12.55am Tenable: quiz hosted by Warwick Davis **1.50** Riddiculous **2.45—3.00am** Unwind

ITV Quiz Freeview 28 Freely 22 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

U&Yesterday 27



Canal Boat Diaries *8.00pm* Robbie's luck runs out at a lock

6.10am Secrets of the London Underground (AD) **8.00** Bangers and Cash: two episodes (AD) **10.00** Hitler's Countdown to War **11.00** Battle Honours: the 8th US Army Air Force (AD)
12 noon Antiques Roadshow **2.00pm** Bangers and Cash (AD) **4.00** Hitler's Countdown to War **5.00** Battle Honours (AD)
6.00pm Antiques Roadshow The team returns to RAF Coningsby in Lincolnshire. **7.00 Burma with Simon Reeve** Simon follows the vast Irrawaddy river to a market. **8.00 Canal Boat Diaries** Robbie Cumming takes a tumble at Buckby Locks. (AD) **9.00** Traversing the very wet Blisworth Tunnel on the Grand Union Canal. (AD) **10.00 Bangers and Cash** Jack has drawn the short straw again as he attempts to shift a couple of 1930s Austin Sevens. (AD) **11.00** Derek heads to north Wales to collect an Austin Seven and a gem of a Bentley. (AD) **12 midnight** An Argentinian Army Mercedes G wagon arrives at the car auction. (AD)
1.00am Find It, Fix It, Flog It **2.00—3.00am** Secrets of the London Underground (AD)

U&Yesterday Freeview 27 Freely 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Quest 17

6.00am Salvage Hunters: the Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters: double bill
1.00pm The Repair Shop **2.00** Shed and Buried **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House: two episodes
7.00pm Antiques Road Trip Steven Moore and Angus Ashworth browse the emporiums of north-east England. (AD) **8.00 The Yorkshire Auction House** Angus Ashworth clears a home in Liverpool, where he finds a fortune in the loft. **9.00 The Repair Shop** Jay Blades and the team restore a set of bells that once noisily warned people of a horse's arrival. **10.00** The team restores some scrapbooks, a workbench and a manicure set. **11.00 How Do They Do It?** How escape slides and mah-jong pieces are made. **11.30** The manufacture of hair products. **12 midnight** Ball bearings and false eyes. **12.30am** How Russian dolls are made.
1.00 Salvage Hunters **3.00** Salvage Hunters: the Restorers **4.00—5.00am** How It's Made

Quest Freeview 17 Freely 18 Freesat 145 Sky 140 (141 Scotland) Virgin 128 (137 Scotland/Wales) +1 Freeview 70 Freely 258 Freesat 151 Sky 240 (241 Scotland) Virgin 328 (337 Scotland/Wales)

Sky Mix 11

7.00am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing to Declare **11.00** Border Security: Canada's Front Line (AD) **12 noon** Caught on Dashcam **1.00pm** Police 24/7 **2.00** Nothing to Declare (AD) **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00pm** Star Trek: Voyager **7.00** Star Trek: the Next Generation **8.00** Hawaii Five-0: a deep-sea diver is found dead **9.00** Nothing to Declare **9.30 FILM** Bohemian Rhapsody ★★★ Biographical music drama starring Rami Malek. London, 1970: Farrokh Bulsara dreams of becoming a rock star. After convincing a local group to give him a shot as lead singer, and changing his name to Freddie Mercury, the band Queen is born. **Review page 97** (AD) **12 midnight** Grimm **1.00am** Wynonna Earp **2.00** Road Wars **3.00** Police 24/7 **4.00** Border Patrol **5.00—6.00am** Highway Cops

Sky Mix Freeview 11 Freely 23 Freesat 141 Sky 151 Virgin 156

5 USA 21

9.00am Cops **9.20** NCIS: three episodes (AD) **12.05pm** Law & Order: six episodes **6.00pm** NCIS *Series 6.* Triple bill. Gibbs works with Trent Kort (AD) **7.00** A scientist goes missing (AD) **8.00** Tony begins to pry into Ziva's life (AD) **9.00** Beauty and the Beast *Series 2* Double bill. Cat must choose between Gabe and Vincent, then Cat and Vincent prevent a massacre **10.55** Law & Order: Special Victims Unit *Series 24.* Triple bill. A group of teens terrorises tourists **11.55** Fin teaches a rookie a lesson **12.55am** Rollins and Velasco are drawn into a web of secrets
1.55 NCIS: Los Angeles **2.55** Wild Cards **3.45—4.00am** Entertainment News

5 USA Freeview 21 Freely 29 Freesat 129 Sky 141 (169 Scotland) Virgin 120 (162 Scotland) +1 Freesat 130 Sky 241 Virgin 320

5 Star 32

8.00am Bargain-Loving Brits in the Sun **10.00** Call the Bailiffs: Time to Pay Up (AD) **11.00** Traffic Cops: three editions **2.00pm** Police Interceptors **5.00** Rogue Claimers **6.00pm Home and Away** Marilyn makes a bad call. Shown yesterday 6.30pm (AD) **6.30** ***New.*** Zane is in danger. (AD) **7.00 GPs: behind Closed Doors** (AD) **8.00 Casualty 24/7: Every Second Counts** A roofer badly injures his wrist in a fall. (AD) **9.00 999: Critical Condition** Helping a woman who fell 50 metres down a waterfall. **10.00 A&E after Dark** A 54-year-old comes in with a dangerously high heart rate. **11.00 Trauma Room One** A 64-year-old man is rushed in with a broken back. **12 midnight** Skin A&E **1.00am** Killer on the Run **2.00** Sleeping with My Murderer (AD) **2.45** Casualty 24/7: Every Second Counts (AD) **3.35—4.00am** Home and Away (AD)

5 Star Freeview 32 Freely 25 Freesat 131 Sky 128 (129 Scot) Virgin 126 +1 Freesat 140 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Highway Patrol **9.25** Police Interceptors (AD) **11.30 FILM** The Last Sunset ★★★ Western starring Rock Hudson. **Review p97**
1.50pm FILM The Left Handed Gun ★★★★ Western starring Paul Newman and Lita Milan (BW) **4.00** Traffic Cops **5.00** Motorway Cops: Catching Britain's Speeders (AD) **6.00pm Police Interceptors** A 4x4 is driven dangerously through Basildon. (AD) **7.00** The team tracks three men suspected of burgling a string of plumbers' merchants. (AD) **8.00 Motorway Cops: Catching Britain's Speeders** In Byker, PCs Marc Crammond and Andy Clarke witness what looks like a drug deal through a car window. (AD) **9.00 FILM Den of Thieves** ★★★ Crime thriller starring Gerard Butler and Pablo Schreiber. An elite crew of former marines plots a bank heist in Los Angeles. Trying to stop them is rule-bending cop Nick O'Brien. As the two sides circle each other, events threaten to spiral out of control. **Review p97** **11.50 The X-Files** A film crew follows the agents on the hunt for a werewolf.
12.50am Soldier: for King and Country **1.50** Ice Road Truckers **2.50—4.00am** Trucking Hell (AD)

5 Action Freeview 33 Freely 26 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am Dogs Behaving (Very) Badly: Australia **10.00** The Yorkshire Vet (AD) **11.00** Ben Fogle: New Lives in the Wild **1.00pm** Murder, She Wrote (AD) **3.00** Columbo
5.00pm Inside the Tower of London A spectacular coronation concert is staged. **6.00** A crumbling turret on top of the Cradle Tower is in urgent need of repair. **7.00 Ben Fogle: New Lives in the Wild** Ben heads back to Sweden to revisit Annalisa. **8.00** Ben revisits nomads Miriam and Peter in the Rhodope Mountains in Bulgaria. **9.00 Taggart** The bodies of two men closely linked with the troubled Strathclyde FC are discovered clutching red cards. **11.05 Prisoner: Cell Block H** Double bill.
1.10am Autopsy: double bill. Bob Marley and Kurt Cobain **3.10—4.00am** Inside the Tower of London

5 Select Freeview (HD only) 46 Freely 30 Freesat 133 Sky 153 Virgin 138

BBC News Freeview 231 Freely 301 Freesat 200 Sky 503 Virgin 601 **Sky News** Freeview 233 Freely 303 Freesat 202 Sky 501 Virgin 603 EE 313

FREEVIEW TV and film channels continue overleaf ▶

FRIDAY FREEVIEW & FILMS

CHILDREN'S

Milkshake on 5

5.25am Ben and Holly's Little Kingdom **6.00** Peppa Pig **6.10** Tweedy & Fluff **6.15** Odo **6.20** Thomas & Friends **6.35** Fireman Sam **6.45** Peppa Pig **6.50** Pip and Posy **6.55** The Adventures of Paddington **7.10** Paw Patrol **7.20** Rubble & Crew **7.35** Peppa Pig **7.45** Tim Rex in Space **8.00** Stan & Gran **8.15** Paw Patrol **8.30** Milo **8.40** Peppa Pig **8.55** Ben and Holly's Little Kingdom **9.05—9.15am** Milkshake! Story Den

Full listings for 5 are on page 93

CBeebies 202

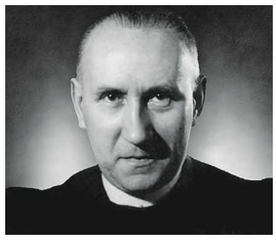
6.00am Roots and Fruits **6.05** Bing **6.15** Teletubbies **6.30** Tee and Mo **6.35** Colourblocks **6.40** Bluey Minisodes **6.45** Bing **6.55** Mojo Swoptops **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Wonderblocks **8.25** Love Monster **8.30** Justin's House **9.00** Bing **9.05** Yakka Dee! **9.10** Maddie & Triggs **9.20** Piggy Builders **9.30** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.25** The Baby Club **10.40** I Spy, You Spy **10.45** What's in Your Plant Pot? **10.55** Let's Go for a Walk **11.10** Kiri & Lou **11.15** Bluey **11.25** Hey Duggee **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Dog Squad **12.30** Time for School **12.40** Waffle the Wonder Dog **1.00** Puffin Rock **1.05** Yukee **1.15** Maddie & Triggs **1.20** Piggy Builders **1.35** Numberblocks **1.40** Alphablocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Andy's Dino Island **2.35** Football Fantastics **2.50** Grace's Amazing Machines **3.05** Musical Storyland **3.15** Vegesaurs **3.20** Octonauts: above and Beyond **3.30** Peter Rabbit **3.45** Hey Duggee **4.00** Time for School **4.10** Supertato **4.20** The Weasy Family **4.30** Mojo Swoptops **4.40** Bluey **4.55** ***New.*** Zog **5.05** Dodge's Pup School: Songs **5.20** Waffle's After School Club **5.30** Rafi the Wishing Wizard **5.35** JoJo & Gran Gran **5.50** Sarah & Duck **5.55** Clangers **6.10pm** BeddyByes **6.20** In the Night Garden... **6.45—7.00pm** CBeebies Bedtime Stories: a different story read each night just before bedtime

CBeebies Freeview 202 Freely 352 Freesat 601 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Super Happy Magic Forest **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Grizzy and the Lemmings **8.10** SpongeBob SquarePants **8.25** Duck and Frog **8.40** Odd Squad **8.55** Shark Bites **9.00** Bitesize Daily: 9 to 11 Year Olds **9.20** Hey You What If? **9.25** Horrible Histories **9.55** Horrible Science **10.20** Operation Ouch! **10.50** Go Get Arty **11.05** Planet Earth II **12.05pm** Our School **12.30** Gym Stars **12.53** Sketchy Comedy **12.55** Octonauts **1.05** Big Lizard **1.15** Piripenguins **1.25** Duck and Frog **1.40** Super Happy Magic Forest **1.55** Grizzy and the Lemmings **2.00** Winx Club — The Magic Is Back **2.25** Deadly 60 **2.55** Shaun the Sheep **3.00** Dennis & Gnasher Unleashed! **3.10** Danger Mouse **3.25** Super Happy Magic Forest **3.40** Boy Girl Dog Cat Mouse Cheese **3.50** Grizzy and the Lemmings **3.55** Duck and Frog **4.05** ***New.*** Pablo Next Level: Pablo cannot find the right time to share his animal facts **4.20** Submarine Jim **4.30** The Amazing World of Gumball **4.45** Teen Titans Go! **4.55** ***New.*** Winx Club — The Magic Is Back: Zara Larsson and Winx Club blend live action and animation in the *Midnight Sun* video **5.00** Blue Peter **5.25** ***New.*** Deadly 60: Steve Backshall heads to the cities of Chile in search of the wildlife surviving alongside people. From feisty sea lions to a giant bullfrog that needs protecting for its survival **5.55** Blue Peter **6.00pm** High Hoops **6.30—7.00pm** ***New.*** The Next Step: Cheer

CBBC Freeview 201 Freely 351 Freesat 600 Sky 607 Virgin 701



The Nazis' Cut and Run
7.45pm ***PBS America***

U&W 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: the Big Build

7.00pm ***New.*** **MasterChef Australia** Contestants must produce a dish featuring one of five ingredients they have never used.

8.00 Inside the Ambulance: Coast and Country A woman who has fallen from her horse. (AD)

9.00 Special Ops: Crime Squad UK Special police task forces attend a brutal stabbing. (AD)

10.00 Inside the Ambulance: Coast and Country A father and son's car has been hit by a falling tree on a dark and stormy night. (AD)

11.00 Ghosts *6/7 Series 3.* The Captain and Kitty uncover something suspicious. (AD)
11.35 *1/7 Series 4.* Alison and Mike open their posh new B&B. (AD)
12.10am *2/7.* Thomas needs Pat's undivided attention. (AD)
12.50—3.00am My Family (AD)

U&W F'view 25 Freely 28 F'sat 156 Sky 132 (133 Scot) Virgin 125 +1 Sky 232 (233 Scot) Virgin 325

Rewind TV 81

6.00am Flash Gordon Conquers the Universe (BW) **6.25** Only When I Laugh **6.55** Boon **7.55** Further Out of Town **8.30** as 1.30pm **9.00** Bubblegum and Cheese **10.00** Stereo Underground **11.00** Doctor on the Go **11.30** The Upper Hand **12 noon** Department S **1.00pm** Harry Hill's TV Burp **1.30** The Fenn Street Gang **2.00** Only When I Laugh **2.30** Bowler **3.00** Rewind & Remember Bitesize **3.10** Hank the Cowboy **3.25** Man in a Suitcase **4.25** Further Out of Town **5.00** Stereo Underground **6.00** Department S **7.00** Harry Hill's TV Burp **7.30** The Upper Hand **8.00** Doctor on the Go **8.30** Faith in the Future **9.00** Bowler **9.30** Time Gentlemen Please **10.00 FILM** Ups and Downs of a Handyman ★★ **11.50** London in the Raw **1.20am** as 5pm **2.20** Hank the Cowboy **2.35** Man in a Suitcase **3.30** as 7pm **4.00** Time Gentlemen Please **4.30** as 5pm **5.30—6.00am** as 4.25pm

Rewind TV Freeview 81 Freely 141 Freesat 164 Sky 182

Great TV 34

8.00am The Waltons **9.00** Bramwell **10.00** Highway to Heaven **11.00** Little House on the Prairie **1.00pm** The Waltons **4.00** Little House on the Prairie **6.00** Rumpole of the Bailey: the lawyer takes on a divorce case **7.00** M*A*S*H: four episodes. BJ plans a family reunion **7.30** A gourmet cook joins the 4077th **8.00** A congressional aide visits the 4077th **8.30** A Korean casualty sparks a row **9.00 FILM** As Good as It Gets ★★★★ Oscar-winning romantic comedy drama starring Jack Nicholson and Helen Hunt **11.55** M*A*S*H: four episodes **1.55am** Rising Damp **2.25** Air Rescue **3.00—4.50am** Highway to Heaven

Great TV Freeview 34 Freely 53 Sky 157 Virgin 170 +1 Freeview 61 Sky 257

Food Network 43

6.00am Prue Leith's Cotswold Kitchen **7.00** The Hairy Bikers' Northern Exposure (AD) **8.00** Girl Meets Farm (AD) **9.00** Jamie Oliver: Together **10.00** Barefoot Contessa: back to Basics (AD) **11.00** The Great British Bake Off **12.30pm** Mary Berry's Foolproof Cooking **1.00** James Martin: Sweet **3.00** The Hairy Bikers' Northern Exposure (AD) **4.00** Jamie Oliver: Together **5.00** The Pioneer Woman **6.00** James Martin: Sweet **6.30** James Martin: Sweet (AD) **7.00** The Great British Bake Off: the remaining bakers explore alternative ingredients **8.30** Mary Berry's Foolproof Cooking: dishes perfect for families **9.00** Prue Leith's Cotswold Kitchen **10.00** Ravneet Gill's Chop House: double bill. Ravneet makes rum baba and seafood cocktails, then Mattie fires up the grill for burgers **11.00** Diners, Drive-Ins and Dives: four episodes **1.00am** Man v Food Nation **2.00—3.00am** Cake Boss

Food Network Freeview 43 Freely 39 Freesat 148 Sky 144 Virgin 168 +1 Freesat 154 Sky 244 Virgin 368

TLC 12

7.00am The Middle **8.30** Young Sheldon **10.00** The Big Bang Theory: eight episodes (AD) **2.00pm** The Middle: triple bill **3.30** Young Sheldon: three episodes of the sitcom **5.00** The Big Bang Theory: eight episodes (AD) **9.00** ***New.*** 90 Day Fiancé: Mallorie has a difficult conversation with her mum, while Marissa breaks down on her wedding day and Ashia worries that Rod will be a no-show **11.00** Dr Pimple Popper: Aimee has a mohawk of cysts on her head. Plus, Edith's face markings and skin condition turn out to be more than she expected **12 midnight** The Middle: triple bill **1.30am** Dr Pimple Popper **2.30** My 600lb Life **4.30** Say Yes to the Dress: UK **5.00—6.00am** Say Yes to the Dress

TLC F'view 12 Freely 17 F'sat 144 Sky 133 (134 Scot) Virgin 113 (128 Scot) +1 F'view 99 Freely 267 F'sat 150 Sky 233 (234 Scot) Virgin 313 (328 Scot/Wales)

That's TV 56

8.00am Upstairs, Downstairs **9.10** You Rang, M'Lord? **10.10** Bread **10.50** Steptoe and Son **11.25** Oh, Doctor Beeching! **12 noon** Rising Damp **12.35pm** Man about the House **1.05** Goodnight Sweetheart **1.40** When the Boat Comes In **2.45** Minder **3.50** Whatever Happened to the Likely Lads? **4.25** Man about the House **4.55** Bread **5.30** Birds of a Feather **6.10** Rising Damp **6.40** Steptoe and Son **7.15** Whatever Happened to the Likely Lads? **7.55** Minder: Ian McShane, Brian Blessed and Ray Winstone guest-star **9.00** Benidorm **9.55** Shameless **10.55** Man about the House **11.30** Goodnight Sweetheart **12.05am** Benidorm **1.05** Minder **2.05** Some Mothers Do 'Ave 'Em **2.40** Man about the House **3.05** The Kenny Everett Video Show **3.25** That's 60s: Best Music Live! **4.00** Nearest and Dearest **4.50—6.00am** Trains at War

That's TV Freeview 56 Freely 42



Bowler *9.00pm* ***Rewind TV***
Moving up in society

PBS America 84

8.00am Grand Tours of the Scottish Islands **8.40** The Cure for Hate: Bearing Witness to Auschwitz **9.55** ***New.*** The Nazis' Cut and Run **11.10** Bombshell **1.00pm** Grand Tours of the Scottish Islands **1.40** The Cure for Hate: Bearing Witness to Auschwitz **2.55** The Nazis' Cut and Run **4.05** Bombshell **5.55** Grand Tours of the Scottish Islands

6.35pm The Cure for Hate: Bearing Witness to Auschwitz The Holocaust denier behind anti-hate activist group Life after Hate.

7.45 The Nazis' Cut and Run How and why the Church played a key role in the Nazis' escape.

9.00 The Real Truth *6/6.* Exploring desire, pleasure and connection.

10.00 Bombshell How the US government manipulated public opinion on the atomic bomb.

12 midnight The Nazis' Cut and Run **1.10—2.00am** Grand Tours 1of the Scottish Islands

PBS America F'view 84 (1pm-12 midnight only) Freely 49 Freesat 155 Sky 173 Virgin 187

U&Eden 57

9.00am Find It, Fix It, Flog It **5.00pm** The Two Ronnies: four back-to-back episodes. Barker and Corbett present more classic comedy sketches, with a song from Tina Charles **5.55** Vintage comedy sketches including Send in the Clones **7.05** With Barbara Dickson and Debbie Arnold **8.15** Vintage comedy, including a party sketch **9.15** The Two Ronnies **1.25—6.00am** Secrets of the Transport Museum: five editions

U&Eden Freeview (HD only) 57 Freely 142 F'sat 160 Sky 166 Virgin 176 +1 Sky 266 Virgin 376

Blaze 64

6.00am Dickinson's Real Deal **6.45** Pawn Stars **7.30** Storage Wars Canada **8.25** Storage Hunters **9.20** Container Wars **1.05pm** Pawn Stars **2.05** Storage Wars Canada **3.05** Ancient Aliens **5.00** Close Encounters Down Under **6.00** Junk and Disorderly **7.00** Dickinson's Real Deal **9.00** My Strange Arrest **10.00** What on Earth? **12 midnight** Paranormal Survivor **1.00am** as 5pm **2.00** The Killer Interview **3.00** as 6pm **3.45** Hardcore Pawn **5.00—6.00am** Dickinson's Real Deal

Blaze Freeview 64 Freely 41 Freesat 161 Sky 156 Virgin 174

Challenge 48

7.00am The Chase **9.00** Celebrity Chase (AD) **10.00** The Bidding Room **11.00** Celebrity Antiques Road Trip **12.15pm** Family Fortunes (AD) **1.00** Cash Trapped **2.00** Celebrity Bridge of Lies **3.00** The Chase **4.00** The Bidding Room **5.00** Tenable **6.00** Cash Trapped **7.00** Celebrity Chase **8.00** The Chase **10.00** Celebrity Chase (AD) **11.00** Bullseye **12 midnight** Celebrity Bridge of Lies **1.00am** The Chase **2.00** Celebrity Chase **3.00** The Chase **4.00—6.00am** Bullseye

Challenge Freeview 48 Freely 43 Freesat 142 Sky 130 (131 Scotland) Virgin 139

BBC Parliament 232

6.15am Northern Ireland Assembly **8.45** Scottish Parliament: General Questions **9.05** Scottish First Minister's Questions **9.35** Scottish Parliament **12.15pm** Welsh First Minister's Questions **1.15** Senedd Cymru: Welsh Parliament **5.45** Northern Ireland Assembly **8.15** Scottish Parliament **11.45** Senedd Cymru: Welsh Parliament **5.15am** Scottish Parliament: General Questions **5.45—6.00am** Scottish FMQs

BBC Parliament Freeview 232 Freely 302 Freesat 201 Sky 504 Virgin 605

Great Mystery 50

8.10am Mystery 101: Pilot **10.10** Mystery 101: Playing Dead **12 noon** Unforgettable **1.00pm** In Plain Sight **2.00** Castle **3.00** Diagnosis Murder **5.00** Murder, She Wrote: double bill **7.00pm Castle** A pop star known for her hedonistic lifestyle is murdered, and a shocking revelation comes to light during the investigation. **8.00 Unforgettable** As Carrie and Al investigate a murder in the Hamptons, the affluent residents close ranks. **9.00 Reef Break** When surfer Cat Chambers returns home, she finds herself entangled in a kidnapping. **10.00** Pirates hijack a yacht and steal a laptop containing information that could take down the governor. **11.00 In Plain Sight** A thief tries to give up crime for the sake of his son, and Marshall helps Mary search for the person who nearly killed her. **12 midnight** An Emma Fielding Mystery: Site Unseen **1.50am Killer Contractor** ★★ Nicely twisted TV thriller with a very dodgy builder. Alyshia Ochse (2019) **3.20—4.50am Her Son's Deadly Secret** ★★ Predictably plotted TV movie. Olivia d'Abo (2018, PG)

Great Mystery Freeview 50 Freely 48 Sky 320 Virgin 425 +1 Sky 321

Great Action 42

9.00am The Vietnam War **10.00** Railway Murders **11.00 Bomb at 10:10** ★★ Wartime adventure. George Montgomery (1967) **1.00pm** The High Chaparral **2.00** Burn Notice **4.00 Mistaken** ★★ A divorcee becomes embroiled in the life of the woman who stole her identity. Lana Parrilla (2008) **6.00pm The Unit** Jonas and the team continue their mission in Syria as they attempt to rescue Betsy Blane from her captors. **7.00 Burn Notice** A figure from Michael's past could reveal his cover during a crucial mission. **8.00** Michael goes on a mission with Sonia in Mexico. Strong hires mercenaries to capture James. **9.00 Punisher: War Zone** ★★ The Marvel Comics vigilante hero returns in this trashy, hard-edged thriller. Ray Stevenson, Dominic West (2008, 18) **11.10 The Unit** As 6pm. **12.10am** The Avengers **1.10** The Baron **2.10** The Persuaders! **3.10 Collision Course** ★★ Disaster movie. Tia Carrere (2012, 12) **4.45** Coast Guard Alaska **5.35—6.00am** Air Rescue

Great Action Freeview 42 *(limited)* Freely 33 Sky 318 Virgin 426 +1 Sky 319

Great Christmas 52

8.15am The Christmas Club ★★ Heart-warming romance. (2019, PG) **10.10 A Christmas Tail** ★★ Canine-friendly festive frolic. (2014, U) **12.05pm Christmas in the Highlands** ★★ Cheesy romance. Brooke Burfitt (2019, PG) **2.00 A Date by Christmas Eve** ★★ Fantasy comedy. Vanessa Lengies (2019, 12) **4.05 Christmas Wishes and Mistletoe Kisses** ★★ Predictable romance. Jill Wagner (2019, PG) **5.55pm Christmas in London** ★★ A Christmas house-swap leads to romance in this winter warmer. Laura Vandervoort, Rainbow Sun Francks (2020) **8.00 Snowed in for Christmas** ★★ A young au pair is unable to return home for the holidays when snow derails her plans. Kayla Wallace (2021) **10.00 Laughing All the Way** ★★ A comedian is placed in charge of a Christmas variety show. Paniz Zade (2023) **12 midnight Christmas Overtime** ★★ Romantic comedy. (2024) **2.00am A Kiss for Christmas** ★★ Romantic drama. (2021) **3.25—5.00am** As 2pm

Great Christmas Freeview 52 Freely 47 Sky 322 Virgin 424 +1 Freeview 63 *(limited 10pm-5am)* Sky 323

◄ FREEVIEW channels continued from overleaf

All programmes on the above channels are repeats unless otherwise stated

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Sky Premiere

Available only to subscribers

6.00am As 8pm **7.40 Do Not Enter** ★★ Mediocre horror. Jake Manley (2026, 15) **9.15 The Moment** ★★★ Amusing mockumentary. **Review p26.** Charli XCX (2026, 15) **11.05** As 5.40pm **1.25pm Barrons Cove** ★★★ Intense revenge thriller. Garrett Hedlund (2024) **3.25 The Fix** ★★ Hokey rescue yarn. Liam Neeson (2026) **5.40pm Better Man** ★★★★ Likeable musical biopic of Robbie Williams in which the singer is played by a CG chimp. (2024) **8.00 One Last Shot** ★★ Punchy, fast-paced hostage thriller with action-man Scott Adkins returning as Navy SEAL Jake Harris. (2026) **9.45 28 Years Later: The Bone Temple** ★★★★ Contemplative, beautifully acted but no less grim horror sequel. Ralph Fiennes (2026, 18) **11.40 The Crow** ★★★ A doomed romance results in violence in this retelling of James O'Barr's cult comic-book series. Bill Skarsgård (2024, 18) **1.40am The History of Sound** ★★★★ Moving period romantic drama. Paul Mescal, Josh O'Connor (2025, 15) **3.50—6.00am** As 1.25pm

Sky Premiere Sky 301 Virgin 401 EE 501/HD 515

Legend 41

8.00am Walker, Texas Ranger **9.00** The Dukes of Hazzard **10.00** Babylon 5 **11.00 Polar Storm** ★ TV-movie sci-fi. Jack Coleman (2009, PG) **1.00pm Torture Garden** ★★★ Imaginative horror. Jack Palance (1967, 12) **3.00 The People That Time Forgot** ★★ Watchable sequel to *The Land That Time Forgot*. Patrick Wayne (1977, U) **5.00** Star Trek **6.00pm The Dukes of Hazzard** Bo and Luke find themselves involved in a counterfeit money scam. **7.00 Babylon 5** Garibaldi is captured and Sheridan is tortured. **8.00 Walker, Texas Ranger** A senator threatens to disband the Rangers because of budget cutbacks. **9.00 Scarface** ★★★★ Scorching update of the 1932 gangster film, with Al Pacino as the Cuban refugee who becomes a cocaine-smuggling kingpin. **Review, right.** (1983, 18) **12.25am Carlito's Way** ★★★★ Visually audacious 1970s-set crime drama. Al Pacino, Sean Penn (1993, 18) **3.10—5.00am The Last Son** ★★★ Tough western. Sam Worthington (2021, 15)

Legend Freeview 41 Freely 38 Freesat 137 Sky 148 Virgin 149

Legend Xtra 69

9.00am Arctic Apocalypse ★★ Confusing, low-budget disaster movie. (2019, PG) **11.00** The Lost World **12 noon A Study in Terror** ★★★ Inventive mystery. (1965, 15) **2.00pm Troy: the Odyssey** ★ Cheap and clunky retelling of Homer's epic saga. (2017, 15) **4.00** Walker, Texas Ranger **5.00 Alien Convergence** ★ Trashy sci-fi. (2017, 15) **7.00pm The Lost World** Challenger, Veronica, Malone and Marguerite run into a group of Vantu head-hunters and become trapped in a cave. **8.00 The A-Team** General Stockwell blackmails the gang by kidnapping Hannibal and threatening to hurt him. **9.00 Wanted** ★★★ High-octane action adventure in which an office drone discovers his father was a super-skilled hitman. James McAvoy (2008, 18) **10.50 Best of the Best** ★★ The US karate team take on the Koreans in this formulaic "against the odds" martial arts drama. Eric Roberts (1989, 15) **1.00am** As 9pm **3.00** As 5pm **5.00—6.00am** The Lost World

Legend Xtra Freeview 69 (HD only) Freely 51 Freesat 138 Sky 316 Virgin 171 +1 Freesat 139 Sky 317

Film4 14

11.00am The Nevadan ★★★ An undercover marshal tries to locate stolen gold in this entertaining western. **Review p67.** Randolph Scott (1950, U) (S) **12.40pm Broken Arrow** ★★★★ James Stewart stars as the army scout who falls for an Apache maiden in this hugely influential western. (1950, PG) (S) **2.30 Reap the Wild Wind** ★★★ Maritime adventure with some spectacular sequences, starring John Wayne as a sea captain. **Review, right.** Ray Milland (1942, PG) (S) **5.00 The Incredible Shrinking Man** ★★★★★ This superlative sci-fi thriller about a man exposed to radiation has lost none of its irony, shock and power. **Review, right.** Grant Williams (1957, PG) (S) **6.40pm The Kid Who Would Be King** ★★★ A bullied schoolboy embarks on an Arthurian adventure in this upbeat fantasy. Louis Ashbourne Serkis, Rebecca Ferguson (2018, PG) (S) (AD) **9.00 Nobody** ★★★★ Slick *John Wick*-style thriller in which family man Bob Odenkirk goes on the rampage. Connie Nielsen (2021, 15) (S) (AD) **10.50 The Menu** ★★★ Well-to-do foodies attending a gourmet restaurant on a private island are in for a big surprise in this deliciously sinister black comedy. Anya Taylor-Joy (2022, 15) (S) (AD) **12.55—3.40am Knives Out** ★★★★ Bold whodunnit following "gentleman detective" Benoit Blanc on a murder case. Daniel Craig (2019, 12) (S) (AD)

Film4 Freeview 14 Freely 14 Freesat 300 Sky 313 Virgin 428 +1 Freeview 47 Freely 257 Freesat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Sherlock Holmes TV mystery. (S) **6.30 Front Line Kids** ★★ Slight but cheerful comedy. (1942, U) (S) **8.05 The Limping Man** ★★ Implausible British murder mystery. (1953, PG) (S) **9.35 Jack London** ★★ Tepid biopic of the globe-trotting, hard-drinking author of *The Call of the Wild*. Michael O'Shea (1943) (S) **11.20 Her Favourite Husband** ★★ Entertaining British-Italian farce that sees Robert Beatty's henpecked bank clerk embroiled in a robbery. (1950, U) (S) **1.05pm The Edgar Wallace Mystery Theatre** TV crime drama. (S) **2.15 The Adventures of Robin Hood** TV drama. (S) **2.45 Peter Lorre: behind the Mask** Documentary profile of the iconic actor. (S) **3.50 Scotland Yard** TV crime drama. **4.30 The Cheaters** TV drama. (S) **5.00 A Family at War** TV drama. (S) **6.00pm Rooms** Two recently separated strangers check into a boarding house and discover they have similar problems. (S) **7.00 Z Cars** Lynch and Graham are called to a bingo hall after a five-week-old baby is stolen. (S) **8.00 Public Eye** Frank investigates when the creator of a new rose discovers his bushes are missing. (S) **9.05 The Beast Must Die** ★★ Ever-reliable Peter Cushing is among the party guests who might be a werewolf in this gimmicky mystery horror. **Review, right.** Calvin Lockhart, Charles Gray, Michael Gambon (1974, 15) (S) **11.00 Sherlock Holmes: the Last Vampyre** Feature-length drama starring Jeremy Brett. The super-sleuth tries to explain a number of mysterious deaths in a village. (S) **1.05am Angel** ★★ Seedy, blackly comic crime thriller about a teen sex worker in LA. (1984, 18) (S) **3.00 Blind Spot** ★★ Stolid British crime yarn. (1958, U) (S) **4.30 The Vise** TV drama. (S) **5.00—6.00am The Man from UNCLE** TV epsionage drama. (S)

Talking Pictures TV Freeview 82 Freely 36 Freesat 306 Sky 324 Virgin 445

FILM REVIEWS



FILM OF THE DAY

P The Substance ★★★★

10.00pm-12.15am ***BBC Two*** 18

HORROR This ingenious, outlandish satire sees a precariously balanced co-dependence spin out of control. Demi Moore plays an actor who has just turned 50 and fallen out of favour. In an extreme bid for youthful lustre, she signs up to a mysterious programme that spews out a younger version of herself, played by Margaret Qualley. The two women must share a life — but things quickly become competitive. Courageously performed, this is bold, bloody film-making delivered with ample chutzpah. **EMMA SIMMONDS** (UK/US 2024, violence, swearing, sexual references, nudity, HD)

The Last Sunset ★★★

11.30am-1.50pm

5 Action 12

WESTERN This Freud-on-the-range saga features themes not usually found in westerns such as incest and suicide. Robert Aldrich directs with a heavy hand, but it features a magnificent cast, led by Rock Hudson and Kirk Douglas. The brunt of the movie, however, is borne by Carol Lynley, who is excellent as a young woman raised on a savage frontier. **TONY SLOMAN** (US 1961, may be edited for content, HD)

Reap the Wild Wind ★★★

2.30-5.00pm

Film4 PG

ADVENTURE Director Cecil B DeMille's lurid melodrama sees ship's captain John Wayne and shipping owner Ray Milland in competition over southern belle Paulette Goddard after Wayne's command founders on a Florida reef. The maritime action gets watery after a spectacular start, but there's a memorable climax with a giant squid. **TS** (US 1942, HD)

The Incredible Shrinking Man ★★★★★

5.00-6.40pm ***Film4*** PG

SCI-FI THRILLER A must-see classic, this is directed by the master of 1950s science fiction, Jack Arnold, and derived from the novel by Richard Matheson (*I Am Legend*). Grant Williams slowly shrinks after passing through a radioactive cloud and, on the way down, sees his marriage disintegrate and is terrorised by the pet cat and a basement spider. It's a chiller that still retains its irony, shock and power. **ALAN JONES** (US 1957, BW, HD)

Shrek ★★★★

7.35-9.00pm ***BBC Three*** U

COMEDY In the fun first outing in DreamWorks's fairy tale-baiting animated franchise, an ugly, antisocial green ogre (Mike Myers) is tasked with rescuing a princess (Cameron Diaz). The visuals look a bit dated now, but kids will still love it, and adults will enjoy the Disney-mocking. **ANDREW COLLINS** (US 2001, HD)

Den of Thieves ★★★

9.00-11.50pm ***5 Action*** 15

CRIME THRILLER In Los Angeles, the bank-robbery capital of the world, thieves plan a daring heist while a detective keeps them under surveillance. It's a familiar tale, not least for fans of Michael Mann's *Heat*, and if Gerard Butler and Pablo Schreiber don't bring the gravitas of Pacino and De Niro, they both contribute strongly to the cat-and-mouse tension. **TREVOR JOHNSTON** (US 2018, violence, swearing, HD)

Scarface ★★★★

9.00pm-12.25am

Legend 18

CRIME DRAMA Brian De Palma's scorching update of the 1932 gangster classic follows the rise and fall of a Cuban refugee turned cocaine-smuggling kingpin. Al Pacino plays the ruthless criminal pursuing his own American Dream, with top support from Michelle Pfeiffer, Steven Bauer and Mary Elizabeth Mastrantonio. **AJ** (US 1983, violence, swearing, drug abuse, sex scenes, nudity)

The Beast Must Die ★★

9.05-10.55pm

Talking Pictures TV 15

HORROR In a clumsily contrived variation on the old dark house whodunnit, one of the guests at a hunting lodge is not only a murderer but a werewolf to boot. Even with the lame "werewolf break" gimmick (the film suddenly stops for viewers to guess the lycanthrope's identity), it all boils down to the same horror clichés. **AJ** (UK 1974, violence)

Bohemian Rhapsody ★★★

9.30pm-12 midnight

Sky Mix 12

DRAMA The success of this story of rock royalty Queen is down to Rami Malek's Oscar-winning turn as Freddie Mercury, the former airport baggage handler who fronted one of the world's biggest bands. The film plays down the sex and drugs in favour of the rock 'n' roll, and comes into its own when re-creating Queen's electrifying live shows. **JAMIE HEALY** (US/UK 2018, swearing, discriminatory language, HD)

Legally Blonde ★★★★

10.00-11.30pm

BBC Three 12

See review, p37.
(US 2001, swearing, HD)

The Wicker Man ★★★★

12.15-1.45am

BBC Two 15

HORROR In Robin Hardy's classic chiller, devout Christian policeman Edward Woodward finds his beliefs tested to the limit when he investigates the disappearance of a girl on the pagan shores of Summerisle. A mix of horror, eroticism and religion, it's a thoughtful, challenging and provocative experience. Christopher Lee, who plays the lord of the island, thought it was the finest film he'd ever made. **AC** (UK 1973, violence, swearing, nudity, HD)

◄ FILMS TO STREAM from p22

P Premiere ★ Poor ★★ Could be worse ★★★ Worth watching ★★★★ Very good ★★★★★ Outstanding Star Ratings ★★★★★

U – suitable for all; **PG** Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; **12, 15, 18** – for viewers of these ages and over. For more guidance, visit bbfc.co.uk

FRIDAY SATELLITE, CABLE & SPORT

Sky One



The Walking Dead: Dead City *9.00pm* Maggie reacts

6.00am Mornings **8.00** Stargate SG-1 **10.00** NCIS: Los Angeles **11.00** The Simpsons **12 noon** Planet Shark (AD) **1.00pm** Hawaii Five-0 **3.00** S.W.A.T. (AD) **5.00** The F1 Show

6.00pm Superstore *12/22 Series 3* Amy does not feel ready to start dating again after her divorce. **6.30** *13/22.* Jonah tries to help Amy secure a hot new video game.

7.00 The Simpsons Same-sex marriage is legalised in Springfield. **7.30** Lisa takes out a restraining order against Bart.

8.00 Shark with Steve Backshall The naturalist celebrates the diversity of sharks, exploring the variety in the Atlantic and the Bahamas. (AD)

9.00 ***New.*** **The Walking Dead: Dead City** *3/8 Series 3.* Maggie and Negan's new community receives an unexpected influx of survivors. (AD)

10.00 Bill & Ted's Excellent Adventure ★★★★
Comedy with Keanu Reeves and Alex Winter. California teenagers Bill and Ted are eager to succeed in a history exam, when a representative from the future arrives to assist their studies by enabling them to travel back in time.

11.45 Josh Widdicombe: Bit Much… The comedian's stand-up show at the London Palladium.

1.00am Grimm **2.00** Evil: Sister Andrea joins the team **3.00** Hawaii Five-0 **4.00—6.00am** S.W.A.T. (AD)

Sky One Sky 106 Virgin 109 EE 346/HD 361

Sky Atlantic



War *9.00pm* Tech billionaire Morgan Henderson

6.00am Urban Secrets **8.00** Billions (AD) **10.15** Deadwood **12.25pm** Gomorrah **1.30** Homicide: Life on the Street **3.30** Billions: double bill (AD)

5.45pm Station Eleven *1/10* Two people meet by chance and soon face an important decision. **6.45** *2/10.* Kirsten and her Shakespearean troupe the Travelling Symphony meet a mysterious man.

7.45 The Gilded Age *8/8 Series 3* Despite objections from Mrs Astor, Bertha finalises the guest list for the ball and finally faces the fall-out from her actions. Dr Kirkland makes a decision about his future. (AD)

9.00 War *1/8.* Legal drama starring Dominic West. Two law firms face off in a divorce case between a tech billionaire and his film star wife. **See page 90.** (AD)

10.05 Under Salt Marsh *1/6* A teacher who was a detective makes a shocking discovery that reopens the wounds of a cold case. (AD)

11.10 Euphoria *3/8 Series 3.* Jules learns she can fund her dreams by going on dates with rich men, while Rue is sent on a special mission with Bishop. (AD)
12.20am *4/8.* Rue is offered a risky deal that draws her deeper into Alamo's world. (AD)

1.30 Station Eleven: double bill **3.30** Gomorrah **4.35** Sort Of (AD) **5.05—6.00am** Fish Town

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 Virgin 111 +1 Sky 208 (209 Wales)

Sky Comedy



Paul Chowdhry: Family Friendly Comedian *9.00pm*

8.00am Will & Grace (AD) **9.00** Sort Of (AD) **10.00** I Love LA (AD) **11.20** Will & Grace (AD) **12.20pm** Hacks (AD) **1.40** I Love LA (AD) **3.00** Will & Grace (AD) **4.00** Breeders (AD) **5.00** Community

6.00pm Will & Grace *11/18 Series 11* Grace and James give their relationship one more shot. (AD) **6.30** *12/18.* Karen introduces Will and Grace to her new love. (AD)

7.00 The Office US *26/26 Series 7* The search committee continues its search for the next boss. **7.30** *1/24 Series 8.* Robert California becomes Dunder Mifflin Sabre's CEO.

8.00 Resident Alien *5/10 Series 1* A surprise visitor gives Harry an introduction to the concept of marriage, a human institution with which he is not exactly familiar. (AD)

9.00 Paul Chowdhry: Family Friendly Comedian Paul Chowdhry performs stand-up at London's Bloomsbury Theatre.

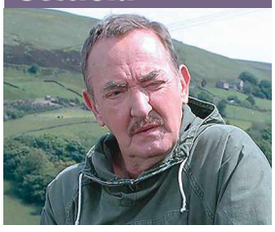
10.15 The Baby *7/8.* Mrs Eaves sets off in pursuit of Jack. (AD) **10.45** *8/8.* Natasha decides to give the baby exactly what he is after. (AD)

11.20 Hacks *9/9 Series 3.* Ava receives a dream offer. (AD) **12 midnight** *1/10 Series 4.* Deborah toils to get Ava removed. (AD)

12.35am Resident Alien (AD) **1.35** Breeders: double bill (AD) **2.35** Hitmen (AD) **3.05** Community: double bill **4.05—5.00am** Sort Of (AD)

Sky Comedy Sky 113 (114 Wales) Virgin 112 EE 347/HD 362

U&Gold



Last of the Summer Wine *5.50pm* Billy promises a BBQ

7.15am The Green Green Grass **7.55** dinnerladies (AD) **8.35** The Good Life (AD) **9.10** Still Open All Hours **9.50** The Green Green Grass **10.30** Are You Being Served? **11.05** Last of the Summer Wine **12.25pm** The Good Life (AD) **1.00** Still Open All Hours **1.40** The Vicar of Dibley (AD) **2.35** Dad's Army **3.15** The Green Green Grass **3.55** Are You Being Served? **4.35** The Good Life (AD) **5.10** Dad's Army **5.50** Last of the Summer Wine

7.05pm The Vicar of Dibley Alice and Hugo's baby is christened amid chaos, and David asks Geraldine to marry him. (AD) **8.00** A summer water shortage presents problems for the locals. (AD)

8.55 dinnerladies The girls celebrate at their work party, but Bren's mother turns up. (AD)

9.35 The Royle Family The television is the cause of yet more tension, as Barbara and Jim argue over *Changing Rooms.* (AD)

10.15 The Fast Show Rapid-fire comedy show, in which the Alcoholic Family has breakfast. (AD)

10.55 Mrs Brown's Boys Agnes fears her family is planning to send her to a nursing home.

11.35 The Vicar of Dibley As 8pm.

12.30am dinnerladies (AD) **1.10** The Royle Family (AD) **1.50** The Fast Show (AD) **2.30** Mrs Brown's Boys **3.05—4.00am** Billy Connolly Does… (AD)

U&Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

U&Alibi



Annika *10.00pm* A tough day in a new job for the DI

7.10am Murdoch Mysteries **9.00** Father Brown (AD) **10.00** The Coroner (AD) **11.00** The Doctor Blake Mysteries **12 noon** Miss Fisher's Murder Mysteries **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** The Doctor Blake Mysteries

5.00pm Miss Fisher's Murder Mysteries *6/13 Series 1.* An actor dies during a production of a Gilbert and Sullivan operetta.

6.00pm The Coroner *5/10 Series 1.* A man dies after finding gold.

7.00 Private Eyes *8/8 Series 5* A simpler robbery at a drag club snowballs into something complex.

8.00 Death in Paradise *6/8 Series 12.* The team investigates a water taxi driver's murder as Neville gets an anonymous letter warning of an impending murder. (AD)

9.00 Shakespeare and Hathaway: Private Investigators *2/10 Series 6.* Frank and Lu are hypnotised into believing they've swapped bodies. (AD)

10.00 Annika *1/6 Series 1.* On her first day in a new job, DI Annika Strandhed is faced with the murder of a man found in the river with a harpoon in his head. (AD)

11.05 Private Eyes As 7pm.

12 midnight Father Brown (AD) **1.00am** Death in Paradise (AD) **2.00—4.00am** Murdoch Mysteries

U&Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 314

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek: the Next Generation **1.00pm** Stargate Universe (AD) **1.50 FILM** Alien Apocalypse ★★ Sci-fi adventure starring Bruce Campbell (AD) **3.30** Fantasy Island (AD) **4.20** Stargate SG-1 **5.10** Star Trek: the Next Generation

6.00pm Star Trek: Deep Space Nine *9/20 Series 1.* An alien criminal hides his consciousness within a crew member's brain.

7.00 Stargate Universe *7/20 Series 1.* Scientists on Earth propose a way to bring the crew home. (AD)

8.00 Stargate SG-1 *2/20 Series 10* Adria's promotion to leader of the Ori sends shockwaves through the Gate Room, leading to an off-world mission in search of the Sangraal.

9.00 Voyagers ★★
Sci-fi thriller starring Tye Sheridan and Lily-Rose Depp. In the year 2063, a group of young people are sent on a decades-long mission to colonise a distant planet.

11.00 The Walking Dead *5/22 Series 10.* Supplies go missing from Hilltop, and Ezekiel holds a secret.

12 midnight FILM Alien Apocalypse ★★ (AD) **1.40am** Fantasy Island (AD) **2.30** The Walking Dead **3.20** Reginald the Vampire (AD) **4.10—5.00am** Most Haunted

Sky Sci-Fi Sky 145 Virgin 140 EE 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Sun, Sea and A&E **7.00** Border Patrol (AD) **8.00** Border Security: Canada's Front Line **9.00** Brit Cops: Law & Disorder (AD) **10.00** Caught on Dashcam **11.00** Police 24/7 **12 noon** FBI (AD) **2.00pm** The Rookie **3.00** Blue Bloods (AD)

4.00pm Nothing to Declare Eight editions of the fly-on-the-wall series following the work of Customs and Border Patrol officers in some of Australia's biggest airports.

8.00 Chicago Med *15/21 Series 11* Archer faces up to his own mortality while working on a complex case, a patient's quirks surprise Charles and Theo, and a fatal diagnosis is tough to digest for one of the doctors.

9.00 Chicago Fire *15/21 Series 14* A car crash puzzles Kidd and Vasquez, while Herrmann gets his chance in the spotlight, and Violet and Novak deal with a moral dilemma.

10.00 Chicago PD *15/21 Series 13* Ruzek grows suspicious when a DEA agent contacts him for details surrounding a missing informant.

11.00 The Rookie *17/18 Series 7* Skip tracer Randy's new love interest is kidnapped. (AD)

12 midnight FBI: double bill (AD) **2.00am** FBI: International (AD) **3.00** Road Wars (AD) **4.00** Motorway Patrol: double bill **5.00—6.00am** Brit Cops: Law & Disorder (AD)

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Crime

6.00am Stop, Search, Seize **7.00** The Force **8.00** Send in the Dogs **9.00** Road Wars **10.00** Brit Cops **11.00** Caught on Dashcam **12 noon** Killer in My Village **1.00pm** Britain's Most Evil Killers **2.00** Forensics (AD) **3.00** Ireland's Most Evil Killers (AD) **4.00** Murdered at First Sight (AD) **5.00** World's Most Evil Killers **6.00** Killing Mum and Dad (AD) **7.00** Britain's Most Evil Killers **8.00** Forensics (AD) **9.00** Crime Scene Raw **10.00** How I Caught the Killer **11.00** Britain's Most Evil Killers **12 midnight** Killer in My Village **1.00am** How I Caught the Killer (AD) **2.00** The Real Manhunter (AD) **3.00** The Force **4.00** Brit Cops (AD) **5.00—6.00am** Motorway Patrol

Sky Crime Sky 121 (122 Scotland) Virgin 122 EE 349/HD 364 +1 Sky 221 (222 Scotland) Virgin 322

Crime+Investigation

6.00am The First 48 **7.00** Homicide Hunter **9.00** Homicide Squad: New Orleans **10.00** My Strange Arrest **10.30** Court Cam **11.00** Laura Whitmore on Britain's Killer Teens **2.00pm** Accident, Suicide or Murder? **6.00** Homicide Hunter **7.00** The First 48 **8.00** Accident, Suicide or Murder?: a socialite dies after falling down a staircase **9.00** ***New.*** Court Cam: a look at some of the wildest moments to take place in courtrooms **10.00** Squatters **11.00** Predator Hunters **12 midnight** Britain's Darkest Taboos **1.00am** The Real Murders of Los Angeles **2.00** On the Case with Paula Zahn **3.00—6.00am** Accident, Suicide or Murder?

Crime+Investigation Sky 139 (140 Scot) Virgin 133 +1 Sky 256 Virgin 333

Comedy Central

8.00am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina the Teenage Witch **1.00pm** Friends (AD)

6.00pm Friends: six episodes (AD) **9.00** Michael McIntyre's Big Show **10.00** Mr Bean: double bill. The bungling buffoon has trouble sleeping, then takes to hairdressing **11.00** Whose Line Is It Anyway? USA: with star guest Andrea Navedo **11.30** South Park

12 midnight Iain Stirling's Roast the Internet (AD) **1.00am** Eight out of 10 Cats Uncut **2.40** Whose Line Is It Anyway? USA **3.05** Michael McIntyre's Big Show **3.50** ***New.*** The Daily Show **4.15—5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Discovery Science

8.00am How the Universe Works **11.00** Alien Highway **1.00pm** Cooper's Treasure **3.00** How the Universe Works (AD) **6.00** How It's Made: double bill. Making oil lamps and chocolate mints **6.30** Making a replica of a human skeleton **7.00** The production of scuba lights and convertible sandals **7.30** Wood windows and woven cashmere **8.00** The production of gas barbecues and mattress pads **8.30** The manufacture of skateboards and braided pastries **9.00** The Dino Hunters: two episodes (AD) **11.00** Tesla's Death Ray: A Murder Declassified: double bill **1.00am** How the Universe Works (AD) **5.00—6.00am** Cooper's Treasure (AD)

Discovery Science Sky 167 Virgin 179 +1 Sky 267 Virgin 379

Discovery

6.00am Deadliest Catch **7.00** Tanked **9.00** America's Backyard Gold **11.00** Building off the Grid **1.00pm** Animal Cops Houston **3.00** How Do They Do It? **5.00** Undercover Billionaire

7.00pm Wheeler Dealers (AD) **8.00** Deadliest Catch **9.00** ***New.*** Expedition Unknown: Josh Gates bushwhacks through thick jungles and rappels into vast caves to find clues to a lost culture **10.30** Discovery Changed My Life: extraordinary individuals reveal how shows they watched on Discovery transformed their lives **11.00** Deadliest Catch: the crab fishing season begins

1.00am Expedition Unknown **3.00—5.00am** Alaska: Homestead Rescue

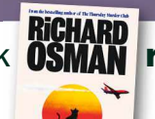
Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scotland) Virgin 377

Discovery History

7.00am Expedition Unknown **8.00** Combat Dealers **9.00** Blowing Up History **11.00** Salvage Hunters **1.00pm** How the Universe Works **2.00** Mysteries of the Missing **3.00** Expedition Unknown **4.00** Expedition X **5.00** Mysteries at the Museum **7.00** How the Universe Works **8.00** Expedition Unknown: Josh Gates tries to unearth the final resting places of Nefertiti and Cleopatra **9.00** Ancient Unexplained Files: a red skeleton found in an abandoned Maya city **10.00** How Do They Do It? **11.00** Combat Dealers **12 midnight** How the Universe Works **1.00am** Mysteries at the Museum **3.00** Expedition X **4.00—5.00am** Expedition Unknown

Discovery History Sky 161 (172 NI) Virgin 181 +1 Sky 261 (272 NI) Virgin 381

All programmes on the above channels are repeats unless otherwise stated

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Sky Documentaries



Tina *9.00pm* The Queen of Rock 'n' Roll's rise to fame

6.00am Urban Secrets **7.00** Discovering: Shirley MacLaine (AD) **8.00** The Directors (AD) **9.00** The Eighties (AD) **9.55** The Comedy Store (AD) **11.00** David Frost Vs... (AD) **12 noon FILM** Vernon, Florida ★★★ Errol Morris explores the titular small town. **Review p57 1.40pm** My Icon: Rachel Yankey (AD) **2.00** Villeneuve Pironi: Racing's Untold Tragedy **4.00** The Directors (AD) **5.00** Discovering: Shirley MacLaine (AD) **5.55** The Comedy Store (AD)

7.00pm Hitsville: the Making of Motown ★★★
Motown founder Berry Gordy and his old friend Smokey Robinson take us through six decades of archives and memories of the iconic record label.

9.00 Tina ★★★★
Exploring the life and music of Tina Turner, leading up to the comeback she made in the 1980s after divorcing husband Ike. (AD)

11.20 Kings from Queens: the Run DMC Story The story of the pioneering New York City hip-hop group, formed in Hollis, Queens in 1983 by Joseph "Run" Simmons, Darryl "DMC" McDaniels and Jason "Jam Master Jay" Mizell.

12.15am Kings from Queens: the Run DMC Story: double bill **2.10** Fatboy Slim: Right Here, Right Now **4.00** The Directors (AD) **5.00—6.00am** Discovering: Shirley MacLaine (AD)

Sky Documentaries Sky 114 (115 Wales) Virgin 121 EE 352/HD 367

Nat Geographic

8.00am Air Crash Investigation (AD) **10.00** Disaster Autopsy **11.00** Car SOS (AD) **12 noon** Inside Melbourne Airport (AD) **1.00pm** Air Crash Investigation **2.00** Hitler's Last Stand **3.00** Drain the Titanic: a Ship Reborn **4.00** Lost Treasures of Egypt (AD) **5.00** Ice Road Rescue **6.00** The Forever Walk: China **7.00** Air Crash Investigation: the Corporate Airlines 5966 crash in 2004 (AD) **8.00** Chilean Mine Rescue: Race against Time **11.00** Air Crash Investigation (AD) **12 midnight** Yukon Rescue **1.00am** Alaska: the Next Generation **2.00** Abandoned **2.30** Lords of War **3.20** Food Factory **4.10—5.00am** Trials of the Wild

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scotland) Virgin 383

Sky History

6.00am Forged with Steele **6.30** Pawn Stars **10.10** Storage Wars **12 noon** Secrets of Great British Castles **2.00pm** Pawn Stars: four episodes **6.00** American Pickers: Mike Wolfe puts his trusted mechanic Dave in the driver's seat **7.00** Forged in Fire: a five-hour forging round to make signature san mai blades **8.00** Britain's Most Historic Towns: Alice Roberts explores the UK's past through the stories of individual towns **9.00** WWII Battles in Colour: double bill **11.00** Contraband: Seized at Sea: two episodes **12.55am** Britain's Most Historic Towns **1.50** WWII Battles in Colour **3.40** American Pickers **4.25—6.00am** Storage Wars

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368

Sky Nature



Wildlife ER *8.00pm* An Australian water dragon

6.00am Africa's Wild Horizons **7.00** Monkey Life **8.00** Great Blue Wild **9.00** Hope for Wildlife (AD) **10.00** Extreme Africa **11.00** Mysteries of the Mekong **12 noon** World's Most Toxic Animals (AD) **1.00pm** Monkey Life **2.00** Great Blue Wild **3.00** Hope for Wildlife (AD) **4.00** Extreme Africa **5.00** Mysteries of the Mekong

6.00pm World's Most Toxic Animals Exploring more of Earth's dangerous creatures, from the tiny frog that's packed with poison in South America to the world's most venomous spider in Australia. (AD)

7.00 Monkey Life Documentary following daily life at Monkey World Ape Rescue Centre in Dorset.

8.00 Wildlife ER The work of staff at Currumbin Wildlife Hospital on Australia's Gold Coast.

9.00 Malawi Wildlife Rescue The team pull out all the stops to return an injured monkey to the wild, while Alma takes in a special orphan and an anti-social baboon joins the troop.

10.00 World's Most Toxic Animals As 6pm.

11.00 Mysteries of the Mekong The natural beauty of Thailand.

12 midnight Nomads of the Serengeti (AD) **1.00am** Africa's Wild Horizons **2.00** How the Wild Things Sleep **3.00** Malawi Wildlife Rescue **4.00** Great Blue Wild **5.00—6.00am** Hope for Wildlife (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 135 EE 354/HD 369

Nat Geo Wild

8.00am America's Mighty Northwest **9.00** Secrets of the Zoo **10.00** Close Encounters of the Wild Kind **11.00** Africa's Deadliest **12 noon** The Incredible Dr Pol **1.00pm** World's Greatest Train Journeys from Above (AD) **2.00** Super Squirrel **3.00** The World's Most Famous Tiger **4.00** Secrets of the Zoo **5.00** Yukon Vet: two episodes **7.00** Secrets of the Zoo: North Carolina **8.00** Mara: Rebirth **9.00** Mara: Rebirth: the rainy season begins, causing a rise in river levels **10.00** When Sharks Attack **11.00** Northwoods Survival **12 midnight** Savage Kingdom **1.00am** Snakes in the City **2.00** The Incredible Dr Pol **3.00** Yukon Vet **4.00—5.00am** Life below Zero: First Alaskans

Nat Geo Wild Sky 165 Virgin 182

Animal Planet

8.00am My Cat from Hell (AD) **9.00** River of No Return **10.00** Tanked **11.00** Animal Cops Phoenix (AD) **1.00pm** Crikey! It's the Irwins **2.00** Pit Bulls and Parolees **3.00** The Zoo: San Diego **5.00** Lone Star Law **6.00** Dr Jeff: Rocky Mountain Vet **7.00** Treehouse Masters **8.00** River of No Return: father and son jetboat captains take on Deadman's Rapids **9.00** Alaska: the Last Frontier: Otto and August radio Eivin for rescue **10.00** Alaskan Bush People **11.00** In Search of Monsters **12 midnight** Crikey! It's the Irwins **1.00am** Richard E Grant's Seven Deadly Sins **2.00** Treehouse Masters **3.00—5.00am** Animal Cops Phoenix (AD)

Animal Planet Sky 162 (175 NI) Virgin 178 +1 Sky 262 (275 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 501 EE 419/HD 439

5.15am LIVE Bahrain Grand Prix The first practice session at Sepang International Circuit in Malaysia.
7.00 Sky Sports Breakfast
9.00 LIVE Bahrain Grand Prix The second practice session.
10.15 The F1 Show **11.15** Sky Sports FC
12 noon LIVE European Tour Golf Day two of the Alfred Dunhill Links Championship, the pro-am tournament in Fife and Angus.
5.00pm LIVE PGA Tour Golf The featured groups on day two of the Bank of Utah Championship from Black Desert Resort in Utah.
7.00 LIVE Darts The quarter-final matches on day five of the World Grand Prix at Leicester Arena.
11.00 LIVE PGA Tour Golf Day two of the Bank of Utah Championship from Black Desert Resort in Utah.
1.00am LIVE LPGA Tour Golf Day two of the Lotte Championship from Hoakalei Country Club in Hawaii.
4.00—5.15am Sky Sports News

Sky Football

Sky 403 Virgin 503 EE 421/HD 441

6.00am Classic League Cup Final (AD) **8.45** EFL Greatest Games **9.00** SPFL Greatest Games **9.30** EFL Greatest Games (AD) **10.00** Championship Season Review (AD) **11.00** SPFL Greatest Games **11.30** EFL Greatest Games (AD) **12 noon** League Cup Highlights **12.30pm** Women's Super League Football **1.30** Scottish Football Round-Up **1.45** Championship Highlights **4.15** Best Moments from the League One and Two Play-Off Finals (AD) **4.45** Scottish Football Round-Up **5.00** League One Goals **5.30** League Two Goals **6.00** League Cup Highlights **6.30** Women's Super League Football **7.30** Scottish Football Round-Up **7.45** Championship Highlights **10.15** Scottish Football Round-Up **10.30** Best Moments from the League One and Two Play-Off Finals (AD) **11.00** League One Goals **11.30** League Two Goals **12 midnight** Classic Play-Off Finals **3.00am** Scottish Premiership Highlights **3.30** EFL Greatest Games (AD) **4.00** League Cup Highlights **5.00** League Cup Best Goals **5.30—6.00am** EFL Trophy Football

Sky Sports +

Sky 404 Virgin 504 EE 427/HD 447

6.00am LIVE Tennis Continued coverage from the WTA and/or ATP Tours, including the ATP Japan Open, ATP China Open and WTA China Open.
12 noon Day three of the WTA China Open and ATP China Open from National Tennis Centre in Beijing.
4.00pm LIVE PGA Tour Golf The featured groups on day two of the Bank of Utah Championship.
7.00 LIVE Darts The quarter-final matches on day five of the World Grand Prix at Leicester Arena.
11.00 Sky Sports News **12 midnight** Super League (AD) **2.45am** My Icon: Ebony Rainford-Brent (AD)
3.00 LIVE ATP Tennis Coverage of day four of the Japan Open in Tokyo.
4.00—6.00am LIVE Tennis Action from the WTA and/or ATP Tours.

Sky Golf

Sky 406 Virgin 506 EE 423/HD 443

6.00am European Tour Golf **7.00** PGA Tour Golf **11.00** Scotland's Greatest Golf Holes **11.30** Challenge Tour Golf Highlights **12 noon LIVE European Tour Golf** Day two of the Alfred Dunhill Links Championship pro-am tournament.
5.00pm LIVE PGA Tour Golf Day two of the Bank of Utah Championship.
1.00am LIVE LPGA Tour Golf Day two of the Lotte Championship.
4.00 European Tour Golf Highlights
5.00—6.00am Playing Lessons (AD)



Prem Rugby Union *7.00pm* ***TNT Sports 1*** Kepu Tuipulotu and Bath face Exeter Chiefs

Sky Premier League

Sky 402 Virgin 502 EE 420/HD 440

6.00am Greatest Games (AD) **7.00** Best Goals (AD) **8.00** Legends (AD) **8.30** Premier League 100: David James **9.00** Review **10.00** Sky Sports FC **12 noon** Highlights **4.30pm** Netbusters **5.00** Premier League Show **7.00** Stories **7.30** Big Interview **8.00** Review **9.00** Soccerbox **10.00** Netbusters **10.30** Big Interview **11.00** Years **1.00am** Retro **3.00** Greatest Games (AD) **4.00** Best Goals (AD) **5.00** Legends (AD) **5.30—6.00am** Premier League 100: Dion Dublin

Sky Cricket

Sky 405 Virgin 505 EE 422/HD 442

6.00am International One-Day Cricket Highlights **9.00** International T20 Cricket Highlights (AD) **10.00** Test Cricket (AD) **3.00pm** International One-Day Cricket Highlights **6.00** Test Cricket Highlights (AD) **11.00** Big Bash League Highlights **1.00am** International T20 Cricket **5.30—6.00am** The Hundred Bitesize (AD)

Sky NFL

Sky 412 Virgin 510 EE 426/HD 446

6.00am Highlights **10.00** Bitesize **11.00** Highlights **12 noon** Gameday **12.45pm** Bitesize **1.00** Good Morning Football **3.00** Bitesize **4.00** Highlights **6.00** Pro-Football Talk **8.00** Highlights **10.00** Fantasy **11.00** Chris Simms Unbuttoned **12 midnight** Insiders **1.00am** Highlights **5.00** Gameday **5.45—6.00am** Bitesize

Sky F1

Sky 407 Virgin 507 EE 424/HD 444

5.00—7.00am LIVE Bahrain Grand Prix The first practice session.
8.45—10.15 LIVE Bahrain Grand Prix The second practice session.

Sky Tennis

Sky 408 Virgin 508 EE 425/HD 445

6.00am—4.00pm LIVE Tennis Continued coverage from the latest WTA and/or ATP Tour events;
12 noon Day three of the WTA China Open and ATP China Open in Beijing.
3.00am LIVE ATP Tennis Day four of the Japan Open at Ariake Coliseum.
4.00—6.00 LIVE Tennis Action from the WTA and/or ATP Tours.

Sky Sports Mix

Sky 416 Virgin 511 EE 429/HD 449

2.00—6.00am LIVE MMA One Fight Night 48 from Bangkok.

Premier Sports 1

Sky 419 Virgin 528

7.40—9.45pm LIVE United Rugby Championship Coverage of Benetton v Connacht (kick-off **7.45**).

TNT Sports 1

Sky 410 Virgin 521 EE 408/HD 430

6.00am The Gruppetto **6.15** Prem Rugby Union: the Wrap Up **6.30** Champions League Magazine
7.00 LIVE Snooker The first session of the Shenzhen Open quarter-finals.
10.00 Premier League: the Big Interview **10.30** Premier League Stories **11.30** The Football Archives: Champions League **12 noon** SailGP: Racing on the Edge
12.30pm LIVE Snooker The Shenzhen Open quarter-finals.
3.30 MotoGP Highlights
4.00 LIVE Mountain Biking Women's cross-country elite race in New York; **5.30** The men's cross-country race.
6.30 It's a Numbers Game
7.00 LIVE Prem Rugby Union Bath v Exeter Chiefs (kick-off **7.45**).
10.00 Lewis Moody vs MND (AD) **11.30** Rugby: the 745 Game **12 midnight** World Rally **1.00am** Prem Rugby Union **2.00** World Rally **2.30** UFC Countdown **3.30** UFC Breakdown
4.00—6.00am LIVE AFLW GWS Giants v Essendon Bombers.

TNT Sports 2

Sky 411 Virgin 522 EE 409/HD 431

5.15am LIVE MotoGP The Grand Prix of Japan practice session.
8.15 Speedway Highlights (AD)
9.15 It's a Numbers Game
9.45 TNT Sports Reload (AD)
10.00 LIVE AFLW Richmond Tigers v Geelong Cats (bounce-up **10.15**).
12 noon International One-Day Cricket
1.00pm LIVE World Rally Day two from the Rally Italia Sardegna.
4.30 MotoGP **5.00** Fishing (AD) **6.00** MLB **7.00** Speedway **8.00** MotoGP **8.30** World Superbikes (AD) **9.30** Reload (AD) **10.00** Champions League Magazine **10.30** World Rally **11.00** Mountain Biking **12 midnight** MotoGP
12.30—6.45am LIVE MotoGP The Grand Prix of Japan Moto3 and Moto2 second free practice sessions; **2.00** The MotoGP second free practice and qualifying sessions; **4.45** Moto3 and Moto2 qualifying.

TNT Sports 3

Sky 413 Virgin 523 EE 410/HD 432

6.00am Motor Racing (AD)
7.00 LIVE Snooker The first session of the Shenzhen Open quarter-finals.
10.00 Pool **11.30** Roll the Tape (AD)
12.30pm LIVE Snooker Coverage of the Shenzhen Open quarter-finals.
3.30 Reload (AD) **4.00** Premier League Stories **5.00** Sign Up: into Football **5.45** What I Wore (AD) **6.00** Pool **7.30** The Football Archives: Champions League **8.00** SailGP: Racing on the Edge **8.30** MLB **9.30** Snooker **11.30** UFC Breakdown **12 midnight** UFC Countdown **1.00am** Speedway **2.00** International One-Day Cricket (AD) **4.00** MLB **5.00** MLB Plays of the Week **5.30—6.00am** World Rally

TNT Sports 4

Sky 414 Virgin 524 EE 411/HD 434

6.00am SailGP **6.30** Reload (AD)
6.45 LIVE World Rally In Sardegna.
10.00 Motor Racing (AD) **11.00** World Superbikes (AD) **12 noon** Prem Rugby Union: the Wrap Up **12.15pm** The Gruppetto **12.30** Reload (AD) **1.00** MotoGP **1.30** MLB **2.30** Speedway
3.30 LIVE Shooting From Greece.
4.45 Reload (AD) **5.00** International One-Day Cricket (AD) **6.00** Caribbean Premier League Cricket (AD) **8.00** International One-Day Cricket **10.00** Fishing (AD) **11.00** MLB **12 midnight** It's a Numbers Game **12.30am** Motor Racing (AD) **1.30** Trail Running **2.00** Mountain Biking **3.00** Snooker **5.00—6.00am** Prem Rugby Union

RADIO

Edited by
DAVID CRAWFORD

Crossing Continents
Tuesday 9.00pm ***Radio 4***

A FINAL REPORT

After 28 years of award-winning journalism, *Crossing Continents* is among the latest victims of BBC cutbacks



WEST BANK, 2024
Tim Whewell (right) interviewing Palestinian guide Anwar Dawabshe

ON 17 JUNE, the BBC announced the end of *Crossing Continents* as part of its wider cost-cutting plans to save £500 million. The final episode airs this week – although it's not facing the axe alone. Radio 4 will also say goodbye to *The World Tonight, The Law Show* and *Money Box Live*. The reasoning behind this decision is to "shift focus towards growing digital audiences and sustain output with high impact under tight financial constraint".

How many people reading this care about "growing digital audiences"? This is corporate-speak for an internal panic about the number of younger viewers and listeners abandoning the BBC in favour of YouTube, Instagram and other social media outlets – even if, ironically, some of the content they consume there is from the BBC.

The real cost of losing *Crossing Continents* is an end to in-depth, on-the-ground, long-form reportage; fewer programmes that open up the world, about stories that never make the main news agenda. However, a BBC spokesperson says that *Assignment*, its sister show on the BBC World Service, will be broadcast on Radio 4 from April 2027, and as it runs throughout the year (as opposed to *Crossing Continents*' 26 episodes per year), it will in effect double the network's global coverage. We can only hope that, despite a smaller budget, it will permit (ie fund) local reporters to get out of their studios.

Tim Whewell, a long-standing presenter/producer, has fond memories of working on *Crossing Continents* and the immersive experience it offers listeners. "I've made programmes completely remotely since the full-scale invasion of Ukraine by Russia about towns in Siberia where you hear from ordinary people. That's something that, in the current situation, TV almost certainly could never do.



CHECHNYA, 2010
Reporter Lucy Ash meeting a mullah

PICK OF THE WEEK

'I wish listeners would let their feelings be known'
LUCY ASH

"In another programme about domestic maids in Oman, they've taken me on tours with their mobile phones, of palaces in deserts where they are, effectively, imprisoned."

Crossing Continents launched in 1998 and, with the exception of a few South Pacific islands, has been to every country in the world, including those that would never come up on any typical news agenda. The programme has always held the core value of finding the humanity and complexity of every story, regardless of its country of origin.

And from such "small" stories, real change sometimes happens. One of Whewell's most acclaimed editions covered the disproportionate targeting of immigrant families in Norway by the country's child welfare agency. At this year's Cannes Festival, the Palme d'Or was won by *Fjord*, a film about the very same subject matter highlighted by *Crossing Continents* 10 years ago.

Similar recognition has been given to fellow presenter/producer Lucy Ash. In 2004, she received an Amnesty International Media Award for her work on dowry-related crimes in India. She recalls her horror at the number of women involved in so-called "stove deaths" – the targeted murder of wives, often disguised as an accident. Sitting in the corridor of a burns unit in a Bangalore hospital, she found herself crying in frustration over not being able to open a pack of batteries – until she realised she was in genuine shock over what she had just witnessed.

THE STORY THAT will never leave her, however, is that of Natalia Estemirova, a human rights activist in Chechnya, who led her to a field and showed her a ditch where the bodies of murdered "prostitutes" had been dumped – in reality, girls who had been forced into sex slavery. Three weeks later, while on a family holiday, Ash took the call to tell her that Natalia had been found dead, in a ditch, murdered.

Ash left the BBC in 2022 to write a book but continues to work as a freelance correspondent. She feels sad about the end of *Crossing Continents*. "Maybe in its new guise I'll do some-

COURTESY OF TIM WHEWELL; COURTESY OF LUCY ASH; ALAMY; GETTY; SHUTTERSTOCK



IN MEMORIAM
In 2010, Russian activists pay tribute to human rights activist Natalia Estemirova

thing for *Assignment*, but it feels like it's going to be very pared down. I wish that the listeners who really enjoyed *Crossing Continents* would tell the BBC how they feel. It would be good if people let their feelings be known. I doubt very much that they're going to change their minds overnight, but I'd like to see a return to Radio 4 of on-the-ground, in-depth reportage from places that you don't normally get to hear about."

No one could put it better. We are unlikely to see a shift in position but, surely, it has to be worth a try? Sadly, there are many more Natalias in this world. **ANNA JONES**

FIVE OF THE BEST EDITIONS

A selection from more than 460 episodes of *Crossing Continents* available now on BBC Sounds

1 CHECHNYA *July 2009* Lucy Ash investigates the disappearance and murder of women because of their "immoral lifestyle".

2 THE DRUGS MULES OF THE ANDES *November 2015* Linda Pressly talks to young men transporting cocaine on their backs through Peru – if they survive.

3 NORWAY: PARENTS AGAINST THE STATE *April 2016* Tim Whewell meets parents whose children were taken away on grounds such as "insufficient eye contact".

4 OUR WHOLE LIFE IS A SECRET *November 2024* Monica Whitlock's report on one woman's life under the Taliban won an Aria and an Amnesty International Media Award.

5 RETURN TO KHARTOUM: WAR, LOSS AND HOPE *May 2026* An extraordinary portrait of life in war-ravaged Sudan from Alex Last and Mohanad Hashim.

LISTEN UP

THE PICK OF THIS WEEK'S RADIO

MUSIC

Where the Light Sings

Saturday 8am-8pm ***Radio 3***

In an untried, live adventure, listeners are invited to travel between lighthouses around Britain in a voyage through music, words and sound. Radio 3 hosts lead us from Dungeness, Ardnamurchan Peninsula, Rathlin Island and Strumble Head, before looking across from Bamburgh to Longstone, the beacon once made famous by the exploits of Grace Darling. The day draws to a close as Petroc Trelawny sails from Penzance to land on a mystery destination. **VANESSA THORPE**

DRAMA

The Children

Saturday 3.00pm ***Radio 4***

The Royal Court, that wild child of theatre, is celebrating 70 years with a Radio 4 collaboration. Lucy Kirkwood's 2016 play *The Children* brings nuclear disaster down to a domestic level and dazzles in this new audio production. The top cast (Anastasia Hille, Stanley Townsend and Emma Fielding, directed by Mary Peate) work through dialogue that fizzes like top Stoppard as three old pals edge towards a big decision. Also this week, Radio 4 Extra marks *Royal Court 70*, starting tonight at 8.30pm. **FIONA HUGHES**

Viewpoint: page 7



PUNK
Gavin Turk's waxwork *Pop*, features Sid Vicious posed like Elvis in Warhol's portrait



ISN'T HE LOVELY?
Stevie Wonder in his 1970s heyday

MUSIC

Stevie Wonder: Songs in the Key of Life – a 50th Anniversary Celebration

Sunday 9.00pm ***Jazz FM***

Stevie Wonder was seriously considering quitting the music industry when Motown offered him a seven-year deal that changed his mind. Lucky us. It gave Wonder the space to record over 200 songs with 100-plus musicians, before whittling them down to the 21 tracks on 1976's seminal release, *Songs in the Key of Life*. This documentary explores the impact and continuing legacy of that double album – from hits such as *Isn't She Lovely* and *Sir Duke* to the many samples taken by hip-hop artists. **AJ**

DOCUMENTARY

Pop Art Remixed

Tuesday 4.00pm ***Radio 4***

Pop art is instantly associated with the US (not least because of Andy Warhol), but artist Gavin Turk believes its roots are much closer to home. In 1956, as Britain emerged from postwar austerity, the *This Is Tomorrow* exhibition (complete with *Forbidden Planet's* Robby the Robot) at London's Whitechapel Gallery saw home-grown talents offering a distinctly British take on consumerism across the pond, a view that was both celebratory and critical. Turk's *Pop*, a 1993 re-imagining of Warhol's *Elvis*, is a case in point. **JEREMY ASPINALL**

AMBRIDGE DIARY

The Archers

Sunday–Friday 7.00pm ***Radio 4***

The latest Grundy has now arrived – and reality has set in for Amber, who has that new parent feeling of being out of her depth. Help may arrive from an unexpected source with their own complicated emotions about the situation. "Dirty Harry" Harrison has an awkward encounter and receives a few home truths from a mate, while Lynda spots an opening that could lead to a surprising new arrangement, which doesn't impress Brian – but then what does these days? **DAVID CRAWFORD**

This week's radio listings start page 104 ▶

PODCASTS

WORST OF TIMES

The sobering story of the rise of racism and the far-right in Britain



DOCUMENTARY

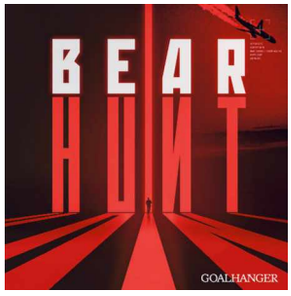
Shire Folk

For some Americans, the rest of the world is so far away it can easily become a series of fantasies. It has been Britain's misfortune in recent years to have their vision of a land where endearing Hobbit-like creatures frolicked between Hogwarts and Downton Abbey supplanted by a dystopian hellscape of a country dominated by grooming gangs and stalked by religious police. In this series from *The Economist*, Georgia Banjo fronts a sober but genuinely disturbing account of how Elon Musk's acquisition of Twitter possibly rescued Tommy Robinson from the obscurity that appeared to be beckoning, putting him in the deal-flow of the international rabble-rousing market and having him quoted approvingly by American public figures who couldn't find the UK in a school atlas. You'll come away realising that the deadliest button on a Bond villain's desk is the one marked "retweet". **DAVID HEPWORTH**

PICK OF THE WEEK



HATE BRITAIN
Far-right activists riot in Sunderland in 2024



THRILLER

Bear Hunt

Global political machinations abound in this complex fictional espionage thriller that poses the question, "What would it take to assassinate the president of Russia?" Developed with military and defence experts, it's hauntingly plausible as the toothless UK prime minister responds to what looks like terrorist action in the run up to an election. *Bear Hunt* is packed with technical detail and jargon that at first makes it hard to follow, but stick with it for a fascinating Bourne-style thought experiment. **ROSIE FLETCHER**

HORROR

The Haunted Library

This atmospheric new series features readings of horror classics such as *Frankenstein*, *The Turn of the Screw* and *The Picture of Dorian Gray* by Colin Morgan (*Merlin*) and guest narrator Katie Leung (*Harry Potter*). First up is Robert Louis Stevenson's enduring tale of Victorian duality, *Strange Case of Dr Jekyll and Mr Hyde*, which is brought to life through Morgan's expressive voice and a smattering of scene-setting SFX. Cosy up and creep yourself out. **MATT GLASBY**



GETTY

Radio Times PODCAST

NEW EPISODE EVERY FRIDAY

RT columnist Caroline Frost and an expert guest discuss the best new telly, the hottest TV news and the best letters from the *RT* postbag.

THIS WEEK *Blue Lights* (below) *Marble Hall Murders* and 50 years of *Swap Shop*. Plus: why Michael Palin is the greatest celeb traveller.

HOW TO FIND US

Search Radio Times Podcast on your podcast provider, scan the QR code or visit **radiotimes.com/podcast**



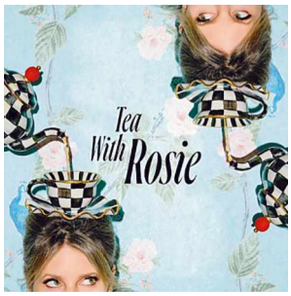


TRUE CRIME

Murder They Wrote with Laura Whitmore & Iain Stirling

The husband-and-wife hosts are well into the groove indulging their passion for all things true crime. Back after a summer break, their first case is the journalist who scooped the earliest eyewitness accounts of the *Titanic* disaster before becoming "the Rose Man of Sing Sing". Halloween lovers can also look forward to exploring the ghoulish real-life stories behind some of horror cinema's famous characters. **JEREMY ASPINALL**

THE PICK OF THE BEST AUDIO ON DEMAND



CHAT

Tea with Rosie

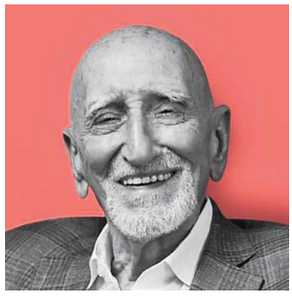
Jobbing actor Rosie Fellner recently produced a couple of minor movies and is now trying her hand as a podcast host. She's got the basic skills but, on the strength of the first episode, we should perhaps expect mostly chit-chat in keeping with the tea-and-cakes milieu. Her first guest, London-based US rapper Eve, has a ghosted autobiography (*Who's That Girl?*) to plug, and makes commonplace statements to which the response is, "That's amazing!" But perhaps that is your cup of tea...

DAVID McGILLIVRAY

CONVERSATION

Dominic & Junior

A must-listen for die-hard fans of *The Sopranos* as it features the showbiz recollections of 95-year-old Dominic Chianese, who played Corrado "Junior" Soprano in the series. There's a nice bit of wordplay going on here as "junior" also applies to his son, Dominic, whose role is to tease out these stories from his father – often putting himself in the position of being ticked off by the elder Chianese. It's a gentle, warm-hearted listen, with more than its fair share of guests with links to, of course, *The Sopranos*. **AJ**





FOOD

Fishwives of Paris

Two Americans in France – one, admittedly, of French heritage – get up the nerve to pick apart some sacred French foods. Food writer Emily Monaco and wine expert Caroline Fazeli return for a second season, starting with macarons. They taste delicacies from Paris, but their favourite is from the frozen food provider Picard, one you see in some UK supermarkets. Global purveyor Ladurée, who began the whole macaron thing back in the 1860s, has now, according to these two, become too industrialised.

FIONA HUGHES

HISTORY

Untold Pacific History

Strong storytelling and research have forged a loyal following for this series from RNZ (Radio New Zealand). The third season continues the focus on events that have never made the mainstream global news, specifically relating to the peoples of the Pacific Islands. It opens with the tale of six boys who left their strict Tongan school in 1965 and set off on a boat trip. The vessel sank and they were presumed dead. But they were working to survive on a remote island for 15 months.

ANNA JONES





SPORT

For the Love of Golf

Dan Walker – best known for having hosted both BBC *Breakfast* and *Football Focus* – is a self-confessed "golf weirdo". He isn't really. He just loves the game, and why not? He has real rapport with co-presenter Iona Stephen, who is a former golf pro now making it big as a presenter of the sport. The jazzy soundtrack establishes the mood, with the pair proving quite the antidote to golf's traditional stuffiness. And from the Open to the Solheim Cup, they're at home on the fairway.

SIMON O'HAGAN

DRAMA

On the Tinsel Front

After nearly 50 years in Hollywood, Christopher Bomba took a big risk – writing, producing and directing that rarity, a podcast drama with more than 20 actors. It's inspired by the First Motion Picture Unit, which made training and propaganda films during the Second World War. Captain Ronald Reagan was the driving force and he employed other big names. Many featured in series one in 2024. Now series two continues the adventures of an Air Force private trying to adapt to Tinseltown craziness. **DMcG**



STREAMS OF CONSCIOUSNESS

DAVID HEPWORTH

Nothing unites, or divides, the British like how we speak



THERE ARE NO recordings of the voice of George Orwell. He worked at the BBC so long that they've got a statue of him outside Broadcasting House, yet no trace of his speaking voice has survived. Since he's the person who described all English people as "branded on the tongue", the fact that we can't hear how posh he sounded is a source of frustration.

If he was like most people who achieve prominence in this country, his speaking voice was probably a moving target. When the Beatles first met George Martin they thought he was fearfully posh. He wasn't. That was just a voice he'd acquired in the services. There are interviews with Dudley Moore from the 60s where he sounds almost royal – he came from Dagenham.

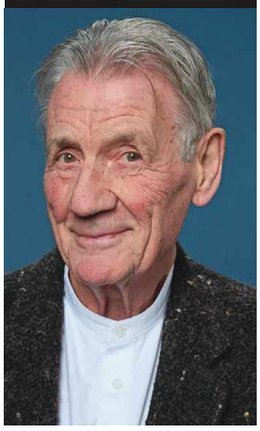
Sometimes the act goes down rather than up the social scale. Ian Dury's proletarian persona horrified his mother, who was proudly middle class. The act doesn't always have to be extreme. It can be as subtle as Tony Blair, who dropped the consonants at the end of words, leading some to accuse him of having had "reverse elocution lessons".

IT'S DIFFICULT TO imagine a podcast like *Help I Sexted My Boss* existing in any country other than Britain, because what other country gets so much fun out of listening to itself speak? The podcast pairs Jordan North with William Hanson. The former presents himself as a "speak as I find" unvarnished man of the people. The latter, who came to prominence by showing Instagram followers the correct way to drink tea, presents himself as the last redoubt of good manners. Both of them are exaggerating.

If one of them is exaggerating more than the other it's probably Jordan, who has to reach back further and further into his northern childhood to tease Hanson with his ignorance of dandelion and burdock. They will inevitably turn into successful, London-based media folk speaking the same language in the same knowing tone of voice. George Orwell and professional northerner JB Priestley probably did the same when they met in the BBC bar. Sadly we'll never know.

SATURDAY RADIO

TODAY'S REVIEWS



ROB PARFITT

Seven Ages of Man with Michael Rosen

10.00am , 10.15am ***Radio 4***

The brush with death that Michael Rosen experienced during Covid 19 led him to "look at life with fresh eyes". And that gaze has led to this valuable series in which he takes Shakespeare's idea that there are Seven Ages of Man and invites that number of contributors to consider what it means to be a man at the age they are, starting today with Rosen's fellow octogenarian Michael Palin (above) and the writer Colm Tóibín (71). It's encouraging to hear from Palin that turning 80 gave him "a sense of liberation", and as the week-long series progresses and the men we hear from get progressively younger, so the revelations accumulate. **SIMON O'HAGAN**

Mapping India: the World's Largest Count

12.05pm ***BBC World Service***

India has held a census roughly every ten years since 1872. The latest monumental undertaking began in April and will continue well into next year. The world's biggest counting exercise is asking India's close to 1.4 billion population 33 questions including, controversially, to which caste the head of the household belongs. For the first time the data is being collected digitally via mobile apps, and we begin today with the planning stages. **DAVID MCGILLIVRAY**

THIS WEEK'S HIGHLIGHTS See p102

Where the Light Sings

8.00am ***Radio 3***

An all-day travelogue and musical celebration of lighthouses.

The Children

3.00pm ***Radio 4***

Powerful drama to mark 70 years of the modern Royal Court Theatre.

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700 **Sky** 0101 **Virgin** 901

6.00am Arielle Free **7.00** Emil Franchi **10.30** Vicky and Charley **1.00pm** Sam and Danni **4.00** Dance Anthems **7.00** Soundsystem w **9.00** Rap Show **10.30** Rap Mixtape **11.00** Drum 'n' Bass Show **12.00** Dance Drum 'n' Bass Mix **1.00am** Classic Essential Mix **3.00** Future Dance Mix **3.30** Pete Tong's Hot Mix **4.00** Dance Party Starters **5.00** Pop Anthems

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702 **Sky** 0102 **Virgin** 902

6.00am Sounds of the 60s with Tony Blackburn
UK and UK hits, including at about **6.40** the UK top three from this week in 1967.
8.00 Dermot O'Leary
Textiles designer Paul Smith (now 80) discusses his autobiography *Threads*.
10.00 Romesh Ranganathan
1.00pm Ellie Taylor
Sitting in for Emma Willis.
3.00 Owain Wyn Evans In for Rylan.
6.00 Sounds of the 80s with Gary Davies
8.00 Sounds of the 90s with Fearne Cotton
10.00 Dance Sounds of the 90s with Vernon Kay Tracks inspired by (or which sampled) 1970s and 80s disco. (R)
11.00 Alternative Sounds of the 90s with Dermot O'Leary
A playlist linked to Danny Boyle's influential film *Trainspotting* (1996).
12.00 Sting at the BBC
Ahead of the 75th birthday (on Friday) of Sting (Gordon Sumner), a profile of the singer/songwriter, musician and actor who followed a massive career as frontman of 1978—84 hit-makers the Police with a solo career marked by 15 studio albums and many Top 40 singles. He discusses his life and both careers in archive interviews with Jo Whiley, Dermot O'Leary, Jools Holland, Paul Gambaccini, Matt Everitt, Richard Skinner, Simon Bates, Tim Smith, Michael Parkinson, Roger Scott, Annie Nightingale, Johnnie Walker and Steve Wright. Producer Mark Simpson
1.00am Lewis Capaldi's Ultimate Scottish Playlist The Glaswegian-born chart star celebrates Scottish acts. (R)
2.00 Tony Blackburn's Sounds of Soul (R)
3.00 Radio 2 Unwinds with Angela Griffin Playlists designed to be calming. (R)
4.00 Radio 2 in Concert A classic 1973 BBC *In Concert* performance by Faces. (R)
5.00 Tracks of My Years Omnibus edition with Linda Perry (of 4 Non Blondes).

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

6.00am Afrodeutsche
8.00 Radcliffe and Maconie
10.00 The Beth Ditto Show
1.00pm Jamz Supernova
3.00 Gilles Peterson
6.00 The Craig Charles Funk and Soul Show
9.00 Don Letts's Culture Clash Radio
11.00 Sherelle
1.00am 6 Music's Rave Forever
2.00 The Morning After Mix

Boom Radio

DAB+ boomradio.co.uk
6.00am Susie Mathis **8.00** Roger's 60s Show **10.00** Rob Jones **12.00** Simon's 70s with Simon Bates **2.00pm** Judi Spiers **4.00** The Boom Jukebox with Peter Quinn **7.00** Saturday Soul **9.00** Graham Torrington **12.00** Quentin Howard **2.00am** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903 **News** and **weather** 7.00am

6.30am Breakfast With Hannah French.
8.00 Where the Light Sings
RT Marking 200 years of Longstone Lighthouse on the Northumberland coast, Radio 3 embarks on a musical relay around the nation's coast, celebrating the UK's lighthouses through music, stories and sound. Petroc Trelawny anchors the adventure with a special journey of his own to reach his location for the final broadcast of the day as the sun goes down. The voyage begins with Georgia Mann at Dungeness Lighthouse in Kent, watching over a vast shingle headland where the light never quite settles. See tomorrow 7pm **See page 101**
10.00 Where the Light Sings
For this second leg of the day, Tom Service presents from the Ardnamurchan Peninsula, the site of the most westerly lighthouse on the British mainland. The lighthouse has been guiding ships safely through the waters off Scotland's west coast since 1849 and members of its trust take Tom up its 152 steps and explain its rich history and importance to the local community. The programme features live music by singer and broadcaster Mary Ann Kennedy and guitarist Finlay Well. And Tom takes a tour of the Ardnamurchan coast.
12.00 Where the Light Sings
John Toal presents from RSPB Rathlin West Light Seabird Centre off the coast of Antrim as autumn arrives and the seabirds leave Rathlin Island's cliffs for the open ocean. John explores how the island has been shaped by migration, weather and the sea, and he hears stories of lighthouse keepers, folklore, island life and the enduring connections between Scotland and Ireland that have flowed through these waters for centuries. Musicians Neil Martin and Una Monaghan perform live, inspired by the rhythms, landscapes and histories of this remarkable place.
2.00pm Where the Light Sings
Shân Cothi presents from Strumble Head Lighthouse in Pembrokeshire, which has stood watch over one of Britain's busiest and most challenging stretches of sea since 1908. Linked to the mainland by a dramatic bridge, the lighthouse overlooks the meeting point of the Irish Sea and St George's Channel, guiding shipping through waters renowned for powerful tides, rocky outcrops and ever-changing weather.
4.00 Where the Light Sings
Kate Molleson presents from St Aidan's Church in Bamburgh, Northumberland. The churchyard is the final resting place of Grace Darling (1815—42), the heroine of the famous 1838 Longstone lighthouse rescue, and home to the Victorian canopied monument to her, visible to sailors as they traverse the waters nearby. Kate discusses the history of female lifesavers with the help of a member of the local RNLI, and she explores Grace Darling's story with the help of local musician and field recordist Chris Watson.
6.00 Where the Light Sings
For the final lighthouse of the day, Petroc Trelawny presents from an undisclosed location as he concludes his journey heading towards the setting sun and to where Britain dissolves into the ocean. Amid tales of a lost Arthurian kingdom beneath the waves, Petroc is joined by guests and musicians as the light fades on Radio 3's maritime celebration.
8.00 100 Years of the Shipping Forecast
Continuing Radio 3's maritime-themed day, a chance to hear a centenary celebration of the Shipping Forecast first broadcast in August 2025, with Chloé van Soeterstède conducting the Ulster Orchestra in a BBC Proms concert at the Ulster Hall in Belfast. BBC broadcasters Caroline Nicholls and Al Ryan are joined by presenters from Radio 4's continuity team for music and readings inspired by the oceans and the elements, and there's a then-new work by poet laureate Simon Armitage and his group LYR. (R)
8.50 Classical Mixtape Nonstop music. (R)
9.30 Music Planet
Lopa Kothari presents traditional harmonies of Bahamian ensemble the Dicey Doh Singers, and a song for the sea from Mauritian percussionist and singer Jean Michel Despinasse aka Menwar (the "griot of the islands"). Plus Officina Zoè — with a footstomping take on ancestral rhythms from Salento in southern Italy — and highlights of the debut solo album by Argentinian musician Marco Grancelli.
10.30 New Music Show
Kate Molleson with a playlist that includes *Trousers* — a haunting, ephemeral work for violin and cello by Martin Arnold in a performance by Apartment House in June 2025 at Café Oto in east London. Plus Meredith Monk's works *Backlight* and *Phantom Strings* — from Manchester Collective in late June at the Howard Assembly Room in Leeds — and Laurence Dunn's *Set of Four,* his "love letter" to fellow composers Bryn Harrison, Amber Priestley, Sergei Zagny and Laurence Crane, as performed by Explore Ensemble.
12.30am Through the Night
With Jonathan Swain, who begins with a 2025 BBC Proms concert recorded at the Royal Albert Hall and featuring Bruckner's Ninth Symphony. **Berg** *Suite: Lulu* **Bruckner** *Symphony No 9 in D minor* Vienna Philharmonic, conductor Franz Welser-Möst **1.54 Messiaen** *O sacrum convivium!* **1.58 Frescobaldi** *Partite cento sopra il passacagli* **2.09 Beethoven** *Piano Sonata No 14 in C sharp minor, Op 27 No 2 (Moonlight)* **2.23 Bacheler** *Mounsiers almaine* **2.31 Brahms** *Cello Sonata No 1 in E minor, Op 38* **2.59 Chausson** *Poème de l'amour et de la mer, Op 19* **3.26 Fauré** *Nocturne No 6 in D flat, Op 63* **3.35 Bach** *Brandenburg Concerto No 3 in G, BWV1048* **3.48 Rossini** *Prelude, Theme and Variations* **3.59 Vivaldi** *Bassoon Concerto in E minor, RV484* **4.11 Khachaturian** *Adagio of Spartacus and Phrygia (Spartacus)* **4.20 Bernat Vivancos** *Salve d'ecos* **4.31 Purcell** *Trio Sonata No 2 in B flat* **4.38 Agay** *Five Easy Dances* **4.45 Förster** *Dulcis amor Jesu* **4.54 Haydn** *Piano Trio in E flat, H XV 10* **5.05 Pejačević** *Nocturne* **5.10 Arnold** *Sonatina, Op 29* **5.18 Hellendaal** *Cello Sonata in G, Op 5 No 8* **5.28 Britten** *Serenade, Op 31* **5.52 Lessel** *Piano Concerto in C, Op 14* **6.20 Hildegard of Bingen** *O clarissima mater*

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM
6.00am Claire Sturgess **9.00** Richard Allinson: with hits of the 1970s, 80s and 90s (and the occasional 1960s classic) **1.00pm** Kate Thornton **4.00** Spinnin' the Decades with Stephanie Hirst **7.00** The 80s Mixtape with Jenny Powell **10.00** Rhythm of the Night: Des Paul with soul, funk, disco and more **1.00am** Music Marathon

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am The Everyday Hustle: with Harleen Nottay **7.00** Motivation: with Ramzan Miah **8.00** SmashBengali **10.00** Certified: with SmashBengali **11.00** Vallisa: music, chat and entertainment **2.00pm** Certified Throwbacks: with Vallisa **3.00** Saima **6.00** Kizzi **9.00** Pure Spice with DJ Manara **12.00** Pure Spice Takeover **1.00am** Kizzi **4.00** Club Hit Squad Mix **5.00** Celebrates

Absolute Radio

DAB+ absoluteradio.co.uk
8.00am Jon Richardson **11.00** Sarah Champion **2.00pm** Rock 'n' Roll Football with Matt Forde **5.00** Andy Bush's Indie Disco: indie classics **7.00** Absolute Classic Rock Party **10.00** Sophie K **4.00am** Ben Coley

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind
6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix **5.00** Classical Wind Down **8.00** Cinematic Soundtracks: with Edith Bowman **9.00** Ultimate Calm: composer and musician Emile Mosseri shares his Safe Haven track (12/12) **10.00** Night Tracks **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast With Sam Pittis.
9.00 Tim Lihoreau Including at **9.00** the **Classic FM Hall of Fame Hour,** taken from the listeners' Top 300 picks.
12.00 Dawn O'Porter 3.00pm Alan Titchmarsh
6.00 Classic FM at the Movies with Jonathan Ross
To mark the recent big-screen release of Georgia Oakley's *Sense and Sensibility*, one of its stars, actor and director Fiona Shaw, discusses this latest adaptation as well as other screen work in her celebrated oeuvre, from the *Harry Potter* franchise to *Killing Eve*. And a celebration of Linda Hamilton (70 today) includes highlights of scores from the *Terminator* universe and TV hit *Stranger Things*.
8.00 Next Level with DanTDM Game music.
10.00 Calm Classics With Myleene Klass.
2.00am Katie Breathwick Classic FM favourites.

WHAT DO YOU THINK about Radio Times ?



Take our survey on the magazine's contents

BBC Radio 4

92.4—94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News 5.30am, 6.00 and hourly to 1pm, 3pm, 5pm, then hourly to 12 midnight
Weather 5.32am, 6.04, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.34am, 5.54pm, 12.48am

5.30am News Summary

5.43 Prayer for the Day
A pause for contemplation with Haydon Spenceley.

5.45 When Banksy Comes to Town
3/5. Both Banksys are taken down so that they can be preserved for posterity and perhaps sold on. But what do the legions of local people and art fans think about this? James Peak continues his series. Repeated from yesterday

6.00 News and Papers

6.07 Open Country
6/7. Brett Westwood meets ornithologist Jack Baddams and his group of fellow bird ringers in the village of Whitwell in Derbyshire, to find out how the practice of ringing has been passed down through the generations there, and to learn about the impact it has on nature conservation.
Repeated from Thursday

6.30 Farming Today This Week
News about food, farming and the countryside.

7.00 Today
Presented by Justin Webb.

7.25, 8.25 Sports News

7.48 Thought for the Day

9.00 Saturday Live
Adrian Chiles presents the weekend entertainment show, on which he is today joined by broadcaster Clare Balding, historian Lucy Worsley, and surgeon Liz O'Riordan. Plus the **Inheritance Tracks** of another guest.
Producer Gareth Nelson-Davies

10.00 Seven Ages of Man, with Michael Rosen
Rt ***New series. 1/7.*** Michael Rosen finds out what it means to be a "man" in each decade of life, beginning by talking to Michael Palin. The two of them discuss the experience of being in their 80s, a conversation that touches on grief, fading competitive instincts and the benefits of letting go.
10.15 ***2/7.*** Celebrated author and poet Colm Tóibín opens up about declining sexuality in his 70s, as well as new opportunities for creativity and growth, in conversation with Michael Rosen. More Monday 1.45pm.
Producer Rich Power; Executive producer Dave Anderson

10.30 Rewinder
2/3. Greg James digs into the BBC's archives of audio, video, vinyl, photographs and documents, using current stories to examine ones from the past. Today he goes looking for Muppets, palm readers and archers — the bow and arrow kind, not the farming kind.
Producer Tim Bano Repeated Monday 4.30pm

11.00 Radical
Conversations about the global forces reshaping the world and ideas defining the future.
Repeated from Thursday

11.30 From Our Own Correspondent
Stories from BBC correspondents around the world, presented by Kate Adie.
Repeated tomorrow 9.30pm

12.04pm Money Box
The latest from the world of personal finance.
Repeated tomorrow 9pm

Money: page 128

12.30 The News Quiz
4/8. Acerbic satire as Andy Zaltzman hosts, and guests including Rachel Fairburn, Desiree Burch and Cindy Yu play riff on the week's stories in the topical comedy panel game.
Repeated from yesterday
Repeated Monday 11pm BBC Radio 4 Extra

1.00 News

1.10 Any Questions?
Alex Forsyth chairs the political forum from the Greig Hall in Alcester, Warwickshire.
Repeated from yesterday

2.05 Any Answers?
Phone-in responding to *Any Questions?*
Presented by Anita Anand.
PHONE: 0370 010 0444 Lines open from 12.30pm
EMAIL: any.answers@bbc.co.uk

2.45 The Archers Repeated from yesterday

3.00 The Children
Rt Adaptation of Lucy Kirkwood's award-winning 2016 play, leading a celebration of 70 years of contemporary plays at the Royal Court Theatre. After an accident at the power station where they used to work, retired nuclear scientist Rose arrives at the home of her ex-colleagues Hazel and Robin with a startling proposition. **See page 101.**
Rose **Emma Fielding** Robin **Stanley Townsend**
Hazel **Anastasia Hille**
Producer Jessica Dromgoole; Director Mary Peate
Look Back in Anger is at 8.30pm on Radio 4 Extra

4.30 Weekend Woman's Hour
Anita Rani presents a round-up of highlights from the weekday programmes.

5.00 Saturday PM Presented by Joe Pike.

5.30 Political Thinking with Nick Robinson
3/13. The *Today* presenter interviews major political figures about their lives and careers.
Producer Daniel Kraemer

6.00 Six o'Clock News

6.15 Loose Ends
Stuart Maconie is joined by the poets John Cooper Clarke, Jackie Kay and Antony Szmierek, live from the BBC's Contains Strong Language festival in Salford.
Producer Olive Clancy Repeated Thursday 9pm

7.00 Profile
An insight into the character of a person in the news, from those who know them well.
Repeated tomorrow 12.15pm

7.15 This Cultural Life
6/18. John Wilson talks to another leading cultural figure about some of the inspirations, influences and formative experiences that have shaped their life, work and creative process.
Repeated from Thursday

8.00 Archive on 4: Rock Bottom — 50 Years Since Britain's IMF Crisis
A look back at Britain's financial crisis of September 1976, when currency markets were in turmoil and international creditors would no longer lend to the UK. With the country running out of money, the Labour government of the time applied to the International Monetary Fund for the largest loan ever made to any government. Historian James Sladden recalls that time and explores why the 1976 IMF crisis still matters today. Producers James Sladden and Dave Howard

9.00 The Moral Maze
6/6. Michael Buerk is joined by Andrew Copson, James Orr, Ash Sarkar and Anne McElvoy to debate the moral aspects of an issue in the news.
Repeated from Wednesday

10.00 News

10.15 The Food Programme
The Cost of Food. In an episode recorded at the Abergavenny Food Festival, Sheila Dillon and guests explore what has been driving the recent increase in food prices, discussing how the system could be reshaped to make food prices more affordable and fair while also supporting the farmers, growers and businesses who produce it. With a panel of guests including journalist and broadcaster Dan Saladino; food writer and restaurateur Simon Wright; and campaigner and food policy expert Vicki Hird.
Repeated from yesterday

11.00 Your Mum
4/8. Grace Campbell and Luke McQueen talk to Laura Smyth about their mothers, revealing stories of fake illnesses, family pranks and the perks of being the youngest. Series two.
Producer Sasha Bobak; Executive producer Pete Strauss
Repeated Friday 9am BBC Radio 4 Extra

11.30 Brain of Britain
9/17. General knowledge quiz presented by Russell Davies. Repeated from Sunday

12.00 News and Weather

12.15—12.45am Take Four Books
Donal Ryan talks to James Crawford about his novel *Where Are the Kings* and its links to Emma Donoghue's *Room*, *Angela's Ashes* by Frank McCourt and *Plainsong* by Kent Haruf.
Repeated from Sunday

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910

6.00am Miss Morison's Ghosts as 11am
8.45 TV Dinners as 1.45pm
9.00 The Eric Morecambe and Ernie Wise Show
9.30 Brothers in Law as 2.30pm
10.00 Frankly Speaking as 3pm
10.30 Great Lives as 3.30pm
11.00 Miss Morison's Ghosts Patricia Hodge and Juliet Stevenson star in Ian Curteis's adaptation of his 1981 paranormal TV drama based on the actual accounts of two Oxford academics who claimed that on a trip to Versailles in 1901, they travelled back in time to the court of Louis XVI. With Robert Hardy, Gemma Jones and others. From 2004
1.45pm TV Dinners Darkly comic tale by Keith Lawes. Geoffrey remembers his boyhood with two neglectful and oblivious parents. With Jonathan Coy, Richard O'Brien and others. From 1998 (4/6)
2.00 The Eric Morecambe and Ernie Wise Show
2.30 Brothers in Law Legal comedy by Henry Cecil and Basil Dawson. With Richard Briers, Richard Waring and guest Fenella Fielding. From 1970
3.00 Frankly Speaking A 1963 edition of the groundbreaking interview series, here with Anne Allen and Raymond Baxter inviting world champion racing driver Graham Hill (1929—1975) to discuss not being used to the label of world champion, dealing with fears behind the racing car wheel, and early struggles (in the 1930s) in becoming a racing driver
3.30 Great Lives A 2001 edition in which Joan Bakewell invited former racing driver Jackie Stewart (now 87) to celebrate his friend, King Hussein of Jordan (1935—99). With Patrick Seale See Mon 4pm
4.00 The Birds Dramatisation by Melissa Murray of Daphne du Maurier's 1952 novelette about a horrific avian attack on a Cornish coastal town, made even more famous by Alfred Hitchcock in his 1963 film. With Neil Dudgeon, Nicola Walker, Jade Williams, Gerard Horan and Carl Grose. From 2007
5.00 Miss Morison's Ghosts as 11am
7.45 TV Dinners as 1.45pm
8.00 The Eric Morecambe and Ernie Wise Show
A 1976 edition with guest Gayle Hunnicutt (1943—2023)
8.30 Look Back in Anger 4 Extra celebrates 70 years of the current incarnation of the Royal Court Theatre with a 2006 radio production of the hugely influential realist play by John Osborne that debuted in May 1956 at the theatre. The Midlands-set work charts the explosive relationship between the violent Jimmy Porter and his young wife Alison — a marriage that they struggle to maintain. With Ben Whishaw, Samantha Young and others See tomorrow 8.30pm
10.00—12.00 Comedy Club: The Secret World
David Beckham tries to hire a rainbow for a party, at **10.30 Armando Iannucci** (1/3), at **11.00 Fred at the Stand** Featuring Omid Djalili, Neil Delamere, Emmanuel Sonubi and Amy Matthews (3/4), and at **11.30 Sean Lock — 15 Storeys High** (4/5)
12.00 as 4pm **1.00am** as 11am **3.45** as 1.45pm **4.00** as 8pm **4.30** as 2.30pm **5.00** as 3pm **5.30** as 3.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am The Newsroom **5.30** Dear Daughter **5.50** More or Less **6.00** Weekend **9.00** News **9.05** BBC OS Conversations **9.30** Americast **10.00** News **10.05** Not by the Playbook **11.00** The Newsroom **11.30** Unspun World with John Simpson **12.00** News **12.05pm** The Documentary: Mapping India: The World's Largest Count: India's national census of more than a billion people. **Review p104 1.00** Newshour **2.05** Sportsworld **6.00** The Newsroom **6.30** Dear Daughter: a mother on raising her daughter with global developmental delay **6.50** Sporting Witness: how Magi Haroun became the first female Premier League photographer **7.00** News **7.05** The Inquiry **7.30** World of Secrets: Searching for Soldier Dad **8.00** News **8.05** The Arts Hour **9.00** Newshour **10.00** News **10.05** Not by the Playbook: how Pete Mitchell helped a blind rider their Paralympic dream **11.00** Newsroom **11.30** This Is Africa: DJ Edu's pan-African music show **12.00** News **12.05am** BBC OS Conversations **12.30** The Documentary: A Women's Revolt in Germany: how a high-profile case sparked a new generation of feminists **1.00** The Newsroom **1.30** Dear Daughter **1.50** Sporting Witness **2.00** Newsroom **2.30** Health Check **3.00** News **3.05** The Documentary: Mapping India: The World's Largest Count **Review p104 4.00** News **4.05** From Our Own Correspondent **4.30** Unspun World with John Simpson

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705
Sky 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am 5 Live Boxing

5.30 Football Daily
John Murray, Ian Dennis and Ali Bruce-Ball on life as 5 Live commentators.

6.00 Saturday Breakfast
With Eleanor Oldroyd and Jeanette Kwakye.

9.00 Patrick Kielty

11.00 Formula One
The Azerbaijan Grand Prix (start **12.00**). Commentary on the 15th round of the season from Baku City Circuit.

2.00pm 5 Live Sport
Chris Jones with reactions to the Azerbaijan Grand Prix and build up to the **3.00** women's rugby union commentary on the WXV Global Series match between England and New Zealand at Twickenham Stadium. Plus updates from Wales v United States in the WXV Global Series and Exeter Chiefs v Gloucester in the Prem. From **5.00** there's a sports round-up.

6.00 606
Football phone-in with Chris Sutton and Natalie Pike, who sits in for Robbie Savage.

7.00 5 Live Sport
Aaron Paul and guests with build-up to the **7.45** commentary on England v Spain in the Nations League Group A3 match.

10.00 Stephen Nolan

1.00am Kathryn Stanczyszyn

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
Freeview 706 **Freely** 607 **Freesat** 706
Sky 0127 **Virgin** 908

10.25am—1.15pm County Cricket
Gloucestershire v Derbyshire on day four of the County Championship in Bristol.
1.15—3.30 Women's Super League Football Charlton Athletic v Man City.
3.30—5.15 Rugby Union
Sale Sharks v Bristol Bears in the Prem.
5.15—7.30 Rugby League Commentary on the second Super League semi-final.

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731
Sky 0107 **Virgin** 927

6.00am Weekend Sports Breakfast
10.00 The Warm Up 1.00pm The Saturday Session 4.00 Kick Off
6.30 Nations League Football
England v Spain (kick-off **7.45**).
10.00 The Sports Bar Weekender
1.00am Extra Time With Ben Fletcher.
5.00 A Talksport Special

Talksport 2

DAB+ talksport.co.uk

2.30pm—5.00 League One Football
Commentary on a match (kick-off **3.00**).
5.00—7.45 Super League Rugby
A play-off semi-final (kick-off **5.30**).
7.45—12.00 Presidents Cup Golf
Action from day three in Illinois.

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734
Sky 0121 **Virgin** 919

7.00am Matthew Wright **10.00** Matt Frei **12.00** Ali Miraj **3.00pm** Vanessa Feltz **6.00** Natasha Devon **9.00** Daniel Barnett **10.00** Nick Abbott **1.00am** Clive Bull **4.00** James Hanson

Times Radio

DAB thetimes.co.uk/radio

6.00am Rosie Wright and Calum Macdonald **10.00** Ed Vaizey **1.00pm** Jane Mulkerrins: at 3.30 she's joined by co-stars Catherine Zeta-Jones and Daniel Ings (new Prime Video series *Kill Jackie*) **4.00** Olly Mann **7.00** Highlights **10.00** Husain Husaini **1.00am** The Best of Times Radio

*Not available on Freeview in Scotland

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SUNDAY RADIO

TODAY'S REVIEWS



ALEX GREEN/FOLIO ART

The Soldier's Return

3.00pm ***Radio 4***

Melvyn Bragg's own upbringing inspired his novel *The Soldier's Return*. Sam Richardson (Billy Postlethwaite) is back in the working-class town of Wigton, Cumbria, having fought in the brutal Burma campaign during the Second World War. What starts as a surprising and joyous reunion with his wife Ellen and their young son quickly sours. Sam felt he had a clear goal in Burma; back home he is stuck in a dull factory job. He also thinks Ellen has turned their son into a mummy's boy and he tries to toughen him up. A skilful dramatisation that doesn't need flashbacks to the jungle, as the experiences of grief and trauma are vividly revealed. This first episode ends with a tear-jerking twist and a familiar voice. **JENNY BARDWELL**

Faithless

7.15pm ***Radio 4***

One person's experience of unforgiving control is another's of a supportive basis for life. All credit to producer May Robson and Humanists UK's Faith to Faithless service for creating such a sensitive exploration of what happens when three deeply religious people — one a Jehovah's Witness, one a member of the Nigerian Deeper Life Bible Church, and one of the Church of Jesus Christ of Latter-day Saints (Mormonism) — decide to step away from their communities. As one of them says, she's learning to "swim in the grey" — finding a way to navigate life outside strict boundaries. **ANNA JONES**

THIS WEEK'S HIGHLIGHTS See p102

Stevie Wonder: Songs in the Key of Life – a 50th Anniversary Celebration

9.00pm ***Jazz FM***

Isn't She Lovely, and beyond.

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700
Sky 0101 **Virgin** 901

6.00am Arielle Free **7.00** Emil Franchi **10.30** Vicky and Charley **1.00pm** Radio 1 00s **2.00** Radio 1 10s **3.00** Radio 1 20s with Sam and Danni **4.00** Official Chart: First Look with Lauren **7.00** Life Hacks with Oré and Shanequa **9.00** Chillest Show **11.00** BBC Introducing **1.00am** 1Xtra's R&B Show with Chuckie **2.30** 1Xtra's R&B Slow Jamz Mix with Chuckie **3.00** Chill Mix **4.00** Mylo and Rosie

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702
Sky 0102 **Virgin** 902

6.00am Good Morning Sunday
The Rev Kate Bottley with multi-faith discussions designed to be uplifting. Plus listener input and a compatible playlist.
9.00 Love Songs
Angela Griffin sits in for Michael Ball with romantic songs and dedications.
11.00 Paddy McGuinness
Broadcast from Salford with music, laughs, features and studio guests.
1.00pm Elaine Paige on Sunday
Music from Broadway, Hollywood and the West End. Plus showbiz news.
3.00 Sounds of the 70s with Shaun Keaveny
5.00 Pick of the Pops
Mark Goodier with the singles chart from this week in 1986, when the Top 20 included Jermaine Stewart, Eurythmics, Timex Social Club and Cameo. From **6.00** he revisits this week in 1993, when the chart featured the Pet Shop Boys, M People, Radiohead and Billy Joe.
7.00 Tony Blackburn's Golden Hour
8.00 The Paul Gambaccini Collection
10.00 Radio 2 Unwinds with Angela Griffin
Including at **11.00** the **Unwinds Mix**.
12.00 Richie Anderson
3.00am Alternative Sounds of the 90s with Dermot O'Leary
A playlist of Reading Festival headliners, including Beastie Boys, Nirvana, the Stone Roses and the Pixies. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

6.00am Afrodeutsche
8.00 Radcliffe and Maconie
10.00 Gideon Goe Sitting in for Cerys Matthews and joined by British saxophonist, composer and band leader Nat Birchall, who discusses the impact of jazz giant John Coltrane (1926—67), marking this month's 100th anniversary of his birth.
1.00pm Guy Garvey's Finest Hour
4.00 Jarvis Cocker's Someday Service
6.00 Mary Anne Hobbs
8.00 Stuart Maconie's Freak Zone
Underground and experimental music.
10.00 Dream Time Zakia Sewell with a playlist for late-night listening.
12.00 Guy Garvey's Finest Hour (R)
3.00am Jukebox
4.00 The BBC Introducing Mixtape
5.00 Chris Hawkins

Boom Radio

DAB+ boomradio.co.uk
6.00am Charles Nove **8.00** Rod Whiting **10.00** Rob Jones **12.00** The Vintage Charts of 1962 and 1972 **2.00pm** Simon Bates **4.00** Les Ross **6.00** Requests with Paul Robey **8.00** The Easy Hour **9.00** Choices: Phil Riley invites Valerie Holiday — a member of the Three Degrees since 1967 — to share some of her favourite music Repeated Thursday 9pm **10.00** Bill Bingham **12.00** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00 and 12 noon

6.30am Breakfast With Mark Forrest.
9.00 Sunday Morning
With Sarah Walker, today with a playlist that includes Imogen Holst, Haydn and Ravel. Plus the **Choral Reflection** — featuring the conclusion of Vaughan Williams's *Sea Symphony* — and the **Sunday Sequence**, which celebrates the waterways of the world to mark World Rivers Day.
12.00 Private Passions
Michael Berkeley welcomes writer Louisa Young, whose first book was about her grandmother Kathleen, a sculptor who was also the widow of the Antarctic explorer Robert Falcon Scott. With her daughter Isabel (under the pen name Zizou Corder), she has written five books for younger readers, including the bestselling *Lionboy* trilogy. Her most recent book, *The Golden Hours*, continues the much-loved *Cazalet Chronicles* sequence of novels originally written by her aunt, Elizabeth Jane Howard (1923—2014). Young's music choices include Chopin, Franck and Puccini.
1.30pm Music Map
Sara Mohr-Pietsch charts a musical journey towards one of William Byrd's most celebrated works, his *Great Service*. Although the composer was Catholic, his *Great Service* settings were intended to mark Anglican liturgy at great state occasions. The playlist focuses on the *Magnificat* (the Virgin Mary's hymn of praise to the Lord) and the *Nunc dimittis* (aged Simeon's recognition of the infant Jesus as the coming Saviour), and also features Haydn, Florence Price and Dobrinka Tabakova, plus a recording by Glenn Gould.
3.00 Music Matters: Arranging the Air
4/4. **The Magic and the Mayhem.** Martin Handley sets out to demystify the role of the conductor.
In this final instalment exploring performance, he's joined by conductors Jakub Hrůša, Dalia Stasevska, Mark Wigglesworth, Harry Christophers, Sofi Jeannin and Trevor Pinnock. They look at what makes some live performances particularly electric, and how conductors get the best out of an orchestral, choral or opera performance. With music by Strauss, Handel, Puccini, Verdi, Prokofiev, Barber, Caroline Shaw, Weber and Sibelius.
4.00 Jazz Record Requests With Alyn Shipton.
5.00 The Early Music Show
Hannah French presents highlights of a concert by Vox Luminis and the Freiburg Baroque Orchestra, who combined forces at the Thuringia Bach Festival in Eisenach earlier this year to perform sacred music by Bach and Telemann.
Erika Tandiono (soprano), Līga Zīriņa (soprano), Sophia Faltas (mezzo), Philippe Froeliger and Vojtech Semerad (tenors), Sebastian Myrus (bass), Vox Luminis, Freiburg Baroque Orchestra, conductor Lionel Meunier
Bach *Mass in G, BWV236*
Telemann *Es ist das Heil uns kommen her, TWV1:494*; *Nun kömmt die grosse Marterwoche, TWV1:1179*

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM
6.00am Claire Sturgess **9.00** Richard Allinson **1.00pm** The Album Show with Simon Mayo **4.00** Weekend Anthems **5.00** The UK Pop 40: Kate Thornton with the Top 20s from this week in 1984 and 1972 **7.00** Boogie and Arlene **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am Throwback Bollywood Mix **7.00** Bollywood: with Haroon Rashid **8.00** SmashBengali **10.00** Certified Throwbacks **11.00** Bollywood: with Gagan Grewal **12.00** Celebrates **1.00pm** Dipps Bhamrah **3.00** Nadia Ali **5.00** PKan D Man **7.00** Pritt **9.00** Bobby Friction **11.00** Asian Network Represents **12.00** Punjabi **1.00am** Nadia Ali **3.00** BBC Introducing **5.00** Bollywood Sing-Along Anthems

Absolute Radio

DAB+ absoluteradio.co.uk
8.00am Chris McCausland **11.00** Sarah Champion **2.00pm** Rock 'n' Roll Football with Jay Lawrence **6.00** Request Show with Claire Sturgess **8.00** Sunday Night Music Club **10.00** The Skin Show **12.00** Dan Noble

6.00 Choral Evensong
From York Minster with members of the Rodolfus Choral Course, featuring music by Richard Allain, Joseph Twist, Bairstow and Elgar. Recorded on 16 August. Introit: Cana's Guest (Richard Allain). Responses: Shephard. Psalm 114 (Bairstow). First Lesson: 2 Kings 4, vv1—7. Canticles: Winchester Service (Joseph Twist). Second Lesson: John 2, vv1—11. Anthem: Blessed City, Heavenly Salem (Bairstow). Hymn: Jesus, Come! for We Invite You (Unser Herrscher). Voluntary: Organ Sonata in G, Op 28 (ist mvt) (Elgar). Repeated from Wednesday
7.00 Sunday Feature: Keepers of the Light
Robert Louis Stevenson's family battled storms, shipwrecks and Scotland's most treacherous seas to build a network of lighthouses. He was expected to follow them, but instead chose to write. Author James Crawford explores the inheritance that Stevenson rejected and carried throughout his life, tracing the world that gave the writer the landscapes, ships, islands and adventures that would fill *Kidnapped* and *Treasure Island*. Producer Freya Hellier
7.45 Words and Music
The BBC's Contains Strong Language Festival has been celebrating poetry and the written word for 10 years, so this edition, recorded on 15 September with an audience in Salford, features actors Christopher Eccleston and Julie Hesmondhalgh with readings of works linked by the number 10. Lewis Carroll's lesson plan for the Mock Turtle starts with 10 hours and lessons each day, while Candice Carty-Williams's Queenie feels she is carrying and dropping 10 balls of wool, and there is Shakespeare's Sonnet No 10. Plus numerically compatible works by Bach, Chopin, Mozart and Tchaikovsky.
9.00 Goldie: Street to Symphony Hall
3/3. DJ/producer Goldie (Clifford Price) explores the two-way traffic between classical music and popular music of Black British origin artists reaching for the orchestra, and composers reaching for the beat.
10.00 Night Tracks With Sara Mohr-Pietsch.
11.30 Unclassified With Elizabeth Alker.
12.30am Through the Night
With Jonathan Swain, who begins with a recital from September 2025 at Wigmore Hall. **Tchaikovsky** *None but the Lonely Heart, Op 6 No 6* **Stravinsky** *Divertimento for violin and piano* **Enescu** *Concertstück* **Brahms** *Viola Sonata in E flat, Op 120 No 2* Lawrence Power (viola), Ryan Wigglesworth (piano) **1.27 Stravinsky** *Symphony in C* **1.57 Brahms** *Horn Trio in E flat, Op 40* **2.25 Daquin** *Les enchainements harmonieux* **2.31 Johan Duijck** *Cantiones sacrae in honorem Thomas Tallis, Op 26 Book 2* **2.51 Beethoven** *Symphony No 4 in B flat* **3.25 Handel** *Va tacito e nascosto (Giulio Cesare in Egitto)* **3.32 Schubert** *Piano Trio in E flat, D897* **3.42 Sanz** *Suite española* **3.53 Mary Smith** *Two Intermezzi (The Masque of Pandora)* **4.02 Chopin** *Nocturne in G, Op 37 No 2* **4.10 Abel** *Flute Sonata in G, Op 6 No 6* **4.20 Ruth Watson Henderson** *Come Holy Spirit* **4.25 Bacewicz** *Folk Sketches* **4.31 Porumbescu** *Balad?, Op 29* **4.36 Janáček** *The Wolf's Trail* **4.44 Debussy** *Prélude à l'après-midi d'un faune* **4.56 Haydn** *Keyboard Sonata in C, H XVI 35* **5.08 Power** *Salve Regina* **5.16 Telemann** *Trio onata in D minor, TWV42:d10* **5.26 Sibelius** *Belshazzar's Feast, Op 51* **5.42 Sjogren** *Cello Sonata, Op 58* **5.59 Mozart** *Piano Concerto No 26 in D, K537 (Coronation)* (R)

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind
6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix **5.00** Classical Wind Down: with Niall Breslin **8.00** Cinematic Soundtracks: with Edith Bowman **9.00** Soundwaves **10.00** Night Tracks **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast With Sam Pittis.
9.00 Tim Lihoreau Including at **9.00** the **Classic FM Hall of Fame Hour**, taken from listeners' Top 300 picks.
12.00 John Brunning Classical music.
3.00pm Stephen Mangan The actor and writer presents music and features, including the **Game Changer**, showcasing an influential person or piece of music.
6.00 Curtain Call with Richard Armitage
3/5. Series celebrating works composed for theatre, whether ballet, opera, musicals or incidental music.
7.00 Relaxed Evenings with Zeb Soanes
A playlist of music designed to help listeners relax.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton Music for late-night listening.
4.00 Lucy Coward Music and features.

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BBC Radio 4

92.4—94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News 5.30am, 6.00 and hourly to 11.00, 1.00pm then hourly to 12 midnight
Weather 5.32am, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.34am, 5.54pm, 12.48am

5.30am News Summary

5.43 Bells on Sunday
From St Swithun's in Hempsted, Gloucestershire.

5.45 In Touch
With Peter White. Repeated from Tuesday

6.00 News Summary

6.05 Beyond Belief
1/4. Giles Fraser and guests discuss holy facial hair, exploring how beards have been viewed across different faiths and what happens when growing a beard is either mandated or forbidden in a religious context. Panellists include Jasvir Singh, Rabbi Jonathan Romain, and Anglican blogger the Church Mouse, author of *Beard Theology*. Repeated from Tuesday

6.35 On Your Farm
Farming on Holy Island alongside Thousands of Tourists. Jo Lonsdale meets a farmer on Holy Island, off the Northumberland coast, who is struggling with visitors who cross her land, leave gates open and let their dogs chase her sheep. Producer Jo Lonsdale

7.00 News; Sunday Papers

7.10 Sunday Religious and ethical issues.

7.54 The Radio 4 Appeal
Beneficiary Jacqueline Durban makes an appeal on behalf of Lymphoma Action.
Producer Katy Takatsuki Rptd 9.25pm and Thursday 3.27pm
Donations: Freepost BBC Radio 4 Appeal, marked Lymphoma Action on the back of the envelope;Credit/debit cards: Freephone 0800 404 8144;online via the Radio 4 website

8.00 News; Sunday Papers

8.10 Sunday Worship
Gospel choir directors Bazil Meade (London Community Gospel Choir) and Karen Gibson (The Kingdom Choir) chat to Swarzy Shire about the tradition of gospel music in the UK.
Producer Miriam Williamson

8.48 Witness History
The story of Australia's Big Things, which started with the giant Scotsman sculpture that appeared in Adelaide in 1963.
Repeated from Sunday

8.58 Tweet of the Day
Tom McKinney, presenter of *Breakfast* on Radio 3, on the bearded tit.

9.00 Broadcasting House
Presented by Paddy O'Connell.

10.00 Desert Island Discs
New series. The writer Matt Haig is Lauren Laverne's castaway Producer Hannah Hufford
Repeated Friday 9am

11.00 The Archers
Omnibus edition. Available on BBC Sounds since midnight yesterday.

12.15pm Profile Repeated from yesterday 7pm

12.30 Unspeakable
4/6. Jon Culshaw, Mark Steel and Anna Thomas come up with witty new words with presenters Phil Wang and Susie Dent .
Rptd from Monday Rptd tomorrow 9am BBC Radio 4 Extra

1.00 The World This Weekend
Presented by Jonny Dymond.

1.30 The Oligarchs
A special report by Ukrainian journalist Vitaly Shevchenko, a member of the BBC Monitoring team. Producer Emma Close Repeated tomorrow 4pm

2.00 Gardeners' Question Time
Kathy Clugston chairs a *DIY SOS*-themed edition with Nick Knowles. Repeated from Friday

2.45 Naturebang
Becky Ripley and Emily Knight consider intelligence in plants.
Producers Becky Ripley and Emily Knight (R)

3.00 The Soldier's Return
1/2. Melvyn Bragg's semi-autobiographical novel, adapted by Robin Brooks. It's 1946 and Sam Richardson returns to the small, working-class town of Wigton in Cumbria after years of brutal jungle warfare in Burma.

Sam	**Billy Postlethwaite**	Leonard/Mr Bell/Arthur	
Ellen	**Emily Stott**		**Bryan Dick**
Joe	**Isaac Nelson**	Annie	**Evie Killip**
Jackie/Alex/Lad 2		Alan	**Isaac Farnhill**
	James Atherton	Lad 1	**Nathan Lawrence**
Grace/Mrs Bell/Nurse		Author	**Melvyn Bragg**
	Helen Longworth		

Director Jessica Dromgoole

4.00 Take Four Books
James Crawford is joined by Irish novelist Louise Kennedy. She talks about her new book *Stations* (this week's *Book at Bedtime*) and three books that influenced its writing: *I Could Read the Sky* by Timothy O'Grady and Steve Pyke; *The Grass Arena* by John Healy; and *Franny and Zooey* by JD Salinger.
Producer Dominic Howell Repeated Saturday 12.15am

4.30 Brain of Britain
10/17. Russell Davies hosts the quiz.
Producer David Bodycombe Repeated Saturday 11.30pm

5.00 Witness History
The story of how Mstislav Rostropovich, one of the greatest cellists in history, was stripped of his Soviet citizenship in 1978 for engaging in "unpatriotic activity". Repeated Sunday 8.48am
First broadcast on BBC World Service

5.10 The Verb
2/7. Ian McMillan introduces the best in poetry performance live from the Contains Strong Language festival in Salford. His guests include Len Pennie, Griot Gabriel and Joelle Taylor.
Producer Jessica Treen

6.00 Six o'Clock News

6.15 Pick of the Week With Jane Steel.

7.00 The Archers
Reality sets in for Amber, and Harrison has an awkward encounter.
For cast see Friday Repeated tomorrow 2pm
Ambridge Diary: page 101

7.15 Faithless
An exploration of the line between deep religious commitment and unhealthy control through intimate conversations with three women who chose to leave the religions they were born into. Micki, Esther and Nicola were once devout members of the Jehovah's Witnesses, Nigerian Deeper Life Bible Church and Mormonism respectively — but somewhere along the way, the balance tipped. Eventually, the effort of holding on became harder than letting go.
Producer May Robson Repeated tomorrow 3.30pm

7.45 Thief at the British Museum
3/9. **Lightbulb Moment.** A startling discovery leads Ittai Gradel to believe the thefts from the British Museum are recent and his clues point him towards someone in a position of trust. Katie Razzall presents.
Producer Darin Graham, Larissa Kennelly, Ben Henderson (R)

8.00 Word of Mouth
5/6. Michael Rosen talks to doorman George Bass, author of *What the Bouncer Saw*. Describing words as his riot shield, Bass shares what he's learnt about talking people out of a fight and how to communicate with colleagues using secret codes and walkie-talkies.
Repeated from Thursday

8.30 Last Word
The lives of notable people who have recently died. Repeated from Friday Repeated tomorrow 5.04am

9.00 Money Box Repeated from yesterday 12.04pm

9.25 The Radio 4 Appeal Repeated from 7.54am

9.30 From Our Own Correspondent
Repeated from yesterday 11.30am

10.00 The Westminster Hour

11.00 In Our Time
Misha Glenny hosts a discussion on particle accelerators, with Harry Cliff of Cambridge University, Joseph Martin of Durham University and Victoria Martin of the University of Edinburgh. Repeated from Thursday

11.45 Short Works
Sharon Morgan reads Deborah Kay Davies's *Valerie and the Mothers,* about a girl who yearns to disappear. Repeated from Friday

12.00 News and Weather

12.15—12.45am Crossing Continents
8/9. John Murphy explores the rise in anti-Ukrainian sentiment in Poland. Rptd from Tuesday

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910

6.00am Desert Island Discs Revisited as 5pm
6.45 The Founding of Mensa as 5.45pm
7.00 Poetry Extra as 6pm
7.30 Adrian Mole and the Weapons of Mass Destruction as 6.30pm
8.40 Inheritance Tracks 7.40pm
8.50 Paid Servant as 1.50pm
10.00 Whack-O! Radio sitcom from 1961
10.30 Take It from Here as 3.30pm
11.00 Desert Island Discs Revisited as 5pm
11.45 The Founding of Mensa as 5.45pm
12.00 Poetry Extra as 6pm
12.30pm Adrian Mole and the Weapons of Mass Destruction as 6.30pm
1.40 Inheritance Tracks as 7.40pm
1.50 Paid Servant Dramatisation of ER Braithwaite's 1958 sequel to *To Sir, with Love*. With Kwame Kwei-Armah and others. From 2008 (1—5/5)
3.00 Whack-O! Radio sitcom from 1961
3.30 Take It from Here Classic comedy scripted by Frank Muir and Denis Norden. From 1956
4.30 The Price of Fear Macabre master Vincent Price introduces William Ingram's *Blind Man's Bluff!*. With Freddie Jones and Geoffrey Collins. From 1975
5.00 Desert Island Discs Revisited A 2000 edition with London actor, comedian and singer Norman Wisdom (1915—2010) discussing his then favourite eight records, including Mario Lanza, Frank Sinatra, Gracie Fields and five featuring himself See Tue 4pm
5.45 The Founding of Mensa In 1946, Roland Berrill and Lancelot Ware were travelling on a train when they sparked up a conversation about intelligence testing. That encounter sparked the high IQ club, Mensa. Rachael Gillman speaks to the society's archivist
6.00 Poetry Extra Poet Daljit Nagra searches the BBC's poetry archive for pieces relating to wonder, the theme of this year's National Poetry Day
6.30 Adrian Mole and the Weapons of Mass Destruction Adaptation by Sara Davies of Sue Townsend's sixth novel in the series, published in 2004. Adrian is 34. Read by Harry McEntire (1—5/10)
7.40 Inheritance Tracks Singer/songwriter Laura Mvula discusses recordings by Omar and Nas
7.50 The Reunion A 2021 programme with Kirsty Wark joined by cast members of Richard Curtis's 2003 romantic comedy hit *Love Actually*, including Bill Nighy and Martine McCutcheon
8.30 Roots 4 Extra's celebration of London's Royal Court Theatre continues with a 2006 production of Arnold Wesker's third play, whose original Coventry production transferred to the Royal Court in 1959. Beatie Bryant returns to rural Norfolk life after a time in London, hoping her family will embrace her Jewish boyfriend Ronnie. With Eleanor Tremain
10.00—12.30 Comedy Club: Clare in the Community (6/6), at **10.30 Alexei Sayle's Strangers on a Train** (1/6), at **11.00 Ed Reardon's Week** (5/6), and at **11.30 Electric Ink** (3/6)
12.30am as 4.30pm **1.00** as 5pm **1.45** as 5.45pm **2.00** as 6pm **2.30** as 6.30pm **3.40** as 7.40pm **3.50** as 7.50pm **5.00** as 3pm **5.30** as 3.30pm

*Not available on Freeview in Scotland

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am The Newsroom **5.30** Asia Specific **5.50** Sporting Witness: how Magi Haroun became the first female photographer in the Premier League **6.00** Weekend **9.00** News **9.05** From Our Own Correspondent **9.30** The Food Chain **10.00** News **10.05** People Fixing the World **10.30** The Fifth Floor **11.00** The Newsroom **11.30** Dear Daughter: a mother on raising her daughter with global developmental delay **11.50** More or Less **12.00** News **12.05pm** BBC OS Conversations **12.30** World of Secrets: Searching for Soldier Dad **1.00** Newshour **2.00** News **2.05** The Climate Question **2.30** Happy News **3.00** News **3.05** Sportsworld **7.00** The Newsroom **7.30** The Global Jigsaw **8.00** News **8.05** Unexpected Elements **9.00** Newshour **10.00** News **10.05** The Climate Question **10.30** Assignment: anti-Ukrainian sentiment in Poland **11.00** The Newsroom **11.30** The Fifth Floor **12.00** News **12.05am** From Our Own Correspondent **12.30** BBC Inside Science: with Tom Whipple **1.00** The Newsroom **1.30** The Art of Being a Zombie Ant Fungus: Bridget Nicholls investigates an intriguing natural phenomenon **2.00** The Newsroom **2.30** Crowd Science: investigating whether human company has a positive impact on plants **3.00** News **3.05** People Fixing the World **3.30** The Fifth Floor **4.00** The Newsroom **4.30** The Conversation

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705 **Sky** 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Newscast
Adam Fleming with in-depth news.
6.00 The Martin Lewis Podcast
An hour of money-saving tips, including responses to listeners' financial queries.
7.00 Sunday Breakfast
With Jeanette Kwakye and Steffan Powell.
10.00 Colin Murray Sports chat and more.
12.00 5 Live Sport
Katie Smith presents coverage of the day's action, including updates from England v Sri Lanka in the third one-day international (full commentary on Sports Extra) and today's Women's Super League fixtures. Plus build up to the **3.00** Prem rugby union commentary on Leicester Tigers v Saracens at Mattioli Woods Welford Road Stadium. At **4.30** there's commentary on the Women's Super League match between Chelsea and Arsenal at Stamford Bridge.
6.30pm 606 Football phone-in with Robbie Savage and Chris Sutton.
8.00 F1: Chequered
This episode of the podcast features a review of the Azerbaijan Grand Prix.
8.30 The Boxing Board
3/4. Podcast. Chair Ade Oladipo invites Johnny Nelson and comedian Kevin "KG" Garry to revisit the greatest boxing rounds.
9.00 Stephen Nolan Topical show.
12.00 Strange but True Crime
Two episodes of the podcast.
1.00am Dotun Adebayo Phone-in.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
Freeview 706 **Freely** 607 **Freesat** 706 **Sky** 0127 **Virgin** 908

10.15am—6.30pm Test Match Special
The third one-day international between England and Sri Lanka, live from the Oval.

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731 **Sky** 0107 **Virgin** 927

6.00am Sports Breakfast 10.00 Sunday Edition 12.00 The Warm Up 5.00pm The Final Word 8.00 Trans Europe Express 11.00 A Talksport Special 1.00am Extra Time 5.00 Early Sports Breakfast

Talksport 2

DAB+ talksport.co.uk

8.30am—2.45pm International One-Day Cricket South Africa v Australia.
2.45—5.00 Prem Rugby Union
Leicester Tigers v Saracens.
5.00—11.15 Presidents Cup Golf
The fourth and final day in Illinois.
11.15—5.00am NFL American Football
San Francisco 49ers v Arizona Cardinals; **1.00am** Denver Broncos v LA Rams.

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734 **Sky** 0121 **Virgin** 919

7.00am Matthew Wright **10.00** Lewis Goodall **12.00** Ali Miraj **3.00pm** Henry Riley **6.00** Clare Foges **9.00** Consumer Hour **10.00** Nick Abbott **1.00am** James Max **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio

6.00am Rosie Wright and Guto Harri **10.00** Adam Boulton: political interviews **1.00pm** Ryan Tubridy: at 2.15 Vikas Swarup discusses book *The Girl with the Seven Lives*, and at 3.30 Lee Child talks about his book *Exit Strategy* **4.00** Ayesha Hazarika **7.00** Highlights **10.00** Darryl Morris **1.00am** The Best of Times Radio

Key (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

MONDAY RADIO

TODAY'S REVIEWS



PAUL WILKINSON

The Essay: This Sounding Isle

9.45pm ***Radio 3***

This week Radio 3 regular Kate Kennedy (above), perhaps best remembered for her attempt to re-create the BBC's 1925 duet between a cellist and a nightingale, seems to have been inspired by Radio 4's Clare Balding. Every day Kennedy will ramble in the company of a present-day composer through a place associated with a musical giant of the past. Today she follows in the footsteps of Dame Ethel Smyth, who took an inspiring walking tour of Cornwall in 1886. Tomorrow Kennedy is in Stoke-on-Trent, birthplace of Havergal Brian. Wednesday's and Thursday's trips are more personal: in Essex Nicola Lefanu pays tribute to her mother Elisabeth Maconchy, while in Aldeburgh Colin Matthews remembers working with Benjamin Britten. Finally Kennedy walks through London's Westminster, once home to Ralph Vaughan Williams. **DAVID MCGILLIVRAY**

Book at Bedtime: Stations

10.45pm ***Radio 4***

Louise Kennedy had a huge hit in 2022 when she published her debut novel *Trespasses*, a tale of love across the divide set during Troubles-era Northern Ireland which in 2025 was turned into an admired Channel 4 drama. Now comes *Stations*, in which Kennedy draws on not dissimilar source material with a story about a couple — or are they in fact a couple? — called Róisín and Red that starts in Ireland in 1982 and evolves compellingly over time and place. The reader is the Belfast-born actor Amy Molloy. She captures the world Kennedy has created beautifully, and this is a *Book at Bedtime* that treats us to 10 episodes, not just five. So that's the next fortnight sorted. **SIMON O'HAGAN**

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Charlie and Jerry **1.00pm** Matt and Mollie **3.30** Going Home **6.00** New Music Show **8.00** Future Artists **10.00** Power Down Playlist **11.00** Daniel P Carter **1.00am** BBC Introducing Rock **2.00** Anthems **4.00** Mylo and Rosie

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702 **Sky** 0102 **Virgin** 902

6.30am Sara Cox
9.30 Vernon Kay
Music, chat and features, including at **10.30** the pop quiz **Ten to the Top** and at **11.40 Tracks of My Years**, this week featuring — two a day — 10 of the favourite records of 4 Non Blondes singer/songwriter and guitarist Linda Perry. She begins with a 1971 classic by the Carpenters and the first US hit by Sérgio Mendes and Brasil '66.
12.00 Jeremy Vine
2.00pm Trevor Nelson
4.00 Gary Davies
7.00 Jo Whiley
9.00 The Blues Show
Shaun Keaveny sits in for Cerys Matthews with blues-inspired playlists.
10.00 The Good Groove with DJ Spoony
12.00 OJ Borg
3.00am Dance Sounds of the 90s with Vernon Kay Themed playlists. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

7.00am Nick Grimshaw
US musician, songwriter and producer Rostam Batmanglij (ex-Vampire Weekend) discusses his latest music and shares some of his favourite records. Plus a chat with fellow broadcaster Craig Charles, who leads 6 Music's Way with Words — an annual celebration of poetry and spoken word, which takes place on Thursday.
10.00 Lauren Laverne
1.00pm Craig Charles
Ahead of National Poetry Day and 6 Music's annual Way with Words — both on Thursday — Craig talks poetry with guests across the week, starting with singer/songwriter Jill Scott.
4.00 Steve Lamacq's Teatime Session
7.00 New Music Fix Daily
9.00 Riley and Coe
11.00 6 Music Artist in Residence
1/4. Members of Bristol post-punk band Idles curate themed playlists. From 2021. (R)
12.00 In Their Own Words BBC archive interviews and performances featuring Michael Kiwanuka kick off five hours of programming devoted to the London-born indie folk-rock singer/songwriter.
2.00am Michael Kiwanuka Live
Michael Kiwanuka in session for 6 Music in 2011 and at Glastonbury in 2019.
3.00 The Best of Michael Kiwanuka's Sunday Service Highlights from the shows, including tracks by Muddy Waters, Link Wray, the Isley Brothers, J Dilla and Fela Kuti.
4.00 The Michael Kiwanuka Playlist
Tracks celebrating Michael Kiwanuka's music, origins, influences and inspirations.
5.00 Chris Hawkins

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton's Music Show **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** David Hamilton's Million Sellers **10.00** Diana Luke **12.00** Derek Webster **2.00am** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 6.30am, 7.00, 7.30, 8.00, 8.30, 1.00pm and 6.00

6.30am Breakfast With Tom McKinney.
9.30 Essential Classics With Georgia Mann.
1.00pm Classical Live
Throughout the week Elizabeth Alker showcases BBC ensembles as they launch the 2026/7 season, starting with Baroque music from the BBC Philharmonic and a Baroque-inspired piece from the BBC Scottish Symphony Orchestra. And a weeklong spotlight on BBC Radio 3 New Generation Artists begins with the Astatine Trio and the Novo Quartet. This week's featured artist is Verità Baroque, a Germany-based instrumental ensemble founded in 2020 and whose mission it is to contextualise Baroque chamber music in the 21st century.
LIVE But to start, from **1.00**, the weekly lunchtime recital broadcast from Wigmore Hall in London, with Hannah French introducing pianist Elisabeth Brauss in a diverse programme of works by Mozart, Bartók, Messiaen and Chopin.
Mozart *Piano Sonata in F, K332*
Bartók *14 Bagatelles, Op 6*
Messiaen *Le baiser de l'Enfant-Jésus (Vingt regards sur l'Enfant-Jésus)*
Chopin *Fantaisie in F minor, Op 49*
2.00 Vivaldi *Concerto in C, RV537*
Bach *Contrapuncti 1, 4, 7 and 9 (The Art of Fugue, BWV1080)*
Thomas Fountain and Gwyn Owen (trumpets), BBC Philharmonic, conductor Jonathan Cohen
Haydn *Piano Trio No 45 in E flat, H XV 29*
Astatine Trio
Ravel *Le tombeau de Couperin*
BBCSSO, conductor Gemma New
Wilhelmine of Bayreuth *Flute Sonata in A minor*
Taya König-Tarasevich, Verità Baroque
Brahms *Clarinet Quintet in B minor, Op 115*
Oleg Shebeta-Dragan, Novo Quartet
Classical Live listings are not comprehensive and content is subject to changes prior to broadcast
4.00 Composer of the Week: Cyril Scott (1879—1970)
1/5. **Time in Frankfurt.** Donald Macleod explores the life of English composer Cyril Scott, beginning with his early years. As a boy, he's sent to Germany to study the piano. There he becomes friends with Percy Grainger and quickly makes a name for himself with a performance of his First Symphony in Darmstadt, followed by his *Piano Quartet* presented in London with the celebrated violinist Fritz Kreisler.
Lotus Land, Op 47 No 1 (arr Zimmermann for seven instruments) WDR Symphony Orchestra, conductor Heinz Holliger
Lullaby, Op 57 No 2 Julian Lloyd Webber (cello), John Lenehan (piano)
Water Wagtail, Op 71 No 3
Paradise Birds (Poems), Nino Gvetadze (piano)
Symphony No 1 (excerpt)
BBC Philharmonic, conductor Martyn Brabbins
Etude, Op 4 No 3 Leslie De'Ath (piano)
Piano Quartet, Op 16 Primrose Quartet
RT OFFER Cyril Scott *Symphony No 1 and Cello Concerto* — featuring cellist Paul Watkins and the BBC Philharmonic conducted by Martyn Brabbins — is available for £19.90 inc p&p. Call 0115 982 7500 quoting ref CHAN10452 or visit radiotimes.com/cds
5.00 In Tune
Petroc Trelawny is joined by Olivier-nominated actor Sierra Boggess, who first appeared in a production of *The Phantom of the Opera* in 2006 and who this year performs in the 40th-anniversary cast.
7.00 Classical Mixtape Nonstop music.
7.30 Radio 3 in Concert
Verity Sharp presents a concert from 18 September at St Asaph Cathedral as part of North Wales International Music Festival, with the BBC National Orchestra of Wales performing Beethoven's *Pastoral* symphony, Vaughan Williams's popular *The Lark Ascending* and the premiere of *Nature's Dance*, a harp concerto by Welsh composer Cameron Biles-Liddell. Thomas Mathias (violin), Alis Huws (harp), BBC NOW, conductor Tianyi Lu
Vaughan Williams *The Lark Ascending*
Cameron Biles-Liddell *Nature's Dance (BBC commission: first performance)*
Beethoven *Symphony No 6 in F (Pastoral)*
9.45 The Essay: This Sounding Isle
RT *1/5.* **Lizard Peninsula.** Kate Kennedy walks with composers in the places that had significance for their 20th-century predecessors. She begins on the Cornish coastline, joined by Graham Fitkin and following in the footsteps of Ethyl Smyth, who in the late 1800s took a walking tour there. She was captivated by mythical tales of Cornish villagers who on stormy nights lured passing sailing ships on to their rugged coast to plunder any cargo. Producer Adrian Washbourne
10.00 Night Tracks With Sara Mohr-Pietsch.
11.30 'Round Midnight
Soweto Kinch with new and classic jazz. This week the **4/4** feature marks National Poetry Day (on Thursday) with Trinidadian poet, novelist and musician Anthony Joseph, who shares four influential albums that include poetry or spoken word. He begins with the Last Poets.
12.30am Through the Night With Jonathan Swain.
Brahms *Violin Concerto in D* **Bach** *Solo Violin Sonata No 3 in C, BWV1005 (3rd mvt) (encore)* **Strauss** *Aus Italien, Op 16* Janine Jansen (violin), Swedish Radio Symphony Orchestra, conductor Antonio Pappano **1.58 Brahms** *Intermezzo in E, Op 116 No 4* **2.03** *Violin Sonata in F, TWV41:F4 (Essercizii musici)* **2.14 Bach** *Fantasia in G, BWV572 (Pièce d'Orgue), arr Barczi for strings* **2.23 Chopin** *Bolero in A minor, Op 19* **2.31 Stainov** *Fairy Tale* **3.04 Beethoven** *Piano Sonata No 18 in E flat, Op 31 No 3* **3.27 Jacquet de La Guerre** *Trio Sonata No 3 in D* **3.36 Leopolita** *Missa Paschalis* **3.55 Berlioz** *Overture: Waverley, Op 1* **4.06 N Boulanger** *Three Pieces for cello and piano* **4.14 Glinka** *Overture: Ruslan and Lyudmila* **4.20 Loeillet** *Trumpet Sonata in G* **4.31 Wolf** *Italian Serenade* **4.38 Sermisy** *Chansons (selection)* **4.48 Grieg** *Two Elegiac Melodies, Op 34* **4.57 Marais** *Les folies d'Espagne* **5.07 Vivaldi** *Violin Concerto in C, RV179* **5.17 Mozart** *Variations on Ah, vous dirai-je, Maman, K265* **5.28 Stravinsky** *Agon* **5.51 Mancini** *Missa septimus* **6.17 Fanny Mendelssohn** *Vier Lieder für das Pianoforte, Op 8*

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM

6.00am Rossie: chat and music, including the Morning Mystery Oldie **10.00** Ken Bruce: including at 10.30 the PopMaster music quiz **1.00pm** Zoe Ball **4.00** The Simon Mayo Drivetime Show **7.00** Jackie Brambles **10.00** Andy Crane **1.00am** Music Marathon: including ten hits in a row each hour **4.00** Alex Lester

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am The Everyday Hustle: with Harleen Nottay **6.30** Desi Dancefloor Mix **7.00** Nikita Kanda **11.00** Haroon Rashid **1.00pm** Bollywood **2.00** Certified Throwbacks **3.00** Jaz Singh **6.00** Vallisa **8.00** New Music Show: with DJ Limelight **10.00** Motivation: with Ramzan Miah **11.00** Trending **1.00am** Nadia Ali **3.00** Bobby Friction **5.00** Bollywood: with Natasha Retnasingam

Absolute Radio

DAB+ absoluteradio.co.uk

6.00am Dave Berry: lively chat, guests and tunes **10.00** Leona Graham: mainstream and indie rock and pop **1.00pm** Ben Burrell **4.00** Hometime with Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind

6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix **5.00** Classical Wind Down **8.00** Cinematic Soundtracks **9.00** Ultimate Calm: from April, with folk giant Peggy Seeger (at 90) sharing her Safe Haven (1/12) **10.00** Night Tracks: with Sara Mohr-Pietsch **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast Dan Walker with music and features, including **Three Little Words** — three clues, connected by a place, person or object — and, after **9.00**, the **Classic FM Hall of Fame Hour**, featuring music from the current Top 300 chart.
10.00 Aled Jones Classical favourites.
1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame Top 300.
4.00 Margherita Taylor Classic FM favourites. Plus features, including at **4.30** the **Film Favourite**.
7.00 Relaxed Evenings with Zeb Soanes
A playlist of music designed to help listeners relax.
10.00 Calm Classics Ritula Shah presents.
1.00am Bill Overton 4.00 Lucy Coward

BBC Radio 4

92.4—94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News 5.00am, 6.00 and hourly to 12 midnight
Weather 5.32am, 5.57, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am
Shipping Forecasts 5.34am, 12.48am

5.00am News Summary

5.04 Last Word
Reflecting on the lives of notable people who have recently died. Repeated from yesterday 8.30pm

5.43 Prayer for the Day
A prayer to start the day with Haydon Spenceley.

5.45 Farming Today
Food, farming and the countryside.

6.00 Today
Presented by Anna Foster and Nick Robinson.

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day
With the Rev David Wilkinson.

9.00 Start the Week
Tom Sutcliffe is joined by poets Simon Armitage and Jade Cuttle, and acoustic engineer Trevor Cox for a discussion at the Contains Strong Language festival in Salford. Topics include poetry both ancient and new, and the latest innovations in listening to the spoken word.
Producer Katy Hickman Repeated 9pm

9.45 Café Hope
4/10. Rachel Burden presents thought-provoking talks in which speakers explore original ideas about culture and society.
Producer Uma Doraiswamy Repeated 9.45pm

10.00 Woman's Hour
With Kylie Pentelow. Editor Karen Dalziel

11.00 The Value Crisis
3/3. **Prompting a Crisis?** Ros Atkins explores whether AI will deepen creativity, relationships and the ability to solve huge problems — or hollow out work, culture and skills. With contributions from economist Daniel Susskind, futurist Amy Webb, businesswoman Alex Mahon, *New Yorker* writer Kyle Chayka and Baroness Beeban Kidron.

11.45 Book of the Week: Empire at the Edge of the World
1/5. **The Race for a Lost Arctic Continent** Giles Milton's story of explorer Vilhjalmur Stefansson's 1913 expedition to colonise Wrangel Island in the Siberian Arctic and claim it for Britain. Today, Stefansson secures Canadian government backing to hunt for a rumoured Arctic landmass. Read by Edmund Kingsley and abridged by Karen Rose.
Producer Karen Rose Repeated 12.30am

12.04pm You and Yours
Winifred Robinson presents reports on consumer affairs and public interest stories.

1.00 The World at One
Presented by Sarah Montague.

1.45 Seven Ages of Man, with Michael Rosen
3/7. Writer and comedian David Baddiel shares the realities of being a man in his 60s, in conversation with Michael Rosen. He confronts a new awareness of mortality and the importance of family above all.

2.00 The Archers Repeated from yesterday 7pm

2.15 Fags, Mags and Bags
6/6. **Shopnucopia.** Series 11 of the comedy written by and starring Sanjeev Kohli and Donald McLeary. Ramesh and Dave enjoy their annual stocktake and pay a musical homage to their crisps and greeting card displays, though the discovery of a long-lost chocolate favourite causes an unexpected trip to A&E.
Ramesh **Sanjeev Kohli** Mrs Begg **Marj Hogarth**
Dave **Donald McLeary** Bishop Briggs
Sanjay **Omar Raza** **Michael Redmond**
Alok **Susheel Kumar** Dr Spocktor **Forbes Masson**
Producer Gus Beattie (R)

2.45 Faith, Hope and Glory
3/5. **Faith.** Drama by Winsome Pinnock, first broadcast in 2021. Faith has never recovered from losing Hope's child at the docks in Tilbury. Seven years later she is still haunted by the tragedy, but her friend Millie suggests a way to put an end to the bad memories.
All episodes are on BBC Sounds.
Faith **Shiloh Coke** Audience member **Neil McCaul**
Millie **Jane Wittenshaw**
Director Pat Cumper (R)

3.00 Great Lives
8/9. For his penultimate edition as presenter, Matthew Parris is joined by the musician Pauline Black, once of ska reggae band the Selecter. Her Great Life is that of punk musician Poly Styrene (1957—2011; real name Marianne Elliott). Poly fronted the band X-Ray Spex, best known for their 1979 single *Germ-Free Adolescence*. There are contributions from Poly's daughter Celeste.
Producer Miles Warde Repeated tomorrow 11.30pm

3.30 Faithless
Repeated from yesterday 7.15pm

4.00 The Oligarchs
Repeated from yesterday 1.30pm Repeated tomorrow 5.04am

4.30 Rewinder Repeated from Saturday 10.30am

5.00 PM
Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Unspeakable
5/6. Stand-up comic Phil Wang and lexicographer and etymologist Susie Dent challenge Adam Buxton, Daliso Chaponda and Cariad Lloyd to dream up new words for universal, shared concepts and experiences that have always lacked names — until now.
Producer Jon Harvey; Executive producers Joe Varley and Akash Lockmun Repeated Sunday 12.30pm

7.00 The Archers
Ian finds himself torn and Emma offers her support. For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
Bestselling author Sebastian Faulks talks about his latest novel, *Farewell to Eden*, and artist Es Devlin discusses her retrospective at the Design Museum. Producer Eliane Glaser

8.00 Rethink
4/5. **What We Put into Space.** Professor Ben Ansell and guests reflect on whether space is the next environmental frontier, and whether we should be considering space in the same way that we think about the oceans and the rainforests. Dr Samantha Lawler (Associate Professor of Astronomy at the University of Regina in Canada) is among the contributors.
Repeated from Thursday BBC Radio 4

8.30 BBC Inside Science
Tom Whipple presents the latest scientific research to make the news headlines.
Repeated from Thursday Repeated Wednesday 5.04am

9.00 Start the Week Repeated from 9am

9.45 Café Hope Repeated from 9.45am

10.00 The World Tonight
Presented by James Coomarasamy.

10.45 Book at Bedtime: Stations
RT *1/10.* By Louise Kennedy. Róisín and Red meet as teenagers in Ireland in 1982. Red's reputation for trouble precedes him — but Róisín finds herself swept up in his storm, and soon their connection deepens. Read by Amy Molloy and abridged by Rowan Routh.
Producer Michael Shannon

11.00 Limelight: Cobalt
1/5. By Eno Mfon and Darragh Mortell. Maita goes to see her father for her birthday, but he's not about — and there's something strange about his flat. When she goes to look for him down the docks where he works, she discovers there is more than just her dad that has gone missing.
All episodes are on BBC Sounds.
Maita **Saffron Coomber** Chatty Caryl **Carys Eleri**
Julian **John Pfumojena** Newsreader/TikToker
Bevin **Tonderai Munyevu** **Rhiannon Neads**
Kat **Caitlin Richards** Woman on tape **Chipo Mushuku**
Tony **Dean Rehman** Not Jehovah/TikToker
Meditation voice/TikToker **Tyler Cameron, John Lightbody**
Kitty O'Sullivan
Director John Norton (R)

11.30 Great Lives
Actor Derek Jacobi and playwright and theatre critic Tim Walker reflect on the work of actor and director Laurence Olivier (1907—89). Matthew Parris presents. Producer Miles Warde (R)

12.00 News and Weather

12.30—12.45am Book of the Week: Empire at the Edge of the World Repeated from 11.45am

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910

6.00am The Doomed Oasis (1/6)
6.30 Crown Papers Period drama. From 1991 (6/6)
7.00 Chambers Legal sitcom. From 1996 (3/5)
7.30 Dad's Army 1976 sitcom
8.00 Plum House Sitcom in a country house (2/6)
8.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (6/10)
8.45 Tristram Shandy as 7.45pm
9.00 Unspeakable Panel game (4/6)
As broadcast last Monday BBC Radio 4
9.30 Oliver Burkeman Is Busy From 2016 (1/5)
9.45 Daily Service Led by Tim Gee. Reading: Parable of the Sower. Music: We Plough the Fields and Scatter
10.00 Fame in the Family as 4pm
10.30 Paint It Black as 4.30pm
11.00 The Doomed Oasis Thriller (1/6)
11.30 Crown Papers Period drama. From 1991 (6/6)
12.00 Chambers Legal sitcom. From 1996 (3/5)
12.30pm Dad's Army 1976 sitcom
1.00 Plum House 2018 sitcom. Series two (2/6)
1.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (6/10)
1.45 Tristram Shandy as 7.45pm
2.00 Just a Minute 2012 edition (2/6)
2.30 Trevor's World of Sport 2007 sitcom (5/6)
3.00 The Unrest Cure Comic story by Saki, freely adapted by Rex Anderson and Nick Higham. From 1981
3.30 Happy Returns Nan Woodhouse drama with Benjamin Whitrow and Joan Walker. From 1992
4.00 Fame in the Family A 2007 edition in which Penny Junor invited Paul Stewart to recall life with his father, former champion racing driver Jackie Stewart
4.30 Paint It Black *Archers* actor Felicity Finch follows a group of dedicated cave painters as they create works of subterranean art. From 2002
5.00 The Doomed Oasis Thriller (1/6)
5.30 Crown Papers Period drama. From 1991 (6/6)
6.00 Chambers Legal sitcom. From 1996 (3/5)
6.30 Dad's Army 1976 sitcom
7.00 Plum House Sitcom with Simon Callow (2/6)
7.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (6/10)
7.45 Tristram Shandy Graham White's dramatisation of Laurence Sterne's comic classic. From 2005 (1/10)
8.00 Just a Minute 2012 edition (2/6)
8.30 Sizwe Banzi Is Dead South African writer Athol Fugard introduces a production of his 1972 play. Written collaboratively with actors John Kani and Winston Ntshona, the work is set at the height of apartheid and depicts oppression, racism and identity. Recorded in September 2022 at Patrick Studio, Birmingham Hippodrome
10.00—12.00 Comedy Club: Unspeakable (4/6), at **10.30 Brian Appleton's History of Rock 'n' Roll** (2/6), at **10.45 The Jail Diaries of Sir Ralph Stanza**, at **11.00 The News Quiz** (4/8), at **11.30 The Absolutely Radio Show** (4/4)
12.00 as 4pm **12.30am** as 4.30pm **1.00** as 5pm **1.30** as 5.30pm **2.00** as 6pm **2.30** as 6.30pm **3.00** as 7pm **3.30** as 7.30pm **3.45** as 7.45pm **4.00** as 8pm **4.30** as 8.30pm **5.00** as 3pm **5.30** as 3.30pm

*Not available on Freeview in Scotland

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** The Interview **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Crowd Science: Anand Jagatia investigates whether human company has a positive impact on plants, talking to experts and examining evidence **10.00** News **10.05** The History Hour **11.00** The Newsroom **11.30** The Global Story **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** The Conversation **2.00** Newshour **3.00** News **3.05** The Interview **3.30** Business Daily **3.50** World Business Express **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History: the story of how the Jodrell Bank Observatory was designed and built, as well as how the telescope proved its worth during the space race of the 1960s **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** From Our Own Correspondent **8.30** Discovery **9.00** Newshour **10.00** News **10.05** The Interview **10.30** The Conversation: two women from different cultures discuss their shared interests **11.00** The Newsroom **11.30** World Business Report **12.00** News **12.05am** The History Hour **1.00** The Newsroom **1.30** The Global Story **2.00** The Newsroom **2.30** Assignment **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** In the Studio: the processes of leading and emerging figures from across the creative world

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705
Sky 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money
Financial news, reports and analysis across the full spectrum of issues, whether regarding the global economy, the high street or AI technology. Plus interviews with movers and shakers, business leaders and bosses.

6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with a detailed look at the headlines, plus sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell
Discussion of topical issues and the chance for listeners to phone in.

11.00 Naga Munchetty
With the latest news, big-name interviews from around the UK and listeners' personal experiences.

2.00pm Matt Chorley
News and topical political discussion, including analysis from specialist commentators and listener input. Plus in-depth interviews with MPs, elected mayors and cabinet ministers.

4.00 5 Live Drive
Clare McDonnell and Chris Warburton with the latest news and sport. Plus interviews linked to topical issues.

7.00 5 Live Sport
Mark Chapman with sports news and debate. Plus features, including at **7.00 The Monday Night Club**, in which he is joined by Joe Hart, Andros Townsend and Pet Nevin to discuss the weekend's football action. And at **9.00 5 Live Rugby League**, in which Mark Chapman and guests look ahead to this year's Super League Grand Final.

10.00 Anna Jameson
Topical discussion, with a phone-in.

1.00am Dotun Adebayo
News and topical discussion, including at **1.00—4.00** the weekly **World Football Phone-in**.

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731
Sky 0107 **Virgin** 927

6.00am Talksport Breakfast
A breakfast buffet of sport.

10.00 Jim White and Simon Jordan
Sporting insight and opinion, today joined by guest Martin Keown.

1.00pm Hawksbee and Jacobs

4.00 Talksport Drive
With Andy Goldstein and Darren Bent.

7.00 Kick Off Sports debate.

10.00 The Sports Bar
Reaction, analysis and the chance for listeners to have a say on the day's sport.

1.00am Extra Time With Paul Ross.

5.00 Early Sports Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734
Sky 0121 **Virgin** 919

7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** James Max **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio

5.00am Tom Nunan: the headlines **6.00** Kate McCann and Stig Abell: at 9.00 Ayesha Hazarika and Fraser Nelson discuss the morning's headlines, live from the Labour Party Conference in Liverpool **10.00** Hugo Rifkind: political discussion **1.00pm** The Times at One: with Andrew Neil **2.00** Jane Garvey and Fi Glover **4.00** John Pienaar **7.00** The Evening Edition with Kait Borsay **10.00** Carole Walker: with a first look at the papers **1.00am** The Best of Times Radio

Key (R) Repeat

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TUESDAY RADIO

TODAY'S REVIEWS



A Place Called Home

2.15pm ***Radio 4***

In the first of six loosely connected dramas set against the backdrop of Britain's housing crisis, writer Tanika Gupta (above) tells the story of a west London tower block under stress. When black mould brings her neighbour's three-year-old to the hospital where she works, Shazia (Avita Jay) decides that it's time to organise the other residents and demand improvements. But she faces the resistance of tenants like Amara, who fears attracting the attention of the Home Office. The Housing Association that lets the sub-standard flats behaves like a slum landlord, allowing horrors such as rat infestation, dangerous wiring and ventilation faults to go unchecked. Grenfell Tower obviously comes to mind.

FIONA HUGHES

Radio 3 In Concert

7.30pm ***Radio 3***

Brahms's uplifting take on the requiem is a mainstay of the choral repertoire. In this recent recording from Manchester's Bridgewater Hall, the BBC Philharmonic Orchestra are conducted by Anja Bihlmaier. The voices come from the Audi Young Persons' Choral Academy, an ensemble of younger German and Austrian singers. Rather than being about death, this is a requiem about hope, offering comfort to the grieving. Also on the bill, Lili Boulanger's bold, organ-powered setting of Psalm 24. Guest soloists are soprano Julia Grüter and baritone Joshua Hopkins. **MICHAEL HODGES**

THIS WEEK'S HIGHLIGHTS See p102

Pop Art Remixed

4.00pm ***Radio 4***

Gavin Turk on the power of an art movement for which, 70 years on, Britain can take credit.

GETTY

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700
Sky 0101 **Virgin** 901

7.00am Greg James **10.30** Charlie and Jerry **1.00pm** Matt and Mollie **3.30** Going Home **6.00** New Music Show with Jack Saunders **8.00** Future Artists with Sian Eleri **10.00** Power Down Playlist **11.00** Indie Show **1.00am** Dance Drum 'n' Bass Mix **2.00** Anthems **4.00** Mylo and Rosie

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702
Sky 0102 **Virgin** 902

6.30am Sara Cox
Upbeat show with chat, listeners' calls and texts, top guests and music.

9.30 Vernon Kay
Including at **10.30** the **Ten to the Top** music quiz and at **11.40 Tracks of My Years**, with two more picks from Linda Perry (of 4 Non Blondes), today discussing a major 1963 classic by the Beach Boys and a Supertramp 1979 US Top Ten hit that failed to chart in Britain.

12.00 Jeremy Vine Topical discussion.

2.00pm Clara Amfo
Sitting in for Trevor Nelson.

4.00 Gary Davies

7.00 Jo Whiley

9.00 The Jazz Show with Jamie Cullum

10.00 The Good Groove with DJ Spoony
In this week's edition of the **Rewind Selector** feature, Tennessee-born singer Norma Jean Wright — lead singer of Chic in 1977 and 78 — picks the tunes and shares her memories.

12.00 OJ Borg
New and classic pop, chat and extensive input from listeners, including the feature **Midnight Mastermind**, in which listeners challenge OJ in a specialist subject.

3.00am Sounds of the 90s with Fearne Cotton A diva-themed **Mixtape** vol 2. (R)

4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

7.00am Nick Grimshaw

10.00 Lauren Laverne

1.00pm Craig Charles
On the eve of National Poetry Day, Craig discusses lyrics with drummer and producer Questlove (Ahmir Thompson). Poet and illustrator Rupi Kaur talks about how her identity has shaped her writing.

4.00 Huw Stephens

7.00 New Music Fix Daily Deb Grant and Nathan Shepherd with a pick of new music.

9.00 Riley and Coe

11.00 6 Music Artist in Residence
2/4. Members of Bristol post-punk band Idles curate themed playlists. From 2021. (R)

12.00 6 Music's Indie Forever

1.00am Peel Acres Tom Ravenscroft invites music stars to sift through the home record collection of his father, John Peel (1939—2004), starting with DJ/producer Erol Alkan in 2022, followed at **2.00** by, Hot Chip frontman Joe Goddard in 2023.

3.00 Live Hour Shakespears Sister's 1992 gig at London's Town and Country Club, plus sessions by th' Faith Healers (in 1994) and FEELS (in 2019).

4.00 The 6 Music Playlist

5.00 Chris Hawkins

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** David Hamilton's Million Sellers **10.00** Diana Luke **12.00** Derek Webster **2.00am** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 6.30am, 7.00, 7.30, 8.00, 8.30, 1.00pm and 6.00

6.30am Breakfast
Tom McKinney with the headlines, listeners' texts and music, including regular features such as the **Dawn Chorus** and **Bach before 7**.

9.30 Essential Classics
Georgia Mann with an eclectic playlist, personal music observations and extensive input from listeners. Plus **Album of the Week** at **10.30** and, at **12.00**, **Feast of a Piece.**

1.00pm Classical Live
To mark the start of the new concert season, Elizabeth Alker presents further highlights from recent performances given by BBC ensembles, including the BBC Symphony Orchestra with star guest soloist Bertrand Chamayou. A weeklong spotlight on New Generation Artists continues with Julius Asal and more from the Astatine Trio. And there's more from featured artists Verità Baroque, with ensemble co-founder Taya König-Tarasevich once again as soloist.
Saint-Saëns *Piano Concerto No 5 in F (Egyptian)* Bertrand Chamayou, BBC Symphony Orchestra, conductor Sakari Oramo
Vivaldi *Flute Concerto in G minor, RV439 (La notte)* Taya König-Tarasevich, Verità Baroque
Barber *First Symphony (in one Movement)* BBC SSO, conductor Gemma New
Ravel *Piano Trio* Astatine Trio
Lully *Suite: Le bourgeois gentilhomme* BBC Philharmonic, conductor Jonathan Cohen
Vivaldi *Concerto in D minor, RV565 (L'estro armonico, Op 3)* Verità Baroque, director Taya König-Tarasevich
G Williams *Sea Sketches* BBC National Orchestra of Wales, conductor Jaime Martin
Schumann *Kreisleriana, Op 16* Julius Asal (piano)

4.00 Composer of the Week: Scott
2/5. **The English Debussy.** Scott establishes himself as a composer and pianist, including trips to France, where he meets Debussy and Ravel. Scott's own music at this time has distinct connections with the music of Debussy, and the elder composer hails Scott as the way forward. With Donald Macleod.
Symphonic Dances, Op 22 No 1 BBC Philharmonic, conductor Martyn Brabbins
Lotus Land, Op 47 No 1 Leif Ove Andsnes (piano)
Aubade, Op 77 BBC Philharmonic, conductor Martyn Brabbins
Violin Sonata No 1, Op 59 (excerpt) Clare Howick, Sophia Rahman (piano)
Lullaby, Op 57 No 2 Trevor Alexander (baritone), Peter Crockford (piano)
Pierrot triste (Two Pierrot Pieces, Op 35) Simon Callaghan (piano)
Piano Concerto No 1 (1st mvt) Howard Shelley, BBC Philharmonic, conductor Martyn Brabbins

5.00 In Tune
Petroc Trelawny welcomes Armonico Consort and founder/director Christopher Monks, who perform live. And German baritone Christian Gerhaher discusses singing the role of Amfortas in Evgeny Titov's new production of *Parsifal*, which premieres on Thursday at the Royal Opera House.

7.00 Classical Mixtape An unpredictable playlist.

7.30 Radio 3 in Concert
RT The BBC Philharmonic is joined by the Audi Jugendchorakademie (Audi Young Persons' Choral Academy) for Brahms's *German Requiem*. Recorded last Friday at the Bridgewater Hall in Manchester and presented by Mark Forrest.
Julia Grüter (soprano), Joshua Hopkins (baritone), Audi Jugendchorakademie, BBC Philharmonic, conductor Anja Bihlmaier
L Boulanger *La terre appartient à l'Eternel (Psalm 24)*
Brahms *Eine deutsches Requiem*

9.45 The Essay: This Sounding Isle
2/5. **Stoke on Trent.** Kate Kennedy is in Stoke-on-Trent with the composer Tim Watts, following a route in the Staffordshire Potteries that the young Havergal Brian would have known so well. Brian is mainly remembered for his Gothic Symphony, one of the largest symphonies ever written. Kate explores the connections between where Brian spent much of his early life and his celebrated symphony.

10.00 Night Tracks
Sara Mohr-Pietsch with music for late-night listening.

11.30 'Round Midnight
Jazz series presented by saxophonist Soweto Kinch, including the **4/4** feature, with Trinidadian poet, novelist and musician Anthony Joseph sharing another influential album that includes poetry or spoken word. He continues with a recording by New York City performance poet Gylan Kain (1942—2024).

12.30am Through the Night
With Jonathan Swain who begins with the German Radio Philharmonic Orchestra in September 2025 in Saarbrücken.
Chaminade *Callirhoë Suite, Op 37 Canteloube Chants d'Auvergne (selection)* **Mahler** *Symphony No 4* Christina Landshamer (soprano), German Radio Philharmonic Orchestra, Saarbrücken Kaiserslautern, conductor Michael Schonwandt
2.06 Chaminade *Flute Concertino, Op 107*
2.14 Poulenc *Banalités* **2.25 Canteloube** *Brezairola (Chants d'Auvergne)* **2.31 Chopin** *Préludes, Op 28*
3.08 Suchoň *Clarinet Concertino* **3.30 Mozart** *Un'aura amorosa (Così fan tutte)* **3.35 Paulo** *Bellinati Jongo*
3.41 Durante *Concerto No 6 in A* **3.51 Sweelinck** *Psalm 110 (Le Toutpuissant à mon Seigneur et maistre)*
3.59 Brahms *Academic Festival Overture, Op 80*
4.10 Mendelssohn *Variations sérieuses in D minor, Op 54*
4.21 Cailò Violin *Sonata No 3 in A* **4.31 Auric, arr Lane** *The Lavender Hill Mob — Suite* **4.39 Ernst** *Variations on The Last Rose of Summer* **4.45 Beethoven** *Mandolin Sonatinas: in C minor, WoO 43a; in C, WoO 44a* **4.52 Marcello** *Oboe Concerto in D minor* **5.04 Anon** *Three Sephardische Romanzen* **5.13 Jarnefelt** *Suite: The Promised Land*
5.27 Bach *Cantata No 82a: Ich habe genug*
5.50 Respighi *Fountains of Rome*
6.06 Debussy *Piano Trio* (R)

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM

6.00am Rossie **10.00** Ken Bruce : including at 10.30 the PopMaster music quiz **1.00pm** Zoe Ball **4.00** The Simon Mayo Drivetime Show: music and chat, plus the features Confessions, Dramas and Big 45s **7.00** Jackie Brambles **10.00** Andy Crane: a comforting nostalgic playlist **1.00am** Music Marathon **4.00** Alex Lester

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am Motivation: with Ramzan Miah **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Jaz Singh **6.00** Nadia Ali **8.00** BBC Introducing with Jasmine Takhar **10.00** Asian Network Represents **11.00** Celebrates **12.00** All Star Anthems **1.00am** Kan D Man **3.00** New Music Show: with DJ Limelight **5.00** Kizzi's House Party Mix

Absolute Radio

DAB+ absoluteradio.co.uk

6.00am Dave Berry: chat, music and regular features **10.00** Leona Graham: rock and pop **1.00pm** Ben Burrell **4.00** Hometime with Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind

6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix **5.00** Classical Wind Down **8.00** Cinematic Soundtracks: Edith Bowman with highlights of film and TV scores **9.00** Ultimate Calm: Errollyn Wallen's Safe Haven (2/12) **10.00** Night Tracks **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast With Dan Walker, including at **9.00** the **Classic Hall of Fame Hour**.

10.00 Aled Jones Favourite classical music.

1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame Top 300.

4.00 Margherita Taylor Classic FM favourites and new discoveries. Plus features, including at **4.30** the **Film Favourite** and at **6.15** a classical **Star in the Spotlight**.

7.00 Relaxed Evenings with Zeb Soanes A playlist of music designed to help listeners relax and recharge.

10.00 Calm Classics With Ritula Shah.

1.00am Bill Overton Music through the night, featuring classical favourites and film music.

4.00 Lucy Coward Including the **Dawn Chorus** at **5.15**.

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BBC Radio 4

92.4–94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News, weather and **shipping forecasts** as yesterday; no weather at 5.57am

5.00am News Summary

5.04 The Oligarchs Rptd from Sunday 1.30pm

5.43 Prayer for the Day
With musician Haydon Spenceley.

5.45 Farming Today
News about food, farming and the countryside.

6.00 Today
With Anna Foster and Nick Robinson.

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day With novelist, scriptwriter and broadcaster Rhidian Brook.

9.00 The Life Scientific
4/10. Gilly Forrester — professor of comparative cognition at the University of Sussex — has dedicated her career to finding out how humans became the talkative, tool-using troop they are today. Examining the link between movement, spoken language and social communication, her research has looked at how brain organisation could affect the likelihood of being diagnosed with autism and ADHD, as well as how training dexterity may improve linguistic fluency in children. She joins Jim Al-Khalili.
Producer Alex Rodway Repeated tomorrow 9pm

9.30 All in the Mind
4/5. Claudia Hammond talks to author and former doctor Adam Kay, who will be a judge in the upcoming *All in the Mind* awards. He shares how he's been helped through periods of difficulty, and the importance of saying thank you. And clinical psychologist Tanya Byron has tips on how to help someone who is struggling.
Producer Sophie Ormiston Rptd tomorrow 9.30pm

10.00 Woman's Hour With Kylie Pentelow.

11.00 Screenshot
1/6. **Nature.** Ellen E Jones and Mark Kermode consider the role of natural history in film and TV with wildlife cinematographer Sophie Darlington; Ed Sayers, director of *Super Nature*, a love letter to the natural world; and film-maker James Reed (*My Octopus Teacher*).
Repeated from Friday

11.45 Book of the Week: Empire at the Edge of the World
2/5. **Trapped in the Ice.** By Giles Milton. Trapped fast in the Arctic ice, the Karluk's crew face scurvy and starvation. Stefansson leads a small hunting party ashore, but a ferocious blizzard cuts them off, with terrifying consequences. Read by Edmund Kingsley.
For details see yesterday Repeated 12.30am

12.04pm Call You and Yours
Winifred Robinson invites listeners to offer their experiences in consumer affairs.
PHONE: 0370 010 0444 (Lines open from 10am)
EMAIL: youandyours@bbc.co.uk

1.00 The World at One
News and analysis with Sarah Montague.

1.45 Seven Ages of Man, with Michael Rosen
4/7. Michael Rosen is joined by author Matthew Todd, who talks about self-acceptance in his 50s after being alienated from masculinity in his youth. As a gay man growing up during the HIV crisis of the 1980s, he felt the homophobia of mainstream culture deeply and developed a fear of straight men, but after decades of mental health problems and alcohol addiction, he finally was able to address his trauma.

2.00 The Archers Repeated from yesterday 7pm

2.15 A Place Called Home
RT ***New series. 1/6.*** **Riverbourne Rising.** By Tanika Gupta. The first of six standalone but interconnected dramas focusing on the housing crisis. A London tower block is falling apart, with damp, mould, faulty wiring and broken lifts. When the housing association looks away, the tenants unite and demand action More tomorrow 2.15pm.

Shazia	**Avita Jay**	Dylan	**Max Hastings**
Aisha	**Yasemin Ozdemir**	David	**Ian Dunnett Jr**
Amara	**Alaa Taha**	Arthur	**Ben Crowe**
Eustace	**David Webber**		

Director Tracey Neale

3.00 History's Secret Heroes
6/10. In the aftermath of the Hiroshima bomb, Japanese Methodist minister Kiyoshi Tanimoto rushed towards the devastation to save his people. Presented by Helena Bonham Carter.
Producer Suniti Somaiya

3.30 Beyond Belief
2/4. Giles Fraser and panellists explore the strong language found in scripture as they examine those parts of sacred texts that shock modern audiences. They delve into stories of sex, violence, murder and revenge and consider how the faithful grapple with these passages.
Producer Katharine Longworth Repeated Sunday 6.05am

4.00 Pop Art Remixed
RT Gavin Turk explores how British pop art transformed post-war culture and why the questions it raised feel prophetic in the age of AI. **See p101.** Producer Melissa FitzGerald

4.30 What's Up Docs?
Chris and Xand van Tulleken are joined by the University of Cambridge's neuroinformatics professor Duncan Astle to explore neurodiversity. Producer Maia Miller-Lewis

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Geoff Norcott's Working Men's Club
2/4. The comedian explores the phrase "man up", asking if it really is sexist or just shorthand for taking some responsibility.
Producer Ed Morrish Rptd next Tuesday Radio 4 Extra (R)

7.00 The Archers
Ed has a controversial suggestion, and Lynda discovers an opening.
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
News, reviews and interviews from the worlds of art, literature, film and music. Tonight Tom Sutcliffe hosts the 2026 BBC National Short Story Awards Ceremony, joined by the shortlisted authors and judges. The winner will be announced live on air. Producer Lucy Collingwood

8.00 File on 4 Investigates
A summer of unprecedented heat and drought in the UK led to the outbreak of wildfires at a number of locations across the country. With an even hotter summer predicted in 2027, Adrian Goldberg reports on our readiness to deal with such eventualities. Do we have the kit and the training we would need if wildfires strike again?
Producer Tara McDermott Repeated tomorrow 11am

8.40 In Touch
News, views and information for people who are blind or partially sighted. With Peter White.
Producer Beth Hemmings Repeated Saturday 5.45am

9.00 Crossing Continents
RT ***9/9.*** As Nepal deals with the aftermath of devastating floods, in the last-ever edition of *Crossing Continents* Antonia Bolingbroke-Kent reports from one remote Nepalese mountain community that faces an existential threat from a melting glacier. The ancient village of Halji, near the Tibetan border, is home to a thousand-year-old Buddhist monastery, but meltwater from a glacier has created a huge lake high above it. Also broadcast in *Assignment* at 9.30am on BBC World Service. Producer Alex Last Rptd Sun 12.15am
See feature: See page 100

9.30 The Bottom Line
1/7. With Evan Davis. Repeated from Thursday

10.00 The World Tonight
Presented by James Coomarasamy.

10.45 Book at Bedtime: Stations
2/10. By Louise Kennedy. Róisín and Red get to know each other better. Read by Amy Molloy.
For details see yesterday

11.00 Half-Life
6/8. Drawn to a family legend about his German-Jewish family's escape from Nazi Germany in 1936, the writer Joe Dunthorne discovers a far more disturbing history. Tonight: Joe's great-grandfather attempts to build a new life in the US. Producer Eleanor McDowell (R)

11.30 Great Lives Repeated from yesterday

12.00 News and Weather

12.30–12.45am Book of the Week: Empire at the Edge of the World Repeated from 11.45am

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910

6.00am The Doomed Oasis (2/6)
6.30 Paul Temple and the Jonathan Mystery (1/8)
7.00 Rent Lucy Flannery's 1993 sitcom (4/6)
7.30 The Goon Show Vintage 1954 comedy
8.00 Charlotte and Lillian Comedy. From 2021 (3/4)
8.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (7/10)
8.45 Tristram Shandy as 7.45pm
9.00 Geoff Norcott's Working Men's Club Modern masculinity (1/4) As broadcast last Tue Radio 4
9.30 Oliver Burkeman Is Busy From 2016 (2/5)
9.45 Daily Service Led by Laura Darrall
10.00 A Good Read Literary discussion
10.30 Pinewood: the British Film Studios as 4.30pm
11.00 The Doomed Oasis By René Basilico (2/6)
11.30 Paul Temple and the Jonathan Mystery (1/8)
12.00 Rent Lucy Flannery's 1993 sitcom (4/6)
12.30pm The Goon Show Vintage 1954 comedy
1.00 Charlotte and Lillian Comedy. From 2021 (3/4)
1.30 Adrian Mole and the Weapons of Mass Destruction Read by Harry McEntire (7/10)
7.45 Tristram Shandy Neil Dudgeon stars in Graham White's dramatisation of Laurence Sterne's 18th-century comic classic in which the titular narrator, the son of a Yorkshire landowner, attempts to recount his life story. With Julia Ford, David Troughton, Adrian Scarborough, Paul Ritter and others. From 2005 (2/10)
2.00 The Unbelievable Truth Panel show (2/6)
2.30 Hazelbeach 2007 sitcom (2/6)
3.00 Road to Heaven A genderless love story by Lettie Precious, starring EM Williams. From 2021
4.00 A Good Read Literary discussion
4.30 Pinewood: the British Film Studios Pinewood Studios (in Buckinghamshire) opened 90 years ago today. In this programme from 1996, film historian John Huntley recalls the ongoing studio's formidable past. With input by Norman Wisdom
5.00 The Doomed Oasis By René Basilico (2/6)
5.30 Paul Temple and the Jonathan Mystery (1/8)
6.00 Rent Lucy Flannery's 1993 sitcom (4/6)
6.30 The Goon Show Vintage 1954 comedy
7.00 Charlotte and Lillian Comedy. From 2021 (3/4)
7.30 Adrian Mole and the Weapons of Mass Destruction Read by Harry McEntire (7/10)
7.45 Tristram Shandy as 1.45pm
8.00 The Unbelievable Truth Panel show (2/6)
8.30 Top Girls A 2006 radio production of Caryl Churchill's political drama, which premiered in 1982 at London's Royal Court Theatre. A woman hosts a party to celebrate her promotion. With Emma Fielding, Brigit Forsyth, Naoko Mori, Sheila Hancock, Helen McCrory and others
10.00–12.00 Comedy Club: Geoff Norcott's Working Men's Club Modern masculinity (1/4), **10.30 Innes Own World** (1/4), **11.00 Tina C's Global Depression Tour** (5/6), **11.15 Little Lifetimes** (1/6), **11.30 Hair in the Gate** (3/4)
12.00 as 4pm **12.30am** as 4.30pm **1.00** as 5pm **1.30** as 5.30pm **2.00** as 6pm **2.30** as 6.30pm **3.00** as 7pm **3.30** as 7.30pm **3.45** as 7.45pm **4.00** as 2pm **4.30** as 2.30pm **5.00** as 3pm

*Not available on Freeview in Scotland

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** People Fixing the World **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Assignment: Antonia Bolingbroke-Kent reports from a remote Nepalese mountain community that faces a threat from a melting glacier. **Review p110** Also broadcast in *Crossing Continents* at 9pm on Radio 4 **10.00** News **10.05** The Arts Hour **11.00** The Newsroom **11.30** The Global Story **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** In the Studio **2.00** Newshour **3.00** News **3.05** People Fixing the World: the efforts to restore lakes Wular and Dal in Kashmir **3.30** Business Daily **3.50** World Business Express **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History: rock art in Indonesia **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Assignment **8.30** Tech Life **9.00** Newshour **10.00** News **10.05** People Fixing the World **10.30** In the Studio: the processes of leading and emerging figures from across the creative world **11.00** The Newsroom **11.30** World Business Report **12.00** News **12.05am** The Arts Hour **1.00** The Newsroom **1.30** The Global Story **2.00** The Newsroom **2.30** The Climate Question **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Documentary: Where is Austin Tice?: Josh and Sara piece together Austin's final route into Damascus (4/9)

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705
Sky 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money
The latest from the business world, with analysis of topical financial issues.

6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with a detailed look at the headlines, plus sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell
Discussion of topical issues and the chance for listeners to phone in.

11.00 Naga Munchetty
With the latest news, big-name interviews from around the UK and listeners' personal experiences.

2.00pm Matt Chorley
News and topical political discussion, including analysis from specialist commentators and listener input. Plus in-depth interviews with MPs, elected mayors and cabinet ministers.

4.00 5 Live Drive
Clare McDonnell and Chris Warburton with the latest news and sport. Plus interviews linked to topical issues.

7.00 5 Live Sport
Kelly Somers with sports news and debate. Plus build-up to the **7.45** commentary on Czechia v England in the Uefa Nations League at Fortuna Arena in Prague.

10.30 Anna Jameson
Topical discussion, with a phone-in.

1.00am Dotun Adebayo
The genial host invites listeners to phone in to contribute to themed topical and cultural discussions. Plus a pick of music.

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731
Sky 0107 **Virgin** 927

6.00am Talksport Breakfast
With Jeff Stelling and Ally McCoist.

10.00 Jim White and Simon Jordan

1.00pm Hawksbee and Jacobs

4.00 Talksport Drive
Opinionated sporting debate with Andy Goldstein and Darren Bent.

7.00 Nations League Football
Featuring commentary on Czechia v England, the Group A3 match at Fortuna Arena in Prague (kick-off **7.45**).

10.00 The Sports Bar
Jamie O'Hara and Jason Cundy with reaction, analysis and the chance for listeners to have a say on the day's sport.

1.00am Extra Time With Paul Ross.

5.00 Early Sports Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734
Sky 0121 **Virgin** 919

7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** James Max **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio

5.00am Tom Nunan: the headlines **6.00** Kate McCann and Stig Abell **10.00** Hugo Rifkind: political discussion **1.00pm** The Times at One: with Andrew Neil: news, current affairs and big-name interviews **2.00** Jane Garvey and Fi Glover: at 3.30 Matthew Sweet discusses his new book *The Great Dictator*, a biography of author Barbara Cartland **4.00** John Pienaar **7.00** The Evening Edition with Kait Borsay **10.00** Carole Walker: including a first look at tomorrow's front pages **1.00am** The Best of Times Radio: featuring a pick of highlights from the day's broadcasting

Key (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

WEDNESDAY RADIO

TODAY'S REVIEWS



ALICE CAO/ILLUSTRATION ZONE

The Lives and Loves of a She-Devil

3.00pm ***Radio 4 Extra***

"Peel away the wife, the mother, find the woman within and there the she-devil is," says Ruth, the six-feet-two-inch bulk of a woman with hairs on the moles of her chin as her rotter of a husband abandons her for a sexy, svelte, ridiculously rich woman. Fay Weldon's 1983 novel is more than just a comic take on the war between the sexes: it is a deliciously dark examination of human insecurities — for both genders — and how transformation (bodily, in Ruth's case) does not always bring the expected results. This faithful two-part adaptation, from 2016, has Hattie Morahan injecting savage venom into poorly treated Ruth. But thanks to Weldon's sharp wit, we are on her side all the way, no matter how wicked her plans for revenge. Here's to all the she-devils out there.

ANNA JONES

Radio 3 in Concert

7.30pm ***Radio 3***

An evening of Berlioz from the Scottish Chamber Orchestra under Maxim Emelyanychev at Glasgow's City Halls. The evening culminates in the strange and compelling *Symphonie fantastique* in which the French composer, in what is a partly biographical work, channels the wild imagining of a romantically obsessed artist who takes an opium overdose and experiences terrible dreams. These include his own journey to the guillotine and a satanic gathering. The concert begins with Berlioz's four-movement *Harold in Italy*. Supposedly inspired by Byron's poem *Childe Harold's Pilgrimage*, it was written in 1834 to showcase the attributes of Paganini's Stradivarius viola. Famously Paganini kissed Berlioz's hand when he heard the work. The soloist is Timothy Ridout.

MICHAEL HODGES

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Charlie and Jerry **1.00pm** Matt and Mollie **3.30** Going Home **6.00** New Music Show **10.00** Power Down Playlist **11.00** Benji B **1.00am** Danny Howard's Club Mix **2.00** Anthems **4.00** Mylo and Rosie

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702 **Sky** 0102 **Virgin** 902

6.30am Sara Cox

9.30 Vernon Kay
Music, chat and features including at **11.40 Tracks of My Years**, with Linda Perry (of 4 Non Blondes) sharing two more records of personal significance, today featuring a 1985 classic by Kate Bush and a 2001 Pink hit written by Linda Perry.

12.00 Jeremy Vine Topical discussion.

2.00pm Trevor Nelson

4.00 Mark Goodier

7.00 Jo Whiley

9.00 The Folk Show with Mark Radcliffe
Scunthorpe-born guitarist and singer Martin Simpson discusses his just-released album *Some Kind of Jubilee*, 50 years since the release of his 1976 debut LP *Golden Vanity*.

10.00 The Good Groove with DJ Spoony

12.00 OJ Borg

3.00am Alternative Sounds of the 90s with Dermot O'Leary From 2024. (R)

4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

7.00am Nick Grimshaw Actor, comedian and writer Matt King discusses his memoir, *Moreish*, written in the voice of his *Peep Show* character, Super Hans.

10.00 Lauren Laverne

1.00pm Craig Charles On the eve of National Poetry Day, comedian Amy Matthews discusses her project Comedians Do Poems, and Irish post-punk and noise-rock band Gurriers perform a live session.

4.00 Huw Stephens

7.00 New Music Fix Daily

9.00 Riley and Coe

11.00 6 Music Artist in Residence
3/4. Members of Bristol post-punk band Idles curate themed playlists. From 2021. (R) See tomorrow 1pm

12.00 Freak Zone Playlist

1.00am Martin on Mayfield
A 2009 programme with Martin Freeman paying tribute to soul, R&B and funk giant Curtis Mayfield (1942—1999) by sharing a personal pick of favourite recordings.

2.00 The First Time with…
Matt Everitt's 2013 chat with Smokey Robinson, inviting the soul, R&B and pop superstar to reveal moments and music of personal significance.

3.00 Live Hour The Penguin Café Orchestra at Glastonbury in 1994, plus sessions by the Pogues (in 1986) and Even As We Speak (in 1996).

4.00 Jukebox 5.00 Chris Hawkins

Boom Radio

DAB+ boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** Malcolm's Musicals and Movies: with music from Broadway productions of *Wicked* (in 2003) and *My Fair Lady* (in 2018) and an off-West End performance of *Soho Cinders* (in 2012). Plus film music by André Previn (Kismet) and John Barry (*Moonraker*) **10.00** Diana Luke **12.00** Derek Webster **2.00am** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 6.30am, 7.00, 7.30, 8.00, 8.30, 1.00pm and 6.00

6.30am Breakfast With Tom McKinney.

9.30 Essential Classics
Georgia Mann with music and features, including at **10.00** the **Playlister Starter**, in which listeners are played a piece of music and then invited to suggest compatible works for broadcast at **11.15** in the **Playlister Reveal**. Plus **Album of the Week** at **10.30** and, at **12.00**, **Feast of a Piece**, showcasing a great orchestral work.

1.00pm Classical Live
Elizabeth Alker introduces further highlights from recent BBC-ensemble performances, and there's more from Verità Baroque and New Generation Artists Julius Asal and the Astatine Trio.
Saint-Saëns *Violin Concerto No 3 in B minor*
Akiko Suwanai, BBC National Orchestra of Wales, conductor Jaime Martin
Brahms *Intermezzo in E flat, Op 117 No 1*
Julius Asal (piano)
Wilhelmine of Bayreuth
Harpsichord Concerto in G minor
Alexander von Heissen, Verità Baroque
Ravel *Pavane pour une infante défunte*
BBC Symphony Orchestra, conductor Sakari Oramo
Weinberg *Piano Trio, Op 24*
Astatine Trio
Mendelssohn *Overture: The Hebrides (Fingal's Cave)*
BBC Symphony Orchestra, conductor Sakari Oramo

3.00 Choral Evensong
LIVE From the Chapel of the Old Royal Naval College, Greenwich, London, with the Trinity Laban Chapel Choir. Introit: Beata quorum via (Stanford). Responses: Rose. Psalms 147, 148, 149, 150 (Stanford, Rawsthorne, Hanworth, Stanford). First Lesson: 1 Chronicles 29 vv10–19. Canticles: Stanford in A. Second Lesson: Colossians 3 vv12–17. Anthem: Os justi (Bruckner). Hymn: All creatures of our God and King (*Lasst uns erfreuen*). Voluntary: Six Short Preludes and Postludes, Set 2, Op 105 No 6 (Allegro) (Stanford). Alexander Knight (organist), conductor Peter Allwood. Repeated Sunday 6pm

4.00 Composer of the Week: Scott
3/5. **Exploring the Occult.** Scott develops an interest in mysticism and occultism, and a clairvoyant connection with Mahatma Koot Hoomi. This is a period when he is socialising with some of the elite of British artistic circles, and also a time when he marries Rose Laure Allatini, remembered for her 1918 novel *Despised and Rejected*. Presented by Donald Macleod.
Soirée japonaise, Op 67 No 4
Noriko Ogawa (piano)
Piano Trio No 1 (4th mvt)
Gould Piano Trio
Ballad of Fair Helen of Kirkonnel, Op 8
Roderick Williams (baritone),
BBC Concert Orchestra, conductor John Andrews
Piano Quintet No 1 (excerpt)
Bingham Quartet, Raphael Terroni (piano)
Sonatina (3rd mvt)
Graham Anthony Devine (guitar)
Violin Concerto (excerpt)
Olivier Charlier, BBC Philharmonic, conductor Martyn Brabbins

5.00 In Tune Petroc Trelawny with music and guests.

7.00 Classical Mixtape Nonstop music.

7.30 Radio 3 in Concert
RT In a concert from Friday at the City Halls in Glasgow, Stephen Broad introduces the Scottish Chamber Orchestra in two major works by Berlioz: the popular *Symphonie fantastique* and *Harold in Italy*, a work written on the request of Paganini — whose desire it was to showcase his Stradivari viola — and which here features star player Timothy Ridout as soloist.
Timothy Ridout (viola), Scottish Chamber Orchestra, conductor Maxim Emelyanychev
Berlioz *Harold in Italy*; *Symphonie fantastique*

9.45 The Essay: This Sounding Isle
3/5. **Blake's Wood, Essex.** Kate is walking amid bluebells in Blakes Wood in Essex, joined by composer Nicola Lefanu. It's an idyllic secluded wood near to which Lefanu lived as a child. Her mother, the equally prolific Irish-English composer Elisabeth Maconchy, was one of the finest British composers of string quartets.

10.00 Night Tracks With Sara Mohr-Pietsch.

11.30 'Round Midnight
Soweto Kinch with new and classic jazz. In tonight's edition of this week's specially themed **4/4** feature, on the eve of National Poetry Day, Trinidadian poet, novelist and musician Anthony Joseph discusses a recording by American poet Eugene B Redmond (now 88).

12.30am Through the Night
With Jonathan Swain, who begins with a Bohemian-themed concert recorded in 2023 in Oslo.
Mysliveček *Sinfonia in A* **Mozart** *Misera, dove son!…Ah! Non son'io che parlo, K369* **Dušek** *Sinfonia in B* **Mozart** *Bella mia fiamma…Resta, o cara, K528* **Vorišek** *Symphony in D, Op 23* Mari Eriksmoen (soprano), Norwegian Radio Orchestra, conductor Václav Luks **1.46 Mozart** *Adagio and Fugue in G minor (Fugue after JS Bach Fugue in F sharp minor, from BWV883, arr for string trio)* **1.52 Mozart** *String Quintet in G minor, K516* **2.31 CPE Bach** *Magnificat in D, Wq215* **3.07 Schumann** *Piano Sonata No 1 in F sharp minor, Op 11* **3.36 Glinka** *Overture in D* **3.43 Abel** *Viola da Gamba Sonata in E minor* **3.52 Casella** *Sicilienne and Burlesque* **4.01 Anon** *Daphne* **4.06 Bartok** *Romanian Folk Dances, (arr Willner for strings)* **4.13 D Scarlatti** *Keyboard Sonata in F minor, Kk466* **4.21 Tchaikovsky** *Suite: The Nutcracker, Op 71a (arr Theinert for brass consort)* **4.31 Telemann** *Scherzo melodic No 4 in E flat (Giovedì) (Pyrmonter Kurwoche)* **4.40 Chopin** *Rondo à la mazur, Op 5* **4.49 Vedel** *Choral concerto No 5 (Psalm 142: I Cried unto the Lord with my Voice)* **4.58 CL Lithander** *Rondo for flute and piano, Op 8* **5.05 Walton** *Orb and Sceptre* **5.14 Thomas** *The Minstrel's Adieu to his Native Land* **5.21 Mendelssohn** *Symphony No 4 in A (Italian)* **5.48 Handel** *Trio Sonata in C minor, HWV386a* **5.59 Beethoven** *Piano Trio in E flat, Op 1 No 1*

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM

6.00am Rossie **10.00** Ken Bruce: including at 10.30 the PopMaster music quiz **1.00pm** Zoe Ball **4.00** The Simon Mayo Drivetime Show: music and chat, plus the features Confessions, Dramas and Big 45s **7.00** Jackie Brambles **10.00** Andy Crane: a comforting nostalgic playlist **1.00am** Music Marathon **4.00** Alex Lester

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am Celebrates **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Jaz Singh **6.00** Kan D Man **8.00** Asian Network Trending **10.00** Celebrates **11.00** Motivation **12.00** Shades On Mix: with DJ Manara **1.00am** AJD **3.00** Asian Network Punjabi **4.00** Bollywood Sing-Along Anthems **5.00** The Everyday Hustle: with Harleen Nottay

Absolute Radio

DAB+ absoluteradio.co.uk

6.00am Dave Berry **10.00** Leona Graham: rock and pop from the 1960s to the present day **1.00pm** Ben Burrell **4.00** Hometime with Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind

6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix **5.00** Classical Wind Down **8.00** Cinematic Soundtracks **9.00** Ultimate Calm: with tracks by Hiroshi Yoshimura, Yanaco and Emahoy Tsegué-Maryam Guèbro (3/12) **10.00** Night Tracks **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast With Dan Walker. Including at **9.00** the **Classic FM Hall of Fame Hour**.

10.00 Aled Jones Classical music.

1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame Top 300.

4.00 Margherita Taylor Classic FM favourites and new discoveries. Plus features, including at **4.30** the **Film Favourite** and at **6.15** a classical **Star in the Spotlight**.

7.00 Relaxed Evenings with Zeb Soanes
A playlist of music designed to help listeners relax.

10.00 Calm Classics With Ritula Shah.

1.00am Bill Overton Music through the night, featuring classical favourites and film music.

4.00 Lucy Coward Music and features.

RadioTimes Pension Service Get your free pension review from our partner Pense See page 128

BBC Radio 4

92.4—94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News, weather and **shipping forecasts** as yesterday

5.00am News Summary
5.04 BBC Inside Science
Repeated from yesterday 8.30pm
5.43 Prayer for the Day
A spiritual comment and prayer to start the day with Haydon Spenceley.
5.45 Farming Today
News about food, farming and the countryside.
6.00 Today
With Nick Robinson and Justin Webb.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day With Dr Krish Kandiah, theologian and founder of the Sanctuary Foundation refugee charity.
9.00 More or Less
4/6. Tim Harford presents the programme that interrogates and debunks topical numbers and statistics. Repeated tomorrow 5.04am
9.30 Where Is Austin Tice?
4/9. **The Driver.** Josh Baker and Sara Obeidat piece together Austin's final route into Damascus, finding the farm where he celebrated his 31st birthday — the last place his mother spoke to him. Then comes the startling discovery that Austin might not have been taken at a checkpoint, as had been the story for years, but something far more deliberate might have gone on. Also broadcast in *The Documentary* at 1.30pm on BBC World Service.
Series producer Simon Maybin
Executive producer Irene Noguchi
10.00 Woman's Hour
Presented by Kylie Pentelow.
11.00 File on 4 Investigates
After the wildfires caused by this summer's extreme heat and drought, how ready is the UK to deal with such emergencies in the future? Adrian Goldberg reports. Rptd from yesterday 8pm
11.40 This Week in History
The events of this date in years past.
Repeated Friday 8.55pm
11.45 Book of the Week: Empire at the Edge of the World
3/5. **Presumed Dead.** Continuing Giles Milton's story of ambition, rivalry, survival and hubris. Today: believing he can hunt his way out of danger, Stefansson sets off across the treacherous polar ice with just two companions and 30 days' worth of rations. Read by Edmund Kingsley. For details see Monday Repeated 12.30am
12.04pm You and Yours
Winifred Robinson reports on consumer affairs and public interest stories.
EMAIL: youandyours@bbc.co.uk
1.00 The World at One
News and analysis with Sarah Montague.
1.45 Seven Ages of Man, with Michael Rosen
5/7. Michael Rosen talks to Fat White Family singer Lias Saoudi, who reveals his transition from chaos to fatherhood in his 40s as he responded to his new responsibilities. As the lead singer of the notoriously hedonistic band, Lias made a career out of chaos, but after a revelation during lockdown, he cleaned up his life and had a baby with his best friend.
2.00 The Archers
Repeated from yesterday 7pm
2.15 A Place Called Home
2/6. **The Grove.** By Katie Redford. Pete's house is in a state or disrepair and his son Dylan wants him to sell up and find a smaller new-build home, freeing up the financial means for his dad to give him a deposit for a house of his own. But Pete is still suffering from grief at losing his wife and is desperate to hang on to a house full of cherished memories. More tomorrow 2.15pm.

Pete	**Robert Glenister**	Ruben	**Jasper Talbot**
Jo	**Rosie Cavaliero**	Hadeon	**Greg Kolpakchi**
Dylan	**Max Hastings**	Azra	**Shaniaz Hama Ali**
Luna	**Katie Redford**		

Director Tracey Neale
3.00 Money Box Live
5/9. The latest from the world of personal finance, including impartial advice.
Editors Jess Quayle and Justin Bones
Money: page 128
3.30 The Artificial Human
2/6. Aleks Krotoski and Kevin Fong answer important questions about AI, seeking out the facts and speaking to those who are currently shaping our AI futures. Producer Peter McManus
4.00 When It Hits the Fan
4/15. David Yelland and Farzana Baduel look at recent PR issues, exploring how events unfolded and delving into the issues surrounding them.
Producer Duncan Middleton Repeated tomorrow 8pm
4.15 The Media Show
Ros Atkins and Katie Razzall examine the latest developments in the media world.
Producer Lisa Jenkinson Repeated tomorrow 8.15pm
5.00 PM Presented Evan Davis.
6.00 Six o'Clock News
6.30 Jessica Fostekew: Sturdy Girl Club
4/4. **MMA.** Comedian Jessica Fostekew delves into the world of mixed martial arts, one of the most rapidly growing sports in the world. With professional fighter Shanelle "The Nightmare" Dyer and academic Dr Jennifer McClearen.
Producer Lyndsay Fenner; Executive producer Victoria Lloyd Repeated next Wednesday BBC Radio 4 Extra (R)
7.00 The Archers
There is light at the end of the tunnel for Lily, while Harrison is given a few home truths.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Tonight, actor Simon Russell Beale talks about his latest role as the flamboyant pianist Liberace in a new play by Martin Sherman at the Pitlochry Festival Theatre, *I'll Be Seeing You*.
Producer Mark Crossan
8.00 Here for the History
New series. ***1/6.*** History podcast with Ben Henderson and Alice Loxton. Today they look into how humans and dogs first got acquainted, hearing about the tough lives of medieval dogs, and revealing how the Victorians forged our modern relationship with our canine friends. More episodes available on BBC Sounds.
Producer Charlotte McDonald
8.30 Top Comment
Podcast in which Marianna Spring and Matt Shea with the story behind people's social media feeds. More episodes on BBC Sounds.
9.00 The Life Scientific
Repeated from yesterday 9am
9.30 All in the Mind Repeated from yesterday 9.30am
10.00 The World Tonight
Presented by Julian Worricker.
10.45 Book at Bedtime: Stations
3/10. By Louise Kennedy. Continuing the Irish writer's follow-up to her acclaimed debut novel *Trespasses*. Róisín arrives in London to visit her estranged father and his new girlfriend Lynne, only to meet an unexpected extra guest for Christmas. Read by Amy Molloy.
For details see Monday
11.00 Eleanor & Pals
Comedian Eleanor Morton shot to fame with a series of silly online characters during lockdown, and here she brings her sketches to the airwaves, recorded at the Monkey Barrel in Edinburgh. With guest Zara Gladman.
Producer Gus Beattie (R)
11.15 The Skewer
5/5. Topical show from the mind of broadcaster and audio-fiddler Jon Holmes, aiming to get away from traditional sketch comedy.
Producer Jon Holmes
11.30 Great Lives
Author James Aldred nominates wildlife cameraman and pioneer Eric Ashby. He lived in the New Forest in the south of England, where he painstakingly filmed the local wildlife, particularly badgers, foxes and deer. Presented by Matthew Parris, and with contributions from Chris Packham, who knew Eric Ashby as a boy.
Producer Miles Warde (R)
12.00 News and Weather
12.30—12.45am Book of the Week: Empire at the Edge of the World
Repeated from 11.45am
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910
6.00am The Doomed Oasis as 11am
6.30 Paul Temple and the Jonathan Mystery (2/8)
7.00 Men of Intelligence as 6pm
7.30 The Missing Hancocks *The New Neighbour*
8.00 Conversations from a Long Marriage (1/6)
8.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (8/10)
8.45 Tristram Shandy By Laurence Sterne (3/10)
9.00 Jessica Fostekew: Sturdy Girl Club (3/4)
9.30 Oliver Burkeman Is Busy From 2016 (3/5)
9.45 Daily Service Reading: Matthew 5, vv1—11. Music: Thou Wilt Keep Him in Perfect Peace
10.00 Lives in a Landscape With Alan Dein in 2015
11.00 The Doomed Oasis Dramatisation by René Basilico of the 1960 thriller novel by Hammond Innes. A newspaper article and an almost-forgotten client send young English lawyer George Grant on a mystery trip to the Arabian peninsula to find his father. With Tim Munro and others. From 1984 (3/6)
11.30 Paul Temple and the Jonathan Mystery Francis Durbridge's detective thriller starring Peter Coke as amateur detective Paul Temple and Marjorie Wesbury as his wife and crime partner. From 1963 (2/8)
12.00 Men of Intelligence as 6pm
12.30 The Missing Hancocks *The New Neighbour*
1.00 Conversations from a Long Marriage (1/6)
1.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (8/10)
1.45 Tristram Shandy By Laurence Sterne (3/10)
2.00 The Write Stuff Literary quiz. From 2003 (5/5)
2.30 The Great Pursuit Sharpe's 1977 novel (3/4)
3.00 The Life and Loves of a She Devil Adaptation of Fay Weldon's 1983 revenge novel (1/2) **Review p112**
4.00 Lives in a Landscape With Alan Dein in 2015
5.00 The Doomed Oasis as 11am
5.30 Paul Temple and the Jonathan Mystery (2/8)
6.00 Men of Intelligence Peter Kerry's MI5/MI6 drama set in 1960 London. With Harriet Thorpe (6/6)
6.30 The Missing Hancocks *The New Neighbour*
7.00 Conversations from a Long Marriage (1/6)
7.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (8/10)
7.45 Tristram Shandy By Laurence Sterne (3/10)
8.00 The Write Stuff A Franz Kafka theme (5/5)
8.30 Our Country's Good A 2011 production of Timberlake Wertenbaker's play, which premiered in 1988 at London's Royal Court Theatre. The true story, set in an Australian penal colony in the 1780s, of a young lieutenant who attempts to direct a cast of convicts and marines in a production of George Farquhar's *The Recruiting Officer*. With Nicholas Le Prevost, Stuart McQuarrie, Paul Moriarty and others
10.00—12.00 Comedy Club: Jessica Fostekew: Sturdy Girl Club (3/4), at **10.30 Mitch Benn's Crimes against Music** (2/6), at **11.00 Everyone Quite Likes Justin** (4/6), at **11.30 The Skewer** (4/5), and at **11.45 The Goldfish Bowl** (4/8)
12.00 Lives in a Landscape as 4pm **1.00am** as 5pm **1.30** as 5.30pm **2.00** as 6pm **2.30** as 6.30pm **3.00** as 1pm **3.30** as 7.30pm **3.45** as 7.45pm **4.00** as 2pm **4.30** as 2.30pm **5.00** as 3pm

*Not available on Freeview in Scotland

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** The Interview **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** The Climate Question **10.00** News **10.05** The Documentary: Mapping India — The World's Largest Count **11.00** The Newsroom **11.30** The Global Story **12.00** News **12.05pm** Outlook **12.50** Witness History: how the contraceptive pill was legalised in Japan **1.00** The Newsroom **1.30** The Documentary: Where is Austin Tice?: Josh and Sara piece together Austin's final route into Damascus (4/9) As broadcast 9.30am Radio 4 **2.00** Newshour **3.00** News **3.05** The Interview **3.30** Business Daily **3.50** World Business Express **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Climate Question **8.30** Health Check **9.00** Newshour **10.00** News **10.05** The Interview **10.30** The Documentary: Where is Austin Tice? **11.00** The Newsroom **11.30** World Business Report **12.00** News **12.05am** The Documentary: Mapping India — The World's Largest Count **1.00** The Newsroom **1.30** The Global Story **2.00** The Newsroom **2.30** The Documentary: West Africa's Ebola Outbreak — 10 Years on: hearing from people in West Africa 10 years on from the Ebola outbreak **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Food Chain

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705
Sky 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage
5.00am Wake Up to Money
6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with a detailed look at the headlines, plus sport and unique stories from across the UK.
9.00 Nicky Campbell Topical phone in.
11.00 Naga Munchetty
2.00pm Matt Chorley
News and topical political discussion, including analysis from specialist commentators and listener input. Plus in-depth interviews with MPs, elected mayors and cabinet ministers.
4.00 5 Live Drive
Clare McDonnell and Chris Warburton with the latest news and sport. Plus interviews linked to topical issues.
7.00 5 Live Sport
John Bennett with sports news and debate. Plus features, including at **7.30 Euro Leagues**, in which John is joined by guests to discuss all things European football. At **9.30 Rugby Union Weekly** — featuring the latest rugby news and analysis from the 5 Live Rugby team — and at **8.30 Formula One**, in which 5 Live specialists preview this weekend's Bahrain Grand Prix in Malaysia. And at **10.00 5 Live Boxing**, hosted by Steve Bunce and featuring discussion, analysis and the latest news from big fight nights and the world of boxing, with top guests.
10.00 Anna Jameson
Topical discussion, with a phone-in.
1.00am Dotun Adebayo
Discussion linked to news and culture, with the genial host taking calls from listeners throughout the night. Plus features and a pick of music.

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731
Sky 0107 **Virgin** 927
6.00am Talksport Breakfast
Presented by Alan Brazil.
10.00 Jim White and Simon Jordan
1.00pm Max Rushden and Charlie Baker A serving of sports news.
4.00 Talksport Drive
7.00 Kick Off Sports debate.
10.00 The Sports Bar
1.00am Extra Time With Paul Ross.
5.00 Early Sports Breakfast

Talksport 2

DAB+ talksport.co.uk
12.00—8.00pm International One-Day Cricket South Africa v Australia.

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734
Sky 0121 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** James Max **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Tom Nunan: the headlines **6.00** Kate McCann and Stig Abell **10.00** Hugo Rifkind: including at 12.30pm guest Miranda Malins, who disscusses her new book *The House of Cromwell*, about power, family and the making of modern Britain **1.00pm** The Times at One: with Andrew Neil **2.00** Jane Garvey and Fi Glover: at 3.30 Johnny Mercer plugs his book *No Way to Run a Country*, an insider's account of nine tumultuous years of Tory rule **4.00** John Pienaar **7.00** The Evening Edition with Kait Borsay **10.00** Carole Walker **1.00am** The Best of Times Radio

Key (R) Repeat

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THURSDAY RADIO

TODAY'S REVIEWS



CHARLIE WALKER

Craig Charles

1.00pm ***6 Music***

It's National Poetry Day and *Red Dwarf* star Craig Charles (above) is back with *Way with Words*, BBC 6 Music's annual poetry and spoken word bash. Liverpool-born Charles won a national competition for a poem written when he was 12, and poetry has been part of his life and career ever since, particularly on radio. On today's live show he'll premiere a new poem, dedicated to Liverpool, and explore Merseyside's contribution to arts and culture. He'll also be around for the rest of the week. From Monday to Wednesday he's sharing three more poems he's written down over years, and the stories behind them. His celebrated guests throughout the week include singer/songwriter Jill Scott (Monday), Ian McCulloch of Echo and the Bunnymen (today), and new-wave pioneer Elvis Costello (tomorrow).

DAVID MCGILLIVRAY

The Global Jigsaw

10.30am ***BBC World Service***

For centuries, the empires of the Middle East were shaped by the mighty rivers Tigris and Euphrates, which were used to carry provisions, armies and indeed ideas. But now, these historically symbolic waterways are at the centre of a geopolitical struggle in which water has emerged as the ultimate bargaining chip. Due to a toxic mix of severe drought, outdated irrigation methods, a lack of storage, and regional power dynamics, Iraq now finds itself increasingly water-poor, with upstream Turkey holding all the cards. Turkey's current "dam-building spree" is only limiting the flow downstream, and that leverage not only facilitates greater access to Iraqi markets and oil but ominously touches on security co-operation, too.

JEREMY ASPINALL

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700
Sky 0101 **Virgin** 901

7.00am Greg James **10.30** Charlie and Jerry **1.00pm** GK Barry **3.30** Going Home **6.00** New Music Show **8.00** Rave-Up with Arielle Free **10.00** BBC Introducing Dance **11.00** The Residency on Dance **1.00am** Workout Anthems **2.00** Pop Anthems **4.00** Mylo and Rosie

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702
Sky 0102 **Virgin** 902

6.30am Sara Cox
Upbeat show with chat, listeners' calls and texts, top guests and music, from chart classics of yesteryear to tracks from Radio 2's current playlist.
9.30 Vernon Kay
Chat, music and features, including at **10.30** the **Ten to the Top** music quiz and at **11.40 Tracks of My Years**, today with Linda Perry (of 4 Non Blondes) discussing recordings by Christina Aguilera and Brandi Carlile.
12.00 Jeremy Vine
With news, human interest stories and topical discussion. Plus music.
2.00pm Clara Amfo
Sitting in for Trevor Nelson.
4.00 Mark Goodier
7.00 Jo Whiley
9.00 The Country Show
Darius Rucker presents a specialist show featuring the new and classic music of Nashville and beyond.
10.00 The Good Groove with DJ Spoony
12.00 OJ Borg
3.00am Music programme
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

7.00am Nick Grimshaw
Across National Poetry Day 6 Music celebrates lyrics and words with playlists including Fontaines DC, Little Simz, Echo and the Bunnymen, Jacob Alon, Kendrick Lamar, Patti Smith and many more.
10.00 Lauren Laverne
1.00pm Craig Charles
RT 6 Music marks National Poetry Day with its annual Way with Words celebration, led by Craig Charles, who 50 years ago, at 12, won a national poetry competition. Today he reveals a new poem, dedicated to his native Liverpool, and explores Merseyside's contribution to arts and culture. Joe Talbot (of Idles) reveals his writing process, and Ian McCulloch (of Echo and the Bunnymen) discusses his love of poetry. See 11pm
4.00 Huw Stephens
Including at **6.00 Roundtable**.
7.00 New Music Fix Daily
9.00 Riley and Coe
11.00 6 Music Artist in Residence
4/4. Further picks from Bristol band Idles, whose singer Joe Talbot featured earlier today on Craig Charles's show. (R)
12.00 New Music Fix Playlist
1.00am New Album Fix
2.00 Jukebox
3.00 6 Music's 90s Forever
4.00 6 Music's 00s Forever
5.00 Chris Hawkins

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** Choices: veteran Three Degrees singer Valerie Holiday shares some of her favourite music Repeated from Sunday 9pm **10.00** Diana Luke **12.00** Derek Webster **2.00am** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 6.30am, 7.00, 7.30, 8.00, 8.30, 1.00pm and 6.00

6.30am Breakfast
Tom McKinney with the headlines, listeners' texts and music, including regular features such as the **Dawn Chorus** and **Bach before 7**.
9.30 Essential Classics
Georgia Mann with music and features, including at **10.00** the **Playlister Starter** in which listeners are played a piece of music and then invited to suggest compatible works for broadcast at **11.15** in the **Playlister Reveal**. Plus **Album of the Week** at **10.30**.
1.00pm Classical Live
Elizabeth Alker with further performances featuring BBC ensembles as the new season of concerts gets under way, including guest piano soloist Alessio Bax taking on a Rachmaninov favourite. There's more from this week's featured artists, the Verità Baroque and a continued spotlight on this year's roster of BBC Radio 3 New Generation Artists, today with Hana Chang and the Novo Quartet.
Smetana *String Quartet No 1 in E minor (From My Life)*
Novo Quartet
Bach *Badinerie (Orchestral Suite No 2 in B minor, BWV1067)*; *Brandenburg Concerto No 5 in D, BWV1050*
Verità Baroque
Rachmaninov *Piano Concerto No 2 in C minor*
Alessio Bax, BBC Scottish Symphony Orchestra, conductor Gemma New
Brahms *Violin Sonata No 2 in A, Op 100*
Hana Chang (violin), Jonathan Ware (piano)
Telemann *Flute Concerto in A, TWV53:A2 (Tafelmusik)*
Taya König-Tarasevich, Verità Baroque
Rameau *Les indes galantes (excerpts)*; *Naïs (excerpts)*; *Hippolyte et Aricie (excerpts)*; *Dardanus (excerpts)*
BBC Philharmonic Orchestra
4.00 Composer of the Week: Scott
4/5. **War and Separation.** In the 1930s and during the Second World War, Scott is in demand as a concert pianist but later faces financial hardship. He and his wife have had two children together, but after the outbreak of the war, husband and wife are never to live together again, very much going their separate ways. With Donald Macleod.
Cornish Boat Song
Gould Piano Trio
Spanish Dance
Leslie De'Ath (piano)
Neptune (excerpt); *Erato Muse of Love and Poetry (Symphony No 3 — The Muses)*
BBC Philharmonic, conductor Martyn Brabbins
Fantasie orientale
Clare Howick (violin), Sophia Rahman (piano)
Oboe Concerto (excerpt)
Jonathan Small, Royal Liverpool Philharmonic Orchestra, conductor Martin Yates
5.00 In Tune
Petroc Trelawny invites horn player Ben Goldscheider and pianist Richard Uttley to perform for him.
7.00 Classical Mixtape Nonstop music. (R)
7.30 Radio 3 in Concert
LIVE Owain Park begins his tenure as chief conductor of the BBC Singers with this concert that includes the European premiere of British composer Joby Talbot's *Piedra de sol* (2026), a 70-minute setting of the poetic epic work by Mexican poet and philosopher Octavio Paz (1914—98), co-commissioned by the US choral ensemble Conspirare and the BBC Singers. Recorded last Thursday at the church of St Alban the Martyr in the City of London. Presented by Martin Handley.
Victoria *O quam gloriosum*; *Missa O quam gloriosum*
Joby Talbot *Piedra de sol (BBC co-commission: first European performance)*
9.45 The Essay: This Sounding Isle
4/5. **Aldeburgh.** In Aldeburgh, Dr Kate Kennedy explores Benjamin Britten's profound connection to the Suffolk coast through *Peter Grimes*, his opera of landscape, hardship and isolation. Joined by composer Colin Matthews, she retraces Britten's lunchtime walk from the Red House, across marshes to the beach, discovering the windswept world that inspired him.
10.00 Night Tracks With Sara Mohr-Pietsch.
11.30 'Round Midnight
Jazz series presented by saxophonist Soweto Kinch. In his final appearance in this week's specially themed **4/4** feature, on National Poetry Day, Trinidadian poet, novelist and musician Anthony Joseph shares a track from a personally influential album by Chicago-born singer and poet Camille Yarbrough (now 88).
12.30am Through the Night
With Jonathan Swain, who begins with performances by three string quartets from August 2025 as part of the Banff International String Quartet Competition, a Canadian event held every three years.
Beethoven *String Quartet No 9 in C, Op 59 No 3 (1st mvt)*
Bartók *String Quartet No 2, Sz 67* Quatuor Elmire
Beethoven *String Quartet No 7 in F, Op 59 No 1 (Razumovsky) (1st mvt)*
Hindemith *String Quartet No 5, Op 32* Viatores Quartet
Beethoven *String Quartet No 8 in E minor, Op 59 No 2 (Razumovsky)* **Bartók** *String Quartet No 3, Sz85* Quartett Hana
2.11 Bach *Keyboard Concerto No 7 in G minor, BWV1058*
2.25 Gabrieli *Canzon Primi Toni à 8* **2.31 Gorczycki** *Completorium* **2.54 Brahms** *25 Variations and Fugue on a Theme by Handel, Op 24* **3.21 Raitio** *Joutsenet, Op 15*
3.29 Fritsch *Paduan and Two Galliards (Primitiae musicales)*
3.38 Diepenbrock *The Clear Day*
3.42 Strauss *Love Scene (Feuersnot)*
3.52 Spohr *Harp Fantasia No 2 in C minor, Op 35*
4.01 Debussy *Première Rhapsodie*
4.09 Mozart *Les petits riens, K299b*
4.20 M Haydn *Lauft, ihr Hirten allzugleich*
4.31 Rachmaninov *Romance and Waltz*
4.37 Bologne *L'amant anonyme (ballet music)*
4.44 Biber *Passacaglia in G minor (Mystery (Rosary) Sonatas)*
4.53 Elgar *To Her Beneath Whose Steadfast Star*
4.58 Larsson *Pastoral Suite, Op 19* **5.12 Fauré** *Piano Trio, Op 120*
5.33 Dvořák *Song to the Moon (Rusalka)*
5.40 Albéniz *Iberia, Book 1*
6.00 Rosetti *Horn Concerto in D minor, C 38*
6.21 Hildegard of Bingen *O vis aeternitatis (Responsorium)* (R)

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM
6.00am Rossie **10.00** Ken Bruce: including at 10.30 the PopMaster music quiz **1.00pm** Zoe Ball **4.00** The Simon Mayo Drivetime Show: music and chat, plus the features Confessions, Dramas and Big 45s **7.00** Jackie Brambles **10.00** Andy Crane: a comforting nostalgic playlist **1.00am** Music Marathon **4.00** Alex Lester

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am Certified Mashups **7.00** Nikita Kanda **10.00** Certified: with Nikita Kanda **11.00** Haroon Rashid **2.00pm** Certified Throwbacks: with Haroon Rashid **3.00** Jaz Singh **6.00** AJD **8.00** Punjabi **9.00** The Official British Asian Chart Show: with Jasmine Takhar **10.00** Bobby Friction: music, entertainment and exclusives **12.00** Love Friday Mix **1.00am** Certified **4.00** Trending

Absolute Radio

DAB+ absoluteradio.co.uk
6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell: Hard rock, indie pop and everything in between **4.00** Hometime with Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind
6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix: a playlist designed to assist meditation, retreating and unwinding **5.00** Classical Wind Down **8.00** Cinematic Soundtracks **9.00** Ultimate Calm: with Anna Lapwood's Safe Haven (4/12) **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast With Dan Walker, including at **9.00** the **Classic Hall of Fame Hour**.
10.00 Aled Jones Classical favourites, including after **11.00**, a track from Classic FM's **Album of the Week**.
1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame Top 300.
4.00 Margherita Taylor Classic FM favourites plus features, including at **6.15** a classical **Star in the Spotlight**.
7.00 Relaxed Evenings with Zeb Soanes A playlist of music designed to help listeners relax and recharge.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton Music through the night, featuring classical favourites and film music.
4.00 Lucy Coward Music and features.

RT WINE Order a **12 bottle** mixed case & earn **Avios** points  **radiotimes.com/wineflyercase**

BBC Radio 4

92.4—94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News, weather and **shipping forecasts** as Tuesday

5.00am News Summary
5.04 More or Less
Repeated from yesterday 9am
5.43 Prayer for the Day
Pause for contemplation with Haydon Spenceley.
5.45 Farming Today
News about food, farming and the countryside.
6.00 Today
Presented by Emma Barnett and Justin Webb.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day With Dr Rachel Mann.
9.00 In Our Time
Casablanca. Misha Glenny hosts a discussion on the classic 1942 romance *Casablanca*, which won three Academy Awards, including best director for Hungarian-born film-maker Michael Curtiz. Set in Vichy-controlled Morocco during the Second World War, it stars Humphrey Bogart as cynical nightclub owner Rick, Ingrid Bergman as his old flame Ilsa, and Paul Henreid as her Resistance leader husband Victor. Glenny is joined by film historian Ian Christie, Sheldon Hall of Sheffield Hallam University, and journalist and film critic Pamela Hutchinson.
Producer Simon Tillotson Repeated Sunday 11pm
9.45 Strong Message Here
Armando Iannucci and Helen Lewis decode the baffling world of political language, skewering jargon, newsspeak, buzzwords and general obfuscation. Repeated 9.45pm
10.00 Woman's Hour
Presented by Anita Rani.
11.00 This Cultural Life
John Wilson talks to a leading cultural figure about their life, work and creative process.
Producer Edwina Pitman Repeated Saturday 7.15pm
11.45 Book of the Week: Empire at the Edge of the World
4/5. **The Friendly Arctic.** By Giles Milton. Reinventing himself as an Arctic evangelist, Stefansson persuades four young volunteers — and one indigenous seamstress, Ada Blackjack — to secretly colonise British-claimed Wrangel Island. Then a race against time begins. Read by Edmund Kingsley.
For details see Monday Repeated 12.30am
12.04pm The Bottom Line
2/7. **Antiques.** If there's one industry millions of us in the UK take an unusually healthy interest in, it's buying and selling antiques — from bric-a-brac stores to the multi-million pound art market. So how does the antiques industry really work? Evan Davis is joined by *Antiques Roadshow*'s Mark Hill, auctioneer Catherine Southon, and antiques dealer Conor Hannah.
Producer Nick Holland Repeated Tuesday 9.30pm
12.32 Sliced Bread
New series. 1/7. **Acne Treatments.** Greg Foot is joined by consultant dermatologist Dr Emma Wedgeworth and founder of the Clear skincare app Ahana Banarjee to discuss what helps treat acne. Producers Simon Hoban and Greg Foot
1.00 The World at One
Presented by Sarah Montague.
1.45 Seven Ages of Man, with Michael Rosen
6/7. Film-maker and former Premier League footballer Marvin Sordell talks to Michael Rosen about the hypermasculine culture of the game and the breakdown that has driven him to change his life in his 30s.
2.00 The Archers Rptd from yesterday 7pm
2.15 A Place Called Home
3/6. **Meanwhile.** By Emma Pritchard. Joy lives in a van on the Dorset coast, saving every penny towards a future she can afford. Ruben is trying to keep his family's holiday let business afloat after his father's death. As their summer romance blooms on the coast, a fierce battle over housing divides their community.
Joy **Eleanor Nawal** Marina **Rebecca Crankshaw**
Ruben **Jasper Talbot** Simon **Matthew McNulty**
Director Anne Isger
3.00 Open Country
7/7. **Walter Scott Country.** Martha Kearney visits Walter Scott country. She traces the writer's footsteps through the Scottish countryside, visiting Abbotsford House near Melrose, where Scott built his Scottish baronial dream. As Martha finds out, his writing explores Scotland's environmental history, including deforestation, land use changes, and the human-nature relationship. He incorporates ecological themes in his novels, using landscapes as active components of storytelling and reflecting the Romantic view of nature as something to be revered. Scott advocated for the restoration of native woodlands and foresaw the potential for natural regeneration. His love of nature is expressed not only in the landscapes of his novels, but also in his personal passion for tree planting.
Producer Mary Ward-Lowery Repeated Saturday 6.07am
3.27 The Radio 4 Appeal
Repeated from Sunday 7.54am
3.30 Word of Mouth
6/6. Michael Rosen discusses punctuation symbols through the ages with writer Florence Hazrat, author of *On the Mark*.
Producer Maggie Ayre Repeated Sunday 8pm
4.00 Rethink
5/5. **Manufacturing or Services?** Ben Ansell concludes the current series of the programme that looks at new ideas for shaping the future of society. Repeated tomorrow 5.04am
4.30 BBC Inside Science
Tom Whipple presents the latest scientific research to make the news headlines and how science is evolving to transform culture.
Producers Alex Mansfield and Katie Tomsett
Repeated 8.30pm BBC World Service and Monday 8.30pm BBC Radio 4
5.00 PM Presented by Evan Davis.
6.00 Six o'Clock News
6.30 Omid Djalili: Namaste
4/4. **Still Human.** After a series on identity, conflict and outrage, the comedian ends by asking a simpler question: what might save people from all this noise? He discusses the importance of female leadership and champions community as a beacon of hope.
Producer Sasha Bobak
7.00 The Archers
Pip has a decision to make, and Susan proves to be a friend indeed.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Tom Sutcliffe and guests review the cultural highlights and big releases of the week, including Tom Cruise's latest film *Digger*, a black comedy about the oil industry, and Sky's new legal drama *War*, starring Dominic West and Sienna Miller. Producer Claire Bartleet
8.00 When It Hits the Fan Rptd from yesterday 4pm
8.15 The Media Show Rptd from yesterday 4.15pm
9.00 Loose Ends
Repeated from Saturday 6.15pm
9.45 Strong Message Here Rptd from 9.45am
10.00 The World Tonight
With Jane Hill.
10.45 Book at Bedtime: Stations
4/10. By Louise Kennedy. Adjusting to her new life in London, Róisín can't help but resent Red's friendship with Octavia. Read by Amy Molloy.
For details see Monday
11.00 Radical
Discussing the global forces reshaping the world. Available on BBC Sounds from this morning
Producers Rufus Gray and Nathan Gower
Repeated Saturday 11am
11.30 Great Lives
Matthew Parris is joined by baker, columnist and author Ruby Tandoh, who picks Brian Jacques, author of the *Redwall* series, and recalls the food descriptions in these books she first read as a child. They are joined by Trevor Hyett, formerly of Granada TV and a regular on the folk scene with Brian Jacques.
Producer Miles Warde (R)
12.00 News and Weather
12.30—12.45am Book of the Week: Empire at the Edge of the World
Repeated from 11.45am
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910

6.00am The Doomed Oasis Thriller (4/6)
6.30 Paul Temple and the Jonathan Mystery (3/8)
7.00 Capital Gains Series two of the sitcom (1/4)
7.30 The Burkiss Way Comedy sketches
8.00 ReincarNathan as 7pm
8.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (9/10)
8.45 Tristram Shandy By Laurence Sterne (4/10)
9.00 Omid Djalili: Namaste The comedian explores social media (3/4) As broadcast last Thu BBC Radio 4
9.30 Oliver Burkeman Is Busy The journalist asks if people are addicted to being busy. From 2016 (4/5)
9.45 Daily Service Richard Carter continues a peace-themed week. Reading: James 3, vv13—18
10.00 Great Lives as 4pm
10.30 A Ram for the Rebels Gerry Anderson recounts the story of John P Holland, the Irish schoolteacher who invented the modern submarine so that Fenian rebels could attack the Royal Navy
11.00 The Doomed Oasis Thriller (4/6)
11.30 Paul Temple and the Jonathan Mystery (3/8)
12.00 Capital Gains Series two of the sitcom (1/4)
12.30pm The Burkiss Way Comedy sketches
1.00 ReincarNathan as 7pm
1.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (9/10)
1.45 Tristram Shandy By Laurence Sterne (4/10)
2.00 My Generation Quiz with Stuart Maconie (2/6)
2.30 Two Doors Down 2001 sitcom (3/4)
3.00 The Life and Loves of a She-Devil Dramatisation by Joy Wilkinson of Fay Weldon's 1983 feminist revenge novel, starring Hattie Morahan. With Barnaby Kay, Lyndsey Marshal and Rosie Cavaliero (2/2)
4.00 Great Lives Neurologist professor Tom Solomon celebrates writer Roald Dahl (1916—90)
4.30 A Ram for the Rebels as 10.30am
5.00 The Doomed Oasis By Hammond Innes (4/6)
5.30 Paul Temple and the Jonathan Mystery (3/8)
6.00 Capital Gains Series two of the sitcom (1/4)
6.30 The Burkiss Way Comedy sketches
7.00 ReincarNathan Sitcom by Tom Craine and Henry Paker, about a pop star in the afterlife (4/6)
7.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (9/10)
7.45 Tristram Shandy By Laurence Sterne (4/10)
8.00 My Generation Quiz with Stuart Maconie (2/6)
8.30 Random Debbie Tucker Green's adaptation of her own stage play set over the course of one spring day and telling the story of an ordinary family whose lives are devastated by one random event
9.30 Two Doors Down 2001 sitcom (3/4)
10.00—12.00 Comedy Club: Omid Djalili: Namaste (3/4), **10.30 Lemn Sissay's Origin Stories** (3/4), **11.00 Hearing with Hegley** (5/8), **11.15 A Wet Handle** (1/5), **11.30 Rigor Mortis** (5/6)
12.00 as 4pm **12.30am** as 10.30am **1.00** as 5pm **1.30** as 5.30pm **2.00** as 6pm **2.30** as 6.30pm **3.00** as 7pm **3.30** as 7.30pm **3.45** as 7.45pm **4.00** as 8pm **4.30** as 2.30pm **5.00** as 3pm

*Not available on Freeview in Scotland

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** The Inquiry **8.30** Business Daily **8.50** Witness History: the discovery of the Dead Sea Scrolls **9.00** Newsroom **9.30** The Documentary: West Africa's Ebola Outbreak — 10 Years on: hearing from people in West Africa **10.00** News **10.05** The Media Show As broadcast yesterday 4.15pm R4 **10.30** The Global Jigsaw: the geopolitical tensions between Turkey and Iraq over the Tigris-Euphrates river system. **Review p114 11.00** Newsroom **11.30** The Global Story **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** Newsroom **1.30** The Food Chain **2.00** Newshour **3.00** News **3.05** The Inquiry **3.30** Business Daily **3.50** World Business Express **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** Newsroom **7.30** Sport Today **8.00** News **8.05** The Documentary: West Africa's Ebola Outbreak — 10 Years on **8.30** BBC Inside Science: with Tom Whipple As broadcast 4.30pm R4 **9.00** Newshour **10.00** News **10.05** The Inquiry **10.30** The Food Chain **11.00** Newsroom **11.30** World Business Report **12.00** News **12.05am** The Media Show **12.30** Unspun World with John Simpson **1.00** Newsroom **1.30** The Global Story **2.00** Newsroom **2.30** Tech Life **3.00** News **3.05** Outlook **3.50** Witness History **4.00** Newsroom **4.30** Heart and Soul: Dr Giana Monami talks about her work analysing claims of miracles in Lourdes

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705
Sky 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money
Financial news, reports and analysis, including interviews with movers and shakers, business leaders and big bosses.
6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with a detailed look at the headlines, plus sport and unique stories from across the UK.
9.00 Nicky Campbell
Discussion of topical issues and the chance for listeners to phone in.
11.00 Adrian Chiles
With a fresh journalistic approach and unusual news stories.
2.00pm Matt Chorley
News and topical political discussion, including analysis from specialist commentators and listener input. Plus in-depth interviews with MPs, elected mayors and cabinet ministers.
4.00 5 Live Drive
Clare McDonnell and Chris Warburton with news and sport. Plus interviews linked to topical and cultural issues.
7.00 5 Live Sport
Maz Farookhi with sports news and debate. Plus build-up to the **8.00** commentary on Wales v Norway in the Uefa Nations League, broadcast live from BBC Radio Wales.
10.00 Anna Jameson
Topical discussion, with a phone-in. Plus in-depth interviews.
1.00am Kathryn Stanczyszyn
Topical and cultural discussion, with a chance for listeners to phone throughout the night. Plus features and music.

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731
Sky 0107 **Virgin** 927

6.00am Talksport Breakfast
Presented by Alan Brazil and Gabby Agbonlahor.
10.00 Jim White and Simon Jordan
1.00pm Hawksbee and Baker
4.00 Talksport Drive
With Andy Goldstein and Darren Bent.
7.00 Kick Off
Sports debate with Natalie Sawyer.
10.00 The Sports Bar
1.00am Extra Time With Paul Ross.
5.00 Early Sports Breakfast

Talksport 2

DAB+ talksport.co.uk
1.00pm—3.00 Racing From Southwell.
7.00—12.00 PGA Tour Golf
Featuring commentary on day one of the Bank of Utah Championship.

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734
Sky 0121 **Virgin** 919

7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Clive Bull **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am Tom Nunan: the headlines **6.00** Kate McCann and Stig Abell **10.00** Hugo Rifkind: political discussion **1.00pm** The Times at One: with Andrew Neil **2.00** Jane Garvey and Fi Glover: at 3.30 Australian author Liane Moriarty discusses *Big Little Truths*, her follow-up to the 2014 bestseller *Big Little Lies* **4.00** John Pienaar **7.00** The Evening Edition with Kait Borsay **10.00** Henry Bonsu: including a first look at tomorrow's front pages **1.00am** The Best of Times Radio

Key (R) Repeat

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FRIDAY RADIO

TODAY'S REVIEWS



GETTY

Crowd Science

8.30pm ***BBC World Service***

Even the most world-weary adult may struggle not to be uplifted by the sight and slightly battered opulence of shells (above). The sheer variety of colours, shapes and sizes is a veritable delight but how, asks a *Crowd Science* listener from Australia, are they made? Presenter Marnie Chesterton is charged with supplying a comprehensible answer and visits a beach with a mussel expert (quite a job title) who explains that each shell is an impressively tough armour to protect the tasty creature living inside. Calcium carbonate is the main mineral (also found in eggshells) that forms the hard outer case, but lurking within are other layers, bound by protein produced by each inhabitant — including the iridescent mother-of-pearl inner linings of freshwater mussels, who are all working to innate mathematical construction rules. Truly fascinating.

ANNA JONES

Cuttin' It

8.30pm ***Radio 4 Extra***

Charlene James showed early promise as a dramatist able to raise awareness of social issues. This is her most successful play, the winner of several awards. It's about two Somali girls who go to the same south London school, but are not friends. Gradually we learn they hold opposing views on the cultural significance/barbarity of female genital mutilation. James's vivid word pictures do not make for easy listening, but they hold us in their power. After the play's 2015 broadcast, it was adapted for London's Royal Court Theatre. It's part of a season celebrating the English Stage Company, which began producing radical contemporary drama at the Court 70 years ago.

DAVID McGILLIVRAY

BBC Radio 1

97.6—99.8 FM DAB bbc.co.uk/radio1
Freeview* 700 **Freely** 601 **Freesat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James **10.30** Vicky and Charley **1.00pm** Sam and Danni **4.00** Official Chart **6.00** Dance Party **8.00** Future Dance **10.00** Pete Tong **12.00** Essential Mix **2.00am** Danny Howard's Club Mix **3.00** Dance Anthems with Charlie Hedges **4.00** Dance Party Starters **5.00** Happy Anthems

BBC Radio 2

88—90.2 FM DAB bbc.co.uk/radio2
Freeview* 702 **Freely** 603 **Freesat** 702 **Sky** 0102 **Virgin** 902

6.30am Sara Cox
Upbeat show with a zoo radio format, including chat, listeners' calls and texts, top guests, and chart oldies and tracks from Radio 2's current playlist.
9.30 Vernon Kay
At **11.40 Tracks of My Years**, with the final two picks of Linda Perry: one by Radiohead and one by Harry Styles.
12.00 Tina Daheley
Sitting in for Jeremy Vine.
2.00pm Trevor Nelson
Music, texts and features.
4.00 Gary Davies
7.00 Michelle Visage
A party playlist of disco, dance, pop, neo-R&B bangers and, at **8.30**, **Handbag Hits** — an "I got rhythm"-themed mix of feel-good party tracks, including Snap!, Janet Jackson, Grace Jones and Corona.
9.00 Sophie Ellis-Bextor's Kitchen Disco Upbeat playlists.
11.00 The Rock Show with Shaun Keaveny
The cream of rock from across the decades, plus new releases and guests.
12.00 Romesh Ranganathan: for the Love of Hip-Hop
A personal pick of hip-hop.
1.00am Tony Blackburn's Sounds of Soul
2.00 Radio 2 in the Park
Another chance to hear festival highlights from the event in Stirling, starting with Level 42 (from Sunday 13 September), then three acts from 12 September: at **2.30** the Script, followed at **3.00** by Jack Savoretti, then at **3.30** Emeli Sandé. (R)
4.00 Radio 2 Unwinds with Angela Griffin
Playlists designed to be soothing. (R)
5.00 Tracks of My Years
Omnibus edition with Cecelia Ahern. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freely** 608 **F'sat** 707 **Sky** 0118 **Virgin** 909

7.00am Nick Grimshaw
10.00 Lauren Laverne
1.00pm Craig Charles
A weeklong celebration of poety concludes with special guest Elvis Costello, who discusses his songwriting.
4.00 Huw Stephens
7.00 The People's Party
Deb Grant sits in for Femi Koleoso.
9.00 6 Music's Indie Forever
Presented by Nathan Shepherd.
11.00 The 6 Mix with Mary Anne Hobbs
12.00 6 Music's Rave Forever
1.00am 6 Music's Forever Dark
2.00 Focus Beats Mixtape.
4.00 Ambient Focus

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd: including the Top Five hits from this week in a bygone year **12.00** David Hamilton **2.00pm** Judi Spiers **4.00** Nicky Horne **6.00** Steve England **8.00** The Easy Hour **9.00** Graham Torrington **12.00** Mike Wyer's Night Ride **2.00am** Night Music

BBC Radio 3

90.2—92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freely** 604 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 6.30am, 7.00, 7.30, 8.00, 8.30, 1.00pm and 6.00

6.30am Breakfast With Tom McKinney.
9.30 Essential Classics With Georgia Mann.
1.00pm Classical Live
Elizabeth Alker concludes a weeklong showcase of concert highlights from BBC ensembles with an Elgar favourite performed by the BBC National Orchestra of Wales. The spotlight on the current roster of New Generation Artists features more from Julius Asal, Hana Chang and the Novo Quartet, and there's the last of the week's performances from Verità Baroque.
Brahms *Piano Sonata No 3 in F minor, Op 5*
Julius Asal
Corelli *Concerto grosso in D, Op 6 No 4*
Verità Baroque
Stravinsky *Suite: The Firebird (1945 version)*
BBC Symphony Orchestra, conductor Sakari Oramo
Mozart *Violin Sonata in D, K306*
Hana Chang, Jonathan Ware (piano)
Caroline Shaw *Entr'acte* Novo Quartet
Bach *Concerto in C minor for oboe and violin, BWV1060R*
Jennifer Galloway (oboe), Zoë Beyers (violin), BBC Philharmonic Orchestra, conductor Jonathan Cohen
Elgar *Variations on an Original Theme (Enigma)*
BBC NOW, conductor Jaime Martin
4.00 Composer of the Week: Scott
5/5. **Twilight Years.** In the final decades of his life, Scott's music is considered old-fashioned and he forms a turbulent relationship with the BBC. He also loses some of his oldest friends, including Grainger. His last public appearance is at the age of 90 in 1969, when his music is revived in a concert at the Queen Elizabeth Hall in London. He dies the following year. Presented by Donald Macleod.
Victorian Waltz Michael Schäfer (piano)
Clarinet Trio (3rd mvt) Robert Plane (clarinet), Alice Neary (cello), Benjamin Frith (piano)
Symphony No 4 (1st mvt)
BBC Philharmonic, conductor Martyn Brabbins
Piano Sonata No 3 (1st mvt) Erik Parkin
String Quartet No 2 (excerpt) Archaeus Quartet
Piano Concerto No 2 Howard Shelley, BBC Philharmonic, conductor Martyn Brabbins
5.00 In Tune
Petroc Trelawny welcomes the London Bulgarian Choir to the studio, who perform live. And he visits the Royal Academy of Arts to speak to curator Ann Dumas about the exhibition Painting the French Riviera, which opens today.
7.00 Classical Mixtape An unpredictable playlist.
7.30 Friday Night Is Music Night
A concert from last Friday at Alexandra Palace Theatre in London, in which English jazz pianist Joe Stilgoe and his trio join the BBC Concert Orchestra and conductor/violinist Fiona Monbet for a programme of his own music. The programme features material from his 2025 album *Welcome to the Club*, including *The Man in the Moon*, *Nobody* and *Mr Peanuts*. Presented by Al Ryan.
Joe Stilgoe (piano), Giacomo Smith (clarinet/saxophone), Ed Richardson (drums), Jack Tustin (bass), BBC Concert Orchestra, director Fiona Monbet (violin)
9.45 The Essay: This Sounding Isle
5/5. **London.** In this final instalment Kate Kennedy is joined by composer Charlotte Bray to walk from Westminster through the heart of London, visiting some of the same territory Ralph Vaughan Williams covered before writing his *London Symphony* — capturing day and night-time vignettes along Westminster to Bloomsbury and to his house near the Thames at Battersea.
10.00 Late Junction
On the eve of Steve Reich's 90th birthday, Verity Sharp invites bassoonist and conductor Rebekah Heller to share a mixtape she curated specially for her friend and fellow New Yorker. Reich and Heller first sparked their collaborative work and friendship in 2018 upon realising they were neighbours. As a bassoonist, Heller became interested in finding ways to perform the minimalist composer's compositions on her own instrument. And on her recent album, *Righteous Rage*, Heller worked with Reich to arrange his 2003 composition *Cello Counterpoint* for multitracked bassoons, resulting in the piece *Grand Street Counterpoint*. Radio 3 celebrates Reich's birthday tomorrow (*Saturday Morning* and *New Music Show*) and on Sunday (*Music Map*, special editions of *Radio 3 in Concert* and *Sunday Feature*).
11.30 'Round Midnight
Soweto Kinch welcomes Grammy-winning Baltimore-born saxophonist Gary Bartz (now 85), who discusses his early influences, his work with Miles Davis and Max Roach, and his reflections on singing.
12.30am Through the Night
With Jonathan Swain, who begins with an orchestral concert from 2023 in Zurich, directed from the violin by Daniel Hope. **Mozart** *Adagio and Fugue in C minor, K546* **Arvo Pärt** *Tabula rasa* **Schnittke** *Concerto grosso No 3* **Martin Wettstein** *The Temple of Silence* **Grieg** *Holberg Suite* **Schulhoff** *Alla tarantella (Five Pieces for String Quartet)* Sebastian Bohren (violin), Zurich Chamber Orchestra, director Daniel Hope **Walton** *Sonata for string orchestra (4th mvt)* **2.15 Mozart** *Männer suchen stets zu naschen, K433* **2.17 Mozart, arr Levin** *Larghetto and Allegro in E flat* **2.31 Walpurgis** *Talestri, regina delle Amazzoni (excerpts)* **3.10 Beethoven** *Piano Sonata No 23 in F minor, Op 57 (Appassionata)* **3.33 Martucci** *Notturno, Op 70 No 1* **3.40 Halvorsen** *Passacaglia on a Theme by Handel* **3.49 Mathias** *A May Magnificat for double chorus, Op 79 No 2* **3.59 Castello** *Sonata No 9 a 3 (Sonate concertate in stil moderno, bk 1)* **4.05 Matz** *Ballade for piano trio* **4.13 Haydn** *Variations on Gott erhalte* **4.21 Reinecke** *Ballade for flute and orchestra* **4.31 Corelli** *Concerto grosso in D, Op 6 No 4* **4.40 Chopin** *Ballade No 1 in G minor, Op 23* **4.49 Palestrina** *Magnificat primi toni* **4.58 Stravinsky** *Eight Instrumental Miniatures* **5.06 Goleminov** *Solo Cello Sonata* **5.14 Stanford** *Three Intermezzi, Op 13* **5.23 Brahms** *String Quintet No 2 in G, Op 111* **5.52 Soler** *Fandango in D minor* **6.04 Sowande** *African Suite for harp and strings*

Greatest Hits

DAB greatesthitsradio.co.uk Regional variations on FM

6.00am Rossie **10.00** Ken Bruce: including at 10.30 the PopMaster music quiz **1.00pm** Zoe Ball **4.00** The Simon Mayo Drivetime Show: music and chat, plus the features Confessions, Dramas and Big 45s **7.00** The Mixtape with Jenny Powell **10.00** Rhythm of the Night: Des Paul with soul, funk, disco and more **1.00am** Music Marathon

BBC Asian Network

DAB bbc.co.uk/asiannetwork
Freeview 709 **Freely** 610 **Freesat** 709 **Sky** 0117 **Virgin** 912

6.00am Fresh **7.00** Nikita Kanda **10.00** Certified: with Nikita Kanda **11.00** Haroon Rashid **1.00pm** Bollywood Sing-Along Anthems **2.00** Certified: with Haroon Rashid **3.00** Official Asian Music Chart **5.00** Certified **6.00** Panjabi Hit Squad **9.00** Certified **12.00** Desi Dancefloor Mix **1.00am** Pure Spice with DJ Manara **4.00** Pure Spice Takeover **5.00** Bollywood Sing-Along Anthems

Absolute Radio

DAB+ absoluteradio.co.uk

6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell: hard rock and indie pop **4.00** Hometime with Bush and Richie **7.00** Absolute 80s Greatest Hits with Claire Sturgess **10.00** Sophie K **4.00am** Ben Coley

BBC Radio 3 Unwind

DAB+ bbc.co.uk/radio3unwind

6.00am Mindful Mix **9.00** Classical Unwind **12.00** Piano Focus **2.00pm** Mindful Mix **5.00** Classical Wind Down **8.00** Cinematic Soundtracks: with Edith Bowman **9.00** Ultimate Calm: Erland Cooper traces how composers translate narrative into sound (5/12) **10.00** Night Tracks **11.30** The Sleeping Forecast **12.30am** Sleep Tracks

Classic FM

99.9—101.9 FM DAB+ classicfm.com
Freeview 731 **Freely** 622 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.30am Classic FM Breakfast With Dan Walker.
10.00 Aled Jones Classical music.
1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3 at 3**.
4.00 Margherita Taylor Classic FM favourites and new discoveries. Plus features, including the **Film Favourite**.
6.00 Classic FM at the Movies with Jonathan Ross
A playlist celebrating the 90th anniversary of Pinewood studios with music from some of the biggest franchises that were either shot or produced there.
8.00 Classical Spotlight with Alexander Armstrong
Today's playlist features highlights of new albums from cellist Stephen Isserlis and 15-year-old Japanese classical violinist Himari Yoshimura. Plus a **Full Work**.
10.00 Calm Classics 2.00am Katie Breathwick

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BBC Radio 4

92.4—94.6 FM DAB bbc.co.uk/radio4
Freeview 704 **Freely** 605 **Freesat** 704 **Sky** 0104 **Virgin** 904
News, weather and **shipping forecasts** as Tuesday

5.00am News Summary

5.04 Rethink
Repeated from yesterday 4pm

5.43 Prayer for the Day
A pause for reflection with Haydon Spenceley.

5.45 Farming Today
News about food, farming and the countryside.

6.00 Today
With Anna Foster and Justin Webb.

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day
With the Rev Dr Michael Spence.

9.00 Desert Island Discs
Repeated from Sunday 10am

10.00 Woman's Hour
Presented by Anita Rani.

11.00 The Food Programme
The Food Innovators. Dan Saladino takes a look at innovative projects around the world, from fishing to rice growing.
Producer Dan Saladino Repeated tomorrow 10.15pm

11.45 Book of the Week: Empire at the Edge of the World
5/5. **The Reckoning.** The conclusion of Giles Milton's tale of tale of ambition, madness and catastrophe, dating from 1913. Rescuer Harold Noice reaches Wrangel Island — and what he finds ignites a bitter public battle over blame, reputation and the true cost of Stefansson's Arctic ambitions. Read by Edmund Kingsley.
For details see Monday Repeated 12.30am

12.04pm AntiSocial
2/6. Adam Fleming investigates an issue of the day, taking something that's being debated across social media, blogs, talk shows and phone-ins. He finds out how it all began, fact-checks claims and counter-claims, hears from people whose voice is often drowned out and slows down the debate to give listeners a better understanding of what the heat is all about.

1.00 The World at One
Analysis of current affairs with Jonny Dymond.

1.45 Seven Ages of Man, with Michael Rosen
7/7. In the final episode of Michael Rosen's series on masculinity and manhood, can comedian and podcaster Vittorio Angelone, following his tumultuous 20s, find his way to being a man that he actually likes. At the start of his 20s, Vittorio found himself adrift in London, unsure of who he was or who he wanted to be. He felt paralysed by the many conflicting models of maleness competing for his attention online — all of them just different costumes he was trying on. How will he find his own path?

2.00 The Archers
Repeated from yesterday 7pm

2.15 Limelight: Underground
3/5. Continuing Chloë Myerson's claustrophobic near-future thriller set in a billionaire's haunted bunker. Today: guests begin to arrive at Thornfield but it soon becomes clear that Edward is hiding something from Charly. Starring Ava Hinds-Jones and Jacob Fortune-Lloyd.

Charly	**Ava Hinds-Jones**	Mei	**India Moon**
Edward	**Jacob Fortune-Lloyd**	Huxley	**Ayrton English**
Obi	**Joshua-Alexander Williams**	Zack	**Waj Ali**
Dev	**Danny Ashok**	Brett	**Kerry Gooderson**
Axel	**Alexander Arnold**	Various	**David Holt**
Popo	**Liz Sutherland-Lim**		

Director Anne Isger

2.45 When Banksy Comes to Town
4/5. **Share and Shares Alike.** James Peak meets Sam and Julian, who had to hustle to pay for the removal of *Valentine's Day Mascara* from their wall. Also, the hunt for the missing frying pan leads to the artist Banksy commissioned to capture the aftermath.
Producer James Peak; Executive producer Philip Abrams
Repeated tomorrow 5.45am (R)

3.00 Gardeners' Question Time
Experts answer listeners' queries about all aspects of horticulture.
Repeated Sunday 2pm
RT GARDENING Transform your outdoor space with months of glorious colour from seven beautiful spring-flowering bulb varieties: page 125
Gardening: page 124

3.45 Short Works
In an eerie autumnal short story by Louise Welsh, an ambitious young librarian journeys deep into the Bavarian forest in search of ancient folk tales, where he encounters a mysterious "wise" woman. The reader is Alexander Devrient. Louise Welsh is a Scottish author of novels and short stories, a professor of creative writing at the University of Glasgow, and a Fellow of the Royal Society of Literature.
Producer Hayley Jarvis Repeated Sunday 11.45pm

4.00 Last Word
Matthew Bannister reflects on the lives of notable people who have recently died.
Producer Ed Prendeville Repeated Sunday 8.30pm

4.30 More or Less
Repeated from Wednesday 9am

5.00 PM
Presented by Ben Wright.

6.00 Six o'Clock News

6.30 The News Quiz
5/8. Andy Zaltzman presents the topical comedy panel game, the contestants getting to grips with this week's stories including Alasdair Beckett-King, Susie McCabe and Daniel Finkelstein.
Producer Georgia Keating Repeated tomorrow 12.30pm

7.00 The Archers
Lily extends an invitation and Brian is not impressed.

Brian Aldridge	**Charles Collingwood**	Emma Grundy	**Emerald O'Hanrahan**
Pip Archer	**Daisy Badger**	George Grundy	**Angus Stobie**
Harrison Burns	**James Cartwright**	Adam Macy	**Andrew Wincott**
Susan Carter	**Charlotte Martin**	Elizabeth Pargetter	
Ian Craig	**Stephen Kennedy**		**Alison Dowling**
Martyn Gibson	**Jon Glover**	Freddie Pargetter	**Toby Laurence**
Amber Gordon	**Olivia Bernstone**	Lily Pargetter	**Katie Redford**
Eddie Grundy	**Trevor Harrison**	Lynda Snell	**Carole Boyd**

Director Rosemary Watts; Editor Jeremy Howe
Repeated tomorrow 2.45pm

7.15 Screenshot
2/6. **Leading Men.** As a new wave of young actors like Callum Turner, Jacob Elordi and Michael B Jordan dominate the big screen, Ellen E Jones and Mark Kermode explore how the Hollywood heart-throb has evolved.
Producer Jane Long Repeated Tuesday 11am

8.00 Any Questions?
Alex Forsyth chairs the forum at St Wulfram's Church in Grantham, Lincolnshire..
Producer Paul Martin Repeated tomorrow 1.10pm

8.55 This Week in History
Repeated from Wednesday 11.40am

9.00 Free Thinking
St Francis's feast day is on Sunday and this year the Catholic church is marking the 800th anniversary of his death. So does his example — renouncing his fortune and living among animals — help us think about issues like the wealth gap and our relationship with the environment and the natural world? Anne McElvoy hosts the discussion, with guests including New Generation Thinker Jakub Kowalewski.

10.00 The World Tonight With Shaun Ley.

10.45 Book at Bedtime: Stations
5/10. By Louise Kennedy. When her friend Sinead visits the squat, Róisín is forced to confront what she's doing with her life. Read by Amy Molloy.
For details see Monday

11.00 Americast
The *Today* programme's Justin Webb, North America editor Sarah Smith and social media and disinformation correspondent Marianna Spring join North America correspondent Anthony "The Zurch" Zurcher.

11.30 Great Lives
Russell Kane on the Anglo-Irish novelist Iris Murdoch. With contributions from Murdoch's friend and biographer, Peter Conradi; and from Miles Leeson, Director of the Iris Murdoch Research Centre. (R)

12.00 News and Weather

12.30—12.45am Book of the Week: Empire at the Edge of the World
Repeated from 11.45am

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freely** 609 **Freesat** 708 **Sky** 0123 **Virgin** 910

6.00am The Doomed Oasis By Hammond Innes
6.30 Paul Temple and the Jonathan Mystery (4/8)
7.00 Flying the Flag Wry sitcom from 1992 (8/8)
7.30 Beyond Our Ken Comedy from 1961
8.00 Boswell's Lives as 1pm
8.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (10/10)
8.45 Tristram Shandy as 1.45pm
9.00 Your Mum (4/8) As broadcast Saturday 11pm R4
9.30 Oliver Burkeman Is Busy (5/5)
9.45 Daily Service Led by Lyndall Bywater. Reading: John 14, vv22—27. Music: We Shall Walk through the Valley in Peace; The God of Peace Is Strong; Peace I Leave with You (Beach)
10.00 Soul Music as 4pm
10.30 This Cultural Life as 4.30pm
11.00 The Doomed Oasis By Hammond Innes
11.30 Paul Temple and the Jonathan Mystery (4/8)
12.00 Flying the Flag Wry sitcom from 1992 (8/8)
12.30pm Beyond Our Ken Comedy from 1961
1.00 Boswell's Lives Time-travelling comedy by Jon Canter, here with James Boswell (Miles Jupp) meeting Gandhi (Phaldut Sharma). From 2018 (4/4)
1.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (10/10)
1.45 Tristram Shandy Graham White's dramatisation of Laurence Sterne's 18th-century comic classic (5/10)
2.00 Booked Literary game. From 1997 (5/6)
2.30 Spending My Inheritance 2008 sitcom (5/6)
3.00 Out of Season Anne-Marie O'Connor's story of four Blackpool residents and the decisions they face. With Hayley Doherty, David Hargreaves, Denise Black and Tracy Wiles. From 2006
3.45 Short Works Fatima Bhutto reads her tale *Pakistana*. A woman grapples with her identity
4.00 Soul Music Henry Francis Lyte's Victorian hymn *Praise, My Soul, the King of Heaven*
4.30 This Cultural Life A 2021 edition with Gordon Sumner aka Sting (75 today) talking to John Wilson about the influences that shaped his career
5.00 The Doomed Oasis By Hammond Innes
5.30 Paul Temple and the Jonathan Mystery (4/8)
6.00 Flying the Flag Wry sitcom from 1992 (8/8)
6.30 Beyond Our Ken Comedy from 1961 (11/20)
7.00 Boswell's Lives as 1pm
7.30 Adrian Mole and the Weapons of Mass Destruction By Sue Townsend (10/10)
7.45 Tristram Shandy as 1.45pm
8.00 Booked Literary game. From 1997 (5/6)
8.30 Cuttin' It Charlene James's powerful drama. With Susan Wokoma and Nahel Tzegai. **Review p101**
9.15 Short Works as 3.45pm
9.30 Spending My Inheritance 2008 sitcom (5/6)
10.00—12.00 Comedy Club: Your Mum (4/8), at **10.30 The Mark Steel Lecture** (6/6), at **11.00 For One Horrible Moment** (1/5), at **11.15 All Change** (1/5), and at **11.30 Edge Falls** (3/6)
12.00 as 4pm **12.30am** as 4.30pm **1.00** as 5pm **1.30** as 5.30pm **2.00** as 6pm **2.30** as 6.30pm **3.00** as 1pm **3.30** as 7.30pm **3.45** as 1.45pm **4.00** as 2pm **4.30** as 2.30pm **5.00** as 3pm **5.45** as 3.45pm

*Not available on Freeview in Scotland

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freely** 611 **Freesat** 711 **Sky** 0113 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** The Interview **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** BBC Inside Science: Tom Whipple presents the latest scientific research
Repeated from yesterday 4.30pm Radio 4 **10.00** News **10.05** Unexpected Elements **11.00** The Newsroom **11.30** The Global Story **12.00** News **12.05pm** Outlook **12.50** Witness History: a woman recounts when a cargo jet crashed into her apartment block in Amsterdam **1.00** The Newsroom **1.30** Heart and Soul: Dr Giana Monami talks about her work analysing claims of instant, permanent healings at Lourdes **2.00** Newshour **3.00** News **3.05** The Interview **3.30** Business Daily **3.50** World Business Express **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** BBC OS Conversations **8.30** Crowd Science: Marnie Chesterton investigates the science of shells. **Review page 116 9.00** Newshour **10.00** News **10.05** The Interview **10.30** Heart and Soul **11.00** The Newsroom **11.30** World Business Report **12.00** News **12.05am** Unexpected Elements **1.00** The Newsroom **1.30** The Global Story: exploring the impact of decisions made in the US **2.00** The Newsroom **2.30** Stumped **3.00** News **3.05** Outlook **3.50** Witness History **4.00** News **4.05** Unexpected Elements

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
Freeview 705 **Freely** 606 **Freesat** 705
Sky 0105 **Virgin** 905
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money
Financial news, reports and analysis, including interviews with movers and shakers, business leaders and big bosses.

6.00 5 Live Breakfast
Steffan Powell and Rima Ahmed present with unique stories from across the UK, explaining details behind the headlines, and the biggest news and sport.

9.00 Nicky Campbell
Discussion of topical issues and the chance for listeners to phone in.

11.00 Chiles on Friday
Adrian Chiles presents a good-humoured weekly show, featuring the latest news and sport.

1.00pm Elis James and John Robins
A playful take on myriad cultural and topical issues. Plus listeners' texts.

2.00 Matt Chorley
News and topical political discussion, including analysis from specialist commentators and listener input.

4.00 5 Live Drive
Clare McDonnell and Chris Warburton with the latest news and sport. Plus interviews linked to topical issues.

7.00 5 Live Sport
James Gregg with sports news and and debate. Plus build-up to the **7.45** rugby union commentary on Bath v Exeter Chiefs in the Prem.

10.00 Stephen Nolan
Topical show, with a phone-in.

1.00am Kathryn Stanczyszyn

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
Freeview 706 **Freely** 607 **Freesat** 706
Sky 0127 **Virgin** 908

5.25am Formula One The first practice session at the Bahrain Grand Prix in Malaysia (until 6.35am), then at **8.55** the second practice session (until 10.05).

Talksport

1053, 1089 MW DAB talksport.co.uk
Freeview 723 **Freely** 623 **Freesat** 731
Sky 0107 **Virgin** 927

6.00am Talksport Breakfast
Presented by Alan Brazil.
10.00 Jim White and Alex Crook
1.00pm Hawksbee and Jacobs
4.00 Talksport Drive
7.00 Thank Football It's Friday
10.00 The Sports Bar Weekender
1.00am Extra Time With Ben Fletcher.
5.00 A Talksport Special

Talksport 2

DAB+ talksport.co.uk

1.00pm—3.00 Racing From Ascot.
7.30—9.45 Prem Rugby Union
Bath v Exeter Chiefs (kick-off **7.45**).
9.45—12.00 PGA Tour Golf Day two of the Bank of Utah Championship.

LBC

97.3 FM (London area) DAB lbc.co.uk
Freeview 732 **Freely** 624 **Freesat** 734
Sky 0121 **Virgin** 919

7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick: pacy topical show **7.00** Rachel Johnson **10.00** Nick Abbot **1.00am** Clive Bull **4.00** James Hanson

Times Radio

DAB thetimes.co.uk/radio

5.00am Tom Nunan **6.00** Rosie Wright and Calum Macdonald **10.00** Ed Vaizey **1.00pm** Ayesha Hazarika **4.00** Cathy Newman **7.00** Geoff Norcott **10.00** Henry Bonsu **1.00am** The Best of Times Radio

RADIO IN YOUR AREA

FACE BEHIND THE VOICE



SIAN ANDERSON
BBC RADIO 1XTRA

AGE 35
CURRENT JOB Has presented the afternoon show (Mon—Fri, 1—4pm) on Radio 1Xtra since 14 September. "I throw in a lot of grime, jungle, drum 'n' bass, all the electro music, where I can. The music team really liked the kind of music I was playing on Mondays [*Monday Mayhem*] so it's not too hard."
CV Born in London, she was around 15 when she began contributing to *Live* magazine, a community project, and 18 when she became its editor. From 2008 to 2013 she co-presented on Rinse FM with her friend Julie Adenuga. Also in 2008 she made her TV debut as a model on *Frock Me* followed in 2010 by *Topman CTRL* (both Channel 4). In 2013, the same year she began cover work for Radio 1 Xtra, Sian formed her own PR company and began working in marketing for record labels. In 2020, she founded Saint Music. She has written two cookery books — *Sian and Her Son* (2021) and *Sian's Kitchen* (2024) — and ran her own restaurant Octaves Kitchen 2023—26. Her Friday/Saturday show and *Monday Mayhem* ran on Radio 1Xtra until this July.
BEST MOMENTS "Broadcasting from the Wireless Festival [2022] with Shenseea. She was so lovely and fun, exactly how I expected her to be, and she smelled so nice. Also, when I went to Jamaica for the BBC World Service. When I say to my Jamaican family I wrote for *The Guardian*, they're like what's that? But they know what the World Service is. I feel really proud to be able to do something that crosses borders in that way."
WORST MOMENT "Before Christmas on Radio 1Xtra, I told the story about my son finding out about Santa. For the next two weeks parents were telling me, 'You've ruined Christmas.'"
FIRST RADIO MEMORY "On Sundays my mum would cook curry with Vibes FM blaring."
FAVOURITE BROADCASTERS "I always found MistaJam so friendly and fun on air. But Dotty is my favourite broadcaster ever because you never know what's gonna happen. Snoochie Shy is also completely chaotic. I miss radio when anything could happen. Now we have cancel culture and radio has kind of lost its edge."
AMBITION/DREAM JOB "I'd like to join a TV talk show and be as comfortable in front of a camera as I am on the radio."
SECRET SKILLS "I'm a really strong swimmer. Growing up, I was fluent in German. I went to Berlin a couple of years ago and, after about three days, everything came back!" **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radio1xtra

BBC Local Radio All England regions

Berkshire
Saturday
6am Lucy Ambache **10.00** Katie Tyler **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Phil Mercer **10.00** Katie Tyler **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Rich Clarke **10.00** Lucy Horobin; **Mon:** Bill Buckley **2pm** Bridgitte Tetteh **6.00 Mon:** Sport; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Weekend Kick-Off **7.00 Mon:** Rena Annobil; **Fri:** Kamilah McInnis **8.00 Thu:** BBC Introducing **9.00 Wed:** Kathy Caton **10.00—1am** The Late Show; **Fri:** Jo Good

Bristol
Saturday
6am Kate Clark **10.00** Andy Bennett **2pm** Sport **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Kate Clark **10.00** Andy Bennett **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Joe Sims **10.00** John Darvall **2pm** Mel Everett; **Fri:** Andy Bennett **6.00 Mon:** Sound of the City; **Tue:** The Scrum; **Wed:** Extra Time; **Thu:** Having a Gas; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Dan Pascoe; **Wed:** Anoushka Williams; **Thu:** Upload; **Fri:** Sport **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Cambridgeshire
Saturday
6am Heidi Secker **10.00** Thordis Fridriksson **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Babs Michel **10.00** Thordis Fridriksson **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Dotty McLeod **10.00** Chris Mann **2pm** Louise Hulland **6.00 Mon:** The U's Show; **Tue/Wed:** Babs Michel; **Thu:** The Posh Show; **Fri:** Sport **7.00 Mon:** Amir Suleman; **Thu:** Upload; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Cornwall
Saturday
6am Neil Caddy **10.00** James Dundon **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Matt Woodley **10.00** Toby Buckland **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am James Churchfield **10.00** Julie Skentelbery **2pm** David White **6.00 Mon/Fri:** Ross Ellis; **Tue:** Dan Pascoe; **Wed:** Anoushka Williams; **Thu:** Upload **7.00 Mon/Fri:** Anoushka Williams **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Cumbria
Saturday
6am Ian Brannan **10.00** Hayley Kay **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Joe Wilson **10.00** Fiona Sadler **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Mike Zeller **10.00** Stephanie Finnon **2pm** Nishma Hindocha **6.00** Sport; **Wed:** The Barrow Social; **Thu:** The Carlisle Social **7.00 Mon:** JoJo Hatfield; **Tue:** Sport; **Wed/Thu:** Joel Mitchell; **Fri:** Rachel Teate **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

CWR
Saturday
6am Phil Upton **10.00** Mark Rhodes **2pm** Sport **5.00** Charlie Taylor **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Donna Alos **10.00** Darren Harriott **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Lorna Bailey **10.00** Vic Minett **2pm** Trish Adudu **6.00 Mon:** Sky Blues Fancast Live; **Tue—Thu:** Phil Upton; **Fri:** Sky Blues Fancast **7.00 Mon:** Mya Khan; **Thu:** Upload; **Fri:** Sport **8.00 Thu:** BBC Introducing **9.30 Fri:** Merisha Stevenson **10.00—1am** The Late Show; **Fri:** Jo Good

Derby
Saturday
6am Twiggy **10.00** Kelly Hinch **2pm** Sportscene **6.00** Dean Jackson **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Twiggy **10.00** Kelly Hinch **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Becky Measures **10.00** Ian Skye **2pm** Dino **6.00** Sportscene at Six; **Mon:** Sportscene Talk-in **7.00 Mon:** Shruti Chauhan; **Tue/Wed:** Deke Hardman; **Thu:** Upload; **Fri:** Letitia George **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Devon
Saturday
6am Neil Caddy **10.00** Richard Green **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Matt Woodley **10.00** Toby Buckland **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Neil Caddy; **Thu/Fri:** John Acres **10.00** Caroline Densley **2pm** David White **6.00 Mon:** Grassroots Devon; **Tue:** The Scrum; **Wed:** Anoushka Williams; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Anoushka Williams; **Tue:** Dan Pascoe **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Essex
Saturday
6am Heidi Secker **10.00** Sadie Nine **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Babs Michel **10.00** Sadie Nine **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Sonia Watson **10.00** Ben Fryer **2pm** Akylah Rodriguez; **Fri:** Emma Bullimore **6.00 Mon:** Sport Extra; **Tue:** Babs Michel; **Wed:** Around the Wicket; **Thu:** Upload; **Fri:** Fans Phone-in **7.00 Mon:** Amir Suleman; **Wed:** Sport; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00—1am** (**Wed: 10.30**) The Late Show; **Fri:** Jo Good

Gloucestershire
Saturday
6am Kate Clark **10.00** Andy Bennett **2pm** Sport **5.00** Extra Time **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Kate Clark **10.00** Andy Bennett **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Jon Smith **10.00** Kate Clark; **Fri:** Caroline Martin **2pm** Graham Rogers **6.00 Mon:** Sports Roundup; **Tue:** The Scrum; **Wed:** Extra Time; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Sport; **Wed:** Anoushka Williams; **Fri:** Kevin Philemon **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Guernsey
Saturday
6am Elisa Canas **10.00** Jim Delbridge **2pm** Danny Parkinson **6.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Matthew Price **10.00** Jim Delbridge **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Tim Hunter **10.00** Steph Watkins; **Thu:** Jim Delbridge **2pm** Darcy Kelly **6.00 Mon:** Grassroots; **Tue:** Dan Pascoe; **Wed:** Anoushka Williams; **Thu:** BBC Introducing; **Fri:** Sport **7.00 Mon/Fri:** Anoushka Williams **8.00 Thu:** Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Hereford/Worcester
Saturday
6am Russ Morris **10.00** Liz Ellis **12.30pm** Sport **6.00** Upload **8.00** Introducing **10.00—1am** Jo Good
Sunday
6am Kate Justice **10.00** Liz Ellis **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Tammy Gooding **10.00** Elliott Webb **2pm** Michaela Wylde **6.00 Mon/Fri:** Malcolm Boyden; **Tue:** Sport; **Wed:** Phil Upton; **Thu:** Upload **7.00 Mon:** Mya Khan; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Humberside
Saturday
6am Sally Fairfax **10.00** Sean Dunderdale **2pm** Sport **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Sally Fairfax **9.00** The Gardening Hour **10.00** Sean Dunderdale **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Amy Thompson **10.00** Carla Greene **2pm** Richard Stead; **Mon/Tue:** Sean Dunderdale **6.00** Sport **7.00 Mon:** Arzu Dutta; **Wed:** John Kane's Northern Soul and Motown; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Jersey
Saturday
6am Elisa Canas **10.00** Jim Delbridge **2pm** Danny Parkinson **6.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Matthew Price **10.00** Jim Delbridge **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Laura Price **10.00** Alison Moss **2pm** Darcy Kelly **6.00 Mon:** Grassroots Devon; **Tue:** Dan Pascoe; **Wed:** Anoushka Williams; **Thu:** BBC Introducing; **Fri:** Sport **7.00 Mon/Fri:** Anoushka Williams **10.00—1am** The Late Show; **Fri:** Jo Good

Kent
Saturday
6am Allison Ferns **10.00** Stephen Brown **2pm** The Sports Hub **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Allison Ferns **10.00** Pat Marsh **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Dominic King **10.00** Mike Ziolek **2pm** Adam Dowling **6.00 Mon:** Sport; **Tue/Wed:** Leo Ulph; **Thu:** Upload; **Fri:** The Huddle **7.00 Mon:** Rena Annobil; **Fri:** Kamilah McInnis **8.00 Thu:** BBC Introducing **9.00 Wed:** Kathy Caton **10.00—1am** The Late Show; **Fri:** Jo Good

Lancashire
Saturday
6am Ian Brannan **10.00** Hayley Kay **2pm** Matchday Live **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good
Sunday
6am Joe Wilson **10.00** Fiona Sadler **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show
Monday—Friday
6am Graham Liver **10.00** Sharon Hartley; **Mon:** Hayley Kay **2pm** Nishma Hindocha **6.00** Sport: local reports **7.00 Mon:** Raees Khan; **Tue/Wed:** Joel Mitchell; **Thu:** Upload **8.00 Thu:** BBC Introducing; **Fri:** Rachel Teate **10.00—1am** The Late Show; **Fri:** Jo Good

SATURDAY 26 SEPTEMBER–FRIDAY 2 OCTOBER

Leeds

Saturday

6am Kat Cowan **10.00** Colson Smith **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Kat Cowan **10.00** Dixie **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Rima Ahmed **10.00** Gayle Lofthouse **2pm** Toby Foster; **Thu:** Sam Nixon **6.00** Sport **7.00 Mon:** Arzu Dutta; **Tue:** Bek Homer; **Wed:** John Kane's Northern Soul; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Leicester

Saturday

6am Twiggy **10.00** Kelly Hinch **2pm** Charlie Taylor **6.00** Dean Jackson **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Twiggy **10.00** Kelly Hinch **2pm** Sport **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Ady Dayman **10.00** Ben Jackson **2pm** Dino **6.00 Mon:** Football Forum; **Tue:** The Women's Sports Show; **Wed:** Rugby Show; **Thu:** The Boot Room; **Fri:** Weekend Preview **7.00 Mon:** Shruti Chauhan; **Tue/Wed:** Deke Hardman; **Thu:** Upload; **Fri:** Letitia George **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Lincolnshire

Saturday

6am Sally Fairfax **10.00** Sean Dunderdale **2pm** Hope and Glory **6.00** The Beat: with Dean Jackson **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Sally Fairfax **10.00** Sean Dunderdale **2pm** Make a Difference **6.00** Farmwatch **7.00** Folk: with Tim Walker **10.00—1am** The Late Show

Monday—Friday

6am Scott Dalton **10.00** Frances Finn; **Fri:** Sean Dunderdale **2pm** Richard Stead; **Mon/Tue:** Sean Dunderdale **6.00** Hope and Glory **7.00 Mon:** Arzu Dutta; **Tue:** Hope and Glory; **Wed:** John Kane's Northern Soul; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** BBC Introducing **10.00—1am** (**Tue:** 10.30) The Late Show; **Fri:** Jo Good

London

Saturday

6am Carrie and David Grant **10.00** Robert Elms **1pm** Gary Crowley **2.00** Total Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Inspirit: with Jumoké Fashola **10.00** Robert Elms **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Claire Carter; **Thu:** Aaron Paul; **Fri:** Riz Lateef **10.00** Eddie Nestor; **Fri:** Robert Elms **2pm** Shay Kaur Grewal; **Fri:** Jumoké Fashola **6.00** Total Sport **7.00 Mon:** Bobby Friction; **Tue:** Kim Davis; **Wed/Fri:** Jacqueline Shepherd; **Thu:** Upload **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Manchester

Saturday

6am Simone Riley **10.00** Phil Trow **2pm** Sport **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Simone Riley **10.00** Phil Trow **12.45pm** Sport **3.00** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Joe McGrath **10.00** Mike Sweeney; **Fri:** Phil Trow **2pm** Michelle Dignan; **Thu/Fri:** Simone Riley **6.00** Sport **7.00 Mon:** Raees Khan; **Tue/Wed:** Joel Mitchell; **Thu:** Upload; **Fri:** UK Black **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Merseyside

Saturday

6am Paul Beesley **10.00** Billy Hui **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Joe Wilson **10.00** Billy Hui **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Kevin Duala; **Fri:** Lisa Marrey **10.00** Tony Snell; **Fri:** Paul Beesley **2pm** Helen Jones **6.00** Total Sport **8.00 Mon:** Raees Khan; **Tue/Wed:** Joel Mitchell; **Thu:** BBC Introducing; **Fri:** UK Black **9.00 Mon:** Orient Express **10.00—1am** The Late Show; **Fri:** Jo Good

Newcastle

Saturday

6am Gilly Hope **10.00** Kelly Scott **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Gilly Hope **9.00** Garden Mania **10.00** Kelly Scott **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** Late Show

Monday—Friday

6am Matt Bailey **10.00** Anna Foster **2pm** Scott Makin **6.00** Sport **8.00 Mon:** JoJo Hatfield; **Tue/Wed:** Joel Mitchell; **Thu:** BBC Introducing; **Fri:** Rachel Teate **10.00—1am** The Late Show; **Fri:** Jo Good

Norfolk

Saturday

6am Heidi Secker **10.00** Thordis Fridriksson **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Babs Michel **10.00** Thordis Fridriksson **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Chris Goreham **10.00** Kayleigh Poacher **2pm** Louise Hulland **6.00 Mon:** The Scrimmage; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Yellow Friday **6.30 Fri:** Local Report **7.00 Mon:** Amir Suleman; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Northampton

Saturday

6am Babs Michel **10.00** Justin Dealey **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Babs Michel **10.00** Justin Dealey **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Annabel Amos **10.00** Bernie Keith **2pm** Roberto Perrone **6.00 Mon:** Non-League Scene; **Tue:** Motorsport Show; **Wed:** Saints Show; **Thu:** Cobblers Show; **Fri:** Sport **7.00 Mon:** Amir Suleman; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Nottingham

Saturday

6am Twiggy **10.00** Kelly Hinch **2pm** Sport **6.00** Dean Jackson **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Twiggy **10.00** Kelly Hinch **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** Late Show

Monday—Friday

6am Sparky **10.00** Verity Cowley **2pm** Dino **6.00** In the Game **7.00 Mon:** Shruti Chauhan; **Tue/Wed:** Deke Hardman; **Thu:** Upload; **Fri:** Letitia George **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Oxford

Saturday

6am Lucy Ambache **10.00** Katie Tyler **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Phil Mercer **10.00** Katie Tyler **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Gemma Hill; **Mon:** Lilley Mitchell **10.00** Adam Ball **2pm** Bridgitte Tetteh **6.00 Mon/Fri:** Sport; **Tue/Wed:** Stephen Brown; **Thu:** Upload **7.00 Mon:** Rena Annobil; **Fri:** Kamilah McInnis **8.00 Thu:** BBC Introducing **9.00 Wed:** Kathy Caton **10.00—1am** The Late Show; **Fri:** Jo Good

Sheffield

Saturday

6am Kat Cowan **10.00** Colson Smith **2pm** Football Heaven **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Kat Cowan **10.00** Nick Ahad **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Ellie Colton; **Mon:** Xanthe Palmer **10.00** Paulette Edwards **2pm** Toby Foster; **Thu:** Sam Nixon **6.00** Football Heaven **7.00 Mon:** Arzu Dutta; **Tue:** Bek Homer; **Wed:** John Kane; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Shropshire

Saturday

6am Russ Morris **10.00** Liz Ellis **2pm** Sport: Pre-match **3.00** Sport **5.00** The Verdict **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Kate Justice **10.00** Liz Ellis **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Adam Green **10.00** Clare Ashford **2pm** Michaela Wylde **6.00 Mon/Fri:** Sports Hour; **Tue/Wed:** Phil Upton; **Thu:** Upload **7.00 Mon:** Mya Khan; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Radio Solent

Saturday

6am Lucy Ambache **10.00** Katie Tyler **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Phil Mercer **10.00** Katie Tyler **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Rick Jackson **10.00** Katie Martin; **Fri:** Josh Bowness **2pm** Alun Newman **6.00** Sport **7.00 Mon:** Rena Annobil; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Kamilah McInnis **8.00 Thu:** BBC Introducing **9.00 Wed:** Kathy Caton **10.00—1am** The Late Show; **Fri:** Jo Good

RADIO SOLENT DORSET

As Radio Solent, including Dorset news and features, plus:

Monday—Friday

7.00am Steve Harris **9.00—10.00** Rick Jackson

Somerset

Saturday

6am Kate Clark **10.00** Andy Bennett **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Charlie Taylor **10.00** Simon Parkin **2pm** Mel Everett; **Fri:** Andy Bennett **6.00 Mon:** Sound of the City; **Tue:** The Scrum; **Wed:** Extra Time; **Thu:** Having a Gas; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue/Fri:** Sport; **Wed:** Anoushka Williams; **Thu:** Upload **8.00 Thu:** BBC Introducing **10.00—1am** (**Tue:** 10.30) The Late Show; **Fri:** Jo Good

Stoke

Saturday

6am Russ Morris **10.00** Liz Ellis **2pm** Sport: Pre-match **3.00** Sport: local action **5.00** Praise and Grumble **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Kate Justice **10.00** Liz Ellis **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Lee Blakeman **10.00** Stuart George **2pm** Michaela Wylde **6.00 Mon/Wed:** Sport at Six; **Tue:** Stoke City; **Thu:** Port Vale; **Fri:** Praise and Grumble **7.00 Mon:** Mya Khan; **Tue/Wed:** Phil Upton; **Thu:** Upload; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Suffolk

Saturday

6am Heidi Secker **10.00** Thordis Fridriksson **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Babs Michel **10.00** Thordis Fridriksson **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Wayne Bavin **10.00** Sarah Lilley **2pm** Louise Hulland **6.00 Mon:** The Blue Hour with Brenner Woolley; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Amir Suleman; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

BBC Surrey and BBC Sussex

Saturday

6am Allison Ferns **10.00** Leo Ulph **2pm** Sport **6.00** Upload **8.00** Introducing the South with Melita Dennett **10.00—1am** Jo Good

Sunday

6am Allison Ferns **10.00** Pat Marsh **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am *Surrey:* James Cannon; *Sussex:* Danny Pike **10.00** Sarah Gorrell; **Tue:** Allison Ferns **2pm** Adam Dowling **6.00 Mon/Fri:** Sport; **Tue/Wed:** Leo Ulph; **Thu:** Upload **7.00 Mon:** Rena Annobil; **Fri:** Kamilah McInnis **8.00 Thu:** Introducing the South with Melita Dennett **9.00 Wed:** Kathy Caton **10.00—1am** The Late Show; **Fri:** Jo Good

Tees

Saturday

6am Gilly Hope **10.00** Kelly Scott **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Gilly Hope **10.00** Kelly Scott **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Amy Oakden **10.00** Gary Philipson **2pm** Scott Makin **6.00** Sport **7.00 Mon:** JoJo Hatfield; **Tue:** Sport; **Wed:** Joel Mitchell; **Thu:** Upload; **Fri:** Rachel Teate **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Three Counties

Beds, Herts and Bucks

Saturday

6am Babs Michel **10.00** Justin Dealey **2pm** Sport **5.00** 5-0-5 **6.00** Upload **8.00** BBC Introducing: unsigned, undiscovered and under the radar music **10.00—1am** Jo Good

Sunday

6am Babs Michel **10.00** Justin Dealey **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Andy Collins **10.00** The JVS Show **2pm** Roberto Perrone **6.00 Mon:** The Non-League Show; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Amir Suleman; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

Wiltshire

Saturday

6am Kate Clark **10.00** Andy Bennett **2pm** Sport: Pre-match **3.00** Sport **5.00** Sport: Post-match **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Kate Clark **10.00** Andy Bennett **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Ben Prater **10.00** Sue Davies **2pm** Graham Rogers **6.00 Mon/Fri:** Sport at Six; **Tue:** The Scrum; **Wed:** Anoushka Williams; **Thu:** Upload **7.00 Mon:** Manny Masih; **Tue:** Dan Pascoe; **Fri:** Kevin Philemon **8.00 Thu:** BBC Introducing **10.00—1am** (**Tue:** 10.30) The Late Show; **Fri:** Jo Good

WM

Saturday

6am Phil Upton **10.00** Mark Rhodes **2pm** Sport: Pre-match **3.00** Sport **5.00** Sport: Post-match **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Donna Alos **10.00** Darren Harriott **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Sarah Julian **10.00** Ed James **2pm** Trish Adudu **6.00** The Football Phone-in **7.00 Mon:** Mya Khan; **Tue/Wed:** Phil Upton; **Thu:** Upload; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

York

Saturday

6am Kat Cowan **10.00** Colson Smith **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00—1am** Jo Good

Sunday

6am Kat Cowan **10.00** Nick Ahad **2pm** Make a Difference **6.00** Dotun Adebayo **10.00—1am** The Late Show

Monday—Friday

6am Georgey Spanswick **10.00** Joanita Musisi; **Fri:** Bek Homer **2pm** Toby Foster; **Thu:** Sam Nixon **6.00** Sport: local reports **7.00 Mon:** Arzu Dutta; **Tue:** Sport; **Wed:** John Kane's Northern Soul; **Thu:** Upload; **Fri:** Sile Sibanda: chat and conversation **8.00 Thu:** BBC Introducing **10.00—1am** The Late Show; **Fri:** Jo Good

All BBC local radio stations take BBC Radio 5 Live programmes from 1am

RADIO IN YOUR AREA

FACE BEHIND THE VOICE



SIAN ANDERSON
BBC RADIO 1XTRA

AGE 35

CURRENT JOB Has presented the afternoon show (Mon—Fri, 1—4pm) on Radio 1Xtra since 14 September. "I throw in a lot of grime, jungle, drum 'n' bass, all the electro music, where I can. The music team really liked the kind of music I was playing on Mondays [*Monday Mayhem*] so it's not too hard."

CV Born in London, she was around 15 when she began contributing to *Live* magazine, a community project, and 18 when she became its editor. From 2008 to 2013 she co-presented on Rinse FM with her friend Julie Adenuga. Also in 2008 she made her TV debut as a model on *Frock Me* followed in 2010 by *Topman CTRL* (both Channel 4). In 2013, the same year she began cover work for Radio 1 Xtra, Sian formed her own PR company and began working in marketing for record labels. In 2020, she founded Saint Music. She has written two cookery books — *Sian and Her Son* (2021) and *Sian's Kitchen* (2024) — and ran her own restaurant Octaves Kitchen 2023—26. Her Friday/Saturday show and *Monday Mayhem* ran on Radio 1Xtra until this July.

BEST MOMENTS "Broadcasting from the Wireless Festival [2022] with Shenseea. She was so lovely and fun, exactly how I expected her to be, and she smelled so nice. Also, when I went to Jamaica for the BBC World Service. When I say to my Jamaican family I wrote for *The Guardian*, they're like what's that? But they know what the World Service is. I feel really proud to be able to do something that crosses borders in that way."

WORST MOMENT "Before Christmas on Radio 1Xtra, I told the story about my son finding out about Santa. For the next two weeks parents were telling me, 'You've ruined Christmas.'"

FIRST RADIO MEMORY "On Sundays my mum would cook curry with Vibes FM blaring."

FAVOURITE BROADCASTERS "I always found MistaJam so friendly and fun on air. But Dotty is my favourite broadcaster ever because you never know what's gonna happen. Snoochie Shy is also completely chaotic. I miss radio when anything could happen. Now we have cancel culture and radio has kind of lost its edge."

AMBITION/DREAM JOB "I'd like to join a TV talk show and be as comfortable in front of a camera as I am on the radio."

SECRET SKILLS "I'm a really strong swimmer. Growing up, I was fluent in German. I went to Berlin a couple of years ago and, after about three days, everything came back!" **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radio1xtra

Saturday

NEWS: SPORT: WEATHER
hourly 7.00am to 12 noon, 6.00pm, 7.00, 9.00, 10.00, 11.00, 12 midnight
NEWS HEADLINES 2.00pm, 5.00

6.30am Out of Doors
Mark Stephen and Rachel Stewart present stories from the great outdoors.
Email: outofdoors@bbc.co.uk

8.00 Radio Scotland Breakfast
News from across Scotland and the world, plus sport, weather, entertainment and big name interviews.

9.00 The Saturday Show
Amy Irons and Steven Mill kick-start Saturday with laughs, guests and timeless tunes as they look back on the week's news and preview the day's football fixtures.

12.00 Off the Ball
Football forum that claims to be the most petty and ill-formed football show on radio, with light-hearted features and competitions. Presented by Stuart Cosgrove and Tam Cowan. Text 80295.
Phone: 08085 92 95 00
Email: offtheball@bbc.co.uk

1.30pm Sportsound
Comprehensive coverage of Scottish sport including live and exclusive commentary, breaking news, interviews, analysis and discussion. Text 80295.
@BBCSportsound on social media
Email: sportsound@bbc.co.uk

5.30 Sportsound Extra Time
Debating the big talking points across Scottish football following the day's action as the fans get their say. Text 80295.
@BBCSportsound on social media
Email: sportsound@bbc.co.uk

7.00 Take the Floor
Take the Floor celebrates 10 years of Gary Innes as presenter with a look back on a decade of music, featuring sounds from bands and some special guests along the way.
Email: takethefloor@bbc.co.uk

9.00 Piping Sounds
Playing a selection of pipe music from Scotland and around the world.

10.00 Roddy Hart's Mix Tape
Roddy Hart presents a Saturday soundtrack with a blend of much-loved tunes and fresh discoveries that set the perfect vibe for the evening.

12.00—7.00am *as Radio 5 Live*

Sunday

NEWS: SPORT: WEATHER
hourly 7.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, 7.00, 9.00, 10.00

7.00am Scotcast
The week's highlights from the BBC's Scottish news podcast, with Laura Miller, Martin Geissler and Natalie Higgins.

7.30 New Every Sunday
An act of worship led by the Rev Dr Nikki Macdonald, minister of Upper Clyde Parish, Church of Scotland, reflecting on inclusion.

8.00 Sunday Morning
Zara Janjua presents two hours of music and conversation with a faith and ethical perspective, looking back at the week's events to ask what they say about people's values and beliefs.

10.00 The Sunday Show
News, discussion and interviews from the world of politics and beyond.

12.00 Off the Ball
Football forum that claims to be the most petty and ill-formed football show on radio, with light-hearted features and competitions. Text 80295.
Phone: 08085 92 95 00
Email: offtheball@bbc.co.uk

2.00pm Sportsound
Comprehensive coverage of Scottish sport including live and exclusive commentary, breaking news, interviews, analysis and discussion. Text 80295.
@BBCSportsound on social media
Email: sportsound@bbc.co.uk

5.00 Your Requests with Gary Innes
Gary shares listeners' messages and dedications and plays Scottish music requests.

7.00 Classical Now
Jamie MacDougall hosts a special electronic edition of the programme, including music from Brian Eno, Anna Meredith, Erland Cooper, Janet Beat, William Orbit, Steve Reich, Wendy Carlos and the iconic theme from *Doctor Who*, realised by Delia Derbyshire.

9.00 Roddy Hart's Mix Tape
Roddy Hart plays hand-picked tracks, breakthrough artists and fresh sounds to end the weekend.

11.00—6.00am *as Radio 5 Live*

Monday

NEWS: SPORT: WEATHER
hourly 6.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 9.00, 10.00, 11.00
LOCALNEWS *Dumfries, Aberdeen, Inverness, Selkirk:* 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; *Orkney:* 7.30am, 12 noon *Shetland:* 12.30pm, 5.30

6.00am Radio Scotland Breakfast
News from across Scotland and the world, plus sport, weather, entertainment and interviews.

9.00 Mornings
Connie McLaughlin gets right to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm Radio Scotland Afternoons
Grant Stott presents feel-good music and arts coverage, and chats to celebrity guests.

4.00 Drivetime
Breaking down the day's talking points with comment and opinion, plus sport, travel and weather updates.

6.00 Get It On… with Roddy Hart
Roddy presents a selection of essential music chosen by listeners. Text 80295.
WhatsApp: 0800 929500
Email: getiton@bbc.co.uk

8.00 Alex Kapranos
Alex curates a playlist packed with some of his favourite music, dipping into his eclectic record collection, and songs from Scotland's independent music scene. This is the second of two shows Alex presents as he sits in for Vic Galloway. Text 80295.
Email: vicgalloway@bbc.co.uk

10.00 Up Late
Jennifer Reoch takes listeners to midnight, with lively chat and some much-loved tunes.

12.00 Scotcast
Martin Geissler and guests present thoughtful conversation and expert analysis covering the most interesting news stories in Scotland.

12.30am—6.00 *as Radio 5 Live*

Tuesday

NEWS: SPORT: WEATHER: LOCALNEWS *as Monday*

6.00am Radio Scotland Breakfast
News from across Scotland and the world, plus sport, weather, entertainment and interviews.

9.00 Mornings
Connie McLaughlin gets to the heart of the news and offers listeners the opportunity to have their say on what matters to them.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm Radio Scotland Afternoons
Grant Stott presents feel-good music and arts coverage.

4.00 Drivetime
The day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Sportsound
Comprehensive coverage of Scottish sport including live commentary, breaking news, interviews, analysis and discussion. Text 80295.
@BBCSportsound on social media
Email: sportsound@bbc.co.uk

10.30 Up Late
Lynne Hoggan takes listeners to midnight, with lively chat and some much-loved tunes.

12.00 Scotcast
Martin Geissler and guests present thoughtful conversation and expert analysis covering the most interesting news stories in Scotland.

12.30—6.00am *as Radio 5 Live*

Wednesday

NEWS: SPORT: WEATHER: LOCALNEWS *as Monday*

6.00am Radio Scotland Breakfast
News from across Scotland and the world, plus sport, weather, entertainment and interviews.

9.00 Mornings
Connie McLaughlin gets to the heart of the news and offers listeners the opportunity to have their say on what matters to them.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm Radio Scotland Afternoons
Grant Stott welcomes established and up-and-coming artists to perform three live tracks. Performances will include a current release, a signature track from the artist's catalogue and a specially selected Scottish cover version, offering listeners a fresh and personal insight into the music they love. Plus, a feature-length interview with the artists.

4.00 Drivetime
Breaking down the day's talking points with comment and opinion, plus sport, travel and weather updates.

6.00 Get It On… with Roddy Hart
Roddy presents a selection of essential music chosen by listeners all linked with a daily theme. Text 80295.
WhatsApp: 0800 929500
Email: getiton@bbc.co.uk

8.00 The Quay Sessions with Roddy Hart
Live performances from across the musical landscape — all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland's Pacific Quay. Plus news of upcoming gigs and festivals, with upfront releases and classic tracks.

10.00 Up Late
Lynne Hoggan takes listeners to midnight, with lively chat and some much-loved tunes.

12.00 Scotcast
Martin Geissler and guests present thoughtful conversation and expert analysis covering the most interesting news stories in Scotland.

12.30—6.00am *as Radio 5 Live*

Thursday

NEWS: SPORT: WEATHER: LOCALNEWS *as Monday*

6.00am Radio Scotland Breakfast
News from across Scotland and the world, plus sport, weather, entertainment and interviews.

9.00 Mornings
Stephen Jardine gets right to the heart of the day's news and offers listeners the opportunity to have their say on what matters to them.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm Radio Scotland Afternoons
Grant Stott presents feel-good music and arts coverage, and chats to celebrity guests.

4.00 Drivetime
Breaking down the day's talking points with comment and opinion, plus sport, travel and weather updates

6.00 Get It On… with Roddy Hart
Roddy presents a selection of essential music chosen by listeners all linked with a daily theme. Text 80295.
WhatsApp: 0800 929500
Email: getiton@bbc.co.uk

8.00 Travelling Folk
Anna Massie with the very best of folk and roots music from around the world.

10.00 Up Late
Lynne Hoggan takes listeners all the way up to midnight, with a mix of lively chat and some much-loved tunes.

12.00 Scotcast
Martin Geissler and guests present thoughtful conversation and expert analysis covering the most interesting news stories in Scotland.

12.30—6.00am *as Radio 5 Live*

Friday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Radio Scotland Breakfast
News from across Scotland and the world, plus sport, weather, entertainment and interviews.

9.00 Mornings
Stephen Jardine gets to the heart of the news and offers listeners the chance to have their say on what matters to them.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Good, the Bad and the Unexpected
Mark Nelson leads a panel of Scottish comedians and personalities, who attempt to decipher the good from the bad, with a few unexpected twists along the way.

2.00 Radio Scotland Afternoons
Arlene Stuart presents music and chats to celebrity guests.

4.00 Drivetime
Breaking down the day's talking points with comment and opinion, plus sport, travel and weather updates.

6.00 Grant Stott's Vinyl Collective
Two hours of new and classic cuts all played from 7", 12" and vinyl LPs. Grant shares the treasures from his own shopping adventures and discovers the stories about your record collections.

8.00 BBC Introducing in Scotland
Phoebe I-H and Stephanie Cheape present unsigned, undiscovered and under-the-radar music from Scotland.
9.30 Phoebe I-H and Stephanie Cheape are joined by Mobo Agoro to explore, share and enjoy the music of contemporary Black creators making music in Scotland today.

10.00 Up Late
Stand-up comedian Ashley Storrie returns to take listeners to midnight, with lively chat and some much-loved tunes.

12.00—6.30am *as Radio 5 Live*

BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

Local programmes

ORKNEY

Weekdays

6.00pm—7.00 Fri: Friday Requests: weekly dedication programme, featuring music requests and special greetings
Phone: 01856 873939
Email: radio.orkney@bbc.co.uk

SHETLAND

Weekdays

5.30pm Good Evening Shetland: news and features from around the isles

6.00—7.00 Fri: Give Us a Tune: weekly all-request show playing dedications and favourite tracks
Phone: 01595 694747
Email: radio.shetland@bbc.co.uk

Radio nan Gàidheal

Mar Radio Alba ach:

Disathairne

9.00am Spòrs na Seachdain
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri Iain Moireasdan.
POST DEALAIN: sns@bbc.co.uk
FON AN ASGAIDH: 08000 967050

10.00 Fàilt' air an Dùthaich
Tha Marie NicMhathain air ais le taghadh eile de cheòl dùthchail sean agus ùr.

11.00 Gleus
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach.
ath-chraoladh a'maireach aig 12.00

12.00—1.00pm Beartas Ghuthan
Màiri Anna NicUalraig a' cur na prosbaig air sàr-ghuthan de gach seòrsa agus bho gach cultar.
ath-chraoladh a'maireach aig 2pm

Didòmhnaich

9.00am Dèanamaid Adhradh
Seirbheis adhraidh à tasglann a' BhBC.
ath-chraoladh aig 3pm

9.30 Seinneamaid a Chliù
Taghadh de laoidhean is sailm a chaidh a chruinneachadh airson Bliadhna nan Oran.

10.00 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.
ath-chraoladh aig 9.30pm

10.30 Crùnluath
Taghadh de cheòl na pìoba.
ath-chraoladh Diciadain aig 3.30pm

12.00 Gleus
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach.

1.00pm SpeakGaelic
Podcast seachdaineil do luchdionnsachaidh na Gàidhlig, a'dol an cois an t-sreath *SpeakGaelic* air BBC Alba.

1.30 An Litir Bheag
Litir Bheag na seachdain sa le Ruairidh MacIlleathain.
Litir àireamh 1115.

1.35 SpeakGaelic
Podcast seachdaineil do luchdionnsachaidh na Gàidhlig, a'dol an cois an t-sreath *SpeakGaelic* air BBC Alba.

1.55 Litir do Luchd-ionnsachaidh
Litir do Luchd-ionnsachaidh le Ruairidh MacIlleathain.
Litir àireamh 1419.

2.00 Beartas Ghuthan
Màiri Anna NicUalraig a' cur na prosbaig air sàr-ghuthan de gach seòrsa agus bho gach cultar.

3.00 Dèanamaid Adhradh
Seirbheis adhraidh à tasglann a' BhBC.

3.30—4.00 Sgìre an Eòlais
Am prògram mu dheireadh san t-sreath seo à tasglann BBC Radio nan Gàidheal is sinn a' comharrachadh 75.

9.00 Dèanamaid Adhradh
Anns an t-seirbheis cluinnidh sibh na sailm agus na leughaidhean a leanas: Salm 102: 13-14.

9.30—10.00 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

Diluain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.
ath-chraoladh aig 10.55pm

10.00 A' Mire ri Linda
Tha Linda NicLeòid a' dol gar cuir ann an sunnd le taghadh de dh'òrain agus ceòl traidiseanta Gàidhlig.
ath-chraoladh aig 9pm

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

1.30pm Caithream Ciùil
Ceòl Ceilteach agus fiosrachadh air na tha dol agaibhse.
POST DEALAIN: dethadol@bbc.co.uk

4.00 Fàilt' air an Dùthaich
Tha Marie NicMhathain a' toirt thugainn taghadh de cheòl dùthchail sean agus ùr bho leithid Randy Travis.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail.

5.30 Siubhal gu Seachd le Pluto
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Cruinn
Ceòl, amaideas 's na beachdan agaibh air cuspairean a' là airson ur cuir ann a sunnd airson na seachdain.

9.00 A' Mire ri Linda
Tha Linda NicLeòid a' dol gar cuir ann an sunnd le taghadh de dh'òrain agus ceòl traidiseanta Gàidhlig.

10.55—11.50 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.

Dimàirt

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.
ath-chraoladh aig 10pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse, le Mairead NicIlleathain.
POST DEALAIN: dethadol@bbc.co.uk

3.30 SpeakGaelic
A bheil sibhse ag ionnsachadh Gàidhlig? Ma tha, is ann dhuibhse a tha am podcast seo. Tha sreath B1 de phodcast *SpeakGaelic* ag amas air daoine a tha air adhartas a dhèanamh anns a' chànan agus tha e air a thoirt thugainn leis a' chraoladair agus sgrìobhaiche lain Urchardan. Le lain gur treòireachadh, ionnsachaidh sibh faclan agus abairtean ùra co-cheangailte ri diofar chuspairean agus beagan gràmair cuideachd. Cuideachd anns gach podcast, gheibh sibh blasad de chultar agus dualchas nan Gàidheal agus bidh aoigh sònraichte a' seanchas ri Iain. Gabhaidh na podcastan seo a chleachdadh nan aonar air neo an cois na sreath telebhisean *SpeakGaelic* air BBC alba agus tha goireasan ionnsachaidh ceangailte riutha rim faotainn air speakgaelic.scot.

4.00 Gleus
Tha fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile aig Iain.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail.

5.30 Siubhal gu Seachd le Pluto
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Lìog nan Nàiseanan: Alba v An Eilbheis
Tha Alba a' cluich an aghaidh na h-Eilbheis ann an Lìog nan Nàiseanan.

10.00—11.00 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.

Diciadain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.
ath-chraoladh aig 10.55pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.
ath-chraoladh aig 9pm

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse, le Mairead NicIlleathain.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Crùnluath
Taghadh de cheòl na pìoba.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail.

5.30 Siubhal gu Seachd le Pluto
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Mo Chuairt Ciùil
Cluinnidh sinn mu na pìosan ciùil a tha air buaidh a thoirt air aoigh na seachdain.
ath-chraoladh Dihaoine aig 3.30pm

9.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

10.55—11.50 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.

Diardaoin

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.
ath-chraoladh aig 10.55pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.
ath-chraoladh aig 9pm

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh a'maireach aig 12.00

1.30pm Caithream Ciùil
Ceòl Ceilteach agus fiosrachadh air na tha dol agaibhse.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Spòrscast
A còmhradh ri measgachadh de dhaoine 's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

4.00 Beartas Ghuthan
Màiri Anna NicUalraig a' cur na prosbaig air sàr-ghuthan de gach seòrsa agus bho gach cultar.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail.

5.30 Siubhal gu Seachd le Pluto Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Rapal
Orain ùra gu leòr.
POST DEALAIN: rapal@bbc.co.uk
FON AN ASGAIDH: 08000 967050

9.00 A' Mire ri Mòir

10.55—11.50 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.

Dihaoine

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.
ath-chraoladh aig 11pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

1.30pm Caithream Ciùil
Ceòl Ceilteach agus fiosrachadh air na tha dol agaibhse.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Mo Chuairt Ciùil
Cluinnidh sinn mu na pìosan ciùil a tha air buaidh a thoirt air aoigh na seachdain.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail.

5.30 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

6.00 Na Dùrachdan
Ceòl, òrain agus beannachdan còmhla ri Art MacCarmaig.

9.00 Urram do Rona
Cuirm-chiùil shònraichte bho thalla ùr Chnoc Soilleir ann an Uibhist a Deas airson Rona Lightfoot aig 90.

11.00—12.00am Naoi gu Deich
Còmhradh, deasbad, cultar agus cur-seachadan.

Frequencies

National

BBC Radio 1* FM 97.7–99.7
BBC Radio 2* FM 88.1–90.1
BBC Radio 3* FM 90.3–92.3
BBC Radio 4 FM 94.6–96.1, 103.5–104.9
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland FM 92.5–94.7
BBC Radio Scotland Extra MW 810
BBC Radio nan Gaidheal FM 103.5–104.9 (carries R4 in some parts)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Above stations also on Freeview (*not Sat 4pm—1am, Sun 4pm—12 midnight, weekdays 5pm—12 midnight), plus satellite, cable, internet and DAB (Radio Scotland Extra service only).

Local

Argyll FM 106.5, 107.1, 107.7 (Campbeltown)
BBC Cumbria FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)
Capital 106.1 (Glasgow), 105.7 (Edinburgh)
Central FM 103.1 (Stirling/Falkirk/Clackmannanshire)
Clyde 1 FM 102.3 (Rothesay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)
Forth 1 FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)
Greatest Hits Radio FM 96.4 (Carlisle), 96.8 (Selkirk), 97 (Dumfries), 102.2 (Workington), 102.3 (Berwick), 102.5 (Penrith), 103.1 (Peebles), 103.4 (Eyemouth/Whitehaven), DAB (North East Scotland)
Heart FM 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)
Heartland FM 97.5 (Pitlochry/Aberfeldy), 107.3 (Crieff)
Isles FM 103 (Western Isles)
Mearns FM 105.1 (Portlethen), 105.7 (Stonehaven), 106.2 (Inverbervie), 107.3 (Laurencekirk)
MFR FM 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)
Nation FM 96.3 (Glasgow), 106.9 (Helensburgh), 103 (Dumbarton)
Nevis FM 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mallaig)
Northsound 1 FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)
Oban FM 103.3
Original 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy), 105.4 (St Andrews), 106 (Aberdeen), 106.3 (The East Neuk),
SIBC FM 96.2 (Bressay), 102.2 (Shetland)
Skye 106.2, 102.7 (Skye/Lochalsh)
Smooth Radio FM 105.2 (Glasgow)
Tay FM MW 102.8 (Dundee), 96.4 (Perth)
Wave FM 102 (Dundee)
Waves Radio FM 101.2 (Peterhead/Fraserburgh)
West FM 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothesay)
West Sound FM 97 (Dumfries), 103 (Kirkcudbright), 96.5 (Stranraer)
Wester Ross FM 96.8 (North West Scotland), 102.2 (Ullapool), 106 (Gairloch), 106.6 (Loch Ewe)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

RADIO IN YOUR AREA

FACE BEHIND THE VOICE



SIAN ANDERSON
BBC RADIO 1XTRA

AGE 35

CURRENT JOB Has presented the afternoon show (Mon—Fri, 1—4pm) on Radio 1Xtra since 14 September. "I throw in a lot of grime, jungle, drum 'n' bass, all the electro music, where I can. The music team really liked the kind of music I was playing on Mondays [*Monday Mayhem*] so it's not too hard."

CV Born in London, she was around 15 when she began contributing to *Live* magazine, a community project, and 18 when she became its editor. From 2008 to 2013 she co-presented on Rinse FM with her friend Julie Adenuga. Also in 2008 she made her TV debut as a model on *Frock Me* followed in 2010 by *Topman CTRL* (both Channel 4). In 2013, the same year she began cover work for Radio 1 Xtra, Sian formed her own PR company and began working in marketing for record labels. In 2020, she founded Saint Music. She has written two cookery books — *Sian and Her Son* (2021) and *Sian's Kitchen* (2024) — and ran her own restaurant Octaves Kitchen 2023—26. Her Friday/Saturday show and *Monday Mayhem* ran on Radio 1Xtra until this July.

BEST MOMENTS "Broadcasting from the Wireless Festival [2022] with Shenseea. She was so lovely and fun, exactly how I expected her to be, and she smelled so nice. Also, when I went to Jamaica for the BBC World Service. When I say to my Jamaican family I wrote for *The Guardian*, they're like what's that? But they know what the World Service is. I feel really proud to be able to do something that crosses borders in that way."

WORST MOMENT "Before Christmas on Radio 1Xtra, I told the story about my son finding out about Santa. For the next two weeks parents were telling me, 'You've ruined Christmas.'"

FIRST RADIO MEMORY "On Sundays my mum would cook curry with Vibes FM blaring."

FAVOURITE BROADCASTERS "I always found MistaJam so friendly and fun on air. But Dotty is my favourite broadcaster ever because you never know what's gonna happen. Snoochie Shy is also completely chaotic. I miss radio when anything could happen. Now we have cancel culture and radio has kind of lost its edge."

AMBITION/DREAM JOB "I'd like to join a TV talk show and be as comfortable in front of a camera as I am on the radio."

SECRET SKILLS "I'm a really strong swimmer. Growing up, I was fluent in German. I went to Berlin a couple of years ago and, after about three days, everything came back!" **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radio1xtra

Saturday

RADIO ULSTER NEWS: hourly 7.00am to 2.00pm, 2.55, 3.55, hourly 5.00 to 11.00, plus 11.55

6.30am Kerry McLean
A selection of music, chat and requests to ease listeners into the weekend. Including news at **7.00**.
Text: 81771
Email: kerry.mclean@bbc.co.uk

8.05 Your Place and Mine
Eve Blair presents the magazine programme, featuring the people, places and stories that make Northern Ireland unique.
Phone: 0289 033 8307
Email: ypam@bbc.co.uk

9.05 Gardeners' Corner
The weekly programme for keen horticulturists with the latest advice, news and visits to gardens large and small around the province. Presented by David Maxwell.
Repeated tomorrow 4.05pm
Phone: 03030 80 55 55

10.05 Consumer Fight Back
The *Consumer Fight Back* team of investigators get answers, right wrongs and make things better for consumers everywhere.
Email: cfb@bbc.co.uk

11.05 Saturday with John Toal
The presenter invites tales of family and community life. Plus a mix of recipes, craic and music. Including news at **12.00**.
Phone: 03030 80 55 55
Text: 81771
Email: swjt@bbc.co.uk

1.05pm Assume Nothing: The Regression to Bridie Murphy
3/4. Ophelia Byrne continues the story of a Colorado woman who, in 1952, was hypnotised by a local businessman, revealing herself to be the reincarnation of a 19th-century Irish woman. A local reporter breaks the story – and a subsequent book by Morey Bernstein flies off the shelves: *The Search for Bridie Murphy*. A reincarnation frenzy ensues. *The New York Times* calls "Bridie" a "cultural brushfire". Some of this is ironic — there are "Come As You Were" parties, Reincarnation Cocktails and popular parlour-game hypnosis sessions — but some is definitely not. But can it be true? If not, what is really happening and can the truth be uncovered?
Repeated tomorrow 1.05pm

1.30 Lunchtime with Michael Fry
Ep 4. As Ulster FM mourns Sir Maurice Ulster, Michael's hopes of inheriting the station face an unexpected threat. Performed by Michael Fry, Sean Burke, Ciara Knight and Ruby Campbell.
Repeated tomorrow 1.30pm

2.05 Sportsound
Orla Bannon presents coverage of the Irish Premiership, with live commentary and reports.

6.05 Taylor Johnson
The host takes listeners through the decades, delivering dance, indie, hip-hop and electronic bangers from Britpop to big beat, with some forgotten classics. This is the home of the best indie and dance anthems released through the 1980s, 90s and 2000s to the present day.

7.05 BBC Introducing in Northern Ireland with Taylor Johnson
From rock to jazz to hip-hop, Taylor plays the best new artists breaking through the BBC Music Introducing Uploader.
bbc.co.uk/introducing

8.05 Folk Club
A round-up of folk and traditional music from Ireland and beyond. Presented by producer, musician and composer Neil Martin.

10.05 The Late Show with Mike Edgar
Mike introduces a hand-picked mix of pop, jazz, folk, soul and more from across the eras. Plus the Cover of the Week and more than a few anecdotes from the host's musical encounters over the decades. Including news at **11.00**.

12.00 Long Player with Steven Rainey
Prince delivers his masterpiece with 1987's *Sign "o" the Times*, a double album jam-packed with killer material, and it rarely puts a foot wrong. Incredibly prolific, this record would be put together with songs he culled from three aborted album attempts.
Repeated from last Sunday
Email: steven.rainey@bbc.co.uk

1.00am *as Radio 5 Live*

Sunday

RADIO ULSTER NEWS: hourly 7.00am to 11.00pm (not 10.00am) and 11.55pm

6.30am Kerry McLean
A selection of music, chat and requests to ease listeners into the morning. Including news at **7.00** and **8.00** and Thought for the Day at **7.55**.
Text: 81771
Email: kerry.mclean@bbc.co.uk

8.05 Sunday Sequence
Audrey Carville and guests debate the week's religious and ethical news, and explore the world of culture and ideas.
Phone: 0289 033 8355
Email: sunday.sequence@bbc.co.uk

9.05 Morning Service
Religious service from a place of worship.

9.45 Thought for the Week
Audrey Carville presents a selection of clips from last week's Thought for the Day segments.

10.05 Sunday Politics
Mark Carruthers looks at the political developments of the week and questions policy makers on the key issues.

10.30 The State of Us
Presenters Tara Mills and Declan Harvey unite away from the newsroom to reflect, rethink and react to stories that impact people's lives. They hear from people living extraordinary lives and those who can help understand why current circumstances are the way they are.
Email: thestateofus@bbc.co.uk

11.05 Sunday with Anna Curran
Anna introduces a mix of big interviews and conversation, lifestyle, entertainment and an essential guide to the Sunday papers. Plus the soundtrack to your Sunday, the Sunday Songbook. With news at **12.00**.

1.05pm Assume Nothing: The Regression to Bridie Murphy
3/4. Ophelia Byrne continues the story of a Colorado woman who, in 1952, was hypnotised by a local businessman, revealing herself to be the reincarnation of a 19th-century Irish woman.
Repeated from yesterday 1.05pm

1.30 Lunchtime with Michael Fry
Ep 4. As Ulster FM mourns Sir Maurice Ulster, Michael's hopes of inheriting the station face an unexpected threat.
Repeated from yesterday 1.30pm

2.05 Long Player with Steven Rainey
The records that have shaped and influenced people's lives.
Email: steven.rainey@bbc.co.uk

3.05 Healing Sounds with Malachi Cush
Ep 2. Singer Lisa McHugh talks to Malachi about her struggles with functional neurological disorder, revealing how the illness impacted her life and the challenge of getting back to normal after such an unexpected turn of events.
Repeated from last Thursday

4.05 Gardeners' Corner
The weekly programme for keen horticulturists with the latest advice, news and visits to gardens large and small around the province. Presented by David Maxwell.
Repeated from yesterday 9.05am

5.05 Sounds Sacred
Richard Yarr introduces popular, sacred music performed by local and internationally acclaimed performers. He plays listeners' requests and provides news of music events across Northern Ireland.

6.05 Kintra
Helen Mark and the *Kintra* team present stories, news, music and banter from Ulster-Scots communities at home and abroad.
Email: kintra@bbc.co.uk

6.30 Pipes and Drums
Mark Wilson presents the best in pipe band music, featuring performances from the local scene and highlights from the 2026 competition season.

7.05 Classical Connections with John Toal
The host introduces an evening of popular classical music. Plus news, reviews and interviews with local and touring performers. With news at **8.00**.

9.05 Sunday with Brian D'Arcy
Brian delves into his wide experience of all sorts of music to bring listeners some tracks just right for a Sunday evening, along with reflections that will make them think, laugh or cry.
Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

10.05 Sunday Club
Kathy Clugston plays a late-night selection of music designed to soothe away the problems of the past week. Including news at **11.00**.
Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ

12.00 *as Radio 5 Live*

Monday

RADIO ULSTER NEWS: half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, (not 8.00pm) plus 5.30pm, 8.30pm and 11.55pm

6.30am Good Morning Ulster
With Sarah Brett and Joel Taggart, including travel updates and analysis of finance and business news, plus agri-business in *Farm Gate* and a Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. With news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Vinny and Cate
Vinny Hurrell and Cate Conway present celebrity interviews, fun features and music designed to perk up the day. Plus the daily Answer Me This listeners' quiz. Including news at **11.00**.
WhatsApp: 03030 805555
Email: AnswerMeThis@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day, from politics and health to consumer issues and education. With news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 Connor Phillips
Music, craic and stories designed to make listeners smile. Including news at **4.00**.

5.00 Evening Extra
News, sport, traffic and weather reports, with Richard Morgan. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Anne-Marie Wallace
Music and chat, along with features including What's on Your Plate? and the Daily Dilemma. News at **7.00**.
WhatsApp: 03030 805555
Text: 81771
Email: amw@bbc.co.uk

7.30 Sportsound
Northern Ireland v Hungary, the Nations League match from Windsor Park (kick-off **7.45**). Following the opening match away to Georgia, Michael O'Neill's side will be looking to make home advantage count against a Hungarian team that has established itself as a strong presence in European football in recent years. Joel Taggart presents.

10.05 The Late Show with John Kerr
Movie Monday, featuring cinematic music selections from the big screen to wind down the day. Including news at **11.00**.
Email: lateshowwithjohn@bbc.co.uk

12.00 *as Radio 5 Live*

Tuesday

RADIO ULSTER NEWS: half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 5.30pm and 11.55pm

6.30am Good Morning Ulster
Presented by Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. With news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Vinny and Cate
Vinny Hurrell and Cate Conway present celebrity interviews, fun features and music. Plus the daily Answer Me This listeners' quiz. Including news at **11.00**.
WhatsApp: 03030 805555
Email: AnswerMeThis@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories, from politics and health to consumer issues and education. With news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 Connor Phillips
A lively mix of music, craic and stories to make listeners smile. Including news at **4.00**.

5.00 Evening Extra
News, sport, traffic and weather reports, with Richard Morgan. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Anne-Marie Wallace
Music and chat designed to bring joy to the teatime routine, along with features including What's on Your Plate? and the Daily Dilemma. With news at **7.00**.
WhatsApp: 03030 805555
Text: 81771
Email: amw@bbc.co.uk

7.30 Blas
Na himeachtaí ealaíne agus cultúir ar gá iad a fheiceáil agus a chluinstin.
Dáithí O Muirí keeps listeners up to date with all that's happening in the arts. Repeat

8.05 Ralph McLean
Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad, featuring live performance, interviews and more. Including news at **9.00**.

10.05 The Late Show with John Kerr
A mix of easy listening melodies. Songs from the head and heart keep good company with classic tracks and brand new tunes. Including news at **11.00**.
Email: lateshowwithjohn@bbc.co.uk

12 midnight *as Radio 5 Live*

Wednesday

RADIO ULSTER NEWS: *see Tuesday*

6.30am Good Morning Ulster
Presented by Sarah Brett and Chris Buckler, including regular news, travel and sport updates, and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. News and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Vinny and Cate
Vinny Hurrell and Cate Conway present celebrity interviews, fun features and music designed to perk up the day. Plus the daily Answer Me This listeners' quiz. Including news at **11.00**.
WhatsApp: 03030 805555
Email: AnswerMeThis@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions the day's stories. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music, plus the chance for listeners to submit requests. With news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 Connor Phillips
A lively mix of music, craic and stories to make listeners smile. Including news at **4.00**.

5.00 Evening Extra
News, sport, traffic and weather reports, with Richard Morgan. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Anne-Marie Wallace
Music and chat designed to bring joy to the teatime routine, along with features including What's on Your Plate? and the Daily Dilemma. Including news at **7.00**.
WhatsApp: 03030 805555
Text: 81771
Email: amw@bbc.co.uk

7.30 Blas
Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae.
Máire Bhreathnach has all the latest news on local and international events and the issues of the day. Repeat

8.05 Ralph McLean: Country
From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at **9.00**.

9.55 Wah Yan Jee Sing
Local information on health and social issues in Cantonese.

10.05 The Late Show with John Kerr
Easy listening melodies. Songs from the head and heart keep good company with classic tracks and brand new tunes. Including news at **11.00**.
Email: lateshowwithjohn@bbc.co.uk

12 midnight *as Radio 5 Live*

Thursday

RADIO ULSTER NEWS: *see Tuesday*

6.30am Good Morning Ulster
Presented by Sarah Brett and Chris Buckler, including regular news, travel and sport updates, and analysis of finance and business news, and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and debate with Stephen Nolan. Listeners can share their views by phone, text or email. News and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Vinny and Cate
Vinny Hurrell and Cate Conway present a mix of celebrity interviews, fun features and music designed to perk up the day. Plus the daily Answer Me This listeners' quiz. Including news at **11.00**.
WhatsApp: 03030 805555
Email: AnswerMeThis@bbc.co.uk

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 Connor Phillips
Music, craic and stories designed to make listeners smile. Including news at **4.00**.

5.00 Evening Extra
News, sport, traffic and weather reports, with Richard Morgan. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Anne-Marie Wallace
Music and chat bringing joy to the teatime routine, along with features including What's on Your Plate? and the Daily Dilemma. With news at **7.00**.
WhatsApp: 03030 805555
Text: 81771
Email: amw@bbc.co.uk

7.30 Blas
Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime.
A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and more, with Caoimhe Ní Chathail.

8.05 Blas Ceoil
New releases, gig guide details and live acoustic sessions to keep listeners in touch with traditional, roots and folk music.

9.05 Healing Sounds with Malachi Cush
Ep 3. One of Ireland's brightest young athletes, Nick Griggs speaks movingly to Malachi Cush about growing up in Tyrone and losing his brother Josh, finding strength through running and carrying his brother's memory forward.

10.05 The Late Show with John Kerr
A mix of easy listening melodies. Songs from the head and heart keep good company with classic tracks and brand new tunes. Including news at **11.00**.
Email: lateshowwithjohn@bbc.co.uk

12 midnight *as Radio 5 Live*

Friday

RADIO ULSTER NEWS: *see Tuesday*

6.30am Good Morning Ulster
Presented by Chris Buckler and Joel Taggart, including regular news, travel and sport updates, and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. With news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Vinny and Cate
Vinny Hurrell and Cate Conway present celebrity interviews and fun features. Plus the daily Answer Me This listeners' quiz. Including news at **11.00**.
WhatsApp: 03030 805555
Email: AnswerMeThis@bbc.co.uk

11.30 The Mystery Mix Tape with Vinny and Cate
Vinny Hurrell and Cate Conway challenge listeners — and each other — to search through the music memory banks to correctly identify the year in question.

12.05pm Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the day's stories, from politics and health to consumer issues and education. With news at **1.00**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 Connor Phillips
Music, craic and stories designed to make listeners smile.

4.05 Mobile Disco with Connor Phillips
Connor Phillips introduces 30 minutes of the biggest anthems to help round off the working week.

5.00 Evening Extra
News, sport, traffic and weather reports, with Richard Morgan. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 The Ticket
Kathy Clugston previews upcoming cultural attractions, from blockbuster movies to comedy gigs.

7.05 Stephen McCauley
A selection of alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more.

7.30 Sportsound
Ukraine v Northern Ireland, the National League match at the Stadión Antona Malatinského in Trnava, Slovakia (kick-off **7.45**). Joel Taggart presents.

10.05 The Late Show with Mickey Bradley
A selection of vintage rock, pop and new releases. Including news at **11.00**.

12.00 Caschlár
An-réimse ceoil ó phop go fréamh á chur le chéile agus á chur i láthair ag Brian Mullen.
Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul.
Requests to:
Brian Mullen,
Irish Language Unit,
BBC Radio Ulster,
Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8043

1.00am *as Radio 5 Live*
BBC Northern Ireland Broadcasting House Ormeau Avenue, Belfast BT2 8HQ 02890 338 000 Phone-in 0845 955 5678

RADIO FOYLE

As Radio Ulster except:

Weekdays

RADIO FOYLE NEWS:
8.30am, then hourly 9.00 to 3.00pm

6.30am Good Morning Ulster
Presented by **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart. Including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.

8.00–9.00 North West Today
An essential round-up of news, sport and weather across the north-west of Northern Ireland.

12.05pm The Mark Patterson Show
A look at issues affecting the daily lives of people in the north-west of Northern Ireland.

1.00 North West at One
Lunchtime round-up of the day's local, national and international news stories. Plus the latest sports headlines.

1.10–1.30 20 Minutes with Mark Patterson
A snapshot of life in the north-west of Northern Ireland.

3.05–4.00 Sean Coyle
The host aims to brighten up the day with music and chat, plus listeners from across the region are invited to phone in with their requests and dedications.

Mon–Thu: 4.05–5.00 Connor Phillips
A blend of music, craic and stories designed to make listeners smile.

Mon: 8.05pm–10.00 Caschlár
An-réimse ceoil ó phop go fréamh á chur le chéile agus á chur i láthair ag Brian Mullen.
Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul.
BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD Tel: 02871 266 522

Frequencies

National

BBC Radio 1
FM 97.9–99.7

BBC Radio 2
FM 88.3–90.1

BBC Radio 3
FM 90.5–92.3

BBC Radio 4
93.2 (Ballycastle),
93.2 (Carnmoney Hill),
94 (Limavady),
94.9 (Londonderry),
95.6 (Brougher Mountain),
96 (Belfast),
103.5 (Larne),
103.9 (Rostrevor Forest/Kilkeel),
104.6 (Camlough),
(R4 FM cannot be heard in some parts of N Ireland)

BBC Radio 5 Live
MW 693, 909

BBC Radio Foyle
FM 93.1

BBC Radio Ulster
FM 92.7–95.4

RTE Radio 1
FM 87.8–90.0, LW 252

RTE 2FM
90.4–92.2, 97

RTE Raidió na Gaeltachta
92.6–94.4, 102.7

RTE Lyric FM
97.8–99.6, 92.2, 95.2, 96.7, 102.2

Classic FM
99.9–101.9 (not Freeview)

Talksport
MW 1053, 1089

Absolute
MW 1215

Today FM
FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

Cool FM 97.4
Music, news and sport

Downtown FM 102.3 (Ballymena), 96.6 (Omagh/Enniskillen), 97.1 (Larne), 96.4 (Limavady), 102.4 (Londonderry), 103.4 (Newcastle), 103.1 (south Newry), MW 1026 (Belfast)
Music, news

Q FM 96.7 (Belfast), 102.5 (Bangor), 102.5 (Carrickfergus), 102.9 (North West), 97.2 (North Coast), 97.6 (Ballycastle), 107.0 (Mid Antrim), 107.6 (Larne), 106.0 (Mid Ulster), 107.2 (Dungannon), 106.3 (Maghera), 101.2 (Tyrone/Fermanagh), 102.1 (Enniskillen), 100.5 (Newry & Mourne), 101.1 (Kilkeel), 101.1 (Newcastle)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

RADIO IN YOUR AREA

FACE BEHIND THE VOICE



SIAN ANDERSON
BBC RADIO 1XTRA

AGE 35
CURRENT JOB Has presented the afternoon show (Mon—Fri, 1—4pm) on Radio 1Xtra since 14 September. "I throw in a lot of grime, jungle, drum 'n' bass, all the electro music, where I can. The music team really liked the kind of music I was playing on Mondays [*Monday Mayhem*] so it's not too hard."
CV Born in London, she was around 15 when she began contributing to *Live* magazine, a community project, and 18 when she became its editor. From 2008 to 2013 she co-presented on Rinse FM with her friend Julie Adenuga. Also in 2008 she made her TV debut as a model on *Frock Me* followed in 2010 by *Topman CTRL* (both Channel 4). In 2013, the same year she began cover work for Radio 1 Xtra, Sian formed her own PR company and began working in marketing for record labels. In 2020, she founded Saint Music. She has written two cookery books — *Sian and Her Son* (2021) and *Sian's Kitchen* (2024) — and ran her own restaurant Octaves Kitchen 2023—26. Her Friday/Saturday show and *Monday Mayhem* ran on Radio 1Xtra until this July.
BEST MOMENTS "Broadcasting from the Wireless Festival [2022] with Shenseea. She was so lovely and fun, exactly how I expected her to be, and she smelled so nice. Also, when I went to Jamaica for the BBC World Service. When I say to my Jamaican family I wrote for *The Guardian*, they're like what's that? But they know what the World Service is. I feel really proud to be able to do something that crosses borders in that way."
WORST MOMENT "Before Christmas on Radio 1Xtra, I told the story about my son finding out about Santa. For the next two weeks parents were telling me, 'You've ruined Christmas.'"
FIRST RADIO MEMORY "On Sundays my mum would cook curry with Vibes FM blaring."
FAVOURITE BROADCASTERS "I always found MistaJam so friendly and fun on air. But Dotty is my favourite broadcaster ever because you never know what's gonna happen. Snoochie Shy is also completely chaotic. I miss radio when anything could happen. Now we have cancel culture and radio has kind of lost its edge."
AMBITION/DREAM JOB "I'd like to join a TV talk show and be as comfortable in front of a camera as I am on the radio."
SECRET SKILLS "I'm a really strong swimmer. Growing up, I was fluent in German. I went to Berlin a couple of years ago and, after about three days, everything came back!" **DAVID McGILLIVRAY**

Listen at bbc.co.uk/radio1xtra

Saturday

NEWS: hourly 7.00am to 2.00pm, plus 5.00pm
WEATHER: after most news bulletins

7.00am Radio Wales Breakfast
News, sport, travel and weather, presented by Joe Langstaffe.

9.00 Money for Nothing
Dedications and song requests from the 1950s to the 1990s.
Phone: 03700 100 110

12.00 Lucy Owen
Music and guests.

2.00pm Radio Wales Sport
Live commentary, plus guests and analysis.

5.30 Welsh Wonders
Ep 2. Huw Stephens presents archive materials telling the story of Manic Street Preachers.
Repeat

7.00 Bethan Elfyn
Featuring the Wales Mix.

9.00 BBC Introducing with Adam Walton
Featuring new Welsh music, including exclusive sessions, interviews and demos.

12.00 Relax with Radio Wales
A selection of classic and contemporary tunes.

1.00am—6.00 *as Radio 5 Live*

Sunday

NEWS: hourly 7.00am to 4.00pm, plus 5.50pm
WEATHER: after most news bulletins

6.00am Books That Made Me with Lucy Owen
Lucy talks to Katherine Jenkins about the books that matter to her and her children, and Welsh writer Olivia Wakeford talks about her debut novel, *My Dog*.
Repeated from last Friday
Repeated tomorrow 6.30am

6.30 The Idea
Three speakers share their experience on the subject of communication.
Repeated from last Tuesday

7.00 Country Focus
Rural, farming and environmental news.
Repeated from last Wednesday

7.35 Celebration
Weekly act of worship broadcast from Christian communities all over Wales.
Repeated 7.30pm

8.00 Sunday Supplement
Daniel Davies presents political news, discussions and analysis, plus a review of the Sunday papers.

9.00 All Things Considered
Religious affairs programme, tackling some of the thornier issues of the day in a thought-provoking manner.
Email: religion.wales@bbc.co.uk

9.35 Owen Money's Solid Gold Sunday
A selection of classic hits from the 1960s and 1970s.

12.00 Robin Morgan
With music and guests for Sunday afternoon.

3.00pm Lynn Bowles
Music, entertainment, and guests for Sunday afternoon.

4.30 Radio Wales Sport
Commentary on Denmark v Wales, a Nations League Group A4 match from Parken Stadium (kick-off **5.00**).

7.30 Celebration
Weekly act of worship broadcast from Christian communities all over Wales.
Repeated from 7.35am

8.00 Celtic Heartbeat
Frank Hennessy presents folk, roots and acoustic music from the Celtic countries and beyond.

10.00 Beverley's World of Music
Orchestral and choral works from Wales and the world.

1.00am—6.00 *as Radio 5 Live*

Monday

NEWS: hourly 6.00am to 10.00pm
WEATHER: after most news bulletins

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Books That Made Me with Lucy Owen
Lucy talks to Katherine Jenkins about the books that matter to her and her children, and Welsh writer Olivia Wakeford talks about her debut novel *My Dog*.
Repeated from yesterday 6am

7.00 Radio Wales Breakfast
News, sport and weather, with Dot Davies and Chris Wathan.

9.00 Bronwen Lewis
Bronwen brightens the morning with music and entertainment.

12.00 The Phone-in
A chance to be part of the nations' conversation, with Jason Mohammad.

2.00pm Behnaz Akhgar
Celebrity guests, TV Turn Ons and the Name Game.

5.00 Radio Wales Drive
Everything you need to know as you head home, presented by Claire Summers.

6.30 The Summer That Changed Welsh Football
Ep 2. Nathan Blake revisits the success of the Wales team at Euro 2016 and examines the legacy that tournament has left on football in Wales.
Repeated from last Monday
Repeated tomorrow 6.30am

7.00 Huw Stephens
Classic tracks and new music from Wales and beyond.

9.00 James Dean Bradfield
James Dean Bradfield opens his record collection to share tracks from his life, from tour bus anthems and rock star memories to the tracks that continue to inspire him.

10.00 Eleri Siôn
Eleri brightens the night time with music and chat.

12.00 Relax with Radio Wales
A selection of classic and contemporary tunes.

1.00am—6.00 *as Radio 5 Live*

Tuesday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 The Summer That Changed Welsh Football
Ep 2. Nathan Blake revisits the success of the Wales team at Euro 2016 and examines the legacy that tournament has left on football in Wales.
Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
With Dot Davies and Oliver Hides.

9.00 Bronwen Lewis
Bronwen brightens the morning with music and entertainment.

12.00 The Phone-in
A chance to be part of the nations' conversation, with Jason Mohammad.

2.00pm Behnaz Akhgar
Celebrity guests, expert advice and the Name Game.

5.00 Radio Wales Drive
Everything you need to know as you head home, presented by Claire Summers.

6.30 The Idea
Author, gardener and naturalist Carwyn Graves, botanist Chris Thorogood and poet Fiona Sampson discuss how people affect and are affected by the places they live or travel in.
Repeat Repeated tomorrow 6.30am

7.00 Molly Palmer
Classic tracks and new music from Wales and beyond.

10.00 Eleri Siôn
Eleri brightens the night time with music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes.

1.00am—6.00 *as Radio 5 Live*

Wednesday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 The Idea
Author, gardener and naturalist Carwyn Graves, botanist Chris Thorogood and poet Fiona Sampson discuss how people affect and are affected by the places they live or travel in.
Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
News, sport and weather, with Dot Davies and Oliver Hides.

9.00 Bronwen Lewis
Bronwen brightens the morning with music and entertainment.

12.00 The Phone-in
A chance to be part of the nations' conversation, with Jason Mohammad.

2.00pm Behnaz Akhgar
Celebrity guests, Midweek Menu recipes and kitchen tips, and the Name Game.

5.00 Radio Wales Drive
Everything you need to know as you head home, presented by Claire Summers.

6.30 Country Focus
Ifan Jones Evans visits a manor house in north Pembrokeshire.
Repeated tomorrow 6.30am

7.00 Country with Bronwen Lewis
New and classic country music from Wales and the world.

10.00 Eleri Siôn
Eleri brightens the night time with music and chat.

12.00 Relax with Radio Wales
A selection of classic and contemporary tunes.

1.00am—6.00 *as Radio 5 Live*

Thursday

NEWS: hourly 6.00am to 6.00pm, 8.35, 10.00
WEATHER: after most news bulletins

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Country Focus
Ifan Jones Evans visits a manor house in north Pembrokeshire.
Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
News, sport and weather, with Dot Davies and Oliver Hides.

9.00 Bronwen Lewis
Bronwen brightens the morning with music and entertainment.

12.00 The Phone-in
A chance to be part of the nations' conversation, with John-Paul Davies.

2.00pm Behnaz Akhgar
Celebrity guests, expert advice and the Name Game.

5.00 Radio Wales Drive
Everything you need to know as you head home, presented by Wyre Davies.

6.30 The Abergele Files
New series. 1/3. The second series of the spin-off from comedy *Bravo Two Charlies*, with Dennis and Lee back on the private detective beat.

7.00 Radio Wales Sport
Commentary on Wales v Norway, a Nations League Group A4 match (kick-off **7.45**).

10.00 Eleri Siôn
Late-night music and chat.

12.00 Relax with Radio Wales
Classic and contemporary tunes.

1.00am—6.00 *as Radio 5 Live*

Friday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
Music to start the day.

6.30 Walescast
Weekly political podcast.

7.00 Radio Wales Breakfast
News, sport and weather, with Catrin Heledd and Oliver Hides.

9.00 Lucy Owen
Lucy brightens the morning with music and entertainment.

12.00 The Phone-in
A chance to be part of the nations' conversation, presented by Jennifer Jones.

2.00pm Eleri Siôn
Celebrity guests, the latest film reviews and the Name Game.

5.00 Radio Wales Drive
Everything you need to know as you head home, presented John-Paul Davies.

6.30 Radio Wales Arts Show
Arts and culture from Wales.

7.00 Elin Fflur's 70s Playlist
Party classics from the 1970s and the biggest Welsh anthems.

8.00 Elin Fflur's 80s Playlist
Party classics from the 1980s.

9.00 Elin Fflur's 90s Playlist
Party classics from the 1990s.

10.00 Friday Night H
The Steps singer kicks off the weekend with music and chat.

12.00 The Party Playlist with H
The Steps singer presents his ultimate party playlist.

1.00am—7.00 *as Radio 5 Live*

BBC Wales, 3 Central Square, Cardiff CF10 1FT
03703 500 700
(weekdays 9.30am to 5.30pm)
(landline calls charged at a maximum of 8p per minute)
SMS: 81012
bbc.co.uk/radiowales

Cymru

Sadwrn

5.30am Huw Stephens
Cerddoriaeth newydd a hen, wedi'i ddewis gan Huw Stephens o'i gasgliad personol.

7.00 Galwad Cynnar
Gerallt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth.
EBOST: galwadcynnar@bbc.co.uk

8.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt.

8.30 Ar y Marc
Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed.
EBOST: arymarc@bbc.co.uk

9.00 Tudur Owen Lot o fwydro, 'chydig o sylwedd, dim swmp.

11.00 Shelley a Rhydian
Cerddoriaeth ac adloniant gyda Shelley Rees a Rhydian Bowen Phillips.

2.00pm Chwaraeon Radio Cymru
Sylwebaeth o gêm menywod Cymru v Yr Unol Daleithiau yng nghyfres y WXV.

5.30 Marc Griffiths
Cymysgedd o'r hen a'r newydd i ddiddanu ar nos Sadwrn, gan gynnwys llwyth o geisiadau.
EBOST: marc@bbc.co.uk

9.00 Ffion Emyr
Tair awr o gerddoriaeth a chwmnïaeth gyda Nia Parry yn sedd Ffion Emyr.

12.00 *gweler World Service*

Sul

5.30am Linda Griffiths
Cymysgedd o gerddoriaeth brin, anghofiedig, hen a newydd yng nghwmni Linda Griffiths.
Ail-ddarlledir am 2pm

7.00 Troi'r Tir
Y straeon diweddaraf o fyd amaeth a bywyd cefn gwlad gyda Terwyn Davies.
Ail-ddarlledir am 3.30pm

7.30 Caniadaeth y Cysegr
Amrywiaeth o emynau yng nghwmni Marc Jon Williams, Caerdydd.
Ail-ddarlledir am 7.30pm

8.00 Heledd Cynwal
Dewch i dreulio bore Sul yng nghwmni Heledd Cynwal.

10.00 Swyn y Sul
Cerddoriaeth amrywiol ar gyfer bore Sul yng nghwmni Elin Manahan Thomas.

12.00 Yr Oedfa
Gwasanaeth yn arbennig i wrandawyr Radio Cymru.

12.30pm Bwrw Golwg
Nest Jenkins a'i gwesteion yn trafod materion moesol a chrefyddol.
EBOST: bwrw.golwg@bbc.co.uk

1.00 Llwyfan gyda Manon Steffan Ros
Golwg ar y byd celfyddydol yng Nghymru a thu hwnt.
Ail-ddarlledir Llun am 6pm

2.00 Linda Griffiths
Cymysgedd o gerddoriaeth brin, anghofiedig, hen a newydd yng nghwmni Linda Griffiths.
Darlledwyd am 5.30am

3.30 Troi'r Tir
Y straeon diweddaraf o fyd amaeth a bywyd cefn gwlad gyda Terwyn Davies.
Darlledwyd am 7am

4.00 Pwy yn y Nen?
Drama newydd gan Alun Saunders. A hithau bron yn ddeng mlynedd i'r diwrnod pan ddiflannodd ei fam, mae Bez yn mynnu atebion.

4.30 Chwaraeon Radio Cymru
Sylwebaeth fyw o gêm Denmarc v Cymru yng Nghyngrair y Cenhedloedd.

7.30 Caniadaeth y Cysegr
Amrywiaeth o emynau yng nghwmni Marc Jon Williams, Caerdydd. Darlledwyd am 7.30am

8.00 Ar Eich Cais
Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau.
EBOST: areichcais@bbc.co.uk

9.00 John ac Alun
Cerddoriaeth a sgwrsio i gloi'r penwythnos.

12.00 *gweler World Service*

Llun

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Llwyfan gyda Manon Steffan Ros
Golwg ar y byd celfyddydol yng Nghymru a thu hwnt gyda Manon Steffan Ros.
Darlledwyd Sul am 1pm

7.00 Rhys Mwyn
Mari Wiliam sy'n trafod cyfrol *In the Shadow of the Sun* am hanes a gyrfa Paul Weller.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Marc Griffiths yn sedd Caryl Parry Jones.

11.00 Y Clwb PJs
Ymunwch â Marc Griffiths i ymlacio wrth wrando ar gerddoriaeth hudolus cyn cysgu.

12.00 *gweler World Service*

Mawrth

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.

6.00 Dei Tomos
Atgofion Delyth Prys o'i rhieni, Trefor ac Eileen Beasley, a'u brwydro dros yr iaith.
EBOST: deitomos@bbc.co.uk

7.00 Georgia Ruth
Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrofol.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Marc Griffiths yn sedd Caryl Parry Jones.

11.00 Y Clwb PJs
Ymunwch â Marc Griffiths i ymlacio wrth wrando ar gerddoriaeth hudolus cyn cysgu.

12.00 *gweler World Service*

Mercher

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.

6.00 Dilyn yr Iforiaid
Ifor ap Glyn yn trafod 'Iforiaid" enwog ein hanes a mudiad yr "Iforiaid".

6.30 Y Bryniau Pell
Iestyn Tyne sy'n rhannu hanes cudd llun eiconig drwy gyfrwng ei gerddoriaeth a sgyrsiau.

7.00 Mirain Iwerydd
Cerddoriaeth newydd Cymru.

9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Marc Griffiths yn sedd Caryl Parry Jones.

11.00 Y Clwb PJs
Ymunwch â Marc Griffiths i ymlacio wrth wrando ar gerddoriaeth hudolus cyn cysgu.

12.00 *gweler World Service*

Iau

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.

6.00 Hawl i Holi
Trafodaeth gyfoes ar bynciau lleol, cenedlaethol a rhyngwladol gyda Bethan Rhys Roberts.

7.00 Chwaraeon Radio Cymru
Sylwebaeth fyw o gêm Cymru v Norwy yng Nghyngrair y Cenhedloedd.

10.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Marc Griffiths yn sedd Caryl Parry Jones.

11.00 Y Clwb PJs
Ymunwch â Marc Griffiths i ymlacio wrth wrando ar gerddoriaeth hudolus cyn cysgu.

12.00 *gweler World Service*

Gwener

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Gwenllian Grigg.

9.00 Trystan ac Emma
Cerddoriaeth ac adloniant gyda Trystan Ellis-Morris ac Emma Walford.

11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

2.00 Lisa Angharad
Dewch i ddechrau'r penwythnos gyda cherddoriaeth a hwyl yng nghwmni Lisa Angharad.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Lauren Moore
Cerddoriaeth ar gyfer nos Wener yng nghwmni Lauren Moore.

9.00 Ffion Emyr
Tair awr o gerddoriaeth a chwmnïaeth yng nghwmni Ffion Emyr.

12.00 *gweler World Service*

Radio Cymru: 03703 500 500 (Codir prisiau daearyddol safonol am alwadau o ffonau sefydlog a symudol) Rhif Testun: 67500 (Codir tal yn unol a chyfradd costau eich rhwydwaith) Ebost: radio.cymru@bbc.co.uk Gwefan: bbc.co.uk/radiocymru

Radio Cymru 2

fel Radio Cymru ac eithrio:

Sadwrn

7.00am—9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Mel Owen

2.00pm Dewis: tiwns, tiwns, tiwns wedi eu dewis yn arbennig ar gyfer y penwythnos

3.00 Parti'r Penwythnos: tiwns trwy'r dydd, drwy'r penwythnos

5.00—5.30 Nôl i'r 90au: taith nôl i ddegawd y Spice Girls, Eden, Big Leaves ac Oasis

12.00—5.30am
gweler BBC Radio 2

Sul

7.00am Sioe Frecwast: cerddoriaeth ac adloniant gyda Mirain Iwerydd

10.00 Traciau Radio Cymru 2: tiwns trwy'r dydd yn parhau ar Radio Cymru 2

6.00pm Dewis: tiwns, tiwns, tiwns wedi eu dewis yn arbennig ar gyfer y penwythnos

7.00—9.00 Parti'r Penwythnos: tiwns trwy'r dydd, drwy'r penwythnos

12.00—7.00am
gweler BBC Radio 2

Llun—Iau

7.00—10.00am Sioe Frecwast: cerddoriaeth ac adloniant gyda Rhydian Bowen Phillips

9.30 Iau: Nôl i'r 90au: taith nôl i ddegawd y Spice Girls, Eden, Big Leaves ac Oasis

10.00—2.00pm Lisa Gwilym yn chwarae eich hoff gerddoriaeth

1.30—2.00 Mercher: Rhestr Chwarae Lisa: Eto: rhestr chwarae yn llawn anthemau

5.00—7.00 Traciau Radio Cymru 2: tiwns trwy'r dydd yn parhau ar Radio Cymru 2

7.00 Iau: Ifan Davies: dwy awr o'r gerddoriaeth orau o fyd Ifan Davies a'r criw

9.00—11.00 Iau: Caryl: Cerddoriaeth a hwyl gyda'r hwyr gyda Marc Griffiths yn sedd Caryl Parry Jones

12.00—7.00am
gweler BBC Radio 2

Gwener

7.00am Sioe Frecwast: gyda Molly Palmer

11.00—2.00pm Dom James: yn chwarae eich hoff fiwsig

5.00—6.00 Miwsig y Siarter Iaith: awr o gerddoriaeth gyfoes Gymraeg i gyd-fynd â'r Siarter Iaith

12.00—5.30am
gweler BBC Radio 2

Frequencies

National

BBC Radio 1 97.6—99.8
BBC Radio 2 88—90.2
BBC Radio 3 90.2—92.4
BBC Radio 4 92.4—94.6, 103.5—105
BBC Radio 5 Live MW 693, 909, 990
Radio Cymru 92.4—96.1, 96.8, 103.5—105
Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet
BBC Radio Wales 93.9—95.9, 103.7, 103.9
BBC Radio Wales Extra MW 1125 (mid-Wales)
Classic FM 99.9—101.9
Talksport MW 1053, 1089
Absolute MW 1197, 1242, 1260
The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath)
Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413
Hereford and Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)
Somerset 95.5, MW 1566
Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:
Bay Radio 102.1 (Swansea)
Bridge FM 106.3 (Bridgend/Vale of Glamorgan)
Capital 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news
Carmarthenshire 97.1 (Carmarthenshire), 97.5 (Llanelli/ Carmarthen Town)
Chester's Dee 106.3
Freeradio 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music
Heart 88 (Wrexham), 103 (Bath/ Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/ Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdare), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/Flint), 107.2 (Caernarfon/Anglesey), 107.3 (Rhyl/Prestatyn)
Greatest Hits Radio 96.4 (Swansea), 100.8 (Porlock), 102 (Salisbury), 102.4 (west Somerset), 107.2 (Bristol), 107.4 (Telford/Wrekin), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston-Super-Mare/north Somerset/ Swindon), 107.9 (Bath)
GTFM 107.9 Pontypridd, 100.7/107.1 Cynon Valley
Kiss 101 (Severn Estuary), 97.2 (Bristol) Dance music, news
Nation Radio 106.8 (Cardiff), 107.3 (Swansea) Music, news
Pembrokeshire 102.5, 107.5 (Fishguard/Tenby)
Radio Cardiff 98.7
Scarlet FM 97.5 (Llanelli)
Smooth 100.4 (north-west England); MW 1359 (south Wales), 1305 (Gwent), 1260 (north Wales/Cheshire/Bristol), 774 (Gloucester), 1161 (Swindon), 936 (West Wiltshire)
Sunshine 106.2 (Hereford), 107.8 (Leominster), 107 (Monmouth), MW 855 (south Shropshire)
Welsh Coast Radio 106.5 (West Swansea) Music, news

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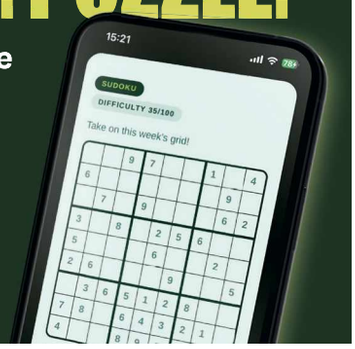
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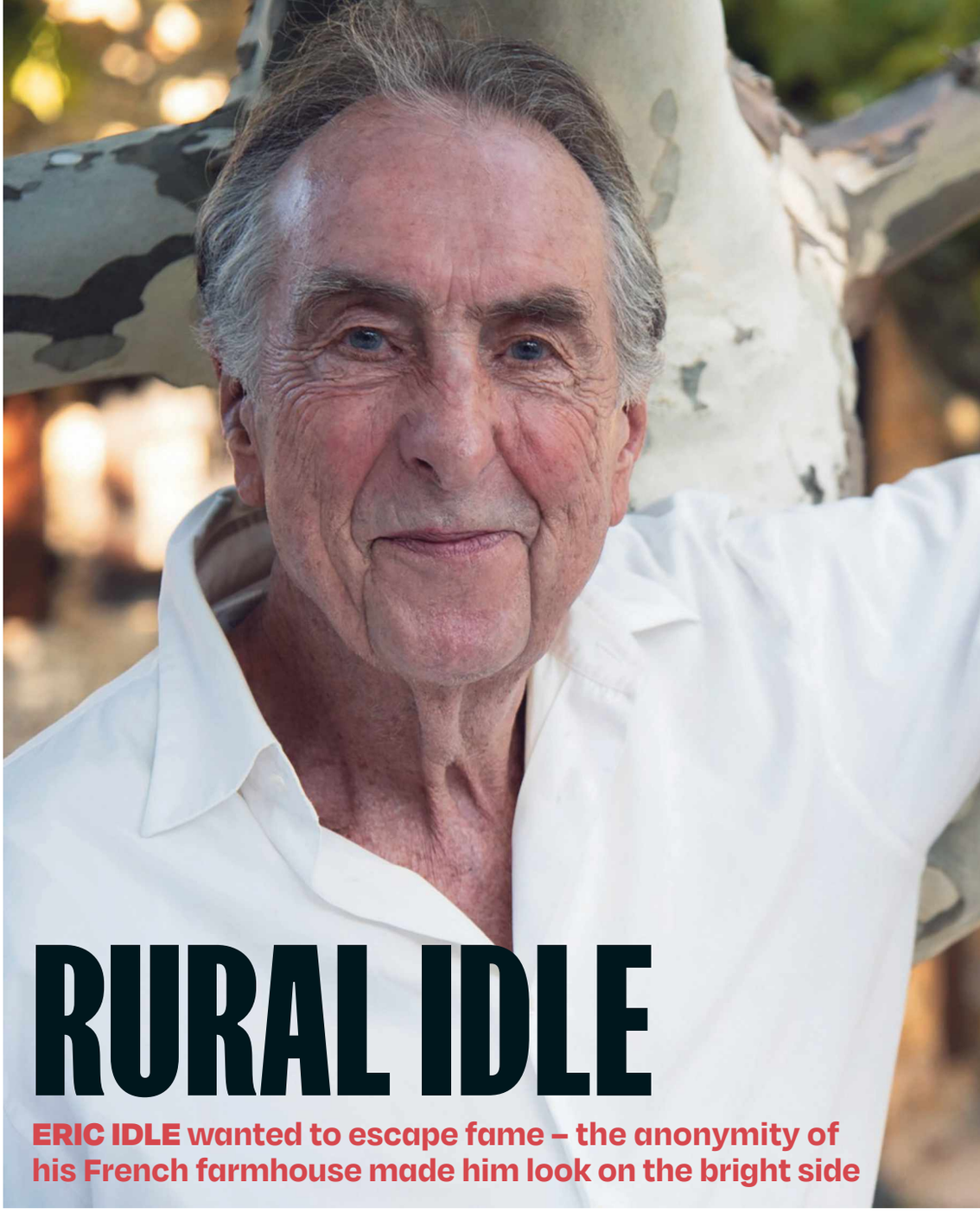
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RURAL IDLE

ERIC IDLE wanted to escape fame – the anonymity of his French farmhouse made him look on the bright side

I'D LIKE TO be buried here," sighs Eric Idle, surveying the bucolic little corner of Provence he calls home for half the year. "But only after I'm dead."

The perfect comic timing shouldn't come as a surprise: the former Python was voted the 21st funniest man of all time by his fellow comedians in 2005. But the intimations of mortality might be unexpected from the performer most of us picture with a mischievous perma-twinkle in his eye and a nudge-nudge never far from his elbow.

That young iconoclast is 83 now, though, and narrowly survived a pancreatic cancer that should have killed him. (He laughed aloud when his doctor gave him the diagnosis, because a year or two earlier he'd asked the same medic what would be the quickest and surest disease with which he could kill off a character

'Cleese and Palin hate my guts. Don't ask why. I only ever made them money'

in the musical he was writing, and was told "pancreatic cancer".)

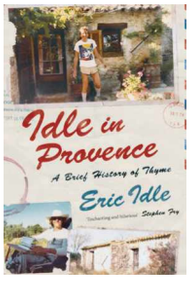
So what does the man who wrote the most-requested music at British funerals – *Always Look on the Bright Side of Life* – think of, when he thinks of death? "I think having the number-one funeral song is pretty damn good. I love that, and I reckon it's really healthy." Beyond that, he says, he refuses to believe in "extra-celestials", and argued over afterlives with George Harrison at the Beatle's deathbed in 2001: "He thought he'd escape rebirth. I said, 'I'd give anything to be reborn.'" As...? "I didn't put my name down for anything in particular. But maybe an England Test cricketer. In the days when they could still get pissed in the evenings."

He's modest about his most famous legacy. ("Will *Python* be funny for ever? No. It's extraordinary it's gone on for however many generations it's gone on for.") But there's no mistaking his pride in his adopted French home – especially since he's now written a book about it. *Idle in Provence* starts in 1971 ("when the *Radio Times* was still about radio," he jokes), with Idle buying a ruined Provençal farm building that had "no water, no road, no electricity, no floors". But, bit by bit, he turned it "from shack to shackeau".

This is no dull old DIY-memoir, though – it's too witty and too wide-ranging for that. (See its subtitle, *A Brief History of Thyme.*) And because the farmhouse has been central to almost all Idle's adult life, and because he's irrepressibly candid, we learn about everything from his "year of loving dangerously" after his divorce to having his daughter sectioned while he was taking to the stage in London's O2 for the Python reunion in 2014.

But why buy such a moneypit in the first place? "To escape! To escape the long shadow of boarding school, and how people are in England, and Python, and fame, which is a silly illusion that doesn't help you much." Indeed, one of the reasons he loves the area around Cotignac, where his "shackeau" sits, is that no one knows him as a Python. "No man is a legend to his trousers," he says, deliberately mangling 17th-century writer Madame Cornuel's quote about no man being a hero to his valet.

It was a charm not lost on any of Idle's starry chums, either. Python always had famous fans, from Orson Welles to Elvis



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by Eric Idle
(Ebury Press, £22)

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SILLY PARTY
Idle, second left, in 1970 with his *Monty Python's Flying Circus* co-stars, from left, Graham Chapman, Terry Jones, John Cleese and Michael Palin

LILY IDLE; TANIA KOSEVICH; OLIVIA HARRISON; SHUTTERSTOCK



Presley ("He called everyone 'Squire' after my *Nudge Nudge* sketch"), but many become close friends over trips to the farmhouse to stay with Idle and his second wife. Harrison Ford, Paul Simon, David Bowie, Carrie Fisher, Robin Williams and assorted members of the Beatles, Stones, Pink Floyd and the Who adored the anonymity of life in Cotignac and the shoulder-shrugging indifference of its citizens to their presence.

THE PYTHONS CAME too, of course, their visits remembered fondly (the book has an excellent anecdote concerning John Cleese and ping-pong). But there is "absolutely zero" chance of Cleese or Michael Palin returning, says Idle. "They hate my guts. Don't ask me why. I only ever made them money."

Money, Idle explains, is not as plentiful as one might imagine. "Do you think I get a pension? I'm still working, at 83, to pay for my healthcare in America [he lives in California when not in Cotignac]. People think you're loaded because you did a show 40 years ago – but the billionaires are billionaires because they don't pay royalties: they put you on Spotify and YouTube for free. It's theft!"

HOST IN FRANCE
Guests of Eric and Tania Idle have included David Bowie and his friend Coco Schwab (top) and George Harrison (middle) at their French "shackeau" (above)

There are, at least, still the simple pleasures of Provençal life to be enjoyed: the vines, olive trees, pine, broom, rosemary and fennel; the badgers, hares, quails, nightingales and cuckoos; and that prized peace and quiet. "I'm part of the woodwork now. I'm there in the boulangerie in the morning, I'm in the supermarket. That other [celebrity] thing people think of me as can be discarded, so everything is comfortable and easy. I really don't want to spend all day being mistaken for a comedian."

And he's not worried that writing a book about his little idyll could lead readers to track him down and ruin it? "Oh, it's hard to find. And if necessary we'll get shotguns." **ED GRENBY**

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ON OUR BOOKSHELF



Empire at the Edge of the World

Giles Milton

Book of the Week *11.45am/12.30am Mon–Fri* ***Radio 4***

Gone are the days of history books being dry accounts of happenings – there is now an appreciation for a well-told story, be it fiction or fact. *Empire at the Edge of the World* (John Murray, £25) is no different, helped by the fact that the story – while true – reads as a fantastical tale. An expedition to stake a British claim to a Siberian island, warships on the horizon and an Inuit seamstress outlasting those who underestimated the Arctic... this is history brought to life.



East of Eden

John Steinbeck

East of Eden

Thursday ***Netflix***

Soon to reach a new audience via a Netflix miniseries, John Steinbeck's self-proclaimed magnum opus (Penguin, £10.99) has been a favourite with readers since it was first published in 1952. Taking place principally in the early 20th century in California's Salinas Valley, it follows two intertwined families through their joint successes and hardships, exploring themes of depravity, love, guilt and freedom – plus a healthy amount of cross-generation parallels to the Bible story of Cain and Abel.



Marble Hall Murders

Anthony Horowitz

Marble Hall Murders

Sat 9.35pm ***BBC One***

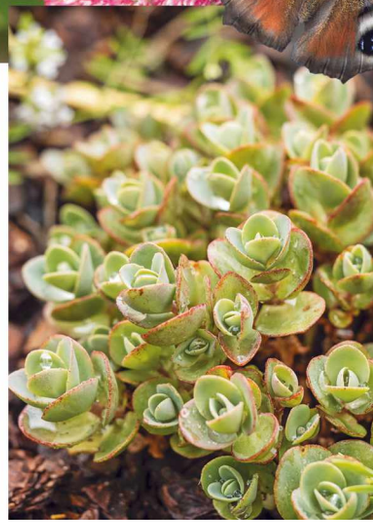
After editing two novels, both of which have found her at the centre of a murder case, you'd assume nothing could persuade Anthony Horowitz's protagonist Susan Ryeland to take on another – but of course she does, so that readers can enjoy *Marble Hall Murders* (Penguin, £9.99). With a (suspected) murderer hidden in the pages of the book, the more she reads, the clearer the picture becomes – but now she is a target of the person who wants their crime to stay hidden for good.

See feature page 18

RHIANNON THOMAS







SEDUM EVERYWHERE!

Long-lasting, easy to look after and packed with colour, no wonder Sedums have been reinvented, says **JOE SWIFT**



ONE OF MY puns when laying out plants on a site that includes sedums is to randomly shout out 'Sedum here, sedum there, sedum bloomin' everywhere!'. They've had a name change so their Latin name is now *Hylotelephium*, (doesn't trip off the tongue, does it?) but fortunately they're still commonly called Sedum, which means I can still laugh at my own cheesy humour – even if no one else does.

Other common names for Sedum include "Stonecrop" or "Ice plant", and they have been somewhat reinvented over recent years. Their flat or gently domed flowers offer up a useful form in the border, slotting seamlessly alongside ornamental grasses and late summer daisies. Plant breeders have harnessed their natural promiscuity and significantly widened their range, too. Many now pack a punch with red flowers and deep burgundy foliage, while others have pinky-red flowers contrasting with blue-green foliage. They're a also magnet for pollinators, producing plenty of important late nectar for bees and butterflies.

SEDUMS ARE long-lasting (some flower from August to November) and if they don't get too floppy (don't ever feed them!) their dried seed-heads should stand upright and add interest in winter. Once planted, they require very little attention – in fact they thrive on neglect, as their waxy, succulent leaves store moisture so they rarely need watering and can cope with long dry periods like the summer we just had. They do particularly well on poor soils; simply snip back the flowers when they flop, or in early spring if they're still upright.

My favourites include *H* "Matrona" which carries softly rounded clusters of pale pink starry flowers above blue-green, burgundy-tinted leaves. It gets to around 75cm tall, so it's one of the biggest. *H* "Lime Zinger" is round 45 cm tall, so it's good as a ground cover for front-of-border with its limey-green leaves and sprays of pink flowers.

For smaller varieties, how about *H* "Red Cauli", which has deep red, impactful flowers and blue-green foliage. Even shorter, and ideal for a container, is *H cauticola* "Coca Cola", a low growing "Stonecrop" with silver-grey foliage and masses of soft pink flowers in late summer.

Joe Swift is a presenter on Gardeners' World

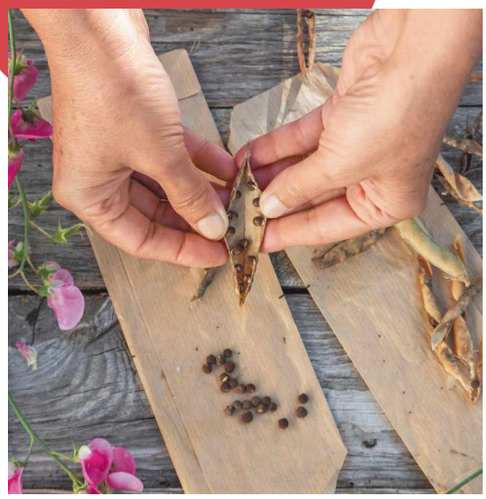
VERSATILE GROWERS
From the top: *H* "Matrona" thriving in clusters; the bright shades are a magnet for bees and butterflies; *H* "Lime Zinger"

GAP PHOTOS; GETTY



WHAT TO DO THIS WEEK...

COLLECT RIPE SEED



Growing plants from seed you've collected from your own garden – or you've been given from other people's – is particularly rewarding. Look outside now and you'll find gardens stocking plenty of nature's free bounty.

HOW TO HARVEST

● **YOU'LL NEED SECATEURS**, paper bags and a pencil. On a dry day, place the bag over the top of the seedheads then snip off a stem with seeds. Securing the bag with a rubber band first means you can use both hands and ensures less seed is lost. Label the bag with the plant name and the date of harvest.

● **LAY THE SEEDS** out to dry on a warm windowsill or in an airing cupboard for a few days. This makes it easier to separate the seed from the pods or capsules. If they don't open naturally, help by gently breaking them open to release the seed.

● **AFTER EXTRACTING** the seed, clean off any chaff attached. This is important as it can harbour a host of diseases if left on.

Once fully dried, put the seed in labelled paper bags, place in an airtight container and ideally put in the fridge until you're ready to sow – though many can be sown straight away (see below).

SOME ANNUAL SEED TO COLLECT AND STORE FOR SPRING SOWING

Calendula, cornflowers, foxgloves, honesty, morning glory, nasturtium, nigella (sow direct now), ammi majus (sow direct now), poppies, Californian poppy, sunflowers and sweet peas.

SOME PERENNIAL SEED TO COLLECT AND STORE FOR IMMEDIATE OR SPRING SOWING

Agapanthus, alliums, aquilegia (sow now), delphiniums, hollyhocks, grasses, sea holly.



Colourful spring bulbs

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TRAVEL

DUTY FREE IN VEGAS

MARTIN COMPSTON took time out from his *Line of Duty* to have fun in Las Vegas – but he won't be giving up the day job

Martin Compston: Living Las Vegas
Wednesday 10.00pm ***C4***





AIN'T IT GRAND? America's famous canyon, with the Colorado river running through it

MARTIN COMPSTON LOOKS surprisingly comfortable in a slightly camp cowboy costume on a dude ranch in Nevada. And so he should: the western state is now his home half the year, as the *Line of Duty* star lives between his native Scotland and his wife's home city of Las Vegas. He shows the place off in his new three-part travelogue. Here's his local's look-see on five spots that visitors mustn't miss.

THE FREE SHOW

Growing up, when I thought of Vegas, I thought of *Ocean's Eleven*, and that famous last shot when they're all at the Bellagio Fountains [**bellagio.mgmresorts.com/en/entertainment/fountains-of-bellagio.html**]. Go at dusk, 6.30 or 7.00pm, because when the music comes on and those jets start, it feels like "Vegas is about to start tonight". There's that excitement in the air, like something's going to happen. Someone's going to have the worst night of their life, but someone's going to have the best night of their life.

I got to go behind the scenes with the scuba divers who keep the fountains working and to press the button that starts the show. There weren't any proposals on my shift, which they often get, but there's always a buzz there and you don't need to eat at any of the expensive fountainside restaurants or anything. I just take my wee boy up to stand outside and watch the fountain show: you don't need to spend a cent and he loves it.

THE BIG NIGHT OUT

My ideal date night for the missus and me is a bit of dinner then a Cirque du Soleil show [**cirquedusoleil.com/las-vegas-shows**]. They're iconic – *Mystère* has been playing at the Treasure Island Hotel for more than 30 years – and *O*, which is performed in and out of water, is mind-blowing; but all the shows are incredible. For the Channel 4 documentary, I got a chance to go on stage with the "flyers", who do incredible backflips between poles suspended in the air. I don't think I'll be leaving *Line of Duty* to join them any time soon: I haven't quite got the ability for it yet, and it's rough on the groin area sliding down those ropes. They do have some pretty impressive codpieces to protect them, but those lads have to be tough!

'I don't think I'll be leaving Line of Duty to join Cirque du Soleil any time soon'

THE CULTURAL HISTORY FIX

One wonderfully offbeat place to visit is the Neon Museum [**neonmuseum.org**]. I love Rat Pack history, and at the museum's Neon Boneyard they've got all these old neon signs, some of which Frank Sinatra himself would have known. If you go in the evening, when the signs are turned on, it's beautiful – wandering round it would be the perfect quirky first date in some indie movie – but I actually took my wife's dad and stepmum when they came to stay.

THE PLACE TO EAT

I'd give a massive recommendation to the city's Arts District, known as the 18b [**18b.org**]. I'm quite ashamed that I didn't know about it until we started making this show, but in my defence it used to be a bit of a bad area down there.

GETTY



NIGHT LIGHTS Spectators watch the show at the Bellagio Fountains



HITCH A LIFT? Martin Compston and "Elvis" at Viva Las Vegas Wedding Chapel

In fact, it's still got some sketchy parts, but that's kind of the charm of it – and it's got my new favourite restaurant. It's in the show, actually: an Italian called Esther's Kitchen [**estherslv.com**], and I took [*The Last Leg* co-host] Alex Brooker there when he came to town recently.

The chef has worked with all these superstars like Gordon Ramsay, but he found this area that needed a bit of love and built the restaurant, then shops start popping up around it. There's some phenomenal little art galleries round there, too, and an amazing barbecue place called SoulBelly a couple of doors down [**soulbellybbq.com**].

THE ESCAPE

You can take a helicopter trip out to the Grand Canyon from Las Vegas, but it's actually only a two-and-a-half-hour drive – and it's truly awe-inspiring. From the Skywalk [a glass-floored horseshoe-shaped viewing bridge cantilevered out over the canyon; **grandcanyonwest.com/skywalk**], you can look down and see helicopters flying what looks like miles below you.

The money from the entry tickets goes back to the Hualapai tribe, who own that part of the canyon, and they can explain to you their history, what the land means to them and how it's such a religious place, with every rock sacred. They told me that people sometimes take stones home, but end up mailing them back because they start having bad luck.

The funny thing for me was that on the way there I was waiting to see if a show I was in would get renewed – and I found out it didn't. But if you're going to get bad news, that's the place to get it, because the views put everything in perspective. At the Grand Canyon, you're like, "Who cares?"

ED GRENBY

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Heythrop Park, Oxfordshire

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CONSIDERING BEING A LANDLORD?

Think carefully before hopping on the buy-to-let bandwagon as costs continue to rise, says PAUL LEWIS



BUY-TO-LET has provided an income and capital growth for millions. But with recent changes in tax and the law, and house prices stalling, is it a sensible plan?

Buy-to-let began on 24 September 1996 when the first mortgage loans were offered to people who wanted to buy a home to rent out rather than to live in. Changes in the law had removed rent controls and given landlords new powers to evict tenants as they saw fit. The buy-to-let market grew strongly,

'Tax relief is given at only 20% even if the landlord pays higher rates of tax'

and today there are nearly two million outstanding buy-to-let loans on up to five million homes. About a third of buy-to-let landlords own just one property.

Being a good landlord is a job. Your property has to be managed and maintained; bad tenants and missed rent payments have to be taken into account. And many legal rules have to be followed – from ensuring tenants have the right to rent in the UK, to gas and electricity safety checks. Since May, tenants have been given more rights, and the freedom to evict them for no reason has ended.

TAX CHANGES HAVE made buy-to-let less profitable, too. In the past, the interest on the mortgage could be deducted as a business expense by individual landlords from their profits. But since 2020, tax relief is given at only 20% even if the landlord pays higher rates of tax. There will be a general rise in income tax on rental income from April 2027 to 22%, 42%, or 47% depending on a landlord's total income (the mortgage interest relief will rise to 22% too). Landlords are also now subject to Making Tax Digital, which means they must file their financial results four times during the tax year and then a fifth time through self-assessment after the tax year ends. That currently applies to people with total self-employed and landlord income of £50,000 or more, falling to £30,000 in 2027/28 and £20,000 in 2028/29. People who buy a home to let it out pay extra stamp duty – 5% extra in England and Northern Ireland, between 4.86% and 5.7% extra in Wales, and 8% in Scotland, reducing any capital growth. Capital gains tax on the profit from selling has risen and may rise again. (Tax rules are different if the landlord holds the property in a limited company.)

If buy-to-let tempts you, think very carefully about the difficulties and costs before investing in it.

---

*Paul Lewis presents Money Box on Radio 4. To read more of his advice, see **radiotimesmoney.com***

QUESTIONS?
Send any questions to **Paul.Lewis@radiotimes.com.** I cannot answer you personally, but I will reflect them in this column.

EMMA LYNCH



MONEY PARTNER

COMPARE QUOTES

COULD YOUR PENSION PROVIDE INCOME OF UP TO 8.14% ANNUALLY?*

See how an annuity could turn pension savings into a guaranteed income for life, based on an illustrative September quotation

If you are approaching retirement, you may be considering how to turn your pension savings into a regular income. A lifetime annuity is one option. It converts some or all of your pension into an income that is guaranteed to be paid for the rest of your life. The amount available depends on factors including your age, pension value, health, lifestyle and the features you choose.

Here is an example of the guaranteed annual and monthly income that six annuity providers could offer:

PROVIDER	INCOME	MONTHLY INCOME	RATE
Legal & General	£9,152.88	£762.74	8.14%
Standard Life	£8,950.68	£745.89	7.96%
Canada Life	£8,804.04	£733.67	7.83%
Scottish Widows	£8,791.08	£732.59	7.81%
Aviva	£8,676.36	£723.03	7.71%
Just	£8,663.40	£721.95	7.70%

The figures above are based on a level income, paid monthly in arrears, with a ten-year guarantee. These figures are examples only. Rates can change and your own quotation may be higher or lower.

An annuity can provide the reassurance of a known income for life, but it is not the only way to use your pension. Other options may include pension drawdown, taking lump sums, or combining different approaches. Each option has different features, risks and tax considerations, so it is important to understand them before deciding what to do. Once a lifetime annuity has been arranged, it cannot usually be changed or cancelled.

The Radio Times Pension Service, provided by Pense, can help you understand your retirement income options in plain English. You can request a free, no-obligation Pension Report or use our online annuity calculator to see an illustration based on the information you provide. This is for information only and does not constitute personal financial advice.

To request your FREE no-obligation Pension Report, call **0808 531 0586** or visit **radiotimes.com/pense**

Illustration based on September 2026 quotations for a 66-year-old man with a £150,000 pension, taking tax-free cash, and specified health and lifestyle circumstances. Quotes provide a level income, paid monthly in arrears, with a ten-year guarantee. Rates depend on individual circumstances and are subject to change. Radio Times Pension Service is provided by Pense Limited. Radio Times is a trading name of Immediate Media Company London Limited, which is an Introducer Appointed Representative of Pense Limited, 1 Derwent House, Richmond Business Park, Sidings Court, Lakeside, Doncaster DN4 5NL. Pense Ltd is authorised and regulated by the Financial Conduct Authority, number 231629.

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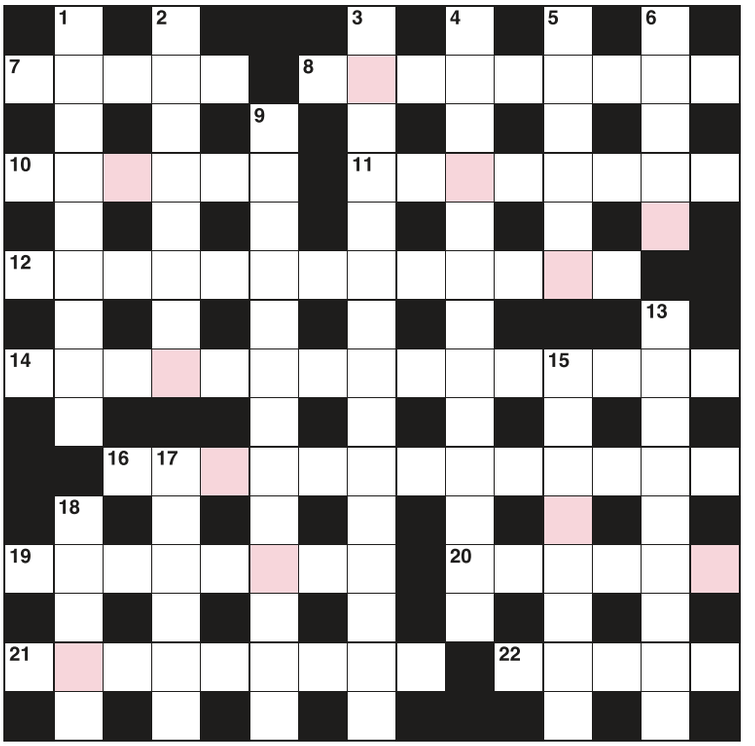
PRIZE CROSSWORD

ACROSS

7 Wobbly boxer? (5)
8 Moaning outside US city, making stable sound (9)
10 Front of sea fish with awful pong (6)
11 Chuckling butcher heading off (8)
12 Scout given gifts by snooker player (6,7)
14 Pilfers Heather's version of opera (3,5,7)
16 Doctor, having goal, ran out for heart, eg (8,5)
19 Kidney treatment as is idly carried out (8)
20 Provided, when back in gentle roof's underside (6)
21 Still funds for wager (4,5)
22 Birdsong tit begins by stream (5)

DOWN

1 Gear projection, each can cause facial problem (9)
2 Leak involving type that's shallow (4-4)
3 DCI Hunt and flying pipistrelle nigh (6,9)
4 Mogul joining river test is German (13)
5 Loudly cheering some fruit (6)
6 Rile when old car doesn't start (5)
9 Whatever sloth created for moving TV programme? (3,6,4)
13 Troubled admiral to behold protected animal? (9)
15 Cathedral at this point next to water crossing (8)
17 Only change directions for hosiery (6)
18 Woman is raising riddle (5)



PRIZE CROSSWORD 40



One winner will receive fresh flowers delivered to their door every fortnight for three months, courtesy of Neutradol. Refresh your home, carpets and car, by using Neutradol Room Spray, Slow-Release Gel and Carpet Powder. For the full Neutradol range and a chance to win a family holiday to Antigua, visit **neutradol.com**. To enter, fill in and post the coupon below, or email your answers to **crossword@radiotimes.com** putting CROSSWORD WEEK 40 in the subject line.

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Cut or copy this form. Closing date: 9 October. Solution published in *RT* dated 31 October. Send to: Radio Times Crossword Week 40, 44 Brook Green, London W6 7BT. Or email your entry to **crossword@radiotimes.com**, putting CROSSWORD WEEK 40 in the subject line. Please note, your contact details will only be used in order to contact the winner of the prize crossword.

EASY CROSSWORD

JUST FOR FUN! *Answers p131*

ACROSS

7 The very edge (5)
8 Gaiety, mirth (9)
10 Very much, extremely (4,2)
11 Famous building near Agra, India (3,5)
12 Independent means (7,6)
14 Medicinal plant with pale yellow flowers (7,8)
16 West Sussex town (4,9)
19 Walked leisurely (8)
20 Over-indulged, pampered (6)
21 The other way around (4,5)
22 Region of boggy land (5)

DOWN

1 DS Peter Boyd actor in *Waking the Dead* (6,3)
2 Yet to be verified (8)
3 Caribbean crime drama (5,2,8)
4 Old cinema employee (13)
5 Mummify, prepare for burial (6)
6 Pummel (dough) (5)
9 Crystal-ball gazer at a fair (7,6)
13 Found, set up (9)
15 Clear-headed, using logic (8)
17 Really loved (6)
18 Room in the roof (5)

WORDFINDER



Two winners will receive the drama series *Whitstable Pearl Series 2* (Acorn) starring Kerry Goldman. Unscramble the letters in the shaded boxes to reveal a TV show. To enter, send an email with your name, address and phone number to **wordfinder@radiotimes.com**, putting Wordfinder Week 40 in the subject line. Or post your entry to: Radio Times Wordfinder Week 40, 44 Brook Green, London W6 7BT. Closing date: 9 October

*To enquire about the winners of any of our competitions email **feedback@radiotimes.com**

PRIZE CROSSWORD 35 SOLUTION

PRIZE CROSSWORD 35 WINNER*
Ian Whitelaw, London

WORDFINDER 35
Miss Marple
Wordfinder winners
BM Prosser, Cardiff;
Dr Mike Steward, Middlesex



THIS WEEK'S PUZZLE ANSWERS

ONLY CONNECT
Street railway stations
Queen, Fenchurch, New, Lime
Pasta Ravioli, Linguine, Spaghetti, Tagliatelle
Leaders Tsar, Sultan, Pharaoh, Shah
Penguins Macaroni, Emperor, Rockhopper, Chinstrap

COUNTDOWN
How Rachel did it
75-8=67, **7+4**=11, 67X11=**737**

ENIGMA
Across Festival, Log, Laser, Conifer, Tibia, Sloe, Liquid, Ruckus, Phew, Daily, Trumpet, Opera, Hat, Confetti

Down Plural, Pitch, East, Aqueduct, Terrific, Victim, Carton, Bulldoze, Lifelike, Jest, Gorge, Surtax

POINTLESS
Alice's Adventures in Wonderland (24) *A Feast for Crows* (4) *Romeo and Juliet* (41) *Frankenstein* (70) *The Time Machine* (35)
So *A Feast for Crows* is the answer that the fewest people gave.

MASTERMIND
1 Elizabeth I **2** Cycling **3** Orange
4 Tony Hancock **5** Cavy
6 Universal **7** *Turandot* **8** Arabic
9 Arlo Parks **10** Marquis de Sade

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FEATURES ■ CD MP3/WMA playback ■ CD and USB Bookmark ■ DAB+/FM wavebands ■ 20 station presets ■ Bluetooth streaming ■ Station name display ■ Search/manual tuning ■ Adjustable sleep and snooze timer ■ Headphone socket ■ Measures 13.5 x 13.5 x 16.5cm



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DABSTATION CD AND CASSETTE PLAYER £69.99**

This compact stereo boombox comes with all the features to make it a perfect household companion: FM/DAB+ radio with 20 presets, CD and cassette players to listen to your favourite artists, a handy LCD screen and rotary control, as well as mains or battery operation. Comes in a sleek black finish.

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ONLY CONNECT

The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

HOW TO PLAY

Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

WITH
VICTORIA COREN MITCHELL

QUEEN	LINGUINE	PHAROAH	SPAGHETTI
RAVIOLI	EMPEROR	NEW	CHINSTRAP
TSAR	FENCHURCH	ROCKHOPPER	SHAH
MACARONI	SULTAN	LIME	TAGLIATELLE

TRY THESE CLUES: GROUP ONE: QUEEN, GROUP TWO: RAVIOLI, GROUP THREE: SULTAN, GROUP FOUR: MACARONI. ©RDF WEST



COUNTDOWN

Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each number only once, but you don't have to use them all.

737

75	5	4	2	8	7

WITH
RACHEL RILEY

SUDOKU 1080

				1	7			
1			5					
	3	5		4	8		1	
7						3	4	
2			7		1			9
	8	6						2
	7		9	5		8	2	
					3			5
			1	7				

HOW TO PLAY

Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9.
Difficulty: 17/20

SUDOKU NO 1079 SOLUTION

2	1	5	3	4	9	6	7	8
3	4	6	7	2	8	1	9	5
8	9	7	5	1	6	3	2	4
7	8	2	4	6	3	9	5	1
9	3	4	1	7	5	2	8	6
5	6	1	8	9	2	4	3	7
4	2	9	6	5	7	8	1	3
6	7	3	9	8	1	5	4	2
1	5	8	2	3	4	7	6	9

THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters — below the main grid — to start. The solution is on the previous page.
Difficulty: 17/20 Target time: 32 minutes

■	16	14	11	25	8	3	9	1	■	1	21	4	A
13	■	9	■	14	■	8	■	■	■	8	■	21	B
1	9	11	14	22	■	24	21	7	8	16	14	22	C
23	■	25	■	22	■	25	■	■	■	14	■	4	D
22	■	■	25	8	18	8	9	■	11	1	21	14	E
9	■	9	■	16	■	17	■	18	■	8	■	■	F
1	8	2	23	8	12	■	22	23	24	6	23	11	G
■	■	23	■	24	■	24	■	1	■	14	■	23	H
13	20	14	19	■	12	9	8	1	5	■	■	22	I
8	■	12	■	■	■	22	■	12	■	26	■	25	J
25	22	23	17	13	14	25	■	21	13	14	22	9	K
24	■	24	■	■	■	21	■	15	■	11	■	10	L
20	9	25	■	24	21	7	16	14	25	25	8	■	M
													N
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													Q
													R
													S
													T
													U
													V
													W
													X
													Y
													Z

1	2	3	4 G	5	6	7	8	9	10	11	12	13
14	15	16 F	17	18	19	20	21	22	23	24	25	26

THIS WEEK'S EASY CROSSWORD SOLUTION

ACROSS 7 Brink **8** Merriment **10** Ever so **11** Taj Mahal **12** Private income **14** Evening primrose **16** East Grinstead **19** Strolled **20** Spoilt **21** Vice versa **22** Marsh
DOWN 1 Trevor Eve **2** Unproven **3** *Death in Paradise* **4** Projectionist **5** Embalm **6** Knead **10** Fortune teller **13** Establish **15** Rational **17** Adored **18** Attic

TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. Proper nouns/foreign words not allowed. What is the nine-letter word?
Brainbox 33 words Average 21

C	O	E
A	V	N
T	I	O

CLIVE DOIG

TRACKWORD FOR LAST ISSUE nine-letter word DESICCATE
ace, aced, aces, act, ate, cat, cate, desi, desiccate, eat, eta, ice, iced, ices, scat, sceat, sea, seat, sec, sect, set, seta, setae, sic, tea
(Ref: Chambers English Dictionary)

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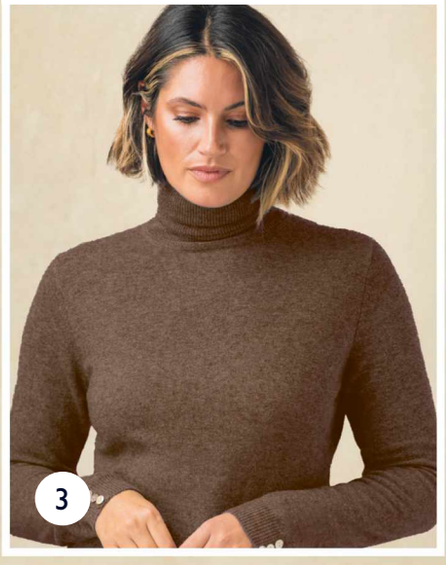
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POINTLESS

WITH RICHARD OSMAN AND ALEXANDER ARMSTRONG

Pointless asks a question of 100 people, and then asks contestants to choose the answer they think the fewest knew.

HOW TO PLAY Here are five characters from literary fiction who are not specifically named in that work of fiction. The authors and the initials of the title of the novel or play in which these people first appear are also given. Can you work out the titles and give us the most obscure answer?

NAMELESS CHARACTERS IN LITERATURE

HATTER AAIW – Lewis Carroll	**THE NURSE** RAJ – William Shakespeare
THE HIGH SPARROW AFFC – George RR Martin	**MONSTER** F – Mary Shelley
	THE TIME TRAVELLER TTM – HG Wells

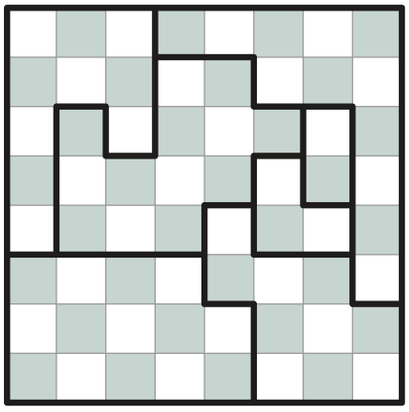
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SEVEN QUEENS

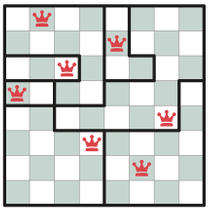
HOW TO PLAY

Each grid contains seven realms and within each you must place one queen. Each row, column and diagonal can only contain at most one queen; there will always be one row and column that contains no queen.

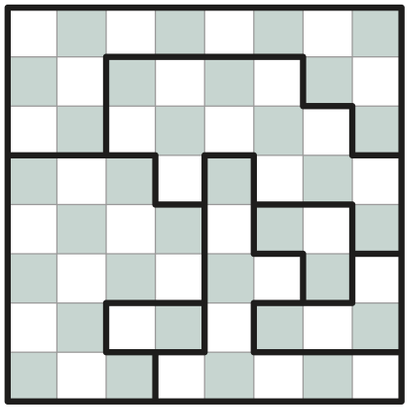
207 DIFFICULTY: ♛ ♛ ♛ ♛ ♛



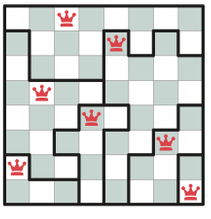
SEVEN QUEENS NO 205 SOLUTION



208 DIFFICULTY ♛ ♛ ♛ ♛ ♛



SEVEN QUEENS NO 206 SOLUTION



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◀ ANSWERS ON P129

DICTIONARY CORNER WITH SUSIE DENT



WORD OF THE WEEK
Hobnob

The act of hobnobbing involves socialising with other people, particularly those we perceive to be of higher status than us. The word's original uses, in the 18th century, had nothing to do with social climbing (or biscuits). In this period, it was part of a popular drinking ritual in which drinkers would toast each other alternately with the words 'hob or nob', meaning 'have or have not'. In other words it was a way of saying 'take it or leave it'. This kind of toasting became known as 'drinking hob or nob' until it finally settled on 'hobnob' and its meaning moved beyond drinking to any kind of companionship. It wasn't until the 20th century that hobnobbing took on negative associations of snobbery and the desire to move up in the world. As for biscuits, it was the convivial associations of the term that probably persuaded McVitie's to name their new biscuit the Hobnob in the 1980s.

MASTERMIND WITH CLIVE MYRIE



1 Which English monarch ordered the death of her relative, Mary, Queen of Scots, in 1587?

2 In 2011, Mark Cavendish was voted by the British public as BBC Sports Personality of the Year for his achievements in which sport?

3 Grand Marnier is a brandy-based liqueur flavoured with what citrus fruit?

5 *The Blood Donor* is a well-known 1960s episode of which British comedian's self-titled programme?

5 What commonly-used alternative name for the domestic guinea pig is more accurately a collective term for the numerous species of guinea pig and related rodents?

6 The logo of which American film studio features a globe with the studio's name across the centre?

7 When Italian composer Giacomo Puccini died in 1924 he left behind an unfinished opera that was later completed by his fellow countryman Franco Alfano in 1926. What is the name of the opera?

8 The six official languages of the United Nations, used in all official documents, are Chinese, Russian, English, French, Spanish and which other language?

9 What's the stage name of the singer who won the 2021 Mercury Prize, at the age of 21, for her debut studio album *Collapsed in Sunbeams*?

10 Which notorious French nobleman and author wrote the 1791 erotic novel *Justine*?

RT MONEY

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FEEDBACK

Edited by **CAROLINE FROST**

STORMY TIMES

I read with disbelief of the proposed changes of the BBC weather forecasts. Even though I look at digital forecasts, they are inferior to watching the movement of isobars, wind direction, rain tracking across the country etc, all explained by an expert. To read a 35 per cent risk of rain with an icon of a cloud and a raindrop on an app is meaningless, as shown by the number of people who express surprise at the weather, totally unprepared, while I, suitably dressed, reply that it had been forecast the previous evening on TV. It will be a sad day if this service is lost.

Gillian Perry
London

...I take issue with Caroline Frost's defeatist approach to the impending cuts to BBC weather bulletins in favour of digital content (Frostbite 29 August). Many people are interested in more than their local weather forecast. I enjoy the overview of the bigger picture provided by the synoptic charts, often delivered with technical explainers of unusual meteorological phenomena. It's not just information that I want, it's education and entertainment.

The BBC is foolish not to realise this, particularly when there's such interest around longer-term climate.

Adrian Fogarty
London

BRAIN DRAIN

I agree with Gary Stark (Feedback 5-11 September) that the inclusion of a special topic on *Brain of Britain* (Radio 4) has changed the programme for the worse. Specialist subjects that can be practised in advance disadvantage the listener and distort the results. It has previously been a general knowledge programme open to all. We quizzers welcomed the seemingly random selection of questions.

Doreen Davies
Gloucestershire

...Listeners of *Brain of Britain* are being robbed with the axing of the "Beat the Brains" section, a traditional interval feature of the programme since the days of Robert Robinson, when listeners got the chance to win a book token if they could stump the players with at least one of their submitted questions. This surely ranks as one of the most miserly of all the BBC's recent cutbacks.

David Kenrick
Cheshire

Brain of Britain producer David Bodycombe replies: Throughout its 70-plus year run, Brain of Britain has reinvented itself every so often. Replacing Beat the Brains with the Spotlight feature allows us to pack in more quizzing and understand what makes each competitor tick. I can assure you that writing 64 sets of specialist questions is not a cutback!



THROUGH THE AGES The stars of ITV's *7 Up*, now in their 70s

SHUTTERSTOCK; GETTY



NO LAUGHS HERE Sally Dynevor and Joe Duttine as *Corrie*'s Sally and Tim

LETTER OF THE WEEK

MORE CHEER IN WEATHERFIELD, PLEASE

One can only imagine a typical scriptwriters' meeting in the *Coronation Street* production office. "Right, what can we do to depress our core viewers? We've had the domestic abuse storyline involving Theo and Todd, the sexual grooming of Will, saddled Tim and Sally with a traumatised murder witness, given Debbie dementia and reduced Betsy to a husk of her former sparky self. We've had hospital and prison scenes featuring baby Harper and Sarah Platt. Surely we can make things even more depressing. Any suggestions?" "Ooh, what about Kit discovering he has breast cancer? That should put the tin lid on things!" What on earth is going on with a once witty and character-driven soap? The news is dark enough without a once warm-hearted drama following suit.

Simon Ireland *Eastbourne*



Simon Ireland wins a Roberts Ortus 2 clock radio. This DAB/DAB+/FM radio has dual alarms and an any-button snooze control, with three one-touch preset buttons and seven more DAB and FM presets in a separate menu. It also has a USB charging port so you can plug your phone straight in, plus an aux-in port. RRP £79.99. **robertsradio.com**

ROBERTS

ALL GROWN UP

The *7 Up* series (ITV1/ITVX) has been a remarkable achievement. With a simplicity and charm unrecognisable amid today's saturation of reality TV, it is also extremely powerful, dealing with the vista of human life, following these individuals' personalities, hopes and achievements, as well as their struggles and losses. It is profoundly moving and it's hard to imagine a TV reality programme today that could match its scope or accomplishments.

Jackie Hickton
Leeds



PROMS NOTES Scottish tenor Nicky Spence

OFF KEY FINALE

The 2026 *Last Night of the Proms* (BBC One and iPlayer, Saturday 12 September) was the best for many years for both music and theatre, but it was nearly ruined by the choice of camera angles. Did the camera team have some new kit to play with?

I would have switched to Radio 3, but then I would have missed the dance moves of Nicky Spence.

Yvonne Rose
North Yorkshire

...What has happened to the *Last Night of the Proms*? It has turned into a mishmash of classical and pop. The choice

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of music was incomprehensible and the items did not sit well together, while brash outfits and flashing lights turned the whole evening into a nightmare. The Barber piano concerto, despite being brilliantly played by the wonderfully talented Yuja Wang, was hardly a vote winner for anyone new to classical music. As for lauding Sir Henry Wood, the poor man must be turning in his grave.
Elizabeth Bates
Bath

LOOSE THREAD

Thank you for another wonderful year in the *Sewing Bee* workroom (BBC iPlayer). However, I feel a little torn. It seems as though creativity and originality often win through – and deservedly so – as the items have been amazing, but is it not a sewing competition?

We normally see many fashion items sewn by the contestants, but where are the cushions, the curtains, the blinds? Where are the embroidery and hand sewing, quilting and appliqué?

A skilled stitcher is typically beaten by the flair of an original design, which seems a little unfair for a show that is supposed to be about finding the person who is the best all-around needleworker.
Wendy Davies
Halesowen, West Midlands



TOPICAL COMEDY
The News Quiz with Andy Zaltzman is just one example of Radio 4's top-notch comedy offerings



A CASE TO BE SAVOURED

Watching the French version of *Maigret* on Talking Pictures TV, I've noticed how often scenes have Bruno Cremer with a glass of wine, taking his time over a good meal before returning to the case. It's a contrast with his UK counterparts, who are seen dashing from pillar to post with a snack in their hands. Is that a sign of the times, or does it reflect the adage that the French live to eat, but the British eat to live?
Maggie Cobbett
North Yorkshire



SEWN TO PERFECTION
Host Sophie Willan and this year's winner Anna (right)

LAUGHS APLENTY

I refer to Darren Gibb's letter bemoaning Radio 4's comedy output (Feedback 12-18 September).

Frank Muir and Denis Norden, and Ray Galton and Alan Simpson, primarily wrote for radio in the 1950s and 1960s and were indeed fine writers. In the 1980s, Jay and Lynn's *Yes Minister* and *Steptoe and Son* were both written for television first and then adapted for radio, so I would say they aren't examples of dedicated radio humour. It seems as though Mr Gibb couldn't think of any recent intelligent radio humour to match them. Perhaps I can help fill in some gaps.

From the 1960s onwards there have been *Round the Horne*, *Hitchhiker's Guide to the Galaxy*, *The Navy Lark*, *Absolute Power*, *The Burkiss Way*, *On the Hour*, *Radio Active*, *League of Gentlemen*, *Jeremy Hardy Speaks to the Nation*, *Old Harry's Game* and *Injury Time*, just to name a few.

Currently playing on Radio 4 are *Dead Ringers*, *Mark Steel's in Town*, *It's a Fair Cop*, *The News Quiz*, *Paul Sinha's Perfect Pub Quiz*, *Alexei Sayle's Imaginary Sandwich Bar*, *The Unbelievable Truth*, *Ed Reardon's Week* and *The Naked Week* – which are all, in my opinion, very funny and well-written programmes.

I can't help but think your correspondent would be much happier listening to *Dad's Army*, *Parsley Sidings* and *It's That Man Again*. Times have changed. We no longer have rationing!
Adrian Hawkins
Essex

WRONG DRAMA

Does *The Archers* (Radio 4 Sun-Fri) have the same scriptwriter as *EastEnders*?

After hearing Jolene shouting to Harrison, "Get out of my pub," I expected to hear Boom, Boom instead of *Barwick Green*. How much further away from the story can we get?
Angela Horner
East Sussex
RT says: "Doof, doof", surely?



Angela Horner wins Ripper Street – The Complete Collection (BBC Studios) the drama series set in Whitechapel in London's East End in 1889.

RT TRAVEL



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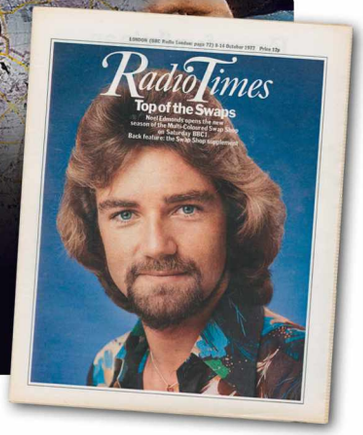
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CORE QUARTET *Swap Shop*'s Maggie Philbin, Keith Chegwin, John Craven and Noel Edmonds. Below: the cover of *RT* from 1977



TALKING SHOP

As *Multi-Coloured Swap Shop* turns 50, co-host JOHN CRAVEN celebrates a pioneer of interactive television

"THERE WERE SCEPTICS who said it wouldn't work – but it did!" Veteran presenter John Craven is talking about *Multi-Coloured Swap Shop*, BBC One's Saturday-morning children's show that was ground-breaking in many ways and which celebrates its 50th birthday this week. "To me, it seemed an almost unbelievable proposition," adds Craven, one of the *Shop's* core team and at 86 still a regular presence on *Countryfile*. "Never before had the BBC broadcast a three-hour-long live show that wasn't sport, was unrehearsed, didn't have a script, just a running order, and relied on children phoning in from home. But it did have Noel Edmonds who, as a star DJ on Radio 1, was used to flying by the seat of his pants. This, I thought, is something really new. Today we call it interactive television."

Edmonds was the calm captain who guided the show through the sometimes choppy waters of live broadcasting. It featured music, guests, cartoons and competitions, with its key component "Swaporama", an outside broadcast segment with Keith Chegwin. A news element was provided by Craven, and Maggie Philbin joined the squad in 1978.

"The bosses told me I was there, as the face of *Newsround*, to add 'some grit' to hours of fun-filled, light-hearted television. But after a couple of weeks, I started to join in the fun as well. I must admit it was good for my image – our young viewers knew I had to be serious with the news, but they saw me having a laugh on *Swap Shop*. I dressed up as Spock in our version of *Star Trek*, played an ugly sister in our panto and managed to put on more than 20 of my famous sweaters all at once in a bid for some kind of record. Happy days!"

The programme's title came from the series' producer then editor Rosemary Gill. "In a touch of brilliance, she had a batch of coloured cards – one colour for Noel, one for 'Cheggers', one for me, one for cartoons, one for guests – and she scattered them on a big board until she had a mix that she liked. Rose understood the challenges of live television [she worked on *Blue Peter* from 1962 to 1976] and we all loved and respected her."

CRITICAL TO THE show's success was Craven's chemistry with Noel, Keith and Maggie. "None of us had met before but we quickly became really good friends [in fact Chegwin was married to Philbin for 11 years]." Resident toys included dinosaur Posh Paws (Swap Shop almost backwards) and Craven sidekick Lamb.

Swap Shop set the template for the shows that followed, such as *Saturday Superstore* and *Going Live!* It was a case of "anything goes" but within BBC parameters – ITV's anarchic, flan-flinging rival *Tiswas* had a very different rulebook. "I don't think we ever took any notice of *Tiswas* and I'm sure they didn't care about us. We were different in every way."

Nevertheless, filling three hours of TV every week must have been nerve-racking – were there any touch-and-go moments? "One Saturday Noel and I were travelling in together and I got lost. We made it to the studio with only a few minutes to spare.

"Once, I was holding some letters from viewers that I was about to read out when Vincent, Noel's one-eared goat who was making a guest appearance, ate them. The beauty of *Swap Shop* was that when things went wrong, as they often did, we made it part of the show. When a cameraman bumped into the set he was given an L plate, on air." **MARK BRAXTON**

John Craven is on BBC One's Countryfile; The BBC plans to celebrate Swap Shop's 50th in its schedule next week; John's book Headlines and Hedgerows: a Memoir is available now



OUTDOORSMAN *Countryfile* co-host John Craven

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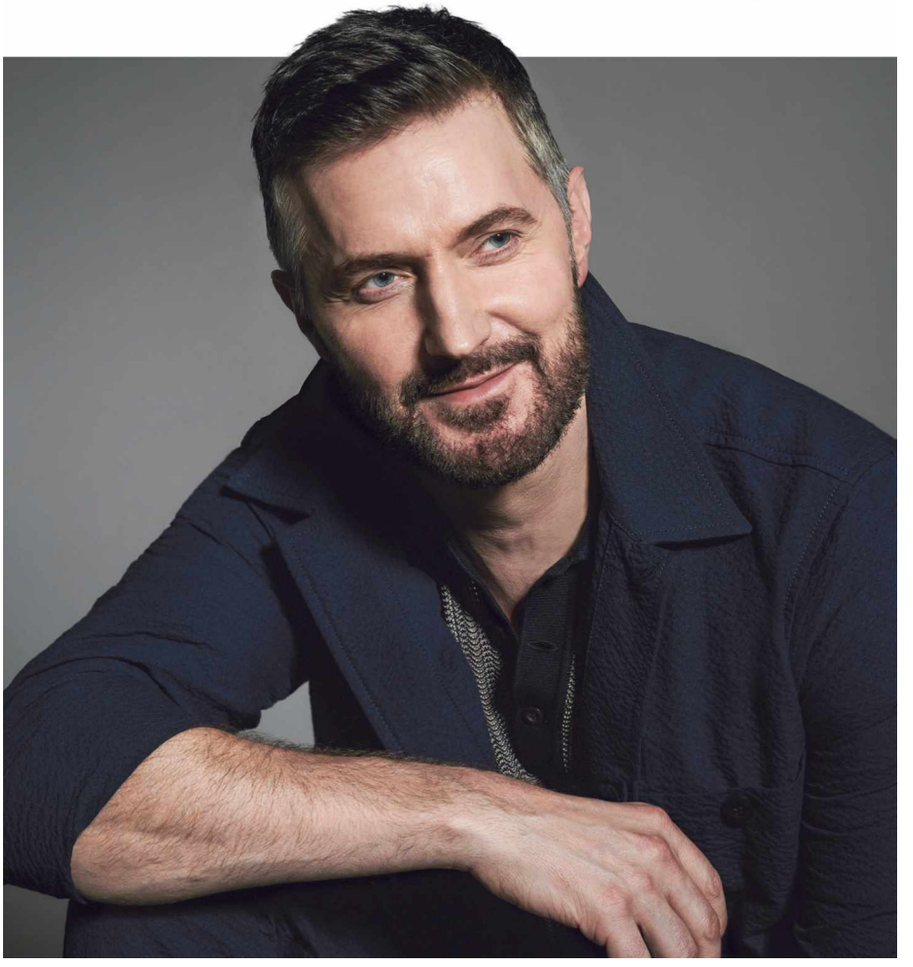
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'I FEEL COMPLETELY UNTETHERED'

The actor wants to retire to New York – but he also has a hankering for Hobbiton



RAY BURMISTON; GETTY

What's the view from your sofa?
I have two sofas, actually. One in New York and one in London, which is where I do a lot of writing. In London, I'm on the top floor so I can see lots of rooftops, which is weirdly very *Mary Poppins*. If I look to my left, I can see the London Eye, and if I crane my head round to the right, I can just about see The Shard.

Why New York?
After *The Hobbit*, everyone said, "You've got to go to LA," but I'm really not a sun, sea and sand person, and I wanted to do theatre, too. Then it became a place where I went for a relationship and stayed. People often talk about retiring to the quiet of the country. Not me. I'm retiring to the city. In New York, I look at people in their 70s and they're still cool, dressing however the hell they want, and going to the theatre every night. That's the retirement I want.

What are you working on at the moment?
I'm writing my third crime thriller. I was commissioned by Audible, so I write them to record them and they're audio for a year and then they go to print. I've been dipping into all kinds of twisted worlds and it's such a great outlet for me. My first two books have been optioned – one by Sony and the other by Jed Mercurio. I made the protagonist of the first book weak, flawed and, in a way, a villain and I got really criticised for it. Everyone was like, "We don't want to imagine you in that capacity," so it's been an interesting process.

You play maverick pathologist Dr Ethan Winter in your new drama, *Winter*. It's based on the Belgian drama *Balthazar*, which ran for five series, so are you in it for the long haul?
I hope so. I know that people roll their eyes when they hear "He doesn't play by the rules", but he really is unusual. He's a scientist, but because of something that's happened to him, he has this spiritual side to his character. That's not something you see often in a scientist.

Have you seen any dead bodies in real life?
Only my parents when they died. Being in the room with a person who's passed away is very different from being with the "dead bodies" of telly drama. Whatever it does to you is very, very different. I did research for *Winter* and went to the morgue at Leicester Royal Infirmary, which is the hospital I was born in. I didn't see any dead bodies, but I could smell them.

Has losing your parents changed your perspective on your life and career?
Obviously, there's the devastation of losing your parents, but then, and I feel guilty saying this, I feel untethered. You realise that so much of your drive and energy is about making your parents proud, and when they're gone, you're like, "What have I got to lose? I'm not going to disappoint them or shame them any more." So, completely untethered, I played Herod in *Jesus Christ Superstar* at the London Palladium, because I knew they weren't around to say, "Oh, that wasn't very good."

What – or where – feels like home to you?
I call it the last haven – the place you can go back to when everything else in the world goes to s**t. It's like there's a thread that pulls you back there. I feel like that about New Zealand. I spent two and a half years there [from 2011, filming *The Hobbit*] and I still have this sense that if everything else goes wrong, I'll get on a plane to New Zealand and the Jacksons [Peter Jackson directed *The Lord of the Rings* and *The Hobbit* trilogies] will take care of me.

GARETH McLEAN

Winter starts on Wednesday at 9pm on ITV1 and ITVX

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Watching *Falcon Crest* with my mum; it's at the forefront of my mind because I just did a convention and Lorenzo Lamas was there.

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PERFECTLY TIMED GETAWAYS

_RT_'s travel expert ED GRENBY reveals when to get the best out of Europe's hotspots

There is a moment every summer when Europe stops being quite so much fun. The gorgeous little square you'd imagined yourself sitting in suddenly resembles a railway station concourse; the beach is a blast furnace; and you're too embarrassed to ask whether the €18 price tag on that Aperol spritz is a joke or not.

Which is why savvy travellers are increasingly moving their European holidays away from high summer. September and October can mean warm seas and still-sunny days; spring brings wildflowers and good walks; even winter has its own snowy appeal. And prices? Average airfares from the UK to the continent are significantly lower outside the school holidays.

Saving money is only half the point, though. Off-peak is when Europe becomes more itself: tour buses disappear and locals take over, a contented murmur replaces the mobile-phone cacophony, lunches get more languorous.

Here are eight places – and eight times – where waiting until summer is over can make a good holiday even better.

SEVILLE, SPAIN

GO IN: OCTOBER

Seville in August is for people who enjoy sightseeing while standing inside a hairdryer. In October, by contrast, you can concentrate on the sights rather than wondering whether your eyebrows are about to catch fire.

You can spend the day exploring the magnificent Real Alcázar, walking beneath the orange trees around the city's famous cathedral and crossing the Guadalquivir River into the vibrant neighbourhood of Triana, and still have enough energy left for tapas and a late-night flamenco show. October typically brings daytime highs in the mid-20°Cs, and it's still pleasant come evening. The historic centre is gloriously atmospheric after dark, too, and the terraces remain lively.

Still a bit intense for you? Escape the city for a day – the white villages and Andalusian countryside are at their best in soft autumn light.



MOORISH
Seville's Real Alcázar



FOUR LEGS GOOD
Explore the city the slow way

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CRETE, GREECE

GO IN: SEPTEMBER

September is the month when Crete quietly steals back summer from the calendar. The school holidays are over, the great August migration has started to reverse, but the Mediterranean has been absorbing sunshine for months and remains almost bathwater warm, while the fierce winds that can make some beaches feel exposed in high summer tend to ease.

This makes the island unusually versatile: you can still spend the morning swimming, but you can also hire a car and head into the mountains without feeling that you have volunteered for a sponsored hike through a frying pan.

And Crete's tavernas don't close when the package-holiday season winds down. If anything, the experience becomes more relaxed. Order grilled fish, some local cheese and a glass of wine and settle in.



GOOD OLD DAYS
Enjoy Knossos without the crowds

SICILY, ITALY

GO IN: NOVEMBER

November might sound like an odd time to visit Sicily – until you remember that the island is much more than just beaches.

Yes, you can forget the classic summer combo of swimming and sunbathing. But if your idea of a good holiday involves ancient ruins, volcanic landscapes, brilliant food, atmospheric towns and consuming your own baggage allowance in pasta, November starts looking rather clever. Daytime temperatures on the coast can still reach around 20°C, while the island's biggest attractions (the Valley of the Temples, Taormina's ancient theatre, the Baroque towns of the south) are dramatically quieter, and Mount Etna may already be dusted with snow.

November is also an excellent month for eating. The olive harvest is ending, the season's first oil appears in markets, and mushrooms, chestnuts and early citrus fruit join the island's formidable culinary arsenal.

Some beach businesses and seasonal hotels will shut for the winter, but hire a car, explore Palermo or Syracuse – and accept that the odd rain shower is a small price to pay for having the place largely to yourself.

PROVENCE, FRANCE

GO IN: MAY

Provence in high summer can feel like somebody has turned the colour saturation settings too high. In May, the colours are softer, the countryside is green and the whole region feels gloriously alive.

This is the time for Aix-en-Provence café terraces, village markets, hilltop towns and lunches so long they're in danger of becoming dinners. Head into the Luberon to explore villages such as Gordes and Roussillon, or simply drive between vineyards and stop whenever something looks interesting. In spring, the tourist-magnet lavender is not yet in full blaze: instead, wildflowers and blossom give the landscape a freshness that disappears as the heat builds.

Most importantly, May gives you that lovely European sweet spot: warm enough to eat outside, but cool enough to walk around happily afterwards. And travelling before everyone else arrives reveals villages that are actually places where people live, rather than elaborate outdoor film sets.



COLOUR WASH
Cours Saleya market, Nice

VOLCANIC SHADOW
The ancient theatre at Taormina offers spectacular views

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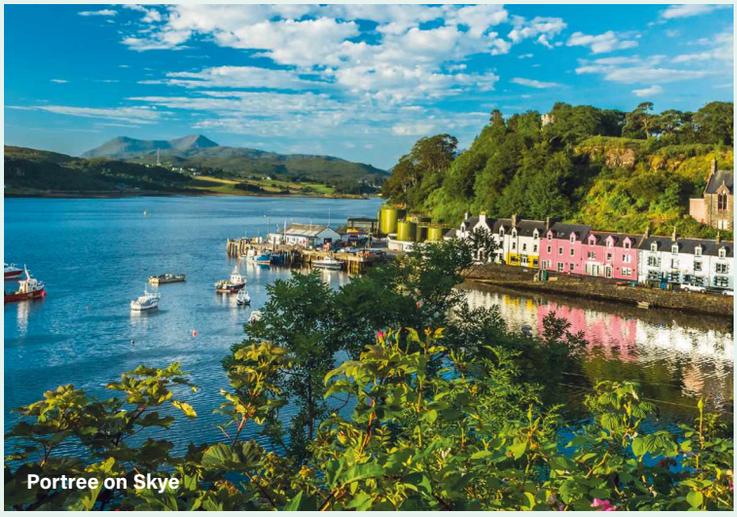
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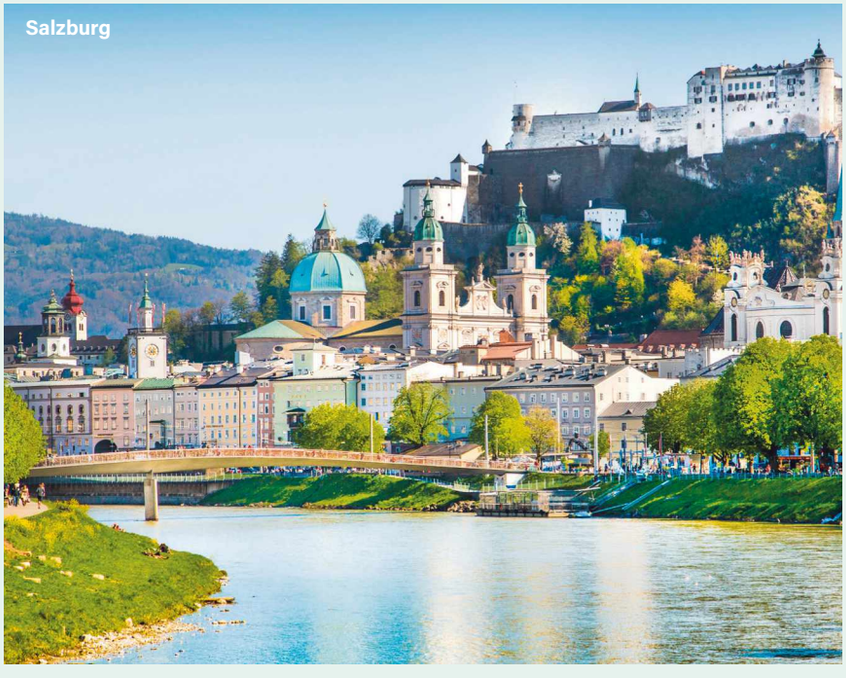
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RIVIERA TRAVEL is the UK's leading river cruise and tour operator, with over 40 years' experience in bringing to life the world's most fascinating destinations. Their uniquely crafted itineraries, authentic experiences with local experts, award-winning reputation and honest pricing policy are all reasons to book with Riviera Travel.


Salzburg

THE BLUE DANUBE – VIENNA, BUDAPEST AND SALZBURG

Eight days from £1,899pp
Departures April 2027–October 2028

Unwind on our magical river cruise along the course of Eastern Europe's mightiest waterways.

YOUR CRUISE INCLUDES
- Return flights plus transfers
- Seven nights on board a five-star ship in your choice of spacious cabins with window or French balcony
- Delicious full board dining (except one lunch if taking the Salzburg excursion), plus Chef's Dinner
- Free drinks package
- Complimentary on-board tea, coffee, and wi-fi
- Expert Riviera Cruise Director and Cruise Host
- All port charges and airport taxes
- 20kg+ checked luggage

YOUR EXPERIENCES
- Seven guided tours including the Esztergom Basilica, Bratislava, Dürnstein, Melk Abbey, Linz or Salzburg, Vienna and Budapest
- Live classical quartet recital and Hungarian folklore show on board
- Option: visit the Spanish Riding School in Vienna, from £35 per person

To book, for more details, or to request a brochure, please call **01283 901 234**


Ronda

CLASSICAL SPAIN – SEVILLE, CÓRDOBA AND GRANADA

Seven days from £1,059pp

Departures February–November 2027

Andalucía is one of the most beautiful corners of Europe, where the excesses of modern life do not seem to have taken root and travellers are welcomed as honoured guests. It is the Spain of Carmen, Figaro and flamenco. Rich with the legacies of the Moors and Romans, its charm and serenity will captivate you.

YOUR TOUR INCLUDES

- Return flights plus transfers
- Six nights in three-star superior and four-star accommodation
- Daily breakfast
- The services of our experienced and insightful Tour Manager

YOUR EXPERIENCES

- Two guided tours including Seville and the Mezquita, Córdoba
- Enjoy the tastes and traditions of tapas in Seville
- Four visits including Granada and the outstanding Alhambra Palace, Córdoba and Ronda

HELSINKI, RIGA AND TALLINN

Eight days from £1,419pp

Departures April–October 2027

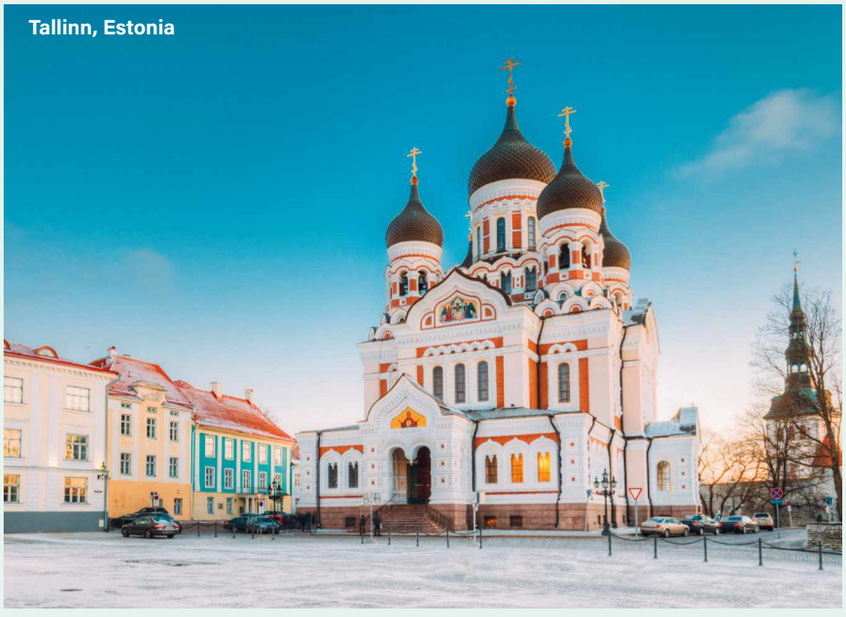
Take the opportunity to wander through a maze of old-town streets, marvel at a melting pot of architecture and immerse yourself in the atmosphere of this wonderful corner of Europe.

YOUR TOUR INCLUDES

- Return flights plus transfers
- Seven nights in four-star accommodation
- Daily breakfast and three dinners
- Ferry crossing from Helsinki to Tallinn
- The services of our experienced and insightful Tour Manager

YOUR EXPERIENCES

- Guided tour of the Finnish capital Helsinki
- Explore the Suomenlinna Fortress, an impressive UNESCO World Heritage Site with a local guide
- Visit to the Latvian capital Riga, with a guided walking tour of the Historic Centre
- Explore the Estonian capital Tallinn on a guided walking tour
- Journey across the Gulf of Finland to Estonia by ship


Tallinn, Estonia


Ravello

POMPEII, CAPRI AND THE BAY OF NAPLES

Eight days from £1,599pp

Departures March–November 2027

The Sorrento peninsula and the Bay of Naples are located in one of the most beautiful corners of Europe, attracting visitors in search of outstanding scenery, tranquillity and wondrous sights from history.

YOUR TOUR INCLUDES

- Return flights plus transfers
- Seven nights in three- to four-star accommodation
- Daily breakfast and dinner *(stays at the Hotel Michelangelo are on a B&B basis)*
- The services of our experienced and insightful Tour Manager

YOUR EXPERIENCES

- Four guided tours including Naples, Sorrento, Herculaneum and Pompeii
- Three visits including the Sorrento countryside, the Rufolo Gardens and Ravello
- Take a boat trip to Capri
- Travel along the scenic Amalfi Coast

*Save up to £750pp on selected Riviera Travel European Tour, Worldwide tours, River Cruises and Yacht cruises departing in 2027. Valid in new bookings only made between 1 September–28 October 2026. Offer is available while availability lasts. Saving has already been applied as a price reduction to the advertised price. Prices are per person based on two people sharing a cabin or a room. Additional entrance costs may apply. All holidays subject to availability. Images used in conjunction with Riviera Travel. Operated by and subject to the booking conditions of Riviera Tours Ltd, ABTA V4744, ATOL 3430, IATA 9127440. Riviera Travel, New Manor, 328 Wetmore Road, Burton-on-Trent DE14 1SP. Prices correct at time of print.

or visit **radiotimes.com/holidayoffers**

ABTA No. V4744

RT TRAVEL

LAST CHANCE SAVINGS



Hagia Sophia, Istanbul

ISTANBUL, EPHESUS AND TROY

SAVE UP TO 15%*

Nine days from £1,741pp Departures April 2027–March 2028

Explore one of the world's most exciting cities and uncover the treasures of ancient Turkey on a truly fascinating walking tour.

HIGHLIGHTS AND INCLUSIONS

- Eight nights' mixed-board accommodation at hotels in Istanbul, (3 nights), Canakkale (1), Bergama (1) and Kusadasi (3)
- See Istanbul's Blue Mosque, Hagia Sophia and the famed Topkapi Palace
- Discover wonderful Pamukkale on an optional excursion
- Be amazed by the ruins of Ephesus
- Step back in time in ancient Troy and Pergamon
- Journey south via Anzac Cove
- Explore shoreside Kusadasi
- Return flights from the UK to Istanbul (returning from Izmir via Istanbul), with coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager



ANCIENT GREECE UNCOVERED

Eight days from £1,673pp
Departures Apr 2027–Oct 2028

A fascinating journey that brings to life the wonders of the Classical Greek civilisation and the Byzantine and Roman periods.

HIGHLIGHTS AND INCLUSIONS

- Seven nights' carefully chosen bed and breakfast accommodation
- Discover Athens and its treasure chest of archaeological sites
- Explore the UNESCO World Site of Mycenae
- Visit the Corinth Canal and Epidaurus
- Discover historic Delphi
- Wander around the site of Olympia, the home of the Olympic Games movement
- Return flights to Athens, with coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager



THE BEAUTIFUL FJORDS OF WESTERN NORWAY

Eight days from £1,585pp
Departures Apr–Oct 2027

This hugely popular holiday is a marvellous introduction to one of the world's most beautiful locations.

HIGHLIGHTS AND INCLUSIONS

- Seven nights' half-board accommodation at the four-star Kviknes Hotel in Balestrand, on Sognefjord
- Discover the region on a 'Fjord Life' tour
- Experience a warm welcome, stunning scenery and beautiful views
- Tour Norway's interior on unforgettable optional excursions to the Jostedal Glacier, and to Myrdal, Flam and Gudvangen
- Return flights to Bergen, with coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager



BALTIC CAPITALS – TALLINN, RIGA AND VILNIUS

Eight days from £1,393pp
Departures Apr–Oct 2027

Long-held traditions and breathtaking sights await in Eastern Europe's most intriguing areas.

HIGHLIGHTS AND INCLUSIONS

- Seven nights' bed and breakfast accommodation
- Discover the rich cultural heritage of Tallinn
- Witness Latvia's most famed sights with a guided excursion around lively Riga
- Call at the exquisite Rundale Palace and the Hill of Crosses, a Lithuanian pilgrimage site
- Learn about Lithuania's cultural background with a local guide in Vilnius
- Return flights, with coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager

To book, request a brochure or find out the latest offers, call **0303 330 0892** quoting RTA, or visit **radiotimes.com/holidayoffers**

WINNER BRITISH TRAVEL AWARDS 2025 WINNER 13 YEARS IN A ROW!

Trustpilot Excellent Based on more than 20,000 reviews

Newmarket HOLIDAYS

*Save up to 15% applies to select tour bookings made by 30 September 2026 and cannot be applied retrospectively to bookings already confirmed. Offer applies to select tours only and cannot be combined with any other offer. Exclusions apply. Prices shown include discount. Single supplements apply. Prices correct at time of print. Subject to availability and may be withdrawn at any time. These holidays are organised and operated by Newmarket Holidays Ltd. ABTOT 5509. ATOL protected 2325. ABTA V7812



ON THE HILL
Medieval Motovun



WONDERLAND
Magical Icelandic landscape

ISTRIA, CROATIA

GO IN: OCTOBER

If your idea of Croatia begins and ends with Dubrovnik and a beach towel, you are missing one of Europe's most delicious corners. Istria is the Croatian peninsula that juts into the Adriatic towards Italy, and autumn is when its inland villages really come into their own. The beaches and coastal resorts are still there, of course, but the real attraction now is edible: wine, olive oil, wild mushrooms and, above all, truffles.



EDIBLE LUXURY
Croatian truffle

October is the peak season for Istria's precious white truffles, with festivals and events running through the autumn. You can head into the forests around Motovun and the Mirna valley, explore medieval hill towns, then sit down to a plate of pasta showered with the sort of ingredient that normally appears on menus accompanied by an alarmingly high price tag.

The grape harvest and new-season olive oil add to the autumn bounty, while the summer crowds have largely disappeared from the peninsula's pretty coastal towns.

It's an excellent place to remember that off-peak doesn't have to mean bleak. Sometimes it means arriving just as a destination's best produce does.

ICELAND

GO IN: FEBRUARY

February in Iceland is proper winter, with snow, short days and temperatures that make the average British winter feel positively tropical. But it's also Northern Lights season – and those long hours of darkness are an asset.

Base yourself in Reykjavík and you can combine the city's cafés, restaurants and museums with excursions into a landscape that looks as though someone has been given an unlimited special effects budget. Waterfalls freeze at the edges, ice caves and glacier walks become possibilities, and then there's the evening wait for that great green smear of aurora to appear in the sky.

Icelandic weather can change rapidly, roads can become difficult and rural journeys may be disrupted, so this is not the month for a 24-hour micro-break. But embrace the weather rather than fighting it and Iceland becomes a wonderfully elemental winter escape. There are few better holiday experiences than sliding into steaming geothermal baths while snowflakes fall on your head.

GETTY; ALAMY

WINTER SUN
Hallgrímskirkja in Reykjavík, Iceland's largest church



BUY ONE GET ONE HALF PRICE*

Rovinj

FOUR-STAR CROATIA'S ISTRIAN RIVIERA

Eight days, first person from £1,779, second person now from £889.50 with code RTHALF. Dep May, Jun and Sept 2027. Book by 30 Oct 2026

Discover Croatia's Istrian Riviera – a stunning coastline known for its beautiful scenery, picturesque islands and pretty villages. You'll stay in the charming resort of Poreč, a favourite for its coastal setting and architectural heritage. Enjoy relaxing beach time, leisurely promenade walks, and a wonderful range of included excursions and visits – all carefully planned for you.

YOUR TOUR INCLUDES

- Excursions to Pula and Rovinj and Krk Island
- Wine tasting
- Excursion to Slovenia visiting the Postojna Caves and Predjama Castle
- Seven nights' half board accommodation in a four-star hotel, in a twin/double bedrooms with en-suite bathroom
- Return flights from eight airports, luggage and hotel transfers
- Services of a Mistral Holidays Tour Manager
- ATOL protected

ACCOMMODATION

The newly upgraded four-star Valamar Parentino Hotel is surrounded by gardens, and the stunning Adriatic seafront and blue flag pebble beach is just 200m away.

With more than 30 years' experience, MISTRAL HOLIDAYS specialises in high-quality, competitively priced holidays, from resort stays and escorted coach tours to air holidays, yacht cruises and city breaks. An award-winning tour operator, Mistral has been recognised for its customer care and holiday expertise, with a dedicated team committed to providing excellent service from start to finish. Holidays are ABTA bonded and air holidays are ATOL protected, giving customers added peace of mind when booking.



BUY ONE GET ONE HALF PRICE*

Vernazza, Cinque Terre

ITALIAN RIVIERA

CINQUE TERRE, PORTOFINO AND TUSCANY

Eight days, first person from £1,449, second person now from £724.50 using code RTHALF. Dep Apr, May, Jun, Sept and Oct 2027. Book by 30 Oct 2026

Discover the wonderful contrasts of the Italian Riviera and Tuscany on this superb holiday to one of the most beautiful regions of Italy, with an included programme of excursions to exclusive resorts and breathtaking coastlines, historical cities and ancient towns, picturesque villages and rolling hills.

YOUR TOUR INCLUDES

- Excursions to Florence and a guided tour, Portofino and boat trip, Pisa and Lucca, Cinque Terre and train ticket
- Seven nights' half board accommodation in a three-star hotel, in a twin/double bedroom with en-suite bathroom
- Return flights to Pisa from 12 regional airports, luggage and hotel transfers
- Services of a Mistral Holidays' tour manager
- ATOL protected

ACCOMMODATION

The family-owned Hotel La Pace is typical of the three-star hotels we use on this holiday. All our hotels have a bar and the continental breakfasts and evening dinners are taken in the hotel's dining room. An upgrade to a four-star hotel is available for a supplement.

To book, please call **01352 756864** quoting RTHALF, or visit **mistralholidays.co.uk/rt**



UNDISCOVERED ITALY

PUGLIA, MATERA, LECCE, OSTUNI AND ALBEROBELLO

Eight days, first person from £1,679, second person now from £839.50 using code RTHALF. Dep Apr, May, Jun, Sept and Oct 2027. Book by 30 Oct 2026

Balance exploring – with visits to Lecce, Matera, Locorotondo, Alberobello and a visit to a vineyard – with time to enjoy a more leisurely pace of life.

YOUR TOUR INCLUDES

- Excursions to Alberobello and Ostuni, Lecce and Matera
- Visit the Sassi Caves in Matera
- Excursion to Locorotondo, Martina Franca and wine tasting
- Seven nights' half board at a four-star resort hotel, in twin/double en-suite rooms
- Open bar 8.30am–11.30pm serving local-brand drinks
- Return flights from 7 airports, luggage and hotel transfers
- Mistral Holidays Tour Manager
- ATOL protected

ACCOMMODATION

The four-star Riva Marina Resort is situated close to the Adriatic coast by the small village of Specchiola. The resort has extensive Mediterranean village style grounds and offers a wide range of facilities.

SORRENTO, CAPRI, POMPEII AND THE AMALFI COAST

Eight days, first person from £2,249, second person now from £1,124.50 using code RTHALF. Dep Apr-June and Aug-Oct 2027. Book by 30 Oct 2026

The Sorrento Peninsula overlooks the sparkling Bay of Naples, with a backdrop formed by dramatic hills, their slopes covered with orange and lemon trees, olive groves and vineyards.

YOUR TOUR INCLUDES

- Excursions to Capri and Pompeii
- Amalfi Coast cruise, including visits to Positano and Amalfi
- Sorrento walking tour and limoncello tasting
- Seven nights' half board at a four-star hotel, in twin/double en-suite rooms
- Return flights from nine airports, luggage and hotel transfers
- Mistral Holidays Tour Manager and local guides
- ATOL protected

ACCOMMODATION

The four-star Hotel Aequa in the cliff-top town of Vico Equense is only a few minutes' walk from pavement cafes, restaurants and shops. The hotel is set in its own gardens with stunning views over the Bay of Naples.





FOUR-STAR CLASSICAL SPAIN & ANDALUCÍA

SEVILLE, GRANADA, CÓRDOBA AND RONDA

Eight days, first person from £1,649, second person now from £824.50 using code RTHALF. Dep Apr, May, Jun, Sept and Oct 2027. Book by 30 Oct 2026

With its warm climate and lots of sunshine, outstanding natural beauty and historical cities such as Seville, Granada and Córdoba, Andalucía has always been a favourite with holiday-makers.

YOUR TOUR INCLUDES

- Full-day excursions to Seville, Granada, Ronda and Córdoba
- Alhambra Palace gardens entrance and guided tour**
- Seven nights' half board at the four-star Hotel Antequera Hills
- A glass of wine or mineral water with evening meals
- Return flights from 21 airports, luggage and hotel transfers
- Mistral Representative in resort
- ATOL protected

ACCOMMODATION

The four-star Hotel Antequera Hills in Antequera is within walking distance of the town centre. The hotel has an outdoor swimming pool (seasonal), its own gardens and terrace, a bar and restaurant. Ensuite bedrooms have satellite TV and telephone.

Open Mon–Fri, 10am–5pm. Operated by Mistral Holidays (ABTA V0669, ATOL 6900). Subject to availability. Prices are per person, based on two sharing a twin/double room; single room supplements apply and flight supplements apply from some airports and dates. *Discount applies to new air holiday bookings only, on the base holiday price, and must be applied at booking. Offer ends 30 Oct 2026 and cannot be combined with other offers or codes. Offer excludes supplements and upgrades. Prices correct as of 14 Aug 2026 and subject to change. Alternative hotels of the same standard may be provided if required. Full terms and holiday details are available on the Mistral Holidays website. Italian Riviera: accommodation will be in a selected three- or four-star hotel in Lido di Camaiore, Marina di Pietrasanta or Forte dei Marmi. Not all four-star hotels have a swimming pool. **Alhambra: Named entrance tickets must be booked by Mistral Holidays at least 10 weeks before departure.

Mistral Holidays



Funchal, Madeira

RT TRAVEL

CANARY ISLANDS AND MADEIRA

14 nights from £2,049pp
Sail aboard *Bolette* from Liverpool, departing 7 Dec 2026
Enjoy up to £150pp on-board credit with our exclusive code RP26RT

Year-round warmth awaits on this cruise to the Canary Islands, where palm-lined promenades and sun-drenched beaches invite relaxation. We've also timed an extended stay in La Palma – a world-renowned stargazing destination – to coincide with the Geminid Meteor Shower, offering a spectacular chance to witness this celestial display. Beyond unwinding, you can also set off on a dolphin-watching tour or sample traditional papas arrugadas with mojo sauce. Meanwhile, Madeira's lush landscapes and exotic flowers thrive in its subtropical climate, best admired in the botanical gardens or along the levada walking trails.

YOUR INCLUSIONS

- Witness the Geminid Meteor Shower from *Bolette's* decks
- Savour Canarian dishes like papas arrugadas with mojo sauce
- Enjoy the winter sun in the Canaries, and explore Madeira

Alongside comfortable cabin accommodation, and peace of mind perks such as our Satisfaction Guarantee and all UK port taxes and fees being covered, your cruise price includes all of the following:

- Five-course à la carte dinners
- Daily casual dining options
- Late night Supper Club
- Afternoon tea
- Self-service tea and coffee
- Evening shows
- Live music, dancing and dance classes
- Pre-book fitness classes
- Enrichment lectures and expert talks
- A variety of on-board activities
- Swimming pools and jacuzzis
- Fitness centre and classes

Freedom Fares also include:

- Free shuttle service (for ports over one mile from the ship)
- Selected drinks with lunch and dinner
- Gratuities

For more information, or to book, call **03330 604 959** quoting RP26RT, or visit **fredolsencruises.com/rt**

Terms and conditions apply. *On-Board Credit benefit is valid for new bookings only made between 1 July 2026 and 31 December 2026, cannot be applied retrospectively and is not combinable with any other discounts or offers. The On-Board Credit offer is applicable on selected sailings and the amount varies depending on the cruise duration. Readers will need to present their Reader Promotion booking code and at the time of booking. The On-Board Credit is automatically applied to your on-board account and cannot be transferred, refunded or exchanged for cash. Visit fredolsencruises.com/legal/terms-and-conditions for full T&Cs. E&OE.

Fred.Olsen Cruise Lines


ROLLING HILLS
Vineyards in the Douro

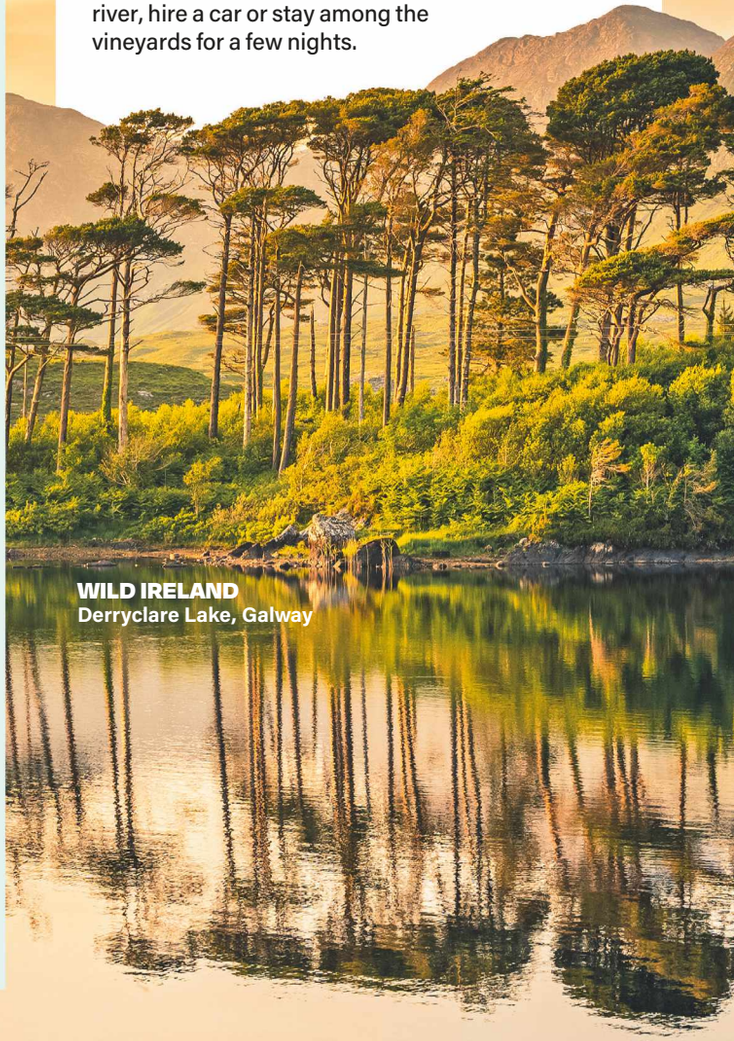
PORTO AND THE DOURO, PORTUGAL

GO IN: APRIL

Porto works beautifully as a spring city break because you get two holidays for the price of one: a handsome, slightly scruffy riverside city followed by one of Europe's great wine landscapes.

In Porto itself, April is ideal for wandering. Explore the tiled churches and steep lanes, cross the Dom Luís I Bridge and spend an afternoon in a port lodge in Vila Nova de Gaia, where you can pretend that tasting several different fortified wines counts as cultural research.

Then head inland into the Douro Valley. Spring brings bright green vineyards, wildflowers and comfortable temperatures for walking, boat trips and simply staring at the terraces climbing the hillsides. The Douro is better seen rather than photographed, so take the train along the river, hire a car or stay among the vineyards for a few nights.


WILD IRELAND
Derryclare Lake, Galway

GETTY

WESTERN IRELAND

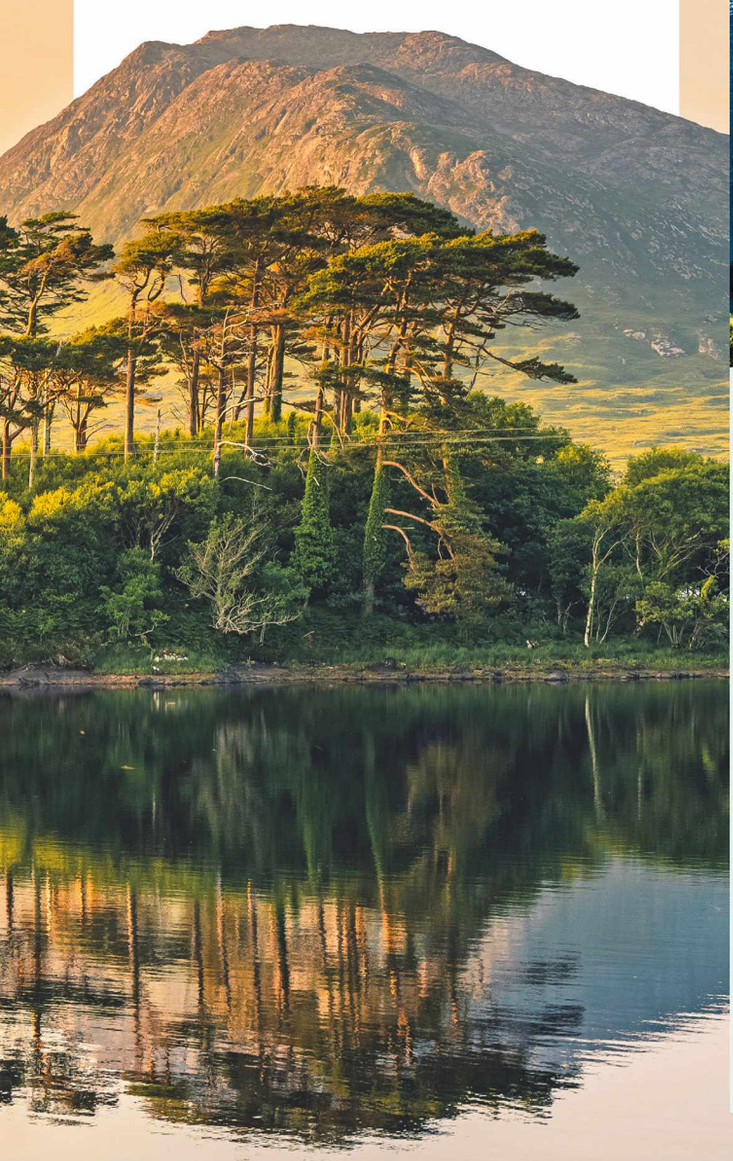
GO IN: JUNE

Yes, Ireland has weather. It's worth accepting this early. And the reward for doing so is one of Europe's most beautiful summer escapes, particularly once you leave Dublin behind and head west towards Galway, Connemara, Mayo or Kerry. June means long days and enough light to make the most of the Wild Atlantic Way while avoiding the busiest part of the traditional summer season – which is good, because this is road-trip country.

Stop at a beach that appears out of nowhere, take a detour because a sign points to an interestingly named village, walk along a cliff, then find a pub with traditional music and discover that your carefully planned itinerary has just been abandoned.

The landscape is the obvious star – mountains, islands, cliffs, bogs and enormous skies – but the pleasure is in the spaces between the headline sights, whether that's a ruined abbey in the middle of nowhere or a raucous seafood lunch beside the harbour in Galway.

June gives you the advantage of those long northern European evenings, too: you can still be out exploring at 9pm – then find somewhere warm and welcoming *before* the Atlantic weather reminds you whose country this is.



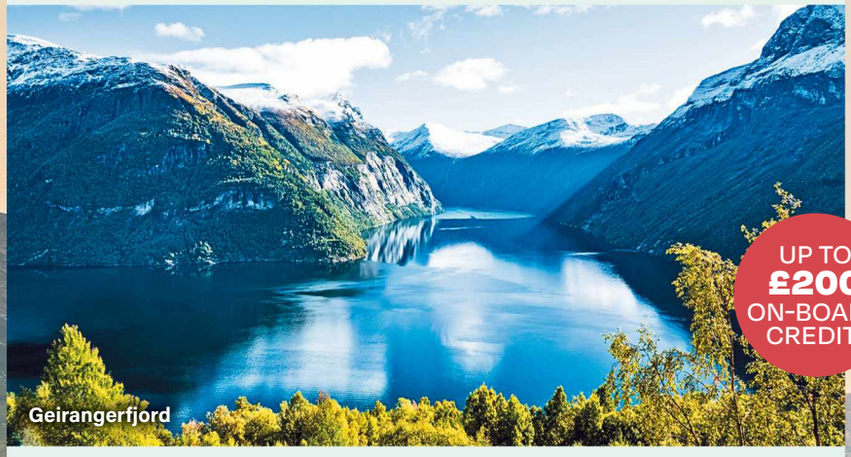


Gothenburg

NORDIC NEIGHBOURS: A JOURNEY THROUGH SWEDEN & DENMARK

Discover some of the countries' most fascinating cities
Seven nights from £899pp* departing 24 April 2027
Sail from London Tilbury aboard *Ambience*

After a relaxing day at sea, you will begin your Scandinavian sojourn in glorious Gothenburg. Then it's on to Copenhagen, Scandinavia's largest yet most intimate city. Your journey will continue to Aarhus, Denmark's vibrant cultural hub, while our final stop will be in Aalborg: an ancient city where history truly comes to life.



Geirangerfjord

SUMMERTIME FJORDLAND

Experience the magic of Norway's fjords
Eight nights from £889pp* departing 21 August 2027
Sail from London Tilbury aboard *Ambience*

Set sail on an unforgettable journey through Norway's breathtaking fjords, stopping at the scenic ports of Bergen and Maloy along the way. Wander down old streets lined with wooden houses and visit impressive lookouts and natural scenery. This adventure promises awe-inspiring natural beauty and incomparable experiences at every turn.

2027 OFFER Enjoy up to £200 on-board credit! Inside cabin: £50 on-board credit, Ocean View cabin: £100 on-board credit, Balcony cabin: £150 on-board credit, Suite cabin: £200 on-board credit.
What's included ■ Port taxes, fees and charges ■ Spa access ■ Use of gym, swimming pool, hot tubs and wellness classes ■ Amazing entertainment ■ Guest speakers ■ Comfortable cabins ■ Captain's cocktail party

To book, or for further information, call **0800 170 7233** or visit **connoisseur-travel.co.uk**

PTS Connoisseur Travel Services Ltd MEMBER NO: 6240

CONNOISSEUR TRAVEL SERVICES LIMITED

*Based on double-occupancy cabin. Book by 30 Sep 2026, subject to availability. For full terms and conditions visit www.ambassadorcruiseline.com/information/terms-conditions/



Hever Castle

GREAT HOUSES. REMARKABLE GARDENS. CENTURIES OF STORIES

Discover Britain's heritage on an escorted tour in 2027

Step inside magnificent historic houses, wander through spectacular gardens and stand where some of Britain's defining moments unfolded. Our Heritage Collection visits exceptional places cared for by Historic Houses, the National Trust and English Heritage. From grand estates and medieval castles to remarkable gardens and fascinating collections, every tour brings Britain's rich history vividly to life.

New for 2027, discover Agatha Christie's Devon, Hadrian's Wall, the grand estates of the Peak District and the Battle of Hastings alongside a range of returning favourites. With quality hotels, included excursions, expert tour managers and every detail arranged for you, all that's left to do is enjoy Britain's remarkable heritage.



Three Choirs Festival

© ASH MILLS

THE THREE CHOIRS FESTIVAL AND WORCESTERSHIRE

Four days now from £929pp Dep July 2027

Join a celebration of choral and orchestral music at the Three Choirs Festival (recognised as the world's oldest non-competitive classical music festival), with solo performances and intimate chamber recitals. A carefully curated selection of festival concerts at Worcester Cathedral forms the centrepiece of our weekend itinerary. Complementing the festival programme are visits to some treasured historic sites, including Croft Castle, the birthplace of Sir Edward Elgar, and the splendid Hanbury Hall.

PRICE INCLUDES

- Three nights at Hogarths Stone Manor, Kidderminster with dinner and breakfast
- Porterage
- Welcome drink
- After-dinner tea and coffee at the hotel
- Any additional meals or refreshments as listed in the itinerary
- Coach transfers to and from your excursions
- Entrances to all excursions and guided tours as listed in the itinerary
- Seated tickets to two concerts at the Three Choirs Festival
- Services of a tour manager

To request a brochure or explore the full range of 2027 tours, scan the QR code, call **03332 342 496** quoting RTU, or visit **radiotimes.com/holidayoffers**


Highclere

THE HIGHLIFE - HIGHCLERE AND ITS NEIGHBOURS

Five days now from £999pp Dep 5 April 2027

You are cordially invited to sample a taste of aristocratic life in some of the most elegant properties in the country. We are transported to different eras to see how past inhabitants lived in these lavish abodes, from the Elizabethan splendour of Loseley Park to Georgian Kingston Bagpuize House and the Baroque grandeur of Blenheim Palace, where we enjoy a special guided tour of Winston Churchill's birthplace. The crowning jewel of this tour is magnificent Highclere Castle, the 'real Downton Abbey', nestled in the Hampshire countryside and open to Just Go! guests only on selected dates throughout the year. Discovering exquisite portraits, unique collections and the intriguing story of the Carnarvons along the way.

PRICE INCLUDES

- Four nights at the Hampshire Court Hotel and Spa, Basingstoke with dinner and breakfast
- Porterage
- Welcome drink
- After-dinner tea and coffee
- Any additional meals or refreshments as listed in the itinerary
- Coach transfers to and from your excursions
- Entrances to all excursions and guided tours as listed in the itinerary
- Services of a tour manager
- Car parking – complimentary
- Nearest train station – Basingstoke (3 miles)

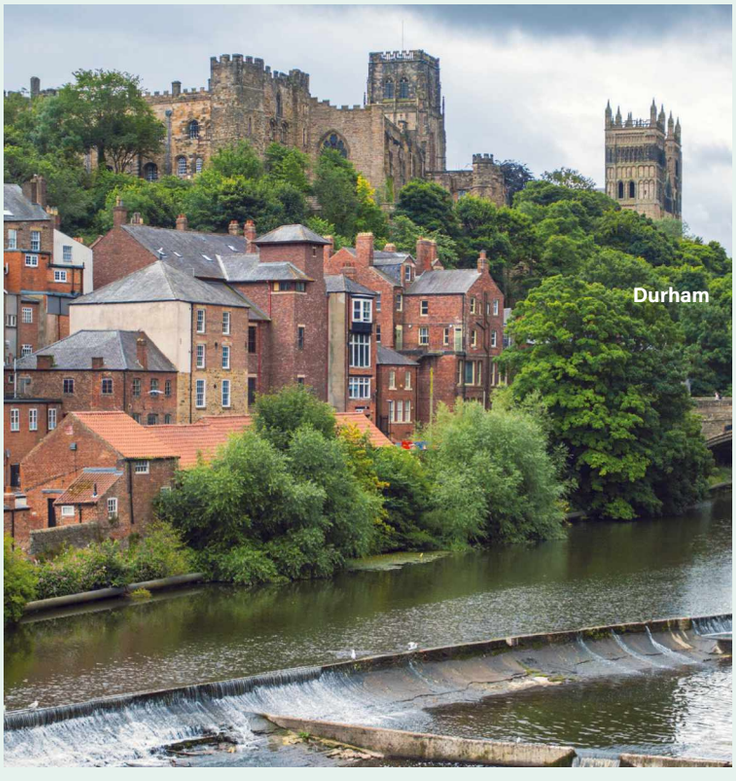
DURHAM, HADRIAN'S WALL AND THE ANCIENT KINGDOM OF NORTHUMBRIA

Five days now from £999pp Dep 10 May 2027

A journey back in time to the ancient kingdom of Northumbria beckons on this enthralling break, filled with historic tales and captivating guided tours. As we weave through a magical land dotted with atmospheric relics of the past, we admire a host of beautiful churches, abbeys and castles, learning more about their intriguing stories. We follow in the footsteps of King Cnut at the remarkable Raby Castle, see the well-preserved architecture of Durham and travel back even further than the dates of the ancient kingdom – back to a time when Northumbria was the northern frontier of the Roman Empire, symbolised by mighty Hadrian's Wall and the fascinating site of Vindolanda.

PRICE INCLUDES

- Four nights at the Lumley Castle Hotel, Chester-le-Street with dinner and breakfast
- Welcome drink
- After-dinner tea and coffee at the hotel
- Any additional meals or refreshments as listed in the itinerary
- Coach transfers to and from your excursions
- Entrances to all excursions and guided tours as listed in the itinerary
- Services of a tour manager
- Car parking – complimentary
- Nearest train station – Chester-le-Street (1.5 miles)


Durham

OTHER HERITAGE TOURS FOR 2027

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Soutomaior Castle

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British Library

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To book or request a brochure, please call **020 7553 6958** quoting RT26 or visit **www.traveleditions.co.uk/radio-times**

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