



**# PART 1
BOULDERING TRAINING
SHEFFIELD
28 - 29th May 2011**

Booking

Name: _____ **Age:** _____
Address: _____
Email: _____ **Mobile:** _____

Climbing aims for the year:

- **Routes:** _____ **on sight:** _____ **redpoint:** _____
- **Boulder:** _____

Next dates with Team KYou

Peak District	28 - 29 May 2011	Bouldering	£200 (£150 for under 18)
Margalef	18 - 25 June 2011	Routes	550 €
Ailefroide <i>#Part 1</i>	3 - 5 July 2011	Onsight climbing	260 €
Ailefroide <i>#Part 2</i>	7 - 9 July 2011	Redpointing	260 €
Ailefroide <i>#Part 3</i>	10 - 12 July 2011	Bouldering	260 €

Parental consent for participants under 18 years:

I, Mr, Mrs, Ms authorise my daughter/son to participate in the training course Team Kyou for the season 2010/2011.

Date/...../.....

Emergency information

Medical conditions (illnesses/injuries) - please include any medication:

Emergency contact (name and contact number):

Please send this booking form with 30 % of the total price to:

e-mail: therouxgermond@wanadoo.fr

post: Corinne THEROUX Fumeçon 61210 Putanges FRANCE

Other information:

Meeting up: 10am, climbing venue to be decided

Accommodation: There are plenty of places to stay. You need to stay in or around Hathersage. Here are some ideas:

North Lees Campsite <http://www.thehappycampers.co.uk/campsitedetails/143/>
01433 650838

Hathersage YHA (<http://www.yha.org.uk/find-accommodation/peak-district-sherwood/hostels/Hathersage/index.aspx>)

Edale YHA (<http://www.yha.org.uk/find-accommodation/peak-district-sherwood/hostels/Edale/index.aspx>)

Food: You will need to bring your own food to eat on the climbing course. We can recommend places to eat around Hathersage. There is a small supermarket in Hathersage too.

What to bring:

- Bouldering mat
- Loose chalk - a small hold brush could be useful too.
- Piece of old carpet and a rag to clean your shoes
- Climbing shoes
- Warm and cool clothing.* It's hard to predict the weather in the Peak District at this time of year. Whatever bring a hat, gloves, waterproof and warm fleece.
- Something to eat and drink
- Peak District Bouldering published by Vertebrate Graphics. This is not essential, but recommended.

If the weather is wet we will go indoors to the Climbing Works <http://www.climbingworks.com/> in Sheffield so be prepared to have some lighter clothing for indoors. Whilst indoors may seem a poor alternative the Climbing Works is really amazing and cannot be beaten for bouldering and learning technique. This session would certainly be worthwhile.