



**# PART 1
BOULDERING TRAINING
Fontainebleau
14 - 15th May 2011**

Booking

Name: _____ **Age:** _____
Address: _____
Email: _____ **Mobile:** _____

Climbing aims for the year:

- **Routes:** _____ **on sight:** _____ **redpoint:** _____
- **Boulder:** _____

Next dates with Team KYou

Peak District	28 - 29 May 2011	Bouldering	£200 (£150 for under 18)
Margalef	18 - 25 June 2011	Routes	550 €
Ailefroide <i>#Part 1</i>	3 - 5 July 2011	Onsight climbing	260 €
Ailefroide <i>#Part 2</i>	7 - 9 July 2011	Redpointing	260 €
Ailefroide <i>#Part 3</i>	10 - 12 July 2011	Bouldering	260 €

Parental consent for participants under 18 years:

I, Mr, Mrs, Ms authorise my daughter/son to participate in the training course Team Kyou for the season 2010/2011.

Date/...../.....

Emergency information

Medical conditions (illnesses/injuries) - please include any medication:

Emergency contact (name and contact number):

Please send this booking form with 30 % of the total price to:

e-mail: therouxgermond@wanadoo.fr

post: Corinne THEROUX Fumeçon 61210 Putanges FRANCE

Other information:

Meeting up: 10am, Station Fontainebleau/Avon

Accommodation: There are plenty of places to stay.

Camping:

http://www.fontainebleau-tourisme.com/sejour-fontainebleau/hebergement-fontainebleau/liste-camping-fontainebleau.asp?page=2&IdRequest=85452300415032011_094435

Hôtels :

<http://www.accorhotels.com/fr/booking/hotels-list.shtml>

Food: You will need to bring your own food to eat on the climbing course.

What to bring:

- Bouldering mat
- Loose chalk - a small hold brush could be useful too.
- Piece of old carpet and a rag to clean your shoes
- Climbing shoes
- Warm and cool clothing.*
- Something to eat and drink

If the weather is wet we will go indoors here <http://www.base-de-buthiers.com/webmaster/html/html.php?Page=salle%20escalade.htm> in Buthiers so be prepared to have some lighter clothing for indoors. Whilst indoors may seem a poor alternative this place is really amazing and cannot be beaten for bouldering and learning technique. This session would certainly be worthwhile. The prize is 11 € and is not include in the prize of the course.

Prize: 100 €(+ 11 € if the weather is wet)